

# Kaley Cuoco Has a New Beau



*Big Bang Theory*

star, Kaley Cuoco, may officially be moving on from ex-fiancé, Josh Resnik. According to [People](#), the actress was seen on St. Patrick's Day celebrating her *Zoey* magazine cover with a mystery man at Bardot nightclub in Hollywood. The two were spotted in the VIP section kissing and dancing. They even broke out into an impromptu photo shoot. "Kaley seemed like she was truly having a good time and was completely being herself," said an onlooker.

**What are some dates that allow you to ease into a relationship?**

## **Cupid's Advice:**

After a bad breakup, getting into a new relationship can be the quite difficult. However, going on a few low key dates can get you back out in the field in no time:

**1. Dinner and a movie:** Stick with the classics. It will take the pressure off when you know what to expect.

**2. A group or double date:** Going out one-on-one can be awkward for the first date. The more people around, the more rich the conversation.

**3. Get into action:** A high action date doesn't mean what you may think. Go to a fitness class or an amusement park together. When there's a lot going on, you can forget about your worries and focus on having fun.

**What are some other fun low pressure date you can go on after a hard breakup? Share your suggestions below.**

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## **Kaley Cuoco Is Engaged to Josh Resnik**





Get set for a *Big*

*Bang* wedding! Kaley Cuoco, who stars on the award winning sitcom *The Big Bang Theory*, is getting married. The actress, 25, is engaged to addiction specialist, Josh 'Lazie' Resnik, her rep told [People](#). "The surprise proposal took place during a quiet date night at home," the rep said. "The couple are very excited to begin planning their wedding." Cuoco and Resnik have yet to set a date for their wedding.

**What are some ways to make an at-home proposal special?**

### **Cupid's Advice:**

Just because you're not in front of a crowd doesn't mean an at-home proposal can't be just as memorable. Cupid has some tips:

**1. Surprise your partner:** Slide the ring on her finger while she's still sleeping, and wake her up with breakfast in bed (a rose in a vase along with the eggs couldn't hurt). She'll wonder why you're being so cute, and then you can point out the ring on her finger.

**2. Be romantic:** Every girl dreams of their own fairy tale moments, and now is your chance to make one of them come true. Make a trail of candles and rose petals throughout your home.

First, lead her to a candle lit dinner for two that you spent hours preparing. For dessert, continue the path to your room and have notes along the way telling her how much you adore her. Once she's made it to your room, which should be the most romantic scene of all, be waiting for her in the doorway down on one knee.

**3. Involve the family:** Keep the gesture personal by proposing in front of her family. This is more intimate than popping the question in front of a crowd of strangers, and this way she still gets to steal the spotlight. She will love showing off her new bling, and it's a great way to surprise the family as well.

**Do you have ideas to share? Share your comments below.**

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## **'Big Bang Theory' Co-Stars Kaley Cuoco & Johnny Galecki Secretly Dated**





*Big Bang Theory* star

Kaley Cuoco has been channeling her spy side. The actress, 24, recently opened up about her undercover relationship with *Big Bang* co-star Johnny Galecki in an interview with [CBS Watch Magazine](#). “We dated for almost two years. It was such a huge part of my life and no one knew about it,” Cuoco said. “This is the first time I’ve ever talked about it, ever. It was a wonderful relationship, but we never spoke a word about it and never went anywhere together.” But why did they keep their love a secret? According to Cuoco, it was because they wanted to protect themselves and their show. Unfortunately, the secrecy proved to be too much and the couple called it quits last winter.

### **Is keeping a relationship under wraps healthy?**

#### **Cupid’s Advice:**

There are numerous reasons you may be tempted to keep your relationship off the radar. Maybe your family and friends won’t approve of the person you’re dating, or perhaps you’ve been friends for so long that you’re hesitant to tell the world you’ve taken it to the next level. Cupid explores why keeping a relationship to yourself may not be healthy:

**1. It takes work:** Sure, at first it may feel mysterious and

exciting to sneak around, but eventually it will get tiring to tip-toe around your friends, family and the old places you normally go. Relationships are hard enough without adding another element of difficulty into the mix.

**2. Suppressed emotions:** When you keep your relationship behind closed doors, you're keeping your emotions there, too. Suppressing your feelings and happiness to the outside world is unhealthy for your mind and body.

**3. Lowers self-esteem:** Make sure to evaluate the reasons for your secrecy. If infidelity, or being ashamed of your partner, plays any part in why you are hiding your love from the outside world, it may not be love at all. These types of issues can lower self-esteem and hurt your chance of finding love when the right one does come around.