# Celebrity News: Ryan Seacrest Says Kelly Ripa Encourages Him to Elope





By Ahjané Forbes

In <u>celebrity news</u>, on *Live With Kelly and Ryan*, Kelly Ripa mentioned that she thought Ryan Seacrest and his girlfriend Shayna Taylor had privately eloped when she saw what she thought were the couple getting married in an Instagram post. According to *UsMagazine.com*, the former *American Idol* host cleared up this confusion on the episode of their show that aired on October 8th, confirming that it was actually a different couple getting married in the post. But, that doesn't mean that Ripa has given up hope that Seacrest and his

girlfriend will elope. Seacrest, speaking to Ripa said, "You're the one that says just elope, elope!" and Ripa responded, "Yes, elope because it's very easy." and Taylor have been an on-and-off celebrity couple since March 2013. Though they haven't eloped as of yet, they are building their relationship. Seacrest says that his longtime girlfriend will be attending Thanksgiving dinner with him and his family this year.

#### In celebrity news, Kelly Ripa tells Ryan Seacrest he should elope. What are the benefits of eloping instead of having a big wedding?

#### Cupid's Advice:

Not everyone wants a big wedding extravaganza. Eloping is an ongoing trend that started with rebellious teenagers and made its way to becoming more popular among all ages. Cupid has some tips and tricks you can use to make your mini wedding one to remember:

1. Take a trip somewhere: Inviting everyone to a vacation spot is not always realistic. It can be costly for your guests, and many of them won't be able to swing it. However, a destination wedding is a great idea if you're eloping. It'll allow you to combine your wedding and honeymoon and spend quality alone time with your partner.

Related Link: Celebrity Vacation: Make Your Anniversary
Special With a Vacation Like Sofia Vergara & Joe Manganiello

2. Privacy: Your vows may be more meaningful if you exchange them privately. You'll be able to say things to each other that you wouldn't be able to in a room full of people. This is also an ideal time to set realistic goals for the

relationship and talk about plans for the future.

Related Link: <u>Celebrity Wedding: Miranda Lambert Marries</u>
Brendan McLoughlin In Secret Nuptials

**3. You can always have a reception:** Even though you aren't following tradition when it comes to your wedding, that doesn't mean you have to give up a celebration with family and friends. You can still have your bridesmaids and best men included as well. Don't forget to order the cake!

How would you elope? Tell us your thoughts in the comments below!

# Celebrity Couple Kelly Ripa & Mark Consuelos Send Daughter Off to College





By <u>Katie Sotack</u>

It's off to school season, and <u>celebrity parents</u> are not immune to their nests becoming smaller. *Live!* host <u>Kelly Ripa</u> and *Riverdale* actor Mark Consuelos recently sent their second oldest and only daughter off to college. Consuelos uploaded a photo with the caption "2 down... 1 to go", referring to the couple's third child. Using the same picture, Ripa shared the news via Instagram, where many celebrity friends were sympathetic to the news. Lisa Rinna, *Real Housewives of Beverly Hills* star, who recently sent her daughter off to college as well, commented several sobbing emojis in solidarity.

This <u>celebrity couple</u>'s nest just got a little bit smaller. What are some ways to deal with an empty next when your children leave home?

#### Cupid's Advice:

It's college season in America! Parents cry and young adults rejoice as they ship off to schools across the country. Empty nesting may seem daunting at first, but think about all the perks of your children leaving home:

1. Reconnect as a couple: It's likely that you and your partner have not lived alone since before your child was born. Once your baby moves out, recommit to your relationship. Being home alone with your partner means date nights in and walking around in your underwear again. A child leaving is nothing lost; it's readjusting to a life you once had.

Related Link: <u>Celebrity Parents: Former 'Bachelor' Arie</u>
<u>Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'</u>

2. A new relationship: When your child moves away, your relationship will morph. Likely, it'll get better. The saying "absence makes the heart grow fonder" is absolutely true in this case. Instead of relying on you for their needs, they will learn to care for themselves. In doing so, your relationship will become more balanced and less demanding on your end.

Related Link: <u>Celebrity Baby News: Jade Roper & Tanner Tolbert</u>
Reveal Baby Boy's Name

3. It may not be permanent: It today's economy, moving out is not always permanent. It's very possible your child will be moving back in after college or if their job goes south. This is both totally normal and hope for you to have your baby under your roof again.

How are you dealing with an empty nest this back to school season? Share in the comments below!

# Celebrity Workout: Group Classes That'll Have You Sweating With Obsession





By <u>Katie Sotack</u>

Picture yourself slick with sweat, surrounded by your fitness family, working toward the hot summer body you've always wanted. These are the reasons <u>celebrities</u> crave group fitness classes. Participants are quick to become a family, pushing each other past their mental blocks and onto new physical planes. Plus classes are designed by professionals so you know your body is getting the best workout to target fat and build

muscle. Next time you hit the gym, try out a fitness class for the best <u>celebrity body</u> workout.

# Get excited to try your hand at the latest <u>fitness trend</u>, group classes. But how do you know which <u>celebrity workout</u> is right for you?

Celebrities like Nina Dobrev and Ellen Pompeo are obsessed with their fitness classes. Ranging from slow, muscle-building yoga to fast-paced cardio like Zumba, there's a group class for every future workout junkie. Here are the details on who does what and why you should try it:

1. The model workout: Ashley Graham, Karlie Kloss, and Hailey Bieber all get themselves into model shape through Dogpound. The workouts are seriously hardcore, think Crossfit levels. Instructors have participants throw hammers and sprint with resistance bands on, plus much more. If you're looking to build muscle, this is the workout to go with. The more muscle you have, the more fat you burn. So if you're looking to slim down, this workout could still benefit you.

Related Link: Fitness Trend: Hire a Certified Professional

- 2. Tracey Anderson Method: These classes are accessible anywhere, whether in person or on DVD. As long as you have an area to get physical you can get fit with Tracey. The workout consists of targeting small muscle groups to tone your overall body. Lena Dunham even credited the program for helping to ease her infamous anxiety. Other celebrity goers are Tracee Ellis Ross and Victoria Beckham (talking about a new way to bend it like Beckham here).
- 3. Soulcycle: This workout has reached pop culture fame through sweat-drenched cycling workouts and the hoard of

celebrities who attend them. <u>Kelly Ripa</u>, <u>Lea Michele</u>, Michelle Obama, and many more make their way to Soulcycle very week. With 70 locations across the United States, it's as easy said as done. Plus, you can totally pretend you're <u>Ariana Grande</u> in the Side to Side music video while riding the bikes.

Related Link: Fitness Trend: Mobile Exercise Apps

- **4. Body by Simone:** Dance your way to having <u>Chrissy Tiegen</u>'s tush and <u>Taylor Swift</u>'s mid-drift with this program. Designed by a classically trained ballet dancer, Simone offers a variety of workouts from fat-busting dance cardio to full-body tone up routines. The studios are only in NYC and LA but fear not, there's an eight-week transformation program available to stream.
- **5. Gotham Gym:** Based in New York City, trainer Rob Piela opened a gym dedicated to boxing fitness. Classes are forty-five minutes, with arm toning jabs, uppercuts, and cross punches. Add in jump roping for cardio and you'll be slimming down while toning up in no time. Kendall Jenner and Bella Hadid swear by this workout craze. Plus your confidence will soar knowing you can kick anyone's butt in a boxing match.

Do you think you'll try group fitness classes? Let us know in the comments below!

### Celebrity News: Kelly Ripa Says She Is 'Disgusted' By

### 'The Bachelor' & 'The Bachelorette'





By Megan McIntosh

Looks like there's some drama in <u>celebrity news</u> with <u>Kelly Ripa</u>. It turns out that she's "disgusted" by ABC's reality shows *The Bachelor* and *The Bachelorette*. According to *UsMagazine.com*, Ripa blasted the show, saying that she can't stand the idea of women fighting over one guy, adding that women "are too special to be arguing over a guy." Ripa thinks both <u>reality shows</u> are "creepy."

#### In celebrity news, not everyone has

love for the Bachelor franchise apparently. What do you do if you're vying for the heart of someone another person is also interested in?

#### Cupid's Advice:

When you're first getting to know someone, there's no way to be sure that you're the only person they're seeing. There's always a little friendly competition at the beginning of a potential relationship. Cupid has some tips on what to do when someone else is interested in the person you're trying to snag:

1. Act your age: Some people like to act immature or childish to get someone's attention. That is not the way to do it. While using a childish voice or teasing a potential partner may get you temporary attention, it's no way to keep them interested for the long term.

**Related Link:** <u>Dating Advice: 5 Activities for a Fun and Fresh</u>
Date With Your SO

2. Confidence: It doesn't matter what you do, what you wear, or what you say if you don't do it with confidence. Be confident in your walk, be confident in your flirting, just be confidence. Confidence is attractive because it shows that you know you've got what they're looking for.

Related Link: <u>Dating Advice: Five Steps to Winning a Second</u>
Date

3. Show interest: This might seem obvious but the best way to grab someone's attention is to show genuine interest in their lives. Ask them about their friends, their favorites, and

maybe try out a hobby or two that they enjoy. This shows them you're interested and makes them want to get to know you better.

Do you have any advice for catching someone's eye? Share below!

### Celebrity News: Kelly Ripa Addresses Ryan Seacrest Sexual Misconduct Allegations





According to <u>UsMagazine.com</u>, TV show host Kelly Ripa is standing by Ryan Seacrest. "I just want you to know you are a privilege to work with, and I adore you, and I am speaking on behalf of all of us here. I know what an easy, professional, great person you are and I feel very, very lucky to work with you each and every day," Ripa said to Ryan Seacrest on Thursday while on air during their show *Live With Kelly and Ryan*. This heartwarming statement came after the sexual misconduct allegations against Seacrest from one of his former stylists. Seacrest has denied the accusations multiple times.

In <u>celebrity news</u>, Ryan Seacrest is up against some serious sexual misconduct accusations. What are some ways to support your partner when he/she is being accused of something they did not do?

#### Cupid's Advice:

Trust is a big thing, and it's what keeps us standing by our partners when accusations arise. Cupid has some relationship advice on ways to support your other half if a tough time like this comes up:

1. Be their shoulder to lean on: Be there for them. Be there to listen to them. If your partner is being accused of something they didn't do, they will most likely be under some real stress, so they need a support system. You must be mindful of their emotions. Just make sure they know you have their back.

Related Link: <u>Larry Nassar Sentenced to 175 Years In Prison in</u> Sexual Abuse Case 2. Be positive: Talk to them, offer words of encouragement. Don't criticize. Depending on the accusation, this can be a dark time. Try to be the light in the darkness for them. Obviously, don't try to downplay what's going on, but try to have them see that things will get better. Hope is sometimes one of the things we need the most.

Related Link: Matt Lauer Fired from NBC News for 'Inappropriate Sexual Behavior'

**3. Help problem solve:** Try to come up with some ideas on how to get past the situation or solve it. Be there to give advice when they need it. Two minds are often better than one. Time can be of the essence in cases like these, so put your heads together — You will get through it.

Have you had experience with this, if so, how did you handle it? Share below!

# Fashion Trend: Soak Up The Sun in Colored Mirror Sunglasses





By <u>Melissa Lee</u>

Sunglasses are an absolute essential for anyone summer's wardrobe, both for safety and style reasons! Whether you're soaking up some rays on the beach or just simply running errands, sunglasses should always be perched on your nose — the most stylish ones of course. One of this summer's hottest fashion trend are colored mirror sunglasses, which have been seen on celebrities like Emma Roberts and Kelly Ripa.

## Don't miss out on this fashion trend — follow Cupid's tips on how to style these sunnies!

1. Let them be the star: Colored mirror sunglasses can surely be a statement piece in your wardrobe, so if your aim is to let them be the star of your outfit, follow Olivia Palermo's example. Pair these sunglasses with a polished look to give off a professional, yet chic vibe.



Olivia Palermo

2. Go boho: Take a page of out Emma Roberts' fashion book and go for a more boho look. Wear these adorable rose gold mirrored sunnies with a comfortable, flowery dress, and you'll look effortlessly bohemian.



Emma Roberts

Related Link: <u>Dress for Success in These Fashion Trends Fit</u> for a Celebrity Lifestyle

**3. Professional and stylish:** If you're off to work or a meeting, you may want to study Kelly Ripa's outfit — she's seemed to master the professional yet stylish look! Ripa styled these green mirror sunglasses with a flower-printed

button down, fitted boyfriend jeans and a pair of nude heels. In this outfit, Ripa looks like she's ready to take on the world.



Kelly Ripa

**4. Off-duty? No problem:** We get it — when it's Sunday morning, you're not going to be strutting your stuff in your favorite pair of heels. Alessandra Ambrosio completely mastered the weekender look by pairing her color mirrored sunglasses with a gray tee-shirt dress, a fitted denim jacket, and slip on sneakers. This outfit looks both put together *and* comfy, which is perfect for those low-key weekend hangouts!



Alessandra Ambrosio

Have any other ideas on how to style these sunglasses? Share your thoughts below!

## Fitness Trend: Wearable Technology





By Noelle Downey

With warm weather here it's time to party on the beach and play in the surf and sand. But what if you're feeling like your beach body isn't quite bikini-ready? There's a new fitness trend that could help you get outdoors for a sensational summertime in the sun and motivate you to start sculpting some killer abs too. With stars like Ryan Reynolds and Gwyneth Paltrow jumping on the bandwagon, it's official, the newest celebrity trend when it comes to fitness is wearable technology. From Fit Bit to Garmin, this trend is everywhere, and we here at Cupid's Pulse have the the top five celebrity-approved ways to catch up on this trendy tech breakthrough for summer fitness fun.

Looking for a great way to stay fit and fab this summer? Check out these awesome pieces of tech to

## stay on the fitness trend and on track to a red-carpet worthy body this summer!

- 1. Flaunt your abs with Fitbit: While Fitbit is far from the only good option out there when it comes to wearable tech, it's definitely one of the most popular in the mainstream fitness world, probably partly because of the variety of models available. Tons of stars have been spotted with this handy piece of tech on their wrist as they work out. Britney Spears gets in some steps with an eye-catching pink Fitbit to match her workout ensemble, while Ryan Reynolds works on his killer abs with the Fitbit Flex, and Kelly Ripa struts her stuff with a Fitbit of her own tracking her every move toward a red-carpet worthy figure. Even former president Barack Obama has been spotted with a Fitbit Surge on his wrist during his daily runs. Whatever model you choose, this piece of tech wonder will do everything from track your steps and heart rate to monitor your sleep, with some models even synching directly to your smart phone to store and compare the data.
- 2. Push to the limit with the Pebble SmartWatch: If you're looking for something a little less mainstream and slightly more upscale, try the Pebble SmartWatch for a fitness tracker that looks like a fashion statement in the form of a swanky watch. TV talk show host and comedian Stephen Colbert has been spotted multiple times with this great piece of wearable tech on his wrist. If you're looking for something that doesn't necessarily proclaim, "I'm working out right now," but you're still interested in tracking your fitness data, try Pebble SmartWatch, which tracks your calories burned and distance covered and gives you personalized fitness encouragements when you need them. All of this is caught up in a sleek, celebrity style design that looks fashionable and stellar, and if you're not busy hitting the gym, you can discreetly set it to display

the time and still get compliments on your gorgeous accessory.

Related Link: Fitness Advice: Is Fitness Turning Entirely Digital?

- 3. Burn calories with the Nike + Fuelband: If you're looking for something a little more simple that's still celebrity-approved, try the Nike + Fuelband, a simple band around your wrist that tracks calories burned and steps taken while allowing you to set daily goals for yourself on a single simple screen. This chunky and funky band certainly isn't as sleek as some of it's competitors, but it also does exactly what it needs to do to help you set a better fitness schedule, without all the fuss of a more high-tech gadget. And it certainly has a great celebrity endorsement from Serena Williams, who's been spotted on the court during many of her victorious championship tennis games with this trendy fitness gadget on her wrist.
- 4. Take a step forward with Jawbone UP: If you're not feeling Fitbit but want a combination of Fitbits variety of models and the sleekness of the Pebble SmartWatch, look no further than Jawbone UP, which offers four different models with a variety of abilities, from the basic model that provides a smart coach, activity tracking, calories burned, and sleep tracking to the more advanced models that provide all of this as well as automatic sleep detection and data on heart health. This sleek and shiny band offers choices to those who decide to purchase from this brand, as well as a variety of colors and styles. Famous actress and health guru Gwyneth Paltrow has been seen wearing the Jawbone UP on many occasions! See if the Jawbone UP could be for you too!

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5. Get in shape with <a href="Garmin VivoSmart">Garmin VivoSmart</a>: For a fitness monitoring tool that's approved by fitness icon and Virgin-

founder Richard Branson, look no further than the Garmin VivoSmart. Garmin may not feature the fanciest models on the market when it comes to wearable tech, but it's also one of the most affordable, and you get a fairly good bang for your buck when it comes to using this handy fitness tool. Just like Richard Branson, you can strap this on and learn about your sleep and steps with one of their colorful and water-resistant models, or you can spring for one of the newer releases and get all day stress monitoring, rep counting, and more!

Have you ever used any wearable tech when it comes to fitness? What do you think of this trend? Will you be springing for one of these fitness tools soon? Let us know in the comments!

### Celebrity Fitness: Celeb-Approved Ways to Stay Fit in NYC





By Noelle Downey

With summer about to be in full swing, it's officially time to start thinking about how amazing you're going to look in your favorite bikini at the beach this year. If you want to shave off a few pounds to look your best while you play in the surf and sand this summer, never fear! There are tons of places you can head to work out and look stunning in time for the hottest summer months, especially if you live in celeb-studded NYC. Tons of celebrities will be joining you on your quest to get fit this year, and if you head to any of these premier fitness locales, you just might run into them!

Celebrity Fitness: Check out these celeb-approved ways to stay fit in NYC and see if any of these fitness trends could help you get a

#### celebrity style body and look!

- 1. Ballet Beautiful: For a somewhat non-traditional workout, visit Ballet Beautiful, a celeb-approved hotspot for getting fit with ballet exercises and cardio that's client specialized to any particular needs you might have or problem areas you might want to address. Owner Mary Helen Bowers is used to VIP clients, including Victoria's Secret Angels Miranda Kerr and Lily Aldridge, and Bowers also personally trained Natalie Portman for her Oscar-winning performance in dark horror flick, Black Swan. With two convenient locations in SOHO and the Upper East Side, visit this special studio and pick a workout from anywhere between fifteen minutes to three hours to see what all the stars are raving about when it comes to this fun fitness opportunity.
- 2. ModelFit: For a fantastic workout that leads to an absolutely stellar body, try ModelFit, a hugely popular fitness boutique in Manhattan frequented by such big-name stars as <a href="Taylor Swift">Taylor Swift</a>, Karlie Kloss and <a href="Chrissy Teigen">Chrissy Teigen</a>. Owner and fitness expert Justin Gelband focuses on toning your muscles through cardio, so expect a lot of fun activities like kickboxing and yoga to shake up your fitness routine. And don't be surprised if you spot even more Victoria's Secret Angels ModelFit is incredibly popular with the modeling crowd, so much so that Gelband is referred to as "the supermodel trainer."

Related Link: Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind By Eating These Super Foods

3. Rumble Boxing: Looking for something to break you into even more of a sweat? Why not try Rumble Boxing, a hardcore workout that allows you to jump from lifting weights to hitting a punching bag in minutes. Rumble Boxing is still an up-and-coming fitness destination for the rich and famous, but professional models are often seen blowing off steam and

burning calories in this premier establishment, including Canadian-born supermodel Lexi Wood and fitness training icon and former football player Devon Levesque. Visit this awesome workout facility to burn some calories and get your body beach-ready this summer!

4. AKT InMotion: If Ballet Beautiful sounds fun but you're looking for a different kind of dance for your workout, look no farther than AKT InMotion, a high-energy dance studio from owner Anna Kaiser, who is responsible for the fantastic physiques of such stars as Shakira and Kelly Ripa. Keep on your toes with this fantastic workout that combines the fun of a night out dancing with your girlfriends with the calorie burn you'll need to feel great about your body this summer. Grab a group of friends and hit up this celeb-approved NYC fitness hotspot for a fun hour of intense dancing that will leave you feeling invigorated and full of adrenaline.

Related Link: <u>Product Review: Get Your Fitness Wear By Naja, a Socially Conscious Lingerie Brand</u>

**5. Dogpound:** If you're looking for a workout that has a high level of intensity but an equally high level of results, than Dogpound might just be for you. This insane fitness hotspot is a beloved favorite of a ton of Victoria's Secret Angels, including Ashley Graham and Leonardo DiCaprio's celebrity ex, Toni Gaarn. Move across the room burning calories and flipping tires or step into the ring for a boxing match for some intense fitness that will leave you breathless and with a great bikini-worthy body. Feel great about your tenacity in the ring and your core strength as you step up to the challenges at this amazing and hardcore NYC fitness stop.

Are you planning to visit any of these celeb-approved fitness hotspots in NYC? What are your favorite ways to get fit? Let us know in the comments!

# Celebrity Couples: Marriages That Survived the Seven-Year Itch







Jessica Alba and Cash Warren

What a fantastic love story this celebrity couple shares! Alba met Warren on the set of 'Fantastic Four' in 2004, and by 2008, the two had said "I do." The pair later welcomed daughters Honor and Haven. Photo: STPR / PRPhotos.com

# 5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships





by Molly Jacob

It seems that every day that a new Hollywood couple is breaking up or getting back together. But what about the couples that have withstood the test of time? When celebs have been in relationships and love for years, they have a lot of wisdom to impart about relationships and love.

# See what love advice celebrity couples in long-term relationships have found useful for their own relationships!

1. Alyson Hannigan and Alexis Denisof: These Buffy the Vampire Slayer costars married in 2003 and have two daughters. When she was asked about the best love advice she had ever received, the How I Met Your Mother celeb said, "'Don't ever spend more than three weeks apart.' Two and a half weeks, maybe three, was the longest we ever did."

2. Tim McGraw and Faith Hill: This country music Hollywood couple has been together for 19 years. McGraw said in an interview with Great American Country, "You just have to love the skin you're in, basically. You have to walk this life together. There will be times, ups and downs, but you have to essentially like the person that you love. I think it's important to laugh a lot and have a good time. Life is so short. It sounds contrived but it's the truth."

Related Link: Tim McGraw Credits Faith Hill for Helping Him Ouit Alcohol

- 3. David and Victoria Beckham: This power celebrity couple has been married for 15 years. David Beckham says the secret to their relationship and love is that they "have fun together." Beckham told *People*, "We've got three beautiful children together which our whole time is making them happy and making sure they're healthy and good so most of our time is spent on them. But we have to also spend time together as a couple and that's always important."
- 4. Kelly Ripa and Mark Consuelos: This celebrity couple, who met on the set of All My Children, got married in 1996 and have three children. Ripa said her best love advice is, "Don't get divorced after your first argument! I have a lot of friends that have one fight and that's it, they get divorced. I go, 'Wait a minute! Oh my gosh, you guys! Calm down! You'll forget in three days what you were fighting about.'" The celeb also revealed in an interview on Watch What Happens Live that the secret to their marriage is that they have "lots of sex."

Related Link: <u>Kelly Ripa on Electrolux and Her Marriage to Mark Consuelos: "We Still Dig Each Other"</u>

**5. Robin Meade and Tim Yeager:** The *CNN* anchor and her longterm boyfriend married in 1993. The best love advice she has ever given is, "Gals, don't marry someone for their looks. Sooner or later we all age and start to droop. Don't marry

someone for their position and don't marry someone for money. Money comes and goes, and since when is that love? Marry someone because they make you laugh. Humor is always sexy. Besides, it's awfully hard to get mad at someone while they're making you laugh."

What's the best love advice you've received from someone in a long-term relationship? Share in the comments section below!

# Neil Patrick Harris and Family Wear Gotham-Themed Halloween Costumes





By <u>Katie Gray</u>

How I Met Your Mother star Neil Patrick Harris and his family dressed up for Halloween with Gotham costumes, according to <u>UsMagazine.com</u>. Harris, husband David Burtka, and their 4-year-old twins Gideon and Harper dressed up as DC Comics characters from Gotham City. Harris captioned on Instagram, "Happy Halloween from Gotham City!!" The family celebrated with their famous friends, power couple Kelly Ripa and Mark Consuelos.

### What are some creative ways to celebrate Halloween as a family?

#### Cupid's Advice:

Halloween is the perfect time for families to come together and have fun, while enjoying the company of one another. On the actual holiday, trick-or-treating and themed parties are always the way to go. Cupid has some ways you can celebrate Halloween as a family:

1. Jump then fall: Take a cue from Taylor Swift's song 'Jump

Then Fall' and dive straight into the beautiful season of fall/autumn. A great way to enjoy the Halloween season with your family, is by doing fun Halloween activities! Make Halloween arts and crafts, create your costumes together, do Halloween baking and make yummy sweets, watch Halloween movies (you have the option of scary or funny) and carve and paint pumpkins together. There are so many great options for you to enjoy the festive Halloween season as a family!

Related: Halloween Date Ideas

2. Pumpkin patch: A fantastic way to have quality family time is by going to a pumpkin patch, for the traditional act of pumpkin picking. Usually, places will offer hay rides and other fun activities along with it. There are also places to go apple picking, which fits in with the theme of fall and family fun.

Related: Celebrity Couple Halloween Costumes

3. Trick-or-Treat: Just like the Aaron Carter song goes, I want candy! The classic way to enjoy Halloween with family is by going trick-or-treating. It's fun to see everyone dressed up in their costumes, and everybody likes candy. Attending parties and parades together on Halloween are also superb ways to enjoy the company of family and the holiday.

What are some ways that you have celebrated Halloween as a family? Share your thoughts below.

### Kelly Ripa on Electrolux and

### Her Marriage to Mark Consuelos: "We Still Dig Each Other"





Interview by Lori Bizzoco.

In this exclusive interview, CupidsPulse.com founder and executive editor Lori Bizzoco chats with Kelly Ripa about Super Saturday, which was held this past weekend in the Hamptons; her relationship with co-host and "soul sibling" Michael Strahan; and her strong marriage to Mark Consuelos. "We just love each other. We still dig each other," the television personality says of the secret to their marriage of seventeen years. "He does it for me, and I think I do it for him. Otherwise, I don't think he'd still be here!"

The mother of three also discusses her partnership with Electrolux and their French Door Refrigerator with the Perfect Temp Drawer. Not only does she love their products, but she loves their philanthropic attitude as well. "They've been helping me raise money for ovarian research since I've been with them. When a company puts forth such an effort not only to make lives easier but also worrying about the health of women, I just think that says something."

In addition to the event in New York City, Electrolux is inviting Americans to visit www.livelovelux.com through August 22 to enter the Electrolux Perfect Temp Sweepstakes for the chance to win a French Door Refrigerator and a trip to a climate with the Perfect Temp (the Bahamas!). For every entry or share, Electrolux will donate \$1 to the Ovarian Cancer Research Fund (OCRF). Visitors to the site can also download Kelly's favorite summertime recipes, including her famous spicy mango-peach Greek yogurt popsicle!

For more videos from CupidsPulse.com, check out our YouTube channel, youtube.com/user/CupidsPulse

### Celebrity News: Kelly Ripa Opens Up About Marriage to Mark Consuelos





By Meghan Fitzgerald

Kelly Ripa, 42, has experienced many years of marriage ... 14 to be exact. Even then, there are still things which bug her about her partner, Mark Consuelos. <u>People</u> reports that she is "[0]penly hostile when Mark leaves the toilet seat up." Ripa continues to discuss how husband, Consuelos, will never put the toilet seat down. That said, she doesn't let it get in her way. She worships her other half, love radiating from her body when she's around him.

What are some ways in which fighting can help a relationship?

#### Cupid's Advice:

Yes, fighting is tiresome and physically draining. Of course couples fight, you don't have a healthy relationship if you never have a disagreement. Ultimately, fighting mends problems. You can discuss dilemmas going on, and you blow off some stem. Cupid has some ways in which fighting can be a good thing:

1. Emotions: In relationships, emotions are sometimes held

back. Whether it be for their own sake, or their partner. Most people in relationships do this. With fighting, all of your emotions are unleashed. Although some of these emotions may be stronger than you wanted, they still get out there. Making your partner more aware of what you're thinking and feeling all in one strong gust.

- 2. Strength: Fighting gives you strength. Fighting in a relationship gives you and your mate strength. It allows you to work out your problems and move forwards as a couple. It makes you aware of your strengths and weaknesses. Your mate's strengths and weaknesses. You begin to morph into one when you successfully get out of a fight with a smile. Keep powering through!
- 3. Excitement: This last one may seem a bit strange. However, what's more exciting than a tense, sexually frustrating fight with your love. Sometimes relationships dig themselves a grave. Burying themselves further into boredom as each day passes on. Fighting as a couple gives you something to get thrilled over. Maybe not thrilled over why you're upset, or mad. But thrilled that your partner is willing to fight for you. The same with yourself.

Has fighting ever helped your relationship? Explain your experience!

### Kelly Ripa's NYC Chic





By Ann Csincsak

Kelly Ripa is the queen of morning talk shows and the fashion envy of every woman who turns on their television to catch her witty gossip and banter. As a mother of three, Kelly's toned figure and effortless style is a great reason to set your DVR to LIVE with Kelly and Michael on ABC.

Often seen on the streets of New York City with her hunky husband, Mark Consuelos, Kelly proves that beauty, brains and style *can* all be found in one package (image above).

- 1. <u>Lipsy Dome Handbag</u> \$75
- 2. <u>House of Harlow Lynn Sunglasses</u> \$70
- 3. Michael Kors Berkley Sandal \$150
- 4. Banana Republic Ponte Striped Skirt \$79.50
- 5. <u>Vintage Lion Head Necklace</u> \$49
- 6. Y-3 Racer-Back Tank \$25



- 1. Oasis Yellow Drape Blouse \$45
- 2. Hudson Signature Boot Cut Jeans \$198
- 3. Kork-Ease Hailey Wedges \$170
- 4. Alice and Olivia Elise Blazer \$194
- 5. Forever21 Marble Mint Ring \$3.80
- 6. Essie 'Put A Ripka Ring' Polish \$14

This multitasking mother gives us the perfect blend of sweet and savvy with her everyday outfits. Follow her lead and dress to impress by wearing solid tops and fantastic accessories. It doesn't matter if Kelly's relaxing on the beach in the Hamptons, picking her children up from school or walking the red carpet for an event, this blonde bombshell always makes a splash!

For more style tips and tricks, follow me on www.cashmereandcoco.com or on twitter at @anncsincsak!

## Going the Distance: Celebrity Couples Who Make It Work





By Jennifer Harrington

Everyone has heard the saying that "relationships are hard work." But it seems that in Hollywood, relationships are even harder work, and celebrity news is always full of star couples calling it quits. We're only a few months into 2012, and this year we've already heard of Russell Brand and Katy Perry's divorce, the conclusion of Drew Carey's five-year engagement to Nicole Jaracz, and the shocking end to Heidi Klum and Seal's seven-year marriage.

We are always looking to celebrities for the latest trends in clothing, music, and movies. But with these couples frequently dissolving in divorce and disputes, are there any

famous couples we can look to for inspiration in the love, romance, and marriage department? Cupid checked it out, and here are three couples who have been lucky in love, despite the constant glare of the spotlight:

Kurt Russell and Goldie Hawn: These lovebirds have been together for a quarter of a century, despite never tying the knot. Goldie was quoted in a 2007 Woman's Day article saying, "We have done just perfectly without marrying...I like waking up every day and seeing that he is there and knowing that I have a choice. There is really no reason to marry." What's the best part of their romance? They make their own rules and live life their way. Make your own rules in your relationship and do what works best for you and your honey.

Related: Are Celebrity Cougars Becoming Extinct?

John Travolta and Kelly Preston: The Saturday Night Fever star and Jerry Maguire beauty have been married since 1991. While both have built enduring, interesting careers in the film industry, personally they have experienced great sorrow with the death of their son Jett in 2009 (due to a seizure) and joy in 2010 when they welcomed son Benjamin into the world. What can we learn from them? John and Kelly share a common foundation in their religion, Scientology, and it's obvious that these shared beliefs have guided them through life's trials and tribulations. Whatever your beliefs, it's easier to cope with life when your partner shares a similar belief system.

Related: What Celebrity Marriages Can Teach Us About Love

Mark Consuelos and Kelly Ripa: Millions of people start each day with Kelly on the show Live! With Kelly, and she's always an open book on all aspects of her life, including her marriage to Mark, which started after they met on the set of All My Children in 1995. Between two showbiz careers and three children, Mark confided in a YourTango interview that

the secret behind their successful marriage is remarkably simple. Mark said, "We have a lot of respect for each other. Our children are our priority and we come from two families where both parents are still together, and we hold that in high regard." Keep that in mind with your other half; don't lose sight of the basics, such as respecting your partner and putting family first.

So while it may initially seem like Hollywood is full of short-lived romances, it turns out there are successful love stories as well. Thanks to Kurt and Goldie, John and Kelly, and Mark and Kelly for showing us all about love — Tinseltown style!

What are some other celeb couples who continually make it work? Share your ideas below.

# Celebrity Weddings: 5 Famous Couples That Said 'I Do' in Vegas





By Katanya Royster

What's the first thing you think of when someone says Sin City? Okay, after legalized prostitution. That's right: quickie Vegas weddings in chapels illuminated with neon lights. The fact is, Las Vegas issues approximately 100,000 marriage licenses each year and boasts almost as many wedding chapels as it does casinos. For famous couples, those quickie celebrity weddings are typically followed by quickie divorces and embarrassing publicity. Vegas' abundance of 24-hour bars makes us wonder if some of our favorite celebs were under the influence of something other than love when they tied the knot, Vegas-style. Here are a few examples:

### Famous Couples That Married in Vegas

1. Kelly Ripa and Mark Consuelos: In 1996, former soap star and current television host Kelly Ripa married actor Mark Consuelos at the Chapel of the Bells in Las Vegas. Sixteen years and three children later, this happy married celebrity

couple proves Vegas weddings can sometimes stick!

Related Link: Demi Moore Proves There's Hope After Marriage

- 2. Angelina Jolie and Billy Bob Thornton: In 2000, actress Angelina Jolie and actor/writer Billy Bob Thornton wed at The Little Church of the West on the Las Vegas Strip. The famous couple called it quits after two years of marriage with Jolie petitioning for divorce, citing "irreconcilable differences." It was Jolie's second marriage and Thornton's fifth.
- 3. Britney Spears and Jason Alexander: In 2004, pop star Britney Spears wed longtime friend Jason Alexander at a 24-hour wedding chapel. Apparently, Spears forgot to grab a prenup on the way to the chapel. meaning that this stunt could have cost her a lot more than a little public backlash. 55 hours later, Alexander signed annulment papers and took an economy class flight home. During a subsequent interview with MTV's Total Request Live, Spears said Vegas "took her over" and admitted that "things got out of hand."

Related Link: 5 Celebrity Couple We Want to Reunite

4. Pamela Anderson and Rick Salomon: In 2007, Rick Salomon, who famously co-starred in the leaked Paris Hilton sex tape One Night in Paris, and actress Pamela Anderson tied the proverbial knot at Las Vegas' Mirage Hotel, making this the third celebrity marriage for both Salomon and Anderson. However, Salomon and Anderson's 15-year friendship did not translate into a successful union. Two months later, the famous couple's marriage was annulled in Los Angeles County Superior Court.

#### Celebrity Love Has No Age Limit

5. Doug Hutchison and Courtney Stodden: In 2011, actor Doug Hutchison married aspiring singer Courtney Stodden at Las

Vegas' Little Chapel of Flowers. The groom was 51 years old, and, at only 16, the bride was probably still learning to operate a motor vehicle. Despite Stodden's age, the celebrity marriage *is* legal. Under Nevada law, a person who is at least 16 years of age but is not yet 18 years old can marry with parental consent — and Stodden's parents consented to the marriage. "We all need a good man in our lives," her mom Krista told Fox411.com. "True love can be ageless," Hutchinson told E! News in response to the controversy surrounding the celebrity couples' age difference.

Would you get married in Vegas? Share your comments below.

### Kim Kardashian Lashes Out Against Those Calling Her Marriage A Business Decision





Nearly three months after filing for divorce from her husband of 72 days, Kim Kardashian appeared alongside Kelly Ripa on Monday morning to co-host LIVE! With Kelly. She used the opportunity to speak out against the rumors that are stating her marriage to NBA player, Kris Humphries, was a business deal. "Being a hopeless romantic, I wanted to believe in something so badly," Kardashian said. "If you really think about it, if [the marriage] was a business decision, and I really made all that money that everyone was claiming that we made off this wedding, and if the wedding was fake and just for TV ... I'm a smart business woman. I would have stayed married longer," she explained to Ripa. "I really didn't think following my heart would create this much backlash."

How do you fend off rumors about your relationship after a breakup?

#### Cupid's Advice:

Sometimes relationships don't work out as expected, and when it comes to an end, people will have their opinions as to

what happened and rumors will begin. Here are a few tips on how to combat rumors:

- 1. Address the situation: Always try to be the first one to confirm the breakup, and while you don't have to get into detail, explain why the relationship didn't work out.
- 2. Take a breather: Rumors can be stressful, so try to avoid being in the spotlight for a while. Take time to relax, and get some much needed "me" time or have a spa day or mini vacation with your girls.
- 3. Move on: Sometimes, after you've already spoken about your relationship, people are still going to believe what they want to believe, and you won't be able to change that. When this happens, it's always best to hold your head up, turn the other cheek and keep moving along.

How do you defend yourself from rumors? Share your comments below.

## 5 Steamy Summer Celebrity Couples





By Tanni Deb

Summer's arrival not only brings in warm weather, but also creates new relationships. New romance sparks — such as Hollywood's hot couple, Justin Bieber and Selena Gomez, while other couples' love for each other continues to grow. Since many relationships are emerging, here's a list of this summer's top five steamy celebrity couples who are hot as well as committed:

- 1. David Beckham and Victoria Beckham: The famous soccer player and his wife have been noted as the Brangelina of UK. They have four children and have been married for 12 years. Although there were rumors of David having an affair during their relationship, the Posh Spice said the news strengthened their marriage.
- 2. Will Smith and Jada Pinkett Smith: Married for 14 years, everyone's favorite Hollywood couple made YourTango's Top Ten Longest Hollywood Marriages list. What's their secret to a successful marriage? The couple agreed that "divorce just can't be an option."

- **3. Mark Consuelos and Kelly Ripa:** The duo first met on the sets of *All My Children* and married in 1996. Ripa, the hilarious co-host of *Live with Regis and Kelly*, and her husband were noted as one of Hollywood's Hottest Married Couples by *US Magazine*.
- **4. Orlando Bloom and Miranda Kerr:** Who could forget about the Victoria Secret model and her husband who stole our hearts away in *Pirates of the Caribbean*? Married in 2010, the couple had their first child in January. The two are always making time for each other despite their busy schedules.
- **5. Brad Pitt and Angelina Jolie:** Of course this list wouldn't be complete without Brangelina. Known best for their huge family three biological and three adopted children and their humanitarian efforts, they are referred to as Hollywood's power couple.

Want to see one of your favorite celebrity couples on this list? Let us know who in a comment below. In the meantime, lookout for new celebrity relationships this summer.