

Khloe Kardashian and French Montana Go Public with New Relationship



By Louisa Gonzales

Khloe Kardashian and French Montana officially make their public debut as a couple! According to UsMagazine.com, the duo spotted out in public together on Friday, April 18 at the Lobster House for lunch. The rapper, who has 4-year-old son, Kruz, with his ex-wife Deen Kharbouch made sure to keep close to the TV starlet, while they indulged in some lunch, but showed minimal PDA. Reportedly the pair started dating following *The Keeping Up With The Kardashians* star, divorce filings from Lamar Odom. Even though the lovebirds seem to be both moving forward with each other, not everyone approves of their union, including Khloe's mother Kris Jenner according to sources.

How do you know when to debut your relationship to family and friends?

Cupid's Advice:

Romantic relationship can be tricky things because they are constantly evolving and changing. It can be hard sometimes to tell the people closest to you when you're seeing someone new, especially when you want them to approve and like the person you're with. Cupid has some advice on how you can know when to debut your relationship to family and friends:

1. You're in a good place: When you feel like shouting your love from the rooftops, that's when you know you're ready to reveal your couple status. When you're happy in your relationship and feel secure, it means you have a good thing going with each other. It's important for you to feel in a good place in your relationship before you say anything because it will make it easier for you and the people you care about.

Related: [New Couple? Khloe Kardashian Parties with French Montana](#)

2. Your both on the same page: Every relationship has its own significance or meaning to a person. For couples to work they need to be on the same wavelength on what they want in terms of where their relationship is headed and what it means to them. It's important that you both are on the same page when it comes to being comfortable enough to share your relationship news to family and friends.

Related: [Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing](#)

3. See a future together: If you find yourself thinking about your future together or planning for possible future events it means you can see the thing you got going on as more than just a fling. When you're thinking long-term with your partner, it's about time to start telling your family and friend. It's good to be able to share someone important to you with family and friends, especially when that person is someone you might

possibly want to become a part of your family someday.

How can you tell if you're ready to tell your family and friends about your relationship? Share in the comments below.

New Couple? Khloe Kardashian Parties with French Montana



By Louisa Gonzales

Khloe Kardashian continues to make headlines about her love life. According to UsMagazine.com, the *Keeping Up With the Kardashians* star, 29, was spotted at the clubs this weekend with rapper French Montana, one night in Hollywood and another night in Phoenix, Arizona. Khloe was also seen in West Hollywood at hotspot 1 Oak on Friday, April 4 partying with the rapper at the 16th birthday party for Diddy's son Cristian. The reality star recently filed for divorce from

husband Lamar Odom in December, but she appears to be moving on with Montana.

What are some ways to grow a new relationship?

Cupid's Advice:

After a break up it can be hard sometimes to put yourself back out there, especially if your last relationship ended badly. Part of life is accepting sometimes you have to move on, life always keeps moving forward. So, why not be open to finding someone new and trying your hand at love again? Cupid has some advice on some ways to grow a new relationship:

1. Be open to love: The only way to be able to get back in the game, is to let yourself be open to playing and in this case in the game of love. Don't let past failed relationships weigh you down, because if you don't let them go you won't be able to move on. Remember, the end of one thing is the start of something new and the same can be said for love.

Related: [Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing](#)

2. Let yourself breathe: Take a deep breath and take all the time that you need when starting a new relationship or helping it to grow. The best way to strengthen your relationship is to really spend the time getting to know your partner, besides learning things about one another can be enjoyable. So, be patient with yourself and your significant other and don't rush anything you're not ready for.

Related: [Khloe Kardashian Files for Divorce from Lamar Odom](#)

3. Have fun: The start of the relationship can sometimes be the most fun because it's new and exciting. The best way to help your relationship move along in a positive way is to have a little humor and to bring out your playful side. So get out there and let loose, but remember to be yourself, whoever you

are with should like you for who are.

What do you think are good ways to grow a new relationship? Share in the comments below.

5 Celebrity Women Who Only Date Athletes



By [Whitney Johnson](#)

In today's tabloids, it's never a surprise to see yet another Hollywood beauty on the arm of a hunky athlete. From country crooners to television actresses to reality starlets, these five celebrity women have ditched their singer and actor exes to date – and in some cases, marry! – athletes instead:

1. Jessica Simpson: After her divorce from boy bander Nick Lachey, this lovable pop princess dove right back into the

dating game, shifting her focus from singers (a rocky relationship with John Mayer aside) to football players. She dated Dallas Cowboys quarterback Tony Romo for two years before settling down with former NFL wide receiver Eric Johnson. The happy couple, who are parents to daughter Maxwell Drew and son Ace Knute, are set to walk down the aisle this spring.

Related Link: [Celebrity Couple Predictions: Jessica Simpson and Eric Johnson](#)

2. Carrie Underwood: This blonde beauty has a similar penchant for professional athletes. Before Romo hooked up with Simpson, he was linked to Underwood for a brief six months. After he did her wrong (and no, Cowboy Casanova is not about him), the *American Idol* winner met handsome hockey player Mike Fisher. The couple married in 2010 and have made their home in Music City, where Underwood is often spotted cheering her husband on as he plays with the Nashville Predators.

3. Hayden Panettiere: Panettiere is yet another tow-headed singer who gravitates towards sporty boys. The *Nashville* star first dated Ukrainian boxer Wladimir Klitschko in 2010. She was then seen out and about with former New York Jets wide receiver Scotty McKnight before reuniting with Klitschko. After months of speculation, the petite actress confirmed their engagement on *Live With Kelly and Michael* in October 2013.

4. Khloe Kardashian: It looks like Kim – who dated not one but *three* athletes before starting a family with rapper Kanye West – isn't the only Kardashian sister who likes muscular men. Her younger sister got hitched to Los Angeles Lakers forward Lamar Odom after only one month of dating. This past fall, she announced her divorce from him after four years of marriage and has since been linked to Los Angeles Dodgers star Matt Kemp.

Related Link: [Khloe Kardashian Files for Divorce from Lamar Odom](#)

5. Eva Longoria: The *Desperate Housewives* actress married San Antonio Spurs point guard Tony Parker in a fairy tale ceremony in 2007. Unfortunately, after three years of marriage and reports of his infidelity, the couple ended their union. A few years later, she dated New York Jets quarterback Mark Sanchez for a couple of months.

Cupid wants to know: Why do you think celebrity women so often fall for pro-athletes?

Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing





By April Littleton

According to [People](#), Khloe Kardashian is ready to start fresh in 2014. "I'm excited for this year to be over with," she told U.K.'s *Cosmopolitan*. The *Keeping up with the Kardashians* star filed for divorce from Lamar Odom earlier this month, but she's determined to look on the bright side of things. "I don't regret anything about my life. My life has made me who I am at this moment, and I'm very happy with who I am," Kardashian said. "No matter if it's great, disgusting, beautiful or ugly, it happens and it makes you *you*. Life is about how you process things."

What are some ways to cope with a recent breakup?

Cupid's Advice:

Breaking up with someone you care about will unleash a swirl of emotions you didn't know you could ever feel all at once. Some people know how to deal with these feelings in the right way, while other may need a little guidance to help them get through it. Cupid is here to help:

1. Get in shape: There's no better way to get over a breakup than by getting yourself back in the best shape possible. By going to the gym, you'll be letting out some of your frustrations in a positive way. By the time you're officially

over your ex, you'll be looking better than ever.

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2. Busy bee: Keep yourself distracted until you can work out your feelings in a healthy way. Continue to work as you usually would, and spend more time with your friends and family. Maintain a schedule that works for you and try to keep contact between you and your ex as limited as possible.

Related: [Khloe Kardashian Says Split from Lamar Odom is 'Torture to My Soul'](#)

3. Vent: Don't let your emotions build up inside you. If you're feeling upset or sad about the end of your relationship, talk to someone you trust about the situation. You can ask for some useful advice or maybe you just need someone to hear you out. Either way, some of your good friends or close family members won't mind helping you out in your time of need.

How did you cope with a recent breakup? Share your experience below.

Khloe Kardashian Says Split From Lamar Odom Is 'Torture to My Soul'





By Brittany Stubbs

A week after Khloe Kardashian filed for divorce from Lamar Odom, husband of four years, she's opening up about her pain from the breakup. The reality star tweeted what appears to be a response to the speculation she'd quickly rebounded with baseball star Matt Kemp. "This, in and of itself, is heartbreaking and torture to my soul," Kardashian wrote. "Please, I don't need the extra rumors and BS right now." Despite that she has been spotted out with the L.A. Dodgers outfielder, a source tells [People](#) that they are "just friends." The source also adds, "Khloe is absolutely heartbroken right now [over Lamar] and dating someone is the last thing she's thinking about."

What are some ways to initially cope with your divorce?

Cupid's Advice:

Going through a divorce can be one of the toughest things a person experiences. Though every relationship and break up are different, there are a few things that can help you cope at the beginning:

1. Take care of yourself: This is the time to focus on yourself and take care your basic needs. No matter how much pain you're in, you must tend to the health of your body. Drinking enough water, eating consistent meals of healthy

proportions, and allowing yourself to get enough sleep, are just a few basic ways you can take care of your body. Many people create unhealthy habits during a breakup (i.e. not eating, drinking too much alcohol, etc.) but these make the divorce more difficult because in reality, you're just adding physical pain to your emotional pain.

Related: [Source Says Lamar Odom's Drug Addiction Took Over Marriage to Khloe Kardashian](#)

2. Avoid contact with your ex: Despite the reasons for your divorce, it is common to have immediate second thoughts once you're separated. Even if you were the one that filed for divorce, you will most likely still miss your ex and question if the split was a big mistake. In this vulnerable state of mind, turn off your phone and hide your car keys. As much of a habit it is to call them when you're in pain, contacting your ex is not the solution.

Related: [Khloe Kardashian Files for Divorce from Lamar Odom](#)

3. Seek support: It's important to lean on your support system during the initial breakup. Whether your support system is a group of close friends, family members, co-workers, or members of your church, this reminds you that although you are no longer part of a "couple," you are by no means alone. If you feel as if you can't lean on the people in your life, research support groups in your area for individuals going through divorce.

How have you coped initially during a divorce? Share your experiences below.

Khloe Kardashian Files for Divorce from Lamar Odom



By April Littleton

According to UsMagazine.com, Khloe Kardashian filed for divorce from husband of four years Lamar Odom Friday, Dec. 13. Kardashian is asking to legally remove Odom from her last name and she is not seeking any spousal support. The couple married Sept. 2009 after one month of dating.

How do you know when to call it quits on your relationship?

Cupid's Advice:

Deciding how and when to end a relationship is always tough on both parties involved. However, a breakup doesn't necessarily have to be a terrible thing to go through, especially if your relationship isn't at its best. Cupid has some tips:

1. Signs of abuse: If your partner is physically or mentally abusive, it's time to seek help from your family, friends or a

professional. Don't stay in a relationship that endangers your wellbeing. The dynamic between the two of you most likely won't change – no matter how much your significant other tries to persuade you otherwise.

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2. You like to be alone: If you'd rather spend time by yourself or in the company of others, you might need to rethink the status of your relationship. Spending time with your boyfriend/girlfriend shouldn't feel like a burden. When you stop enjoying being around your honey, it's more than likely the spark that kept the romance between the two of you alive has gone out.

Related: [Simon Cowell's Girlfriend Lauren Silverman is Officially Divorced](#)

3. Cheating is an issue: You should want to be in a relationship with someone who wants to be with you and only you. If infidelity has become a problem between you and your partner, it's time to end things with him/her. Don't hang on to someone who clearly doesn't want to commit to you.

How did you know when to call it quits on your relationship? Share your experience below.

Khloe Kardashian and Lamar Odom Celebrate His Birthday at Home



By Gabby Robles

[Khloe Kardashian](#) and [Lamar Odom](#) seem to have come back strong! According to [UsMagazine.com](#), to celebrate Lamar's 34th [birthday](#), the couple plans to spend the special evening at home, possibly with them two being the only ones on the guest list! Lamar spills, "We're unbreakable" and is very hopeful for their evening [together](#).

What are some ways to make [your partner's](#) birthday special?

Cupid's Advice:

A birthday only comes around once a year! You want to make sure each is filled with fun and excitement, but still [intimate](#) and important. [Your boo](#) deserves the best birthday and you should be the one to make it very special. Want to plan the best birthday for [your man](#) but not sure how? Cupid has some tips:

1. Breakfast in bed: If your man's a big breakfast guy, wake up extra-early and make his favorite breakfast. Make sure it's garnished with his favorite fruit, coffee or tea, and

juice! Something small like breakfast in bed versus normal breakfast at the table will sure make him feel like a king on his big day!

2. Homemade Surprises: Decorate the house with homemade adornments. This is a sure-way to save money and really see his “Wow!”-face. Need a gift? Make it! Homemade gifts are the best kinds. It will show him that you really put the effort in to making sure his day was a great one.

3. It's all about him: Make sure his day is filled with things that he wants to do. Make a list of his favorite activities and suggest which he'd like to do today or ask what he wants to do. Giving him the option will really make [him](#) feel special.

What were some ways that you have made your partner's birthday special? Share with us in the comments below!

Khloe Kardashian and Lamar Odom Reunite Amid Kris and Bruce Jenner Split





By Gabby Robles

According to [People](#), Khloé Kardashian and Lamar Odom stepped out from hiding and were photographed together for the first time in nearly four months on Tuesday. The two took the time to go over to Kardashian/Jenner household in Calabasas after news about Kris Jenner and Bruce Jenner are splitting up.

What are some ways to help each other through heartbreak?

Cupid's Advice:

Even though you two may be on the outs, true love can get through everything. When a crisis is at hand, you both need to connect and work through it together. How can you do so? Cupid has some suggestions:

1. Listen to each other: You have to be a shoulder to cry on and he should be the same for you. When you listen and show you care, you're giving your partner the opportunity to connect with you on a deeper level – something you both might not have done in a while.

2. Open your heart: Share your feelings on the subject, too. This makes your boo see that it affects you too. It's something that you're mutually going through. Once he realizes that, the connection will only deepen and it'll be easier to get through what's going on between the both of you.

3. Make sure you're in it together: Your man may be moody or upset and it's possible that he could get a little snippy. Don't take this personally. Know that this is only because he's hurting and because he's stressed over the whole issue. Just remain calm, strong, and let him know that you're there for him.

What are some ways you've helped each other through heartbreak? Tell us in the comments below!

Khloe Kardashian Says Lamar Is 'Very Depressed'



By April Littleton

According to [People](#), Khloe Kardashian is having a hard time keeping her marriage to Lamar Odom intact. "I do want to help or cater to Lamar. But there's also so much someone can take,"

she said on last Sunday's episode of *Keeping of the Kardashians*. Accusations of drug issue and infidelity surrounded Odom over the summer. Since then, the couple have been living apart.

What do you do if you're not able to help your depressed partner?

Cupid's Advice:

It's hard to keep a relationship between two people going strong when one of them is at a low point in their life. Trying to help someone who doesn't seem to improve with time can be frustrating, especially if it's someone you care about. Cupid is here to help:

1. Support group: If you can't seem to get through to your significant other, then maybe a group of people who are going through the same thing as him/her might. Your partner might feel like he/she can't fully open to you because you don't fully understand what's going on. Sometimes, the best thing for a person is to vent to complete strangers without having to worry about any judgements.

2. Do some research: Maybe you're going about the situation all wrong. In that case, do your research. Talk to some professional counselors about the symptoms of depression and see what you can do to help. It's OK to feel frustrated and helpless, but maybe if you become more informed on the topic, you'll be able to find a way to get through to your honey.

3. Be there for them: You've tried everything and your partner still seems to be down. The only option you have now is just being there for them when they need you. Be that shoulder to cry on and lend them an ear when they need to vent. Be as patient as you can be and show them you still love and care for them. However, if the situation doesn't change, you might have to move on. You can't help someone who doesn't want to be

helped.

Have you ever had to deal with a depressed partner? Comment below.

Celebrity Athletes and the Women Behind Them



By Ashley DelBello

It's no surprise that relationships are work, but when your beau is a well-known athlete it takes a special kind of woman to be able to date them and handle the added pressures that come with being in the spotlight. What gives them that extra strength? Cupid takes a look at a few celebrity athletes and their partners:

Lamar Odom and Khloe Kardashian: It couldn't be a worse time

for this couple. Lamar is said to be battling a drug addiction and Khloe appears to be trying to stay strong coming off of their four-year anniversary. While Khloe is no stranger to the spotlight and her way of handling it has been somewhat controversial with her cryptic posts on Instagram and Twitter, Khloe has been adamant that she wants Lamar to get better and will not make a decision about her marriage until after the current season of *Keeping Up with the Kardashians* has stopped filming – allowing her sufficient time to keep her personal life off camera as much as possible.

Related: [Favorite Celebrity Wedding Dresses](#)

David Beckham and Victoria Beckham: Just about every woman in the world is in love with David Beckham, so how does former Spice Girl Victoria keep her cool knowing many women want her man? She became just as successful as her husband. She learned how to deal with the pressures of being a mom of four, a former pop star and she has her own clothing line. This power couple seems to have nothing to worry about.

Andy Roddick and Brooklyn Decker: While they married young and she's just as busy if not busier than him these days, supermodel-turned actress Brooklyn Decker was very much supportive of Andy and his career – even tearing up at the end of his last match. Andy also returns the favor as Brooklyn has openly discussed how being married to him gives her a new appreciation for her body. Speaking to *Women's Health* Brooklyn said: "He's taught me that it's not how thin you are that matters. It's how your body performs, how it endures wear and tear."

Related: [Celebrity Couples Giving Back on 9/11](#)

To date an athlete with superstar status, women need to be secure and have their own life, but they also need to know how and when to be supportive when those traits are reciprocated from their partner – qualities that are good for any healthy

relationship, whether your other half is a David Beckham or not.

What other qualities do women dating super star athletes need to have? Comment below.

Khloe Kardashian's Husband Lamar Odom Checks Into Rehab



By Kristyn Schwiep

Basketball player, Lamar Odom, has checked himself into a drug and alcohol rehabilitation center to take his first steps toward recovery. Odom's addiction has caused issues with wife, Khloe Kardashian. According to UsMagazine.com, "The addiction had taken over their marriage." Kardashian has not spoken much on the issue, but has written cryptic messages on Twitter: "As much as I wish I were made of steel...I'm not.

I'm pretty damn close to it though hehe."

How do you support your partner through treatment for an addiction?

Cupid's Advice:

Dealing with addiction can add a lot of pressure for both you and your partner causing strain on your relationship. So what are some ways that you can support your partner through treatment for an addiction? Cupid has some advice for you:

1. Be positive: When your partner is going through treatment for an addiction it is your job to be their biggest cheerleader. Make sure that you are being positive and show them that you care about them and are there for them during their recovery.

2. Love them: Even though addiction is not to be praised, there is a difference between loving your partner and loving their addiction. Show your partner that you love them, but not their addiction. When you show your partner how much you love them it is easier for them to steer clear of drug or alcohol use.

3. Find new activities: Find ways to take your partners mind off the drugs. Start exercising together or participate in community service. Doing things together will help you grow together and help take your partners mind off the past so they don't relapse.

What are some ways you can support your partner through treatment for an addiction? Share your thoughts below.

Source Says Lamar Odom's Drug Addiction Took Over Marriage to Khloe Kardashian



By Petra Halbur

Lamar Odom and Khloe Kardashian's marriage has reached its breaking point due to Lamar's Odom's substance abuse. "The addiction had taken over their marriage," a friend confides to UsMagazine.com. "The problem is cocaine. He would be high for three or four days at a time." On August 21, the youngest Kardashian sister gave her husband an ultimatum: he could either get help or he could leave. "I feel so bad for her," the friend says. "She really loves Lamar."

How do you help a partner battling substance abuse?

Cupid's Advice:

Overcoming addiction is a struggle that non-addicts cannot fully understand. If your partner is battling substance abuse,

it can be difficult to know how to help. Cupid has some ideas:

1. Let your partner know you are there: Feeling supported is a vital part of the recovery process so be sure to let your partner know that he or she is loved. Remember, though, that loving your partner does not mean putting up with substance abuse, which brings us to point #2 ...

2. Get them help: Just because your partner has a problem doesn't mean that he or she is going to actively seek treatment. That may have to be your job. While recovery ultimately comes down to the addict's desire to get clean, you can help by providing your partner with the resources to help him or her recover.

3. Help your partner avoid temptation: Statistically, there is a very high chance that your partner will relapse. To keep your beau going strong, actively avoid environments that lend themselves to substance abuse like night clubs and casinos. It may take some adjustment, but it's a vital part of the recovery process.

How did you help your partner overcome addiction? Tell us below.

Sources Say Khloe Kardashian Has Been in Touch with Troubled Lamar Odom





By April Littleton

[People](#) confirms that Khloe Kardashian has been in touch with husband Lamar Odom since his alleged disappearance. Amid all of the drug reports, rumors of infidelity are also swirling around the couple. The duo hasn't been photographed together since June 2.

What are some ways to help your partner through an addiction?

Cupid's Advice:

If you have a partner who's struggling to overcome an addiction, you may feel overwhelmed. Going through a situation like this is tough and frustrating. You're not sure what to do or how to help, but for better or for worse, you've made a commitment to your significant other and you plan on keeping it. You just need a little help. Cupid has your back:

1. Don't enable them: Your partner's addiction is not your fault. Yes, you want to take care of your honey and protect them while they're going through such a tough time, but that doesn't mean you should cater to their every needs and desires. Stop them from harming themselves any further. It doesn't matter how upset or angry they get. Eventually, they will understand that you're trying to do what's best for them. Gain control of the situation until they are able to see how

destructive their own behavior is to themselves.

2. Get involved: Believe it or not, you are the most important person in the process of their recovery. Your partner will need you now more than ever. Show that you care and you're willing to be there for them every step of the way. Get involved with their support groups, show up at his/her meetings and participate in all of the counseling sessions your honey may need to go to.

3. Talk to someone: While you're busy taking care of your significant other, you might not realize that you have no one to take care of you. Your partner's addiction will affect your life too. Find someone you trust to talk to about what's going on, or talk to a therapist. You'll need to be able to deal with the situation in a healthy manner and you won't be able to do it alone.

How did you help your partner through an addiction? Comment below.

Khloe Kardashian Rants on Twitter Amid Divorce Rumors





By Kerri Sheehan

Rumors have been swirling recently that reality star Khloe Kardashian and her NBA husband Lamar Odom are heading for splitsville. Kardashian took to Twitter this past Sunday to fight back against the rumor mill. She Tweeted, “Really hard to sit here and listen to people talk sh-t about my family! F-ck you and shame on you! I’m too protective for this sh-t!” according to UsMagazine.com. It was reported as recently as August 24th that 33-year-old Odom is struggling with substance abuse as well.

What are some ways to keep rumors from hurting your relationship?

Cupid’s Advice:

Rumors are no one’s best friend. Cupid has some advice on how to keep them from ruining your relationship:

1. Don’t listen: A rumor is only as powerful as your will to believe it. Unless you see something with your own eyes, you can’t always take another person’s word for it. Letting words ruin your relationship will only give the rumor-spreader what they want.

2. Go to the source: Find out who is spreading the rumor at hand

and snub it before it get too overblown. Knowing why the gossip is saying these things will help you feel that the rumor is really not true.

3. Communicate with your partner: Honesty is the best answer; so don't be afraid to confront your partner about whatever you may hear. They'll understand why you're upset about the situation at hand and ensure you that it's not true. This will strengthen your relationship and also open lines for future similar communications.

How do you keep rumors from hurting your relationship? Share below.

Rumor: Is Lamar Odom's Drug Abuse Causing Marital Problems?





By April Littleton

Rumors are swirling around about Lamar Odom's alleged drug use. A source close to both Odom and Khloe Kardashian told [People](#) that the *Keeping up with the Kardashians* star has been struggling to help her husband. "It's a really hard time for Khloe. She's kept this secret for almost two years trying to save Lamar and their marriage," the source said.

What are some ways to support your partner through substance abuse?

Cupid's Advice:

1. Talk about it: When your significant other is ready to talk about their problem, listen to them wholeheartedly without any judgements. You may notice that your honey has an issue with drugs and/or alcohol, but they might not be ready to admit it to themselves yet. Wait it out for a little while until your partner is comfortable enough to confront the problem head on.

2. Find other support: When your love is ready to get help, look for support meetings or groups around your local area to attend together. Going with your partner will show that you love and care for them no matter what and they won't feel like they have to deal with the situation on their own.

3. Be patient: A substance abuse problem will not go away

overnight. Just like anything else in life, healing takes time. You need to think about if you're willing to stick it out with your significant other. Talking to a loved one or a professional counselor might help you sort through your feelings of guilt or resentment and can help you figure out if your commitment is strong enough to get past something like this.

What are some other ways to support your partner through substance abuse? Comment below.

Khloe Kardashian Says Kim Kardashian and Baby Are 'Healthy and Resting'



By Kerri Sheehan

The Kardashian clan grew by one this week when celebrity couple Kim Kardashian and Kanye West welcomed a baby girl into the world. The baby arrived five weeks early, but Aunt Khloe Kardashian assured fans that all is well, according to [UsMagazine.com](https://www.usmagazine.com). "Mommy/baby are healthy & resting. We appreciate all of the love," tweeted Khloe on Sunday June 16th.

What are some ways to congratulate a new mom?

Cupid's Advice:

Having a baby is one of life's greatest joys. Cupid has some ideas of ways that you can congratulate a new mom:

1. Send a card: If you're a mother yourself then you can write about your own experience with raising children. The first few weeks after giving birth will likely be the hardest for a new mother so some words of encouragement will go a long way.

2. Offer to babysit: It will probably take a few months until a new mother is comfortable enough with leaving her baby's side, but let her know that when the time comes you're willing to babysit. This will show that you're supportive of the changes she will have to make in her life.

3. Gift basket: Having a baby means needing a ridiculous amount of things that you never even thought of before. Throw together a basket of baby things you think the new mom may have forgotten.

How would you congratulate a new mom? Share below.

Find Out What Khloe Kardashian Won't Be Getting Lamar Odom for Christmas



By Nic Baird

As the holiday season approaches, The Kardashians are still searching for Lamar Odom's gift, [People](#) reports. The Clippers' Forward and Khloé Kardashian's husband can't figure out electronics, according to his wife. "Kourtney asked, 'Would Lamar like an iPad mini for Christmas?' I said, 'Absolutely not!' He would have no idea what to do with [it]," Khloé Kardashian said. Odom has managed to figure out Skype video calling so he can stay connected with his wife. "I have to walk him through it on the phone and it takes forever."

How do you come up with romantic ideas for holiday gifts?

Cupid's Advice:

As the season approaches, those with a significant other are

no doubt fretting over gift ideas. There is an obvious expectation of thoughtfulness, no matter how serious you are as a couple. This doesn't mean you're obligated to stress! Just take a breath, use a moment to brainstorm, look over these tips, and you'll have your holiday shopping list in no time:

1. Date or vacation gifts: One thing you should be able to count on is that your significant other enjoys your company. A great gift you can give your partner is organizing a romantic date for the occasion. The holidays are more a time to spend with loved ones rather than touring malls. Think about the classic options, like sleigh rides, fireplaces, and hot chocolate.

2. Make something yourself: Knitting a scarf, writing a song, painting their room, or building a table show sincere effort and romance from the time it took you. Draw from your interests or talents, but don't be afraid to try something new. The internet is full of guides and tutorials for learning unique gift creation skills.

3. Revisit relationship memories: Sometimes you can get by purely on the thoughtfulness of the gift itself. This means that it has to have a strong connection to things you've learned about your partner. If they like making soup, buy them a pot. As long as the gift conveys that you've listened to their interests and you recognize their needs. Another way to go is by choosing a gift that reminds you of a significant moment in your relationship that you shared.

What romantic holiday gifts have you given or received? Share your experiences below!

'L.A. Hair' Reality Star Anthony Pazos Says He'd Ask Khloe Kardashian for Love Advice



By Jessica Nappi

If you haven't heard of celebrity hairstylist Anthony Pazos yet, you'll certainly be familiar with some of his clients. From reality queen Khloé Kardashian to 'Twilight's' Ashley Greene, Pazos is in the fast lane with his star-studded clientele. He's even become a star himself, taking center stage in the reality television show 'L.A. Hair' on WE tv. As fortunate as he's been in his career, it looks like he's even luckier when it comes to love.

Pazos is in a six-year "committed and monogamous" relationship with his partner whom he "loves to death." Like Pazos, his partner is not shy in front of the camera. Unlike Pazos, whose radiant personality can be seen on reality TV, his partner is

an actor who wishes to remain anonymous. But Pazos assured us that we've "probably seen him in some stuff."

Related: [Five Top Tips On How To Find "The One"](#)

Even with his hectic schedule, he says that he always makes time for his one and only. "We both have goals, so we understand that during the day, even if we don't see each other, we still love each other," he shares. "Then at night, it's our chance to reconvene and connect."

Pazos' relationship wisdom comes both from his own experiences and the abundance of clients who spill their hearts out to him. His best advice? "Write down what you need in a man, get out there and date. See if all those requirements are being fulfilled by that guy – but just know that nobody's perfect."

If Pazos wanted love advice from any of his clients, he said he'd choose Khloé Kardashian. "I've seen Khloé and Lamar [Odom's] relationship first hand, and they are very much in love," he says with confidence.

Related: [Love in the Limelight: Why You Should Be Happy You Aren't Famous](#)

Speaking of reality TV, Pazos defends his show, saying, "People think that the show is not real, and I want to make it clear that the show is very real. Everything you're seeing is really happening – it's not scripted." That means that even Pazos insulting Omarosa, the infamous 'Apprentice' star, is true: he really did say that she had "camel breath" after she offended him.

Giving us the behind-the-scene dirt on this showdown, Pazos reveals that Omarosa's people ended up tweeting him. "They wrote, 'We don't want you tweeting Omarosa anymore saying that she has camel breath.'" Pazos stood his ground and did not apologize.

Whether he's planning a date night with his partner or getting into egotistical fights on 'L.A. Hair,' Pazos believes that "love makes the world go round." Given his fast-tracked career and big personality, we are sure that his time in the spotlight is only beginning.

Of course, staying true to his background as a hairstylist, he leaves us with this date night advice, "Never be afraid to pop in some hair extensions!"

Catch Anthony Pazos every Thursday on 'L.A. Hair' at 9/8c on WE tv. You can also check out his Facebook fan page or follow him on Twitter.

Stars Who Go Public With Love and Affection



By Samantha Mucha

Finding the right person is a thrilling experience, but keeping your hands off of one another in public is often a challenge. A new relationship is filled with flirty kisses, not-so-secretive butt grabs and romantic handholding.

In some cases, a little PDA is cute and picture worthy. Finding the balance between over-the-top scandalous make-out sessions and a cute peck on the cheek is the key to being a favorite couple versus a hated couple. These celebrity couples are all successful at acting like a couple in the spotlight without going overboard with their PDA:

1. Selena Gomez and Justin Bieber: Every time a photo of this duo surfaces, they are usually smiling, [holding hands](#) or sharing a kiss. Since Gomez and Bieber are young and have a young fan base, acting appropriately in public is important for them not only in the relationship world, but for their careers as well. Nothing Bieber and Gomez do would be banned PG rated film.

Related: [Justin Bieber Proves Honesty Is the Best Policy](#)

2. Khloe and Lamar Odom: This celebrity couple is famous for their baby talk and goo-goo eyes, however they do it in a way that makes people fall in love with their love. These lovebirds share a special bond that's obvious to those who see them interact. Sweet kisses and giggles are all this couple allows the press to capture, making them appear innocent and sweet.

3. Liam Hemsworth and Miley Cyrus: This is another fairly young couple who shares their love for one another with linked arms, holding hands or gentle kisses. Each photo seen of Hemsworth and Cyrus appears happy and simple. Whether it be a giggle on the beach or a deep glance into each other's eyes at an award show, this couple is the epitome of happiness and love.

Related: [Liam Hemsworth Says Miley Cyrus Would Beat Him in 'Hunger Games'](#)

4. Nick Cannon and Mariah Carey: Smiling faces are an understatement with this celebrity pair, especially when pictured with their beautiful babies. The duo is usually spotted holding hands and placing kisses on each other's cheeks, creating a special glow about them whenever they are together.

5. Katie Holmes and Tom Cruise: Holmes and Cruise are another charming couple whose photos demonstrate their closeness and the way they deeply care about one another. Cruise always wraps his arms around Holmes or has his hands poised on her face while he plants a kiss on her lips. Their long, trusting relationship is evident in the simple, but pleased way, this celebrity couple glances into one another's eyes.

What couples do you think go public with love and affection? Share your stories below.

Khloe Kardashian Is Making Marriage Her Main Focus





In spite of pressure from E! for a third season of *Khloe and Lamar*, Khloe Kardashian and Lamar Odom have made the joint decision to pull the plug on their show. According to UsMagazine.com, the decision was made in order to put family first. The couple reportedly blame the stress of the series for Odom being dropped from the Dallas Mavericks in April. They plan on spending their time off working to rebuild Odom's NBA career.

How do you support your spouse when they are facing a difficult time?

Cupid's Advice:

With the economic downturn, times are hard. If your [partner](#) is facing troubles either at work or in their personal life, it's time for you to be strong for them. Here are some ways to stand by your partner when things get tough:

- 1. Listen:** Sometimes the best thing you can do for someone in trouble is to listen. Be their shoulder to cry on as they pick themselves back up.
- 2. Move forward:** Don't dwell on the past or allow your partner to do so. No matter how bad things get, life goes on.
- 3. Remember nothing lasts forever:** When you're going through a hard time, it often seems like it will never end. Keep

reminding your partner and yourself that it's always darkest before the dawn.

How have you dealt with your partner's loss of a job? Share your story below.

Exclusive Interview: Khloe and Lamar's Malika Haqq Opens Up About Relationships, Love and Acting Aspirations



By Daniela

Agurcia and [Lori Bizzoco](#)

Thanks to the ever-present cameras of *Keeping Up with the Kardashians* and *Khloé & Lamar*, we have all gotten to know and

love Malika Haqq, Khloé Kardashian Odom's BFF and former assistant. On the second season of *Khloé and Lamar*, currently airing on E!, we see her deal with the ups-and-downs of being a single woman and navigating the dating world. In an exclusive interview with CupidsPulse.com, the positive-spirited Malika opens up about her past relationships and what she learned from them as well as her acting aspirations.

As many fans know, Khloé and Malika have been friends since they were teenagers and the two have remained tight despite the Kardashian clan's rising fame.

"We refer to one another as sisters from two different misses and misters." Malika jokes. "I get very emotional about a lot of things Khloe has gone through in the spotlight and I can go to her and discuss it. And if she has things she wants to discuss, she knows that she can come to me too."

Related: [How to Communicate to Get What You Need](#)

When asked about Khloe and Lamar's relationship, the one reason Malika says it works so well is because they talk. "I know that it sounds generic but so many people have issues in their relationship and they don't communicate about it. The thing about Khloe and Lamar is that they are honest and can turn to one another in just about every circumstance."

Khloe and Lamar's relationship isn't the only one fans got to witness this season. There was also a flirtatious display of on-camera chemistry between Malika and Khloé's younger brother, Rob Kardashian, although the two never became an "official" couple.

"Being friends as long as we are and growing up near each other, sometimes you tend to look at people a little bit different than how you once used to but ultimately our relationship never became of a serious nature because what was important to Robert and I was that we would always be friends and that we would always have a relationship," Malika said.

“It was a moment in time and it hasn’t changed our love for one another at all, in fact Robert is in a relationship now and he’s very happy and I am happy for him.”

When asked what lessons she could impart to other women who may be in a similar situation with a guy she said, “If you teeter on the line of not being in a committed relationship, then anything can happen. [Not making a full commitment] also might be a sign that some things just shouldn’t happen.”

Related Link: [How Decoding Your Love Map Can Heal a Broken Heart](#)

Malika gave us a glimpse of another relationship on this season’s *Khloé & Lamar* as we watched her fall head-over-heels for Arizona Cardinals defensive back, Adrian Wilson. Once the couple got serious, she even moved to Arizona to be with him. “Most of our relationship was quite good,” she shares.



Unfortunately, Wilson was in the midst of a divorce – one that began *before* Malika developed a relationship with him – and eventually, the pressure became too much to bear. “It kind of broke us up,” says Malika.

Malika walked away from the relationship with another lesson learned. She explains, “Sometimes it’s just best to not put yourself in the middle of something [like Wilson’s divorce]. Go out with someone who is completely free and clear, and then make the decision to date them or not.”

Even though she has no regrets about her faulty relationship with Wilson, Malika has no plans to get involved with another recently separated or divorced man. “I won’t be running down that dark street again,” she clarifies.

Thinking back on her relationship history, Malika shares one more love lesson with us. She cautions, “We can’t ignore our [romance] [rules](#) because of [what our heart wants]” – a mistake that many girls find themselves making.

Related Link: [5 Ways to Stop Sabotaging Your Relationships](#)

Setting her love life aside, Malika shifts gears and talks about her recent focus: auditioning and producing projects for herself. Starring in the films *Sky High* and *ATL*, she also played the lead role in Omarion’s music video for “Speedin’,” posting a TwitPic with Omarion onset. She assures us that we’ll be seeing more of her soon!

Sharing her positive outlook, Malika says that she always tries to go with the flow and live life with an open mind. “I’m just open to new experiences and doing things I haven’t done.”

Even though Malika is working on her own projects, you can still catch up with her and her love life on *Khloé & Lamar*, airing on Sundays at 10|9c on E!. You can also follow her on Twitter and Facebook.

Khloe Kardashian Gives Tips for a Happy Marriage



Unlike the rocky and ultimately doomed relationship of sister Kim and her ex, Khloe Kardashian and Lamar Odom are going strong. Kardashian always supports her guy, and that was especially seen when Odom was traded to a basketball team in Texas, so they had to move together. According to [People](#), Kardashian says that it's important to have "a give-and-take (relationship), keeping one another a priority and having genuine respect for each other is crucial." She also mentions the importance of "compatibility, honesty, communication and dedication" as well as keeping the relationship "a priority" to make a "happy marriage." "When you're married to the right person, it just works," she said. "It feels so good, having the support emotionally and physically from someone that you trust unconditionally is priceless."

How do you keep the bond in your marriage strong?

Cupid's Advice:

Keeping a marriage happy is crucial. Cupid shares some tips to keeping your bond strong:

1. Prioritize: Like Khloe and Lamar, you have to make sure that you put your partner and the relationship first. Make your love a priority. Where you live, and where you work are irrelevant if your partner is unhappy.

2. Communicate: Always keep in touch with your partner about everything. Whether it's about how their day is going or where you want to live, you have to communicate.

3. Support: Support your sweetheart in everything they do. Just because you don't understand it or like it doesn't mean you can't show your support for your partner by giving advice or just being there for them.

How do you make your marriage happy and strong? Share below.

Lamar Odom Teaches Khloe Kardashian a Lesson with Handcuffs





Khloe Kardashian and

NBA star, Lamar Odom share a very close relationship with one another, but how close is too close? Kardashian has been constantly interfering with his daily activities, so Odom decided to give his wife a taste of her own medicine by handcuffing himself to her, according to UsMagazine.com. “You play silly games with me, I play silly games with you”, Odom tells Kardashian on Sunday’s episode of *Khloe and Lamar* on E!.

We all watch as Kardashian gets dragged along by her husband, not letting her do what she wants to do. A frustrated Khloe claims, “Enough is enough!” as her husband laughs at the success of his payback.

What are some ways to get your partner to stop nit picking?

Cupid’s Advice:

If you’re with someone almost all the time, you can’t help but interfere with parts of their life. But sometimes, it gets to be a little too much interfering. How do you get your partner to back off a little? Here are some tips:

1. Have a talk with them: You can first start the nice way by simply sitting them down and explaining to them that you need to do some things your own way. They should be understanding and respectful that you approached them the way you did.

2. Leave them hanging: If you slowly stop telling them your daily plans, they'll feel know something's up. They'll ask what's wrong, and you can tell them why you don't want them to know what you're doing, because they'll get in the middle of it.

3. Do it right back: If nothing else has worked, try the Odom method and do what they're doing to you right back to them. Your significant other will see how annoying it is to be meddling all the time that they'll get the picture and eventually stop.

Have you ever had a partner who would always get in the middle of your activities.? What did you do? Share your comments below.

Khloe Kardashian Reveals What Kris Humphries Said at First Meeting





Yes, Kim Kardashian and Kris Humphries are divorced, but little sister Khloe Kardashian Odom, revealed why she and Humphries never got along during her Tuesday night appearance on *The Tonight Show With Jay Leno*, according to [E! Online](#). Kardashian Odom told Leno that the first thing Humphries asked her during their first meeting was, “So, how much you gettin’ paid to fake your marriage? Like how long are you gonna keep this up for?” Was Humphries trying to break the ice with a joke, or was he being down right shady? Kardashian wasn’t sure, but she said, “[Humphries] just rubbed me the wrong way. So, ever since then, I had a very defensive wall brought up.”

What do you do if your family doesn’t like your significant other?

Cupid’s Advice:

Introducing your family to your significant other is a big step. Between worrying about your family liking your partner and if your partner will leave a great first impression, it can be intimidating. Here are some things to do if your family doesn’t like your partner:

1. Respect: Understand that your family is free to have their own opinion. Give them time, and they may come around.

2. Meet, again: Put a lot of thought into their next meeting. Pick a relaxed setting, because after all, you're trying to connect the people you love.

3. Take a step back: Really take time to evaluate why your family doesn't like your partner. Could it be that he or she isn't right for you? If not, let your family know that your relationship is here to stay whether they like it or not. This may be just what they need to come to an acceptance.

What would you do if your family wasn't happy with your significant other? Share your thoughts below.