

Fitness Secrets: 5 Simple Tips to Stay Healthy



By [Jessica Gomez](#)

Being healthy is important; we all know that. However, keeping yourself healthy seems to never be an easy task. We are constantly surrounded by temptation and lack of motivation, and so some of us urgently need some fitness advice. The trick is to find easy ways to stay healthy without the struggle – isn't that the dream? There are simple healthy habits that even fit celebrities take on.

When it comes to staying or

becoming healthy, there are things you can do that are simpler than others, and here they are. Brace yourself because some of these fitness secrets are super enjoyable:

1. Get enough sleep: Eight hours should be your aim. Getting enough sleep is not just about not being tired. Sleep offers so much more than that! It helps you think clearly and improves your productivity, while also reducing stress and improving your mood. You are less likely to get sick as well, and can lower your risk for heart disease and diabetes. So, make the time!

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2. Drink lots of water: It's extremely good for you! Up to 60% of the human body is water, so that goes without saying that it's important to stay hydrated. Hydration has major effects on brain function, energy levels, and physical activities. Water is also good for many other things including healthy skin. Many celebrities drink water religiously, among those are [Kylie Jenner](#), [Kim Kardashian](#), [Jennifer Aniston](#), and Cameron Diaz. And you can tell that it works!

3. Get a message to boost immunity: Who doesn't love massages? What a wonderful and pleasurable way to stay healthy! Studies have found that a 45-minute massage can cause an increase in white blood cells that fight bacteria and viruses. And of course massages reduce stress and muscle aches – and feel amazing! *Books massage*

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4. Small workouts: including stretching. Walk as much as you can, take the stairs, and take time to stretch throughout the day. If you want to kick it up a notch without a full blown workout, then try jumping jacks and/or jumping rope. Simple, right? Consistency is key. After a while of being consistent with small workouts, your body will get used to it and then you can up your standards and up your game!

5. Meditate: Probably everyone has heard of the relaxing and stress-reducing effects of meditating. It just chills you out! But wait, there's more: studies have shown that people who practice yoga or meditation long-term had much more "disease-fighting genes" present! Mind over matter, right? Take at least 10 minutes of your day to clear your mind and take deep breaths. You will see the changes pretty soon! Celebrities like Oprah Winfrey, [Angelina Jolie](#), and Eva Mendes are among many who meditate.

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Not everything has to be super hard, like we assume celebrity fitness to be. Make these five fitness tips into habits, and watch how they affect your health. It's game time!

What are some easy fitness tips you swear by? Share below!

**Celebrity Baby News:
Surprise! Kylie Jenner Gives**

Birth to Baby Girl with Travis Scott



By [Jessica Gomez](#)

Congratulations to [celebrity couple Kylie Jenner](#) and Travis Scott on officially becoming parents to a new baby! In [celebrity news](#), Jenner gave birth to a baby girl this past week, according to [EOnline.com](#). At that time, Mom [Kris Jenner](#) and sister [Kim Kardashian](#) were seen at the hospital along with Travis Scott and Kylie's best friend Jordyn Woods. The [celebrity baby](#) has not yet been named. As the world knows, Jenner kept her pregnancy on the down low, making this news even more relevant. "I'm sorry for keeping you in the dark through all the assumptions. I understand you're used to me bringing you along on all my journeys," Kylie said via Instagram on Sunday. "My pregnancy was one I chose not to do

in front of the world. I knew for myself I needed to prepare for this role of a lifetime in the most positive, stress free, and healthy way I knew how. There was no gotcha moment, no big paid reveal I had planned. I knew my baby would feel every stress and every emotion so I chose to do it this way for my little life and our happiness," she explained. "Pregnancy has been the most beautiful, empowering, and life-changing experience I've had in my entire life and I'm actually going to miss it. I appreciate my friends and especially my family for helping me make this special moment as private as we could. My beautiful and healthy baby girl arrived February 1st and I just couldn't wait to share this blessing. I've never felt love and happiness like this I could burst! Thank you for understanding."

Well, this celebrity baby news wasn't just a rumor! What are some reasons to keep your baby news to yourself for a while?

Cupid's Advice:

There are a few reasons that you may want to keep your pregnancy under wraps for a while, just like Kylie Jenner and many others. Cupid has some reasons as to why:

1. You have a stressful pregnancy: You just don't need nor want the stress. If you have a sensitive pregnancy where your health and the one of your baby depends on you taking it easy, then hiding your pregnancy could be an option for you. If we feel like outside factors can cause us stress during a critical time, then as mothers-to be we must cut out those factors. Sometimes people can become over bearing when it comes to receiving baby news – so if you're around those kind of peeps, you know what it is.

Related Link: [Khloe Kardashian Reveals How She Hid Her Pregnancy & How She Told Tristan](#)

2. You're superstitious and don't want to jinx it: This may not be logical to everyone. However, if it's logical to the mother-to be, then that's enough – it's her body and her baby. Sometimes certain people find reassurance and comfort in not telling people right away due to fear of a miscarriage or something going wrong. At the end of the day, as long as the baby news is delivered later rather than never, it should be enough.

Related Link: [Kim Kardashian Is a 'Very Hands-On Mom' with New Celebrity Baby Chicago](#)

3. Judgy peers: Whether these peers are at school or work, or are your neighbors, friends, or fam, sometimes they're just not the easiest people to deal with. At times, we may be surrounded by people who judge or gossip, and that can lead to you wanting to keep your pregnancy low-key. During pregnancy, drama should be avoided, so there's no shame in doing what you have to do.

These are just a few reasons why you someone may hide their pregnancy. What are some reasons you or someone you know hid a pregnancy? Comment below!

Kim Kardashian Is a 'Very Hands-On Mom' with New

Celebrity Baby Chicago



By [Karley Kemble](#)

[Kim Kardashian](#)'s newest [celebrity baby](#) Chicago West has kept her busy! The mogul and mother of three has had no problems adjusting to her busier life after the birth of her third child, who was born via surrogate on January 15th. According to a source close to Kardashian, the mom has been very "hands-on" with Chicago, reports [UsMagazine.com](#). The [latest celebrity news](#) also reports that Kardashian and Chicago have both been doing very well – the baby has been sleeping "a ton," – which is awesome news for any mom! We hope the transition continues to go smoothly for this celebrity mom!

This high-profile celeb is still very hands on with her new celebrity baby. What are some ways to juggle parenting responsibilities and other tasks?

Cupid's Advice:

Balancing motherhood along with all of your other priorities may feel challenging at times. Some days will certainly be easier than others. Cupid has some tips to make your life a little bit easier:

1. Write it down: Your schedule is bound to be busy as ever. Make sure you have a planner or large calendar to write everything down! Writing everything down will help keep your schedule straight. If you find it helpful, you can also create a color code to really keep things fresh!

Related Link: [Celebrity Baby: Kim Kardashian Explains Why She Hired Surrogate for Baby No. 3](#)

2. Make time for yourself: Reward yourself from time-to-time with a night out! It's important to give yourself a break from your life as a parent and hang out with people your own age. Whether you go out with your partner or some of your pals, one night out is good for your sanity. Make it a pact to try and limit the conversations about kids, and focus on having fun!

Related Link: [Celebrity Baby News: Kim Kardashian & Kanye West Celebrate Birth of Celebrity Baby Daughter](#)

3. Chore charts: You should never feel like you are pulling all the weight! If your kids are old enough, you should consider introducing responsibilities into their routines. A chore chart works well for this. Implementing a rewards system

is an age-old parenting tool that often ties-in with these charts, too. Make sure your partner takes part, too!

How do you manage your parenting responsibilities and day-to-day life? Leave a comment below!

Celebrity Baby: Kim Kardashian Explains Why She Hired Surrogate for Baby No. 3



By [Carly Horowitz](#)

We have the inside scoop about why [celebrity couple Kanye West](#) and [Kim Kardashian](#) decided it would be the best idea for their third [celebrity baby](#) to be carried by a surrogate. According to [UsMagazine.com](#), the [latest celebrity news](#) reveals that doctors told Kardashian that it was not safe for her or her celebrity baby's health if she were to carry it on her own due to Preeclampsia and placenta accreta. Kardashian also goes on to explain that technically, the term "gestational carrier" should be used since they implanted her own fertilized egg into the carrier. Kardashian disclosed that it was hard for her to not be able to carry her own child.

Kim Kardashian hired a surrogate for her third celebrity baby. What are some non-traditional ways to welcome a child into your home?

Cupid's Advice:

Thankfully, nowadays there are alternate options to have a child even if you have fertility issues or simply want to expand your family in a different way. Cupid has some insight on some non-traditional ways to welcome a child into your home:

1. Adoption: Adoption is a very common way to gain a new wonderful member to your family. It is a great situation because you get to raise a child while he or she is gaining a new permanent loving home. Remember to always be as welcoming and friendly as you can when taking a new child into your home.

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2. Foster child: Foster care is another way to welcome a child

into your home, even if it's short-term. This is a great way to create a strong relationship with a child who may not be used to the love and care that you are able to give them. Foster care can also turn into adoption later on in some cases.

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3. Being the care-giver for a relative or close friend's child: Sometimes individuals aren't capable of taking care of a child at a certain point in their life, but they still want the child near and to be in familiar hands. This situation may present itself to you, and it can be a great way to help raise a child. Overall, family is defined by those who love you for your truest self- blood related or not.

Want to share your experience of a non-traditional way of welcoming a child into your home? Comment below!

Celebrity Baby News: Kim Kardashian & Kanye West Celebrate Birth of Celebrity Baby Daughter





By [Carly Horowitz](#)

Another Kardashian [celebrity baby](#) is in the world! [Celebrity baby news](#) reveals that [Kim Kardashian](#) and [Kanye West](#) are celebrating the birth of their third child. According to [People.com](#), their baby daughter arrived on Monday, Jan. 15, at 12:47 a.m. and she weighed in at 7 lbs., 6 oz. Kim Kardashian exclaims that everyone is overjoyed with the [latest celebrity news](#). The *Keeping Up with the Kardashians* stars hired a surrogate to help bring their third celebrity baby into this wonderful world.

This celebrity baby news is very happy for the Kardashian clan. What are some ways to celebrate the arrival of your baby?

Cupid's Advice:

A new life coming into the world is a big thing to celebrate.

It is crazy to think that your little baby is going to grow up and experience life through their unique set of eyes. Cupid has some cool ideas on how to celebrate this amazing occurrence:

1. Take photos: The arrival of a new baby is a very hectic yet joyous time. Designate someone to take authentic pictures throughout the process so that you can look back on them later in life and even show the child pictures of what was going on during their birth.

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2. Plant a tree: I know you may be thinking...um, what? But what better way to celebrate the arrival of one life by planting another life in the baby’s honor? When the baby grows older, you can show them their tree and it will be symbolic to watch both your baby and your baby’s tree grow together. This also creates an intimate connection with nature to human life.

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3. A birthday cake: Of course! How did we not think of that? Many people forget to have a birthday cake on the day of the actual birth. The mother especially will surely want to indulge in some yummy cake to celebrate the arrival of their new child.

Know some unique ways to celebrate the arrival of your baby? Comment below!

Celebrity News: Kim Kardashian Reveals Her 2018 New Year's Resolutions



By [Karley Kemble](#)

New year, new Kim? Kind of! According to [EOnline.com](#), [Kim Kardashian](#) has been very open with the changes she hopes to make in 2018 on her exclusive app. In the video, Kardashian states her main goal “is to be on my phone less and more in the moment.” She also hopes to up her fitness game and work out five to six days a week with her trainer. 2018 will certainly be a huge year for Kardashian and her husband Kanye West, as they will soon be welcoming another [celebrity baby](#) via surrogate, too!

This [celebrity news](#) shows us that even celebrities like Kim Kardashian plan to make big changes with the new year. How can you stick to your resolutions once you've committed to them?

Cupid's Advice:

It's easy to make resolutions at the beginning of the year, but it's not always easy sticking to them. In fact, most people ditch their big resolutions before January even ends. If you're hoping to make sure your big changes stick, check out these tips straight from Cupid:

1. Re-frame the "resolution": Resolutions rarely see life past January is because of the immense pressure to strictly abide to them. If there is even a small deterrent, most people give up because they aren't perfecting their goal. Try re-framing and leave room for error. For example, if you want to lose weight, instead of saying "I will lose 20 pounds this year," say "I want to change my eating habits and focus on my overall health." The two coincide, and it's more likely you'll have more success!

Related Link: [Kim Kardashian Announces the Sex of Celebrity Baby No. 3](#)

2. Don't be afraid to restart: Slip-ups are inevitable, so don't beat yourself up over them! With 52 weeks and 365 days, you would be insane not to stray from your big resolution. When you do stray (notice: "when" and not "if"!) know that your next choice/decision is an opportunity to get back to your goal. It's better to have a slow and steady progression,

rather than no progress or even backtracking and giving up completely!

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3. Have a support system: Lean on others for support. It's not a sign of weakness, rather, it's a sign of strength! When you tell others about your goals, they will want to help encourage you and help keep you accountable. Making others proud is always a very empowering motivator, so you should definitely consider this option!

What's your New Year's resolution? How do you plan on sticking to it? Talk about it with us in the comments below!

Celebrity Travel: Top 5 European Hotspots





By [Jessica Gomez](#)

Oh Europe, how beautiful is thee! Europe is definitely a great place to vacation, and it's one of the areas at the top of the list for celebrity travel. It has a rich history, and it's full of culture. Europe is a large area with countless stunning spots, so limiting them to five is not an easy task. That said, here are five "hot" [vacation destinations](#) in various European countries that your favorite celebs routinely enjoy!

And the 5 top European hotspots (in no particular order) for [celebrity vacations](#) go to... *drum roll, please*:

1. Venice, Italy: This is one of the most romantic places in Europe, and it's very popular with tourists as a result. The beautiful art and architecture here are big reasons for the heavy tourism as well. Take a ride on a gondola (long wooden

boats) through the Great Canal, visit the major landmarks, eat the delicious chibo (food) at your pick of numerous cute cafes and elegant restaurants – the list goes on! Johnny Depp, [Brad Pitt](#), and [Kristen Stewart](#) are some of the many celebrities who have been spotted vacationing here! [George Clooney](#) and his wife Ama had their [celebrity wedding](#) here and then came back for their third wedding anniversary, according to [us.hellomagazine.com](#)!

Related Link: [Top 5 Getaway Spots on the East Coast](#)

2. Ibiza, Spain: Party central! This island is known for the around-the-clock socializing and astonishing performances. Hit the beaches and the night clubs! Fun awaits you on this paradise island. Some of your night life loving celebs that have had their fair share of good times here are [Justin Bieber](#), [Kim Kardashian](#), Orlando Bloom, and Kate Moss! However, Bieber and Bloom may have had too much fun, as they shared some hostile moments there as well. Four years ago, the two hunks got into an altercation in Ibiza where Bloom allegedly swung at Bieber, according to [People.com](#).

3. The Algarve, Portugal: Sweet, sweet paradise! Clear waters, green nature, and a strong sun – why are we not there right now? This destination is considered one of the most beautiful in Europe, as it's one of the most developed regions in Portugal. Prince William and his wife Kate Middleton enjoyed their honeymoon there – and we're picturing ours there, too!

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4. Paris, France: Known as the City of Lights, Paris is a big tourist spot! The romantic city is home to one of the most famous landmarks in history: the Eiffel Tower. There are various cafes and restaurants at which to eat and enjoy wine, too. And, of course, there are numerous museums, monuments, and cathedrals to see. Robin Thicke has been seen “touring it” up with his girlfriend April Love Geary.

5. **Mykonos, Greece:** Celebrities really do love to come here! Tons have visited: [Leonardo DiCaprio](#), Mariah Carey, [Ariana Grande](#), and Paris Hilton – making this a celebrity hotspot for sure. It's a nice, relaxing vacation spot away from it all. This Greek island provides delicious Mediterranean cuisine near breathtaking waves. Celebrities like Tom Hanks and [Tom Cruise](#) own houses here!

What are some places in these celebrity destinations you've been to or dream of going to? Comment below!

Celebrity Style: Valentine's Day Date Night Outfits





By [Karley Kemble](#)

It may seem like Valentine's Day is far enough away, but it'll be here quicker than you expect! It's never too early to start planning your [date night](#) outfit. After all, Valentine's Day is the perfect excuse to get dressed up, look great, AND feel amazing. There are plenty of celebrities we can look to for some outfit inspo – so if you're looking for some [style advice](#), look no further! Cupid's got you covered.

If you're a fan of [celebrity style](#), you'll love these Valentine's Day outfit ideas!

1. Red, red, red: Red is a very timeless and festive choice. There are loads of different ways to incorporate red into your Valentine's Day outfit. You can make red the "main act" of your ensemble like [Taylor Swift](#) and wear a sexy cocktail dress or classic pea coat. If that's too daring for your taste, red makes an excellent accent color. Pair a nice pair of jeans and

low-cut blouse with a bold red purse and matching pumps! Red lipstick is always a winner, too!

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2. Luxe lace: Lace is awesome because it automatically makes you feel glam! Celebrities like Diane Kruger and Penelope Cruz are big fans of lace on the red carpet. Whether you sport a lacy bodycon dress, flowy blouse, or sultry hi-slit skirt, you truly can't go wrong with anything lacy. Show some skin, but still maintain an aura of mystery! You'll be the apple of anyone's eye.

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3. Always classic LBD: When in doubt, go with a little black dress! Everyone looks ah-mazing in black. (Seriously, everyone!) As we all know, black is naturally slimming – so even if you're not feeling 100% confident in your body, a sexy black dress *will* help change your perspective. If you need a celebrity to look to for some inspiration, [Kim Kardashian](#) slays the little black dress every. single. time.

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

4. Hearts: While you may be thinking this idea is a tad juvenile, there are ways to be festive *without* feeling tacky! Throw on a blouse with tiny hearts all over, or even consider pairing your LBD with some heart hooped earrings. There are plenty of options out there, so find what works best for your personal style!

5. A sexy cami or slip dress: Camisoles and slips are no longer meant to be unseen from outside your (or your partner's) home! Camis and slip dresses have been all the rage of celebrity style – [Selena Gomez](#) and Dakota Fanning have both

worn slip dresses recently. You can dress up these pieces with a cute pair of heels, a velvet clutch, some simple hoops, or a bold leather jacket. Since this style is more on the casual side, you have free reign to dress it up as much as you'd like!

What are you planning on wearing for Valentine's Day? Leave us a comment and let us know!

Celebrity Fitness Secrets: Funky Exercise Fads



By Christine Rudolph

While it may seem as though celebrities keep their exercise routines mum, occasionally we're able to snatch their [fitness secrets](#). While some stick to the standard gym routines, machines, and weights, others have some very interesting ways of getting fit. Leave it to celebrities to find super interesting workouts that help achieve perfectly toned bodies! If you're looking to workout like a celebrity and achieve a fit [celebrity body](#), then some of these exercises might be for you.

Bored of your routine gym workouts? Check out some of these celebrity fitness secrets that will change the way you workout!

1. CrossFit: CrossFit has taken the fitness world by storm over the years, and is one of the most rigorous workouts out there! This super popular workout combines a multitude of exercises such as cardio, weights, and kettleballs in a short 45-minute timespan. Quality trumps quantity; your results aren't determined by how much time you spend in the gym, rather, by how hard you work out. [Jessica Biel](#) is a huge fan of this regimen – and judging by her perfectly chiseled body, she certainly isn't intimidated by its intensity!

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2. Piloxing: As you may have guessed, Piloxing is a high-energy combination of Pilates and boxing. Celebrities such as Vanessa Hudgens, [Hilary Duff](#), and Ashley Tisdale are all fans of this recently popularized fitness routine. The workout is focused on building the core and muscle toning, which ultimately helps build strength and endurance. Piloxing is also a huge calorie burner – you can burn 900 calories

in just an hour!

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3. Barry's Bootcamp: If you've ever wondered how [Kim Kardashian](#) has achieved her post-baby slim downs, her fitness secret is Barry's Bootcamp. Each class utilizes a combination of resistance training with elastic bands, kettle bells, and body bars, as well as cardio. Barry's Bootcamp has been voted "The Best Celebrity Workout" by many fitness magazines and other publications, so you're guaranteed to have a solid workout with each class session!

Related Link: [Look Like a Victoria's Secret Model with These Celebrity Workouts](#)

4. Belly Dancing: Belly dancing is a super fun workout that has been around for quite some time! In the celebrity realm, it has become pretty popular among A-Listers like Shakira and [Beyoncé](#). The sultry dances target the abs and sculpts the hip area. Bonus: you'll learn to move muscle groups in your body that you never knew existed, too!

5. Hula hooping: Would you have ever guessed that one of your favorite childhood past times would come back into popularity as an adult? Hula hooping tones your entire body! Zooey Deschanel has embraced hula hooping fitness classes, because they target everything from your core, to your arms and legs. The best part is that it doesn't feel like a workout at all! If you're intimidated by exercise, this one's for you!

Christine Rudolph is a passionate lifestyle blogger who loves to write about current trends. She is a featured author at various authoritative blogs. Currently, she is associated as a blogger for [Hourglass Express](#), providers of quality waist trainers, belly bands, and other weight loss products. For all updates, follow her [@RudolphBlogger](#) and become friends with her on [Facebook](#).

Celebrity Chef Recipes: Meal-Planning Made Delicious



By [Rachel Sparks](#)

Meal-planning is all the rage, but where do you even start? Eating the same ingredients all week sounds pretty boring, but these [celebrity chef recipes](#) can help you plan your weeks in delicious style. Not only does it save time and energy, meal-planning is a great way to help you achieve your healthy-eating goals. These recipes are so good that even though it's meal planning, the food is good enough to serve on a [date night](#)!

Try these celebrity chef recipes for easy and delicious meal-planning ideas!

Meal-planning doesn't have to be boring. Yes, you're trying to use the same ingredients all week to save on both time and money, but there's a lot of ways to use the same ingredients in delicious ways! These recipes will add some new cooking techniques to your repertoire and make you look like a celebrity chef in no time! Check out these meal planning ideas inspired by [Jennifer Lopez's diet](#) and the creative substitutes [Kim Kardashian](#) makes.

1. It starts with the protein: Have you ever noticed that the bigger the cut of protein is the cheaper it is? This is because it requires you to do a little fabrication: basically, the art of butchery. If you don't feel comfortable about breaking down a whole chicken, look for large portions, such as loins and roasts. You can cut these into stew meat, pork chops, or leave it as a roast. Buying these large portion saves you money, requires only a little prep ahead of time, and you can freeze any leftover cuts until you're ready to use.

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2. Seasonal vegetables: Meal-prepping made easy and cheap means using readily available resources. While most grocery stores have a variety of vegetables year-round, the ones in season tend to be cheaper and, tastier, and much more delicious. Summer squashes can be used in pasta, stews, or sides for traditional entrées. Get creative and challenge yourself to use vegetables in every dish in a variety of ways.

3. Leftovers anyone: What's easier than an already prepped

meal? Not everyone loves leftovers, but some dishes taste better as they age. Stews and soups continue to develop flavor as they sit in the fridge ready to be eaten. Yes, some people don't like leftovers, so consider smaller batches, but it's already a meal prepared that just needs to be reheated.

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4. The back-of-the-pantry meal: Have you ever seen Chopped? They require contestants to use unusual ingredients to prepare normal meals. When you're running short on time and can't go to the store, digging around in your pantry can actually produce some unique dishes. It can be fun to challenge yourself.

5. To freeze or not to freeze: The ultimate in meal-prepping, preparing a dish ahead of time and saving it for later is incredible for a lot of people. If you have an afternoon free on a weekend, preparing a lasagna or casserole and freezing it makes an evening later in the week that much easier. Not everyone has time to cook an entire meal beforehand, thus the previous suggestions, but take that free time and get in the kitchen. You'll thank yourself later!

How do you meal prep for your busy schedule? Share your tips below!

**Celebrity Maternity Style:
Get Inspired by These**

Celebrity Baby Nurseries



By [Rachel Sparks](#)

Famous parents have created the best nurseries for their [celebrity babies](#) that even we envy! Going all out for their children has offered a lot of inspiration for how to make your own nurseries glamorous and whimsical. [Kim Kardashian](#), the queen of luxury, decorated North West's nursery with a sheepskin rug and oversized stuffed animals in a glam-safari style. Ciara created the perfect angelic room for her son in soft, plush whites and pinks. We've been inspired by these celebrity nurseries and have [parenting advice](#) for your babies!

Read Cupid's parenting advice to

get ideas for your baby's nursery!

Cupid's Advice:

While your baby may not remember their nursery, you certainly will. There's something about investing right from the beginning of your child's life that makes you feel like the parent who can conquer anything. Here are some of the latest nursery trends based on what we've seen celebrity parents doing:

1. Art gallery: Coco Rocha sets the standard for chic. For her daughter's nursery, she has a wall dedicated to artwork. Pop art pillows and name brand rocking chairs, Coco Rocha has created the perfect high-fashion designer nursery for her daughter. While you may not hire interior designers for your own nursery, you can take inspiration to recreate your own art gallery for your child!

Related Link: [Product Review: A Lounger Fit For a Celebrity Baby](#)

2. Monochromatic palettes: Pastels have been all the rage the past couple of years, but we're talking using bold colors to create your child's perfect getaway. Use Penelope Disick's nursery as inspiration! [Kourtney Kardashian](#) used coral pink everywhere: on the walls, in the fluffy-clouded-wallpaper on the ceiling, all the way to the accents in the room. Juxtapose with pops of turquoise for flashes of cheery delight.

3. Patriotism: Parenting is hard. You have to evaluate your beliefs and see if they are something you want to pass onto your children. Take Jaime Ford's idea and put up flags from your country (or your family's cultural heritage). Find cultural inspiration for your artwork and stray from the norm of animal-inspired artwork to give your baby something with deeper meaning.

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4. Pops of color: Kendra Wilkinson-Baskett has created a modern nursery with bold flashes of color. Keep the rest of the decor simplistic and use sunny yellows, fiery reds, or dark-sea blues to go for a dramatic style.

5. Whimsy: The most important details you can add to your nursery are the ones that add magic to your child's life. Oversized stuffed animals, child-sized teepees, and plush carpeting create many sources of entertainment for your child!

What are your ideas for your dream nursery? Share your ideas **below!**

Kim Kardashian Announces the Sex of Celebrity Baby No. 3





By [Rachel Sparks](#)

[Kim Kardashian](#) just revealed the sex of [celebrity baby](#) number three! According to [EOnline.com](#), during an interview with Ellen Degeneres, Kim Kardashian was telling a story where North West said, “Mom, baby sister isn’t here. I think I need all the toys in my room.” This [celebrity couple](#) is on their way to a full house!

It looks like Kim and Kanye will be welcoming another celebrity baby girl to their brood! What are some ways to prepare for a third child versus the first or the second?

Cupid’s Advice:

Each addition of a new child takes its own preparation. When you brought home baby number two, you worried how your first born would react to not getting as much attention. Now, you

know more about handling an infant, so there's less to buy and worry about. But having a third infant is different. Now you've got two older siblings to prepare, five schedules to try and balance, and the financial strain of another kid. How can you prepare for baby number three with less stress? Read our [parenting advice below](#):

1. Potty train: If you have older kids that aren't potty trained yet, go ahead and make your life so much easier now and get those kids' butts on the toilet. You don't want to have an infant strapped to your chest while you're chasing a screaming, naked two year old around the house.

Related Link: [Parenting Tips: How to Cope With Stress](#)

2. Prep the house: Besides setting up a nursery, there's a lot that you can do before baby number three gets here. If you have carpets and children, you know what a disaster that can be. While redoing floors may not be at the top of your prepping list, removing carpets can help you avoid allergies and stains. Buy the carpet tile samples from a home improvement store for a cheap and easily replaced rug for your kids' rooms.

3. Start a routine: Children thrive off of routines, but changing them can be hard. Start the newborn routine now so the kids won't have such a hard time adjusting. The most critical thing is to ensure you spend alone time with each child so they know they won't be forgotten.

Related Link: [Celebrity Video Interview: Actress Tia Mowry Says, "There's No Such Thing as Balance!"](#)

4. Encourage alliances: Building strong relationships with the kids and encouraging them to be the best of sibling friends will make entertaining the older kids much easier. It also teaches them how to look out for each other, making them feel special instead of left out when the newborn comes home.

How have you adjusted for each new baby you brought home?
Share your own parenting advice below!

Celebrity Style: Boots You Can Rock in the Winter



By [Rachel Sparks](#)

Earlier this year, we got a glimpse of the fashion trends that were coming for fall and winter, and though what to wear on our upper bodies is always important, what to wear on our feet is sometimes even more exciting. [Elle.com](#) released the hottest boot trends that walked down the runways. Latest celebrity

styles range from crimson statement kicks to waist-highs. There's more to rock than the classic black ankle boot.

How can you rock the hottest celebrity styles this boot season?

Boots during winter is like *Starbucks PSL* for fall: you can't have one without the other. As much as we love the classic black boot, we're setting them aside for this year's best celebrity fashion trends:

1. The disco ball boot: Brighten everyone's day while rocking the glitter boot. Pair it with black pants or a red jacket for a dramatic rock star look. Celebs rocking it: Celine Dion, [Rihanna](#), Blac Chyna, and Cardi B.

2. The scrunchy look: It can be casual or that sexy messy look. Wear it over pants, with a dress, or an extra long T-shirt; you can't go wrong. Celebs spotted wearing these: [Reese Witherspoon](#) and Hillary Duff.

Related Link: [Celebrity Style: Walk Into Fall in Dr. Marten Boots](#)

3. Hiking boots: Capture that edgy take-over-the-world look with redesigned hiking boots. We've seen them studded, with six inch heels, and in any color. Match with jeans, tights, or a long sweater. No matter how you wear it, you will look like a celebrity. Karlie Kloss, [Taylor Swift](#), and [Beyonce](#) rock this look.

4. The red statement: Red is the new black this winter season. Make a statement in black with a splash of red or bring out the accents in your favorite patterned outfit. These boots are being spotted with just about any outfit. Our favorite looks: Hayden Panettiere's classic look or [Gwyneth Paltrow's](#) quirky risk-taking.

Related Link: [Fashion: Celebrity Style Shoes for Affordable Prices](#)

5. 70's Suede: It seems like this fashion statement never died, and we're loving the timeless factor of it. Paired with dresses or pants, it's a fun-night-out kind of boot. Wear it short like Reese Witherspoon or knee-high like [Kim Kardashian](#).

How would you wear these hot boot styles? Share below!

Celebrity News: Source Says Kanye West & Kim Kardashian's Marriage Is 'Stronger Than Ever'





By [Ashleigh Underwood](#)

[Celebrity news](#) following [Kanye West](#) has been sparse recently as the rapper has taken a step back from the lime light. Since cancelling the last bit of his *Saint Pablo* tour last year, West has been focusing on his health and maintaining his sanity. According to [UsMagazine.com](#), he is “the best he’s ever been...you’re going to see a calm Kanye who is taking it day by day. He and [Kim Kardashian](#) are stronger than ever.” West has been focusing on his [celebrity relationship](#) with Kardashian and their growing family.

If we’re to believe this celebrity news, Kimye’s marriage is strong. What are some ways to work on the strength of your relationship?

Cupid’s Advice:

Being in a relationship is amazing and can be one of the best

aspects of your life. However, not every one will last. To give yours a better chance at survival, here are a few ways to work on your relationships strength:

1. Communicate: The best way to build a connection with someone, is to talk with them. Get to know who they are and what they like, but also what they can't stand. Communicating with your partner allows you explore a part of them that others may not be able to see. Your relationship grows stronger because you know each other on a more personal level!

Related Link: [Celebrity Baby News: Kim Kardashian Confirms She's Expecting Her Third Child](#)

2. Argue: While this advice may go against everything you have been taught, it's true. Arguing is essential in a relationship. You and your partner are not going to agree on aspect of your lives and you're going to butt heads. This is normal and even needed! This forces you to learn about conflict resolution within your relationship, and compromise—very important lessons.

Related Link: [Top 5 Most Famous Celebrity Kids](#)

3. Give space: When you are in a new relationship it is easy to spend all day every day with them. Though it is nice at the time, it can prove to be detrimental to yourself and your relationship. Even though you are joining lives with someone else, you need to keep a private life for yourself. Continue to see your friends, go to work events alone, or pick up a hobby. This will allow you to build up yourself and inevitably help your relationship.

How do you keep your relationship strong? Comment below!

Celebrity Baby News: Kim Kardashian Confirms She's Expecting Her Third Child



By [Ashleigh Underwood](#)

The young Kardashian clan continues to grow as Kim Kardashian finally confirms the rumored [celebrity baby news](#) according to [E! Online](#). The mother of two has been hoping to expand her family with husband Kanye West for a while, but was unable because of previous pregnancy complications. This time however, the [celebrity couple](#) have conceived through surrogacy.

This celebrity baby news was rumored, but now it's confirmed. What are some ways to keep your baby news under wraps at first?

Cupid's Advice:

Having a baby is exciting and something you want to enjoy forever. While some people are ready and willing to share their news right away, others may want to put it off for a while. Here are a few ways to keep your baby news quiet:

1. Only tell people you trust: If you need or want to tell a few people about your baby, by all means do so! However, in order to keep the secret from getting to too many ears, only tell people you really trust. This way, it is less likely that the news will get spread around to other people. Make sure the ones you tell are people who will support you and have your back through the pregnancy.

Related Link: [Celebrity Baby News: Khloe Kardashian is Expecting First Child with Tristan Thompson](#)

2. Hide your bump: If you are the one carrying the baby and want to keep the secret for a while, you may want to hide your bump from the public eye. An easy way to do this is to wear baggy clothing or lots of layers. This way, no one will think about what is underneath all the clothing because it will fall off your body so easily.

Related Link: [Celebrity Baby News: Kylie Jenner is Pregnant and Expecting First Child with Travis Scott](#)

3. Carry on: When you are trying to hide a huge lifestyle change, you should continue to live your life as normal. If you all of a sudden stop going out with your friends, or

seeing people in your family, they will suspect that something is up. Instead, continue your life as if nothing has changed and no one will think twice about it.

How did you keep your baby news under wraps? Comment below!

Celebrity Style: Bundle Up in These Ski Lodge Celebrity Looks



By [Marissa Donovan](#)

During the winter months, it's great to escape to a ski

resort. Whether you are there to snowboard or ski, it's crucial to stay warm and look good while doing it! Here are some [fashion tips](#) on how to snag a celebrity styled look on the slopes this Winter.

Get the celebrity hottest celebrity ski looks this Winter!

Kate Middleton's White Jacket: Bundle up in a white jacket similar to Kate Middleton's on the slopes this winter. Match the jacket with black or white ski pants and gloves to complete this royal look!



Kate Middleton
at Klosters Ski
Resort in
Switzerland.
Photo Credit:
Solarpix / PR
Photos

Related Link: [5 Fashion Trends to Make Winter More Bearable](#)

Paris Hilton's Long Geometric Coat: Make a statement in a bold geometric coat while staying warm. Get one size larger than what you normally wear for a coat, so you can have a second

jacket underneath. Layering with the print will really accentuate the colors on your coat.



Photo:
parishilton/Instagram

Related Link: [Date Idea: Enjoy a Date by the Fireplace](#)

Mariah Carey's Cherry Red Down Jacket: This down jacket has the pop of color that your winter wardrobe deserves. Like Carey, see if you can have extra warmth in your hood by finding one that has cotton or faux fur.



Photo:
mariahcarey/Instagram

Related Link: [Top Five Ski Destinations for Celebrity Couples](#)

Hilary Duff's Cotton Top Hat: This classic winter accessory can vary on size, depending on how big you want your cotton top. Choose a brown, white, or black hat so you can coordinate with any jacket or ski pants!



Photo:
hilaryduff/Instagram

Related Link: [Top 10 Romantic Winter Getaways](#)

Ashley Tisdale's Ski Goggles: Protect your eyes in style by getting ski goggles with white and blue hues. Not only will you avoid snow from blocking your sight, but you will look fierce as well!



Photo:
ashleytisdale/Instagram

Which celebrity ski look will you be sporting on the slopes?
Let us know in the comments!

Celebrity Travel: Hotspots in Paris that Celebrities Love



By [Marissa Donovan](#)

Paris might be known as the city of lights and the city of love, but it's also one of the cities celebrities love to live to the fullest! If you are currently searching for your next

vacation on spontaneous getaway, consider visiting Paris! The city has many fun experiences to offer and most likely a celebrity sighting!

Check out these [celebrity hotspots](#) when visiting Paris!

Crazy Horse: Stop in to enjoy the entertainment that Paris has to offer! Stars like Cara Delevingne, [Beyoncé](#), Jay-Z, and others have been spotted watching performances at this fun cabaret bar! Watch the talented Crazy Horse stars dance the night away while you have a few drinks!



Photo:
crazyhorseparis_official/Instagram

Related Link: [Celebrity Travel: How to Travel in Style Like a Celebrity](#)

Café de Flore: Kate Moss and Gigi Hadid are just a few of the famous models that enjoy eating out at the small French cafe! Enjoy breakfast or lunch before exploring the beautiful city. Maybe you will even meet the love of your life.



Photo:
rosariocordeu/Instagram

Related Link: [Top 5 Most Luxurious Romantic Getaways in the United States](#)

Ferdi: This restaurant is favorite of [Kim Kardashian](#), [Kendall Jenner](#), and [Kanye West](#)! Munch on a juicy burger and sip on a rich milkshake at this Paris hotspot. This location is also a favorite of fashion designers, such as Marc Jacobs!



Photo: ferdi-restaurant.com

Related Link: [Vacation Destinations: Unknown Italy 2017](#)

Davé: You are bound to see a celebrity at this hotspot! Check out the many picture on the wall from stars such as [Leonardo DiCaprio](#), Mick Jagger, Tobey Maguire, and so many more.



Photo: soniaround/Instagram

Related Link: [Top 10 Most Romantic Movie Locations](#)

Triangle d'Or: What would Paris be without high fashion outlets? Triangle d'Or is an area of Paris that is similar to California's Rodeo Drive. Outlets such as Gucci and Prada have been the shopping destinations of stars such as Mariah Carey and Madonna. Maybe you might even see a star while passing through this hotspot.



Photo: tiphainef/Instagram

Are there other celebrity hotspots in Paris that people should know about? Let our readers know in the comments!

Fashion Advice: Red Carpet

Looks You Can Rock at the Office



By [Melissa Lee](#)

Celebrities seem to look like they're *always* wearing the most stylish pieces. For those of us that tend to look to the stars for fashion inspiration, it may be a little hard to find work appropriate outfits when we're influenced by the red carpet. If you're trying to maintain a balance between fashionable and professional, use your favorite celebs for outfit ideas to uphold that "office chic" vibe.

If you're in need of some fashion

advice, Cupid's here to save the day with some red carpet looks you can rock at the office!

1. Wide-legged trousers: Hailing from the '70s, these kinds of pants are making a comeback – especially in the office. Stars like Alessandra Ambrosio and Vanessa Hudgens have been seen rocking wide-legged trousers, making them totally celeb-approved. Pair these pants with a tucked-in blouse or button down and you'll look both stylish and professional when walking around the office.



Vanessa Hudgens is a huge fan of wide-legged pants.

2. Blazers: Once seen as a strictly-professional piece, blazers have actually been spotted more and more on the red carpet. With the right shape, blazers can completely transform a rather casual outfit into a work-friendly look. [Kim Kardashian](#) and [Jessica Alba](#) are two celebs that have been spotted wearing blazers numerous times throughout the years.



Kim K rocks a wide-legged pants and blazer combo.

Related Link: [Dress for Success in These Fashion Trends Fit for a Celebrity Lifestyle](#)

3. Pencil Skirts: Similarly to blazers, pencil skirts were assumed to only be worn at work at a point – but celebrities and their stylists have been putting a stop to that assumption. Stars like Jamie Chung, [Blake Lively](#) and Miranda Kerr have expressed their love for this waist-cinching piece. Rock a pencil skirt by tucking in a flowey button down and you'll be good to go for the day!



Jamie Chung's professional yet stylish take on a pencil skirt.

4. Matching Sets: A modern take on the power suit (made famous by Hillary Clinton, of course) is perfect for the office. Plus, if you're running late for work, matching sets are perfect – all you have to do is find a pair of shoes that work! [Victoria Beckham](#) is notorious for rocking matching sets, whether it be when she's working or just taking a stroll with her family.



Victoria Beckham rocks a matching set.

Related Link: [Celebrity Looks: 3 Easy Ways To Dress Like a Celebrity](#)

5. A-Line Skirts: Skirts are an incredibly versatile piece that can be worn for nearly any occasion, but A-Line skirts are particularly great for the office. The best part about picking up a few of these skirts are all the different ways you can wear them. You can make several stylish outfits with the same skirt, just by switching up the top, accessories and shoes. As long as it's a proper length, A-Line skirts are a crucial wardrobe piece for any working woman's closet.



Bella Thorne looks fashionable and professional in this youthful look.

What are some of your favorite red carpet looks to rock at the office? Leave your thoughts below.

Fashion: Celebrity Style Shoes for Affordable Prices



By [Melissa Lee](#)

It seems like celebrities always look amazing head-to-toe, even on the days where they're just running errands and grabbing coffee. If we're being realistic, this is most likely due to the fact that they're rich and able to afford all the best designer pieces – especially shoes! If you're in the market for some celebrity style shoes but aren't ready to drop major cash, Cupid may be able to help you out.

Not only are these celebrity style pieces completely adorable, but they're also affordable! Check it out!

1. Pumas: Tennis shoes seem to always be in style, and Puma's line of [Match Low sneakers](#) are a celeb favorite. These shoes have been seen on stars like [Reese Witherspoon](#), who was spotted rocking these with a striped tee-shirt dress. The best part? These shoes are only \$65 – a steal for a pair of celeb-

approved shoes!

2. Vans: Lately, these skater-style sneaks have been all the rage. Vans' notorious [Canvas Old Skool](#) shoes are super in style this season, and have been seen on a ton of celebrities including [Kim Kardashian](#). These trendy shoes are super cheap, coming out to only \$60.

Related Link: [Dress for Success in These Fashion Trends Fit for a Celebrity Lifestyle](#)

3. Hunter rain boots: This line rain boots are not only super cute, but practical as well! Celebs like Cara Delevigne and Sarah Jessica Parker have been seen rocking these at music festivals. Check out these [rain boots](#) and how stars have been styling the stylish shoes.

4. Adidas: Adidas is another line of sneakers that have been super popular throughout the past few years. [Kendall Jenner](#) and [Taylor Swift](#) are only a fraction of the stars that have shown their appreciation toward the company. With a range of different styles and colors, Adidas sneakers never get old – plus, they're easy to dress up or wear casually!

Related Link: [Fashion Advice: 3 Secrets to Finding the Perfect Dress for a Formal Event](#)

5. Nike: Nikes are completely timeless and will always be in fashion. Model Bella Hadid proved this when she rocked an adorable pair of [Nike Classic Cortez](#) sneakers, a pair of throwback shoes that look cute with every outfit. These celeb-approved sneakers ring up at \$70.

What are your favorite celebrity style shoes? Share your thoughts below.

Celebrity Interview: 'The Cycle' Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All



By [Noelle Downey](#)

Aliya-Jasmine Sovani is one of the newest voices at NBC with the talk show she co-hosts, *The Cycle*, now airing digitally to reach a millennial audience. With her show, she strives to make the news more accessible to young people by creating a haven for a well-researched blend of political, pop culture, and sports news that so many viewers wish they could find with just a quick Google search on their phones. And now they can, thanks to *The Cycle*. When she's done at work, the co-host has

a life full of love, laughs, fashion, and friends to enjoy. In our recent [celebrity interview](#), Sovani opens about how she manages to have it all, from her dream job to true love.

Aliya-Jasmine Sovani Spills Details on Her New NBC Talk Show *The Cycle* in Celebrity Interview

While *The Cycle* may be hosted by NBC, one of the biggest networks around, Sovani insists that this new digital take on a talk show is bringing something brand new and accessible to younger viewers – and a lot of that has to do with the tone of the show. “Imagine Anderson Cooper doing the six o’clock news and then going home in the evening, and he throws a black v-neck T-shirt and cracks open a beer,” she explains with a laugh. “The way that he would explain his day to Andy Cohen at night over a drink is the way that we try to do the news every day.”

Related Link: [Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards](#)

Of course, it’s not just the tone; it’s also the content, which the co-host says is chosen with younger viewers in mind. “We’ll do all the biggest headlines when it comes to world news and politics, but we also cover sports and pop culture,” she says, “so if Kendrick Lamar drops a new album, we’ll talk about that with the same kind of importance.”

In this new digital world, convenience is everything. Sovani believes it was important to make this show as easy to access on-the-go as possible to match the fast-paced life of most modern millennials. “Our show is completely made to watch on your phone, which I think is really cool and forward-thinking,” the co-host shares. “This is new: the idea of traditional news networks pushing out content to a millennial

audience using digital and social platforms. Being able to be part of that movement, as a storyteller and as a journalist, is really rad and incredibly fulfilling. Not only am I getting to tell stories that I care about, but I'm able to tell them on a platform that I also use to consume information."

***The Cycle* Co-Host Dishes on Her Favorite Date Night**

Of course, with a new show and such a busy work schedule, Sovani has to set some serious boundaries to make sure that she can find time to just relax. So what are her secrets for achieving that perfect work-life balance? "I live about three blocks from the ocean. I have a little rescue mutt, and I bring him to the ocean every single morning, and that's kind of my tranquility," she says in our celebrity interview. "I also have a rule at home: I don't have my phone in my bedroom at all. I won't even use it as an alarm. And I have a 'no weekends' policy. So the only time I'll check my email and my phone on the weekends is on Sunday night at 6 p.m., just to get ready for Monday."

During these social media and digital fasts, Sovani still has plenty to entertain her: "I just let my weekends be about me and my dog and my boyfriend," she enthuses. "We really like to go out for brunch, and we spend a lot of our weekends at the ocean. For me, that's everything."

Related Link: [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

Sovani isn't just making strides in her professional life; she's also taking big steps in her [celebrity relationship](#). She admits that this is the first time she's ever lived with a boyfriend, so she's concentrating on keeping things fresh and fun. "I think it's very easy to get into a routine where all you guys talk about is work when you get home," she explains,

“so we decided to try to go to more comedy shows! Instead of just doing a dinner [date night](#), we decided to start doing ‘dinner and comedy’ nights. We’ll see the show, and then we can go for dinner and talk about it and the world at large.”

So is laughter truly the best medicine? For Sovani and her special someone, it certainly is. “I think that it reminds you of why you were intellectually attracted to that person,” she reveals. “For both of us, that’s what we find really attractive about each other. So that’s been a great addition to our relationship.”

Aliya-Jasmine Sovani Reveals Her Go-To Fashion Item

Of course, whether in the office or on date night, Sovani is committed to looking fantastic. And there’s one item that she just can’t live without: “Sheath dresses are my new thing that I love in my 30’s,” she gushes. “I have these really great leather Oxford booties that I wear with my sleeveless sheath dresses and maybe a blazer thrown on top for work. Then, in the evening, all I have to do is replace those shoes with a cute pump and my briefcase with a nice little Chanel bag. That’s been my new date night trick.”

Related Link: [Fashion Advice: Choose the Perfect Date Night Dress](#)

With style tips as good as that, Sovani is clearly in-the-know when it comes to trends, and her knowledge of [celebrity news](#) is just as on point. Her favorite bits of celeb gossip right now are focused on two powerhouse ladies: [Kim Kardashian](#) and Serena Williams. “I read a headline about how Kim is being really open about getting a surrogate to have her next child. I know for many woman, that’s been a taboo topic,” she says. “So I think it’s really interesting that she’s being very open with it. It’s opening up a dialogue for women who

might not be able to have children and who have thought about that.”

And it turns out the journalist is also a huge fan of how Williams recently shared her pregnancy photos. “I think that’s really incredible because she has this iconic strong female body and all women are pressured into looking certain ways,” Sovani explains. “Female athletes especially spend so much time conditioning their bodies, so for her to flip the switch and watch her body transform publically is really brave.”

Tune into The Cycle and follow Aliya-Jasmine on Instagram [@AliyaJasmine](https://www.instagram.com/AliyaJasmine) for more from this up-and-coming millennial news superstar!

Celebrity Baby: Kim Kardashian & Kanye West Hire Surrogate for Third Child





By [Marissa Donovan](#)

[Celebrity couple Kim Kardashian](#) and [Kanye West](#) have decided to expand their family! Kardashian mentioned wanting more [celebrity babies](#) during an episode of *Keeping Up With The Kardashians* that aired in March. The [celebrity parents](#) are now making it official by hiring a surrogate. Doctors have warned Kardashian that getting pregnant again would be dangerous for her health. According to [UsMagazine.com](#), the surrogate will be paid “\$45,000 total in 10 installments” and will be given additional money if she loses reproductive organs or delivers multiple children.

There’s soon to be another West celebrity baby joining the ranks! What are some options to consider if you can’t naturally have a

child?

Cupid's Advice:

There are many alternatives to bringing a child into your family. Check out this [parenting advice](#) for those wishing to expand their family:

1. Become a foster parent: Take the responsibility of being a child's caretaker. Research programs and their guidelines on how to apply. Check to see if your lifestyle meets their criteria for becoming a foster parent. Training programs to become a foster parent are available if this option feels right for you.

Related Link: [5 Celebrities That Have Been Adopted](#)

2. Adopting from teen mothers: Many young parents lack the financial stability for raising a child. Programs such as [Lifetime Adoption](#) help you find young mothers that are currently searching for loving families to welcome her child.

Related Link: [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

3. Finding a surrogate: Like the [celebrity couple](#) mentioned above, find a service that matches you with women willing to carry your child. Having a surrogate might be the best option for your lifestyle.

Do you have any baby name ideas for Kim Kardashian and Kanye West? Leave your suggestions in the comments!

Popular Vacation Spots That Celebrity Parents Love



By [Melissa Lee](#)

With summer right around the corner, it's no surprise that [celebrity couples](#) (and their kids) have been traveling all around the world. While our favorite celeb families make the trek from continent to continent, we get to swoon over their adorable Instagram posts and see what the latest getaway spots are.

Look no further for the most popular vacations spots that

celebrity parents adore!

These luxury spots already have the seal of approval Hollywood's cutest celebrity families:

1. Morocco: In March, [John Legend](#) and wife [Chrissy Teigen](#) took their 11-month-old baby girl, Luna to the African city. The family never shied away from sharing their experiences on social media, especially their adoration toward Marrakesh. In fact, according to [EOnline.com](#), Legend and Teigen visited Morocco in 2015 as well.

2. Italy: Before [Beyonce](#) shocked the world with the announcement of her second pregnancy, Queen B and [Jay Z](#) took their daughter, Blue Ivy to Italy in September. The adorable family went to lunch in Nerano, and completed the trip with eating seafood on a yacht.

Related Link: [Top 5 Romantic Getaways in the Northeast U.S.](#)

3. The Bahamas: In a recent celebration for [Kanye West](#)'s 40th birthday, he took his wife [Kim Kardashian](#)-West and their two kids, North and Saint to The Bahamas. The family stayed for four days and, in typical Kardashian-West fashion, rented out the entire island.

4. Hawaii: *Real Housewife of Orange County*'s Meghan King Edmonds and husband Jim Edmonds took their baby girl Aspen to Hawaii. As if the getaway wasn't already cute enough, Meghan and Aspen wore matching bathing suits and hats on the beach!

Related Link: [5 Celebrity Couples Who Look Hot at the Beach](#)

5. Disney: Former *Freaks & Geeks* star Busy Phillips and her husband, Marc Silverstein, along with their two daughters, Birdie and Cricket, went the classic route when they boarded a Disney cruise. The family indulged in some Mickey-shaped ice cream, with Phillips sharing her love for Disney on social

media every step of the way.

What's your favorite family vacation spot? Leave your thoughts below.

These Celebrity-Approved Denim Shorts Are the Cutting-Edge Fashion Trend for Summer



By [Marissa Donovan](#)

Need to spice up your wardrobe and try something new for your summer look? Many celebrities are inspiring us to

wear Bermuda-style denim shorts. This may be a fashion trend your friends have been posting on Instagram as of late. In fact, these shorts are great for making your summer outfits a little edgy! This style can range from cuffed with minimal fading to distressed denim with large holes. The summer heat is here, and instead of wearing jeans, try these shorts with your everyday looks!

Fashion trends like this one are super easy to incorporate with the clothes you already own. Check out our examples of how to rock these shorts this summer!

1. The Kardashian Distressed Look: This trend setting family has been adding these shorts with many of their outfits. [Khloe Kardashian](#) even designed her own for her [Good American](#) fashion line! Kourtney and Kim have also been spotted wearing these shorts with heels and a light colored top. This will match the fading or thread of the denim. This is a dressy, yet casual look that's perfect for a [date night](#)!



Photo: [espresso](#) /

Instagram

Related Link: [Kim Kardashian's Daytime Date Looks](#)

2. The Duff Cuffed Look: On a few occasions [Hilary Duff](#) has been seen wearing these shorts. She prefers her shorts to be cuffed with small holes in the pant leg. This style will make your whole outfit look clean cut and adorable! These shorts go great with a comfortable hoodie or chic tank top. Small heel wedges or jeweled sandals will matched this relaxed style. It's a great look for a quick coffee run or a shopping day!



Photo:
meganbrooke_shopstevie/
Instagram

Related Link: [Celebrity Looks: 3 Easy Ways To Dress Like a Celebrity](#)

3. The Faded Denim Hadid Look: Supermodel Gigi Hadid has been wearing these extra faded denim shorts effortlessly! Hadid wore a flannel with heels to make the look bold and fearless. If you don't feel comfortable in heels, try black boots or wedges to make the fading of the jean more prominent. Flannels or just a basic top will really bring the outfit together. Try this look out for a fun summer concert and see how many compliments you get!



Photo: poe_and_arrows/
Instagram

You can find these style shorts in many departments stores or online. If you're on a tight budget, go to Youtube and search for a DIY tutorial video on how to update your old jeans into trendy summer shorts!

How would you wear this celebrity fashion trend? Leave your ideas in the comments!

Date Idea: Dress Boo-tifully for Halloween





By [Melissa Lee](#)

Stumped on fun date ideas for the weekend? Halloween is coming up, and there's no better time for coordinated outfits than this spooky holiday.

Whether it's with your special someone, or a group of all your special people, dressing up and going all out on Halloween is a must! Check out our date ideas.

If you're celebrity conscious, there are some great and easy celeb pairings for you to dress as this year. The standby is Beyonce and Jay Z, with Miss B wearing her "Single Ladies" leotard and Jay Z sporting all Rocawear. Another option for the more rock-and-roll couple, is Russell Brand and Katy Perry. There is an assortment of wigs to fit Perry's ensemble and for Russell, those who want to wear shirts need not apply.

Related Link: [“Fall” In Love](#)

For the more literary minded, celebrate the upcoming *Harry Potter and the Deathly Hallows* release by dressing as Harry and Hermione. This costume idea can be easily expanded to include a larger group as well. Another fantastical literary couple would be Bella and Edward from the *Twilight* series.

Related Link: [Date Idea: Laugh Out Loud Fun](#)

And lastly, while Lady Gaga is undoubtedly going to be popular choice this Halloween, you can even make that a group costume, too. This is mostly for the ladies, but brave men can rock it, too! Gather up your friends and strut your stuff in Gaga's most outrageous outfits – from the meat dress to the Kermit the frog ensemble.

Have a favorite couple costume of your own? Comment below and share with our other readers. Until next week, Happy Halloween!