

# Amanda Seyfried Steps Out After Celebrity Break-Up from Justin Long



By Abbi Comphel

Celebrity couple Amanda Seyfried and Justin Long have called it quits after being together for more than two years. A source told [UsMagazine.com](http://UsMagazine.com) that this [celebrity break-up](#) happened a few weeks ago. The source explained, "They had different schedules and different lives, they just grew apart." These two will now be making solo appearances. It's too bad this celebrity relationship didn't work out. They shared a \$1.9 million apartment in New York City.

# We're really sad about this celebrity break-up. What are some ways to keep from growing apart as a couple?

## Cupid's Advice:

It can be challenging to stay together when you both have such difficult schedules and things going on in your life. Cupid has some dating advice on how to stay close even with your busy lives:

**1. Date night:** Every week you should pick a day to go out and spend with your significant other. No phones, no friends, just you two. Go to the movies, enjoy a nice dinner, or even a romantic walk on the beach!

**Related Link:** [Helena Bonham Carter Breaks Silence on Split from Celebrity Ex Tim Burton](#)

**2. Surprise one another:** Surprise your significant other! For example, when you know they have had a long day at work, take time out of your day to cook them dinner and set up a bubble bath for them! They will surely appreciate it!

**Related Link:** [Celebrity Exes: Chris Brown is Happy with Custody Battle Results](#)

**3. Be Happy:** Don't let one another go to sleep mad. Whether you are mad at each other or just after a long day of work, talk things out. Make sure that you both feel content when you go to sleep.

**There are many ways to keep a relationship from growing apart! Give some more advice below!**

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# Celebrity Couples: What True Love Looks Like



By Jared Sais

The start of a new year gives everyone a renewed sense of hope, and with this thought in mind, I decided to consider three celebrity couples who are happy in love.

**Amanda Seyfried and Justin Long:** These lovebirds have become a paparazzi favorite lately. In many photos, the couple appears surprised at their picture being taken. You'll see their eyebrows and eyes raised and their mouths just a bit open. Note that surprise is one of the seven micro-expressions that

people make to indicate an emotion.

In another recent photo, we see the actress leaning towards her man, either for a kiss or to whisper something to him. This behavior shows how comfortable they are with each other. When people feel comfortable, they tend to get even closer into your “personal space bubble.” It’s an easy way to identify if two people are dating or just really close friends.

**Related Link:** [Amanda Seyfried and Justin Long Bond Over Her Dog](#)

As a side note, when flirting, if you’re talking to someone you’re interested in, whisper something every once in a while so the person has to lean in to hear you. It’s a great trick for getting closer and making a move.

Notice Seyfried’s eyes in many photos of the couple. They’re often locked on Justin’s lips; this is what desire looks like. As she gives a slight grin and looks at her man’s wanderlust smile, there is nothing but attraction and lustfully gazing eyes. Likewise, the actor has a very loving smile with deep eye contact, which tells me he is very romantically invested in the blonde beauty.

You can also see the lack of space between them in the photo above and other photos, which indicates a romantic relationship or at least a very close trusting relationship.

**Drew Barrymore and Will Kopelman:** We have something special here: best friends *and* lovers. They have a dynamic that many couples strive for. You can tell they are truly happy in many of their photos; the facial expression of smiling is categorized as high cheeks, crows feet in the corners of the eyes, and raised outer corners of the lips. Sometimes, this body language is easier to see in photos than in live action. But knowing the difference between a true smile and a fake

smile can make the difference between catching someone in a lie or knowing if your partner is truly interested in you.

When people are comfortable with someone, they usually talk with the cup in their hands; put the cup down and continue to use their hands in a conversation; or put the cup to the side of their body. In a picture of Barrymore and Kopelman at a sporting event, we see the actress talking with her cup in her hands, showing us that she's very comfortable in her husband's presence. She also leans in towards him, putting her weight on him – another sign of trust and love.

**Related Link:** [Drew Barrymore Goes Public with Second Pregnancy](#)

**Heidi Klum and Martin Kirsten:** You'll often see this pair walking at the same pace with locked hands or their arms around each other. This body language is considered mirroring each other, and all signs tell you that their relationship is going strong. They are a very real couple; they run together and share that interest. There's nothing better than an early run and coffee in the morning with your loved one.

Listen up, guys: Real men wear pink or hold their woman's purse. Yes, Kirsten often holds his girlfriend's purse, showing us what a gentleman he is. He is confident with himself and their relationship. Plus, it reveals just how close they are as a couple.

**Author's Note:** If you're looking for more in-depth non-verbal tricks, I will be holding a class in the New York City area. The class focuses on everything non-verbal, including confidence building, how to become a better flirter, how to spot flirting that is directed your way, how to find quality men/women, fashion tips and tricks, and etiquette coaching. Please email me at [jaredsais@gmail.com](mailto:jaredsais@gmail.com) for more information and to sign up. Tickets are going fast, and there is a 20-person limit! See you there.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#),

*where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.*

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## **Amanda Seyfried and Justin Long Bond Over Her Dog**



By Kristyn Schwiep

Justin Long and Amanda Seyfried bonded over her dog. The new couple, who announced they were dating earlier this month, took her Australian shepherd, Finn, on a walk. According to

[UsMagazine.com](http://UsMagazine.com), the new couple took her dog to a nearby park, where they relaxed on a blanket and let Finn play. "They recently started hanging out more, going on date-like activities. They're both busy...but they're seeing where it goes," said a source.

## **How do you incorporate pets into your dates?**

### **Cupid's Advice:**

Taking pets on your dates is a cute way to spend time with both your pet and your partner. So what are some dates you can go on with both your partner and your pet? Cupid has some advice for you:

- 1. Picnic:** Going on a picnic is a romantic and classic date. You can also bring your pet with you. This is the perfect simple and sweet date for both you, your partner, and your pet. While you and your partner are enjoying your picnic your pet can be playing with their favorite toy.
- 2. Hiking:** If you and your partner like exercising, hiking is the perfect date for you. You and your partner will get your exercise in for the day, you get to spend time alone, and you can bring your pet along too. It's the perfect date.
- 3. The beach:** Take your pet and partner to the beach. You can enjoy the sand and water with your partner and let your pet splash in the waves, fetch frisbees, and roll around in the sand.

**How have you incorporated pets into your dates? Shares your stories below.**

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# Amanda Seyfried and Justin Long Are Dating



By Petra Halbur

According to reports, Amanda Seyfried and Justin Long are now a pair. The two attended an event for Seyfried's film, *Lovelace*, on July 30. "Justin came alone and stayed close to Amanda all night," a source confided to [UsMagazine.com](http://UsMagazine.com). "They weren't making out or anything like that, but they were just inseparable during the event. He hung out when she talked with others." On August 10, Long tweeted, "Adjectives don't do justice to Amanda Seyfried's fearless + transformative perf in *Lovelace*."

**How do you keep the status of a new relationship under wraps?**



## Cupid's Advice:

Sometimes it's best to keep your relationship quiet for a while before announcing it to friends and family. But how do you do this without outright lying? Cupid has some ideas:

**1. Keep off social media:** It's astonishing how many people fail to understand that when you tweet something or post something on Facebook, *everyone* can see it. So, make sure to keep your relationship OFF-line.

**2. Avoid groups:** You and your partner will probably find it difficult to conceal your relationship if you two are hanging out in a group of mutual friends. Doing so will also require active deception which will lead to hurt feelings when you eventually announce your relationship to your social circle.

**3. Home dates:** Keeping a relationship under wraps doesn't mean that you have to put romance on hold- you just have to keep such activities away from the public eye. Movie night, romantic dinners, snuggle time and ... other activities can (and sometimes should) all take place behind closed doors.

**How did you keep your relationship under wraps? Tell us below.**

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# Drew Barrymore Says Justin Long Makes Her "Giggly"





It seems Drew Barrymore is happy in love these days. [People](#) reported that Barrymore couldn't stop gushing to *Harper's Bazaar* about Justin Long, her on-again off-again boyfriend of three years. "He's the cat's pajamas," said the *Going the Distance* star. Barrymore, 35, has endured a lot of the typical trials of a young actress in the spotlight. But now she seems happier than ever, especially when talking about her actor beau. "I couldn't love, respect, admire and enjoy that individual more than I do. It would be physically impossible for me to have any more giggly joy at this person." **Why is laughter important in a relationship?**

### **Cupid's Advice:**

Sometimes life can seem like anything, but easy. The best way to forget your troubles is to laugh, and your partner can help. Cupid has some ideas on why having a partner who makes you laugh is so important:

**1. Lighten up:** A lot of women try to be perfect: perfect career, perfect apartment, and perfect boyfriend. But don't take yourself too seriously – laughter can remind you to

lighten up and be happy with what you have!

**2. Have a lasting relationship:** Laughter helps get a couple through the hard times in a relationship *and* makes the good times even better. As far as Cupid is concerned, the couple who laughs together, stays together.

**3. Laughter is forever:** While you may be interested in dating Brad Pitt more than Will Ferrell, keep in mind that looks fade. If he has a sense of humor, he can keep you smiling for years.

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## Movie Review: Going the Distance





For a new twist on long-distance relationships, check out Warner Bros. new movie, *Going The Distance*. Garrett (Justin Long) and Erin (Drew Barrymore) fall in love one summer in New York City, but never meant for it to happen – especially knowing that Erin will be heading back to San Francisco in six weeks. The couple plans on staying casual, but it doesn't take long for their love to ignite a passion they can't escape. Follow these two real-life lovers on their coast-to-coast romance.

**How can you make a long-distance relationship less challenging?**

**Cupid's Advice:**

You can't control who you fall in love with, or where they live. If you unexpectedly find yourself in a long-distance relationship, Cupid offers a few ways to help shrink the distance:

**1. Stay in touch:** Technology has come a long way. Gone are the days when you could only use the postal service, or had to pay huge fees for phone conversations. Now you can text, email, Skype, and even talk on the phone for little to no money at all.

**2. Old school:** Although it's easy to spend hours chatting and texting, it can be much more romantic if you compose some old fashioned snail mail and send it to the one you love. The sentiment will not be missed.

**3. Getaways:** With the savings on communication, why not plan a romantic interlude with your sweetheart. Take a weekend getaway in your respective cities, or choose somewhere in between and meet halfway.

Release date: August 27, 2010

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## **Drew Barrymore Loves Working with Justin Long!**





Spotted! At a red carpet event in celebration of her *Nylon* cover, [E! News](#) interviewed Drew Barrymore about her costar Justin Long. “He, by the way, is the most wonderful person to work with” the star gushes. Barrymore and Long have been in an on-again, off-again relationship for awhile, and although she refused to comment on their current status, the two have teamed up for the new movie, *Going the Distance*. While rocking a vintage dress, Barrymore added, “I’m so excited about this movie. As a girl, I relate to this movie and the boy in me loves the comedy in this movie. It is a very good date movie!”

**Is it a good idea to work with your significant other?**

### **Cupid’s Advice:**

Being in a relationship with a co-worker can lead to office gossip and the possibility of blending business with pleasure. Cupid has some ways to keep things from overlapping and work alongside your partner:

**1. Alone time:** Being together for most of the day can cause

some tension. Find some type of outlet that will get you away for a couple of hours a day, like a separate group of friends or a hobby.

**2. Less arguing:** Keep an open line of communication, and listen to your partner's feelings. You can minimize fights by frequently checking in with each other to see how their professional and personal lives are doing. This will also lessen the chances of blending the two.

**3. Limit convos:** Don't let work take over your personal life. If you notice that all you talk about at home is the office, then bring up new subjects, like vacation ideas, what to do this weekend, or even the weather, as long as it gets you out of that same-old topic of conversation. This applies vice-versa as well. Don't bring arguments or discussions from home into the workplace.