Celebrity News: 10 New Celebrity Moms





By Jessica Conigliaro

Becoming a parent is one of the greatest accomplishments in life. For celebrities who have already achieved so much, having a child is a blessing. They become more relatable to the public—and are seen in a completely different light. From this point on, they are captured walking around town with the baby stroller and diaper bag—and they wouldn't have it any other way. Here is a list of the latest celebrity parents, and soon-to-be parents:

Halle Berry

The well-known actress announced she is expecting a baby boy

with French actor Olivier Martinez. The happy couple has been engaged since 2012. This will be the second child for Berry and the first for Martinez. Berry had her first child, Nahla Ariela Aubry, with ex Gabriel Aubry in 2008.

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Kim Kardashian

After finding out about her pregnancy a few months ago, Kim and Kanye are starting to pick out their baby's fashion trends. Aside from her daughter's fashion, Kim has been upping her pregnancy fashion as well. She has been rocking the baby bump with fashion—and getting praised by her fans for staying trendy.

Jessica Simpson

Jessica Simpson is getting prepared to have baby number two. She confirmed her pregnancy last December and celebrated her baby shower on Sunday, April 15 with close friends and family. Simpson gave birth to her daughter Maxwell last year and will soon have both her hands full.

Malin Akerman

The *Rock of Ages* actress welcomed a baby boy on Tuesday, April 16^{th.} The Swedish Canadian actress and model is now a first time mother to Sebastian Zincone, born on April 16. Malin and hubby Roberto Zincone tied the knot back in June 2007.

Ashley Arnold

Actor and comedian, Tom Arnold and wife Ashley Arnold were thrilled to have yet another reason to feel successful in life. Their new son, Jax Copeland arrived earlier last month. After failing several times to conceive, the couple was beginning to think having a child wouldn't be possible for them. They were more than delighted to hear the news they were

expecting!

Jenna Bush Hager

Former President George W. Bush is now a grandfather! Jenna and husband, Henry Chase Hager announced they were expecting last December. Jenna gave birth to Margaret Laura "Mila" Hager, named after both grandmothers, earlier last month.

Kerri Walsh Jennings

Volleyball player Kerri Walsh Jennings is now a proud mother of three. She and husband Casey Jennings have 2 sons together named Joseph Michael, age 3 and Sundance Thomas, age 2. Jennings gave birth to a baby girl, Scout Margery last month.

Heather Morris

Glee star Heather Morris is now expecting her first child—an unexpected joy for her and Taylor Hubbell, father of the baby. The couple began dating in 2008 and just recently began living together in Morris' Los Angeles home in early 2012.

Beverely Mitchell

The former 7th Heaven actress and her husband Michael Cameron welcomed their first child, a daughter named Kenzie Lynn on March 28th. Just a few days after giving birth, Mitchell tweeted about how much she loved to spend time with her new bundle of joy.

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Shiri Appleby

Appleby, actress in the HBO series, *Girls*, and her fiancé, Chef Jon Shook announced they were expecting last December. She gave birth to a baby girl, Natalie Bouader Shook on March 23rd.

Who is your favorite celebrity mom? Share your thoughts below.

Celebrity Baby: Kerry Walsh Jennings Welcomes a Baby Girl with Husband Casey Jennings





By Jessica Conigliaro

Volleyball player Kerri Walsh Jennings gave birth to her third child on April 6. "Our family feels so blessed to have this beautiful new addition to our family," <u>UsMagazine.com</u> reports the new mom saying.. "We cherish our lil Scout already and can't wait to watch her as she grows in this world alongside her sweet big brothers." What are some ways to stay healthy while you're pregnant?

Cupid's Advice:

You and your husband want to make sure your baby is happy and healthy. You have so much love for him/her already and want to do all that you can. Cupid is here to teach you ways to stay healthy during your pregnancy:

1. Take long walks: Start your mornings with a nice stroll through the park. You and your baby will get some fresh air and will clear your head as well. Bring your husband along; use your daily walks as time to plan ways you will prepare for your new bundle of joy. You and your partner will get even closer while on your walks-great memories to share with your future son or daughter.

2. Eat right: The best things you can do for your body during pregnancy is eat healthy. Your cravings may leave you wanting to eat nothing but peanut butter and celery, but try to limit your junk food. Your baby needs nutrition—and so do you. Have your husband prepare a healthy dinner of chicken salad and asparagus for the two of you—a healthy and delicious meal for you both to share.

3. Talk to the baby: Let your baby know how much you love them before they are even born. Tell him/her funny stories—you might even want to play some music for them to hear. If your partner plays any instruments, have him play next to your stomach. You baby is sure to kick with excitement.

How do you stay healthy during pregnancy? Share in the comments below.