

# Kim Kardashian Enjoys the Single Life



Kim Kardashian is embracing her new role in life – the single life, reports [People](#). The reality star says it was difficult to see both her sisters settle down while she chose a more career-oriented path. Kim Kardashian admits, “I have always been the one in a relationship. I like that role, I want that best friend partnership.” Today, Kim feels more comfortable being single and has stopped jumping from relationship to relationship. **What can you do to embrace the single life while waiting for Mr. Right?**

## **Cupid’s Advice:**

Having time to enjoy and nurture your relationship with yourself is just as important as doing so with a partner:

- 1. Embrace life:** Being single is a great time to focus on other aspects in your life, such as school or your career.

You can throw your heart into new projects without the need to feel guilty.

**2. Date yourself:** It can be scary to try new things when you're single, but eating alone at a restaurant (sans cell phone) or going to a movie solo can be very empowering to the single soul.

**3. Take time for you:** Being single is a time when you can focus on yourself; join the gym, sleep in late, or travel. This is the time when you don't have to ask for advice and you have free reign to take on a new hobby.

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## Scott Disick Befriends Old Adversaries



Kourtney

Kardashian's beau Scott Disick is known for his temper, but as of last week, the new father seems to be making changes. Disick, 27, has frequently been caught badmouthing Kim Kardashian's best pal, *Spin Crowd* star Jonathan Cheeban. At a country club in New Jersey last month, Disick was overheard "...talking sh\*\* about [Cheeban] real bad," revealed a source. Disick claimed that Cheeban would be nobody without him. The source assured [RadarOnline](#), "Cheeban is a good guy and has turned the other cheek." Despite their differences, the two seemed friendly at Ciara's birthday bash in Manhattan. Says the source, "They seemed to be getting along great and even grabbed dinner together after the event." **How can you be friends with your partner's pals?**

### **Cupid's Advice:**

Though you should always try to be friendly, rules about befriending your beau's buddies have always been a bit unclear. Here a few tips to keep the friendships involved (and your relationship) healthy:

- 1. Make your beau your priority:** While it's great to make new friends, you need to make sure that your partner isn't feeling left out. Your mate is your number one priority. Don't become better friends with his buds than with him!
- 2. Don't get too friendly:** While your partner will love to see you branching out and having a good time, jealousy may not be too far around the corner. Make sure your new relationships with his pals are (and appear to be) completely platonic. There's no need for silly drama!
- 3. Be cautious:** It may seem like you're becoming good friends with your beau's buds, but you need to be a little cautious of how much you say around them. Their loyalty ultimately lies with your beau, and they will probably spill some of the things you reveal to them.

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# 'Millionaire Matchmaker' Patti Stanger Against a Kim Kardashian and John Mayer Union



Patti Stanger

doesn't have her own show *Millionaire Matchmaker* for no reason. After the *New York Post* reported that reality star Kim Kardashian was spotted out and about in NYC with singer, John Mayer, Stanger had some serious advice to share: "No! He's a douche bag." [US Magazine](#) caught up with the matchmaker to discuss whether she thought there would be fireworks or if the date would be a disaster. Stanger insisted, "She'd chew him up and spit him out and chew him up again." If his dating history with celebrities such as

Jessica Simpson and Jennifer Aniston wasn't reason enough, Stanger insists, "Kim's a class act, so I'd never put her with him." While Mayer might not be the one for Kim Kardashian, there is hope for love in her future. The *Millionaire Matchmaker* believes Kardashian needs "an A-list actor who likes a brunette hottie...She needs someone who is strong, who will allow her to build her empire. She needs some one serious." Sorry, John; maybe next time.

## **What are some tell-tale signs of a player?**

### **Cupid's Advice:**

While you might not have the advice of a matchmaker at your disposal, with these helpful hints you'll surely be able to weed out the rogues from the real gentlemen:

- 1. Midnight phone calls:** While it's great that he wants to hang out with you, phone calls or text messages consistently coming after midnight should have you concerned. What are his intentions? And at that hour, are you the only one he's been talking to that night?
- 2. Rumor mill:** There is a reason Hollywood starlets are wary of John Mayer. When rumors circulate, you can't always tell what's fact and what's fiction. But when your friends voice concerns, listen up! They have your best interests at heart.
- 3. Authenticity:** When it comes to getting to know you, if you feel like he's simply asking questions without really being concerned with the answers, trust yourself. Not being genuine in probably just the beginning of disappointment. Chances are his insincere side will be sure to follow.

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# Kim Kardashian Blames TV for Lack of Love Life



Kim Kardashian's not too happy with sharing the spotlight, but it's not her sisters she's worried about – it's her boyfriends. The reality star is planning on staying single for awhile, and blames the constant camera attention for complicating her love life.

Kardashian told [US Magazine](#) that being single “is a lot easier” than trying to “figure out who likes me for really me (and) who wants to be on a show.” The star's ex, Dallas Cowboys' player Miles Austin, reportedly loved the attention he got from Kardashian's show. As she prepares to begin shooting *Kim and Kourtney Take New York*, in which Kim and her sister will open a new boutique in the Big Apple, she looks forward to remaining single. “This was like, for me, the perfect time to come to New York, because I'm single,” she

says. "I just felt like I kind of wanted a fresh start."

**What are some things that get in the way of love?**

**Cupid's Advice:**

Relationships can be a lot of work, and there tends to be obstacles nearly every couple has to overcome. Cupid has some ideas on how to work around these issues:

**1. Time:** Like most things in life, relationships require a lot of time in order to flourish. While it may be difficult to balance all the aspects of your life, try to take at least 15 minutes a day to show your partner that you care about him or her.

**2. Distance:** Particularly in new relationships, distance can cause some issues. If you're not living together, try to make sure you communicate in some small way daily, even if it's just a text that says "hi" – that way, you'll stay on each others' minds.

**3. Harmony:** Variety can add depth and health to any relationship, but balancing opposing viewpoints or interests can make things tough. Stay open-minded about what your partner likes, believes and wants, but make sure you also stay true to yourself. Make sure to communicate about conflicts when the need arises.

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**Kim Kardashian is Single in the City**



Many changes are happening famed reality star Kim Kardashian's high-profile life. Along with moving to New York City for the new series *Kourtney and Kim Take New York* set to premiere in January, for the first time in a long time, this Kardashian sister is also single. Since the socialite is known for both her curves and arm candy, such as ex-boyfriends Reggie Bush and Miles Austin, her new relationship status is somewhat of a surprise. According to [RadarOnline](#), Kardashian recently spoke with Ryan Seacrest on KIIS FM show and confessed that she needed to get away from her usual routine. The relocation couldn't have come at a more perfect time! She then bravely announced, "I'm officially on my own... now I'm the single one in New York!"

**How do you find love in New York?**

**Cupid's Advice:**

Every year, countless singles bravely leave their small town lives behind in search of love and success in the Big Apple. Unlike Kim Kardashian, however, most newcomers to New York City aren't armed with a high rise apartment or on V.I.P.



guest lists. Even with the glitz and glam of the celebrity life, New York is by far the hardest place to find love, but the best place to be in love:

**Related:** [Enjoy The Big Apple](#)

**1. Never turn down an invitation:** Living in a big metropolis like NYC can be tiring and overwhelming much of the time. Though you may feel like giving up, force yourself to get to even the smallest of events, such as your friend's housewarming party. Though everyone seems to fixate on high-end bars and four-star events for meeting their next lover, some of the biggest connections are made far more casually. Don't miss out!

**2. Become self-sufficient:** If you don't meet anyone right away, really get to know yourself. Though it has an incredibly high population, New York can be a very lonely city. Don't be afraid to be alone. Take this time to focus on hobbies or your career. Who knows? You could end up meeting your next partner that way.

**3. Explore new places:** Even in a city with countless things to do, it's very easy to get stuck in the same routine and going to the same places week after week. Explore a different part of the city for once, even if it means having to take an extra subway ride. You are never going to meet anyone new if you don't branch out.

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# Is Miles Austin Less Famous Without Kim Kardashian?



Dallas Cowboys

player Miles Austin and reality bombshell Kim Kardashian may have recently split, but neither of them are feeling much remorse. But Austin does miss the attention that came with dating Kardashian. An insider told [Us Weekly](#) that the athlete “liked [Kardashian] to an extent, but he loved the publicity a lot more. Sitting on the floor of the Lakers game with her was better than any commercial of him that would ever run.” Kardashian wasn’t the only person used in the relationship, however. She would bring her NFL beau when she needed a date for an event. Though the relationship didn’t work, the pair are both moving forward. States the insider, “[Austin] thought [Kardashian] was cool, but by no means is he heartbroken.”

**Is your beau dating you for the right reasons?**

## Cupid's Advice:

It may seem like the perfect relationship, but always be wary of ulterior motives. Cupid has a few tell-tale signs of a hidden agenda:

**1. Eagerness:** He wants to take you everywhere. He wants to tell all of his friends that he's dating you and shows no restraint in his excitement. While this may be legitimate, it could also mean that he's only interested in trying to impress others. Make sure he's still excited when you're alone together, too.

**2. Reluctance:** The opposite of eagerness, his reluctance to talk about you with his friends could mean that he's shy, or it could also mean that he's ashamed. He may feel that you are only a temporary solution, and not worth his time or excitement.

**3. You're out of his league:** If you have turned down most of his friends, then chances are part of him views you as a challenge. While you may be genuinely happy, he may only be thinking about how successful he is in dating a girl like you.

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# Reggie Bush's New GF: A Kim Replacement?





NFL player Reggie

Bush may have recently broken things off with Kim Kardashian, but he didn't spend much time mourning. Bush has recently been spotted in New Orleans with *Maxim* model and singer Mayra Veronica, a Cuban beauty reminiscent of Kardashian. "Mayra doesn't want to be Kim's replacement. She wants to make sure there's a special place in [Reggie's] heart just for her," said an insider, according to [RadarOnline](#). Bush and Veronica's relationship started as a summer fling, and the relationship has only grown since then. Though Veronica has been busy promoting her new single, "If You Wanna Fly," she made sure to clear her schedule when Bush was in California. Those close to the couple say, "They really can't wait to see each other. They just love spending time together."

**How can you avoid replacing your ex with the same type of guy?**

### **Cupid's Advice:**

Kim Kardashian has been accused of chasing after the same type of beau, and now her ex Reggie Bush is doing the same thing.

It can be hard to branch out, but there's a reason you're single and looking – because your past relationships haven't worked out. Here are a few tips to help you change things up:

**1. Stop, drop and think:** It happens. You're at a bar and

there's a guy across the room that you can picture yourself dating. But before you pursue the attraction any further, be sure to take a quick inventory of the guy. If you can tell he's no different than your exes, even from first glance, then forget it.

**2. Look at yourself:** While you play a large part in picking your beaus, certain types of men flock to you for a reason. If you continually attract a certain type of guy, try making small changes to your look or the way you act. You may be able to attract Mr. Right.

**3. Walk away:** When you know a guy is no good for you, don't stick around. There's no reason to waste your time in a relationship that will only end in disappointment. Be sure to listen to the warning bells going off in your head.

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## Kim Kardashian and Miles Austin Take a Break





Brunette bombshell

Kim Kardashian has split from yet another NFL beau. [RadarOnline](#) reports that the reality TV star is taking a break from Dallas Cowboys boyfriend, Miles Austin. Even though Kim once said that she'd never date another football player, Cupid has reported on her tendency to date the same type. As with her split from ex-beau Reggie Bush, Kim is spending some time alone post-breakup. A source close to the couple said that the pair split before Kim departed for a European trip to promote her E! show *Keeping Up With the Kardashians*. "It's typical after a breakup for Kim to take some time by herself," the source told RadarOnline. "When she broke up with Reggie, she went to Mexico and now after her break with Miles she went to Europe."

**Is it healthy to go on vacation right after a breakup?**

### **Cupid's Advice:**

After calling it quits, you often need time to yourself to think things over, and sometimes a vacation is the best bet.

Cupid has some reasons it may be okay to take a break after a break-up:

**1. Vacate your life:** Separating yourself from your life back home gives you the time and space you need to mull things over

and figure out what went wrong. Leaving your everyday routine can give you a fresh perspective on what you want out of a relationship.

**2. Spend time alone:** Going away by yourself can help you avoid jumping into another relationship right away. Being alone will remind you how self-sufficient and independent you can be.

**3. Have fun:** After you've spent a considerable amount of time thinking about your relationship, forget it! Enjoy your break, and go all out doing things your ex never wanted to do with you.

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## Kim Kardashian Denies Bieber Dating Rumors





Kim Kardashian has finally responded to the stream of rumors suggesting that she is interested in dating 16-year-old Justin Bieber. The rumors started after Kardashian told George Lopez that, after pairing up with Bieber in a suggestive photo shoot for *Elle Magazine*, she would “definitely” date the pop star if he were 18. But Kardashian wants to make it clear that she’s not interested in the teen, [Starpulse](#) reports. “I’m almost 30, this is illegal, this is disgusting. He’s a cute kid and that’s it. But for the record, I am not dating Justin Bieber and I would not date Justin Bieber.” **Should you date someone older or younger than you?**

### **Cupid’s Advice:**

For the most part, you shouldn’t let age difference keep you from getting involved with someone. Cupid has some tips on how to deal with age difference while dating:

- 1. Listen to yourself:** Don’t let other people’s judgments keep you from dating someone of a different age. Pay attention to how you feel, and tune out the naysayers. Do what makes you comfortable.
- 2. Age is nothing but a number:** Most people date someone who is in or near their same emotional, physical, and professional



stage of life. If your partner is ahead of you in one of those areas, you can help him or her grow. It's a win-win. Let him keep you young!

**3. There is a limit:** In Kim Kardashian's case, dating Justin Bieber is illegal. Breaking the law to date someone doesn't help matters, and it adds a negative element to your relationship that you just don't need. Take a minute to think over your relationship. Can you see a future with a much-older or much-younger partner?

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## Kim Kardashian and Miles Austin Dine at Chili's



Kim Kardashian and

new boyfriend, Dallas Cowboys wide receiver, Miles Austin recently enjoyed the two for \$20 dinner special at Chili's Restaurant. Kardashian had been visiting Austin in Oxnard, CA, where the Cowboys were at summer training camp. As an eyewitness told [RadarOnline](#), "I can't believe it. Kim Kardashian eating at Chili's. It was just funny seeing her get out of her big Bentley and walk into Chili's."

## **Do dates have to be expensive to be meaningful?**

### **Cupid's Advice:**

Spending a fortune on a date does not guarantee priceless memories or even a second date. The five-star experience is great, but you can't buy love. Cupid has some things to consider when it comes to spending money on a date:

- 1. Love is priceless:** It's not about the money you spend on someone, but the connection you make with them.
  - 2. Finding love can be free:** Many happy couples have gotten to know each other by taking a walk together or watching television at home. You don't have to spend money to have a wonderful time with your mate.
  - 3. Make dating a treat:** Once you've made the connection and have money to spend, there's nothing wrong with doing something extravagant. Be a big spender once in a while, but know that how much you spend on someone has nothing to do with the quality of your time together.
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# Kim Kardashian's New Flame



A little over two months after her breakup with longtime boyfriend Reggie Bush, Kim Kardashian has her eyes on yet another football star – The Dallas Cowboy's Miles Austin. After meeting at an L.A. restaurant, the two have kept in touch, and have even gone on a few dates. An insider told [People](#), "It's going really well." While they aren't officially dating, the relationship seems promising. The two are reportedly "taking it slow." A friend of the couple said that Kardashian "thinks he's a really good guy. He's really sweet to her... He thinks Kim is his dream girl." **Is it wise to date the same type?**

## Cupid's Advice:

Sometimes it's easy to find yourself frequently drawn to the same kind of man. Before entering a relationship with yet another "type" of guy, consider Cupid's suggestions:

**1. Are you hurt?** If you constantly date the same type of man

and find yourself hurt at the end of a relationship, then it's time for something new. On the other hand, if your relationships are healthy and usually end with some kind of mutual agreement, then your choice in men is fine the way it is.

**2. Do you ever wish for more?** Similar men typically have similar shortcomings. If your current relationship does not offer all you wish for, chances are, your typecast guy will leave you with the same feelings. Make a change if you're unhappy.

**3. Step out of your comfort zone:** If you've been dating the same kind of guy since high school and find yourself hurt and unhappy in relationships, then you need something different. It may be difficult at first, but putting yourself out there and dating people that you would normally pass by or disregard could prove to be rewarding.

For more info on types of partners, check out [Cupid's interview](#) with Andrea Syrtash's, author of *He's Just Not Your Type* (and that's a good thing).

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## Scott Disick & Kourtney Kardashian Are in a "Good Place"





Scott Disick's out-of-control alcoholic behavior in past episodes of *Kourtney and Khloe Take Miami* has left the Kardashian sisters worried. However, the girls say they have seen huge changes in Kourtney's beau. In an interview with [E! Online](#), Kim defends Disick, saying, "I have seen a big change in Scott and I have actually seen him make a transition." Kourtney added, "We're in a really good place," but admits that it's hard to watch these episodes. "I think that it escalated to a point where he would even get scared," added Kim. "He has made so many changes that are so obvious that I can't help but accept him now."

## **Can a leopard change its spots?**

### **Cupid's Advice:**

Change can be hard – should you ever expect someone to truly change their habits? Cupid has some advice to help you weather the storm:

**1. The want to change:** According to psychotherapist Michelle Gottlieb, "People can change if there is enough motivation." It's harder to change personality traits, compared to habitual traits like Disick's, but in both cases, it *is* possible, depending on how much effort and willpower a person puts

forth.

**2. Roadblocks:** As people encounter roadblocks, they are most likely to slip back into their old habits (e.g. you've quit carbs but your friends eat them in front of you, which may make you order carbs). Make your attempt at change public so your friends and family are less likely to put you in tempting situations.

**3. Slow and steady:** Just because you decided to make a change in your life doesn't mean that you have get there by tomorrow. Make realistic goals, like smoking one less cigarette each day. Take your time, and the results will slowly progress.

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## Kim Kardashian Supports Ex Reggie Bush





After several breakups, Kim Kardashian and Reggie Bush seem to be on friendly terms these days. With the controversy surrounding Bush over his Heisman trophy and his USC career, his reality TV star-ex backs him up 100 percent. “Reggie worked hard for that Heisman and deserves it. He earned it!” Kardashian told [People](#) last week. The NCAA ruled that the 25-year-old New Orleans Saints player had violated the association’s rules by accepting expensive gifts during his stay with the USC. Kardashian added, “I really don’t think it’s fair to give it back.”

### **When is it appropriate to defend your ex?**

#### **Cupid’s Advice:**

Whether you’re single or in the arms of another, an ex calling for support should be answered with caution.

**1. Reciprocation:** Sometimes an ex isn’t calling simply because they want someone to lean on. If your ex has a tendency to do this, ask yourself, “What’s in it for me?” You don’t need to listen to someone else’s problems if this person isn’t in your life anymore.

**2. Emergencies:** If your ex is calling because his or her car broke down and you’re the only one available to turn to, then

he or she probably doesn't have ill intentions. If *you* were in the same situation, would you reach out to your ex for help? If so, go ahead and lend a hand.

**3. Opinions:** Supporting an ex through a tough time may lead to misleading statements. If both of you are clear on where your relationship stands, then these comments, as seen with Kim Kardashian, can simply be considered an opinion.

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## Kim Kardashian & Reggie Bush Reunite



Last week's [OK! Magazine](#) cover story reported that Kim Kardashian of E!'s *Meet the Kardashians*, is back together with former lover, Reggie Bush, NFL star for the New Orleans Saints. According to the article, Kim's mother Kris Jenner's



intervention and conversation with Bush was powerful enough to convince him that the duo wasn't done just yet.

**What are some of the signs that your breakup is temporary?**

### **Cupid's Advice:**

Kardashian and Bush have been on-and-off again for reasons only the two of them know about. However, they seem to make a great match every time they get back together. If you and your mate are in a similar situation, you may wish to look at the following reasons your relationship is on a roller coaster ride:

**1. Bickering about every detail:** Many couples find themselves acting overly critical of their mate's annoying habits, such as eating in bed, or leaving the empty milk carton in the refrigerator. This is usually a sign that you need to learn how to communicate more effectively.

**2. Too much time together or apart:** If you find that you're take separate paths, or conversely, stepping on each others' toes, the lack of a strong connection can lead to anger or frustration. Talk about your feelings to help understand why either being in close contact, or always being away from each other is so bothersome.

**3. You can't stand to be apart:** Many relationships seem perfect on the outside, yet on the inside they are incomplete. When you break up with someone, it could actually be a cry for help. Before you end your pairing, try talking about the issues and think back to the reasons you fell in love in the first place.