

# Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party



The *Footloose* premiere after-party was all about cutting loose for Julianne Hough and boyfriend Ryan Seacrest, according to [UsMagazine.com](http://UsMagazine.com). Although Seacrest is usually not one to dance, he made an exception for *Dancing With the Stars* alum Hough to show his support for her accomplishments. "Julianne was so happy because apparently Ryan never dances and this was the exception he made for her, because he was so happy for her," said a party guest. The *Footloose* star admits that she didn't expect her beau to hit the dance floor. "It's like really awkward, but really cute," she said of Seacrest's skills. "My brother Derek does a better impression."

**How do you know when your partner really cares about you?**

## Cupid's Advice:

It can be difficult to read the signs when it comes to deciphering whether your partner truly cares about you. Here are some ways to tell:

**1. Outside of comfort zone:** If your significant other steps outside their comfort zone and does something for you that he or she would not normally do, it's a safe bet that they care about you. Ryan Seacrest did just that by dancing with girlfriend Julianne Hough.

**2. It's the little things:** When your partner buys you flowers "just because" and picks up small things here and there that remind them of you, that's a great sign. It means you're constantly playing a part in his or her life.

**3. Show off:** When your mate shows you off to his or her friends, it means they're not ashamed of you and, in fact, are proud to be with you.

How did you first know your partner cared for you? Share your experiences below.

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# Ryan Seacrest and Julianne Hough Make Emergency Trip to the Vet





Julianne Hough and boyfriend Ryan Seacrest bonded this weekend over an unfortunate event, according to [People](#). The couple made an emergency trip to the veterinarian's office with Hough's Cavalier King Charles spaniel, Lexi. While the actress/singer didn't specify what was wrong with her beloved pooch, she tweeted, "First time I legitimately [bawled] my eyes out in years... Being a helpless parent is the worst thing in the world!" Luckily, Hough later reassured her fans that Lexi was doing okay. Good thing Seacrest was there to support her!

### **How can owning a pet together enhance your relationship?**

#### **Cupid's Advice:**

Sharing the unconditional love you receive from a pet with your significant other can make it even more special. Cupid has some ideas on why it's so great to own a furry friend with your mate:

- 1. Take care:** Pets can often be like our children, and caring for a furry (or scaly or feathery) friend can help bring you closer together.
- 2. Share the burden:** When you experience a difficult situation with your pet, like Julianne Hough and Ryan Seacrest's

emergency visit to the vet, it's easier when you and your partner can go through it together.

**3. Love better:** More than anything, animals teach us how to love unconditionally. You and your significant other can use lessons learned from your pet to strengthen your own relationship.

How has owning a pet made your life better? Share your comments below.

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## Julianne Hough Talks Babies ... With Ryan Seacrest?



*Dancing with the Stars* pro and country music singer Julianne Hough is only 22, but she's already thinking about children, according to

[UsMagazine.com](http://UsMagazine.com). Hough, who has been dating Ryan Seacrest for a year, said she wants to be ready physically when she gets pregnant. "I don't want to have kids anytime soon, but when I do, I want my body to be healthy." The blonde bombshell said she keeps fit by avoiding processed foods and going to high-intensity cardio dance classes.

**What are some changes you need to make to be healthy for pregnancy?**

### **Cupid's Advice:**

When you have a baby, you want to make sure he or she is healthy by being healthy yourself. Cupid has some tips on how to make sure your body's ready for a baby:

**1. Exercise:** Even when you're pregnant or plan on becoming pregnant, you should still try to do some sort of physical activity every day. While you don't have to do cardio dance like Julianne Hough, yoga or walking are other less strenuous options.

**2. Eat right:** Make sure you are getting all the vitamins and minerals you need by eating plenty of fruits, vegetables, whole grains and lean protein. Once you're pregnant, be sure to keep up with the prenatal vitamins.

**3. Stop smoking and drinking:** If you're planning on having a baby soon, stop smoking and drinking heavily. It's important to make these changes as early as three months before you get pregnant.

**How do you plan to prepare physically for pregnancy? Share your comments below.**

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# Ryan Seacrest and Julianne Hough's Romantic Paris Holiday



What is the most romantic city in the world? Paris, of course! Ryan Seacrest had the right idea by taking his sweetheart, Julianne Hough there with his family over Thanksgiving. The group took advantage of the the City of Light by visiting a selection art galleries, shops and the best restuarants Paris has to offer. According to [People](#), Hough and Seacrest also found some alone time on their balconied terrace and couldnt keep their hands off each other! Nothing says “je t’aime” like a nice romantic vacation.**What are the best cities for a romantic getaway?**

## Cupid's Advice:

Ryan Seacrest and Julianne Hough aren't the only ones who want to spend some quality vacation time together. Cupid came up

with a few great cities for a romantic getaway:

**1. Venice:** Complete with its unique canals, bridges, and historical buildings, Venice, Italy, is guaranteed to melt your heart. A gondola ride with your special someone will make you fall in love all over again!

**2. London:** Get a view of one of the most extravagant cities from above by taking a flight on the London Eye. Take a romantic stroll with your partner along one of the many beautiful rivers. No matter where you go, you're guaranteed to have a wonderful time.

**3. New York City:** Even the Big Apple has many romantic options. From the bright neon lights of Times Square to the spotlights on Broadway, there's always a feeling of excitement in the air. Go on a carriage ride through Central Park or ice skating at Rockefeller Center. The city that never sleeps offers amazing opportunities for lovers 24/7!

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## Former DWTS Pro Julianne Hough Speaks Out About Boyfriend Ryan Seacrest





Former *Dancing With The Stars* pro Julianne Hough is finally speaking out about her relationship with Ryan Seacrest, reports [Us Weekly](#). On *The Ellen DeGeneres Show*, Hough gushed, “Oh my gosh, he’s phenomenal. He’s really romantic. He’s not even in town, and I got in my car and there are flowers everywhere.” And it looks like things are getting serious because Ryan Seacrest has met her parents! “Everyone’s like, ‘Oh, you met the folks!’” she says. “It’s like, ‘I don’t know. Both of our folks are like our best friends so when we hang out, it’s more like hanging out with friends.’”

**What can “meeting the parents” mean in a relationship?**

### **Cupid’s Advice:**

Meeting the parents is a huge step in a relationship. Here are some reasons why your partner may decide to introduce you to their family:

- 1. To see if you get along:** If your partner introduces you to their folks, it usually means they see a future with you and want to see whether you fit in with their family.
- 2. To test you:** While meeting the parents usually means your mate is serious about you, it can also be a test. If they’re

unsure if you're the one, they may ask their folks to weigh in.

**3. To share a part of them:** Family is an extremely important part of who we are. By showing you where they came from, your partner is signaling that they want to get to know you on a deeper level.

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## Julianne Hough Denies Ryan Seacrest Engagement Rumors



Despite flying rumors, former *Dancing With the Stars* pro Julianne Hough and E! icon Ryan Seacrest are not headed down the aisle – yet. In fact, when asked about buzz that Seacrest proposed, Hough

laughed and told *Entertainment Tonight*, “Well, that’s news to me, and I think it’s news to him.” Although the pair won’t be hearing wedding bells anytime soon, things do seem to be heating [up](#). In reference to the couple’s summer European vacay, Hough remained mum on matters of the heart, but did admit that one of the best parts of the trip was, “Eating, eating, eating, eating.” But for now, the wedding caterers are on hold. **Why is labeling your relationship important?**

### **Cupid’s Advice:**

Of course your relationship is more than a label, but there’s definitely some security in knowing what you are to the person in which you’re interested. Cupid has some reasons that putting a name to your relationship may actually be for the best:

**1. Convenience:** It can be confusing to the outside world if you refuse to label your relationship. The terms ‘boyfriend’ and ‘girlfriend’ may not mean a lot to you, but it sure does make it easier for everyone else if they know they can refer to you as a couple.

**2. Commitment:** Often with a new label comes a fresh commitment. If you’re not sure how your mate views your relationship, it can be tough to know how to act within it. Defining where you stand is a way to say, “I want you, and only you.”

**3. Security:** It can make you feel very insecure if you aren’t sure how to define you and your partner’s relationship. Moral parameters tend to get blurry, as you’re not sure what is allowed and what’s not: what’s right and what’s wrong.

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# Will Ryan Seacrest Pop the Question to Julianne Hough?



After recently going public with their Hollywood romance, it seems to be getting serious between *American Idol* host Ryan Seacrest and Julianne Hough of *Dancing With the Stars*. In fact, many are starting to wonder if Seacrest plans to pop the question anytime soon. According to [PopEater](#), this all-American couple was seen happily having dinner with Seacrest's parents at the Atlanta Country Club. All-in-all, the two seem quite smitten with each other! **What are some signs that your beau is ready to propose?**

## Cupid's Advice:

Though there are no sure signs that an engagement is in your

future, there are a few things you can look for in anticipation:

**1. Meet the parents:** Few couples ever get past the basic dating phase without parental approval. To marry someone is to become a part of their family and being included in family activities can be a sure sign that he is going to take the next step.

**2. “The look”:** You may start noticing a longing or calculating look in his eye prior to a proposal. It may be because he knows he can’t live without you and is looking for the perfect moment to make it official!

**3. Spontaneity:** If your man does something out of character, like plan a fancy dinner or weekend getaway out of the blue, you may need to start *looking* for something blue. Though many proposals happen in an everyday setting, sometimes something a little out of the ordinary or special is in order – not that a proposal itself isn’t memorable enough!

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## Julianne Hough Handles Ryan Seacrest’s Fame





They usually try to keep a low profile, but Ryan Seacrest and Julianne Hough went out in public over the weekend, cruising around Los Angeles in Seacrest's convertible Aston Martin, and enjoyed brunch at the Four Seasons poolside restaurant, Cabana, [People](#) reported this week. Despite both wearing hats, Seacrest was recognized and approached by fans...and Hough wasn't. However, she played it cool, waiting by his side while Seacrest greeted them.

**How should you act if people want to talk to your partner, but not you?**

Cupid's Advice:

It can be awkward when you're out with your other half and people only talk to him or her. Here are some of Cupid's tips on playing it cool while you wait it out:

**1. Stand by:** Even if you might feel silly just standing there while your significant other fields questions and chats away, standing by and being patient shows your support.

**2. Smile:** If it turns out to be a more than a quick question or chat, smiling will assure your partner and whoever he or she is talking to that you're not grumpy about the situation, even though you may be.

**3. Don't create a scene:** If the conversation veers away from friendly to flirty, and people start hitting on your partner, don't step in or get mean. Your mate is with you for a reason, and since you're standing right there, you have no reason to worry about anything.

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## Ryan Seacrest & Jake Pavelka: Sexuality Rumors Laid to Rest



Two recent interviews have, for now, laid to rest the rumors about both Ryan Seacrest and *Bachelor* Jake Pavelka's sexuality. Seacrest's current flame, *Dancing with the Stars*' Julianne Hough, revealed to friends that she initially thought Seacrest was gay, [TMZ](#) reported last week. However, he won her over with his persistence, and the two have been linked together

since in April. *Bachelorette* Ali Fedotowsky also spoke up about a past flame, telling George Lopez that despite rumors, Pavelka isn't gay, [US Weekly](#) reported.

## **What do you do if you're questioning your partner's sexuality?**

### **Cupid's Advice:**

Both Hough and Fedotowsky took the right step in addressing the rumors about their respective partners' sexuality head on. Chances are, if you have doubts about your partner's sexuality, then others do, too. However, before making a public announcement, you should take these steps to make sure you're positive:

**1. Read the signs:** Before making moves, watch your mate in a public setting. You can tell a lot about someone from what they say, but even more from how they act. Observe how your mate interacts with people of both sexes, and note the differences.

**2. Look to the past:** Ask about past partners and relationships. If they avoid the question, or refuse to assign a sex to their exes, they might be hiding something.

**3. Just ask:** If you still have doubts – and certainly *before* you talk to other people about it – simply ask your mate outright. Approach the subject with tact and delicacy, but again, if you have serious doubts, you probably aren't the first to have them.

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# **Ryan   Seacrest   &   Julianne**

# Hough Are Getting Cozy



Ryan Seacrest and

Julianne Hough have moved from the small screen to the streets of Los Angeles – together! The *American Idol* host and *Dancing With the Stars* pro were seen out and about multiple times this month, [People](#) reported. A source told the magazine that the couple has gotten “more serious.” However, there’s no official word from either camp on their dating details.

**How do you know if someone is serious about a relationship?**

**Cupid’s Advice:**

Seacrest is one of many stars that are notoriously mum on their private lives, but it appears as if he’s stepping out of his boundaries with Hough. Here are signs that may reveal a partner’s desire to become serious:

**1. Public outings:** If someone’s dating you on the down low, they’ll most likely only reserve time for you late at night, behind closed doors. Being seen in public shows that he or

she wants to show you off, and alert potential daters you're taken.

**2. Attentiveness:** If a new fling brings up minute details about something you mentioned that one time in the car two weeks ago, it shows he or she is really paying attention. Taking the time to notice the little things displays that you are a constant on their mind.

**3. The friend test:** Want to know for sure if someone is thinking seriously about you? They'll bring you to their closest friend for inspection. Don't be nervous; by introducing you to the core of the inner circle means he or she wants approval – and may be ready to become exclusive.