

Celebrity News: 'Bachelorette' Clare Crawley Explains Why She Kept Dress from Juan Pablo Galavis Breakup



By Ellie Rice

In the latest [celebrity news](#), soon to be *Bachelorette* Clare Crawley shared a throwback picture with fans on Instagram. Posting to her story, Crawley revealed that she kept her iconic finale dress from her breakup with Juan Pablo Galavis. According to *EOnline.com*, she held onto the dress for its custom design and because that scene was the most empowering

moment of her life. Fans may remember this dramatic episode as Crawley stood her ground and told Galavis exactly how she felt about him. We love a woman who isn't afraid to speak her mind and can't wait to see her journey for love unfold next season!

In celebrity news, Clare Crawley talks about keeping her dress because she wore it during the most empowering moment of her life. What are some ways to remain empowered in your relationship?

Cupid's Advice:

Every relationship comes with challenges, but it's important to understand your worth and voice your opinions. If you're looking for ways to feel empowered in your relationship, Cupid has some advice for you:

1. Stay vocal: Always communicate with your partner openly and transparently. Voice your feelings to them so you are both on the same page about where you stand in your relationship. Don't be afraid to initial hard conversations and always stand your ground. Being forthcoming and honest will create a consistently healthy environment where you will feel empowered and appreciated.

Related Link: [Celebrity News: Clare Crawley Is Announced as Seacon 16 'Bachelorette'](#)

2. Keep your independence: Even though you are in a committed relationship and sharing a lot of things with your partner, that doesn't mean that everything has to be done together. It's important to keep your individuality when in a

relationship so you are growing personally and together. Be sure you're making time for your friends and hobbies as these are important aspects of your personal life.

Related Link: [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

3. Learn to say no: Don't be afraid to say *no* to things in your relationship. If you feel overwhelmed and like you're spreading yourself too thin, speak up. Your partner may not realize how much they are asking of you, so it's important to set healthy boundaries.

How do you stay empowered in your relationship? Start a conversation in the comments below.

Celebrity News: 'The Bachelor' Alum Juan Pablo Galavis Is Close to Getting Engaged





By [Whitney Johnson](#)

According to the latest celebrity news in [UsMagazine.com](#), former *Bachelor* Juan Pablo Galavis may be off the market soon! Multiple sources confirm that the reality TV star is ready to propose to his girlfriend, Venezuelan beauty queen Osmariel Villalobos. “She’ll definitely say yes,” the insider reveals. “They spend all their time together, and she gets along amazingly with his 8-year-old daughter, Camila. All of Juan’s family and friends love her. They have talked about marriage, and both know it’s what they want.” The [celebrity couple](#) has been dating since last summer and are “perfect” for each other. Despite this happy [celebrity news](#), we can’t ignore Galavis’s shaky relationship history: The ex-soccer star is known for his inability to commit, infamously giving his final rose to Nikki Ferrell on the season 18 finale of *The Bachelor* but refusing to propose or even say “I love you.”

This celebrity news has us

skeptical. What are some ways to know you're ready to get married?

Cupid's Advice:

Only time will tell if this celebrity couple makes it down the aisle! If you think you're ready to tie the knot with your partner, consider the relationship advice below:

1. You no longer want to change him: In the beginning of a relationship, it's tempting to want your beau to be the type of guy who surprises you with a dozen roses, always picks up after himself, and can make a new friend anywhere, but as time passes, you may realize that's just not who he is. Before you get hitched, you need to accept him as he is.

Related Link: [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

2. You're willing to compromise: Sure, happy relationships are all about compromise, but marriage gives the word a whole new meaning. If your families live in different states, you can't spend Christmas with both of them, so you need to be willing to come up with a solution that works for both of you. Once you truly understand what it means to compromise – and you're *willing* to do so – you're one step closer to be ready for marriage.

Related Link: [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

3. You bring out the best in each other: When it comes to forever, you want to be with someone who makes you the best version of yourself – and you want to do the same for him. Do you feel like you're glowing when you're together? Do people ask you why you're so happy? If so, he may just be The One!

What are some ways to know if you're ready to get married?
Tell us in the comments below!

Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'



By [Brooke Crawford](#)

In [latest celebrity news](#), [Andi Dorfman](#) shared her true feelings about *The Bachelor* Season 18. According to [UsMagazine.com](#), Dorfman expressed that she felt that her experience on the reality TV show was quite pointless, at least during Juan Pablo's season. She felt as though she was doing things out of her comfort zone. While her experience on *The Bachelorette* was better, Dorfman claims that her time on season 18 of *The Bachelor* was one of her worst experiences. Although neither of her [celebrity relationships](#) worked out, Dorfman has been able to find happiness within herself since.

This celebrity news isn't exactly surprising, given Juan Pablo's infamy. What are some ways to stay real in your search for love?

Cupid's Advice:

Love in the purest form while staying yourself can be a tough thing to achieve. Cupid has some [relationship advice](#) about how to stay true to yourself during your search:

1. Boundaries: Take a moment to write out your boundaries within a relationship. This will allow you to have set ground rules that you can reference if you feel that things are not as they should be. It eliminates the ambiguity and leads to less arguments.

Related Link: ['Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call it Quits](#)

2. Standards: Make sure that you have clear standards for the type of person you would like in a lover. You can ensure that you choose someone who has the same goals, mindset, and relationship standards as yourself.

Related Link: [‘The Bachelorette’ Andi Dorfman Says Split From Josh Murray Is ‘the Biggest Failure of My Life’](#)

3. Honesty: You need to be able to be honest with yourself about what you are looking for in a relationship. Honesty in your relationship is also of high importance. This will ensure that you are both on the same page.

Finding true love can be quite difficult. What are some of your love stories? Share your experience below!

The Worst ‘Bachelor’ and ‘Bachelorette’ Breakups





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Jake Pavelka and Vienna Girardi
Jake Pavelka thought Vienna Girardi would be his best chance
at love when he knelt in front of her on 'The Bachelor' season

14 finale. But after a short engagement, the pilot decided it was over and broke the news to his fiancée over the phone! On a TV special, Pavelka accused her of cheating, while Girardi said he was obsessed with fame. Ouch! Photo: Bob Charlotte / PR Photos

'The Bachelor' Star Nikki Ferrell Opens Up About Celebrity Breakup with Juan Pablo Galavis



By [Whitney Johnson](#)

On the red carpet prior to Monday night's premiere of *The Bachelor*, former winner Nikki Ferrell opened up to host Chris Harrison about her celebrity breakup with Juan Pablo Galavis – and surprisingly she had nothing but nice things to say about her celebrity ex! According to [UsMagazine.com](#), the pediatric nurse shared, “I’m not a quitter. I tried everything, and he tried too. It wasn’t just a one-side thing. We real-life tried, not TV-tried.” She added, “I knew I was never going to be the number one priority. He has a daughter...but there’s a difference between being the second priority and the seventh priority.”

Not everyone speaks so highly of their celebrity ex like ‘The Bachelor’ winner Nikki Ferrell. What are some factors to consider when someone asks you about your ex?

Cupid’s Advice:

Everyone handles a breakup differently. Maybe you want to hide under the covers and consume pint after pint of Ben & Jerry’s Phish Food until your heart begins to heal. Or perhaps you can’t help but spill intimate details about your relationship to anyone who will listen, including that stranger who sat next to you on the subway. So what is the best way to respond when someone asks you about your ex? Cupid has some tips:

1. Think before you speak: It’s tempting to say exactly what’s on your mind (nice or not) when it comes to chatting about your ex and your intense breakup. Instead, when you’re alone,

really think about your relationship and come up with a blanket statement to share with anyone who asks for more information. Take a cue from *The Bachelor* winner Ferrell and consider something as simple as, “We tried our best to make it work.”

Related Link: [‘Bachelor’ Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

2. Keep private details to yourself: If you find yourself saying too much when family or friends inquire about your recent heartbreak, start a journal. Writing down your emotions is a great way to share your feelings but still keep them private. That way, you’ll be more in control of your thoughts when your loved ones want to know what happened!

Related Link: [Did ‘Bachelor’ Winner Nikki Ferrel Reveal She Has a New Man?](#)

3. Change the subject: If you’re worried that you won’t be able to stop talking about your former partner once you get going, just bring up a new topic! Politely say that you’d rather not talk about it and then ask about their holidays or if they’ve been watching the most recent season of *The Bachelor*. Easy!

How do you respond when someone asks you about your breakup? Tell us in the comments below!

Did ‘The Bachelor’ Winner Nikki Ferrell Reveal She Has

A New Man?



By [Emily Meyer](#)

Although Nikki Ferrell's celebrity breakup from *Bachelor* Juan Pablo Galavis was only a month ago, her Instagram account tells us she's wasting no time getting back into the swing of things when it comes to her relationships and love life. According to [Wetpaint.com](#), the *Bachelor* winner posted a photo over the weekend quoting Beyoncé's song "Halo" by writing, "I swore I'd never fall again, but this don't even feel like falling." She then captioned the quote with more lyrics from the song, "Think I'm addicted to your light," followed by a heart emoji. The private beauty didn't give any more details about this new special someone, but we can't wait to see what celebrity love gossip she shares next!

'The Bachelor' winner Nikki Ferrell found romance after her celebrity breakup. How do you know when you're ready to start dating again after a breakup?

Cupid's Advice:

Whether you were in a relationship for months or years, breaking up is never easy. You have been dealing with a tornado of emotions ranging from anger and confusion to sadness. It can be difficult to figure out when you're ready to start dating again, so Cupid has three ways to help you know when you're ready to get back into the dating scene:

1. You have a positive outlook about your past love: Although it's normal to feel somewhat angry about how your last relationship ended, it's important that you let go of those negative feelings. If not, you may not be able to move forward to a place of peace with a new partner. Figure out what's still holding you back and like *Bachelor* winner Nikki Ferrell, speak positively of your ex to help you move into a better place.

Related Link: ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

2. You can be happy on your own: You have to be content with yourself before you can find happiness with someone else. Make sure you have your own hobbies, career, and social circle before you dive into another relationship. When you sincerely love yourself as an individual, you'll be ready to start the dating process again.

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in](#)

[New 'Bachelor' Promo](#)

3. **You want to move on for *yourself*:** It's only human to want to make your ex *a little* jealous. However, that should not be your main motivation. Make sure you're fully committed to dating new people for the right reasons.

How did you know you were ready to get back into the dating scene? Tell us in the comments below!

'The Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis





By [Emily Meyer](#)

Sadly, it has been confirmed that another *Bachelor* couple has split. After speculation that there was trouble between celebrity couple Nikki Ferrell and Juan Pablo Galavis, Ferrell confirmed the celebrity breakup. According to [E! Online](#), the split happened over her birthday weekend. The pediatric nurse revealed, “We were just going back and forth through texting. He was questioning the relationship, and I was questioning it back. I sent him a message saying, ‘We should fight for this. We should work this out.’ And he didn’t respond.” That’s when the 28-year-old posted her angry message to Instagram. She confessed, “In hindsight, I probably shouldn’t have done that. I’m a tad bit impulsive.” Regardless, the two still have love for one another. Ferrell said, “Who knows what the future holds, but at this point in our lives, it’s not working for either one of us.”

Celebrity couple Nikki Ferrell and

Juan Pablo Galavis were pretty upset about their celebrity breakup. How can you stay positive when ending a relationship?

Cupid's Advice:

We've all been there: a bad breakup that makes you feel like you'll never be happy again. We know being strong is challenging, but staying positive can help you get through the tough times that are ahead. We know this celebrity couple will get through it and so can you. Here are three tips on how to stay positive when going through a split:

1. Forgive and forget: A big part of being positive is learning to let things go. Not all relationships work, so there is no reason to blame yourself or your ex. Learn to move on and remember the good times you shared.

Related Links: [Have 'Bachelor' Couple Juan Pablo Galavis and Nikki Ferrell Split?](#)

2. Reconnect with yourself: You have been part of a partnership for so long; now is the time to focus on yourself again. Find out what it is that truly makes you happy and pursue it, whether it's exploring a new hobby in photography or spending extra time with your best gal pals.

Related Links: [Can You Really Find Love on 'The Bachelor'?](#)

3. Surround yourself with good people: It's important to surround yourself with friends and family who love and support you. Find things that make you smile and laugh. The happier you are, the sooner you will forget about the breakup and be ready to open yourself up to love again.

What are some other ways you can stay positive during a breakup? Share below!

Have 'The Bachelor' Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Split?



By Emily Meyer

It looks like *The Bachelor* celebrity couple Juan Pablo Galavis and Nikki Ferrell have called it quits after trying to salvage their rocky celebrity relationship. For those who watched the

controversial couple on *The Bachelor* and VH1's current season of *Couples Therapy*, it should be no surprise that there will be no more roses passed between the two of them. According to People.com, Ferrell dumped Galavis seven months after audiences watched him decline to say "I love you" to the 27-year-old pediatric nurse on the finale of *The Bachelor*. It seems she has finally grown tired of his childish behavior: On Sunday, she unfollowed the reality star on both Instagram and Twitter and then posted a harsh quote that appears to be aimed towards Galavis. She posted, "Isn't it pathetic how we waste so much time on certain people and in the end they prove that they weren't even worth a second of it."

'The Bachelor' winner Nikki Ferrell had a tough time figuring out when to end her celebrity relationship. How do you know when it's time to call it quits in a long-term romance?

Cupid's Advice:

We all want that perfect connection with someone, but we know that relationships and love are hard work. As difficult as it is to admit, time changes things, and sometimes, a breakup is for the best. So how do you know whether to stick around or back out of a longtime love? Cupid has some tips:

- 1. Your connection has faded:** If you and your partner have lost sight on what brought the two of you together, then it's time to say goodbye. A healthy relationship is one where the passion is constantly flowing. Rather than convince yourself that you belong together, you should be reminded every day of why you're in love with this person.

Related Link: [Jennifer Lawrence and Chris Martin Call It Quits](#)

2. You're fighting more often: When it comes to relationships and love, it's important to remember that it's okay to fight. It's not about how much you argue with you partner but *how* you resolve your issues as a team. If the fighting becomes more serious and filled with anger, it's time to break it off.

Related Link: [Nick Cannon Opens Up About Split From Mariah Carey](#)

3. Your vision for the future is no longer the same: A must in any relationship is to share the same goals and hold similar ideas for what you want. Whether it's the number of kids you'd like to have or where you want to live, make sure to be on the same page as your partner. If you find you're disagreeing over these big items, how will you ever agree on the little things?

How did you know it was time to call it quits with your long-term partner? Tell us in the comments below!

Andi Dorfman Says Juan Pablo Needs to Propose to Nikki Ferrell





By Laura Seaman

With *Bachelorette* Andi Dorfman accepting Josh Murray's proposal, talk of a wedding isn't far behind. "We have not really started making [plans]," says Dorfman. "I think I'm gonna enjoy being engaged for a little while..." According to UsMagazine.com, the newly engaged bachelorette was then asked if she would invite old flame Juan Pablo Galavis to the wedding. "Um, yeah—just gonna be a soft 'No' for now," she responded, later adding, "If he marries Nikki, he gets an invite." The newly engaged couple is talking about a spring wedding, but nothing is for sure quite yet!

What are some reasons to tie the knot?

Cupid's Advice:

Marriage is a huge step to take in a relationship. That's why a proposal is so important! Some couples date for years and never end up married, while others are engaged in a matter of weeks. How do you know when it's time to finally pop the question and take your relationship to the next level? Here is

some advice to help you figure it out:

1. You've talked about the future in depth. Marriage is a (hopefully) permanent future together, so all parties involved should know about future plans such as moving, career goals, or anything else that would affect your lives together. Don't leave anything hidden from your partner! Your future plans don't just involve you anymore.

Related: [Naya Rivera Secretly Marries Ryan Dorsey on Original Wedding Date to Big Sean](#)

2. You're ready to join the family. Maybe it's been easy to avoid your partner's family so far, but once you're married, you are officially part of the family whether you like it or not. Depending on your partner's family situation, this might mean going to visit them on holidays or joining them on vacations. Make sure you like this family before you become a part of it!

Related: [Snooki Prepares for Wedding Day with 'Great Gatsby' Themed Bridal Shower](#)

3. You are prepared in every way. This means emotionally, mentally, *and* financially. If you don't have the money to buy a house, pay for a wedding, or even get a ring, maybe you shouldn't be proposing. Yes, a marriage is a sign of never ending love, but it's also a very legally and financially binding agreement. Make sure you have this figured out before you dive in headfirst!

How did you decide to take the next step and say 'I do'? Tell us in the comments!

Juan Pablo Galavis Proposes a Career Change for Nikki Ferrell



By Sanetra Richards

First comes love, and then comes . . . a career change? That seems to be what *Bachelor* Juan Pablo Galavis is asking of girlfriend and season 18 winner Nikki Ferrell. According to UsMagazine.com, the 32-year-old professional soccer player wants the 26-year-old to use the spotlight to her advantage. "He wants Nikki to work as a model or TV personality in Miami," says a friend of Galavis. Although it is a tempting proposition, the pediatric nurse does not have any plans on leaving her current field of work. "She loves her job," adds the source.

What do you do if your partner is becoming too controlling?

Cupid's Advice:

Loving someone for who they are is part of being in a relationship and sometimes you may brush a few things under the rug because you are accepting who they are. Nevertheless, there is one specific behavior you cannot ignore – controlling. Cupid has some tips on how to handle a controlling partner:

1. Take notice: There was a point in time when you may have thought your partner ordering food for you at a restaurant was a sign of him or her knowing what you like, or maybe you thought it was adorable when they picked out certain outfits (on a daily basis) for you to wear. However, the reasoning behind these “kind” actions soon become clear and you realize it is the need of control your partner must have. Do not overlook these signs. Instead, stand on your own two and let your significant other know you can handle your own. Or maybe even turn the tables onto him or her. Show them what it is like to constantly have their order placed before they have the chance to speak, or tell them what and what not to wear (yes, you should definitely take it to this level). As conniving as it may seem, your primary goal is getting your point across, thoroughly.

Related: [‘Bachelorette’ Andi Dorfman’s Promo Poster Mocks Juan Pablo](#)

2. Communicate: Talk with your partner about any problems that have stemmed from their controlling behavior. Chances are they do not realize they are being officious. Take into mind their feelings before lashing out. Speak in calm manner that is not rooted by anger or frustration. You may even find a reason as to why they are obsessively controlling.

Related: [Juan Pablo Emphasizes Word ‘Love’ in New Photo of](#)

[Nikki Ferrell](#)

3. Work with your partner: Give them a few tries to adapt to actually not being controlling. If they begin to do something that resembles the behavior, stop them. You may have to repeat this quite often until they get it right. It requires you to be patient and understanding – your significant other may have a very dominant personality and is willing to ease that for the sake of your relationship.

What are some ways to deal with a controlling partner? Share your thoughts below.

‘Bachelorette’ Andi Dorfman’s Promo Poster Mocks Juan Pablo





By Sanetra Richards

More fish in the sea, right? Well, Andri Dorfman of *The Bachelor*'s season 18 will definitely be testing out the waters in the upcoming round of *The Bachelorette*. In her first promo poster for the show's season 10, Dorfman lets it be known that Bachelor Juan Pablo Galavis is not on her good side, per se. The poster's caption reads, "She's looking for the right Juan." So where's the catch? Juan is marked out in red with the word "one" below instead. According to UsMagazine.com, the 26-year-old assistant district attorney described her overnight date with Galavis as a bit of a disaster: "Waking up this morning, I could not wait to get out of the Fantasy Suite," she said. "The Fantasy Suite turned into a nightmare. I saw a side to him that I didn't really like, and the whole night was just a disaster." Luckily, Dorfman is not letting that get in the way of her finding love through TV, and ABC is not either. The *Bachelorette* star went on to say, "I feel mentally all in, emotionally all in, physically all in. I am in the place in my life where I am just so ready for this. I hate to say it because I don't want to jinx myself, and be like, 'I'm so all in and if this doesn't happen it's the end

of the world.' But I am ready. I have never felt better in my life about this, and I'm just excited."

What are the best ways to move on from a bitter break-up?

Cupid's Advice:

Breakups are far from easy to get over, especially when things went terribly sour between you and your ex. It may come as an utter shock if your ex moves on quicker than you expected. However, do not think you cannot do the same. Cupid has a few suggestions to ease and direct the process:

1. Breakaway: Harsh words were exchanged, feelings were hurt along the way, and there is no way to mend – do not let this prevent you from cutting all ties. If it takes deleting their number from your phone to avoid the heart aching text messages and phone calls, do it. You want to take steps forward instead of backwards. This will gradually take time, but if you are committed to this and the next following steps, considering getting back with your ex will not be an option.

Related: [Juan Pablo Emphasizes Word 'Love' in New Photo of Nikki Ferrell](#)

2. Have fun: Make plans with your girlfriends to go out and enjoy a night on the town. Being around people who genuinely love you will help take away some of the stress and tension that was a result of the breakup. Mix and mingle a little bit to see what else is out there. Of course, this does not mean you should jump into another relationship until you are completely ready to take it on. Embrace the single life for the time being!

Related: ['Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling](#)

3. Focus on something else: Pick up a hobby or an entertaining distraction. Those constant thoughts of your ex will soon

disappear from your mind. Avoid any hobbies that may trigger a memory that you and your ex shared (remember, you are moving on). Keep on pushing and remind yourself, the relationship ended for a good reason.

What are some ways to get past a bitter break-up? Share your thoughts below.

'The Bachelor' Juan Pablo Galavis Shows Affection to Nikki Ferrell in Instagram Photo





By Sanetra Richards

Progress is being made! *The Bachelor* Juan Pablo Galavis posted an affectionate photo with girlfriend Nikki Ferrell earlier this week, where he made sure the word “love” was loud and clear in the caption. The 26-year-old pediatric nurse’s back is facing the camera, showing off a shirt that reads, “Pediatrics... our patients are cuter than your patients.” The caption said, “Mi Catira @nikki_ferrell LOVES her JOB and thats ONE of the things I LOVE about her... #NikkiTheNurse.” According to UsMagazine.com, the post is just a few days after it was reported that 32-year-old Galavis finally voiced his love to Ferrell. An insider told *Us* that the reality TV star “has told her, ‘I love you,’” and that the two “Skype and text every day and are in constant contact.”

***The Bachelor* Juan Pablo Galavis flaunts his celebrity love on**

social media. What are some ways to show your love for your partner in public?

Cupid's Advice:

Professing your love is just the first step to showing your partner affection. So, what's the next? Doing it publicly! It may be challenging, but with Cupid's [love advice](#), you will be an affection expert in no time:

1. Be physical: Take a cue from Galavis and don't be afraid to show your significant other how much you love them. A simple kiss on the cheek or a hug will do. If you are walking or standing beside each other, hold their hand. Small gestures like these will not only let others know you are happily in love, but they'll also give reassurance to your partner.

Related Link: ['Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling](#)

2. Make it Facebook official: Nowadays, the easiest way to find out someone's relationship status is to go right to Facebook. Changing your status from single to in a relationship is another way to make it clear that you are off the market and glad to be with your love. If you want take it a step further, post a status in reference to your relationship and love or pay them a compliment.

Related: [Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy](#)

3. Introduce them to family and friends: We all watched Galavis introduce his celebrity love to his family and friends, which can be quite nerve-racking. They can be either critical or accepting. However, wanting to make that move shows just how much you care.

How do you show your love for your partner publicly? Share your thoughts below.

'The Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling



By Sanetra Richards

It looks like *The Bachelor* stars Juan Pablo Galavis and Nikki

Ferrell may be hitting some hard times. It's been just a few months since *The Bachelor* finished shooting, and the controversial [celebrity couple](#) have turned to Jim and Elizabeth Carroll, WE tv's *Marriage Boot Camp* counselors, for some relationship advice. The duo, who have worked with other reality TV stars including Jenni Farley and Roger Matthew, Trista and Ryan Sutter, and Gretchen Rossi and Slade Smiley, spoke with Galavis and Ferrell earlier this week. According to [UsMagazine.com](#), the Carrolls gave a brief synopsis of their talk with the famous couple, saying, "I think they have marriage on their minds, but I think what Juan did was a really – I mean, it wasn't a very romantic fairytale ending – but I think what he did was very wise in the fact that he said, 'You know, I want to go through conflicts with this girl. I want to do some problem solving. I want to see basically what the ugly side is before I jump out there and tell somebody I love them and just get married.'"

This celebrity couple are having some relationship issues. What are some ways to work on your troubled relationship and love?

Cupid's Advice:

Things may become hectic or confusing during your relationship and love. You may be close to calling it quits, but there are ways to work through it and make your partnership even stronger. Consider this relationship advice:

- 1. Recognize the problems:** The most important step you can take is to acknowledge the issues at hand. Challenge yourself to find out what wrong paths you and your significant other took along the way. Examine your partner's behavior and mannerisms as well as your own.

Related: [Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy](#)

2. Ask for some alone time: Alone time gives you the opportunity to think. There are little to no distractions, and your partner is not chiming in every five seconds. You can even make a pros and cons list. Hopefully, the good will outweigh the bad!

Related: ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Stop harboring bad feelings: Just let it go! All of those hard feelings brought on by problems of the past have to fade away. You cannot possibly expect to move forward if you are constantly feeling sadness or rage every time you glance at your partner. Make it a goal to bury the hatchet.

What are some other ways to save a troubled relationship and love? Share your thoughts below!

Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy





By Sanetra Richards

Playing it cool seems to be what Nikki Ferrell is doing. *The Bachelor* season 18 winner is not letting the outside opinions bother her relationship with Juan Pablo Galavis. According to UsMagazine.com, the 26-year-old's ex, Ryan Dill, spoke of her unusual actions in a recent issue: "Knowing her like I do, I'm surprised Nikki acted like everything was fine during After the Final Rose." Dill went onto refer to the post-finale show when Ferrell informed host Chris Harrison that Galavis has not professed his love, saying, "She normally wouldn't take that s-t from a guy. The Nikki I know would have slapped him and walked out."

What are some ways to know you're being yourself in a relationship?

Cupid's Advice:

Your relationship is going well; everything is all hugs and kisses . . . except there is one problem. You are questioning whether you are still the same person you once were. Cupid is

here to give you a few tips on how to maintain yourself in a relationship:

1. Doing what you love: Whether this is a hobby like reading or painting, if you are doing it because you thoroughly enjoy it, a sense of you still remains. The chances of you and your partner having all of the exact same interests are slim to none. So, why not do something that is just for you? A relationship is about union, not about consumption.

Related: [‘Bachelor’ Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

2. Ability to detach from your partner’s hip: You can have a day out with your friends without constantly finding a way to add your relationship into the conversation – the good news is you have not completely lost yourself. As stated before, your life does not revolve around your significant other (there’s no need to drag him or her along). Your friends and family deserve to have just you sometimes.

Related: [‘Bachelor’ Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Being vocal: Having a voice in your relationship is vital. Do not think you are obligated to continuously compromise because you will eventually lose that voice, which is a part of you. Instead, inform your partner of what you are feeling or what your desires are and work towards them together.

How do you know if you are being yourself in a relationship? Share your thoughts below.

'Bachelor' Stars and Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Attend Wedding



By Louisa Gonzales

The Bachelor stars Juan Pablo Galavis and Nikki Ferrell may not be ready to get hitched themselves, but that doesn't mean they can't celebrate their friends' big day! The celebrity couple recently attended a wedding in Dominican Republic. According to People.com, Ferrell, 27, posted a picture of the twosome on Sunday, standing in front a spectacular view of where the wedding festivities took place. The reality TV stars were first introduced on *The Bachelor* season 18 and have

been together since the former Venezuelan soccer player presented Ferrell with his final rose on the finale episode, which aired on March 10th. Sources say that the [celebrity couple](#) is happy that they don't have to hide their relationship and love anymore, even though Galavis is hesitant to commit to his new girlfriend.

This celebrity couple loved celebrating their friends' big day. What are some ways to get wedding ideas from someone else's festivities?

Cupid's Advice:

It's no secret that planning a wedding can be stressful! There is nothing wrong with asking for help from others, whether it be from your mom, your bridesmaids, or a wedding planner. Consider this love advice and get ideas from your pals' ceremonies:

1. Just ask: If you attend a ceremony or reception that you really like, casually mention your feelings to the bride to ease her into revealing her wedding secrets. It never hurts to ask!

Related: ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

2. See what worked and what didn't: Every wedding has some mishaps along the way, no matter how perfectly it's planned. Pay close attention to the details that worked as well as those that didn't. You may be able to learn a thing or two before you begin planning your own celebration!

Related: [Can You Really Find Love on 'The Bachelor'?](#)

3. Focus on what you want: Remember that you don't have to like everything about someone else's special day. Attend these events with a critical eye and make note of what you would do differently. Ultimately, you want your wedding day to be memorable for you and your partner.

Did you get wedding ideas by attending someone else's special day? Share in the comments below.

'The Bachelor' Star Juan Pablo Galavis Responds to Backlash By Posting Selfie with Nikki





By Sanetra Richards

The leading man of *The Bachelor* season 18 Juan Pablo Galavis can't seem to catch a break! The reality TV star recently posted a photo with winner Nikki Ferrell, and the caption read, "We are FREE @nikki_ferrell..." after the reunion show. The response to this declaration about his relationship and love wasn't kind, but Galavis isn't going to let it bother him. According to UsMagazine.com, the 32-year-old former soccer player later shared the quote, "Throw me to the wolves, and I'll come back leading the pack."

***The Bachelor* star Juan Pablo Galavis received some mean comments on his Instagram post. How do you keep outside influences from affecting your relationship and**

Love Life?

Related: [The New 'Bachelor' Is Juan Pablo Galavis!](#)

Cupid's Advice:

Outsiders aren't always your best friends. They will nitpick and find every single way to taint the connection between you and your partner. Consider this relationship advice from Cupid:

1. Maintain a sense of mystery: Nowadays, many couples share their most intimate moments to complete strangers without even realizing it. From happy times to the occasional arguments, Twitter, Facebook, and Instagram make it easy to reveal all. Instead, keep your feelings to yourself and let others think what they want about your relationship and love.

Related: [Former 'Bachelor' Star Kacie B. Is Engaged](#)

2. Focus on the positives: You may feel the urge to air your dirty laundry to family and friends, but be careful. Yes, it can be pretty tempting to vent about something your partner did or didn't do, but if you continuously tell your loved ones the negatives, they'll soon forget the positives. Remember to highlight the good times as well as the bad times.

What are some ways to keep the public out of your relationship and love life? Share your suggestions below.

NoGamesLove Video Dating

Tips: How to Get a Guy to Commit



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House talks about getting a guy to be in a dedicated relationship – much like the girls on *The Bachelor* hope to do when it comes to the handsome Juan Pablo. First, she encourages viewers to see the popular reality show as a real-life scenario: “He’s dating multiple people...just like you might be casually dating a couple of people until you decide to be in a serious, monogamous relationship.”

Dating Advice from E!'s *Famously Single* Laurel House on How to Get a Guy to Commit

Related Link: [The No Games Love Guide to True Love](#)

Then, the dating expert shares her dating tips for getting that special guy to commit to you. Most importantly, be in the moment, be uplifting, and be vulnerable. "Become your best self!" Watch the video above for the rest of Laurel's advice and discover what else you can learn from this season of *The Bachelor*!

For more information about our dating mentor, click [here](#).

For more videos from *CupidsPulse.com*, check out our [YouTube channel](#).

What do you do when you're ready to be in a committed relationship with someone? Share your tips in the comments below!

AshLee Frazier Says, "I Want to Be Well-Rounded Before I Fall In Love"





Interview by [Lori Bizzoco](#).

Since vying for Sean Lowe's heart on *The Bachelor*, AshLee Frazier has been focusing on her career rather than her love life. Although the entertainment press says otherwise, the bubbly personality tells us that she hasn't done much dating since her time on reality television. "I want to be well-rounded before I find someone and fall in love," the personal organizer candidly shares.

The currently-single star also chats about what type of man she wants and what she learned from the show. "It's okay to really put yourself out there. I never would've done that before," she says. "Now, I'm looking for that feeling of being head-over-heels in love."

Related Link: ['Bachelor' Contestant Ashlee Frazier and Game Inventor Rob Ridgeway Sing for Love at Match.com Event](#)

And, of course, we had to ask Frazier about her take on the new *Bachelor*, Juan Pablo Galavis! Listen up for her thoughts on the Venezuelan soccer star and her advice to next season's contestants.

For more information about Frazier, follow her on www.facebook.com/ashleenfrazier and Twitter @ashleefrazier.

Video by Erik Erikson.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

The New 'Bachelor' Is Juan Pablo Galavis!



By Kerri Sheehan

With the wrap up of the most recent season of [The](#)

[Bachelorette](#), ABC has announced its newest star in search of a relationship and love: Juan Pablo Galavis! You may recognize Galavis as one of Desiree Hartsock's suitors on *The Bachelorette* season 9. The 32-year-old single dad and former Venezuelan soccer player is hoping to find the perfect person for him and his daughter. According to [People.com](#), this reality TV star and new *Bachelor* said he is looking for "a mom for [my daughter] Camila and someone I can spend many years [with] together."

The new star of *The Bachelor* has some Venezuelan roots that make most girls swoon. What are some things to consider when you're dating someone from a different culture?

Cupid's Advice:

Meeting people from other cultures can be shocking, but can you imagine dating someone with a different background? Cupid has some dating advice about what to consider when you're falling for someone from a different culture:

1. Embrace your differences: You were likely raised differently, so don't be too shocked when the two of you do things a bit differently. Don't pressure your partner into doing things your way, as that may feel unnatural to them.

Related Link: ['The Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

2. Learn something new: Learning about another culture can be quite exciting, so soak up every moment of it! Don't stress

too much about your differences, as the two of you can find common ground if you work together.

Related Link: [‘Bachelorette’ Andi Dorfman’s Promo Poster Mocks Juan Pablo](#)

3. Take up cooking: Cooking is a great way to dive into your significant other’s culture! Just make sure to run the ingredients by each other. For instance, snails and frog legs are a delicacy in France, but here in the States, they’re considered adventurous meals.

Have you ever dated someone from a different culture? Share below!