

Zoe Saldana and Keith Britton Split After 11 Years



Even strong relationships can come to an end. *Avatar* star Zoe Saldana, 33, split from her fiancé, businessman Keith Britton, 35, reports [People](#). “[The couple] have amicably separated after 11 years,” said Saldana’s rep in a statement. The pair will continue their partnership in the website My Fashion Database. “Saldana and Britton remain committed business partners as co-founders of fashion resource MyFDB.com,” said the statement.

How do you rebuild independence after a long relationship ends?

Cupid’s Advice:

When a relationship strengthens over time, so does your dependence on your partner. Here are a few ways to rebuild your independence after a break up:

1. Take control of your money: In long relationships, it's not uncommon to have shared bank accounts and investments. Separating your funds from your partner's is one of the quickest ways to reassert your independence.

2. Be wary of mutual friends: After a long time with your partner, the two of you most likely have mutual friends. Though it can be disheartening, strictly sorting your friends post-breakup will help you move on. Contact with mutual friends will only remind you of your ex.

3. Visit your family: One of the best ways to heal after a break-up is by visiting your friends and family. Those closest to you will help you remember how you were before your relationship and will also help you move forward.

Have you ever been through a break up with a longtime partner? Feel free to leave a comment below.

Zoe Saldana Engaged





Avatar star Zoe Saldana is engaged to My Fashion Database CEO Keith Britton, [E! News](#) reported last week. Saldana and Britton have dated for roughly ten years, but have managed to keep their relationship out of the spotlight. [CNN](#) confirmed the engagement, as well as the couples' "low-key" status, even revealing that one of the few times Saldana ever referenced Britton was at this year's Crystal + Lucy awards night.

How can you keep your relationship low-key?

Cupid's Advice:

Though Saldana and Britton might have taken the under-wraps relationship a bit far, it's refreshing to see a connection that speaks for itself. No matter how long you're dating someone, it is always possible to keep a low-profile on your relationship.

1. Make it mutual: Not all people are into quiet relationships. Before you go into secret-mode with your significant other, make sure that's what he or she wants, too. Some people are shout-it-from-the-rooftops kind of lovers; get a feel for what your partner is like.

2. Be a family: No matter how low-down you keep things between you and your partner, make sure your family gets to know them if you want to get serious. That's one group who should know all about your relationship.

3. Don't be anonymous: Just because you like to keep your private life separate – and well, private – that doesn't mean your mate has to be a ghost in other aspects of your life. Involve each other when you can, while still maintaining a subtle profile.