

# Celebrity News: Jose Canseco's Ex-Wife Shuts Down A-Rod Cheating Rumors



By [Mara Miller](#)

In [celebrity news](#), Jose Canseco's ex-wife shut down the rumors that Alex Rodriguez has been cheating on [Jennifer Lopez](#) with her, according to *UsMagazine.com*. Canseco's accusations came after Rodriguez and Lopez announced their [celebrity engagement](#) on Instagram earlier in March. Jessica Canseco took to Twitter, saying, "In fact I don't even get on twitter had to download app again and don't watch tv and had no idea any of this was going on. Last time I saw Alex he was with Torrie and I brought my boyfriend over for dinner. We are just friends my god".

# In celebrity news, it looks like the A-Rod cheating rumors have no basis. What do you do if someone claims your partner is cheating?

## Cupid's Advice

Sometimes an ex just has a grudge. Cupid has advice on how to handle this:

**1. Talk about it:** Talk with your partner first to find out if the rumor has any reason to make you doubt them. And then if none of it was true, speak up about it to let the person who is spreading the rumors know that they can't ruin your relationship.

**Related Link:** [Celebrity Wedding News: J.Lo Was 'Surprised' When A-Rod Asked Her to Marry Him](#)

**2. Realize the other person might be jealous:** Jealousy can make people do questionable things. Take it as it is and don't give them anything that can be used against you later.

**Related Link:** [Celebrity Engagement News: J.Lo & A-Rod Are Officially Engaged!](#)

**3. Ignore it:** If they continue to try to spread rumors or keep claiming your partner is cheating, it's best just to ignore it, especially if you know it's not true. In some cases, it's best not to engage at all.

**What are some ways you would handle a situation if someone claimed your partner is cheating? Let us know in the comments below!**