

Cate Edwards Marries College Sweetheart



Cate Edwards, daughter of former Democratic presidential candidate John Edwards, married her college sweetheart, Trevor Upham in a North Carolina ceremony on Saturday. With the recent passing of her mother just ten months prior, Cate made sure to add small touches in remembrance of not only her mother, but her late brother and Trevor's deceased grandparents. A candle arrangement was lit in memory of the family members, and a Maya Angelou poem was read during the ceremony. "We just want this to be really happy and really joyous and that's what my mother would want," Edwards gushed to [People](#). The reception was held at the Edwards' estate ending an amazing day immersed in the spirit of family.

How do you include a deceased family member in your wedding?

Cupid's Advice:

Subtle touches of deceased loved ones infused in your wedding are sure to keep them in everyone's memory. Remember that they would want you to be happy, so keep the atmosphere positive:

1. Light a candle : Lighting a candle in honor of those who have passed is a simple yet touching way to keep them in your memory during the ceremony.

2. Favorite song: If you shared a favorite tune with those who passed, playing it at the reception is a good way to honor them.

3. Something old: For your "something old," tying something from your loved one into your attire is a great way to include them in your wedding. A piece of jewelry or clothing is easy to incorporate into your dress.

How do you include a deceased family member in your wedding? Tell us your story below.

Cupid Exclusive: The Double Life of Alfred Buber





By **Vincent D. Scebbi**

Every man has a virtual life that he lives in his imagination. Much of it surrounds fantasies about women. However, most keep their deep dark desires in check. [*The Double Life of Alfred Buber*](#) by David Schmahmann tells the story of a man who acts out his repressed urges. It is the story of a successful lawyer who feels deeply dissatisfied with his life. In an effort to find consolation, he secretly ventures to the brothels and bars of Southeast Asia while telling people he is in Paris or London. "Of course it doesn't end happily," said Schmahmann. The double-life can't end happily. But, some people do get away with it." To write the story, Schmahmann admits he didn't need to go far into his mind to get into the head of his character. Like Buber and many men, Schmahmann lives in a world of "what if" scenarios.

This scandalous novel was ironically released around the same time as the "sexting" controversy involving U.S. Representative, Anthony Weiner. Other notable scandals that have appeared in recent history include athletic figures such as Brett Farve and Rex Ryan, along with politicians such as former California Governor, Arnold Schwarzenegger, and John

Edwards. Schmahmann has been asked many times if there is a correlation between powerful figures and sex scandals and he believes there is. It's been something that has been with us forever. "Jimmy Carter lusted after women and then you see characters like Al Gore who admitted to hanging out with hookers," Schmahmann said. "I think men, by and large, are a boiling mess of unacquired desires when it comes to women." Politicians' desire for power and sense of feeling "bulletproof" carries over into their sex lives."

Though the Monica Lewinski scandal is cited as wrecking Clinton's political credibility, his marriage to current Secretary of State, Hillary Clinton, remains intact. Schmahmann's character isn't married, however, he believes there is no definite reason why a woman chooses to stay or leave her partner. "Clinton's wife stuck with him. Jefferson's wife stuck with him even though he was raising a second family with her half-sister. Weiner's wife stuck with him on the other hand, Schwarzenegger's wife has left," stated Schmahmann. The author suspects these urges that can cause a double life stem from youth and perhaps a solution can be found there. "These impulses are a residue of adolescence, I think, even if you look at popular culture references such as *American Pie*, boys spend their teenage years attempting to understand and get access to girls, and I think to some extent, healthier adolescences make healthier adults, but that's too much to ask," Schmahmann said. Schmahmann does offer some advice for anyone struggling in a double life, quoting the Dali Lama, "don't confuse pleasure with happiness. Happiness is a much more stable, long-term goal."

David Schmahmann was born in Durban, South Africa. He is a graduate of Dartmouth College and Cornell Law School, and has studied in India and Israel and worked in Burma. His first novel, *Empire Settings*, received the John Gardner Book Award, and his publications include a short story in *The Yale Review* and articles on legal issues. He practices law in

Boston, and lives in Weston, Massachusetts with his wife and two daughters. You can order his book online at Amazon or BarnesandNoble.com.

Celebrity Breakups: Who Burned Who?



By Tanni Deb

Celebrities might seem like they have it all – a successful career, beautiful looks and a significant other who everyone runs after. Though their lives may appear perfect, don't be fooled by the glitz and glamour of Hollywood's shine. We all know that some romances don't last, and the following pairs are no exception. Here are five celebrities who were bitten

by the cheating bug – and then burned by their former flame:

1. Britney Spears and Justin Timberlake: Timberlake admitted to falling in love with Spears when they first met on the set of *The Mickey Mouse Club* in 1993. “I was infatuated with her from the moment I saw her,” he told CBS News. The couple started dating five years later, but ended their relationship in 2002 when Spears allegedly cheated on Timberlake with choreographer Wade Robson. Shortly after their split, Timberlake released ‘Cry Me A River,’ a revenge song for Spears. However, the N’Sync singer later told MTV, “The song is not about her. The video is about me.”

2. Meg Ryan and Dennis Quaid: This actor pair divorced after she was caught cheating with Russell Crowe while filming *Proof of Life* in 2000. She used Quaid’s infidelity to explain her own actions and accused him of adultery throughout their marriage. Quaid fought back and said, “It was eight years ago, and I find it unbelievable that Meg continues publicly to rehash and rewrite the story of our relationship.” Although Quaid and Crowe both have new loves in their lives, the *You’ve Got Mail* star remains single.

3. Valerie Bertinelli and Eddie Van Halen: Bertinelli revealed to Oprah Winfrey in 2008 that she and her ex-husband cheated on each other. “He claims to this day that I cheated first, but I don’t know,” she said. “I don’t know about the timing.” Although their 25-year marriage ended in 2006, they remain friends. Bertinelli even attended Van Halen’s wedding to Janie Liszewski in 2009.

4. Elizabeth Edwards and John Edwards: When John Edwards admitted to having an affair, his wife Elizabeth Edwards got the ultimate revenge. In her will, which was released on January 2011, she left all of her possessions to her children. Well, can you really blame her? After all, who bothers leaving something to their cheating spouse?

5. LeAnn Rimes and Eddie Cibrian: This couple is a double whammy. Rimes not only ruined her own marriage, but also Cibrian's, as the couple cheated on their spouses with each other while filming *Northern Lights*. They eventually tied the knot this year, despite rumors about Cibrian cheating on Rimes with his estranged wife. The saying "once a cheater, always a cheater" comes to mind in this situation.

Have a couple in mind who didn't make this list? Let us know in a comment below!

5 Reasons Why Powerful Men Like Arnold Schwarzenegger Cheat





By Terri Orbuch

PhD, The Love Doctorâ„†

As a researcher and psychologist who's been studying marriage and divorce for more than 25 years, I'm interested in the motivations of men who seem to "have it all" and then throw it all away, facing public humiliation in the aftermath and subjecting their families to the same.

Here are five ways to understand why men like Arnold Schwarzenegger, Tiger Woods and John Edwards risk it all to have an affair:

1. The illusion of invulnerability. Often, powerful men have affairs because they think they won't get caught. And even if they do, they believe they won't get in trouble because they have the resources to cover it up. These men often don't worry about the long-term effects of their actions on others, only the short-term gains for themselves.

2. Ample opportunities for temptation. Wealth, fame and power are attractive to many women, who make themselves available to powerful men, sometimes aggressively and without scruples. Then such men are away from home for days at a time, and the

loneliness and the desire for female companionship can trigger infidelity.

3. Adrenaline dependency. Many powerful men have positions that require a lot of responsibility and authority. They perform well under high stress and continually need and enjoy excitement or challenges to drive them forward. An affair gives them the same type of exhilaration in their private life.

4. Enabled by yes men. Powerful men tend to be surrounded by people who protect them, idolize them, and even “enable” their vices in order to remain inside their influential orbit. Being surrounded by people who don’t challenge your decisions or give you honest feedback has an effect on your ego and your sense of propriety and limits.

5. Desire for change. Let’s not forget that powerful men are still men, and usually an affair signals an internal need for change. Something in the man’s life or his relationship isn’t okay – and the affair creates the trigger for change. Boredom and relationship ruts are common reasons couples cite for infidelity.

While influence, wealth and celebrity may present some additional challenges that are unique to powerful men, the fact is that not all such men succumb to infidelity. And the explanations above are certainly not excuses for the behavior of those who do.

Terri Orbuch PhD, known as The Love Doctor, is project director of longest-running study of married couples ever conducted, funded by the NIH and ongoing since 1986. A practicing marriage and relationship therapist for more than 20 years, she is also a popular love advisor on radio, TV, and peoplemedia.com, most recently seen on NBC’s Today. Her new book is 5 Simple Steps to Take Your Marriage from Good to Great (Random House). Learn more at

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