## Kate Middleton Reveals Her Baby Bump





By Jessica Conigliaro

Mother-to-be Kate Middleton showed off her baby bump in West London recently. <u>People</u> reports that she bought a pair of jeggings at the Gap to support her changing figure. Middleton is excited to share her pregnancy with the public and is due in July.

How do you announce your pregnancy to family and friends?

#### Cupid's Advice:

When new and exciting things happen in our lives, the first thing we want to do is share the news with those we care about. Announcing to friends and family that you are pregnant definitely falls into that category. Here are some tips on how to share the news with loved ones:

1. Tell the father first: Before telling your mom and sister the good news, make sure the father knows first. This way, he doesn't feel unimportant or left out. It will also be a lot easier—and memorable—to tell people together that you are expecting.

2. Say it with joy: When first finding out you are pregnant, fears and doubts may enter your mind; talk to your partner about your concerns before telling everyone else in your life. You should sound ecstatic about your pregnancy so others can be happy for you as well.

**3. Don't spring it on them:** The last thing you want to do is tell your family you are pregnant during the wrong time. Avoid sharing the news during an argument you are having with your parents. It is happy news and should be told during a peaceful dinner.

How did you tell your family you were expecting? Share you experiences below.

# Prince Harry Says He's 'Thrilled' About Royal Pregnancy





By Meghan Fitzgerald

<u>People</u> reports that Prince Harry is ecstatic to come home and be an uncle after returning from the war. Kate Middleton and Prince William are expecting their first <u>child</u> in July. With humor, Prince Harry stated that it is "about time" for the <u>love</u> birds to have a child. Although Prince Harry is 'thrilled,' he also explains to <u>Hollywood Life</u> that he doesn't find it fair for the couple to force their <u>pregnancy</u> news. Harry is looking for 'the one' ... someone who isn't frightened by the royalty.

### What are some ways to support your pregnant friend or relative?

#### Cupid's Advice:

It is necessary to show your pregnant friends and relatives that you are there for them. No matter the circumstance, it is essential to let them know you are ready to help them out. Here are some other ways to support them:

1. Allow them time alone: Although your pregnant friend or

relative may want you around to assist with baby showers, or do obscure food runs, or just simply be around. It is necessary to give them some time for themselves, let them take a deep breath and relax. A huge way to support them would be to set up a hot bubble bath with a cup of tea and let their emotions fade out.

2. Help with the baby shower: Being pregnant is not always easy. With doctors appointments, constant belly rubs, possible active work, a baby shower seems impossible. Most mothers are ecstatic to celebrate their baby on the way with a shower. To support your friend or relative, help them with the planning and organization of the shower. Help make invitations, or gather food together. You could also put together a trivia game, or find a venue for the shower. This takes a toll off the mothers' shoulders.

**3. Offer them a foot massage:** Yes you may be opposed to this however, think of all the weight and stress that <u>mother</u> is putting on her feet. A foot massage would allow them to unwind, relieve some stress, and give you a few extra bonus points.

Have ways to support? Explain below.

# Kim Kardashian and Kate Middleton Are Both Expecting in July





By Nic Baird

Kim Kardashian and Kate Middleton each revealed this week that they are due to have their first child in July, <u>UsMagazine.com</u> reports. The Duchess of Cambridge revealed the news on Monday, while Kardashian shared her due date on the *Today* show on Tuesday. Kardashian has faced criticism over her pregnancy with boyfriend Kanye West, despite being still legally married to Kris Humphries, though she filed for divorce in 2011.

How do you keep your pregnancy under wraps at first?

#### Cupid's Advice:

Maybe you haven't figured out all the details of your pregnancy and birth, or maybe you're not ready to announce it to the world, but whatever the reason you have a right to keep your affairs to yourself. Make sure that you're doing it for the right reasons, and never shy away from confronting your long term plan. Otherwise, complications will keep building up!

1. Trust someone: If you think your relationship is too rocky, find a friend or a family member, but don't try and keep this a secret by yourself. This is a crucial time when you need support in your life, don't be a lone wolf. Two heads are better than one, so find another.

2. Focus on yourself: Sports, exercise, art, music, new skills, new projects, and anything that is healthy to do in your condition. Research how you can be healthier as a pregnant woman, and find the knowledge you'll need as the child develops. Take up your time with these productive ventures and you'll have a way to acknowledge your secret without sharing it.

**3. Camouflage:** Actively trying to hide something takes work. Make sure you have excuses for any pregnant behaviour, like sickness, appetite, or energy. Obviously your wardrobe will have to simultaneously conceal your pregnancy without drawing attention to your stylistic choices. Again, having a friend for a second opinion could help a lot!

What are ways to keep your pregnancy hush-hush? Share your comments below!

### Prince William and Kate Middleton Reveal Baby's Due

### Date





By Nic Baird

Prince William and Kate Middleton are having the baby in July, <u>People</u> reports. "Their Royal Highnesses The Duke and Duchess of Cambridge are delighted to confirm they are expecting a baby in July," read the statement from the royal couple's office. While the couple will not be revealing the baby's gender, the Duchess is not expecting twins. "The Duchess's condition continues to improve since her stay in hospital last month," the statement also said, referring to Kate's bout of severe morning sickness.

How do you know when to announce your pregnancy to family and friends?

Cupid's Advice:

If you're going to become a parent, you shouldn't stop congratulating yourself. Make sure you and your partner take time to reflect on your happiness together. Be excited! However, it can be daunting to announce it to the world. Be confident that this is good news and share it with others!

1. Confirm it with your doctor: It's important you see a doctor as soon as you suspect your pregnancy. They can advise you further about any complications. You can also ask about healthy activities for your pregnancy, you can use these to spend quality time with your partner, friends, and family.

2. You've discussed it with your partner: Make sure you've spoken to your partner about the pregnancy, before you share it with others. It's very important you explain what this pregnancy means to you, and they have an opportunity to share their feelings as well. Once you've set things out, go ahead and celebrate the upcoming child with friends and family.

**3. Tell your parents:** The first people who you should tell are you parents. In most cases, they'll be the people who are the most eager to hear the news. Make sure you make an effort to inform both your and your partner's parents that you're having a baby.

When would you tell friends and family about your pregnancy? Share your suggestions below!

### Queen Elizabeth Says Prince William and Kate Middleton's

# Child Will Be Called 'Princess'





By Michelle Danzig

According to <u>People</u>, Her Majesty Queen Elizabeth has issued a formal decree that Prince William and Kate Middleton's baby girl will be recognized as a princess. If the royal family followed the century-old decree by George V, the daughter born to William and Kate would don the title 'lady.' It was previously stated that only the eldest son of the eldest son of the Prince of Wales was allowed the royal title of 'prince.' Although the decision was made on New Year's Eve, the London Gazette announced the declaration, stating that it applies to all future children of the couple. It partially stated the the children of William and Kate, "should have and enjoy the style, title and attribute of royal highness with the titular dignity of Prince or Princess prefixed to their Christian names or with such other titles of honour." In addition, it follows additional, proposed changes in legislation that will omit gender discrimination in the line of succession.

### What are some ways to keep your parents and/or in-laws involved in your pregnancy?

#### Cupid's Advice:

A baby can be an exciting milestone for not only you, but for your family, too. Like the Royal Family, while anticipating the birth of the first grandchild, you may find that your family desires to be more involved in your pregnancy than ever. Whether it is the first, middle or last child, here are some excellent ways your can keep your parents and/or in-laws involved in your pregnancy:

1. Invite them over for dinner more often: Your body is going to be changing in many ways. If you don't see your parents or in-laws as often as you would like, try to plan some more family dinners. This way, they can come over and see your body change and witness your pregnancy first hand.

2. Send pictures of the sonograms: Seeing a sonogram live is a beautiful experience. Because this is and intimate time that you and your partner share, you may not desire to break the moment by inviting family members to the doctor. Instead, ask for multiple print-outs of the sonogram photo. With today's technology, you can even get a video recording of the sonogram. Send this out to your family so that they can watch the baby develop the way you do.

3. Take them shopping with you: While you prepare for the baby's arrival, include your parents or in-laws in the process. Invite them out on a day that you need to buy supplies, have them pick out some baby clothes and let them

feel involved. Who knows, you may also get some free supplies from the family as well!

How do you keep your parents/in-laws involved in your pregnancy? Share below!

# Prince Charles Reveals His Hopes for Prince William and Kate Middleton's Child



By Nic Baird

Prince Charles wants to leave his grandchild with a greener

future and a healthier world, according to <u>People</u>. His son and daughter-in-law, Prince William and Kate Middleton, are expecting a child early this summer, and he doesn't want the baby to inherit "a poison chalice." Prince Charles is known for championing environmental causes. On Monday, the heir to the thrown told ITV's *This Morning* show he didn't want to leave "an increasingly dysfunctional world to our grandchildren."

What are some ways to involve your parents in your pregnancy?

#### Cupid's Advice:

Your parents will be eager to get involved when they hear the news of grandchildren. Let them share the love by finding a spot for them in this special moment. Since you'll be a parent soon, show your dedication to family by incorporating your parents in your pregnancy. Bring the generations of your household together to celebrate this new addition:

1. Keep them informed: All your parents really want is to be kept in the loop. They want to share in your joy and connect with their grandchild. Making sure they're present at every event, and phone them if you have news. Keeping tabs on you is probably their default reaction anyway, but if you're proactive with the information you share then they'll know they're part of new baby's life.

2. Give them responsibility: Your parents are important, and you can make them feel that way too by giving them a share of responsibility. Whether it's coordinating birthing, taking you to classes or organizing a shower, they want a way to contribute. Your parents are a symbol of support, and that responsibility should be present now more than ever to demonstrate the power of family.

**3.** Ask for help: If you have a problem, don't feel like you're burdening your parents by sharing it. They want to be there

for you during this exciting time. Your parents will be gratified that they can still give you a hand even now that you're a parent yourself. If you have a lot of free time on your hands, you can spend it by strengthening bonds with your family.

How did you share your pregnancy with your parents? Share your experiences below!

# Prince William and Kate Middleton Attend Christmas Mass in England





By Jennifer Ross

This year, the royal family was out! On Dec. 25, Prince William and Kate Middleton attended Christmas mass service with the rest of the Middleton family at St. Mark's Church in Englefield, Berkshire, England. Both the Duke and Duchess of Cambridge dressed in festive red, with William, 30, wearing a red tie and Middleton, 30, wearing a red coat and scarf, which also covered her pregnancy. Younger brother Prince Harry was said to celebrate this Christmas with British troops at Camp Bastion in Helmond in Afghanistan. Also not celebrating with the Duke and Duchess, Queen Elizabeth II gave her annual speech in 3D. "For many, Christmas is also a time for coming together. But for others, service will come first.... And those who have lost loved ones may find this day especially full of memories. That's why it's important at this time of year to reach out beyond our familiar relationships to think of those who are on their own."

What are some holiday traditions you can create with your partner?

#### Cupid's Advice:

Whether this is your first Christmas together as a couple or your 50<sup>th</sup> one, making the holiday special by creating traditions together will always strengthen your relationship. So get together and start planning for lots of holiday fun. Here are a few ideas on enjoying Christmas as a couple:

1. Hybrid tradition: Chances are you and your partner will already bring to the relationship your own holiday traditions. This is the perfect time to combine the most important ones together and create a hybrid tradition for moving forward as a couple. Have fun and be creative.

2. Holiday greeting card: A great tradition for a couple to have is to take an annual Christmas portrait of you two and send to family members as a holiday card. To get even more creative, you can even create a new dress-code theme every year.

**3.** Be a kid again: With so many adult stresses in general, why not spend your holiday season being a kid again. Whether it is spinning the dreidel, taking a photo with Santa or making snow angels together, take the time to remember your best childhood Christmas fun and enjoy them as a couple each holiday season.

What holiday traditions did you create with your partner? Tell us below.

### Queen Elizabeth II Invites

# Kate Middleton's Parents to Join the Royal Christmas





By Nicole Weintraub

Queen Elizabeth II is breaking with tradition by inviting Kate Middleton's parents to the royal Christmas gathering at Sandringham Estate, according to <u>UsMagazine.com</u>. Prior to now, only royals have been invited to attend. However, the queen is hoping that by extending the invitation to the pregnant Duchess's family, it will encourage her to attend as well if she feels up to it. Recently, Middleton had been hospitalized for severe morning sickness. Since being released from the hospital, she has been taking it easy with husband Prince William by her side, taking it day by day. Middleton will decide the evening before of the morning of if she will attend the holiday nuptials based on her health. What are some ways to involve your in-laws in your relationship?

#### Cupid's Advice:

We've all heard the dreaded rumors regarding the in-laws. Though, believe it or not having a good relationship with your partner's family can strengthen your own relationship. Cupid has some advice:

1. Invite them over: Nothing will bring you closer with your in-laws than inviting them over for dinner. The more time you spend with them, the stronger your relationship with them will become.

**2. Ask them to babysit:** If you have kids, ask them to babysit for them. This will give them a chance to be more involved in your lives as well as your kids' lives.

**3. Call them:** If your in-laws live far away and you don't get to see them too often, give them a call every now and then. Just by showing them that you are thinking of them will mean the world to them and your partner for showing an effort.

How do you involve your in-laws in your relationship? Share your stories with us in the comments below!

# Pregnant Kate Middleton Makes First Official Outing Post-

# Hospital





By Nic Baird

Princess Kate Middleton appeared at an award ceremony on Sunday, which is her first appearance since leaving the hospital earlier this month, <u>People</u> reports. The expectant Duchess of Cambridge was treated for severe morning sickness and released from hospital on Dec. 6. She was able to attend the BBC Sports Personality awards show to present the top prizes, and offer her congratulations. Her pregnancy was announced Dec. 3.

How do you know when to communicate your pregnancy issues to your partner?

Cupid's Advice:

In theory, you should always be able to communicate pregnancy issues with your partner. Don't stall for too long thinking of ways to address them, or ways to explain what you're experiencing. However, there are times when you'll be more effective at getting your message across:

1. Express your needs immediately: Your partner is there to help and make your pregnancy as comfortable as possible. If there's something you need or just crave, then say so. Your significant other doesn't know what to expect, so be direct about your wishes.

2. Be patient: Sometimes it may feel like you're just not getting through to your partner. Your explanations are always misinterpreted and your needs are misread. Try to stay calm, or leave the situation if you need space. Return when you've reflected on new approaches.

**3. Trust your partner:** It's reasonable to feel insecure about talking to your partner about your pregnancy, but remember that they're invested in the child as well, and they're ready to give you comfort. Don't worry too much about grossing them out, or dumping your problems on them. They want you to rely on them!

When do you feel it's best to communicate pregnancy issues to your partner? Share your insight below!

### Prince William Comments on Kate's Morning Sickness





By Nicole Weintraub

Prince William recently made an appearance without his wife Kate Middleton, but offered some comments regarding her morning sickness, according to <u>People</u>. The prior week Middleton had been in the hospital for nearly four days suffering from extreme morning sickness. Though, William joked lightheartedly "they shouldn't call it morning sickness, as it's a day and all-night sickness." Middleton has been taking it easy and resting following her release from the hospital. William was supposed to make an appearance at the British Military Tournament at Earl's Court Sunday in London, but cancelled in order to spend the day with his wife instead. A spokesperson for the couple also announced that they would not be informing the media on Middleton's health check ups or her status on the pregnancy due to privacy concerns. The couple is scheduled to make an appearance together on December 12 to attend the royal premiere of The Hobbit in London.

How do you make your partner feel better when he/she is sick?

Cupid's Advice:

Taking care of your partner while he/she is sick goes along with the commitment of being in a relationship. Here are some tips on how to make them feel better:

1. Stick around: If you had plans to go out with your friends, reschedule so that you can stay inside and spend time with your partner. Watch the game at home instead of going to the bar to watch it with your friends.

2. Bring the soup: While home made chicken soup is always a personal favorite; some of us are not culinary experts. If the kitchen is not your place, just order in some food for the two of you.

**3. Order a movie:** Have a lazy movie date night inside since your partner cannot go out. Instead of bringing them to the movies, bring the movies to them.

How would you make your partner feel better when sick? Share your ideas with us in the comments below!

### Snooki Has Some Mommy Advice for Kate Middleton





By Jennifer Ross

Now that Nicole "Snooki" Polizzi has had time to settle in with her new role of mommy, she is ready to become a mentor. With the world's eyes set on Kate Middleton, Polizzi proposes a few words of advice to the Duchess about becoming a new mom. "It's hard, but don't stress out. Enjoy your pregnancy and be excited," the *Jersey Shore* star told the <u>New York Daily News</u>. Now that the Duchess, 30, has been released from the hospital after being treated for hyperemesis gravidarum, Polizzi encourages her to relax more when out of the spotlight. "Enjoy your time at home – or the castle, in her case – with the baby, especially the first few months." Pregnancy is definitely not easy. Even so, Polizzi knows from experience, it will be worth it in the end. "You'll get to know him/her, keep them safe and fall more in love each day."

How do you prepare your busy lifestyle for a child?

#### Cupid's Advice:

You may not be royalty, but that doesn't mean your

life isn't just as hectic and fast paced. With a new baby on the way, you will need to make a several changes along the way to adjust and keep your sanity. Ready to take notes? Here are a few ways to prepare you busy life for a wonderful new addition:

1. Slow down and ask: If you are used to running around, multi-tasking and problem solving on your own, come to the realization that your unborn baby will need you to slow down. Pregnancy will challenge your body physically and emotionally. The sooner you learn to slow down and ask for help, the better for you and baby.

2. Remember to eat: In order to give your baby the best chance at growing healthy within you, your health is more than necessary, it's vital. Regardless of your busy schedule, always make sure to eat healthy and often. A good way to help with this is to have snacks at work and carry some with you just in case there's no time for a full sit-down meal.

3. Exercise in moderation: While it is very important to stay active during your pregnancy, your exercise routine may need to change a bit. High internal body temperature is not safe for baby and could cause birth defects. Also, activities at different altitudes, such as skydiving or scuba diving could be potentially risky. As always, consult your doctor about which activities are right for you.

How did you prepare your busy lifestyle for your child? Share with us below.

# How Queen Elizabeth Found Out About Kate Middleton's Pregnancy



By Jennifer Ross

Now that the word is out that the Duke and Duchess of Cambridge is expecting their first child, family and friends are excited and concerned. A royal source tells <u>People</u>, "There is a real excitement but obviously people are anxious about the Duchess." On Dec. 6, the Duchess, 30, was released from the hospital, after being treated for a severe form of nausea, known as hyperemesis gravidarum. Prince William, 30, and the Duchess were hoping to keep the pregnancy a secret until Christmas, had she not become ill. But how were the royal family, including Queen Elizabeth, notified about the pregnancy? A source reports that Prince William informed the Queen, Prince Charles and Prince Harry about the great news just before his wife was hospitalized. Friends were informed by the public announcement. Incredibly, the pregnancy was planned for new baby to come into the world without stealing the spotlight from the Queen's Diamond Jubilee or any foreign tours. Majesty editor Ingrid Seward says, "Kate is probably one of the most organized [royal] women we've ever known."

What are some ways to announce your pregnancy as a couple?

#### Cupid's Advice:

"We're pregnant!" is probably the phrase you hear repeating in your head since the positive results were in. And while you and your partner may want to shout it on every street corner, it is best to let your friends and family in on the news first. To help you two, here are a few creative ways to announce your pregnancy:

1. Capture the surprise: A great way for you and your mate to tell your family and capture their surprise is to get it on film. Have a family gathering; rather than just announcing it, gather the family together with mommy-to-be in the center and daddy-to-be taking the photo of everyone. Before everyone yells "cheese," you two can yell out, "We're pregnant!"

2. Dinner party: When hosting a dinner party for your friends and family to announce your news, there are a couple ways to include the baby. One thing is to have a baby theme with the food, baby-back ribs, baby spinach, baby carrots and baby corn. Also, the dad-to-be can make a toast, saying what he is thankful for and ending with the addition to the family.

**3. Modern technology:** If you are able to plan ahead, it is possible to announce the news to all family and friends at the same time without gathering them together. First, secretly video tape announcing the pregnancy to the father and capture

his wonderful surprise. Then, simply upload the video to both of your Facebook accounts and wait for their replies.

How did you announce your pregnancy as a couple? Share your story below.

# Pregnant Kate Middleton Leaves the Hospital with Prince William





By Nicole Weintraub

After complications with her pregnancy, Kate Middleton was

released from the hospital, according to <u>People</u>. After suffering from severe morning sickness, the mother to be spent three nights and almost four days at King Edward VII Hospital. During her stay, Middleton was joined every day by husband Prince William and even her sister Pippa Middleton and their mother visited. The couple left the hospital together Thursday morning and offered their thanks for the hospital for taking wonderful care of Middleton. The Duchess of Cambridge is in the very early stages of her pregnancy as she will now recover from her morning sickness at the couple's cottage home.

### What are some ways to take care of your partner through the ups and downs of pregnancy?

#### Cupid's Advice:

Having a baby with your partner is a wonderful experience, though a difficult one as well. Here are some ways to take care of your partner through the ordeal of pregnancy:

1. Have a system: Along with pregnancy comes morning sickness, a spark in hormones and cravings. A good way to deal with these sudden changes is by implementing a system. For instance, prepare a morning sickness pack with bottles of water, wash cloths, etc.

2. Be supportive: It's easy to forget that while the both of you are having the baby, technically the female is the one actually having the baby. The female is the one whose body is going through changes, so do your best to be supportive.

**3. Beware of hormones:** We all get hormonal and have mood swings. When we experience these mood swings we may say things that we do not mean. Try not to get too offended if your partner's mood changes quickly.

What are some ways to be supportive through a pregnancy? Share your ideas with us in the comments below.

### Find Out Why Prince Harry May Be the Happiest that Kate Middleton Is Pregnant



By Jennifer Ross

With a new addition coming soon to the royal family, Prince Harry has many reasons to be happy about becoming an uncle, according to <u>People</u>. To begin with, once the Duchess of Cambridge deliver's her and husband Prince William's first child, Prince Harry will be pushed back to forth in line for the British throne. Currently, his grandmother and Her Royal Highness Queen Elizabeth is the heir to the monarch. Following her will be Prince Harry's father Prince Charles, then followed by Prince Harry's older brother Prince William. The new baby, regardless of gender, will become third in line after Prince William and before Harry. With the world excited over the new baby to come, Harry, 28, will also get some much relieved rest from the spotlight. In the past, the red-headed, blue-eyed Prince has gotten into quite a bit of trouble with the press and the royal family due to his many boisterous stunts. In early spring, Harry had commented to Katie Couric that he has always wanted children and is "waiting to find the right person, someone who's willing to take on the job." With the press off of him for a moment, this might be his chance to privately find love.

How do you gain respect back as a potential partner after a series of mishaps?

#### Cupid's Advice:

With life's challenges and unpredictability, it is understandable how mishaps can happen causing you to hurt your partner. However, remedying the mistake and regaining their respect is possible. By following the steps below, soon you will be on right side of love:

1. Lay low: Usually, a great thing to do is lay low for awhile after your mistakes. You, your mate and anyone else involved will need time to digest the situation and calm any negative feelings. This is not to say that you should go into hiding. Rather, focus only on fixing the issues and not any extras that could make things appear the same or worse.

2. Rebuild reputation: With your reputation tarnished, work on rebuilding your life back to where you want it. Moving forward, pay attention to what you say or write to your partner, family and friends so as not to have them misconstrued. Also, be sure that your actions are leading you towards the reputation you want.

**3. Keep your promise:** After everything, hopefully you have learned a lesson in how not to ruin your relationship. Take this opportunity to be a better partner through love, respect and honesty; don't just pretend to be one. Keeping your promise from here on out will lead you back to a loving relationship.

What ways did you regain respect as a potential partner after your series of mishaps? Share your story below.

# Prince William and Kate Middleton Are Expecting Their First Child!





By Jennifer Ross

The baby rumors are verified and a new royal is soon to arrive! On Monday, an official statement by the British royal press stated, "Their Royal Highnesses, The Duke and Duchess of Cambridge are very pleased to announce that The Duchess of Cambridge is expecting a baby." The royal couple had hoped to keep the news a secret until Christmas, however, the Duchess's first pregnancy is already causing a stir - in Kate, that is. Suffering from a severe form of morning sickness, the royal press continued to say, "The Duchess was admitted this afternoon to King Edward VII Hospital in Central London with Hyperemesis Gravidarum. As the pregnancy is in its very early stages, Her Royal Highness is expected to stay in hospital for several days and will require a period of rest thereafter." Of course, her royal highness is not alone, according to <u>UsMagazine.com</u>. Her loving husband and second in line to the succession Prince William remains by her side. Instantly, congratulations came pouring in from everywhere. Prime Minister David Cameron congratulated the royal couple, stating his "delight" over the news. "They will make wonderful parents." Since the announcement of their engagement, the Duke and Duchess, both 30, have not hidden the fact that they want a family together. During their engagement interview, Prince William informed the world, "We'll sort of get over the marriage first and then maybe look at the kids." With the moment here, the world watches to see; will it be a boy or girl? Regardless of the baby's gender, he/she will become third in line to inherit the throne, pushing soon-to-be-uncle Prince Harry back one step.

What are some ways to help your pregnant partner relax?

#### Cupid's Advice:

If you and your partner are expecting a baby and you are not the one pregnant, chances are you will need to be the best supporter possible. But what does that entail and how do you begin? It starts with understanding what is happening internally while your unborn grows and realize that the carrier, your partner, will require you to lessen the load around her. To help you out, here are a few tips on how to make her feel at ease:

1. Massages: Back rubs, foot rubs and body massages is an instant way to alleviate stress and pain caused by the fetus. Your partner will often be uncomfortable and sore due her body having to support both herself and a growing baby. Whether it's her neck, her back, her feet or her legs, learning to massage them at her level of comfort will go a long way.

2. Chores: Because your expecting partner will become fatigued easier and often, physically and emotionally, you will need to pick up a majority of the chores. Handling these chores before she stresses over them will benefit you both in the end. Therefore, change out the cat litter box, research medical insurance for baby or family medical history for the doctor visits, perform the physical labor chores; take care anything that could drain your mate. **3. Attention:** With your baby arriving soon, your partner may become filled with worries and doubts about...anything. Also, as your mate's body changes, she may become self conscious about herself. To help, be sure to listen to her fears and insecurities. Talk about what how you both feel and how, as a couple, you two can tackle the issues. Finally, remember to compliment her often and publically.

How did you help your pregnant partner relax? Comment below.

# Kate Middleton and Prince William Win Ruling Barring Scandalous Photos





By Jennifer Ross

Much to the Duke and Duchess of Cambridge's satisfaction, the royal couple has won their first round against *Closer* magazine, according to *People*. As reported by the <u>BBC</u>, the French court ruled on Tuesday that the magazine must cease from republishing the photos of the Duchess sunbathing topless. Also, they have been ordered to turn over all original photographs to Prince William and Middleton within 24 hours or incur a daily fine of 10,000 Euros. However, the ruling applies only to France, allowing other publications in several other countries to continue publishing the photos. Nevertheless, the royal couple has filed a criminal complaint against *Closer* and will be seeking damages. It looks like the French magazine may have risked more than they can handle.

What are some ways to support your partner's goals?

#### Cupid's Advice:

Whether your partner has a goal to lose weight, write a book, or go for that next promotion, you can bet that they will need support from you, whether they ask for it or not. Here are some steps for you to take on their journey:

1. Show up: If you genuinely want to support your mate, you must show up...mentally and physically. That means not only being by their side, but listening to both their frustrations and joys regarding the goal. Make yourself be present and aware to them, giving them the sense that they are not alone.

2. Be a coach and a cheerleader: Sometimes, your partner will come across a challenge that requires more of you than just being present. In these instances, be ready to give them a pep talk and motivate them in a positive direction. Also remember to congratulate them for the little successes, giving them energy to continue forward.

3. Know when to back off: Finally, keep an eye out for the moments when the challenge requires them to walk alone. Allow them to bounce last minute ideas and strategies off of you and then step aside. No matter how much you want to assist, you must allow your partner to fight their battle without you. Just remind them beforehand that when they return, you will be there waiting for them, with open arms.

What are some ways your partner supported you? Feel free to comment below.

# Favorite Celebrity Engagement Rings





By Sarah Ribeiro

Engagement rings can be one of the most important elements in beginning a marriage. They signify the bond you have with your partner, their commitment to you, and the security of your relationship. Of course, there's also the glamour and luxury that comes with a gorgeous diamond on your hand! Here are some celebrity engagement rings that perfectly represent both the strength and extravagance of celebrity weddings and marriages:

#### **Top Celebrity Engagement Rings**

**1. Kate Hudson:** Hudson's engagement ring from Muse rocker Matthew Bellamy is an outstanding statement in such a private celebrity relationship. The \$200,000 platinum ring is a nine carat emerald-cut diamond with tapered baguettes on the

side. The two have been engaged for a year, and although they have no wedding date set, they do have a son together, Bingham.

Related Link: Jessica Biel Had No Say In Her Engagement Ring

2. Kate Middleton: The royal duchess of Cambridge was definitely given a ring fit for a queen. Her celebrity love Prince William presented her with his mother Princess Diana's engagement ring, a round-cut blue sapphire surrounded by 14 diamonds. At the time it was worn by Diana in 1981, it cost 30,000 British pounds – the equivalent of roughly \$47,000.

**3. Angelina Jolie:** Being one of Hollywood's most luxurious famous couples, this duo will no doubt have an over-the-top celebrity wedding celebration. Newly-engaged Jolie was given a rectangular-cut diamond on a yellow-and-white gold band. Rumor has it Pitt commissioned a jeweler to find the finest-quality diamond for his love, even requesting a cut shaped perfectly for her hand.

**Related Link:** <u>Knicks Star Amar'e Stoudemire Proposes to</u> <u>Longtime Girlfriend</u>

# No Limits For This Famous Couple's Ring

4. Beyoncé Knowles: One of Hollywood's most expensive wedding rings naturally belongs to one of the highest-grossing Hollywood couples. The rapper gave Beyoncé a \$5 million celebrity engagement ring before their secret marriage in April 2008. The 18-carat diamond, made by jeweler Lorraine Schwartz, is emerald-cut and set in a platinum band. For security purposes, the singer wears a fake copy of it, which is still worth more than \$5,000.

5. Natalie Portman: In 2010, the famous actress, vegan and

humanist was gifted an eco-friendly engagement ring to fit her lifestyle. Husband Benjamin Millepied found ballet dancerturned jeweler Jamie Wolf to design the \$35,000 ring, which uses recycled platinum and an antique oval center stone surrounded by pavé diamonds from a conflict-free mine, meaning no miner was hurt or treated unfairly when mining the stones. Millepied personalized his choice by making the ring a statement to his love's activism and loving nature, a sweet statement for an even sweeter couple.

Which celebrity engagement ring is your favorite? Tell us below.

# Prince William and Kate Middleton: Upbeat Despite Photo Scandal





By Nicole Weintraub

Prince William and Kate Middleton are continuing on their tour in honor of the reign of the Queen despite the recent release of revealing photos of the Duchess, according to <u>People</u>. Photos of Kate Middleton have been circulated of her sunbathing topless. While the royal couple is outraged over the publication of these photos, they refuse to allow the scandal to put a damper on their tour. "Their royal highnesses will not allow this story in any way to dampen that heartfelt and genuine enthusiasm," revealed a source from the palace. The couple continued on their tour by hoisting themselves up a tree via harness in the rainforest of the Danum Valley.

What are some ways to support your partner when they're the victim of gossip?

#### Cupid's Advice:

Rumors, gossip and drama happen all of the time, regardless of your age. Here are some ways to support your partner when gossip occurs: 1. Don't blow it out of proportion: Do not make a big deal out of the circulating gossip that is currently surrounding your partner. The last thing they want you to do is to focus on what is being said.

2. Offer comfort: Make sure that your partner does not believe the gossip or feel at all responsible for it. Offer comfort and support to show them that you care about them and are there for them.

**3. Move on:** Don't dwell on the gossip issue. The longer time you spend on drama, the worse your partner is going to feel. If you ignore gossip, it eventually blows over.

How do you support your partner when gossip arises? Share your stories with us!

# Prince William and Kate Middleton Take Pre-Tour Getaway to France





By Erin Minty

Everyone's favorite royal couple managed to squeeze in some alone time before starting to tour again. Prince William and Kate Middleton were spotted in France spending their time relaxing together, reading and sunbathing. As <u>UsMagazine.com</u> reports, today, the royal couple starts their Asian tour in Singapore as a part of the Queen's Diamond Jubilee. But they made sure to get in a romantic vacation before the work started up again, and the Provence region of France was a great place to do just that.

## What are some relaxing and romantic vacations to go on as a couple?

#### Cupid's Advice:

When you and your partner need to get away, what better way to de-stress and unwind than a romantic vacation? Cupid has some advice on the best vacation spots to go as a couple:

1. If you like the beach: Don't try to go somewhere that is overcrowded, or the relaxation part of your vacation won't

really work out. If you're looking for a private, romantic beach scene, try Islamorada, Florida. With the beautiful scenery of jungle-like plants and a clean, white beach, Islamorada has been the backdrop for countless photo shoots, and would be a great getaway spot for you and your partner.

2. If you like the ski-slopes: If you and your partner are snow lovers with a passion for skiing, you should check out Beaver Creek, Colorado for your next getaway. The downhill slopes attract all types of skiers, and the beautiful log cabin is a great place to relax with some hot cocoa by the fire.

**3. If you are a tourist at heart:** Traveling to another country would be a great vacation for any couple who likes to experience new cultures and take in the scenery. Rome, Italy is one of the most beautiful cities in the world, and has countless hours of destinations to visit. Take a cooking class, have a glass of wine, and relax with your partner in the beautiful setting of Italy.

What was the most relaxing romantic vacation you took with your partner? Let us know your story below

# Celebrity Couples That Have a Kid-Free Marriage





By Jessica Smith

Parenthood, that is, bringing a child into this world with your own DNA, is a miracle. Sure, it's an extraordinary undertaking and a definite blessing, but it can also be one giant pain in the butt. As a result, deciding to have children as a married couple is a gargantuan step that will forever change your lives. Although you can expect to lose your privacy and most likely your mind, you can also expect to feel love and gratitude beyond anything you've ever experienced. However great these rewards, and perhaps because of the many potential troubles, these Hollywood couples remain kid-free:

**Related Link:** <u>Best Celebrity Dads (Who Also Make Great</u> <u>Husbands)</u>

1. Prince William and Kate Middleton: As a royal couple, there's undoubtedly a lot of pressure on Prince William and Kate. The whole world is waiting for the confirmation on a baby bump-which despite rumors, still doesn't exist-but no one is anticipating it more than the lovebirds themselves. Although they've only been married for a little more than a year and have been busy on tour for most of that time, they have pregnancy plans to bring a little prince or princess into this world soon. We suspect that the Duke and Duchess will announce their pregnancy by New Year's Eve.

2. Channing Tatum and Jenna Dewan-Tatum: Could this couple be more beautiful? After Channing Tatum and Jenna Dewan-Tatum first made their debut together in the movie *Step Up*, they've been married for three years. This dancing couple is in their young thirties, and although they do plan on having children in the future, they're still not sure when. With their hectic lives and crazy schedules, their main focus is on having enough time for each other.

3. Fergie and Josh Duhamel: Let's forget about the fact that Josh Duhamel was accused of cheating on Fergie, since she has decided to forget about the matter herself, and instead focus on the dream-fulfilling marriage these two now have—literally. Nine years ago, Fergie read a tabloid about a dream that Duhamel had about her, and she later asked him if it was a good dream. His answer eventually led them to a marriage. Though they've been married for four years now and want to start a family, they still remain kid-free. Time's ticking away, so they'd better hurry before it's too late!

4. Rachel Ray and John Cusimano: Lately, the only coverage Rachel Ray and John Cusimano have been getting isn't so happy. Though you can't always believe everything you hear, the rumor mill has been churning up reports of a potential split for this couple. Even before these rumors, however, the two had no plans of parenthood. Ray says that she puts too many hours into her career to even consider having time to raise a child. Parenthood just isn't in the cards for this couple, and if the rumors are true it might be for the better!

**Related Link:** <u>Best Celebrity Moms (Who Also Make Great Wives)</u>

5. Jay Leno and Mavis Leno: It only took Jay Leno three days after meeting Mavis to know that he wanted to marry her, but she wasn't even sure she ever wanted to marry anyone. After falling in love, she married Leno on the same day his parents were married. In the thirty years they've been married, they have always been sure about keeping their marriage child-free. The couple admits that they simply have zero interest in being parents.

In what ways have children affected your marriage? Share your comments below!

# Prince William and Kate MIddleton Announce Their Asia Pacific Diamond Jubilee Tour





By Nicole Weintraub

The world's favorite royal couple is off travelling again. This time, though, they will be venturing to Asia to honor Queen Elizabeth II's 60 years on the throne. Prince William and Kate Middleton will be visiting several spots on the Pacific Diamond Jubilee. According to <u>UsMagazine.com</u>, the couples' itinerary for their Asian adventure was revealed. The couple has a busy schedule ahead of them for their eight-day endeavors kicking off with a visit to the Singapore Botanic Gardens and ultimately ending their trip by canoeing to Tavanipupu. William and Kate will then return back to London on September 18.

#### What are some romantic couple destinations in Asia?

#### Cupid's Advice:

While the royal couple will be busy with public appearances and formal events, Asia is a romantic couple destination when the press is not following you. Here are a few hot spots to check out when vacationing in Asia. 1. Singapore Botanic Gardens: The royal couple has the right idea by stopping by this beautiful, serene garden. With no admission fee and hours that can accommodate almost anyone, this is definitely a romantic spot for a date. The combination of the gorgeous gazebo, luscious landscape and beautiful waterfall in the Ginger Gardens will definitely set the mood for romance between you and your partner.

2. Danum Valley: While this may not be your typical idea of a relaxing, romantic spot think again. This conservation area is filled with trails that are spectacular for bird watching, night walks or drives. While walking the trails, you and your partner will be able to come across a variety of animals that you would have never been able to come across in your average local park. The sense of adventure and wonder will make an exciting and memorable date.

**3. Hong Kong:** If the calm, majestic scenery that nature has to offer is not your type of spot, there is always the vibrant city life. Full of rich history and an array of Asian culture, exploring the city is an adventure in itself. With tons of new foods to try and places to see, you and your partner will enjoy new experiences and adventures. Even if you live in or near a city at home, there is nothing like exploring a foreign place with the person you love the most.

Have you visited Asia with your partner? Tell us about it!

# Prince William Dreaded Getting Caught On Kiss Cam at

## the Olympics





Although they may have had one of the most publicized weddings in history, Prince William was still embarrassed to appear with Kate Middleton on the Kiss Cam at the London Olympics' Velodrome. Although the two have been major supporters of the 2012 Olympic Games, and William and Prince Harry are two of the Olympic ambassadors, *People* reports that William said, "I was absolutely dreading they were going to come and show myself and my wife." Still, with the Games in full swing, there was a lot more to pay attention to, and William seems to have escaped the camera's focus.

What are some ways that PDA can detract from those around you?

#### Cupid's Advice:

If you're with your partner, it's often hard not to show your

affection through PDA. However, there are some reasons why it's often good to restrain yourselves when you're in public. Here are some things to consider:

1. Making others feel uncomfortable: There's nothing wrong with holding hands or some quick kisses when you're out with your beau, but go too far with sloppy make out sessions and you could make the people around you feel uncomfortable. Remember to keep your PDA not only at your couple's comfort level, but also at the comfort level of those you're spending time with.

2. Missing out on other things: When you're spending time with your partner, it's easy to feel like you're in your own world, especially if you're letting yourselves show some PDA. Don't let that take away enjoying whatever you've came to see. For example, if you went to a play, you don't want to miss the plot because you're so busy with your significant other.

**3. Your partner might not be willing:** Don't forget that PDA can detract from your partner's comfort as well. Some affectionate people aren't willing to show that side of them in public, so make sure that they're okay with cuddling before you start. You wouldn't want to make them do something they don't want to do.

What are your thoughts on PDA? Tell us below.

### 5 of the Most Lavish Hollywood Weddings





By Jessica Nappi

Every girl dreams of the perfect wedding, with the most beautiful dress, and of course, Prince Charming. Some celebrities are able to turn these dreams into reality with weddings that both cost millions of dollars and look gorgeous. From custom-made attire to venues that resemble paradise, these celebrity couples top our list of lavish weddings we will never forget:

#### Related: Five Celebrity Couples Who Had A Low Profile Wedding

1. Prince William and Kate Middleton: Undoubtedly the most talked-about wedding of 2011 and perhaps the most anticipated 'I do' since Princess Diana's royal wedding, Prince William and Kate Middleton had a lavish wedding that will be very difficult to top. The royal pair wed at Westminster Abbey in front of 1,900 guests, while thousands more gathered outside to watch the newlyweds ride by in a horse-drawn carriage and kiss on the balcony of Buckingham Palace. The cake alone cost \$80,000 and Middleton's custom-made dress cost \$70,000. Overall the wedding had to be supported by the taxpayers of England because it cost over \$30 million.

2. Kim Kardashian and Kris Humphries: The whole world was fortunate enough to see this wedding thanks to a camera crew so large that 50 guests had to be cut to accommodate for it. Kim Kardashian and Kris Humphries wed in a beautiful vintage Hollywood black-and-white-themed ceremony where she helped design every detail. The venue was at a private estate in Montecito, California that is worth an estimated \$20 million. Over 500 guests witnessed the 'I do's' under large white tents that were built to keep the wedding under wraps and to fit in with the black-and-white theme. Let's not forget about the wedding *dresses*; yes, there was more than one. Each of the three gowns was Vera Wang and reportedly cost \$20,000 a pop. The entire wedding cost anywhere from six to ten million dollars, but we wouldn't expect anything less from Kim Kardashian.

3. Elizabeth Hurley and Arun Nayar: Elizabeth Hurley and Indian textile heir Arun Nayar started dating in 2002 and waited to wed until 2007. The lavish and eight day-long wedding was worth the wait. Because the couple came from different backgrounds, their wedding was divided into two locations. For the British wedding, Hurley married Nayar in a beautiful ceremony at Sudeley Castle in Gloucestershire where Elton John gave the bride away. The nuptials continued in India at a similarly-star-studded ceremony. Hurley wore beautifully embellished dresses and chocolate fountains were scattered all across the venue making this wedding unforgettable. The wedding cost an estimated \$2.5 million.

**4. Fergie and Josh Duhamel:** This celebrity pair opted for a white fantasy wedding at the Church Estates Vineyards in Malibu. **Fergie** and Josh Duhamel exchanged vows under magnolia

trees filled with thousands of white roses. The bride carried a bouquet of flowers studded with crystals and wore a beautifully fitted Dolce & Gabbana gown. The reception was held in a tent that was made to look like a forest of trees, with the ceiling covered in lights. Kate Hudson, Rebecca Romijn, and Jerry O'Connell were a few of the many celebrities who attended this extravagant wedding.

**Related:** <u>Top Five Celebrity Couples Who Have Made Love Last</u>

5. Kendra Wilkinson and Hank Baskett: Kendra Wilkinson and former NFL player Hank Baskett's wedding was not only lavish: it was one of a kind. They were the first couple ever to wed at the Playboy Mansion other than Hugh Hefner himself. Of course, they had to make it special. Kendra walked down the aisle in a princess-style white gown and wore more than \$100,000 worth of platinum jewelry by Michael Barin. The ceremony was held out in the open on a lawn where white rose petals and flower wreaths lined the aisle. Hundreds of guests, including plenty of playmates, watched the happy couple promised to be together forever in this beautiful ceremony.

Celebrity weddings will always peak our interest because of how over-the-top they can be. These five celebrity weddings were definitely lavish, but in the world of Hollywood, there will always be more that will top these. Stay tuned.

What are some of your favorite celebrity weddings? Tell us below.

### Prince William and Kate

# Middleton Attend Wedding Among Several Exes





On Saturday, Duchess Kate Middleton and her husband Prince William attended a wedding in in the village of Bishops Lydeard in Somerset, England. In attendance were the prince's exes Olivia Hunt and Rose Farquhar, plus Kate's former loves Henry Roper and Willem Marx, according to <u>US</u> <u>Weekly</u>. The couple, who married in April 2011, kept their cool in the presence of former beaus, as they smiled and stayed close under an umbrella.

How do you keep past relationships from affecting new ones?

Cupid's Advice:

It's tough being around exes, especially when you're in a new relationship. Of course, it's sometimes unavoidable when you share mutual friends. Here are some ways to keep your past relationships from affecting your new ones:

1. Be clear: If you know your ex is going to be at a party, it's best to tell your partner ahead of time. That will prevent any awkward run-ins. This also ensures that the two of you will know to avoid your ex or interact if you've decided that's appropriate.

2. The past is the past: Recognize that the problems you had in your past partnerships happened in your past partnerships, and aren't likely to happen again. Don't close yourself off in your new relationship based solely on the things that happened with your last beau.

**3. Forget about it:** Your ex is your ex for a reason, and while the relationship may be important to who you've become as a person, your ex is no longer an important part of your life. It's time to focus on your new significant other and stop focusing on what used to be.

How do you keep your past relationships from affecting new ones? Comment below and let us know.