

# Kim Kardashian 'Doesn't Want a Battle' with Kris Humphries

Despite the fact that Kim Kardashian had considered getting an annulment herself, it still came as a surprise when Kris Humphries filed for one himself. According to [People](#), "Kim doesn't want a battle." She wants to part ways with her ex amicably. Humphries requested the annulment this past Wednesday on the grounds of fraud, and if he receives the annulment, it will be as if their wedding never took place. Kardashian had wanted an annulment, but was told it would be too difficult to prove and decided to go with a divorce petition instead. According to sources, "the split was devastating" for the reality starlet.

**How do you keep your divorce proceedings peaceful?**

## **Cupid's Advice:**

When you decide to get a divorce, it can often lead to a bitter parting of ways. Cupid has some ways to keep it peaceful:

- 1. Understand that it will be hard:** Although it's never easy, the end result is best for you and your former spouse. Try to be friendly with each other, but understand that there will be some hurt feelings on both ends.
- 2. Cooperate:** Don't butt heads with lawyers during the divorce process. If your lawyer or your spouse's lawyer requests information, don't dawdle. It's best to get things out in the open early on.
- 3. Keep stability:** Find a new residence and surround yourself with a close group of friends. Try to go about your normal routine as much as possible in order to maintain stability.

This will prevent you from lashing out.

**What are some ways to keep divorce proceedings peaceful? Share your ideas below.**

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## **Kris Humphries Wants to Dismiss Prenup with Kim Kardashian**

The public hasn't heard much from Kris Humphries since Kim Kardashian filed for divorce, but his plan to annul their marriage could change that, reported [Hollyscoop.com](http://Hollyscoop.com). The annulment would dismiss their pre-nup, which includes a strict confidentiality clause that forbids either party from discussing intimate details of their relationship to the media. No pre-nup would mean no rules to follow, and Humphries could finally speak out. "Kris wants to be able to talk about the relationship without fear of being sued," a source close to Humphries told RadarOnline.com. He filed the annulment under claims that the marriage was a "fraud." He believes Kardashian deceived him as a tactic to benefit her success as a reality TV star.

**What parts of your breakup are best to keep private?**

### **Cupid's Advice:**

After a breakup, your emotions often take a roller coaster ride, but venting excessively to your peers is not the way to handle the situation. Here are a few things you should consider before blabbing your troubles to the world:

**1. Private information:** First and foremost, keep private information private. You may have intimate details and information about your ex, but they have the same information on you. Save yourself the stress and embarrassment, and respect each other's privacy.

**2. Details:** It's ok to talk to close family and friends, but don't become an open book, because you could possibly make yourself look bad. If you're going through a divorce, wait for the final court decision before you start spilling all the details.

**3. Negativity:** You're going to want to talk badly about your ex, but resist if you can. You loved this person at one point, but things didn't work out. Although all you can focus on right now are the negative characteristics of the relationship, dwelling on it isn't good for your image or theirs.

**Did you reveal things about your ex you wish you would have kept private? Share your comments below.**

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## **Kim Kardashian Wears Love-Themed Hoodie Mid-Divorce**

Going through a divorce isn't stopping Kim Kardashian from still believing in love. According to [People](#), the reality star was spotted strolling through L.A. on Friday wearing a Peace Love World hoodie. In addition to featuring a heart on the back, the hoodie read, "I am love," and "Love is not something you are looking for, love is something you become!"

**How do you keep faith in love in the midst of a split?**

## **Cupid's Advice:**

Keeping faith in love in the midst of a split is difficult, but possible. Here are a few ways:

- 1. Keep an open mind:** Understand that not all men are alike, and the reason it didn't work out with your ex is because there is someone better out there for you.
- 2. Talk to family and friends:** Speak with those you trust and see how they made their relationship work, as well as get advice on how to deal with your split.
- 3. Join support groups:** Interact with others and see how they are or have overcome their split in order to fall in love again.

**How did you keep faith in love during your split? Share your experiences below.**

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# **Kris Humphries Files to Annul Marriage with Kim Kardashian**

Kris Humphries is finally taking action. Ex-wife Kim Kardashian filed for divorce on October 31st, but Humphries wishes to bypass divorce proceedings by getting the marriage annulled, reports [UsMagazine.com](https://www.usmagazine.com). Humphries is crediting "fraud" as the reason behind the couple's split, but only because the other options were unfitting. "The whole 'fraud' thing is ridiculous. If the marriage was a sham, he was in on it," said a source. "Did he not see the cameras or get a cut of whatever money was made? The marriage was real. It was just a terrible and unhappy one."

## What are some reasons to annul a marriage?

### Cupid's Pulse:

Annuling a marriage is often much easier and quicker than getting a divorce. Here are a few reasons to do so:

- 1. Infidelity:** If your new spouse is unfaithful within the first few months of your marriage, an annulment will most likely be granted by the Superior Court.
- 2. Bigamy:** If your spouse is married to another person at the time of the marriage, the marriage can be annulled.
- 3. Force:** A marriage will most likely be annulled if one partner forced the other into the marriage, either by making threats, abduction or physical force.

**Have you had a marriage annulled? Feel free to share your thoughts in a comment below.**

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# What Kim Kardashian Taught Me About Marriage

By Liz from WeLoveDates.com

I finally caught Kim Kardashian's wedding special while I was home sick one day, and now there are two hours of my life I wish I could get back. Three days later, when news of her impending divorce broke, I wasn't surprised at all. I mean, anyone who tuned in to her wedding special could tell that the couple barely liked each other. I was originally ready for Kim to go away, but Lord knows I love a great reality show

train wreck. So, I couldn't look away.

While Ms. Kardashian and I couldn't be more different, we also have a few things in common. We're the same age, in love with being in love and have a particular affinity for high heels and hair extensions. I then came to the conclusion that Kim Kardashian could teach me a thing or two about marriage:

**Related Link:** [How to Make Your Marriage 'Easy Breezy'](#)

**Womens Intuition Is Real:** There is a small part of me that actually feels bad for KK. I have to believe that beneath all the makeup, the spanx, and the money, there's a real person with actual feelings. Putting myself in her very expensive shoes, I wonder what I would have done if I had that "this isn't right" feeling in the pit of my stomach. Knowing that when I called off the wedding it would affect so many people and would make me feel bad.

**Money and Marriage Don't Mix:** By Kim selling out her wedding, getting married became part of her job description. This is where it gets tricky, because marriage should be about love between you and your partner ... and that's it. I highly doubt that anyone wants to pay me to film my wedding (if you do, call me!), but this was a reminder to keep my eyes and mind on what matters, and to keep it sacred. The more you treasure it, the more you should protect it.

**Eloping may be the way to go:** I've always wanted a fairytale wedding, but watching this Kardashian sh\*t show has really forced me to re-evaluate my priorities. It seems as if we forget that marriage is not about the wedding day, the dress and the registry. It's about joining your life with someone else's, whether he lives in Minnesota or not, and whether there is an NBA lock-out or not. There's simply too much emphasis placed on the wedding, and not on your future life together.

**Related Link:** [Advantages of Eloping](#)

And, ladies and gentlemen, I want the life. I want that happily ever after.

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## **Kris Humphries Mocks Kim Kardashian's Weight Pre-Split**

The marriage may be over, but the season has yet to air. New footage from the upcoming season of *Kourtney & Kim Take New York* showed then-newlyweds Kris Humphries and Kim Kardashian flirting around in a negative light, reports [UsMagazine](#). In the clip, Humphries picks up Kardashian and says, "God, you ate a lot of wedding cake!" Though joking, a source says that Humphries frequently criticized his wife. "He belittled her in front of people," said the source. "He'd call her stupid. It was truly sickening."

**What are some ways to deal with your partner's criticism?**

### **Cupid's Advice:**

When your partner wants to make a change, they may not go about it in the most polite way possible. Here are a few ways to deal with your partner's criticism:

- 1. Take their advice:** Often times your partner's criticism is just poorly phrased advice. Tell your partner that their tone is offensive, but take their advice into consideration.
- 2. Ignore them:** If you feel your partner's criticism is irrelevant, then ignore it. If the criticism has no effect on you, then your partner may stop trying to make a change.

**3. Confront them:** When criticism becomes frequent, it is time to confront your partner. Tell them that their criticism is hurtful, and ask them to stop.

**Have you ever had a critical partner? Feel free to share your experiences in a comment below.**

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## **Giveaway: How to Run an Ad Campaign to Get More Dates**

*This post is sponsored by Robert Manni.*

By Robert Manni

In my novel, *The Guys' Guy's Guide to Love*, our main character, Max Hallyday, writes a column for a women's magazine doling out regular guy-style sagely advice to the ladies. He advises them about how men think and how to get them eating out of your hand. He takes a tough love approach, but he is honest and well intended. As a result...well, you'll have to pick up a copy of the book to find out what happens.

Let's follow Max Hallyday's lead and find out how to successfully advertise yourself in order to find lasting love.

Whether you're selling love or mayonnaise, the same rules apply. Here are five steps:

### **1. Know your target market.**

Men and women spend a lot of time trying to figure each other out, but they may not take the time to explore what is going on within the culture of the opposite sex. For example, do you think guys know that today's women have different needs?



In the past, relationships had major financial implications. Guys paid. Today, women are self-sufficient, so guys need to address a woman's other needs. For guys, this is a very good thing as long as they are interested in fun, friendship and really getting to know a woman.

## **2. Know your brand.**

Look at how challenging it is for people to draft an online dating profile. There's so much going on around us that many folks do not take the time to sort out who they really are and what they really want. They usually want a lot of things, but a lot of it is reactive and propagated by the media. Do you really need hair like Jennifer Aniston or a booty like Kim Kardashian?

**Related:** [New Dating Apps to Manage Your Love Life](#)

## **3. Know what your target wants.**

Yes, that means that it is not all about you. That may be news to some, because many women and men feel entitled to the object of their desire, just because. C'mon, you've been there. If single men and women shifted their focus to what their prospective paramour really needs, there would be a sea change in dating. This is an area that is most often overlooked.

## **4. Be fresh and fun.**

It's easy to fall into line and continue following the same routine. Everyone is crazy busy, and who has the time to be creative anymore? You do. When you start thinking out of the box, your prospective partner will know and appreciate that you went the extra mile for them, whether it be a picnic for two in the park with a bottle of their favorite Chardonnay or tickets to the Met. Going the extra mile is noticed and appreciated. I still remember all the good things about a past relationship because of that stained glass window she had

custom-made for me featuring a seascape since I have a place near the ocean. That was cool.

**Related:** [Date Idea – Inspire Your Date with Art](#)

## 5. Ask for the order.

If you feel that you've done your homework and know who you are and who he or she is, and you still think that there is a chance that you'll avoid a battle to the death over who gets the iPad, then go ahead and let him know that you are available and that you've got what it takes to rock his world.

Most likely he'll be more than appreciative. He'll be yours.

*Robert Manni is the author of The Guys' Guy's Guide to Love and is a successful advertising industry veteran who has experienced the NYC single life first-hand for many years.*

*His book offers an insider's look at New York's cutthroat yet alluring agency and media world, as well as a Madison Avenue perspective on how to use one's "creative selling" skills to seduce, date and sustain a relationship in a city full of savvy men and women.*

~~**GIVEAWAY ALERT:** Cupid's Pulse has teamed up with Robert Manni to give a copy of The Guys' Guy's Guide to Love to one lucky reader! To enter, comment on this post below. Please be sure to use your real email address so we have a way of contacting you if you win – don't worry, your address won't be shown. If your email is not included, you will automatically be ineligible to win. This giveaway will run until **11:59 PM EST on Wednesday, November 30.** Good luck!~~

**This giveaway is now closed.**

**\*Contest restricted to residents of USA/CA**

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# How to Avoid the Reality Show Relationship Curse

By Brea Gunn

One more Hollywood divorce has entered the official records. Kim Kardashian and Kris Humphries' fairy tale marriage lasted less than three months. Say what you will, but I think that this whole mess could have been avoided if they made their relationship more private. When you live your life so publicly, I'm sure that it's difficult to separate reality ... from reality TV. Even so, it seems that many stars have been swept away with the ratings, only to realize that they aren't as perfectly matched as they originally thought.

Why don't we start at the beginning of the end? Here are seven former celebrity duos whose relationships may or may not have dissolved as a result of being featured on reality TV:

**1. Jessica Simpson and Nick Lachey:** We all fell in love with Jessica Simpson and Nick Lachey on their series, *Newlyweds*. She was so sweet and innocent, and he was her protector. Unfortunately, they split shortly after their show wrapped in 2005.

**2. Carmen Electra and Dave Navarro:** This former couple took a run at reality television, too. They split while planning their wedding because they had agreed to air their plans on MTV and couldn't make up their minds.

**3. Hulk Hogan and Linda Hogan:** Hulk and wife Linda split after filming multiple seasons of *Hogan Knows Best*.

**Related:** [Hulk Hogan Supports Ex's Engagement](#)

**4. Jon Gosselin and Kate Gosselin:** This duo lasted longer than most, but split during their series that focused on them and

their eight children.

**5. Travis Barker and Shanna Moakler:** Remember *Meet the Barkers*? The former couple filed for divorce after only two seasons ... and two and a half years of marriage. This on-and-off again couple is still a little confused about whether they should be together or not.

**6. Christopher Knight and Adrienne Curry:** Christopher Knight, a.k.a. Peter Brady, and his love, *America's Next Top Model* winner Adrienne Curry, split in May of this year. Apparently their show, *My Fair Brady* wasn't enough to keep them together.

**7. Kim Kardashian and Kris Humphries:** Let's face it: This whole debacle is going to be well overplayed while their divorce is pending.

**Related:** [A Reminder About Relationship Mistakes to Avoid](#)

The question is, what can you learn from all of these couples? A lot, actually. And your other half will thank you. Here are a few quick tips:

### **Have a Courtship**

It's old fashioned, but it's necessary. Kim and Kris dated for six months and look where it got them. Yes, Khloe and Lamar were engaged and married much faster and they are happily married, but they're the exception, not the rule. So take your time and date your mate a while before deciding on marriage. You'll learn more about each other, and be more prepared for a lifetime.

### **Watch for Warning Signs**

I don't want anyone to be paranoid, but think about this: how often did Kim and Kris fight during their relationship? I'm not talking about the little disagreements, like where to have dinner. I'm talking about kids, your home, and money. If you can't come to an agreement that makes you both happy, you're

not going to be happy, and you'll follow in some pretty famous footsteps.

### **Discuss the Big Stuff**

Before the wedding, hash out all of the big issues. Discuss kids, money, location, pets and general life preferences. These are big items that you need to agree on before you walk down the aisle.

And after you've tied the knot, how do you keep your relationship going strong? The most important thing is to remember three simple words: I love you. Say them, and then say them again.

*Brea Gunn writes about the best Westchester wedding venues. Check out what these wedding business marketing insiders have to share.*

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# **Kim Kardashian: Starring in Her Own Life Story**

By Amy Beth O'Brien

Regardless of what you may think of the Kim Kardashian/Kris Humphries whirlwind marriage, you have to admire a woman who knows how to play to her strengths. Ever since Kim's life became the subject of an E! reality TV show, her life became a business. Like any good businesswoman, she knew when to cut her losses.

Whereas most women in the non-reality world may have ignored

the inner voice that told us we were [making a mistake](#) with our marriage and then spent years trying to make it work, Kim called it quits before anyone invested any more time or money.

**Related Link:** [Kim K's Divorce A Reminder About Relationship Mistakes to Avoid](#)

How many of us would have stuck it out because our parents spent a ton of money on the wedding and 400 guests bought us presents? How many would have been embarrassed to admit they made a mistake? Maybe we would have let it go on for years, had an affair, or brought a child or two into the equation in an effort to do what we thought was the right thing.

After it ended, we'd tell our friends how we knew it wasn't right from the beginning. We just got so caught up in the wedding preparations and the desire for a fairy tale ending that we ignored the nagging inner voice of wisdom that told us we were on a road to nowhere with Mr. Wrong.

**Related Link:** [Kim Kardashian Files for Divorce From Kris Humphries](#)

It's a given that allowing your life to be put on display is probably not the best idea if you want your marriage to succeed, but for Kim Kardashian and Kris Humphries, I suspect they're no different from the thousands of other people who get married every year without enough forethought, only to wind up divorced. It's just that most of us would tie ourselves in knots trying to make it work and spend years in therapy avoiding the inevitable. We'd continue putting on a show for the sake of everyone around us, instead of acknowledging the reality of our lives. After a respectable amount of time passed, we'd finally give in and end it—an undefined amount of time that told society we at least gave it a shot.

Instead of judging Kim's 72-day marriage, perhaps we should

admire her for being a little more real than the rest of us, having the savvy and the courage to play a starring role in her own life, and writing a script where the happy ending isn't the marriage, but in this case, a divorce.

*Amy Beth O'Brien is the author of four-time-award winning book Stuck with Mr. Wrong? Ten Steps to Starring in your own Life Story. Visit her web site at [www.amybethobrien.com](http://www.amybethobrien.com).*

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## **Kim Kardashian's Divorce: A Reminder About Relationship Mistakes to Avoid**

By Rosalind Sedacca, CCT

Sadly, celebrity divorces make all the headlines for all the wrong reasons. They showcase the most unconscious behavior, especially when it comes to relationships. Kim Kardashian's marriage going off track after such a short time is just one more example.

**Related Link:** [Signs that Kim and Kris were Doomed](#)

It appears Kim spent more time working out her wedding details than on determining whether this was a good match from the start. Unfortunately, celebrities are not alone in making this common mistake. Too many couples think no further than the honeymoon plans when contemplating marriage. They have no idea about the complexity behind real relationship issues and the maturity it takes to create a successful long-term outcome.

Divorced couples do, however. They learn through hindsight about the challenges two people face when living together week after week and month after month in today's stress-filled world. It takes awareness, flexibility, great communication skills and the ability to understand your partner's perspective to make a relationship work – and that's just for routine life experiences. Throw in accidents, sickness, job loss and other major stressors, not to mention the complexities that come with having children, and it's easy to understand why so many marriages fail and too often end in divorce.

If you're divorced and looking to find a healthier, happier relationship ahead, or if you're marrying for the first time and want to avoid relationship disasters, here are some tips worth serious consideration:

**Related Link:** [How to Size Someone Up For The Long Run](#)

– **Know your partner well – during the good times and the bad.** It's after you face disagreements or nurse your partner through an illness that you find out with whom you are really contemplating spending the rest of your life. If what you discover makes you uncomfortable, have some serious conversations – or move on before making any further commitments.

– **Don't expect to be "completed," "saved" or "fixed."** No one can fill the void in your inner self. You're setting your partner up for failure if you expect them to fix your problems and love you through your unresolved issues. Do the inner work on yourself first, perhaps with the support of a therapist. Then seek out another soul who has done the same to partner with you.

– **Be hooked on more than just romance.** Happily married couples will tell you that you have to be more than great bed-mates to make a real relationship work. Look for



common values, goals, beliefs and interests. Opposites may attract in the short-term, but you want a marriage based on respect and sharing a future together. If your core values and interests are not aligned, you're facing a tough road ahead.

– **Be your authentic self – and don't change for a partner's approval.** You can't fake your way through a marriage. If you hate sports, the internet or pets, state it up front and find a mate who loves you knowing this reality. It's unfair to hide your true self from your partner, and it's a disservice to yourself pretending to be who you are not. Honor who you are and look for a partner with high self-esteem who loves themselves as well. That's a formula for lasting relationship success!

As Kim Kardashian discovered, money won't buy you a happy marriage. You can't use sensuality as a substitute for good sense. Relationships don't have storybook endings. They require constant attention, the ability to sacrifice and compromise at times, and a heavy dose of respect for the person you brought into your life.

Before setting out in the relationship world, work on your inner demons, let go of the baggage from previous relationships, and take your time in getting to know the special partner you are choosing. There's no magic wand that will make your relationship succeed, but these guidelines will set you on a course that will circumvent a lot of pot holes along the road to happily ever after.

*Rosalind Sedacca, CCT is a divorce and relationship coach. She is founder of the Child-Centered Divorce Network for parents and author of the internationally acclaimed ebook: How Do I Tell the Kids About the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love! She is also co-author of the new book: 99 Things Women Wish They Knew Before*

Dating After 40, 50 & Yes, 60! Her free divorce and parenting tip sheet and coaching programs are available at [www.childcentereddivorce.com](http://www.childcentereddivorce.com). Rosalind's free dating tip sheet and relationships courses can be found at [www.womendatingafter40.com](http://www.womendatingafter40.com).

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# What to Wear to Meet His Family

By Sarah Ellis

If you're in a new relationship, the looming holidays may mean you're a tad anxious about meeting "the family." Naturally, you want to make a good impression, and while it's what's on the inside that counts, your appearance will speak for you before you even open your mouth. What you wear should certainly reflect your personal style, but try to move away from anything that's terribly polarizing and stick with something simple and classic. That means no glitter or sequins, nothing too body-hugging, and nothing low cut or short. Those rules are pretty much a no-brainer, but not everyone keeps that in mind! You don't have to go as far as a turtleneck and pearls, especially if that's not "you" – but try to channel more Olivia Palermo ... and less Kim Kardashian.

**Related Link:** [Etiquette Expert Says Kim Kardashian Should Return Wedding Gifts](#)

Stick with structured and ladylike, instead of sexy and fitted. Olivia knows how to work the classic pieces while putting her outfit together in a modern way. She doesn't look outdated or prudish; she looks fresh and modern – like she was

personally outfitted by Ralph Lauren or J Crew. Here are some tips to help you achieve that look:

**Tip 1:** Choose great fitting basics. Find a color that flatters you. That might be a simple wrap dress, a great pair of boot cut jeans, or a tailored blouse. You'll want the basics to be the foundation for the rest of your outfit.

**Tip 2:** Build with great accessories. This helps you look more polished and professional – and keeps you from looking too plain. Don't overdo it. You want to look like you cared enough to carefully choose your outfit, but avoid looking like you're trying too hard. You can wear multiple accessories, but choose one to be the focus. Maybe it's a statement necklace, or a scarf (perfect for the holidays), or a great structured handbag.

**Tip 3:** Poke around and see if you can find out how his family normally dresses. You don't want to show up in jeans to his family dinner if they typically wear skirts and dresses, and equally embarrassing would be to wear a fancy dress when his family is super casual.

**Related Link:** [Hair Battle Spectacular's Blondie Talks Hair Tips for Dating](#)

So, it's not your appearance that will make them decide whether or not you're a keeper, but it'll ease your nerves as you meet his family and help with that first impression. Just like going to a job interview, you want to look qualified and pulled together. Look great, and you'll feel great!

*Author Bio: As a newlywed, I am fully versed in making impressions on new family members. While I may not be a professional stylist, I pride myself on choosing fashion that*

*looks polished and classic, and I'm always helping friends choose their first date and meet the parents outfits. Although I'm a writer for Handbag Heaven by day, outside of work I take joy in being a matchmaker, a newlywed, and a momma to my precious puppy, Luna.*

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## **Divorce: Kris Jenner Says Kim Kardashian Needs to 'Cry It Out'**

According to Kris Jenner, this past week hasn't been easy for Kim Kardashian as she deals with her divorce from Kris Humphries. Jenner says that her daughter will eventually open up about the issues that led to her decision to file for divorce, but for now she's still trying to sort things out. "She needs to do what she's doing now and cry and figure it out," Jenner tells Extra Magazine. "She's just trying to follow her heart, and she's going to be OK." Recently, Kardashian flew to Minnesota to see Humphries because, "She really needed to talk to him," said Jenner. She was there for less than 24 hours, and the two allegedly met with the pastor who performed their wedding ceremony to discuss what went wrong.

**What are some ways to cope in the midst of a stressful divorce?**

### **Cupid's Advice:**

Going through a divorce can be a hectic and stress-inducing. Here are some ways to make process more relaxing:

**1. Give yourself a break:** Getting a divorce is not an easy task, and it will take a toll on you emotionally and physically. Take the day or a weekend to get away and indulge in some quality 'you' time. Do something that makes you happy.

**2. Don't isolate yourself:** Don't bottle everything up, because you'll inevitably explode. Talk to your friends and family about how you're feeling and what you're going through. Join a support group where you can talk to people going through the same thing. Don't be afraid to get help.

**3. Remember things will get easier:** You may be stressed out now, and things might only seem to be getting worse, but it will get better. Allow yourself to feel the pain you're experiencing so you can get it all out and start fresh.

**How did you cope during your divorce? Share your experiences below.**

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## **Etiquette Expert Says Kim Kardashian Should Return Wedding Gifts**

According to Lizzie Post, an etiquette expert and author of *Emily Post's Etiquette 18th Edition*, Kim Kardashian's plan to give her wedding gifts to charity following her divorce from Kris Humphries is the wrong decision. Post does stress, however, that she's certainly not against charitable giving, according to [People](#). "I don't want to come across as saying that charity wouldn't be a great way to handle it," she says. "It's just that in that case, you're making a charitable donation on someone else's behalf under your name." She goes

on to say that Kardashian would come across as seeming undeservingly “generous” and will get a bit tax write-off because of it. The right way to handle it, she recommends, is returning the gifts to the givers.

**If your marriage dissolves quickly, what do you do with the gifts?**

**Cupid’s Advice:**

It’s an unfortunate circumstance with which to deal, but when your marriage doesn’t last past the first few months, it’s important to know what to do with the gifts you received at the wedding. Here are some options:

**1. Charity:** If you think your guests would be offended at getting their gifts back, consider donating them to charity like Kim Kardashian. Just because Lizzie Post doesn’t think it’s the proper thing to do, doesn’t mean it’s not the right decision for you.

**2. Return to stores:** One option is returning the gifts to the stores they came from, and then giving the money back to your former guests. This eliminates the need for them to go through the trouble to return the gifts themselves.

**2. Return to guests:** If you’re lacking time and energy, send each of the gifts back to the respective givers. Make sure to include a note thanking them for their kind thoughts.

**What should you do with wedding gifts if your marriage dissolves quickly? Share your thoughts below.**

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# Why Kim Kardashian and Kris Humphries Are Calling It Quits

It was just a few weeks ago when over four million viewers tuned into E! to watch *Kim's Fairytale Wedding*, but it only took until the end of the month for the couple to split. They may have been newlyweds, but they were already bickering like an old married couple on the set of *Kourtney and Kim Take New York*. The fighting may have been too much for Kardashian, 31, who filed for divorce from Humphries, 26. After rushing their relationship with a quick engagement and wedding ceremony, along with the added pressures of filming the show, dealing with the media, and attempting to manage their busy conflicting schedules, their 72-day marriage has come to an end. "She rushed into it too fast," a source close to Kardashian told [People](#). "She's holding it together. It's insanely troubling and heartbreaking, but it's a decision she knew had to be made."

**How do you know when to call it quits in a marriage?**

## **Cupid's Advice:**

Has staying true to your vows become a struggle? Here are some signs that it may be over:

- 1. You're beyond annoyed:** If everything about your spouse irritates you and just the sight or sound of him makes you want to leave a room, it's not a good sign. If you find that all attraction has been lost emotionally and physically, you have to consider that you're no longer in a healthy relationship.
- 2. You verbally assault each other:** As husband and wife, it is

your job to support each other, but it can be difficult when every conversation turns into a fight. If you're frequently being critical and attacking each other's self-esteem with the goal to make your spouse feel dejected, then you've clearly lost respect for one another.

**3. You're miserable:** If you're unhappy with your spouse, and you feel like your life has hit rock bottom, it's time to move on. Get rid of the negative energy that's dragging you down, and don't let yourself become a prisoner to your own marriage. Regaining your independence may be the key to finding happiness again.

**Having thoughts of divorce? Share your comments below.**

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## **Communicate This: Signs That Kim and Kris were Doomed**

By Roshini Rajkumar

Most people were taking bets on the marriage before Kim Kardashian walked down the aisle to Kris Humphries. But even Kim's most critical pundits raised eyebrows when word got out divorce papers were filed so quickly after the extravagant wedding.

### **THE SIGNS**

You can find meaning in every visual, verbal, nonverbal, and physical cue. So I was not shocked to hear Kim and Kris would not live happily ever after. Let's start with Kris's last name, Humphries. For those who watch Kim's reality show, you know she waffled about whether she'd take Kris's name or not.



We witnessed fights she had with her mother who urged, if not demanded, her to keep her name as Kim defended her soon-to-be marriage and man. We even saw Kris acknowledging the name was Kim's tie to her late father. In the eleventh hour, Kim kept her own—much to what looked like the surprise of Kris—as the couple signed their marriage license.

## **BODY LANGUAGE**

Body language can say a lot about what's going on inside someone. Let's investigate their on-camera communication. Even as you look at Kim and Kris together, they are a mismatch—in size, in age, and in geographic demographic. All of these elements come across subtly and obviously when you watch their body language. These body language fractures were abundant in the days leading up to the wedding. From a cold wedding rehearsal and Kim pretending to be a runaway bride; and Kris needing to check his phone and text during these important preparations, their body language did not communicate, “Til death do us part.”

## **VOCAL BEHAVIOR**

When you listened to Kim in the days leading up to her wedding ceremony, you heard a lot of complaints about Kris and how he wasn't helping with even small tasks for the wedding.

If you focus on how Kim delivered these rubs against Kris with her vocal behavior, you get a foreboding picture of their future ahead. Subtextual messages are the messages we send beyond the words we speak. How Kim complained about Kris was just as significant as the actual content of the complaint. Recall the whininess in her voice. Then flash to Kris sharing his discontent when the couple reviewed their wedding reception seating chart. Exasperation is what you hear coming from Kris. The subtextual message there is: “Oh boy, will I ever be heard or respected in this relationship?”

He didn't have to say those words, but his vocal behavior, backed by his facial expressions, delivered that message.

## PUBLIC EYE

Though most people feel sympathy for anyone going through a divorce, it is challenging to feel sorry for this pair. Being hounded by paparazzi or having a reality show gets blamed for their eventual plight. But remember, they chose this life. Kim has built a mini empire around the visual that gets covered, photographed, Tweeted. No man or non-Kim-focused agenda is going to get in the way. Remember the cover of People magazine with Kim in a wedding dress? Where was Kris then? Now apparently, he's out of the picture for good.

*Roshini Rajkumar is a communication coach and author of book Communicate That, where she shares insider tips for dynamic communication and authentic presentations. Learn more at [www.communicatethatbook.com](http://www.communicatethatbook.com).*

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# Celebrity Couples Who Could Use An Extra Hour of Sleep

By Melissa Tierney

Whether we like to believe it or not, celebrities are just like us. They have hectic work schedules, grueling chores, and, of course, families to take care of. These five celebrity couples have been keeping busy with their growing families, their newest endeavors, and their constant presence in the spotlight. Yes, maybe they have nannies, assistants and personal trainers, but these celebs could definitely use an extra hour of sleep like the rest of us!

**1. Mariah Carey and Nick Cannon:** Between building their corporate empires by launching a clothing and accessories

line, going on comedy tours, and recording hit songs with major celebs like Nicki Minah, the pop diva and radio talk show host have been keeping busy. It's now even tougher for the two to have a romantic night to themselves: they have newborn twins, son Moroccan Scott Cannon and daughter Monroe Cannon, which they welcomed into the world on their anniversary!

**2. Kim Kardashian and Kris Humphries:** This couple have been grabbing media attention everywhere. With their recently announced divorce filing we wonder if it was all for the cameras? After all, Kim and her NBA beau Kris Humphries had almost as much buzz about their wedding as did the royal wedding between newlyweds Kate Middleton and Prince William. Although Kim filed for divorce only 72 days after the marriage, Kris says he hopes to reconcile.

**Related Link:** [Kim Kardashian and Kris Humphries Won't Be Looking For a New Home](#)

**3. Britney Spears and Jason Trawick:** The pop princess and her former manager may have ended things career-wise, but their love life is still feeling the spark. Spears is busy with her *Femme Fatale* tour with rap singer Nicki Minaj, but she still has time to show her love for her beau. He was lucky enough to be in the center of the action on August 2nd when he was pulled on stage in Uniondale, NY by his talented honey. In addition to resurrecting her career, she is also caring for sons Jayden James and Sean Preston. This mommy definitely needs some downtime.

**4. Sarah Jessica Parker and Matthew Broderick:** Over the years, these love birds have remained rock solid and are keeping busy raising their twins, Marion Loretta Elwell and Tabitha Hodge, and son James Wilkie. The fashion icon and actress has been maintaining a hectic work schedule, gracing covers of magazines and promoting her new movie *I Don't Know How She*

*Does It*, in which she plays busy mom, Kate Reddy, who is trying to stay afloat with her finance career and busy family life. Looks like the movies are imitating real life when it comes to Sarah Jessica Parker!

**Related Link:** [Sarah Jessica Parker and Matthew Broderick's an Introduction for a Lifetime](#)

**5. Brad Pitt and Angelina Jolie:** Between their six kids, acting gigs and philanthropic engagements, this duo does it all. Pitt recently starred in the blockbuster baseball movie, *Moneyball*, with Jonah Hill, and Jolie has been busy with her film directorial debut, *In the Land of Blood and Honey*. She is also the United Nations High Commissioner for Refugees (UNHCR) Goodwill Ambassador when she's not directing/acting/mothering. This power couple definitely needs to catch up on some z's.

**Which celebrity couples do you feel need an extra hour of sleep? Share your thoughts below!**

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## **Kim Kardashian Files for Divorce From Kris Humphries**

After just 72 days of marriage, Kim Kardashian and Kris Humphries are getting a divorce. According to *People*, Kardashian filed for divorce on Monday. The fashion forward reality star recently denied rumors that her marriage was on the rocks. Now, she's listed the reason for the divorce as the Hollywood cliché, "irreconcilable differences." So why the breakup? A source says that the couple couldn't take the demands of being a reality TV couple. Producer Ryan Seacrest announced on his show that Kardashian got caught up in all that was going on.

**How do you keep from getting caught up in the fantasy of a relationship?**

**Cupid's Advice:**

**1. Take it slow:** If your relationship is moving fast, take the time to stop and reevaluate. Don't rush into a marriage or committed relationship.

**2. Too good to be true:** If you and your partner are madly in love and haven't had any problems, this relationship could be too good to be true. The truth is, if it feels that way, chances are it is. A little disagreement in a relationship can be a good thing.

**3. Take some time off:** Being around someone all the time can cloud up your perspective. It's okay to take some time away from each other once in a while, whether that means going out with friends or spending weekends apart. You'll come back refreshed and missing your mate.

**Have you ever had to end a fantasy relationship? Share your experience below.**

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## **Kim Kardashian and Kris Humphries Can't Wait to Find a Home**

Newlyweds Kim Kardashian and Kris Humphries are currently seeking a permanent living situation. According to [People](#), the two have been shacking up with friends and family members as they pursue their careers. Most recently, the two were

living in a three-bedroom suite with Kourtney Kardashian, Scott Disick, and their 22-month-old son, Mason, during the filming of *Kim and Kourtney Take New York*. Now that the show has wrapped, the newlyweds are looking for a home base.

**What are some factors to consider when you're deciding on a home with your partner?**

**Cupid's Advice:**

Settling down with your partner is one of the most significant steps in your relationship. Here are some primary factors to consider when finding a place to build your nest:

**1. Kids:** If you want kids, you should look into the quality of schools in the area. You'll probably want to live in an area with other families, playgrounds, etc.

**2. Family and friends:** It's often good to be close to friends and family for a support system.

**3. Comfort:** Live where you both feel both comfortable and happy. Whether that's a result of weather or proximity of good restaurants and shopping, take it all into consideration before committing.

**What would be the ideal place for you to settle down with your partner? Share your ideas below.**

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## **Three Tips to Enjoy Marriage Despite the Battles**

By Patty Newbold, author of the award-winning marriage blog,

AssumeLove.com

It can't be easy marrying into a reality TV show, as Kris Humphries recently did. Kim Kardashian and her family speak their minds, and it's all caught on camera. Kris already gets his share of it from her siblings, and it can't be long before he catches angry words or insults from his new wife Kim, too.

### **It's the Ratio, Not the Number**

Let's hope Kim's already figured this out, but fighting words do not kill a relationship. Marriages fail when the nastygrams are not matched with at least five times as many respectful, loving and encouraging words and gestures. Remember: Five times. Or more.

That's what psychologist John Gottman's research found. He uses it to predict, in just a few minutes, which marriages will last and which will not. It doesn't matter how many or how few unloving words, eye rolls, or shrugs are used in a relationship; only whether the good stuff happens at least five times as often as the bad.

### **It Won't Be What You Expected**

Here's a tip for Kris. There is only one thing you should expect when you marry: love. We all show up to our weddings with a boatload of expectations, and many of them will be dashed. Your marriage will not go the way you thought it would, and you'll make yourself miserable if you tell yourself this means you are not loved or respected. Kim, like any wife or husband, will love you her own way.

Therefore, due to the unique ways we all choose to show our love, it's important to stop yourself when you hear yourself thinking, "If she loved me..." Unless she is actually doing you harm, she loves you, and you are missing it. You will make a mess of your marriage by getting angry when it's not what you

expected, not what someone else you know might do. That's exactly what I did the first time around, and I could not see how much love I had overlooked until after my husband's sudden death at the age of 35.

### **Never Compromise**

Just about now, Mr. and Mrs. Humphries are probably discovering that they disagree about things like where shoe polish should be stored and which family events cannot be missed. Well, there are never just two options for a resolution. Instead of disagreeing and eventually compromising, look for a third alternative to the problem that both makes you happy and also delights your mate.

Disagreeing is inevitable in any relationship, and if you're not doing it, there's probably something wrong. That said, it's important to outweigh those fighting words with words full of love, kindness and respect. If you do, your relationship will thrive.

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## **Kim Kardashian Says She'll Start Thinking About Having Kids in a Year**

Happy newlyweds Kim Kardashian and Kris Humphries are thinking about having babies in a year, according to [People](#). Kardashian told Ryan Seacrest on his radio show that children are in the couple's future once they settle down in a particular location. Kardashian says that when Humphries figures out for what team he will be playing, they'll get to working on expanding their family.



**What are the benefits of waiting to have kids after you get married?**

**Cupid's Advice:**

Being a newlywed comes with a lot of new responsibilities. Before adding raising a child to your list, it's important to spend time together as a couple:

**1. Getting to know your better half:** Everyone takes on a new personality once you live with them. For most newlyweds, living together might be a new step and getting used to your partner's habits will take some time.

**2. Save:** Waiting on a baby helps the two of you to save for the expense of having children. A lot of couples divorce because of money, so don't be the statistic.

**3. Grow together:** Waiting on having a child means that you can both accomplish career goals and other aspirations together before bringing a baby in the mix.

**Did you wait to have children? Share your experiences below.**

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## **Kim Kardashian Talks Babies with Kris Humphries**

It looks like Kim Kardashian is being confronted with the baby question yet again post-marriage to NBA player Kris Humphries.

In fact, E! News got an exclusive interview with the diva and her man after they appeared on the *Tonight Show* together.

Although rumors have been surfacing that speculate about a possible pregnancy, Kardashian insists they simply aren't

true, according to [HollyScoop](#). “I think we would wait like a year before we really start trying to have kids,” said the reality star. “I think we want to figure out where he is gonna play and figure out like his career and like if we have to pack up and move somewhere, like the Midwest. Who knows?”

Despite their uncertain plan, they do know one thing, and it involves having “lots of kids.”

**What role does your career play when you’re deciding whether to have kids?**

### **Cupid’s Advice:**

Many factors in life determine whether you’re ready to have children, and your career is a pretty big one. Here are some things to consider:

**1. Hours:** If your job is demanding and you’re rarely home long enough to scarf down some food and get a few hours sleep, you may not be prepared to have a child unless you can tone down your career.

**2. Position:** Make sure your career pays well enough to support a family. Babies cost money ... for at least 18 years of your life. You also need to decide whether one of you is going to be able to stay home with the new child or whether you’re going to need to consider daycare.

**3. Maternity leave:** It may seem obvious, but it’s important to research your company’s policies on maternity (and paternity) leave for when the baby comes. If your job doesn’t allow for such things, it’s definitely a factor to consider.

**What factors did you consider about your job pre-baby? Share your experiences below.**

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# Kris Humphries Bonds With Scott Disick

After his highly publicized marriage to Kim Kardashian, Kris Humphries has formed a close friendship with Kourtney Kardashian's man, Scott Disick. According to [People](#), Disick has been a great help in giving Humphries tips on how to win over the Kardashians. Their bromance became even stronger when the two spent quality time together in New York. "Scott and I are becoming closer because we're hanging out a lot in New York. We're just all about living life," said Humphries.

Khloe's husband, Lamar Odom, is also full of advice on how the newlywed can find his place within the Kardashian family. As Humphries works to impress one of America's most famous families, it seems that he's found a close friend with his almost brother-in-law while living in the Big Apple.

**What are some ways to bond with your partner's family?**

## **Cupid's Advice:**

When you commit to someone, you're also committing to being a part of the family. It's always a good sign if you find yourself spending time with their family when your partner isn't around. Here are some ways to bond:

- 1. Get social on social media:** Before you even meet the family, don't be afraid to find them on Facebook and Twitter. They'll really appreciate your friend request and/or tweet. Not only is it a great way to break the ice for when you meet in person, you'll also be less nervous.
- 2. Play a game:** Playing sports or a board game with the family

can be a lot of fun. It's a good way to relax the mood into one of lightheartedness.

**3. Ask questions:** People love to talk about themselves. Also, if you feel like you need advice on the family dynamic, sometimes, all you need to do is ask.

**How can bonding with the family make you closer to your partner? Share your thoughts below.**

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# **Kailen Rosenberg Shares Expert Love Advice and Discusses Celebrity Relationships: "It's Much More Than Matchmaking to Me"**

By Deana Meccariello

[Kailen Rosenberg](#) is a nationally-respected matchmaker and relationship expert who has helped many stars establish celebrity relationships throughout the years. She has a gift for bringing you back to the person you really are deep-down inside and helping you to shed the hard-coated exterior that society has forced you to wear. Given her background, it's no surprise that she's best described as a "love architect." So what is a *love architect*? It's someone who comes into a person's life, whether they are married or single, to help find cracks in their foundation (which is where the idea of an "architect" came from) that are in need of strengthening and repair.

As Rosenberg explains, “Whether you look at it spiritually or psychologically, I’m helping to mend areas that need truth and awakening. I come in and find those areas that need work, and then I help my clients come to their own truth. They discover which parts haven’t been solid and built in a healthy way. Once that’s done, they can finally have the relationship and love that they’ve always wanted and deserve.”

**Related Link:** [Expert Dating Advice: 5 Signs He’s Mr. Now and Not Mr. Right](#)

## **Kailen Rosenberg Discusses Being a Dating Expert on Reality TV Show *The Bachelor***

As proven by the many romance-focused reality TV shows of today, singles are finding it harder than ever to find a partner. Rosenberg can attest to that, having served as a matchmaker and relationship expert on season three of *The Bachelor*. “I worked behind-the-scenes in regards to seeking out the right bachelorettes for the show. I actually interviewed Bob the Bachelor,” she reveals.

Reality TV or not, the dating expert can shine a light in the dark corners of an individual’s personality and help them truly find what – and who – they are looking for. She explains, “When most people come to me, they look pretty darn amazing in person and on paper. They believe that they like who they are, and in many ways, when we’re talking about the ego, they *do* like who they are.”

Rosenberg expands on this expert love advice and adds, “However, they come to me believing that the issue isn’t really about them but rather about finding the right person. During my beginning assessment process, people begin to realize that they never knew who they were and that they

became the person they were told to be or taught to be by society. Therefore, they're not only attracted to the wrong people, but they're also *attracting* the wrong people."

With this thought in mind, her first priority is to teach people who they truly are. "After I finally introduce and match my client with their true self, then we can get down to who this person should be dating. We've put over 200 marriages together and haven't had one divorce, which is just crazy and unheard of," she shares. "I think it's because these people are connecting on a genuine level that most people never have the opportunity to experience."

**Related Link:** [Top 10 Things to Know Before Hiring a Matchmaker](#)

Revealing how important her work is to her, Rosenberg gushes from the other end of the phone, "It's much more than matchmaking to me."

The relationship expert knows that, in order to find love, her client must be a healthy-minded person. They have to be in a place where they are self-aware and know that what they've been doing isn't working. This kind of acknowledgement tends to set the mind for positive experiences, whether they're an everyday person or a celebrity. For example, a radiant and successful woman with everything going for her, like Jennifer Aniston, will still have problems keeping a man if she doesn't have this mind set.

In fact, speaking of Aniston, Rosenberg says, "I do have clients that know her and say she's lovely. However, there is a very apparent trend in her love life. She is darling, and there is so much to like about her, but there is something going on with her, something that she needs to pay attention to. She needs to get down to the reality of what it is that she is doing. What is surfacing in her relationships after a certain level of intimacy, and what unhealthy pattern she keeps accepting into her life? I really think that's what it

comes down to for her.”

## The Highs and Lows of Celebrity Couple Clients

Celebrity relationships, media, and technology can be a dangerous mix. Rosenberg says that there are people, like Kim Kardashian, who are being followed around by a camera and dealing with sensationalism in every aspect of their love lives. Then on a real-world level, we have people using Facebook, Twitter and other social networking platforms to post every detail about their relationships – from happy pictures of the good times to angry rants detailing a harsh fight or break-up.

**Related Link:** [Use Your Five Senses for a More Fulfilled Love Life](#)

“The reality is that they’re publicizing who they are as well as their personal relationships, and when you act this way, people are going to look at you and scrutinize you – the good *and* the bad,” the dating expert explains. “As a couple, you need to be a team and understand that all that matters is what you and your partner know to be the truth.”

Rosenberg then adds, “If there is something that is triggering a pain or disconnect from the outside based on what you read or see, that’s something that you have to look within to understand. Couples need to be grounded in what love is really meant to be and not the attention it can bring.”

Another fascinating component of the relationship expert business is what she refers to as a “life remodel.” This particular piece caters to – but is not limited to – people in Maria Shriver’s position. For people who have been cheated on and are struggling with a messy divorce, Rosenberg can bring a person back from the ashes and help them move on.

“In a case like Maria’s, there are always signs. We always have life poking at us with the truth, and it is up to us whether or not we want to see it,” she says.

However, this mindset is easier said than done. “Sadly, most times, we choose to turn a blind eye to things that are not good for us, and eventually, it comes crashing down. Then, we no longer have power or control,” says Rosenberg. “I think someone in Maria’s situation would have to ask, ‘Were there signs? How far back? Why did I choose to ignore them?’ It is important for Maria to forgive herself and, as hard as it may sound, to forgive Arnold. The most amazing thing is that sometimes, from the deepest trenches of pain, we can end up finding the most amazing love we’ve ever had.”

It always goes back to your past. “You have to look at your view on relationships, including that of your mother and father. What was your vision of love, and what is it now?,” Rosenberg asks. “Focus on what loving you means as well as what is still good and precious in your life. Surround yourself with people who are truthful.”

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## **Celebrity Couples You Just Might See at a Sporting Game**

By Whitney Baker

Spending a lazy afternoon at a ball game can be the perfect casual date – and celebrity couples seem to think so, too. Sometimes, celeb sightings at a sporting event can be as entertaining at the game itself. There may even be as much action off the court as there is on it.



So the next time you attend a sporting event – whether it be hockey, basketball or baseball – keep your eyes open for the famous duos below:

**1. Carrie Underwood and Mike Fisher:** In February, Underwood's hockey-playing hubby was traded from the Ottawa Senators to the Nashville Predators. Shortly after, Fisher moved into his wife's Brentwood, CA, home (and into her closet), and for the first time during their marriage, the newlyweds settled in the same city. Fans can rest assured that, once the hockey season starts up again in October, Underwood will be at as many home games as her hectic schedule allows.

**2. Beyoncé and Jay-Z:** This musical duo share more than just their choice of career: they also share a love of basketball. The glamorous couple – with Beyoncé wearing heels, no less – is often on hand to cheer for the New Jersey Nets. Spotted at home and away games in cities such as Newark, Dallas, and Los Angeles, their frequent sightings make perfect sense; after all, Jay-Z is a part-owner of the team.

**3. Minka Kelly and Derek Jeter:** Kelly is a fixture at Yankee Stadium, cheering on her boyfriend of three years from a luxury box, along with his family and friends. Recently, she was on-hand to celebrate Jeter's 3,000<sup>th</sup> career hit. Beyond attending his games, Kelly and her New York Yankees captain-beau often work out together, proving that the couple that stays fit together, stays together.

**4. Hilary Duff and Mike Comrie:** Duff has followed Comrie's hockey career as he has been transferred from the New York Islanders to the Edmonton Oilers to the Ottawa Senators. Comrie is now playing for the Pittsburgh Penguins, and the couple has settled into a newlywed life filled with a lot of cross-country traveling between their homes in Pittsburgh and Los Angeles. With her husband in the rink, she may bring along another celebrity couple to keep her company: sister

Haylie Duff and her longtime beau, Nick Zano.

**5. Kim Kardashian and Kris Humphries:** This reality star can often be found sitting courtside as she roots for her love, New Jersey Nets forward, Kris Humphries. With the couple house-hunting in New Jersey and New York, chances are high that Kardashian will be making her mark as one of the team's celebrity fans. Kardashian is following in her younger sister's footsteps in more ways than one: after Khloé Kardashian's own whirlwind romance, she wed Los Angeles Lakers forward, Lamar Odom, in 2009.

**Who is your favorite sporty celebrity couple? Share your thoughts below!**