

# Kim Kardashian and Kanye West Welcome a Daughter



By Petra Halbur

The long wait is over- Kim Kardashian and Kanye West are finally parents! On the morning of June 15, Kardashian gave birth to a baby girl in Los Angeles. According to [People](#), West was by her side for the delivery. Kardashian is overjoyed to have a daughter. "I'm so excited we're having a girl," she said on an episode of *Keeping Up with the Kardashians*. "Who doesn't want a girl? I think they are the best. I know that's really what Kanye has always wanted – he wanted a little girl."

**How do you balance parenthood and your career?**

**Cupid's Advice:**

It's the 21st century and gender roles have changed. Mothers

and fathers alike are expected to manage both parenthood and careers. Cupid has some advice for how to strike the balance:

**1. Weigh the costs:** Would it be more economical to pay for day care or to forgo your career and be a stay at home parent? Nobody likes to boil family matters down to money but, unfortunately, cost can determine the more practical lifestyle for you and your child.

**2. Consider logistics:** In deciding whether you want to work full-time, part-time or be a stay-at-home parent, you have to consider the logistics of daily life. How will you get your child to school? Will that interfere with your commute? Where will your child be while you're at work? These are important things to work out ahead of time.

**3. Happiness:** Ultimately, the balance between parenthood and your career will not work if you are unhappy. While your child's welfare is, of course, a priority, your own satisfaction needs to be taken into serious consideration too.

**How have you managed to balance parenthood and your career? Tell us below.**

---

## **Are You Dating Someone with Narcissistic Personality Disorder?**





By Tina Swithin,

HopeAfterDivorce Expert

The term, “narcissist” seems to be spreading through the world like an out-of-control wildfire. The term itself doesn’t always have a negative connotation since, ironically, we are all narcissistic by nature and there actually is a certain degree of self-love that is healthy. However, there is a line that separates healthy confidence from the  $\frac{1}{4}$ ber toxic Narcissistic Personality Disorder (NPD). That’s what we need to be mindful of when we date someone.

The celebrity world seems to be brimming over with unhealthy narcissism. The spotlight that shines in Hollywood is highly attractive to a person with NPD. Celebrities are equipped with fame and power, which feed a narcissist’s ego. While many celebrities forge a balance through grace and humility, there is a significant number who bathe in the spotlight in complete self-indulgence.

**Related Link:** [Short Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

In 2006, Dr. Drew Pinsky and Mark Young conducted a scientific study with over 200 celebrities using the Narcissistic Personality Inventory (NPI). The results showed that

celebrities are 17.84% more narcissistic than the general public. It isn't surprising, given that most aspiring celebrities are driven by fame, money, and admiration. What better place for a narcissist to be than in the limelight? It's the equivalent of flipping on the porch light and watching moths come to life!

There are a vast number of celebrities who display many characteristics of narcissism (if not full blown NPD) such as Tom Cruise, Paris Hilton and Kim Kardashian. While many people enter the celebrity arena with pre-existing characteristics of NPD, their egos balloon to extreme levels with every flash of the paparazzi camera, VIP entrance admission, limo service, and autograph request. These things often lead to a sense of entitlement as Reese Witherspoon displayed during her husband's DUI arrest.

**Related Link:** [Reese Witherspoon and Jim Toth Arrested and Jailed for DUI and Disorderly Conduct](#)

When it comes to the business world, narcissists are generally successful individuals. This is why the political arena and corporate scene is another area with a high concentration of NPD. These individuals generally attract their mates with their charisma, larger-than-life persona and their successful careers. Those with extreme NPD believe that they are the best, and such confidence can certainly be attractive. Narcissists consider themselves special and those who are accepted into their circle *must* be special by default.

### **Prince Charming**

In 2000, I met a charismatic man named Seth who offered me the world on a silver platter. There were times in which I questioned whether our courtship was too good to be true. His parents had been married for 25 years, he was on his way up in a very promising career and I felt like I was living a fairytale. Seth told me all of the things that I wanted to

hear and showered me with poems, flowers, shopping sprees, and vacations. My friends and family stood by in awe as this modern day Prince Charming wooed me and everyone around me. While there were red flags, the good outweighed the bad in the first few years and I swept my concerns under the rug and left them there.

Six years into our marriage, I sat on a therapist's couch and confided in the woman sitting across from me. I told her about Seth's lies and the manipulations which included financial schemes, stealing his parent's retirement savings and racking up 1.6 million dollars in debt – much of this was done behind my back. I described Seth's lack of remorse and his inability to show empathy. I explained that I had never felt so alone and unloved in my life. In a six-year period of time, I had been reduced to a shell of my former self. When I looked in the mirror, I was ashamed of the fake life that we were living. To those around us we were the golden couple, but behind closed doors my life was a living hell.

My therapist walked across the room and handed me a book from her bookshelf. The words seemed to jump off of the page, "Narcissistic Personality Disorder." To my naïve mind, it was thrilling to have a name for the hell that I was living. With a name, there was hope, or so I thought. My therapist went on to explain that NPD is not curable and that, in fact, most mental health professionals will not treat those with this personality disorder. Her next words stung, "You either learn to live with this or you leave. There is no cure."

**Related Link:** [Finding Your True Destiny After Losing Love](#)

I spent the next year and a half trying to block out my therapist's words. However, our marriage finally ended in 2009. In short order, I discovered that the only thing worse than being married to a narcissist is divorcing a narcissist. I quickly went from a 4,000 square foot luxury home to a local women's shelter. From there, I spent two years fearing for my

life, sleeping with a hammer under my pillow and holding a can of mace in my hands as I made scrambled eggs for breakfast. I jumped at every noise. My modern day Prince Charming was actually a modern day Dr. Jekyll and Mr. Hyde.

Part of my healing has come from educating others on the red flags that I chose to ignore in the beginning of our relationship. I have listed them out for you below:

## **10 Red Flags**

**1. Excessive charm:** Question a person that seems too good to be true. Narcissists are masters at wooing their targets. If you are receiving tickets to your favorite ballet and bouquets of flowers larger than your Christmas tree before the third date, you may be dating a narcissist. Offers to whisk you away to Paris for New Year's Eve are fabulous but could be considered odd behavior if you just met last week and don't know his middle name!

**2. Overly confident:** A healthy dose of self-esteem is a good thing, but remain cautious if he seems to be the president of his own fan club. In short order, you are likely to become the secretary of that fan club.

**3. Haughty:** Pay attention to elitist comments and general arrogance toward those who are "beneath" him. Narcissists will often put down co-workers, friends, and even family members. People with NPD are skilled at making you believe that they are superior. If you find yourself in their chosen circle, this attitude can rub off. Being chosen by someone so superior must mean that you too are superior, right? Wrong. That feeling will be short-lived. Trust me.

**4. Bragging:** Narcissists do not care about your feelings, views, or opinions. Narcissists are generally too obsessed with telling you how great they are to even ask about you. Their bragging rights carry over to a wide variety of topics including their family, heritage, money, cars, physical

appearance, elite gym memberships, clothing and shoes.

**5. Grandiosity:** Narcissists seem to live by the phrase, "Go big or go home." They like to be seen and known. Grandiosity is often their middle name. A narcissist will pick up an enormous group drink tab or buy everyone in the bar a round of shots. Their motivation is to be showy and to attract attention. These gestures could be easily interpreted as kindness, but this is the furthest thing from the truth. While a narcissist is signing the tab for drinks, he is also scanning the group to take inventory on how he can personally use each person to maintain his inflated self-image.

**6. Success:** There is a reason why the political and celebrity arenas are brimming over with narcissists. Narcissists are often found in leadership roles where they have free reign to dominate and dazzle those around them. They flourish in big cities where there is less accountability and less risk of developing a reputation that will haunt them.

**7. The Band-Aid:** Narcissists are professional Band-Aids. They will seek out your weaknesses (abandonment issues, poor self-image, etc.) and will morph themselves into your savior. Whatever voids you have, they will fill. This may sound great, but it will not last. Once you are hooked on them, they will rip off the Band-Aid and leave you bleeding.

**8. Hypersensitivity:** Fluctuations between extreme confidence and extreme insecurity seem to be a common trait with narcissists. They will often perceive non-existent criticism and will respond by shutting down and sulking, or acting out in a rage. Any interpreted attack or criticism against the narcissist is dealt with in an unhealthy manner. In his mind, you are either with him or against him; there is no gray area.

**9. Moving Quickly:** Narcissists have a tendency to move at the speed of light. Has he extended an invitation to meet his parents after the second date? Did he have towels monogrammed

with your initials as a gift for your first sleepover? These are red flags. By the way, beware of the monogrammed towels. I haven't found any studies to back my claim but there is something very suspicious about people with their initials sewn into hand towels!

**10. Lying:** You may initially notice a few white or grey lies. Take stock of these. Expert manipulators are well versed at twisting reality until you find yourself doubting reality.

Anyone in the dating world should be well versed on the red flags of Narcissistic Personality Disorder. Dr. Craig Malkin, author, clinical psychologist and Instructor of Psychology at Harvard Medical School provides a list of five early warning signs to watch for in his recent article in the Huffington Post which discusses narcissism in the dating world. "In real life, the most dangerous villains rarely advertise their malevolence," states Dr. Malkin. This could be why narcissists are commonly known as wolves in sheep's clothing.

*Tina Swithin is the author of "Divorcing a Narcissist: One Mom's Battle" and the popular blog, "One Mom's Battle". Tina is a Huffington Post contributor. She is also a contributing writer and expert for HopeAfterDivorce.org and FamilyShare.com, LAFamily.com, and CupidsPulse.com. Tina's writing covers sensitive topics including, how to navigate your way through a high conflict divorce. She is a family and child advocate. Tina is happily married, and resides in sunny California with her two daughters and three-legged tortoise named, Oliver.*

---



# Kim Kardashian Calls Kanye West the “Love of My Life”



By Petra Halbur

Last Saturday, Kim Kardashian declared her love for Kanye West to the world via Instagram. On June 8, West's birthday, the *Keeping Up With The Kardashians* star posted a collage of photos of her and her beau on Instagram. She wrote, "Happy Birthday to my best friend, the love of my life, my soul!!!!" According to [UsMagazine.com](http://UsMagazine.com), the couple have been together since April 2012 and are expecting a baby girl in July.

**What are some ways to say "I love you"?**

**Cupid's Advice:**

"I. Love. You." Over time, those three little words can lose their significance through overuse. That's not to say, though, that you can't still find new and meaningful ways to let your

partner know how much you care. Cupid has some ideas:

**1. Bite the bullet:** Take some chores off of your partner's hands. Volunteer to do the dishes after dinner or to walk the dog. It may not be romantic, but it's often the the mundane things in life that stand out the most.

**2. Spontaneous date night:** A bottle of wine and some lit some candles can transform an otherwise ordinary dinner into a romantic evening.

**3. Say the words ... and mean them:** "I love you" doesn't have to be a hollow line delivery. Saying them while looking deep into your partner's eyes and holding hands can make all the difference.

How do you let your lover know that you care? Tell us below.

---

## Short Term Celebrity Marriages (Learn From Their Mistakes)





By Andrea Surujnauth

Celebrities seem to always be in and out of marriage faster than the rest of us. Take Kim Kardashian and Kris Humphries, for example. The couple dated for a mere six months before deciding they were ready to tie the knot. Then lo and behold, 72 days later, the story of their split hit newsstands everywhere. A 72-day marriage is not something you hear about everyday, but in Hollywood, short-term marriages happen all the time. Kim and Kris may be getting a lot of heat for their marriage, but believe it or not, they are not the shortest-lived marriage to ever hit Hollywood. Let's take a look at some celebrities who jumped the broom then called it quits shortly after:

### **Britney Spears and Jason Alexander:**

This couple tied and untied the knot faster than Kim and Kris! This pop princess had a little too much fun in Sin City with a childhood friend, and it ended with a drunken wedding ceremony. Spears and Alexander were married for a total of 55 hours. The couple got their marriage annulled. We doubt they will be partying that hard ever again!

### **Dennis Rodman and Carmen Electra:**

These lovebirds seemed to have fallen under Las Vegas' spell as well. At 7a.m., these two decided to jump the broom. The two denied intoxication and said their holy union was legit. However, actions speak louder than words because 9 days later, the couple got their marriage annulled.

**Related:** [4 Hollywood Breakups That Offer a Lesson In How Not To Behave During Divorce](#)

#### **Mario Lopez and Ali Landry:**

This *Saved By The Bell* heartthrob married actress Ali Landry in April 2004. Sadly, their marriage didn't even last long enough to make it to the honeymoon. The couple had their marriage annulled 18 days later. After dating for 6 years, Landry found out that Lopez had been unfaithful to her throughout their time together. Too bad she didn't find out 19 days earlier.

#### **Renee Zellweger and Kenny Chesney:**

This couple got hitched in the Caribbean after dating for only 4 months. They met at a tsunami-relief event and thought it was love at first sight. After 225 days, they annulled their marriage. Zelleger cited "fraud" as the reason for the split.

#### **Pamela Anderson and Kid Rock:**

This bizarre pair had an on-and-off relationship from 2001 to 2003. In 2006, they opted for a drunken wedding on a yacht, Anderson wearing a string bikini and Kid Rock wearing a t-shirt and baseball cap. 122 days later, the two raced to the court to file for a divorce. Kid Rock beat Anderson by 53 minutes.

So the moral of the story is lying, cheating and alcohol is definitely not the basis of marriage. These celebs made the mistakes, so lets all learn from them!

**What mistakes do you think celebrities make when choosing**

their spouses? Comment below and let us know!

---

# Kim Kardashian and Kanye West Reveal Gender of Baby-to-Be



By Kerri Sheehan

On the Sunday premiere of the new season of *Keeping Up with the Kardashians*, reality television star Kim Kardashian announced that her baby bump is housing a little girl. Her and baby daddy Kanye West will be expecting their bundle of pink joy sometime in July. While out shopping for baby clothes the two have employed stealthy moves to keep the baby's gender a secret. According to [People](#), Kardashian said, "We buy all white, or we'll go and buy both [girl and boy clothing], and then no one will know!"

## What are some ways to prepare for a daughter versus a son?

### Cupid's Advice:

Preparing for a baby is often an overwhelming task. Cupid has some advice about how to stay on top of things:

**1. General supplies:** For the first 12 or so weeks you probably won't be able to tell the gender of your baby. This is the perfect time to gather the bare essentials that you would need gender regardless. Some gender-neutral furniture for the baby's room can be purchased as well as a changing table. You can also take this time to read up about the general birthing process as this will help understand what you will be in for in a few months' time.

**2. Getting specific:** After the three month mark is generally when you will be able to find out the sex of your child. This is when you can go crazy picking out all sorts of outfits for your baby girl. Clothes in the pink and purple color family will save you from having to answer the question of whether or not your child is a boy or a girl. Also think about purchasing some cute and comfortable headbands for your baby. Who doesn't love a baby with a bow?!

**3. Finishing touches:** The third trimester is really when you should start making sure you've done everything you meant to up to this point. Your partner can assemble the crib while you make sure you have sheets for the crib as well as a mobile for above the crib. Patterns with butterflies and flowers are perfect for any baby girl.

**How did you prepare for your baby girl? Share below.**

---

# Celebrity News: 10 New Celebrity Moms



By [Jessica](#)

[Conigliaro](#)

Becoming a parent is one of the greatest accomplishments in life. For celebrities who have already achieved so much, having a child is a blessing. They become more relatable to the public—and are seen in a completely different light. From this point on, they are captured walking around town with the baby stroller and diaper bag—and they wouldn't have it any other way. Here is a list of the latest celebrity parents, and soon-to-be parents:

## Halle Berry

The well-known actress announced she is expecting a baby boy with French actor Olivier Martinez. The happy couple has been engaged since 2012. This will be the second child for Berry

and the first for Martinez. Berry had her first child, Nahla Ariela Aubry, with ex Gabriel Aubry in 2008.

**Related:** [Channing Tatum and Jenna Dewan-Tatum's Oscar Bump](#)

### **Kim Kardashian**

After finding out about her pregnancy a few months ago, Kim and Kanye are starting to pick out their baby's fashion trends. Aside from her daughter's fashion, Kim has been upping her pregnancy fashion as well. She has been rocking the baby bump with fashion—and getting praised by her fans for staying trendy.

### **Jessica Simpson**

Jessica Simpson is getting prepared to have baby number two. She confirmed her pregnancy last December and celebrated her baby shower on Sunday, April 15 with close friends and family. Simpson gave birth to her daughter Maxwell last year and will soon have both her hands full.

### **Malin Akerman**

The *Rock of Ages* actress welcomed a baby boy on Tuesday, April 16<sup>th</sup>. The Swedish Canadian actress and model is now a first time mother to Sebastian Zincone, born on April 16. Malin and hubby Roberto Zincone tied the knot back in June 2007.

### **Ashley Arnold**

Actor and comedian, Tom Arnold and wife Ashley Arnold were thrilled to have yet another reason to feel successful in life. Their new son, Jax Copeland arrived earlier last month. After failing several times to conceive, the couple was beginning to think having a child wouldn't be possible for them. They were more than delighted to hear the news they were expecting!

### **Jenna Bush Hager**



Former President George W. Bush is now a grandfather! Jenna and husband, Henry Chase Hager announced they were expecting last December. Jenna gave birth to Margaret Laura “Mila” Hager, named after both grandmothers, earlier last month.

### **Kerri Walsh Jennings**

Volleyball player Kerri Walsh Jennings is now a proud mother of three. She and husband Casey Jennings have 2 sons together named Joseph Michael, age 3 and Sundance Thomas, age 2. Jennings gave birth to a baby girl, Scout Margery last month.

### **Heather Morris**

Glee star Heather Morris is now expecting her first child—an unexpected joy for her and Taylor Hubbell, father of the baby. The couple began dating in 2008 and just recently began living together in Morris’ Los Angeles home in early 2012.

### **Beverly Mitchell**

The former *7th Heaven* actress and her husband Michael Cameron welcomed their first child, a daughter named Kenzie Lynn on March 28th. Just a few days after giving birth, Mitchell tweeted about how much she loved to spend time with her new bundle of joy.

**Related:** [5 Date Ideas Created Just for Moms](#)

### **Shiri Appleby**

Appleby, actress in the HBO series, *Girls*, and her fiancé, Chef Jon Shook announced they were expecting last December. She gave birth to a baby girl, Natalie Bouader Shook on March 23rd.

**Who is your favorite celebrity mom? Share your thoughts below.**

---

# Celebrity Pregnancy: Kim Kardashian Says She's Nervous and Anxious to Become a Mom



By [Jessica](#)

[Conigliaro](#)

As a soon to be first time mom, Mother's Day had a completely different effect on Kim Kardashian. According to [UsMagazine](#), the pregnant 32-year old tweeted, "'Mother's Day is one of my favorite holidays because it's a special day to honor my role model and best friend,'" she wrote. "As I'm counting the days until I finally get to be a mother, I'm a bit nervous and anxious, but also excited knowing that I learned from the very best." Kardashian has also been getting baby advice from older sister Kim, who is a mother of 2.

## What are some ways to support your partner during pregnancy?

### Cupid's Advice:

You and your love found out there is a baby on the way a few months ago. As it gets closer and closer to the due date, your partner's nerves and concerns begin to intensify. Cupid is here to show you ways to ease their worried minds during pregnancy:

**1. Constant support:** The best way to show your spouse that everything will be fine is to be there every step of the way. Whenever your partner feels scared of being a parent, make sure you are by their side. This will show your love they are never alone. When it's time for the baby to come, they know you'll support the family no matter what.

**2. Tell them it's ok:** The idea of becoming a parent can be a scary one—and that's completely normal. Let your spouse know it is okay to have fears about having a child—and that you are nervous as well. They will feel comforted knowing they are not the only one worrying about the future.

**3. Get them excited:** Aside from all the responsibilities of becoming a parent, there are of course numerous joys that come with the territory. Remind your partner of the fun things to come—birthday parties, first steps, days at the park. Being a parent has its perks and knowing them will help to ease your love's worried mind.

**How did you support your partner during pregnancy? Share in the comments below.**

---

# Celebrity News: Kim Kardashian Wears Floral Dress at Punk-Themed Met Gala with Kanye West



By Meghan Fitzgerald

According to [UsMagazine](#), Kanye West and Kim Kardashian, parents expecting their first child in July, posed as a couple in custom Givenchy at the Custom Institute Gala in New York City on Monday, May 6th. [Huffington Post](#) reports that Kim Kardashian was dressed in a long flowered dress, with gloves and a long slit to the punk themed show in New York. She said, "I think mine and Riccardo's version of punk for me is probably not the mohawk typical punk that you would really envision."

**What are some ways to support your partner's take on fashion?**

## **Cupid's Advice:**

It's a strong possibility that your partner could have a different fashion sense than you do. Being in a relationship means you need to be supportive. This being said, there are numerous ways to support your partner when it comes to their take on fashion. Check it out:

**1. Embrace:** With any hobby, trait or characteristic your mate may have, it is essential that you embrace it no matter what. If your partner loves wearing sweatpants and converse, embrace that. Tell them how much you love their take on fashion. Express your feelings by complimenting them on their day to day outfits.

**2. Gifts:** It is easy to support your partner's take on fashion – buy them the clothes and accessories they enjoy. The new Michael Kors taupe bag that just came out, go out and buy it for them. If they like wearing \$400 shoes, splurge and buy a pair for your mate. It will not only show them how much you care about them. However, they will realize that you support them in their fashion sense.

**3. Participate:** Supporting your partner's fashion sense is easy if you dress the way they do. It may not be anything you would ever wear. However, if you do dress up like your mate, they will see how much you care. So pick a random day, or a weekend at home, a grocery store trip – and dress exactly like your partner.

**Have you supported your partners take on fashion? Share your experience below.**

---

# Dating Advice: 3 Ways to Use the Psychic Edge to Find Mr. Right



By Louise Helene

Celebrities face the same challenges in love as everyone else, only their mistakes and heartbreaks are made public. Many of them seem to be repeating the same mistakes. If they would just listen to their inner intuition, or their “psychic edge,” their love lives would be much happier. Here are a few exercises that can help them *and* you:

**Related:** [Is That You, Mr. Right?](#)

## **1. Visualize Your Dream Man**

Visualization is a powerful tool not only to draw to us what we want, but to exercise our psychic muscles. When we focus

on something, we help the universe send it to us. I psychically feel Kim Kardashian longs for her soulmate. Because of her numerous failed relationships, many people wonder if it will last with Kanye West. Kim should lie down in a quiet place and get comfortable, closing her eyes and taking a few deep breaths. When she is totally relaxed, she should visualize the man of her dreams, being as detailed as possible. Once she has a clear image, she needs to say out loud, "Darling, I will know you when I meet you," repeating this five times. Kim's main problem is not recognizing her dream man when he comes along; this exercise will help her – and you – to do just that.

**Related:** [Fishing for Mr. Right – Types of Guys to Throw Back](#)

## **2. Command Him into Your Life**

Never underestimate the power of sound, especially your own voice. Sound vibrations are very powerful in the universe and help us focus intuitively, helping us make the right decisions. Taylor Swift is one celebrity who's famous for singing about her Mr. Wrongs. She could use a psychic nudge to attract Mr. Right.

Every morning when Taylor wakes up, she should look in the mirror, close her eyes and take three deep, relaxing breaths before saying out loud, "Love of my life, come to me." She should say this three times, with confidence and belief, and repeat this mantra before she goes to bed. Done regularly, she might be planning a wedding in the coming year.

## **3. Write Down the Possibilities**

There are many potential conclusions to any romance. Writing down these possibilities gives us a powerful psychic edge. What does your gut say? Just imagine the heartbreak that could have been avoided if Katy Perry, Selena Gomez, or Demi Moore had tried this simple exercise.

Whenever you have a question about a man in your life, write several statements about him down on slips of paper and fold them in half. For example: "he is a cheater," "he loves his ex," or "he is my soulmate." Put all the slips of paper in a bowl. Close your eyes and meditate for a moment before randomly choosing one of the slips of paper. What is your immediate reaction to the statement? Many times our conscious mind suppresses our natural insight. This is a wonderful way to feel the subtle sensations of your own intuition.

Romance is very challenging for all women, famous or not; that's one thing we all have in common. We need to start using our psychic edge to find the happiness we deserve.

*Louise Helene is a second-generation psychic, Tarot reader, and crystal ball gazer who has conducted thousands of readings during her thirty-year career as a spiritual advisor. She is the co-author of I Saw Your Future and He's Not It: A Psychic's Guide to True Love. [www.louisehelenethepsychic.com](http://www.louisehelenethepsychic.com)*

---

## Dating Advice: How to Approach a Spring Fling







By Dr. Tranquility –

Lydia Belton, Ph.D., Ct. H.A.

If you've been reading me for the last year or so, you know that I'm all about boundaries. So when we think about having a spring fling, it's important to first figure out what that means. What's comfortable for you? What exactly are looking for in a casual relationship? Here are four tips to help you on your journey to love.

**1. Go for it.** Since this relationship is just a fling, keep it light and allow yourself to really enjoy the process. There are no strings attached, and the experience is whatever you make it. Be confident about who you are and what you want in a man (something that Date Therapy can help you accomplish). A spring fling is a fun opportunity to try something new, to veer away from what you usually look for in love. What does your ideal significant other look like? How do you want to spend your time together? Sipping wine at a local restaurant? Or hanging out on the beach? Now is the time to go after your wish list in a partner.

**Related Link:** [3 Ways Date Therapy Can Help You Connect](#)

**2. Be honest.** It's important to be open about what you need from this type of relationship. Ensure that your definition of

a spring fling is in sync with your potential partner's vision. If you're expecting a phone call every day, make sure this person will do that for you. Remember that this type of relationship still involves emotional attachment; there's always a chance that you'll get hurt.

So be real with yourself – not judgmental but *real*. This way, you're better able to screen your crush objectively to ensure that he's on the same page. If you have any doubts about the importance of this step, consider Kim Kardashian and Kris Humphries. Sure, their relationship was more than a fling, but these two were definitely not on the same page.

**3. Don't date where you live.** It's much harder to keep things light if you're going to see this person again and again once the relationship ends – and a fling always ends. You want to be able to make a clean getaway when it's over. So consider where your potential partner lives and make your choice wisely.

**Related Link:** [10 Steps to a Remarkable Relationship](#)

**4. Clear your mind.** As I mentioned in the introduction, you must be specific and sure about what you want. Think about what a spring fling can give you – beyond a casual relationship. You may meet someone who encourages you to try new things, someone who takes you out of your shell, someone who changes you for the better. A spring fling can be good for the mind, body and spirit, so take advantage of this well-rounded opportunity.

*Developed by Lydia Belton PhD, Ct.H.A., [Date Therapy®](#) is an effective protocol that helps people get in touch with their criteria for an ideal mate. DrTranquility's protocols® have been featured most recently on Forbes.com & Yahoo, ABCNEWS.com, ABC's the View, KISS FM, CupidsPulse.com, Metromix for the Chicago Tribune, British Glamour, REDBOOK, Cosmopolitan Magazine & promoted by Match.com.*

---

# Celebrity Couple Kim Kardashian and Kanye West Spend Easter Weekend in Paris



By Andrea Surujnauth

Kim Kardashian and her beau, Kanye West, were seen strolling around Paris on April 2nd looking at baby clothes for their daughter who is expected to arrive in July. Kardashian, who seemed to be getting a lot of heat for her outfit choices, was wearing an all black ensemble that generously covered up her growing baby bump reported [UsMagazine.com](http://UsMagazine.com). Critics have been keeping a close eye on the reality stars outfits and making comments every chance they get. However, Kardashian refuses to let the comments bring her down. Kourtney warned me when you become a mom and become pregnant, there will be this whole

new group of critics that will criticize me for everything you do," she said on *Good Morning America* on March 26. "If I wear one color clothes, I'm in this kind of mood. Or if I wear heels, they're harmful." The star went on to explain why she doesn't care for flats and would rather opt for the heels instead. "You know what, they actually hurt my back. I love high heels ... Whatever makes me feel good, I want to wear. And I love wearing heels. I'm trying the flats, but we'll see." Kim and Kanye have reportedly been dashing around Paris all week buying baby clothes. Just the day before, on April 1st, the two were shopping at Bonpoint, a french children's store. On March 30th they were also spotted racing around the city in a black sports car, once again shopping for their bundle of joy.

**What are some ways to involve your man in your nesting process?**

### **Cupid's Advice:**

Your carrying the baby, your feeding the baby, what's your man doing? Chances are he is eager to somehow get involved with your pregnancy but there is really not much he can do until the baby is actually born. How can you get him involved in this stage of the baby's life? Cupid has some suggestions.

**1. Take child birth classes:** Bring your sweetheart to your childbirthing classes. This way they will know what is going on during delivery and they will feel like that are a part of the experience.

**2. Go shopping:** Kanye and Kim have the right idea with this one. Going shopping for baby clothes and furniture is a great way to get your man involved with the pregnancy. This way the two of you are spending time together and making important baby-related decisions together.

**3. Decorate:** Decorating and setting up the nursery will help

your man feel involved with the baby preparations and he will feel that his manly nature is being put to good use. Get him to paint and put the furniture together so he feels needed.

**How did you get your man involved with your nesting process? Comment below and let us know!**

---

## **Relationship Advice: 5 Lessons to Learn from Celebrity Divorce**



By Dixie Somers

The pain of divorce is a well-known one in our society today. Lending to this general awareness is the constant influx of celebrity break-up news that seems to flow endlessly. Although

viewed negatively by some, such news can provide high-profile educational experiences. Take a lesson from these celebrities. Here are five lessons we can learn from celebrity divorces:

### **Watch the Signs**

Sometimes it can be conveniently blissful to ignore certain signs. Ignoring the signs can lead to even greater heartache and woes in the future. Take it from Elin Nordegren, ex-wife of golf legend Tiger Woods. According to various reports, Elin had ignored many troubling signs of the dozens of affairs. Today, Lindsey Vonn is dating Woods. Apparently she isn't one for signs either.

**Related:** [Is Divorce the Best Option?](#)

### **Don't Rush**

Time and time again, we see the perils of marrying too quickly. Britney Spears became infamous for rushing to the altar in such a fashion. After a very quick, whirlwind romance excursion, Spears and Jason Alexander got married in a Las Vegas chapel. Sure, they had known each other for a long time before. But the topic of marriage had been fairly instantaneous and unplanned; so too was the decision to end it merely days later.

### **Get a "Prenup"**

Prenuptial agreements protect the marrying parties and their individually owned assets and worth. For chivalry, for love, or maybe just for sheer lack of knowing, some go without any such protective measures. The results seen can be devastating: Mel Gibson paid \$425-million, Michael Jordan paid \$168-million, Madonna paid approximately \$80-million – the list goes on. Talk with a Lexis Nexis lawyer to make sure you've done your prenuptial agreement right.

**Related:** [Demi Moore Proves There's Hope After Divorce](#)

## **Don't Cheat**

In case you didn't know it, cheating is bad, destructive, and a quick end to an otherwise successful marriage. Take Jesse James for example. He had it all – wealth, a name, reputation, career, and last but certainly not least, Sandra Bullock, America's sweetheart as his wife. So what does the genius do? Cheat. We have seen the sad results for James as Bullock has moved on.

## **Be Sure**

It's always important to understand your potential partner in marriage on a deep level. You need to really "know" them. Kris Humphries found this out with his brief and now alleged "fake, staged" marriage to socialite celebrity, Kim Kardashian. We still can't figure out if we should pity Kris and his situation, or simply point to it all as one big public service announcement.

There you have it; five more reasons to be take a second look before saying your vows. If your getting married, do it right. Take a few tips from these celebrity divorce stories.

---

# **Relationship Advice: What To Know Before You Say 'I Do'**





By Nicole Noonan

Asking the right questions and identifying what issues are deal breakers for you before getting married is important for everyone, whether or not you live a life in the spotlight. Addressing possible issues enables you to work through potential differences or, in the worst-case scenario, have the ability to walk away should you reach an impasse. If there are serious warning signs before you head down the aisle, marriage is not going to fix them! Here are some important tips:

**Related:** [5 Celebrity Couples Who Said 'I Do' in Vegas](#)

### **Know the Financial History**

Marriage is a huge step in anyone's life, and it is important you prepare yourself not only emotionally, but financially as well. Love doesn't pay the rent or mortgage. When you marry someone, their credit history soon become yours too. Ask your significant other, "what is our ultimate financial goal regarding annual income? By what means and through what efforts can we achieve this?"

### **Know the Family**

When you marry someone, you also marry that person's family.



Kris Humphries married not just Kim Kardashian, but the whole Karadashian/Jenner clan. Your future spouse comes as a family package, so it's important for each of you to know what you are getting into. Ask yourself, "what place does your partner's family play in our family life? How often do we visit or socialize together?"

### **Know the Friends**

The phrase "you are whom you hang out with," is one to consider. Get to know your partner's friends before you head down the aisle. Also, introduce your own friends. Often our friends can see things about our relationships that we cannot. Socialite Sale Johnson Rashad did not like Ahmad Rashad becoming friendly with Tiger Woods. Now they are divorcing.

### **Know Plans for Religion and Children**

According to reports, SNL's Fred Armisen broke up with Mad Men's Elizabeth Moss because her religion was more important to her than their marriage. Elizabeth is a devoted Scientologist. Others, such as Jennifer Lopez & Marc Anthony, and Tom Cruise, Nicole Kidman and Katie Holmes also were rumored to have parted ways because of religion. It is important to discuss what religion, if any, you will embrace as a family. One or both partners might suddenly feel strongly about raising their children a certain way.

### **Know Each Other's Goals**

Are you both comfortable with the other's level of ambition? It is important that partners considering marriage understand what each believes is a success. You should be comfortable and supportive of your spouse's success as much as your own. A marriage may start with both partners at the same "level," but one partner then has greater success than another. This could lead to envy and resentment. In the case of Chris Judd and JLo, he was a choreographer when they married and she a dancer. What a difference a year makes it cost JLo \$14

million.

### **Identify Roles**

Talk about the roles you envision for your marriage. Will one stay at home with the children or will both parties work? Do you see yourself in an “I Love Lucy”  $50\%$  role where wife stays home and father is the breadwinner? Perhaps there is a balance, like in Angelina Jolie and Brad Pitt’s relationship, where they take turns doing movies so one is always with the children. You and your significant other need to be on the same page.

### **Most Importantly Know WHO you are Marrying**

Take the time to really learn about your significant other. Regardless of what your friends and family may be pressuring you to do, or what your biological clock says, you do not need to be rushed into a marriage. It should be seen as the biggest commitment of your life. Though not everyone has the same view of marriage, Renee Zellweger and Kenny Chesney met in January 2005, married in May 2005 and had the marriage annulled that September, citing “fraud.” Other examples of rushing to the alter include Dennis Rodman and his bride Carmen Electra, and the lengthy marriage of Britney Spears and her childhood friend, Jason Alexander, married for just 55 hours.

Nicole Noonan is the Executive Director of BBL Churchill Group, a Divorce Finance company that provides essential funding to people involved in divorce proceedings, enabling them to pay legal fees, expert costs and living expenses when they are due. Noonan is dedicated to bettering the lives of her clients, utilizing her legal background and business education to provide solutions for those in need.

---

# Celebrity Mom: Kim Kardashian Admits Pregnancy Is Tougher Than She Thought



By Andrea Surujnauth

Kim Kardashian shared the experience of her first pregnancy with [People](#), and unfortunately, her experience is not what she expected. "Being pregnant is not as easy as my sister [Kourtney] made it look or as my mom [Kris Jenner] has made it look," Kardashian told *E!*. The 32-year-old admitted that she hasn't been able to be as active as she usually is. "It's a little painful. I've gotten sick a couple times, and that puts you out. I like to be active ... but I've been chilling out. I took a week off just to rest. It was amazing," she said. And what has Kim Kardashian been craving throughout her pregnancy so far? "I'm craving carrots and ranch dressing," she said. "I used to love sweets – not anymore. [I] can't even eat chocolate." This will be her and her boyfriend, Kanye West's,

first child.

**What are some ways to help your partner through the tough parts of pregnancy?**

**Cupid's Advice:**

When your partner is pregnant, it may be difficult to figure out what you could do to help her out. You see her getting sick constantly and feeling tired most of the days. What can you do to help her? No worries, Cupid is here with some suggestions for you:

**1. Nausea:** Help your sweetheart through her morning sickness by keeping the house stocked up with ginger ale, crackers, and ginger or peppermint tea. All of these remedies can help her and if you're the one to serve it to her, she will be extremely grateful!

**2. Exhaustion:** While pregnant your love may feel tired most of the time. Help her out by doing some of the household chores so she will have some extra sleep time.

**3. Pain:** Being pregnant can also be a painful experience. Having a little person kick you from the inside is definitely not a walk in the park. The weight of her growing tummy is also taking a toll on her back. Give her a backrub before bed. This will do wonders for her. And remember, a happy mommy is a happy baby!

**How did you help your partner during her pregnancy? Comment below and let us know!**

---

# Kim Kardashian and Kanye West Are Expecting a Baby Girl



By Jessica

Conigliaro

Celebrity couple Kim Kardashian and Kanye West recently discovered they're having a baby girl—and couldn't be happier about the news. [UsMagazine.com](http://UsMagazine.com) reports a good friend of the couple saying "They're over the moon... Kanye always wanted a girl." Back in January, Kardashian appeared on *Jimmy Kimmel Live* saying, "If anyone knows Kanye, they just know how into fashion he is, and I think he's going to have things specially made."

**How do you prepare for a baby boy versus a girl?**

**Cupid's Advice:**

You just heard the news that you're having a baby girl—what do

you do now? Finding out the gender of your baby certainly makes everything feel more real. There's not just a growing baby inside you anymore; there's a growing baby girl. Cupid offers some tips on how to prepare:

**1. Pink vs. Blue:** One of the most exciting parts of pregnancy is nesting, which occurs when the mother-to-be prepares for her baby. Painting the baby room is a major step. Once you find out it's a girl, get ready to buy a lot of pink paint, furniture, and toys!

**2. Dress shopping:** What mother doesn't enjoy dressing up her baby? If you're having a girl, start shopping for those little dresses—what you've been waiting to do forever. If it's a boy, how can you resist those tiny dress shirts and ties? Buying baby clothes will get you excited to meet your new baby.

**3. Gender parties:** Finding out the sex of your child is such an exciting and memorable moment. Why not share the occasion with family and friends? Let one of your friends learn the sex of the baby before you and your partner; have them buy a cake with either pink or blue frosting inside—depending on the baby's gender. At the party, the soon to be parents get to discover the sex of their child in front of all their loved ones after slicing the cake. You get to celebrate your baby before he/she even arrives!

How did you prepare for your baby girl? Share your experiences below.

---

**From Kanye and Kim to Justin and Jessica: Which Celeb Couples are Really**

# Compatible?



By Stephanie Caramel

li

We see them on the red carpet, walking through the airport or taking a stroll on the beach. Celebrity couples are everywhere and we can't get enough of them. Supermarket magazines fly off the shelves when there's a famous couple on the cover.

So how compatible are these celeb couples when there's no paparazzi around? Gary Goldschneider's bestselling book "The Secret Language of Relationships" offers a very revealing look at different relationship combinations. Let's put some of Hollywood's hottest relationships to the Secret Language test:

**1. Kim Kardashian and Kanye West:** This relationship combo is all about being center stage. It almost always focuses on issues greater than the partners' feelings for each other. Marriage is possible, but this relationship dynamic is more about Kim and Kanye's joint impact on the world, and less

about true love.

**Related:** [How to Define Your Aura to Find Lasting Love](#)

**2. Justin Timberlake and Jessica Biel:** One word: boring. Love affairs between these two are affectionate, but rarely passionate. Jessica and Justin's marriage could go for years at a very ho-hum pace. The relationship will be satisfying, but uneventful.

**3. Channing Tatum and Jenna Dewan:** Channing loves spoiling Jenna and feels like her protector. This combination is good as long as they don't keep secrets from each other. Tatum and Jenna really need to relate on a deep, emotional level for this marriage to work. Overall, though, it's a winning combination and ideal for marriage.

**Related:** [Khloe Kardashian Gives Tips for a Happy Marriage](#)

**4. Blake Lively and Ryan Reynolds:** Sparks definitely fly between Blake and Ryan. Love affairs in this combination are extremely passionate, but there is an emphasis on superficial things that could be destructive in the long run. For these two, the chemistry is great, as long as they don't lose their looks! The combination is most ideal for a love affair.

**5. Gwen Stefani and Gavin Rossdale:** The relationship between Gwen and Gavin can work, as long as power trips don't get in the way. Love and marriage can fall apart in this combination if one or both of the partners let their ambitions get out of control. Gwen and Gavin are better suited as friends.

*Of course, you can use "The Secret Language of Relationships" to check out your own relationships too. Not just with your boyfriend, but with your mom, child or BFF. There's now an interactive relationship calculator based on the bestselling book that's fun to play with: [www.thesecretlanguage.com/-check/relationship](http://www.thesecretlanguage.com/-check/relationship). The Secret Language website also offers loads of celebrity relationship news: marriages, births,*



break-ups, etc. Check it out! [www.thesecretlanguage.com/today](http://www.thesecretlanguage.com/today).

---

# Kim Kardashian Tells the Judge She Needs a Divorce Now for Her Baby's Sake



By Meghan Fitzgerald

Kim Kardashian is trying her best to end her marriage with Kris Humphries before her baby is born. According to [People](#), Kardashian stated "I firmly believe that an immediate dissolution of our marriage will help create a new, full life for me." Kim explained in court that she is pregnant with another man's baby, not Humphries. [Huffington Post](#) reported that Kim simply did not wish to be married to Kris since she is having a baby with current beau, Kanye West. Kim is

struggling through paper work and court appearances trying to make a good life for her baby.

**What do you do if you have a baby with someone else before you're divorced?**

**Cupid's Advice:**

Having a divorce is stressful, and learning to love after a divorce is challenging. If you do find another person who you love after a rough divorce, hold on to that. If you happen to get pregnant, do not worry about it. Cupid has some advice:

**1. No worries:** Don't worry about a single thing, worrying about how your soon to be ex-husband may feel about your new child will only stress you out more. You have to focus on yourself and your family to be. There is no need to concern the troubles which might occur, simply focus on you and your incoming child.

**2. Explain the situation:** Talk to your soon to be ex-husband about the situation going on. If you thoroughly explain what is happening in your life at the moment and how happy you are, he will hopefully understand. If he doesn't understand, that is his fault and not yours. You are moving on with your life and should not be punished for being in love.

**3. Life goes on:** You must realize that your life has to go on! You can not wallow in your own self despair and constantly be sad. You must soldier on darling. Put on your big girl pants and trump your way on.

**Have you ever had a baby with someone before a divorce? Explain below!**

---

# Kris Humphries Refuses to Speed Up Divorce for Kim Kardashian's Unplanned Pregnancy



By Andrea Surujnauth

Kim Kardashian recently announced her pregnancy with her boyfriend, Kanye West's, child. Unfortunately, her 72 day marriage to estranged husband, Kris Humphries is still haunting her. Kardashian believes that Humphries is purposely stalling the divorce, according to [People](#). However, Humphries lawyer states "what is really going on here is that an 'urgency' in the form of an apparently unplanned pregnancy" is being used by Kardashian as "an opportunity to gain a litigation advantage (to) prematurely set this matter for trial." Kardashian denies the allegations and instead says that "God brings you things at a time when you least expect

it. I'm such a planner and this was just meant to be. What am I going to? Wait years to get a divorce? I'd love one. It's a process." The divorce has been in the works since October 2011.

**What are some ways to keep your child out of your messy divorce?**

### **Cupid's Advice:**

Putting a child through a divorce can be heart-wrenching and extremely difficult to do. You tried everything to make your marriage work but came to the realization that the marriage needs to end. You want your divorce but you do not want to hurt your child in the process. How can you go through with a divorce without having your child thrown into the messy situation? Cupid is here to help you figure it out:

**1. No arguing:** Do not argue with your ex in front of your child. This will cause your child to feel depressed or even feel obligated to choose sides. Seeing the two of you argue will hurt your child, so don't let it happen.

**2. Don't create a messenger:** Don't make your child a messenger between the two of you. Keep your child as far away from the problem as possible. Don't ask them to spy on your ex and don't get them involved in your arguments.

**3. Communicate:** Let your child know that the divorce was not their fault. Make time to talk with your child often and ask them about their feelings. Make sure your child knows that despite the divorce issues his/her feelings still matter and they are still loved.

**How would you keep your child out of your messy divorce? Comment below and let us know!**

---

# Kim Kardashian Sports \$65,000 in Jewelry from Kanye West in Paris



By Andrea Surujnauth

While on a trip to Paris, Kanye West took his pregnant [girlfriend](#), Kim Kardashian, shopping. He spoiled his baby mama by spending \$65,000 on her, according to [UsMagazine.com](#). They were spotted in Cartier purchasing five breath-taking bracelets. Kardashian posted a picture of the new bracelets from her [beau](#) on Instagram stating, "The Don strikes again!!!". Throughout the couple's trip, Kim showed off her developing [baby](#) bump on the streets of Paris. West announced Kardashian's [pregnancy](#) on stage in Atlantic City on December 30th during his concert. This is both [Kim and Kanye's](#) first

child.

**What are some alternatives to expensive jewelry for “just because” gifts to your partner?**

### **Cupid’s Advice:**

Giving gifts to your loved one is a great way to show your appreciation. Fortunately, that does not mean you have to empty your bank account in order to do so. There are countless ways to give that special someone a gift without going broke. Here are some presents straight from the heart without the heartbreaking price tags:

**1. Bake for your beau:** Who wouldn’t have a smile on their face after receiving freshly baked goodies from their sweetheart? Baked goods are excellent presents for that special someone. Pillsbury cookie dough: \$3. Super Moist cake mix: \$2. The look on your partner’s face after receiving these yummy presents: Priceless!

**2. Make a scrapbook:** Show your significant other that you appreciate every moment with them. Make a scrapbook of all of those wonderful memories that you hold deep in your heart. The best gift to get from the person you love is a sign of appreciation and love, a scrapbook would do just that.

**3. Plan a “stay-cation”:** Rather than taking your sweetheart to an expensive trip in Paris, plan a trip right in your own town. Visit museums and historical aspects of your town. Go to a relaxing park in the area. Pamper your loved one in the comfort of their own home by creating an at-home spa. Make tropical drinks with the fruits in your refrigerator. Creating a vacation can be just as enjoyable as going on one.

**What affordable gifts have you given your sweetheart? Comment below and let us know!**

---

# Kim Kardashian Says She Would Love to Be Divorced



By Meghan Fitzgerald

Kim Kardashian wishes to be legally single again. She wants to commit herself to her current boyfriend and baby daddy-to-be Kanye West. According to [People](#), Kardashian is done with all of the rumors and wants to settle down in life with someone who is worth her love. Her retort to rumors that her marriage to Kris Humphries was all for press is, "...that staying married for the sake of the public's opinion is what *really* would have been fraudulent," according to [Hollywood Life](#).

**What are some reasons to start dating before your divorce is finalized?**

## **Cupid's Advice:**

**1. Love:** Love is love. You can't stop the movement of love upon another person. Love is a strong gust of wind that comes in unexpectedly and is only embraced, never pushed away. Even though the divorce may not be finalized, you shouldn't be penalized for falling in a deeper love than your soon to be ex-husband. If you believe that you love another person, don't wait until the divorce is finalized, don't lose that person by waiting. Go for it.

**2. Rough divorce:** Experiencing a turbulent divorce can take a heavy toll on a woman. Their vulnerability is high, their confidence is low, they're looking for someone to treat them better than their ex did. Trying to rid themselves of these horrendous feelings, it is okay to jump in and start dating again. You need to find a sense of hope and love in the world because your life lacks both of the two. So don't feel bad to try and find love again, you deserve it.

**3. Emotions:** Your emotions are most likely scattered if you are going through a divorce, whether it was a rough divorce or not. Dating again will inevitably settle out the mixed feelings.

**What do you think about dating before a divorce is finalized? Share your thoughts below.**

---

# **Kim Kardashian and Kate Middleton Are Both Expecting**



# in July



By Nic Baird

Kim Kardashian and Kate Middleton each revealed this week that they are due to have their first child in July, [UsMagazine.com](http://UsMagazine.com) reports. The Duchess of Cambridge revealed the news on Monday, while Kardashian shared her due date on the *Today* show on Tuesday. Kardashian has faced criticism over her pregnancy with boyfriend Kanye West, despite being still legally married to Kris Humphries, though she filed for divorce in 2011.

**How do you keep your pregnancy under wraps at first?**

## **Cupid's Advice:**

Maybe you haven't figured out all the details of your pregnancy and birth, or maybe you're not ready to announce it to the world, but whatever the reason you have a right to keep your affairs to yourself. Make sure that you're doing it for the right reasons, and never shy away from confronting your

long term plan. Otherwise, complications will keep building up!

**1. Trust someone:** If you think your relationship is too rocky, find a friend or a family member, but don't try and keep this a secret by yourself. This is a crucial time when you need support in your life, don't be a lone wolf. Two heads are better than one, so find another.

**2. Focus on yourself:** Sports, exercise, art, music, new skills, new projects, and anything that is healthy to do in your condition. Research how you can be healthier as a pregnant woman, and find the knowledge you'll need as the child develops. Take up your time with these productive ventures and you'll have a way to acknowledge your secret without sharing it.

**3. Camouflage:** Actively trying to hide something takes work. Make sure you have excuses for any pregnant behaviour, like sickness, appetite, or energy. Obviously your wardrobe will have to simultaneously conceal your pregnancy without drawing attention to your stylistic choices. Again, having a friend for a second opinion could help a lot!

**What are ways to keep your pregnancy hush-hush? Share your comments below!**

---

# **Is Kim Kardashian Still Upset that Kanye West Shared Their**

# Pregnancy News? What Their Body Language Tells Us



By Jared Sais

When Kanye West recently publicized that he and his girlfriend Kim Kardashian are expecting their first child at his concert in Atlantic City, some reports indicated that Kim wasn't thrilled with her beau's impromptu announcement. But after ringing in the New Year together and with their bundle of joy arriving in only a few months, our celebrity detective analyzed some recent photos to see if Kanye is still in the doghouse and if he will be keeping up with this Kardashian for the long haul.

**Related Link:** [Kim Kardashian Steps Out and Embraces Pregnancy Curves](#)

**Picture #1: Holding Hands (moving clockwise from the top left)**

From the time we are children, we learn that holding hands is

not only a way to show comfort and unity, but it's a form of affection as well. Since we get pleasure simply from the act of touching, holding hands naturally feels right, especially when it's with those we genuinely care about. That's why I always tell students in my seminars that frequent massages are one of the keys to a healthy relationship. In this photo, it's easy to see that Kimye are definitely feeling secure and strong in their love for each other. Kanye leads his girlfriend in the traditionally dominant position with open body language and a broad, slightly puffed out chest.

Kanye has his other hand in his pocket (usually a defense mechanism designed to shield one's self from discomfort) and is sporting a half-full smile (possible sign of preoccupation or worry). Even so, it could be nothing more than an indication that, unlike his bombastic stage persona, the rapper is still unaccustomed to having his personal life – especially his relationship – on display for all to see.

### **Picture #2: A Genuine Gesture of True Love**

If you thought holding hands was cute, look how Kanye and Kim exchange two of the most frequently used non-verbal signs for attraction: Kanye with his arm wrapped around Kim, pulling her close, and Kim with her hand literally latching on to Kanye. This is certainly a common display of affection for Kim, who employed the same clothing grasp on her (not yet ex) husband Kris Humphries. This expression of fondness is at least consistent, if not genuine.

Kanye's left hand is still in his pocket, and he's continuing to exhibit his uneasiness with his surroundings (bizarre as it might seem for someone as brash as Kanye). Just because he is a performer doesn't mean he is immune to wanting to shy away or hide from time to time. But since celebrities don't always have that luxury, the most frequently employed non-verbal is to place your hand as close to yourself as possible in a comforting, defensive position.

It's what he is doing with his right hand that tells me that Kanye genuinely loves Kim. He embraces her with an open hand, showing that he is open to her love and is allowing himself to be a little vulnerable.

More importantly, Kim and Kanye employ two of the distinct signs of non-verbal flirtation by smiling while gazing into each other's eyes (despite him getting caught mid-blink) and tilting their bodies towards each other. As we learned in my previous article about J. Lo and Casper Smart, closeness implies closeness, and once again, these two are inseparable.

**Related Link:** [Pregnant Kim Kardashian and Baby Daddy Kanye West Spend NYE in Vegas](#)

### **Picture #3: A Perfectly Posed Photo**

Despite the fact that this photo features a posed Kanye and Kim (meaning they both had time to prepare themselves), it is nonetheless revealing. A picture does say a thousand words, and in this case, the picture says adorable, as it perfectly captures their feelings for each other. Their arms and hands are interlocked, but like everything, the devil is in the details. Time to break out the trusty magnifying glass! Zoom in on their hands, and you will see that Kim's left thumb is positioned directly on Kanye's left hand in an almost-caressing manner, an obvious and revealing sign of love and affection.

Kim is absolutely glowing, and even though a Lance Bass look-a-like is giving a more natural smile in the background, it is clear that she is very much in love with Kanye, evidenced by her tilted head that is gently nuzzled into Kanye's. As for Kanye, though he is not smiling, his chin is up and his right eyebrow is raised just a bit, displaying how proud he feels about his relationship with Kim.

### **Conclusion**

Kim is head-over-heels in love with Kanye and has definitely forgiven him for letting their pregnancy news slip. While Kanye might be in more of the lust phase now, by the time their child is born, I suspect that he 'll prove that this relationship can only be "made in America." It's a love that will last much longer than many people expected.

---

## Kim Kardashian Steps Out and Embraces Pregnancy Curves



By Michelle Danzig

Kim Kardashian isn't afraid to show off her pregnancy curves, [UsMagazine.com](http://UsMagazine.com) reports. Only three months pregnant, Kardashian sported a sheer black shirt and black bra on the red carpet of 17th annual ICED Festival at Cowboys Dance Hall in Calgary, Canada, on Friday. With little to no sign of a baby bump,

Kardashian, 32, said she feels good, but is definitely adjusting to all the changes in her body. Her boyfriend, rapper Kanye West publicly announced her pregnancy the day before New Year's Eve at a concert in New Jersey. To stay in shape during her pregnancy, the *Keeping Up With the Kardashians* star is working with celebrity trainer Tracy Anderson, who helped sister Kourtney Kardashian lose 44 pounds in six months.

**What are some ways to encourage the mother of your child to embrace her new body?**

### **Cupid's Advice:**

Weight gain and body changes are inevitable during pregnancy. Add in the increased hormones and women become extra sensitive about their appearance. Because it may be difficult for the mother of your child to embrace her new figure, here are some ways you can help her feel more confident and beautiful:

**1. Tell her she looks beautiful before she even asks:** When women aren't pregnant they will ask the inevitable, "Do I look fat in this?" question. If you spontaneously tell your partner that she looks beautiful, she will feel more comfortable in her new body.

**2. Encourage her to wear something form-fitting:** Most women work extra hard to cover up their baby bump. If you occasionally suggest that she wear the black dress you like so much when you go out on your dinner date, she may feel better showing off her curves.

**3. Touch her—and her belly!:** Show her some affection. Many men find pregnancy extremely attractive on women. Show her that you still find her body beautiful by touching her more often. Cuddling or simple just rubbing her belly will show that you appreciate the way she looks.

How do you help your baby's mother feel comfortable in their new body? Share your comments below.

---

# Pregnant Kim Kardashian and Baby Daddy Kanye West Spend NYE in Vegas



By [Jessica DeRubbo](#)

Kim Kardashian didn't let her recently announced pregnancy keep her inside for New Year's Eve, according to [People](#). In fact, she did the opposite, as she and baby daddy Kanye West attended a party in Las Vegas. "I wish I could share a drink with you all, but I can't for a little while," she told the crowd at Mirage's 1 OAK. When the clock struck midnight, Kardashian and West shared a passionate kiss while the crowd



was cheering and confetti was flying. "It's been so exciting," said Kardashian about finding out she was pregnant. "We're very, very happy."

**What are some ways to celebrate holidays when you're pregnant?**

### **Cupid's Advice:**

It can be tempting to join in the fun with a drink on holidays, but when you're pregnant, it's not an option. Cupid has some alternatives:

**1. Flavored sparkling water:** You may not be able to drink champagne, but that doesn't mean that you can't indulge in a sparkling refreshment with everyone else. Make a drink that looks and feels like the real thing instead.

**2. Eat instead:** One of the good things about being pregnant is that no one's going to judge how much you eat when you're eating for two. Plus, your body needs more food than it used to need. Indulge in some yummy snacks to take the place of drinking!

**3. A glass of wine:** Many doctors these days admit that having one glass of wine every now and again isn't going to hurt your baby. Make sure to check again with your personal doctor, but a strategically timed class of red wine will help you feel part of the holiday fun.

**What are some other ways to keep pregnancy from hindering your holiday fun? Share your ideas below.**