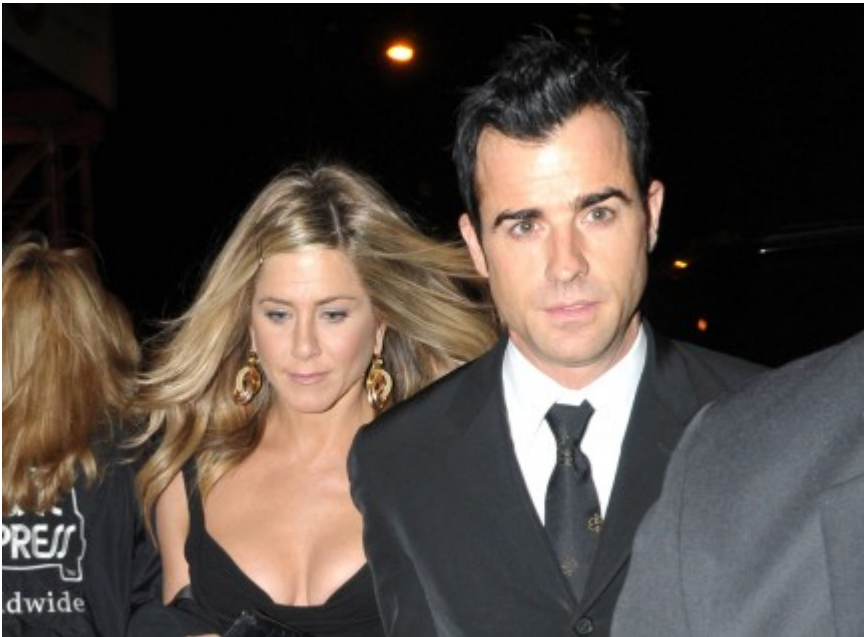


Jennifer Aniston Shows Off Engagement Ring in LA



By Nicole Weintraub

Jennifer Aniston is engaged to fiancé Justin Theroux and is not shy about it, according to UsMagazine.com. The couple attended the LACMA 2012 Art and Film Gala in Los Angeles where Aniston was dressed in a sexy black number with a plunging neckline, revealing the silhouette of two of her greatest assets. Along with showing off her cleavage, Aniston proudly flashed her ginormous engagement ring that Theroux presented her with back in August. The ring is a whopping \$500,000 beauty as she showed off while chatting with pals such as Cameron Diaz and Salma Hayek. Ironically, this is the same place where Angelina Jolie presented her rock from Aniston's ex husband Brad Pitt in April.

How do you know what kind of engagement ring to get your partner?

Cupid's Advice:

Thinking of getting engaged? Congratulations! Now how the heck do you decide which engagement ring to choose from? Here are some tips on how to pick the perfect ring for your partner:

1. Ask around: Chances are that your partner has spilled to her fellow gal pals or her family members what kind of diamond she is hoping for. Be discreet with your asking and make sure your helpers' lips are sealed, but do some investigating and find out if she has been discussing what she likes in rings with her friends and family.

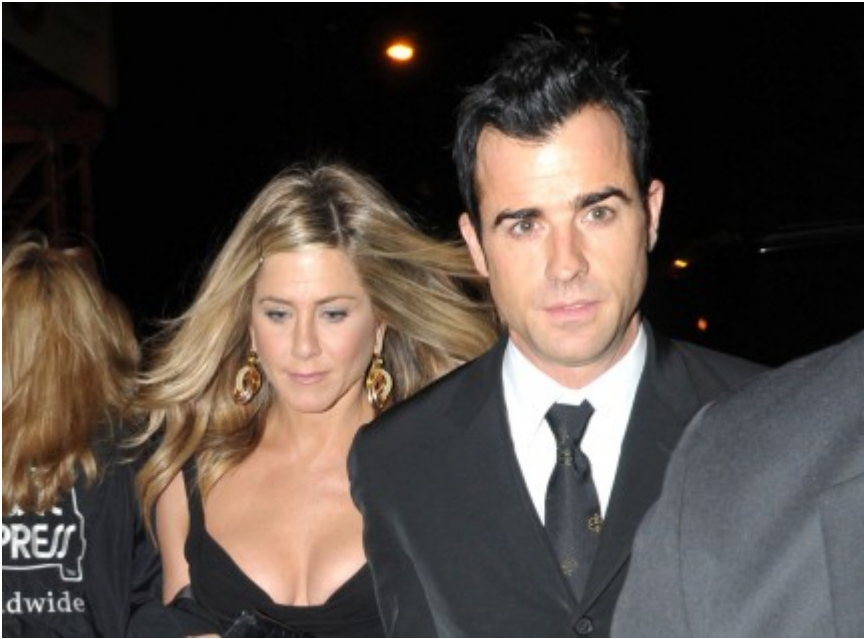
2. Drop hints: Purposely walk past a jewelry store and see if anything in particular catches your partner's eye. Perhaps bring her along with a guy friend of yours who is planning on getting engaged to see what she would suggest. Try not to be too revealing about your intentions, though.

3. Do your homework: Look into her own jewelry box and see if she has any rings or other type of gems. Take a look at what the pieces look like as a whole – is there a pattern between the pieces? Perhaps she likes white gold more than yellow gold for instance.

What are some tips you can offer our readers about finding the perfect engagement ring? Share your tips with us in the comments below.

Jennifer Aniston Says Justin Theroux's Proposal Was

'Covert'



By Nicole Weintraub

Jennifer Aniston's fiancé pulled a fast one on her when he popped the question, the actress tells [People](#). Justin Theroux had been conspiring with the specialists who have worked along with Aniston for years in order to come up with the perfect ring. While he had help, this was a difficult task since the actress admits that she didn't even know what she wanted. "He just knows what I like," she explained on how he managed to impress her with his taste in jewelry. "It's hard to pull one over on me...it was...a very covert operation," Aniston admitted. She had no idea what he was planning and was taken by surprise by not only the proposal itself, but how perfect the ring was.

How do you keep an impending proposal under wraps?

Cupid's Advice:

Planning on proposing? Congratulations! Now here are some key

tips on how to keep it on the down low so that your partner does not find out before you have the chance to pop the question:

1. Keep it in a small circle: Be cautious of who you share your information with – you don't want someone blabbing to your hopefully future fiancée about your intentions. You have the element of surprise, so make sure that you can trust the people who are conspiring with you.

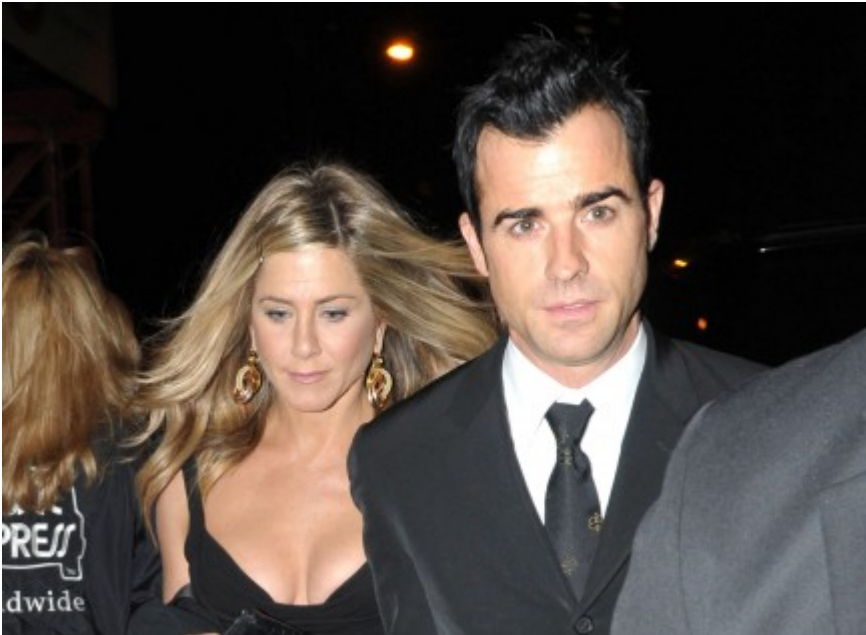
2. Hide it well: Once you have the actual ring, hide it in a place where no one will ever find it but you. Just remember where you put it or else that would be a sticky situation. Here's a hint: somewhere in your shared bedroom is not the best place.

3. Stay cool: One of the biggest tipoffs is you acting strangely and out of character. Do your best to remain calm, cool and collected or else your partner will know something is up.

How would you keep a proposal on the down low? Share your ideas with us.

Jennifer Aniston Gets Teary-Eyed Discussing Engagement to Justin Theroux





By Jennifer Ross

Jennifer Aniston's engagement to fiancé Justin Theroux brings her tears of joy, according to [People](#). Last Monday night on E!'s *Chelsea Lately*, the actress, 43, became teary-eyed when Chelsea Handler, host of the show, began to speak of the engagement. "I just got verklempt," Aniston said as she wiped a tear away. Handler went on to say that Aniston and Theroux, 41, are "the greatest couple ever." Then the conversation changed to making fun of Handler imitating Aniston's life. "I just saw my sport's doctor backstage...and I haven't seen my yoga teacher since we went to Cabo two years ago," Aniston states as proof. All in good fun, Aniston thinks it would be nice for Handler to imitate her by also getting engaged. "Any takers?" she asked.

What are some ways to know you're smitten?

Cupid's Advice:

People who are smitten with their partner live in a completely different world than the rest of us. It's easy for them to give the benefit of the doubt in situations. They tend to focus on the positive side, with an assumption of good will. Also, they generally feel a constant sense of enthusiasm or enchantment, expressing passion and feelings of tenderness.

Here's how to tell if "smitten" describes you:

1. You talk him up to your friends: If he is meeting your girlfriends for the first time and they already know everything about him, you are crazy about him. Wanting to constantly talk about your new partner to any friend that will listen is a good sign of how well your feelings are for him. You might get teased, but it's worth it.

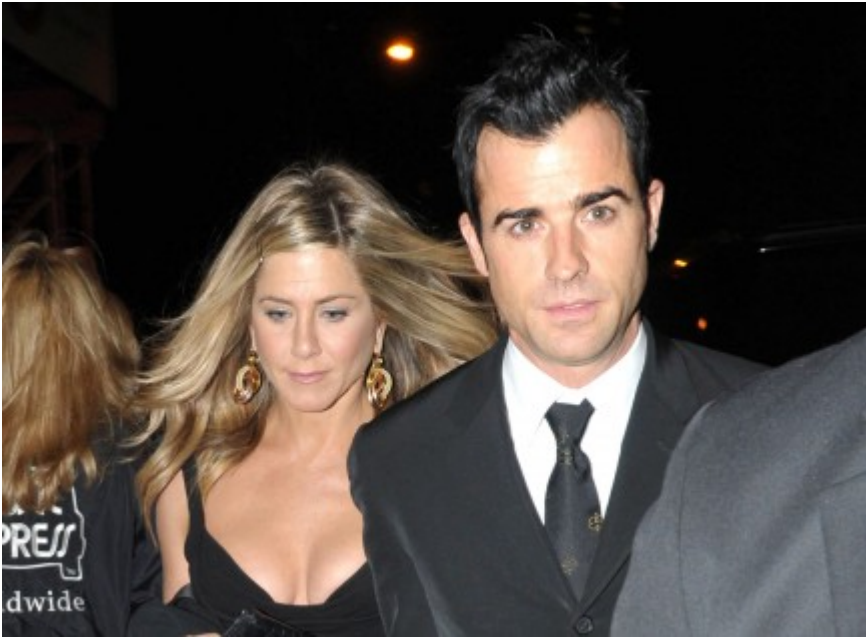
2. You like doing mundane activities together: Another example is the thought of helping him do his laundry, clean his apartment or go with him to run HIS errands makes you giddy inside. You may be perceived as the most boring couple ever by your friends. Even so, you prefer doing this because you two are together.

3. You can't get over how handsome he is: Have you caught yourself staring at him when he's staring at the TV? Better yet, has he caught you doing that? An obvious clue that you are smitten is the overwhelming urge to stare at his beautiful face. Let's face it – you're hooked.

How you know you were smitten about your partner? Comment below.

Jennifer Aniston Shows Off Engagement Ring on a Date with Justin Theroux





By Nic Baird

Actress Jennifer Aniston wore her enormous engagement ring out for a romantic Saturday night with fiancé Justin Theroux, according to UsMagazine.com. The two had a private table in the garden of Hollywood's Chateau Marmont. The couple chatted and made subtle signs of affections, like Theroux reaching out to touch her hand during the meal. Although the actor-screenwriter proposed to Aniston back in August, the ring didn't publicly debut until Oct. 6.

What are some ways to make a classic dinner date more romantic?

Cupid's Advice:

The classic dinner date is definitely the generic outing for a new couple, but pack it full of romance, and it won't lose its magic. It's always a great excuse to sit down and talk to your significant other for a couple of hours. Keep these tips in mind, and try new variations to pull off a deeply engaging dinner date:

1. Ambiance: The local, music, and the food create the date. Candles and flowers go a long way obviously, but try changing up the setting. Have a picnic, find some water, or make your

own meal at home. Just changing things up adds some fresh romance.

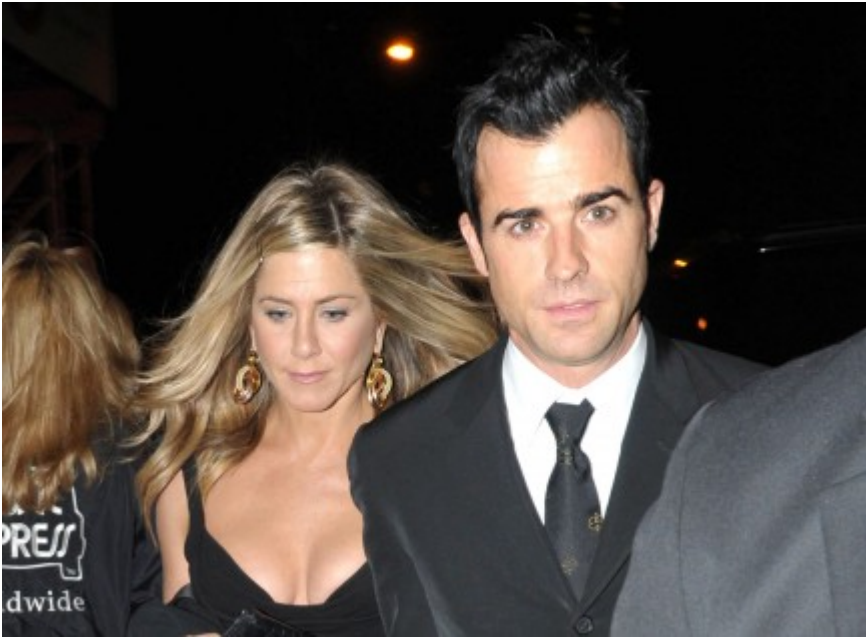
2. Conversation: More important than what you're eating, or where you're eating it, is how you interact with your partner. If dinner is following an activity, you can discuss the heartfelt and funny moments of your date. For a special dinner date, you should make a connection in the conversation. Discuss topics that are special to you, or take the opportunity to learn more about your partner.

3. Appearance: Even if you've both seen each other at your worst, a special dinner date means it's time to spruce up. Dress appropriately for the date, but if you're unsure, always overdress. Putting extra effort into your appearance tells your partner this date is special to you, and shows an endearing vulnerability. You're sending them an intimate message by soliciting their attraction. If you get dolled up for an important event, then make this one of them.

What are some ways you've made your dinner dates more romantic? Share your experiences below!

How to Tell If He's 'The One' After One Date





By Carley Forrester

Have you ever found yourself on a date, wishing that people came with an instruction manual that contained all the information you ever needed to know about them? You don't need an instruction manual to tell if your date is 'the one' – all you need to do is learn how to get them to tell you *exactly* what they are looking for, without them even knowing.

This can be especially difficult when it comes to finding love on an online dating site. Members will often wrongly advertise themselves, leaving it very difficult to work out whether or not they are the one for you. So how can you work out if your date is 'the one' on the first date?

Related Link: [Five Conversation to Avoid on the First Date](#)

Decide what *you* are looking for

What is it that you are *really* looking for? Working this out is the first step to working out whether or not your date is the one for you. Do you want marriage? Are you looking to start a family? Or are you just looking for a little fun? Decide on your own romantic goals and don't apologize for them! Look at Jennifer Aniston: it's always been more than obvious that she's an advocate of marriage.

Related Link: [Five Top Tips on How to Find 'The One'](#)

Question time

Inexperienced daters will steer clear of asking loaded questions on a first date as they think it'll put their date off. In reality, the first date is perhaps the only time you can get away with it! Ask your date what they believe in when it comes to love/relationships/life. If you want to dress the question up a little more ask them if they believe in 'the dream' – if they ask what that is, then give them your answer, without telling them it's yours. Now all you need to do is smile and listen.

By asking your date what they 'believe' in rather than demanding to know what they are 'looking for' you will receive a truthful answer, rather than the answer they *think* you are looking for. According to experts, this method encourages men to openly discuss their opinions of marriage, divulge information about past relationships and even their own finances.

Don't ask about 'the ex'

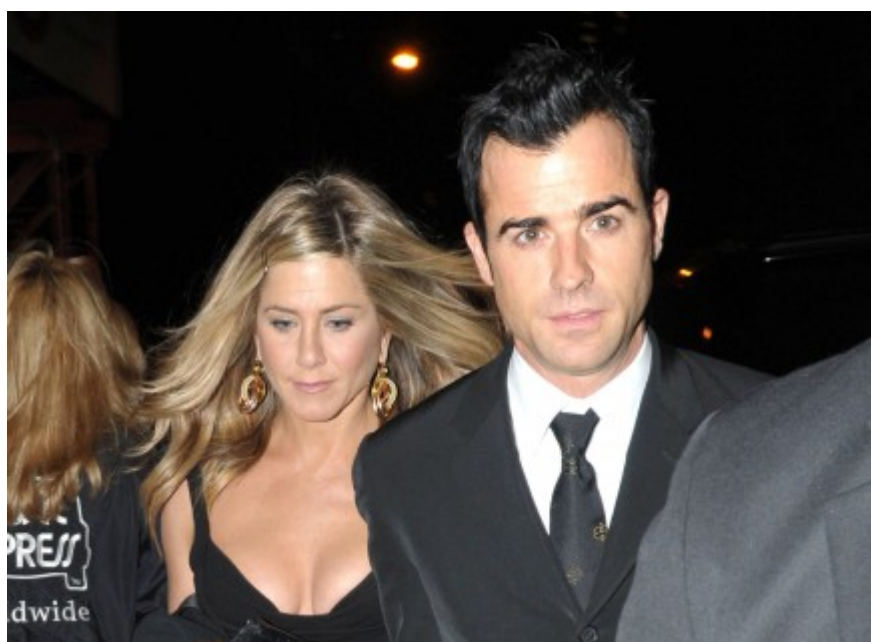
But listen very carefully if they do give you a little insight to their previous relationships. If your date makes a statement about their past relationships 'all ending the same way' be aware of why they ended. Relationship patterns are usually repeated and negative statements about past relationships could be a sneak preview of what he'll be saying about you after you break up.

Ahem... John Mayer, we're talking about you!

Rather than interrogating your date (which is easy done) your subtle method of questioning will leave them feeling relaxed. At this point, don't reveal too much about your own relationship mishaps; this isn't a therapy session, it's a date.

Use this simple dating method as your relationship sieve, sifting through the bad, to get to the good.

Celebrity Break-Ups That Broke Our Hearts



By Jessica Nappi

We've all gone through our own break-ups, and no matter how painful they can be, sometimes, seeing [celebrities break-up](#) is even worse. These splits involve not only the two in the celebrity relationship but also their entire fan base. Break-ups in Hollywood mean more than just broken hearts; they also mean no longer seeing them pose together on the red carpet, waving goodbye to those PDA-filled paparazzi shots, and saying sayonara to those lengthy interviews where they gush about how much in love they are. Here are three celebrity break-ups that

had us crying:

Three Celebrity Break-ups

1. Tom Cruise and Katie Holmes: Tom Cruise and Katie Holmes's split is the most recent and therefore the most sensitive of topics. From the moment Cruise not-so-humbly jumped on the couches of *Oprah* proclaiming his love for Holmes, we all envisioned a happy ending to this celebrity love story. There was the birth of TomKat, followed shortly by the actual birth of their daughter Suri. The famous couple had a six-year run before Holmes shocked the world by filing for divorce in New York City earlier this month. What will we do without seeing ever-so-cute family photos of the duo with their fashionable little girl?

Related Link: [Five Celebrity Divorces We Really Weren't Expecting](#)

2. Brad Pitt and Jennifer Aniston: This golden Hollywood couple married in 2000, and everyone dreamed of watching their picture perfect celebrity love story play out. From [Brad Pitt](#)'s guest appearance on Jennifer Aniston's show *Friends* to always walking hand-in-hand on the red carpet, it seemed like this celebrity couple was as strong as could be. Then came the 2005 movie *Mr. and Mrs. Smith*, in which Pitt co-starred with the one and only [Angelina Jolie](#). The rest is history: Pitt and Jolie are now engaged with six kids. Aniston isn't doing so bad either: She has found a new man – Justin Theroux – and was recently voted hottest woman of all time by *Men's Health* magazine.

Related Link: [Love in the Limelight: Why You Should be Happy You Aren't Famous](#)

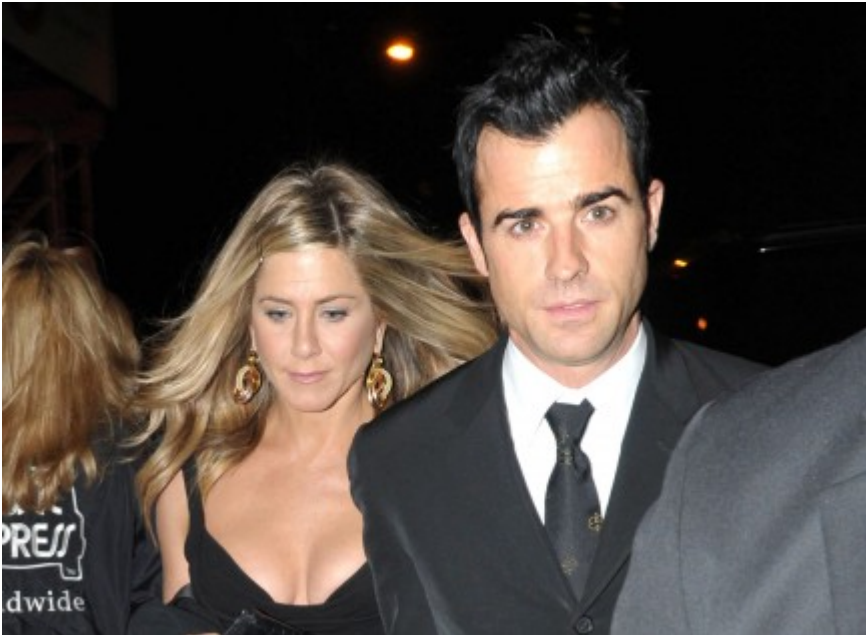
3. Sandra Bullock and Jesse James: It *seems* like a woman can't win the Academy Award for Best Actress without subsequently

splitting with her man. Kate Winslet, Reese Witherspoon, Halle Berry and now Sandra Bullock are just a few of the many actresses who won big in their career yet fell short in their love life soon after. Bullock's marriage to TV's *Monster Garage* host Jesse James seemed better than ever, especially due to the heartfelt award speech she gave about him. But just days later, Bullock and the entire world discovered James' cheating rampage. As if we couldn't feel any worse for America's sweetheart, the famous couple was in the process of adopting a baby boy, whom Bullock now solely cares for. However, she now seems very happy as a mother.

What celebrity break-up broke your heart? Tell us below.

Source Says Justin Theroux Had Been 'Dying' to Propose to Jennifer Aniston





There has been a big hype about Justin Theroux and Jennifer Aniston's recent engagement. The two had been dating for 15 months before the actor-screenwriter popped the question on the day of his birthday, August 10 in New York City. According to [People](#), a close friend of Theroux claims, "He's been dying to do it!" Aniston made Theroux's 41st birthday one to remember by accepting the proposal, and she looks more in love than ever. The couple's complimentary laid-back attitude makes them a perfect match, and friends and family couldn't be more thrilled for them

What are some signs that it's time to get engaged?

Cupid's Advice:

When deciding to spend the rest of your life with someone, you have to make sure your relationship is in the right place to make that big step. Here are some signs that you're ready to become engaged:

1. You've been in a long term committed relationship: It's hard to decide you want to spend the rest of your life with someone if you haven't gotten to know them for long enough. If you have been in a dedicated and committed relationship for over a couple of months, then you can consider a proposal and

know what you would be getting yourself into.

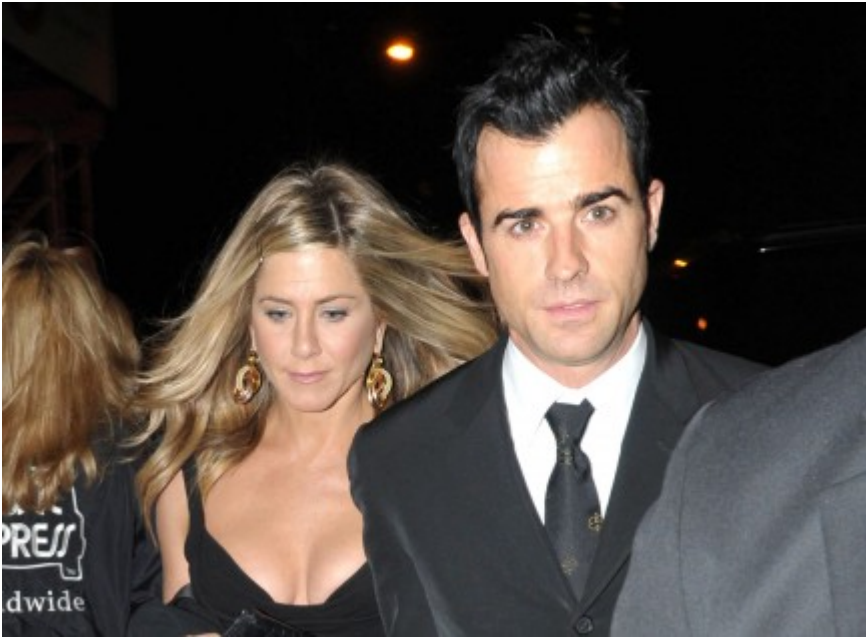
2. You've moved in together: Just because you have been dating for a while, doesn't mean you know exactly what you'd be marrying into. At least not until you've lived with a person. Once you live with them, you live and breathe them. You wouldn't want to become engaged to someone and find out what they live like later on.

3. Make sure you're on the same page: Before becoming engaged you need to make sure you have similar plans in life. There are things to discuss before making such a big step in life, such as children, living, occupation, traveling plans, etc.

When do you think a couple is ready to become engaged? Share your thoughts below.

4 Things Jennifer Aniston Taught Me About Relationships And Love





By Liz of

WeLoveDates.com

I've always been fiercely and annoyingly Team Jen, so when the news of her celebrity engagement to Justin Theroux broke out, I was possibly a bit too excited. As a complete and utter romantic, I'm just happy she's found her happy ending. In honor of America's Sweetheart, here are four things Jennifer Aniston has taught me about relationships and love:

Relationship And Love Advice from Jennifer Aniston

1. Keep on keepin' on: *"There are no regrets in life, just lessons."*

It's easy to look at someone like Aniston and wonder if she would have done anything differently. Would she have fought to stay married to celebrity ex Brad Pitt and gotten into a cat fight with Angelina Jolie? Would she have begged him to stay with her? But by having no regrets and choosing to learn from her past, she is telling the world that nothing that has happened to her in life will ever define who she really is.

Related Link: [10 Love Lessons From Bruce Springsteen](#)

2. Take responsibility: *“Relationships are two people; everyone is accountable. A lot goes into a relationship coming together, and a lot goes into a relationship falling apart. Even if it’s 98 percent the other person’s fault, it’s 2 percent yours... You can only clean up your side of the street.”*

Even the best relationships and love can turn sour. A lot goes on behind the scenes, whether you’re part of a famous couple or not. Instead of playing the role of a heartbroken victim, good love advice is to evaluate where you went wrong in the relationship. You didn’t fall in love over night, and your relationship didn’t end in the blink of an eye.

3. Don’t try too hard: *“If you try and be sexy, you’ll never be sexy.”*

You never get the impression that Aniston is trying too hard. She doesn’t dress like she’s giving something away for free, and she isn’t overly gratuitous when it comes to her sexuality. There is a reason why she’s often referred to as the girl next door, and women all over the world look to her for style inspiration. Simply put, she’s not desperate, and you shouldn’t be either!

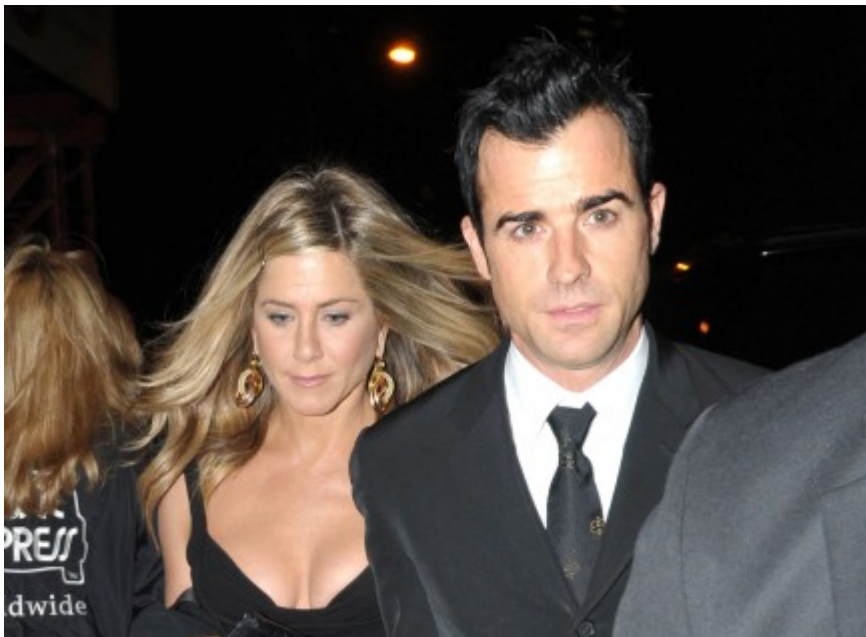
Related Link: [Khloe Kardashian Gives Tips For A Happy Marriage](#)

4. Love doesn’t play by the rules: *“You know, it isn’t designed. Love just shows up and you go, “Oh, wow, this is going to be a hayride and a half.”*

Nothing about relationships and love makes sense, and the sooner you accept that, the more fun you’ll have dating. To get the most out of love, you have to be willing to let go of control and just go with the flow. Sometimes things won’t work out your way, and you’ll be heartbroken and alone, but other times, you’ll be full of butterflies, loved beyond belief, and excited about the future – like we sure Aniston is over her celebrity engagement.

Liz is the social media manager for We Love Dates, a worldwide online dating site. Join for free now using code WLD GUEST, and check out the popular We Love Dates blog for more dating advice and tips.

Jennifer Aniston and Justin Theroux Are Engaged!



Jennifer Aniston may have found her true love. Justin Theroux, Aniston's boyfriend of 18 months, has proposed, according to UsMagazine.com, and she said "yes"! This will be Aniston's second marriage, her first being to Brad Pitt in 2000.

How do you know when it's time to tie the knot?

Cupid's Advice:

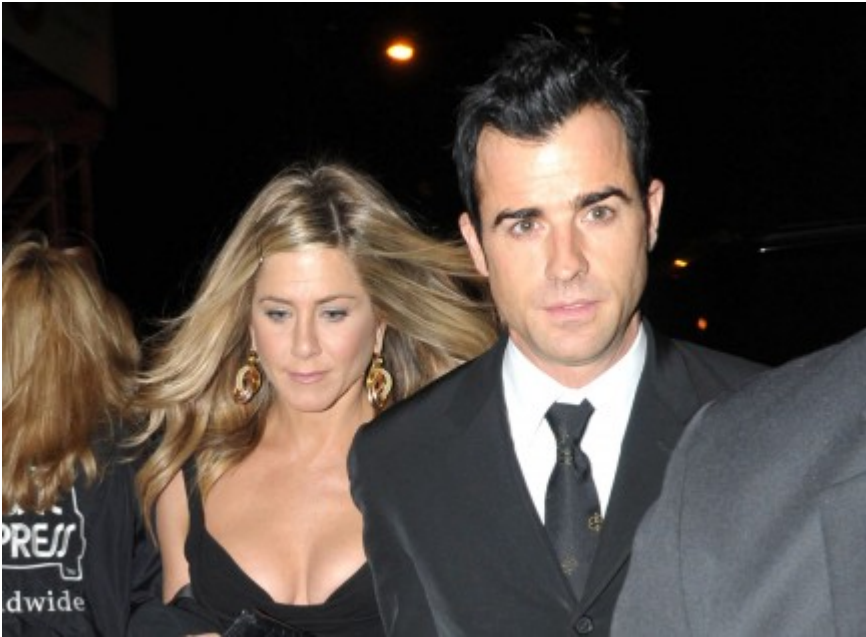
Getting married is a big step in your relationship. Here are some ways to know it's time to tie the knot:

- 1. You've talked about it:** If you've talked marriage with your honey and you both seem comfortable with the idea, it may be time to put those plans into action.
- 2. You're ready for what's next:** You and your partner are ready to start a family; what better first step than getting hitched?
- 3. You're practically married:** If the two of you live together, share funds, and even have a family of your own already, there's nothing getting in your way of a successful marriage.

How do you know when it's time to tie the knot? Share your comments below.

Justin Theroux Says He's the 'Luckiest Guy in the World!'





Justin Theroux could not be happier in his current relationship with Jennifer Aniston. "I always go to bed thinking I'm the luckiest guy in the world," he told *Extra*. The couple recently went on a romantic vacation to Paris together and where they were spotted linking arms as they walked past the Tuileries Gardens. Although Aniston is known for her rocky relationship past, she insists that Theroux is nothing like Brad Pitt or John Mayer. "The relationship is completely different than the other ones," Aniston's friend told UsMagazine.com. "Everything about Justin feels right."

How do you show appreciation about being happy in a relationship?

Cupid's Advice:

1. Speak: You don't have to constantly tell your man how great he is, but every once in a while let him know how lucky you feel to be in such a great relationship. Remember to always be considerate about the little things, too. Say please and thank you, compliment him when it's deserved, and tell him you love him every day.

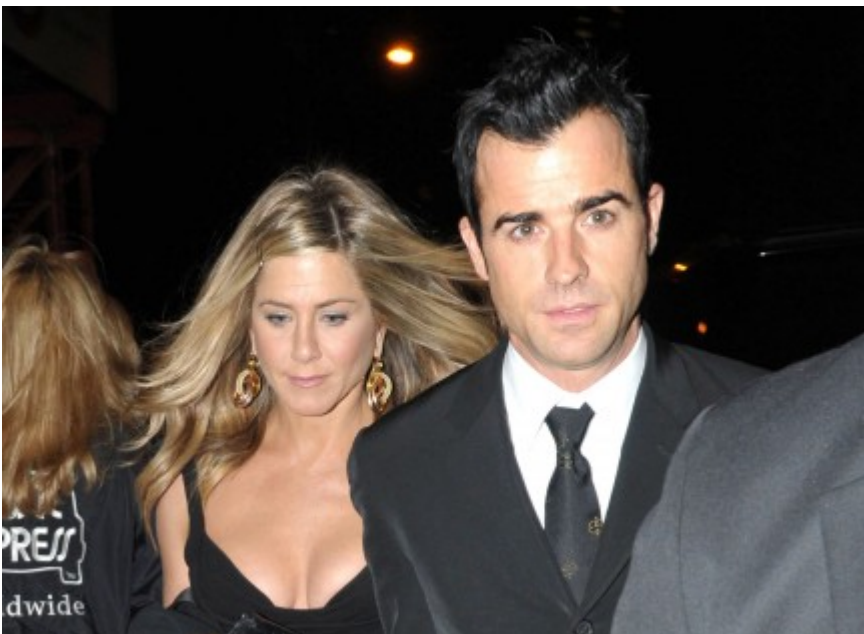
2. Go on dates: Remembering to spend time alone, no matter how busy each of you are, is the most important way to show you

care. Go out to eat once in a while or take walks after dinner. Stay connected to each other by separating yourselves from everyone else.

3. Plan a surprise you know he'd like: Is your guy a huge Lakers fan? Get him tickets to the next game! Does he love going to the beach? Make a day of it. Even doing small things like stocking the fridge with his favorite beer or cooking his favorite dinner are great ways to show you care.

How do you show appreciation for your significant other? Share your advice below.

Jennifer Aniston and Justin Theroux Show PDA in Paris



Celebrity lovebirds

Jennifer Aniston and Justin Theroux aren't afraid to show a little PDA. The two have recently been spotted on vacation together in Paris where an onlooker saw them hugging and kissing at the Charles de Gaulle Airport. The onlooker told UsMagazine.com, "They got airline priority to get through customs and security, but were in no hurry. They were just so happy to be together and starting a visit to Paris as a couple." The next day, Aniston and Theroux took a romantic stroll next to the Tuileries Gardens where Theroux held out an umbrella for them to share when it rained. This affectionate couple has been together for a year since costarring in *Wanderlust* together.

How much PDA is too much?

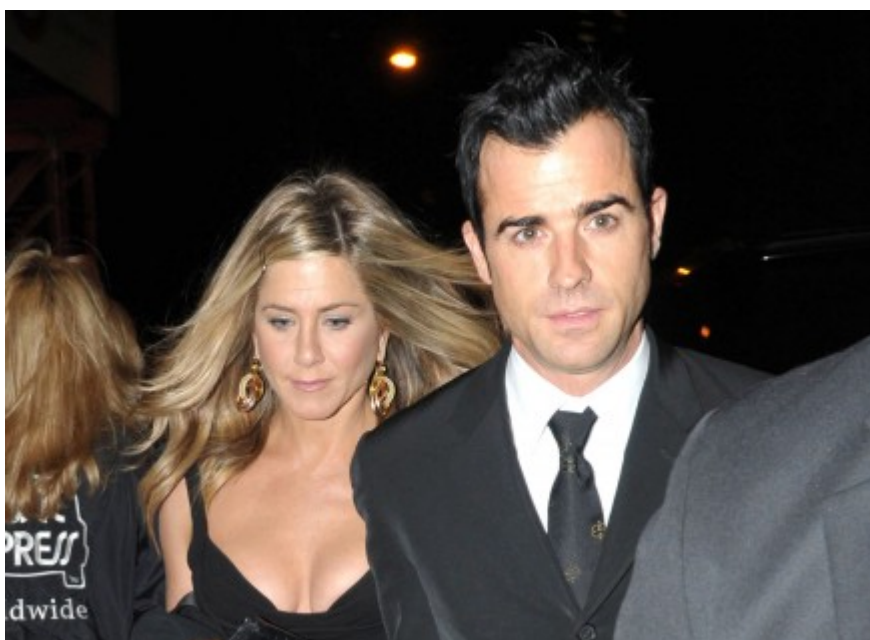
Cupid's Advice:

There is nothing wrong with showing love for your partner in public, but there is a line between affection and getting a room. Here are some ways to know your boundaries:

- 1. Kissing:** A quick kiss like Kate Middleton and Prince Williams's wedding day kiss is an appropriate public display of affection. The longer the kiss, the more inappropriate it becomes. Don't be afraid to kiss, but do not go over-the-top.
- 2. Cuddling:** Places like restaurants and park benches give couples a chance to cuddle in public. But, these public places should not mimic your at-home couch. Putting an arm around one another or holding hands while sitting side by side is just right. If you're sitting on top of your partner, you've gone too far.
- 3. Beware of your surroundings:** If you're around a playground with children, even kissing could be too much PDA. Be wary of who you are with and what you are near, because you wouldn't want to make anyone feel uncomfortable or set a bad example.

How much PDA do you think is too much? Tell us below.

Jennifer Aniston Partially Credits Justin Theroux with Her Happiness Level



Thanks to her Zen approach to life and wonderful boyfriend, Justin Theroux, Jennifer Aniston has never been happier. To be exact, her happiness is 10-plus. “You have a more relaxed sense of the world and life,” said the former *Friends* star, “and you realize there’s nothing to be taken too seriously besides doing your work and being a really good person.” According to [People](#), the couple who now calls L.A. home, weren’t as happy living in New York under the scrutiny of the paparazzi. “It

felt like I was [living] in a fishbowl," said Aniston.

How do you show thanks to your partner for making you happy?

Cupid's Advice:

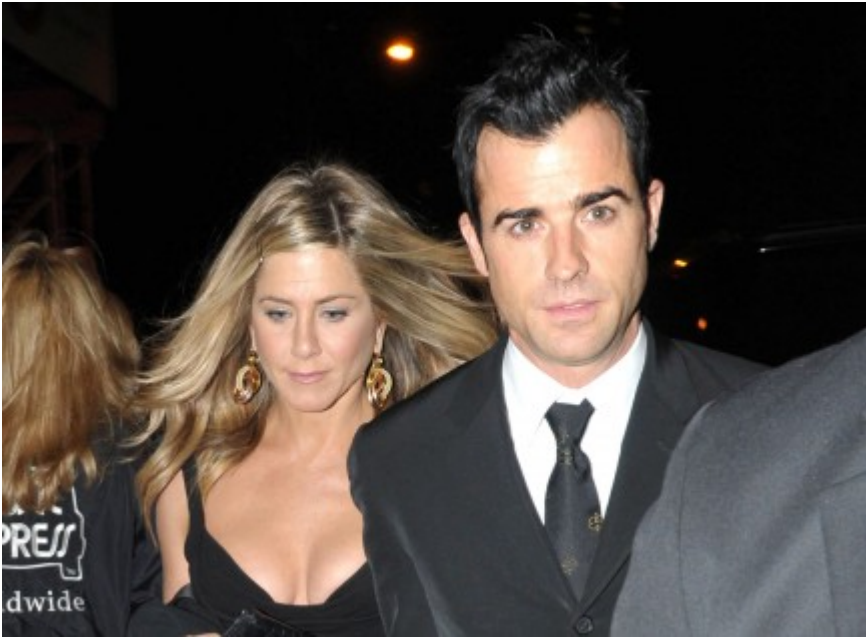
Finding someone who makes you happy is the ultimate sign of relationship success. Here are some ways to make your partner happy, too:

- 1. Smile more:** Seeing you happy will only make your partner happier. After all, laughter is contagious.
- 2. Surprise them:** Nothing is more exciting than a spontaneous dinner or celebration.
- 3. Let them know you're thinking of them:** Send them a text in the middle of the day to let the person who makes you smile know they're on their mind.

How do you find a partner who makes you happy? Share your advice below.

Justin Theroux Speaks Out About Relationship with Jennifer Aniston





Jennifer Aniston and

Justin Theroux are keeping their relationship on the down low. Although the couple is getting steamy on screen for the new movie *Wanderlust*, according to [People](#), Theroux is “vowing to keep mum.” “I understand the curiosity, but other than saying I am happy, I am not going to indulge it. That’s building your own torture device,” said Theroux. Aniston described her feelings as “joyful and peaceful.” Since the couple met on set last May, they have moved in together. However, they are not discussing marriage or children. That said, the couple *has* welcomed a new boxer-pitbull into their home, name Sophie.

How do you keep the intimate details of your relationship private?

Cupid’s Advice:

The intimate details of what goes on between you and your lover are only for the two of you to share. Here are some tips to keep those moments private:

1. Make a pact: Agree with your significant other to keep your private lives on the down low. If you are both on the same page you should be able to keep your secrets between yourselves.

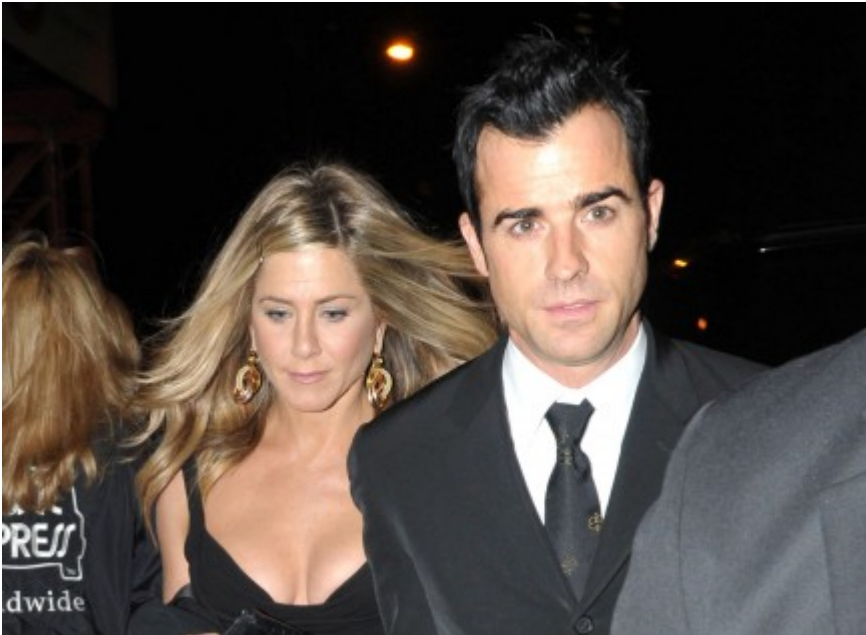
2. Don't share with friends: If you want don't want anyone to know your business, sharing your relationship secrets with your chatty girlfriends isn't a good idea. Don't tell your friends random lies to satisfy them either, or you'll start hearing rumors that you started yourself.

3. Keep PDA to a minimum: The key to keeping rumors at a minimum is to keep your relationship behind closed doors. Even if it's not rumors that are being spread, keeping PDA to a minimum will keep people from talking about your relationship and ultimately asking about the intimate details.

How do you keep the intimate details of your relationship private? Share your stories below.

Jennifer Aniston Celebrates 43rd Birthday Eve with Boyfriend Justin Theroux





Last week, Jennifer Aniston celebrated her 43rd birthday and her much-talked-about beau Justin Theroux didn't stray far. The eve of her birthday, Aniston and Theroux showed up at the Chateau Marmont in West Hollywood with another pal and took their favorite seat on the back patio, according to UsMagazine.com. The three drank wine and chatted most of the evening, and according to an onlooker, the couple were nothing if not affectionate. "They touched each other alot! He had his hands in her hair at one point," said the source.

What are some birthday celebration ideas for your partner?

Cupid's Advice:

When you're in a relationship and it's your partner's birthday, it's on you to make the occasion special. Cupid has some tips:

- 1. Throw a themed party:** Whether it's a surprise party or one your partner is in on, plan an exciting party with a theme for your loved one. For instance, consider an indoor/outdoor beach party. If you live on the beach, you clearly have the necessities. If you don't, you're not out of the game yet. Set up a faux beach inside your home!

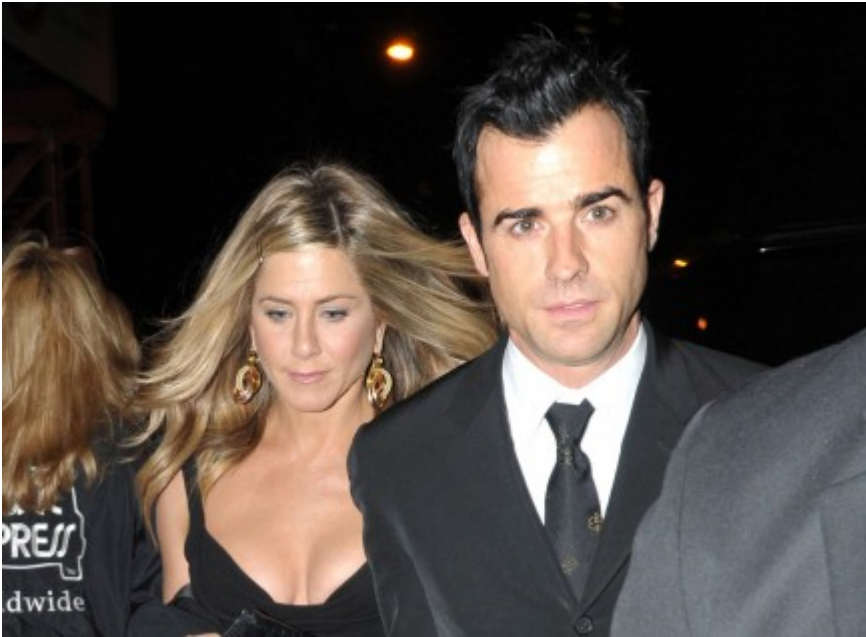
2. Spa weekend: Take the weekend to indulge in couples massages and hot tub time. You'll feel the stress run right out of your body and relaxation replace it.

3. Amusement park: You may not be able to go to Chuck E. Cheese for your birthday party as an adult, but you can plan a theme park outing for your significant other's occasion. Revert to your childhood, and have some fun.

What are some other birthday celebrations for your partner? Share your thoughts below.

Find Out What Jennifer Aniston Likes About Justin Theroux





It seems Jennifer Aniston is no longer concerned with her ex-husband Brad Pitt. She's now very happy with her new guy, Justin Theroux. According to [People](#), the actress' relationship with Theroux is "going strong," and she says that she's in a "joyful and peaceful" place in her life. What's their secret to a healthy relationship? Not only do they have a love for acting in common, filming *Wanderlust* together, but they also share a sense of style.

What are some important things you should have in common with your partner?

Cupid's Advice:

Although many say that opposites attract, it's good to have some things in common with your partner, too. Cupid shares some important similarities:

1. Shared interests: You don't have to like everything that your partner likes. However, it's a good idea to like some of the same things. Take a cue from Aniston and Theroux who point to their shared love of acting and fashion.

2. Goals: You and your sweetheart should share similar goals. What are your thoughts on marriage and children? Your

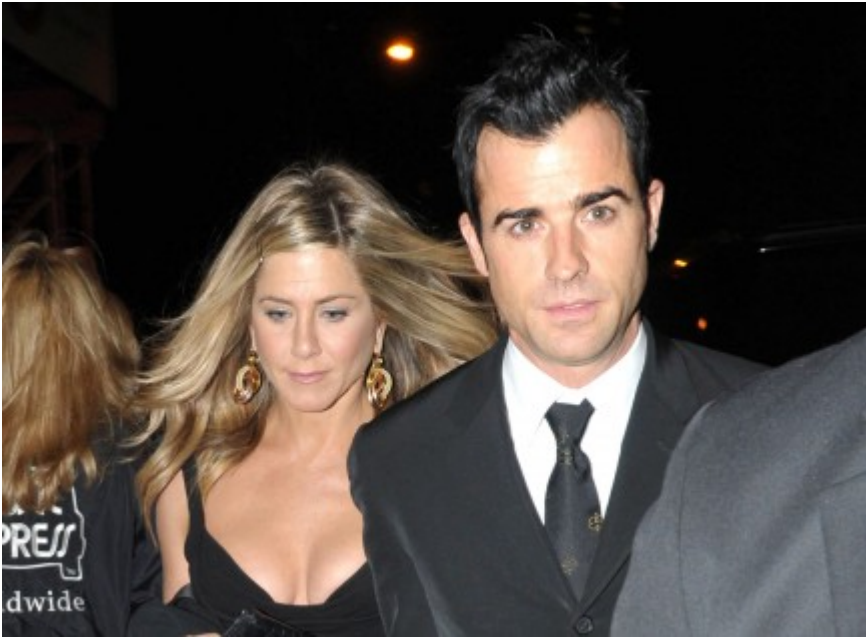
viewpoints on this question should eventually coincide or intersect so that your relationship can continue into the future.

3. Opinions: If you or your partner has strong opinions on certain topics, it may be a good idea to have similar thoughts on those subjects. If you don't, you'll need to be able to agree to disagree in order to avoid yearning for the single life.

**What are some things you have in common with your partner?
Share your comments below.**

Jennifer Aniston and Justin Theroux Enjoy a Snuggly Dinner Date





[Jennifer Aniston](#) and

[boyfriend Justin Theroux](#) went for an early dinner at a restaurant in one of their favorites hotels, L.A's Sunset Tower Hotel. An onlooker claims the couple looked very [happy](#) while they enjoyed their low-key evening in matching leather jackets, according to [UsMagazine.com](#). The two ended their early dinner, and walked out with their arms around each other.

What are some ways to spice up an ordinary dinner date?

Cupid's Advice:

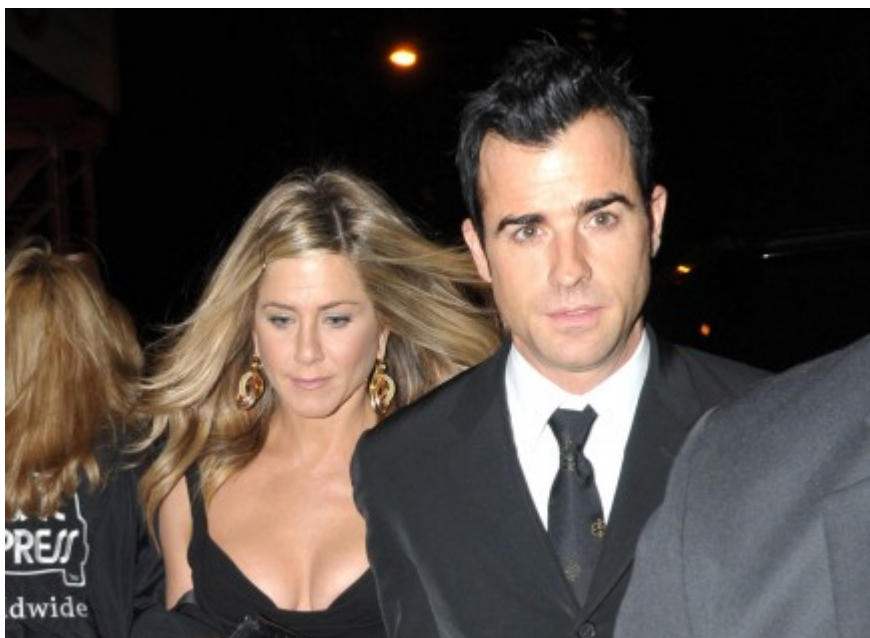
The same [dinner dates](#) all the time can get boring. Here are some ideas on how to make them more interesting:

- 1. Go restaurant hopping:** Try going to more than one restaurant throughout the night for a variety of atmospheres. Have some drinks at your local bar, appetizers in the hip lounge down the street, and your main course at your favorite restaurant.
- 2. Make it a double date:** Bring along your best friend and her date to dinner with you and your [beau](#). There's nothing like having your best friend there to loosen things up.
- 3. Cook for each other:** You and your date each pick something

you've never cooked before, and test out your new recipes on each other.

How do you spice up your dinner dates? Share some ideas below.

Jennifer Aniston Brings Justin Theroux to the Director's Guild of America Awards



Jennifer

Aniston showed her boyfriend, Justin Theroux to a night out on the glamorous side. Theroux accompanied Aniston in a suit and tie to Hollywood's 64th Annual Directors Guild of America Awards on Saturday, where she was nominated alongside Demi

Moore, Penelope Spheeris, Alicia Keys and Patty Jenkins for co-directing Lifetime's *Five*. The couple was seen chatting it up during the show as the 42-year-old actress made her way through the lobster, artichoke salad, and finished it off with short ribs and steamed vegetables. This, all while still looking beautiful and toned in her Dolce & Gabbana mini dress.

Not allowing Aniston's loss to *The Kennedy's* Jon Cassar keep them from ending the night early, the happy couple made an appearance after the show at a private members' club in West Hollywood. According to UsMagazine.com, Theroux was spotted "continuously putting his arm around her or touching her in some way."

What are some signs that you're comfortable around your new partner?

Cupid's Advice:

Doing certain things around your partner shows how comfortable you are with them, which is like taking a whole new step in your relationship. But how do you know when you're ready to take that step? Cupid has some tips:

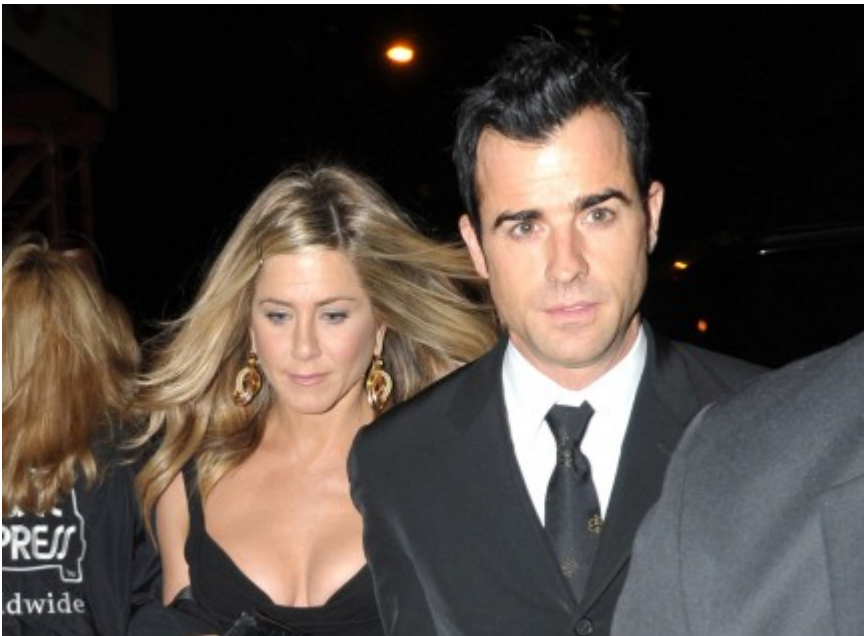
1. Loosen up: If you're not worried about every move you make around your partner or what you look like at all times, it's easier for you to be yourself.

2. Be honest: You should be able to tell your mate how you feel if you're comfortable enough with them. Otherwise, your conversations won't be as real.

3. Don't get embarrassed easily: You shouldn't be afraid to indulge in a huge, juicy cheeseburger in front of your partner every once in a while.

What are some things that make you feel more comfortable around your partner? Share your tips below.

Jennifer Aniston and Justin Theroux Go On Ski Vacation in Colorado



Jennifer Aniston and Justin Theroux didn't seem to have any trouble staying warm in the chilly weather as they spent their holidays in Telluride, Colorado. The two lovebirds rented a house and although they ventured out during the day to take ski lessons, a source told UsMagazine.com that "Jen and Justin spent every night in" during their romantic winter getaway.

What are some romantic winter vacations to take as a couple?

Cupid's Advice:

Avoid the winter blues this season with a romantic getaway for you and your partner. Cupid has some tips:

1. Fun in the sun: If winter just isn't your season, take a trip somewhere warm and tropical. A cruise or a flight down south could be the perfect way to melt away the cold and heat up your relationship.

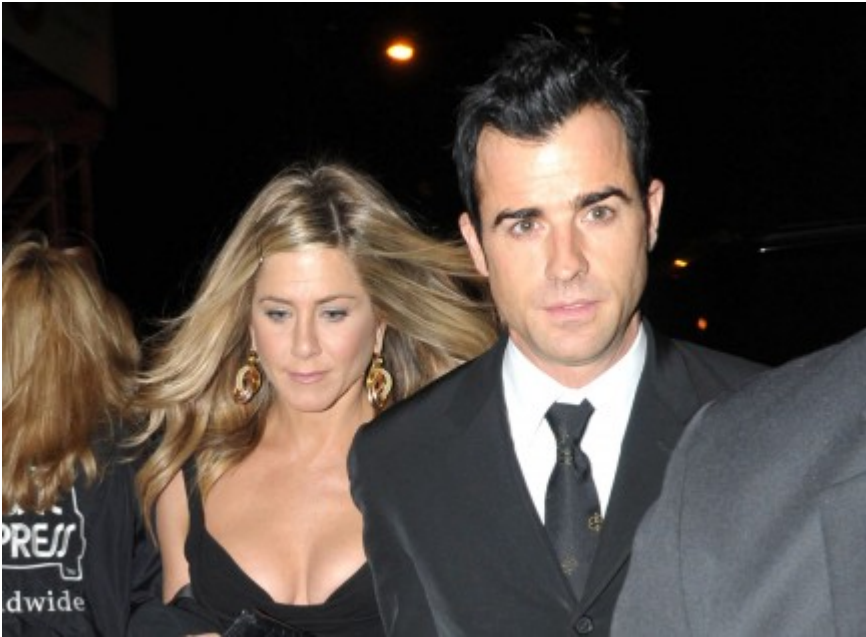
2. Scenic route: Snowfall can turn parts of the world into a winter wonderland. Embrace the season with an Alaskan cruise, and you're guaranteed to see some of the most breathtaking sights you've ever seen.

3. Hit the slopes: Go play in the snow adult style – on the mountains! Take a trip out West for some great skiing opportunities and time to bond with your partner while being active.

Where do you like to travel during the winter season? Share your comments below.

Jennifer Aniston and Brad Pitt Narrowly Miss Each Other at the Movies





It was a close one when celebrity exes Jennifer Aniston and Brad Pitt narrowly missed each other at the Arclight Cinemas in Hollywood on Friday. According to [People](#), it would have been an awkward run-in since Pitt was with his children and wife, Angelina Jolie, while the *Friends* star was there with boyfriend, Justin Theroux. “Justin and Jennifer skipped the popcorn and went straight in. Like five minutes later, Brad and the kids came out of the theater. They just missed each other,” said a source who witnessed the potential run-in.

How do you keep things from being awkward with an ex?

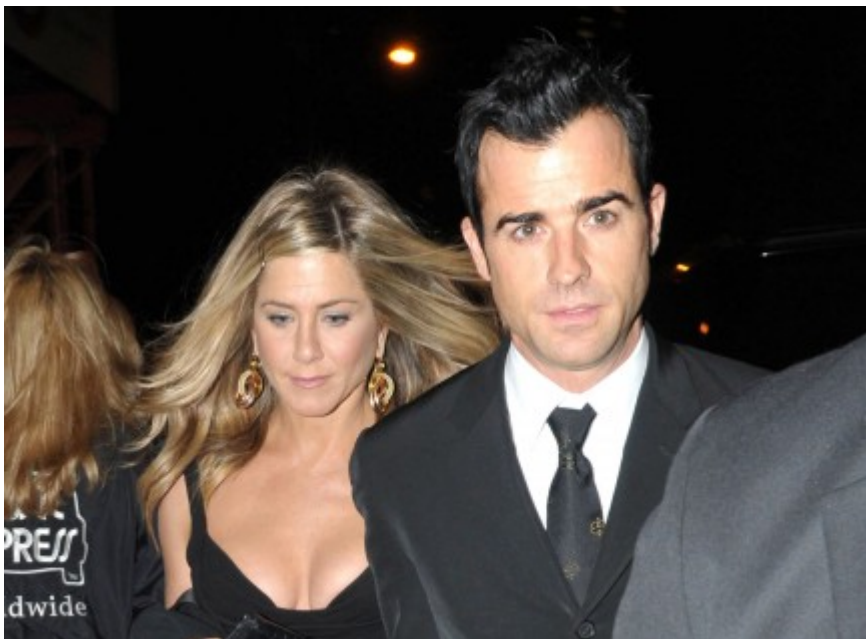
Cupid’s Advice:

It’s a small world, so chances are you’re bound to run into an ex when you least expect it. Cupid has some tips:

- 1. Just say hi:** Saying hi to an ex isn’t saying you want to get back together or admitting they were right. Don’t be afraid to say “hi.” It makes things a lot less awkward.
- 2. Wish them the best:** Even if you don’t mean it, always say that you wish them the best.
- 3. Be happy:** If you’re happy and secure with yourself, chances are your run-in won’t be awkward.

How do you show your ex you've moved on? Share your ideas below.

Jennifer Aniston and Justin Theroux Walk the Dog



Actress Jennifer Aniston and new beau Justin Theroux got some exercise as they strolled through Beverly Hills on Sunday with her dog Dolly, according to [RadarOnline](#). Aniston adopted the pup back in 2006, and she has recently become the top dog after the actress's beloved mutt Norman passed away at the age of 15 back in April. Aniston uses walking Dolly as an excuse to spend some quality time with her canine and to fit some extra exercise into her busy schedule.

What are some ways to get exercise as a couple?

Cupid's Advice:

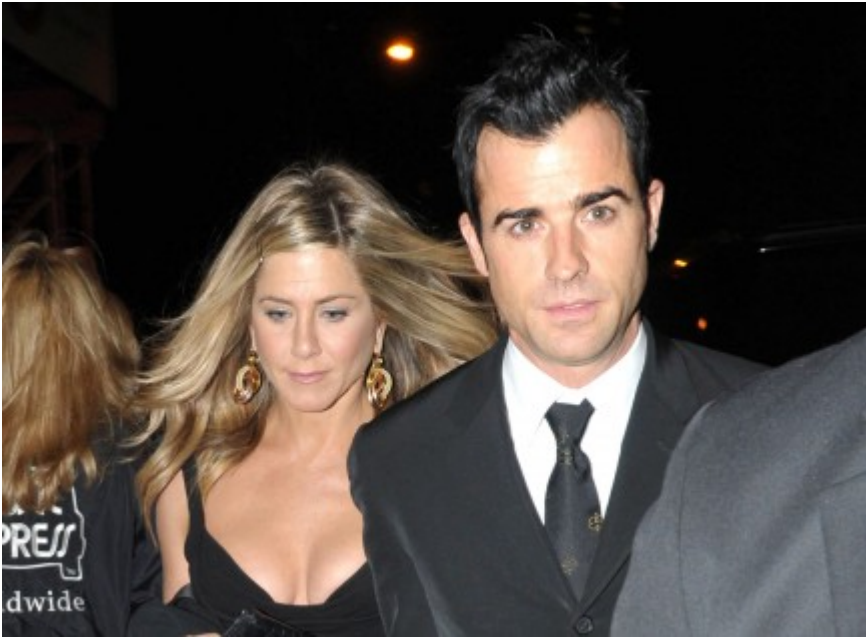
Finding the motivation to exercise can be a difficult task, but if you and your partner do it together it can be more fun. Here are some options:

- 1. Walking/running:** If you can't afford a gym membership, walking or running in the great outdoors is free. Set a goal and encourage each other until you've both reached it.
- 2. Sign up for a class:** Joining a kickboxing class as a couple is a great way to work out and see results. Seeing each other pushed to your limits and glowing in sweat can be pretty sexy, too!
- 3. Play on a team:** Co-ed sports teams like softball and volleyball can be a blast. You'll work on your teamwork skills as players and as a couple.

How do you and your partner exercise together? Share your comments below!

Ben Stiller Says Jennifer Aniston and Justin Theroux Are Happy





With all the flack

Jennifer Aniston and Justin Theroux have been catching for their relationship, they do have some people in favor of their whirlwind romance. Ben Stiller spoke highly of the couple at the premiere of his movie *Tower Heist* on Monday. "They're both great people. I love them both," the actor told UsMagazine.com. Theroux is currently living with the former *Friends* star in her NYC penthouse. That said, no plans have been made to take the relationship any further. Aniston stated, "I've been married once and I don't know if I'll get married again." It seems that, for now, the couple are just simply having fun in each other's company.

How can you tell if your friend is happy in their relationship?

Cupid's Advice:

If you notice your friend being positive and optimistic about life and love, they are definitely happy in their current situation. Acknowledge the small changes in their demeanor and personality:

1. More smiles: Whether it's giggling at a text or beaming just because, your friend is all smiles all the time. A grin is an obvious indicator of happiness, and it's clear that

their new love interest is to thank.

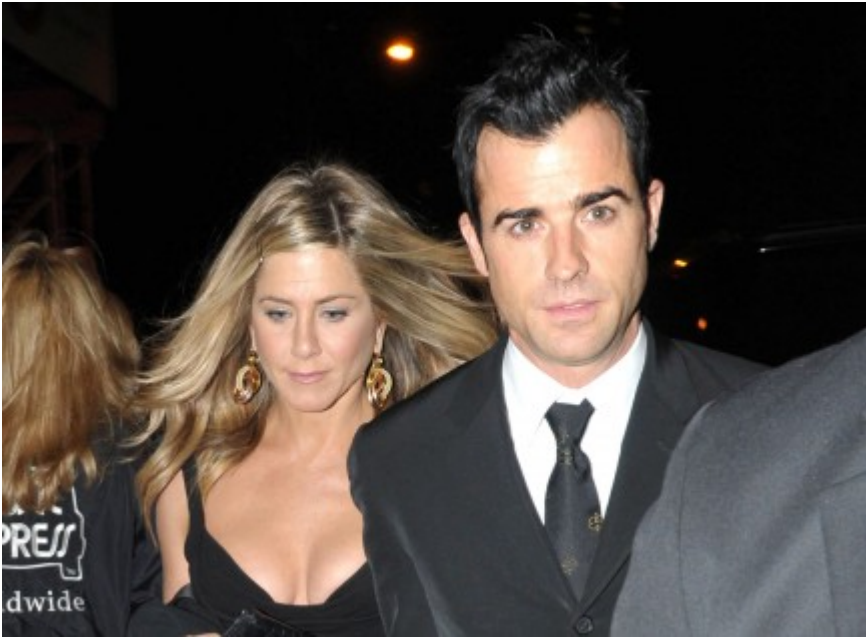
2. Change in wardrobe: If you notice your friend is wearing something a little more flirty and fun than usual, it's probably the result of a good new relationship. Satisfaction in love can easily seep in to other aspects of life.

3. Simple statement: "I'm happy in my relationship." is a pretty clear sign that your friend is just what he or she said. Sometimes a direct statement shouldn't be questioned.

What are some ways you can tell if your friend is happy in their relationship? Let us know below!

Jennifer Aniston Says She's Not Desperate to Have a Baby





Many of Hollywood's top leading ladies have opened up to *ELLE* addressing all of the secrets and rumors everyone wants to know. On talk of being desperate to have a child, *Friends* alum Jennifer Aniston set the record straight by saying, "If it's meant to be, it's meant to be. I'm at peace with whatever the plan is. But will you hate me if I say I don't want to talk about my relationship?" Though she remained private about her new beau Justin Theroux, according to [People](#), Aniston did reveal that she once threw a chair at a director because of how he was treating the script supervisor.

How do you keep desperation out of your desire to have kids?

Cupid's Advice:

There are beautiful things about having children, but there are also benefits to not doing so. The answer is to be happy with what you have. Cupid has some advice:

1. Take it day by day: Don't obsess over not having kids at this very moment. Things can always change quickly, and it's best to be happy with what you do have in the present.

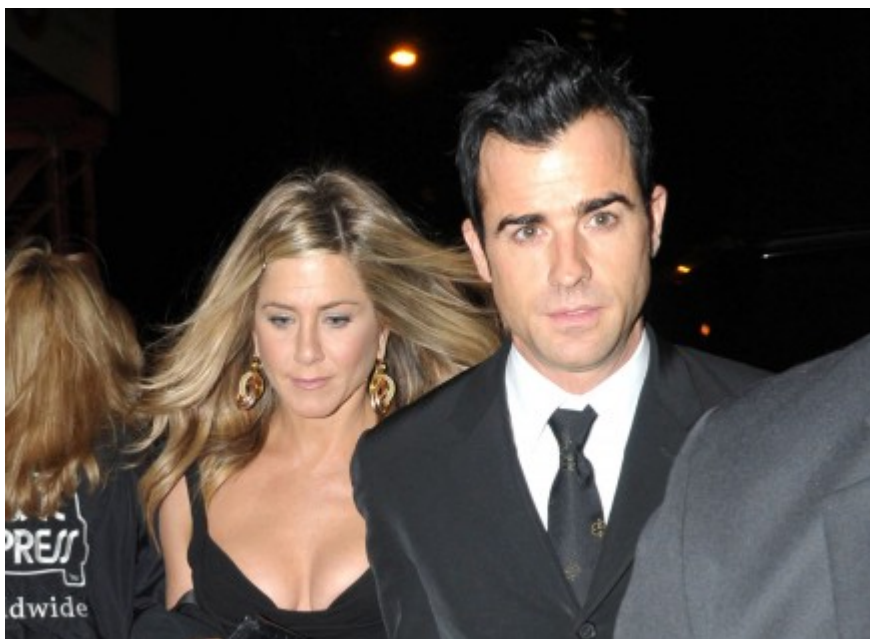
2. Focus on what you have: Focus on your family, friends and career. If you're too obsessed with having children, you can

miss what's going on right in front of you.

3. Consider your options: If you really want to try to have children, look into adoption and fertility treatments, and find out what's the best option for you.

What are some of the benefits of not having children? Share your ideas below.

3 Ways to Become the Strong Man Women Love



By Elliott Katz

It's official! Jennifer Aniston has finally found a man to make her happy, as she recently moved in with new beau, Justin Theroux. This begs the question, what makes him different

from all of the others she's dated? I think it has something to do with the fact that he's a solid man who shows leadership and makes decisions in their relationship. These days, it's hard to find men who are powerful, which may be why it took so long for Jen to find her man.

Women universally love and respect men who are strong. While researching my book, *Being the Strong Man a Woman Wants*, one of the biggest complaints I heard from women is that today's men don't show initiative and lack grit. They say that men seem oblivious to problems and wait for women to tell them what to do. Even when they're asked for input about something, men will say, "you decide."

Single women told me that when they go out for coffee with a man, instead of taking the lead and selecting the place to go, he wants her to choose. And when they finally get somewhere, he wants her to pick the table.

To avoid accusations of being controlling, many men have now gone to the opposite extreme by completely avoiding being assertive. They think they're showing that they're non-controlling nice guys and can't understand why women are frustrated and lose respect for them.

Here are three key ways to become a self-assured man any woman would love:

Show Leadership

When a man sees a situation that needs to be dealt with, he should step forward and handle it. Women admire men who are willing to step up, instead of waiting for others to solve the problem.

Make Decisions

A man needs to make his share of decisions (like picking a restaurant and/or a table) and take ownership for the outcome,

instead of blaming it on someone else. To many women, a man who avoids being decisive is shirking his responsibilities.

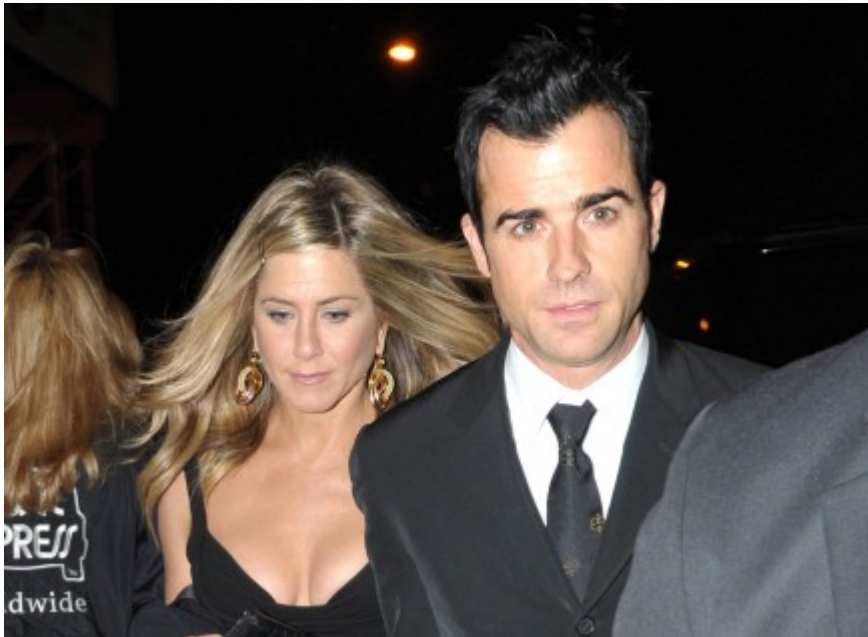
Take Responsibility

Refrain from attacking someone about a situation, and instead make an effort to improve it. There is little sympathy for a man who blames a woman for making a bad choice— even when he thinks she pushed him into it. As the man, it's your lot to skillfully manage and salvage unfortunate circumstances, as well as seek to attain ideal ones.

Despite these tips, it's important to get to know your mate in order to get a feel for what she wants. Ask specific questions based on the above suggestions. You may be surprised by her response. Remember that by being confident, Justin Theroux ended up dating one of America's sweethearts, Jennifer Aniston.

Elliott Katz is the author of Being the Strong Man a Woman Wants: Timeless Wisdom on Being a Man, which is being translated into 21 languages in Europe, Asia and Latin America. Women give the book to husbands, boyfriends and sons. Divorced women say if their husbands had understood these insights, their marriages would not have disintegrated. It's available online from Amazon.com and bookstores.

Jennifer Aniston and Justin Theroux Move In Together



Jennifer Aniston and her new beau Justin Theroux took a big step in their relationship by deciding to become roommates. [People](#) reports that the couple is currently renting a two-bedroom house in the Hollywood Hills while searching for a more permanent settlement. “Jen and Justin are very excited about living together in their new home,” a source said. Aside from some privacy, the home, which Aniston rented Aug. 1, offers hardwood floors, a new ozone pool, spa and viewing deck. Aniston’s old home in Beverly Hills sold for \$38 million.

How does your relationship change when you live with your partner?

Cupid’s Advice:

In most cases, moving in with your lover can make things complicated at times. Cupid weighs the pros and cons:

1. Time is of the essence: Most couples expect to be spending more time together when they move in together. Technically this is true because you have the night together, but you’ll

be surprised by how much “quality time” is missing once the honeymoon period is over.

2. ‘Space: the final frontier’: If you’re a person who needs a lot of space after a disagreement, then you may want to reevaluate your living situation – or have a spare room.

3. ‘After the thrill is gone’: Similar to the beginning of your relationship, once the initial “honeymoon” period is over, a person’s guard is let down and his or her true character appears. This happens when you move in with your lover, except on a much larger scale. Act accordingly.

What do you think are the pros and cons of moving in with your partner? Share your experiences below.