Find Out Details About Jennifer Aniston and Justin Theroux's Celebrity Honeymoon



By Maria N. Capalbo

Seat-belts fastened, and off they go! According <u>UsMagazine.com</u>, Hollywood couple Jennifer Aniston and Justin Theroux are enjoying their amazing celebrity honeymoon at the luxe Four Seasons Resort in the French Polynesian isle. Right after they exchanged vows at their celebrity wedding, the duo hopped on a private jet with a small group of close friends. They stayed in an oceanfront villa, stocked with wine, beer, and fruit that was around \$4,000 a night! They also enjoyed fine-dining, fresh fish, and some cocktails.

This celebrity honeymoon is one for the books, but we don't all have unlimited funds. What are some ways to make your honeymoon special on a budget?

Cupid's Advice:

After tying the knot, it is nice to get away and have a great and memorable time with your significant other, but sometimes we may not be able to afford everything we want! Cupid has some suggestions on ways to make your honey moon special on a budget below:

1. Take a group: If you plan your get away with some friends, the expenses will surely be cheaper. Rent a villa, and split the payments between all of you!

Related Link: Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage

2. Look for deals: Since everything is usually planned out in advance, while you're planning the wedding, plan the honeymoon, too! There are always great deals out there. Also, checking apps or sites that are renowned for offering vacation getaway deals is a smart idea too!

Related Link: <u>Hollywood Couple Jennifer Aniston and Justin</u> <u>Theroux Celebrate Secret Celebrity Wedding</u>

3. Stay close to home: You could always go to a nice spot close to where you both reside that has never been visited before! There are many opportunities to do something spontaneous and memorable close by.

What are some ways you have made your honeymoon special on a

Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage





By Maria N. Capalbo

According to <u>People.com</u>, celebrity couple Jennifer Aniston and Justin Theroux finally celebrated their celebrity

marriage after being engaged for over 3 years. They got married at their Bel-Air home with around 75 of their closest friends as guests! Being the busy couple that they are, marriage was a long accomplishment to plan for them. A source close to Aniston and Theroux says that finally, their "timing was just right"!

This celebrity marriage was highly anticipated. What are some reasons to tie the knot?

Cupid's Advice:

Getting married can take a long time to plan! Many things need to be considered. Cupid has some dating and relationship advice below:

1. Increases funds: Tying the knot puts both you and your partner's funds together! Now you can finally get that new car or house you have been saving for, and help each other out with bills or future payments.

Related Link: Jennifer Aniston's Celebrity Engagement: How Long is Too Long?

2. Stick out tough times: Being married gives you more motivation to stick together when times are tough. Knowing that you and your significant other chose one another to be with over everyone else, it decreases your chances of arguing over trivial things that could damage your relationship.

Related Link: <u>Brad Pitt and Jennifer Aniston Are Scheduled at</u> <u>the Same Film Festival</u>

3. Feeling like a team: Working together as a team increases trust and companionship. Motivating each other to do better and be better while together always has a positive outcome

when things get hard.

What are some reasons you've tied the knot? Share below!

Top 5 Secret Celeb Matchmakers





By Courtney Omernick

Sometimes, even the most famous of celebrities need a bit of help finding "the one" with whom they want to spend the rest of their life.

Cupid has five celebs who have played matchmaker to the most Alist of celebrity couples.

1. Robert Downey Jr.: Downey introduced mutual friends <u>Jennifer Aniston</u> and Justin Theroux to one another back in 2007. The famous celebrity couple celebrated their celebrity wedding this past week.

Related Link: <u>Anna Kendrick Speaks Out About Celebrity</u> <u>Marriage</u>

2. Ellie Goulding: Goudling is proud to announce that she is the reason behind the celebrity relationship between Calvin Harris and <u>Taylor Swift</u>. Goulding jokingly commented that she set the two up because, "They're both really tall."

Related Link: <u>5 Celebrity Marriages That Are Rock Solid</u>

3. Anne Hathaway: Back in 2008, Hathaway decided to introduce the now married celebrity couple, John Krasinski and Emily Blunt. At the time, Krasinski said that he "wasn't really looking for a relationship," but when he saw Blunt, he knew he was going to fall in love with her.

4. Ed Sheeran: Who would've guessed that Sheeran and Courteney Cox were good friends? Such good friends, in fact, that he set her up with her now fiancé, Johnny McDaid.

5. Jimmy Kimmel: Back in 2008 at a Comedy Central show, Kimmel decided to introduce <u>Kanye West</u> to <u>Kim Kardashian</u>. The pair didn't get together until 2012, but Kardashian noted that when they met, "There was definitely a spark."

Who are some other celeb matchmakers? Share in the comments below!

Hollywood Couple Jennifer Aniston and Justin Theroux Celebrate Secret Celebrity Wedding





By <u>Katie Gray</u>

Here comes the bride! Celebrity couple Jennifer Aniston and Justin Theroux have tied the knot! The <u>celebrity wedding</u> took place at the newlyweds' mansion in Bel-Air. They managed to pull off the A-list wedding in secret, and it was a beautiful star-studded event indeed. According to <u>UsMagazine.com</u>, "With her Chris McMillan-styled hair, the bride and groom made it official before cutting into a giant vanilla and strawberry cake, topped with two puppets, before pals Courtney Cox, Lisa Kudrow, Howard Stern, Sia, Chelsea Handler, Jennifer Meyer, Emily Blunt, John Krasinski, Ellen DeGeneres, Lake Bell, and Scott Campbell among others." It was an elegant and simple affair, among close friends and family.

Not even the guests knew that Aniston and Theroux's party was a secret wedding-to-be! What are some benefits to throwing a secret wedding?

Cupid's Advice:

Whether you don't want to attract to much attention or get a rush from adding the element of surprise – a secret wedding can be the right choice for you. Cupid has some relationship advice:

1. No one knows: A major benefit of throwing a surprise wedding is that no one will know, and nobody has to find out if you don't want them too. You are completely in control. You don't have to worry about paparazzi or unwanted party crashers. You don't have to worry about people being offended for not getting an invite or stressing over which entrée guests should choose from. It takes away the aspect of stressing over ever little detail. In the end, it's all about the bride and groom to be, because that's all that matters.

Related Link: <u>Celebrity Interview: Event Producer Cheryl</u> <u>Cecchetto Says, "Nothing is Traditional Anymore" at Weddings</u> 2. More intimate: Often, if you are throwing a surprise wedding it is going to be more intimate and romantic. That is the most important component of a wedding. Focus on making your wedding special and a true celebration of love. It's not about getting everybody else's opinions, all that matters is what you want as a newlywed couple. It's your big day, not everyone else's. You have the freedom to make it perfect for you and your spouse!

Related Link: <u>Jennifer Aniston's Celebrity Engagement: How</u> Long is Too Long?

3. Love is the focus: When it all comes down to it, a wedding is not about the cake or the flowers or the dress. What it truly is about is love and two people making a commitment to spend the rest of their lives together. That is what really matters. When you are doing a surprise wedding, love is at the center of attention – just as it should always be whether you throw a surprise wedding or not.

What were some benefits to throwing your surprise wedding? Share your stories with us below:

Jennifer Aniston's Celebrity Engagement: How Long is Too Long?





By Dr. Jane Greer

Actors <u>Jennifer Aniston</u> and Justin Theroux celebrated their <u>celebrity engagement</u> in August of 2012, and their wedding has been much-anticipated by their many fans. However, reports last week revealed the two have been fighting and are now living separately. Justin has asked Jennifer to be patient, but being no closer to a celebrity wedding date after being engaged for over two years "makes her feel like a fool." Couple that with the fact that they both have incredibly busy schedules, and it's no surprise that they are having a hard time scheduling their wedding.

The fact that this celebrity couple has been planning to get married for over two years raises the question, how long is too long? Is

there a shelf life to an engagement?

What's holding you back?

That may depend on whether the issues getting in the way are practical ones or emotional ones, and if the couple will be able to give themselves time to work through and get past them. Consider first what is holding you back from setting a date and walking down the aisle. If you both have full-time jobs, for example, or are celebrities like Jennifer and Justin, the demands of the office and of upcoming projects might make it very difficult to plan a wedding.

Where will you live?

On top of that, there's the expectation that once you are married you will share a home base. If you are living in separate parts of the country or world, or have a work assignment far away from where your partner spends most of his or her time, deciding where to call home might not come so easily. Sometimes that requires one person to compromise and make a choice that could end up feeling like a sacrifice he or she isn't ready to make. So whether it is a work commitment, or even an illness in the family that is time-consuming, and thereby keeping you from saying, "I do," you might find yourself in a perpetual state of engagement.

Are you used to your long engagement?

You may even adjust to a long engagement, and it can become what you are used to. So if it works for both of you, then there may not be any rush. Sometimes the end goal of marriage is no longer front and center, and you might not feel compelled to take the next step. You are each happily doing your thing, and haven't taken the time to figure out how to officially merge lanes. Getting married would be nice, but right now it doesn't feel necessary. If that is the case, the shelf life on an engagement can be evergreen.

Are your feelings in the right place?

If the thing that is holding you back has more to do with your feelings than with logistics, take stock of what is going on so you can better understand it and deal with it. Has one of you been married before, maybe even suffered a betrayal as was the case with Jennifer, and therefore may be feeling afraid to take the plunge for fear something similar might happen again? Or, like Justin, has one of you never been married? If that is the case there is the possibility that the fear of a change in identity and the concern over what there is to lose, such as personal freedom, is what is creating the roadblock.

Practical vs. Emotional

Layer the two together, the practical piece and the emotional piece, possibly even throwing in a financial piece, and it is no wonder some people take longer to get to the altar. If one of you is pushing to do it sooner than the other, things might get complicated. But if you are both willing to wait it out, and you are able to work through some or all of these issues, then there is really no downside to waiting. The bottom line is, there is no clear expiration date on an engagement unless you plan to call off the relationship itself. As long as you are on the same team, and are aware of what is keeping you from taking the plunge, you could stay engaged for years or even decades.

Only time will tell if Jennifer and Justin fall into the category of both being okay with the long engagement, or if they will start to move apart in terms of what they each wish for. Hopefully, though, they will be able to move forward in their joint life together, proving their commitment to each other is enduring whether they are married or not.

Please tune in to the Doctor on Call radio hour on

HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy.

10 Famous Couples We Can't Wait to See Support Each Other At the Oscars





Page 1 of 10



Chrissy Teigen and John Legend

The soulful singer-songwriter and his wife, who has been in the media for her humorous crying face, most recently appeared at the Grammys on Feb. 8. Legend and Common will be performing the Oscar-nominated song 'Glory' from the movie 'Selma.' Fingers crossed that they take home the golden statue! Photo: Janet Mayer / PRPhotos.com

Jennifer Aniston Says Justin Theroux Gave Her "A Rock"





By <u>Sarah Batcheller</u>

A celebrity engagement is everyone's favorite vicarious event. Taking a look at <u>UsMagazine.com</u>, you can get a close-up of the enormous engagement ring that Jennifer Aniston is sporting. According to the latest celebrity gossip, the actress says of the impeccable rock that her fiancé and *Wanderlust* costar Justin Theroux gave to her, "He rocked it up…It took me a while to get used to it. I'm not a diamond girl. I'm more Indian jewelry and stuff." The celebrity couple has been together since 2012.

Whether or not you're inspired by a celebrity engagement, how can you find out what type of ring your partner wants?

Cupid's Advice:

Asking too many questions will give away the big surprise, so here's Cupid's advice on how to stealthily pick out a diamond worthy of a celebrity engagement:

1. Log in: You say: "Hey babe, I'm going to use your laptop to check my e-mail really quick!" What you mean is: "Hey babe, I'm going to open up your Pinterest account because I know that you've been pinning images of vintage-style diamond rings that appeal to you!"

Related Link: <u>Sofia Vergara is Engaged to Joe Manganiello</u> <u>After Only Six Months of Dating</u>

2. Listen to their style opinions: If you're a guy, it's hard to listen to everything your partner says about fashion, but if you do, you can use these comments as clues as to what kind of rock they would like. Is your significant other's style more classic than trendy? She may want a round diamond. Is she super girly? Perhaps something extra sparkly will catch her eye.

Related Link: Cameron Diaz and Benji Madden Tie the Knot at

Her Beverly Hills Home

3. Ask their friends: Easy as 1,2,3! Ask your honey's friends what kind of ring they want. If you have known for a while that marriage in in your future, it's inevitable that your partner has discussed every detail with their pals. Just make sure these friends can keep it hush-hush until the proposal!

How did you find out what kind of ring to get your love? Tell us in the comments below!

Jennifer Aniston Discusses Wedding Dates with Ellen DeGeneres





By Amanda Boyer

Friends alum Jennifer Aniston was stopped by the Ellen DeGeneres Show on Tuesday, Nov. 25, and she dished about her upcoming wedding. According to <u>UsMagazine.com</u>, Aniston, who has been with her fiancé for over two years ,have been planning and are constantly are looking for ideas for her wedding. They have been having gatherings, and their friends are ready for the wedding!

How do you decide when to have your wedding?

Cupid's Advice:

Your wedding is an event that will live in your memories for forever. Picking when to have it is critical, and Cupid has some advice:

1. Fall: If you're into warm and neutral colors, have your wedding in autumn! That way your wedding party can wear those warm and neutral colors to match with the changing leaves and festive pumpkins! Plus, typically the weather is somewhere between cold and hot, which is ideal for an outdoor wedding.

Related: Justin Theroux Surprises Jennifer Aniston at Photo Shoot

2. Spring: With the May flowers blooming, the weather is just perfect to have a wedding outside or inside, and you can go with any color scheme you want ... maybe have fun with pops of colors!

Related: Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux

3. Winter: If you like the holidays, cold weather and the snow (depending on your location), a winter wedding is for you. You can have blues, reds, or greens as your colors to go along with the time of the year.

What do you think of maybe a winter wedding? Share your thoughts below!

Find Out How Jennifer Aniston Got Bikini Ready For Vacation with Justin Theroux





By Ann Luther

Jennifer Aniston perfected her already famously tight body in preparation for her beach vacation to Bora Bora in celebration of fiancé, Justin Theroux's birthday and the couple's two-year engagement anniversary. Aniston's long-time yoga instructor, Mandy Ingber spoke of her starlet student saying, "we add a little more cardio to the yoga, but also what she puts into her body is essential. That really is 80 percent of it ... it's not a big deal if you have a bite of this or that if you are mostly eating well." According to <u>UsMagazine.com</u>, Aniston's self-discipline is what keeps her body in top condition.

How can being healthy and in shape help your relationship?

Cupid's Advice:

Taking care of your body can sometimes fall last on your to-do list. However, a clean and healthy lifestyle can benefit both you *and* your relationship. Check out how below:

1. The couple that sweats together stays together: Your partner is your perfect gym buddy. Exercising together will

allow you to spend more time as a twosome while doing something beneficial for both of you. You can be each other's motivation and reward.

Related: Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux

2. A reminder that you've still got it: You're beautiful at any size and your guy should know that. However, firming your back side, shrinking your thighs, and toning your arms will demand your beau's attention. Plus, seeing your fellow impressed will make you feel amazing.

Related: Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux

3. Extend forever: Maybe you won't live forever; but, if you plan on spending your lives together, it would be nice to add a few more years. Maintaining good health will help you to live and therefore love longer. There's nothing more romantic than saying you want as much time as life can give you with one another.

Do you incorporate health in your relationship? Share with us in the comments below.

Justin Theroux Surprises Jennifer Aniston at Photo Shoot





By Sanetra Richards

Although these two have been engaged since 2012, Justin Theroux still manages to keep his lady happy and on cloud nine. According to UsMagazine.com, the Leftovers star took fiancee Jennifer Aniston by surprise when he surprised her at a photo shoot with Chris McMillan, longtime stylist and business partner, on Monday, July 28th. "Justin actually showed up as a surprise to Jen," says an insider. "He turned up a couple of hours into the shoot. She was nearing the end of the shoot when he snuck in to say 'Hi.'" The Friends alum, who made her entrance at the shoot wearing simply blue jeans and a white top, Aniston, was filled with joy when her eyes met with her future husband's. "She clearly wasn't expecting to see Justin because she squealed when he showed up," added the source. "They hugged and he gave her a kiss and then he watched the end of the job." The 45-year-old actress recently talked to Women's Wear Daily about her love, saying, "He's so

graceful and utterly kind and golden. He's just so beautiful and handsome to me."

What are three ways to keep the spontaneity alive in your relationship?

Cupid's Advice:

Wanting to keep the flame going with your partner? You have been together for some time now, and are looking for ways to spice things up. Of course, your butterflies are still in tact and do not seem to be going anywhere anytime soon. But to ensure that, Cupid has some ways to keep the fire lit for eternity:

1. Maintain the new/fresh feeling: Remember that exciting moment when you were about to go on your first date with your significant other? You probably could not stop grinning and gushing about it afterwards. Do not let that feeling ever die. Keep doing exactly what you did to win your partner's heart.

Related: Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux

2. Continue the fun convos: Laughing is good for the soul . . . and for your heart. Be willing to go an extra mile by telling a corny joke, just to bring a smile to your love's face. Share your most embarrassing stories. Have a good time together!

Related: Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux

3. Do not be overbearing: Fun police, fun snatcher, do not be either. If there is ever a time when they randomly want to watch their all-time favorite movie with you, go along with it. If they want to go to a sporting event with you, go along with it. Although the words may not verbally come out, he or she wants to spend time with you, no matter what the activity may be.

How do you keep the spark in your relationship going? Share your thoughts below.

Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux



By Sanetra Richards

The cat is definitely out of the bag! Jennifer Aniston has remained mute about her relationship with fiance Justin

Theroux for some time, but now the actress is showing her admiration for her handsome future hubs. According to USMagazine.com, the Horrible Bosses 2 star was not afraid to get a little googly eyed when talking about her longtime love at a bash hosted by Details magazine on Tuesday, July 15th in West Hollywood: "He's so graceful and utterly kind and golden," told the 45-year-old to Women's Wear Daily. It is amazing. He's just so beautiful and handsome to me, and I love that his eyeballs are so beautifully captured because those eyes just knock me out every day," Aniston continued, gushing about the Leftovers actor landing the cover of the magazine's August issue. "He just gets better every year." In complete awe of her beau, she noted him as a "lost gem" in the sand. He's just always been there and been brilliant, and now this is just in a different light," she said.

What are three factors to consider before getting engaged?

Cupid's Advice:

"Here comes the bride…" Not yet! You have wedding bells on your mind, but are not quite sure if it is the right time. After all, timing is truly everything. You and your partner have discussed taking the relationship further. Unfortunately, hesitation gets the best of both of you for various reasons. Cupid has some things to think about before agreeing to become one:

1. Compatibility: Can you see yourself with this person until the end of time? The attraction should be apparent and undeniable. After all, if you do indeed say "yes" or your partner does, you are planning to spend every day with them through the good and the bad. If you cannot envision yourself with anyone else, and they are your soul mate . . . it may be time for that life changing step.

Related: Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux

2. Finances (of course): Not to say it all revolves around money, but it is a key factor to consider before making marriage plans. The two of you should keep in mind your financial stability. Avoid depending on each other for that security. Marriage comes with expenses.

Related: Jennifer Aniston and Justin Theroux Eat Lunch Together

3: Family: Be sure to talk with your significant other about building a family and the connection each of you have with each others' families. Do you want kids? If so, what size family do you see yourself having? Are you in good with the future in-laws and other relatives? These are just a few points to hit while having this conversation.

What do you think is important before getting engaged? Tell us below!

Justin Theroux Says He Fell in Love in a "Real, Legit Fashion"





By Sanetra Richards

Believe it or not, according to <u>UsMagazine.com</u>, Justin Theroux says he fell in love in a "real, legit fashion" with Jennifer Aniston. They have a normal, romantic relationship. In the August issue of *Details*, the 42-year-old *Leftovers* actor revealed they connected immediately just by reminiscing on a few memories of the "Waldorf grade-schooling they both received." The two met back in 2007, when mutual friend Robert Downey Jr. introduced them to one another: "He and Jen fell in a real, legit fashion," the actor told *Details*, "and he was willing from the jump to make sacrifices." Since then, Theroux has been sure not to let the attention influence his ego or his relationship. "It doesn't feel like a hardship; it doesn't feel difficult," he explained. "It can be an annoyance, but it's not the end of the world. You have to center on what its core thing is, which is that you met someone you fell in love with. "

How do you know that you're truly in love?

Cupid's Advice: Finding love is one of the greatest feelings of all time. You've had your fair share of admirers in the

past, but now, you think this special someone is here to stay. And guess what? You may actually be in love! Cupid has some ways to tell if you're feelings are real:

1. Nothing feels better: Your head is up in the clouds; your heart flutters every time you see them; and you can't stop daydreaming about the future – all of these feelings are undeniable. A relationship has never felt so great before. So what truly makes this time different? Ask yourself a few questions to see if you have indeed been shot by Cupid: What will I sacrifice for my partner? Do I see a future together? Is commitment an issue? Your responses will let you know if you're in love or not.

Related Link: Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux

2. You have a strong connection: You and your partner have developed a foundation that you're continuing to strengthen. You share the same morals and beliefs, and your bond is unbreakable. If this describes your relationship, the love bug may have bitten you!

Related Link: Jennifer Aniston Throws Birthday Bash for Justin Theroux

3. There are no comparisons: If you can't even fathom being with another person and no one else can make you happier, the answer is quite simple. You're in love!

Tell us about a time that you knew you were truly in love! Share below.

Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux



By Louisa Gonzales

Things have been going well for Jennifer Aniston with both her career and love life. Aniston's latest film Horrible Bosses 2 is coming out November 26, she currently is the ambassador of *Aveeno* and has narrated "The Beauty of Nature" brand series and she is happily engaged to fiancé, Justin Theroux, 42. The movie star recently sat back and revealed the latest details of her life from everything from handling her long-distance relationship to her excessive collection of beauty products to <u>People</u>.

What are some ways to compromise on family traditions with your partner?

Cupid's Advice:

Love is about making sacrifices and learning how to make compromises. Love is never easy and no matter whom your partner is, there is going to be differences in opinions, especially if you grew up with different values and ideals. Cupid has some advice on some ways to compromise on family traditions with your partner:

1. Take turns: It's nice to be able to share and experience your family traditions with your partner, but remember your partner has their own also. In a relationship you have to be willing to make compromises and one way to do that is by alternating. Take turns doing each other's traditions, who knows it good bring you closer and you may be able to start your own family traditions together.

2. Focus on what's important: Ask yourself what's more important to you, the issues with your traditions or the person you are trying to build your life with and essentially trying to bring into your family. Think about what traditions are truly important to you as opposed to the ones you do because of familiarity. If you are not willing to or are unable to make compromises with your sweetheart you may have to reanalyze your relationship.

3. Combine your traditions: Say you both have your own traditions you do on holidays or special occasions, why not combine them? You can create new traditions this way as well as continue to follow your old ones, besides every couple creates their own new traditions along the way. Being with someone means sharing and doing important things that matter to you together, but also finding ways to make things work in a fair way.

What do you think are good ways to compromise on family traditions with your partner? Share in the comments below.

Jennifer Aniston and Justin Theroux Eat Lunch Together





By April Littleton

According to <u>UsMagazine.com</u>, the former Friends star and fiance Justin Theroux were spotted grabbing lunch together in NYC Monday, March 10. Aniston dressed casually for the date in a black coat, grey sweater and jeans. Theroux wore a black leather jacket and jeans. Jason Bateman reportedly joined the couple for lunch at Fred's restaurant in Barney's.

How do you keep the romance in your relationship alive?

Cupid's Advice:

When your in a long-term relationship, keeping things fresh and exciting can prove to be a little difficult. A passionate, intense romance is difficult to maintain, but if you put in the work, you'll be able to keep that special spark alive. Cupid has some tips:

1. Do things together: Forget about staying home all the time. Go out for a date every now and then. Take your partner out for dinner, or go see a movie together. If you rather plan your activities during the day, try a picnic lunch or something both of you would enjoy doing together.

Related: <u>Matthew McConaughey Says He Wants to Make Family</u> <u>Proud in Oscar Speech</u>

2. Be random: You'll have more fun in your relationship if you and your significant other do things together unexpectedly. Planning out your days together can get a little boring, especially if you do the same things every time you go out. Be unpredictable. Get a little crazy. The excitement of doing something different will bring the two of you closer.

Related: <u>Nelly Furtado Says Working With Husband Is a 'Healthy</u> <u>Tension'</u>

3. Reminisce: When you and your honey are home alone together, spend some time talking about the day you first met. Tell your partner what drew you to them. Ask them about the first moment when they knew they were in love with you. Remembering how you felt about each other from the very beginning can bring the passion back into your love life.

What are some other ways to keep the romance in your

Jennifer Aniston Throws Bday Bash for Justin Theroux





By April Littleton

According to <u>UsMagazine.com</u>, Jennifer Aniston held a fantastic 42nd birthday bash for fiancé, Justin Theroux at their \$21 million Bel Air home Saturday, August 10. "Several of Justin's friends spent the afternoon at the house hanging out by the pool with him and celebrating his birthday," an eyewitness said. The celebration fell on the one-year anniversary of the couple's engagement.

What are three ways to make your partner's birthday special?

Cupid's Advice:

Your honey's birthday is coming up and you want to go above and beyond for him/her this year. How can you make this special day extraordinary and unforgettable for your love? You don't necessarily have to spend more money, but showing him/her that you know them inside and out will make their day just a little more amazing. Cupid is here to help:

1. Get in the kitchen: Does your partner love a homemade pizza? Maybe they prefer stuffed chicken breasts with roasted potatoes? Surprise your boo with their favorite meal. You might not be the best cook, but it's the thought that counts. Cooking for your significant other shows you care, especially if you don't do it very often.

2. Vacation time: What better way to celebrate your partner's birthday than with a romantic getaway? Spend the weekend in the countryside or take a trip to the Bahamas. You'll get to spend some extra time alone with your honey, while participating in some fun activities that you wouldn't get to do at home.

3. Let them choose: If you're really low on ideas, let your significant other choose what he/she gets to do on their special day. Maybe they've always wanted to go skydiving and they've never gotten the chance to. Let their imagination run wild and be supportive of whatever ideas they come up with.

How did you make your partner's birthday special? Comment below.

Jennifer Aniston Says She and Justin Theroux 'Already Feel Married'





By Kristyn Schwiep

Jennifer Aniston seems to be in no rush to tie the knot with fiancé Justin Theroux. According to <u>UsMagazine.com</u>, Aniston already feels married to Theroux. "We just want to do it when it's perfect, and we're not rushed, and no one is rushing from a job or rushing to a job," Aniston told *The Associated Press*. After the couple had been dating for a year and a half, Theroux popped the question on his 41st birthday last August. She told The AP, "We have yet to set any dates."

What are three things that change when you tie the knot?

Cupid's Advice:

What really changes when you get married? Money? Sex? Commitment? Cupid has some advice for you to show you what can change when you tie the knot:

1. Money: Figuring out how to manage your money when getting married can cause a lot of stress on a new relationship. Merging accounts, debating who spends what, and revealing your credit history can send you into a whirlwind, but though this might be a hard change it can also bring you closer to your partner.minefield. Then again, working it all out? Surprisingly intimate.

2. Sense of commitment: When you are married, commitment is something strong and real. Having a solid foundation gives you the strength and courage to face challenges you might not have alone. Commitment is no going back.

3. Family and friends: Getting married can sometimes put a strain on your relationship with your friends, but it can also bring you closer to your new relatives that you can call your own. Having a new family can be a pretty big change, but it is also something special that you get to share with your spouse. Also, try to remember your friends after you get married and try to go out with them once a week to keep your friendships strong.

What has changed for you since you have tied the knot? Share your stories below.
Celebrity Couple Predictions: Jennifer Aniston, Julianne Hough and Kim Kardashian





By Shoshi

For today's expert post, I want to look at the energy of three celebrity couples who have been plagued by rumors this summer: Jennifer Aniston and Justin Theroux, recently-split Julianne Hough and Ryan Seacrest and new parents Kim Kardashian and Kanye West.

Related Link: <u>Celebrity Couple Predictions: Halle Berry, Jada</u> <u>Pinkett-Smith and Heidi Klum</u>

Jennifer Aniston and Justin Theroux: It's no surprise that

these two lovebirds postponed their wedding – I think even Stevie Wonder could've seen this one coming. There's definitely some conflicting energy around this relationship. Let's dissect it, shall we? The top reason for the wedding being postponed is that Brad Pitt and Angelina Jolie are getting hitched this summer too, and Jennifer Aniston doesn't want her wedding close to the same time. Can you blame her?

The other rumor is that she and Justin Theroux are just too busy to get married. Now, I can't help but question this excuse. When people are ready to spend the rest of their lives together, the last thing they'll let stand in the way is their hectic schedules. After all, it's not like the two of them can't afford to take some time off.

When I look at Theroux's energy, it reveals that he isn't the marrying type. He can feel committed to someone *without* a ceremony. There's nothing wrong with that perspective as long as Aniston is fine with it.

He also feels like he doesn't having any control in the relationship. For instance, after planning to live in New York, Aniston said it felt like a fishbowl and moved the couple back to Los Angeles. Even so, Theroux has been spotted checking out places to live in downtown New York. Aniston has taken Theroux out of the playground where he feels most like himself, which tends to be a big damper on a relationship, especially for men. If Aniston doesn't allow Theroux to feel comfortable, he'll seek that feeling from someone else. Their love can go either way at this point!

Julianne Hough and Ryan Seacrest: Since this adorable couple broke up in March, everybody is on Ryan Seacrest-dating watch. Who will he date next? And will he get back together with Julianne Hough? The spirits say no; he's ready to move on.

Hough, on the other hand, is trying to win the television host back — she has her eye on being Mrs. Seacrest. Unfortunately,

it's so not going to happen. Seacrest definitely cares about her, but she's just not the kind of partner he wants/needs as he builds his empire. It also doesn't look good that Hough has been partying like a college girl in recent months. She's screaming for attention from her ex, but instead, she just needs to look for love elsewhere.

Related Link: Kim Kardashian and Kanye West Welcome a Daughter

Kim Kardashian and Kanye West: Little North West arrived five weeks early, much to the delight of her parents, Kim Kardashian and Kanye West. After the baby's name was announced, people immediately started saying that this famous pair were already bad parents.

Looking at their energy, I think West is going to be a pretty good dad. As for Kardashian, she'll have a bumpy time at first because the baby girl will feel more comfortable with her dad. The reality star will try a little too hard to be a "good mother," which will ultimately hurt her parenting skills. Plus, North will be the number one priority for West, leaving Kardashian a bit jealous. While West and Kardashian love the spotlight, the rapper will have a better grasp on why it's important for their bundle of joy to *not* be a part of the entertainment business until she's a bit older. When the time is right, though, North West will be a mini-mogul following in the footsteps of her parents. Mark my words!

For more information on Shoshi, click <u>here</u>.

Rumor: Is Jennifer Aniston's

Wedding On Hold?





By April Littleton

Rumor has it that Jennifer Aniston has put a halt to her wedding plans — at least for now. Justin Theroux and the former *Friends* actress have decided to slow down on their plans to walk down the aisle to focus on their separate careers. Both actors have signed up for upcoming movie projects. A source who knows the couple professionally told *People*, "There are other priorities (besides marriage)."Another insider said, "They need to figure out a way to create a life that makes them both happy. Still, Jen can't wait to be (Justin's) wife."

What are some reasons to delay your wedding?

Cupid's Advice:

Postponing a wedding is never an easy decision, but it might just be the best thing for you and your partner to do. Unforeseen events can happen that will make continuing on with wedding plans almost impossible, but this shouldn't be a discouragement from the idea of marriage altogether. Cupid has some advice:

1. The stress: Sometimes the stress of planning a wedding can be overwhelming for a bride, especially if you're doing it without much help. When this happens, it's OK to take a break and get the focus back on the actual relationship, or maybe call in some reinforcements to help with the planning. Just because the wedding is postponed doesn't mean you won't get the chance to marry your significant other. It just means the wedding won't happen when you originally planned it.

2. Careers: In some situations, weddings will need to be put on hold because of the careers of the bride, the groom or both. You or your partner might get that promotion you've always dreamed of and may need to relocate to a new city. If this happens, you and your partner will need to decide on a new place of residence. Until you get all of that settled, you won't have much time to think about marriage.

3. Unexpected death: One of the most common reasons many couples delay their wedding is because of a sudden death of a family member or friend. It wouldn't feel right to hold a wedding when so many people around you are in mourning. If you have to deal with an unfortunate situation like this, it would be wise to push back the wedding until after the grieving period has passed.

Did you have to delay your wedding or know some other reasons why it should be delayed? Comment below.

Jennifer Aniston and Justin Theroux Attend Lake Bell and Scott Campbell's Wedding





By April Littleton

<u>People</u> reports the appearance of Jennifer Aniston and Justin Theroux at Lake Bell's and Scott Campbell's wedding Saturday at the Marigny Opera House. Aniston was spotted wearing a short, floral print summer dress, while her fiancé kept things more formal in a gray suit with a black-and-white tie. Theroux is good friends with Campbell, a tattoo artist and fine artist, and attended the wedding as one of the groomsmen. What are some ways to make a wedding the perfect date?

Cupid's Advice:

Wedding can be the perfect place to get to know a significant other a little better. The love surrounding the atmosphere and the all around positive vibes are contagious. You would be crazy not to want to share such a lovely experience with your partner. However, there are some do's and don'ts when it comes to taking a date to such a sacred ceremony. Cupid has some tips:

1. Help your date fit in: Don't just leave your date standing out in the cold. Show off your significant other. Introduce him or her to some of your friends and see how they get along. It's more than likely that your date will only know you at this event. So, it's up to you to make your lover feel as comfortable and as entertained as possible.

2. Sneak in some alone time: Take advantage of the romantic scenery and slip away with your date somewhere. If the location of the wedding happens to be outdoors, find a secluded spot and have a conversation. Ask your partner how they feel about the wedding so far. If you envision things going further between the two of you, it may even be a good idea to discuss the future of your own relationship.

3. Don't flirt: Most guests see a wedding as the perfect opportunity to flirt with other people and find their next potential boo. If you're serious about the person you're investing your time with, don't give anyone else the type of attention your partner deserves from you. You shouldn't engage in any flirtatious banter with anyone else but your date, especially if you want to continue seeing them after the wedding.

How would you make a wedding the perfect date? Comment below.

Celebrity Couple Jennifer Aniston and Justin Theroux Push Back Wedding Because of Celebrity Ex Brad Pitt





By Meghan Fitzgerald

Jennifer Aniston and Justin Theroux's celebrity wedding plans are slightly delayed due to her celebrity ex Brad Pitt and his current fiancé Angelina Jolie. <u>UsMagazine</u> reports that famous couple "Brangelina" are planning upcoming nuptials, and Aniston didn't want her own wedding to conflict with theirs. According to <u>NY Daily News</u>, "She does not want her day associated with them." The Hollywood couple considered moving the date up, but Theroux didn't want to rush it.

Aniston postponed her wedding because of her celebrity ex. What are some ways to keep the thought of your past relationship from ruining your current one?

Cupid's Advice:

It's no surprise that Aniston didn't want her big day associated with her celebrity ex! It's important that an ex doesn't interfere with your current relationship, especially when it comes to your wedding. Cupid has some relationship advice on how to forget the past so that you can have a better future:

1. No communication: The simplest solution from keeping your ex from ruining your current relationship and love is ending all forms of communications with them. It isn't always easy, but it *is* possible. Work through the urge to call, text, or message them. By not allowing any opportunities for them to enter your life, it makes it more difficult for them to have a negative effect on your current relationship.

Related Link: <u>Celebrity Exes Ben Affleck and Jennifer Lopez</u> <u>Reunite at the Oscars</u>

2. Stay busy: If you want your ex to stay out of your head, keep yourself busy. Go out to eat with old friends; take up yoga; learn a language; or plan a picnic for you and your partner. Do everything and anything you can to keep your mind away from unwanted thoughts of your past relationships. **Related Link:** Jennifer Aniston Discusses Wedding Dates With <u>Ellen DeGeneres</u>

3. Be happy: You are currently in a new relationship, so you shouldn't be thinking about your ex. Those kind of thoughts will most likely result in negative feelings and repressed emotions. Try to focus on why your ex is an ex and think about how happy you are to have found another partner.

Have you kept the thought of your ex from ruining your current relationship and love? Share below.

How Can Celebrity Couple Jennifer Aniston Justin Theroux Make Her Love Last?





By Amy Osmond Cook, Ph.D.

Can it be true? It appears that Hollywood's All-American sweetheart Jennifer Aniston has finally found lasting love with fiancé Justin Theroux. As they get ready to walk down the aisle, here are a few tips that can help them (and all of us!) build healthy relationships with our loved ones.

Create Your Own Space

Happy couples carve out their own little piece of the universe—a place where only they have the final say. They listen to their mom-in-law pontificate about the advantages of hardwood floors but choose carpet if their partner has a penchant for shag.

They enjoy each other's company but support independent hobbies. They watch *Vampire Diaries* together—of which separate viewing constitutes a personal betrayal—but also welcome independent golf trips and weekends at the spa. In essence, they build togetherness but foster autonomy.

Related Link: 7 Ways to Build a Love That Lasts

Fireproof

To prevent a house from burning down, you take certain precautions. You blow out the candles before you leave the room. You don't leave the dishrag next to the gas stove. And you certainly don't let your three-year-old daughter play with matches.

Happy couples fireproof a relationship in much the same way. They create a safe place for conflict by avoiding inflammatory communication, like name-calling, stonewalling or derogation. They deal with an issue specifically and avoid making blanket statements. Pizza on the wall after Monday Night Football? Game on. But it doesn't snowball into comments like, "You don't pull your weight in this relationship." And the pizza on the wall five years ago after a bachelor party? Off-limits.

Go Organic

There's something about growing your own food that makes you appreciate nature's magic. It's exciting to see the first tendril break ground, then another and another. And when those sorry little tomato plants in chipped clay pots are weighed down with ripe, red fruit—well, that's something to celebrate, especially when you find out how much better homegrown tomatoes taste than their store-bought lookalikes.

In much the same way, happy couples know that a relationship needs constant nurturing—emotional, sexual and social—to grow. If even one of these areas is neglected, the relationship can become diseased and die. Happy couples rally when they're really too tired for sex because their partner is in the mood. They say, "You do not look fat in those jeans" for the thousandth time and still manage to sound sincere. And they laugh at the same old story that their partner has been telling at parties for years, even when everyone else groans.

Related Link: The Key to a Lasting Relationship

So how can Jennifer and Justin make it work for the long-term? If they create a space for their relationship, fireproof it and cultivate it into something special, they have a great chance of keeping it strong and making it last.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and coauthor of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have six children. For more information about Amy, please visit amyosmondcook.com.

Find Out How Justin Theroux Scares Jennifer Aniston





By Meghan Fitzgerald

Jennifer Aniston, 44, discussed on the April 18th segment of the <u>Ellen DeGeneres Show</u> how her fiance, Justin Theroux often scares her-in a good way. "He's constantly hiding behind drapes. And I'm constantly scared. It's like, it doesn't get old on me." <u>UsMagazine.com</u> states that Aniston is wise to call her beau's pranks "trickery." Aniston states how she wants to get her Wanderland costar back for all his playful pranks in their relationship.

What are some benefits to playing pranks on your partner?

Cupid's Advice:

Playing pranks on your partner can be light, enjoyable, and something new to do in your relationship. As long as you don't take the pranks too far, you and your mate will grow closer together. Even if you don't think so, pranking has numerous benefits on your partner. Cupid has some more advice:

1. Way to vent: Pranking your partner is a way for you to vent, and also in a way, for your partner to vent. It lets you

release built up energy, and tension you may have in your relationship. it allows you to misbehave for a slight moment however, at the end of the day you return to normal with your mate. With a new sense of tranquility and non-repressed feelings and emotions.

2. Bonding: Pranking gives you the experience to tease your partner one moment and the next moment, you two are laughing and falling in to one another-happy as could be. You are able to poke and pry at your parent however, it is a learning relationship. You are able to mess around with your mate and laugh at the same time. It's carefree, loving, and completely harmless.

3. Humor: Laughing is proven to increase your general health. Laughing is fun, it releases tensions, it brings two people together, it brings love. Pranking gives you the opportunity to make your partner laugh, and frankly, it will make you laugh as well. If you need a little more humor in your relationship, think about pranking your beau. It is indeed more beneficial than you'd think.

Have you pranked or been pranked and it's been beneficial to your relationship? Explain below.

Jennifer Aniston and Justin Theroux Can't Wait to Wed





By Andrea Surujnauth

According to <u>People</u>, Jennifer Aniston "is crazy about Justin [Theroux] and can't wait to be his <u>wife</u>." A source tells the magazine that "she plans on privately changing her name to Theroux. She likes the way it sounds and jokes that [Jennifer Theroux] sounds very posh." The source also spilled the beans about the couple already having their wedding bands designed and Aniston already having a wedding dress in mind. Plus, the twosome have set a date. The two lovebirds got <u>engaged</u> on August 10, 2012 when Theroux popped the question while they were celebrating his 41st birthday.

What are some last-minute ways to prepare for your wedding?

Cupid's Advice:

Planning a wedding calls for a great deal of organization and work. Time seems to be running out, but your to-do list keeps getting longer and longer. When you are down to the lastminute preparations, what are some things you can do to make sure it all goes well? Cupid has some suggestions for you. 1. Plan your outfits in advance: Get your wedding ensemble ready to go by making sure every accessory, including your jewelry, veil and shoes, are all in one place. Lay them out in the room where you'll be getting ready, and you won't have to worry about forgetting anything. It's also smart to plan your outfits for other weekend activities, like the bridesmaids' luncheon, rehearsal dinner and Sunday brunch.

2. Prepare an emergency kit: Put together an emergency kit for your <u>big day</u>. Include a sewing kit, extra money, portable iron, makeup, hair brush, hair spray, tissues, camera, breath mints, tape and safety pins. This way, you'll have a quick fix for any situation.

3. Stay in communication: Go over all of the <u>wedding</u> details with your family and friends, and make sure everyone is on the same page. If you have forgotten something, turn to your Maid of Honor or mother for help. Assign different responsibilities to different people so that no one – including you! – feels overwhelmed.

What are some last-minute ways to prep for your wedding day? Comment below and let us know!

Jennifer Aniston and Justin Theroux Go High-End Furniture Shopping





By Jennifer Ross

It looks like Jennifer Aniston and Justin Theroux were on a shopping trip on Monday, Oct. 29, to make their Bel Air home compliment their tastes. The newly engaged couple were spotted at several furniture stores, including Blackman Cruz, eyeing two large leather chairs and an 18th century armoire. Reported to <u>UsMagazine.com</u> by an employee, Aniston, 43, and her fiancé were both equally involved in the decision making. "They were in it together. They really seemed to be enjoying this process." But that's not all Aniston had her eye on. A frequent visitor of the store, Aniston visited with the store's dog, Hudson, even "holding her like a baby and petting her forever," the clerk said.

How do you decorate your home to reflect your relationship?

Cupid's Advice:

Just like love, home decoration styles come in all sorts of designs with varying degrees of uniqueness. Some can be very black and white while others may prefer blending every color imaginable. Whatever you and your partner's love style is, why not have it reflected throughout your home. For tips on how to accomplish this, these following three ideas can help you get started:

1. Items you cherish: Look all around your home and gather things that are either important to one of you or both of you. Knick-knacks, heirloom items, his favorite TV chair or the floral vase you two picked up on your last vacation; anything really that makes you feel special and loved. Use these items as a starting point to find a common decoration theme.

2. Places you both love: Similar to items, take the time for you and your mate to write down the places you love. Then, under each place, write down the things about that place that you love the most. Finally, share your places with each other and together decide on elements you both can love and live with in your home.

3. Common threads: As you go through items, furnishings and images both you and your partner prefer, look for common threads in design, materials, colors or shapes. You might find that your relationship is a blend of styles rather than just one. If so, don't be afraid to mix and match to create your own unique blend representing the love you two share.

What decorations in your home reflect your relationship? Share with us below.