## Celebrity News: Taylor Swift Opens Up About Bonding Over Sad Songs with BF Joe Alwyn





By Nicole Maher

In the latest <u>celebrity news</u>, Taylor Swift provided her fans with some details about her <u>celebrity relationship</u> with Joe Alwyn. According to *EOnline.com*, Swift revealed that her and longtime boyfriend Alwyn bonded while writing sad songs for her latest album. The couple has been dating for about four years, but have chosen to keep their relationship relatively private due to Swift's past experiences with public relationships and break-ups.

In celebrity news, Taylor Swift gave fans rare insight into her relationship with boyfriend Joe Alwyn. What are some reasons to keep details about your relationship to yourself?

#### Cupid's Advice:

There is nothing wrong with wanting to keep some of the details about your relationship to yourself, whether it one that is relatively new or one you've been in for years. If you are looking for some reasons to keep details about your relationship to yourself, Cupid has some advice for you:

1. Past traumas: If you've experienced some kind of public fallout from a break-up in the past, you may want to keep your future relationships more private. Sharing too much of your new relationship with the public could cause you to fear the same result if things end, which can add unnecessary stress to your current situation. Keeping this quiet and revealing selective details is a great alternative to sharing everything if you don't want to!

Related Link: <u>Celebrity News: Khloe Kardashian Posts Cryptic</u>
<u>Messages One Day After Tristan Flies to Boston to Join Celtics</u>

2. Work-life separation: If you have a relatively public career, you may desire to keep other aspects of your life private, such as your relationships. Having a private relationship while working in the public eyes is a great way of ensuring you don't feel like the public knows everything about your life, and takes the pressure off your partner if they are not used to their lives being incredibly public.

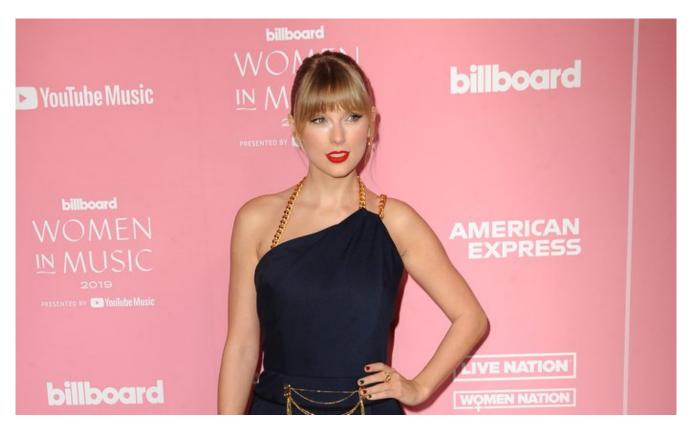
Related Link: <u>Celebrity News: Vanessa Hudgens Opens Up About</u>
What She Wants in an Ideal Partner After Split

**3. Value privacy:** Some people simply value their privacy and do not want everyone else knowing the details of their relationship. This desire for privacy is a valid reason for keeping details of your relationship to yourself. Share what you wish to share, and keep the rest as details between just you and your partner.

What are some other reasons to keep details about your relationship to yourself? Start a conversation in the comments below!

## Celebrity Couple News: Find Out About Taylor Swift & Joe Alwyn's Simple Life in London





By <u>Ahjané Forbes</u>

In <u>celebrity news</u>, <u>Taylor Swift</u> frequently visits to London to be with her longtime boyfriend, Joe Alwyn. The "Lover" singer released a song recently called "London Boy," which is said to define her <u>celebrity relationship</u> with the actor. The <u>celebrity couple</u> celebrated Thanksgiving together among their family and friends. A source told *EOnline.com*, "They spend a lot of time with Joe's family and friends. All weekend they had people come over or they went to family members' homes." Although these lovebirds have busy schedules, they both make time to see each other.

In celebrity couple news, Taylor Swift and Joe Alwyn are enjoying spending time together in London. What are some ways to spend quality

#### time with your partner?

#### Cupid's Advice:

When you have a busy schedule it might be hard for you to keep up with your relationship. However, it is important that you take time out to enjoy each other. You don't have to do anything overboard like take a vacation or plan an extensive a date. Cupid has some advice on some date ideas that you can use with your partner:

1. Go to the movies: Yes, this might be a well-known date plan, but some movie theaters stay open late at night. If you both are struggling with time conflicts and schedules, this could be a perfect idea for you. Check out a movie that you both would like. Also, make it seem like it's in the daytime. Still order the popcorn, soda, candy and chocolate with your love.

**Related Link:** <u>Date Idea: Volunteer Together this Holiday</u> Season

2. Surprise them on their lunch break: This will show that you're willing to make the relationship work. If your partner likes Olive Garden, then get their order to go and bring it to them so that they could have it for lunch. Go to sit at a local café and eat with them. Even though this is this will be a half an hour to an hour break, they will surely appreciate the sentiment.

Related Link: <u>Dating Advice: 12 Date Night Ideas That Will</u>
Save You Money

3. Get creative at home: You might not have time to do either of the two things mentioned. Therefore, you're going to have to improvise. Light a few candles, pour some wine, and put on their favorite music. You can prepare a meal for them or just relax together. This will help them unwind and feel

appreciated. Try to add a desert. This will give you more to reconnect.

What are some ways you spend quality time with your partner? Let us know in the comments below!

### Celebrity Couple: Joe Alwyn Clears Up Rumors About Dating Taylor Swift





By <u>Mara Miller</u>

In the <u>latest celebrity news</u>, <u>celebrity couple</u> Joe Alwyn and <u>Taylor Swift</u> clear up some rumors about their relationship. According to <u>EOnline.com</u>, the couple has been spotted in public together on several occasions recently, including The Golden Globes. They also attended several parties together after the event. Alwyn said about his relationship with Swift, "I don't think anyone you meet on the streets would just spill their guts out to you, therefore why should I? I think it's normal." Alwyn is absolutely right. He and Swift deserve their privacy, no matter how much we may crave every single juicy detail.

Celebrity Couple Taylor Swift and Joe Alwyn are elegant in the face of rumors. What are some ways you and your partner can approach rumors?

#### Cupid's Advice:

Rumors can have some serious ramifications for your relationship, depending on the nature of the gossip. What should you do when the rumors are flying about you and your partner?

1. Always speak to your partner first: Together you can discuss how you would like to tackle the situation. Should you ignore it, or say something?

Related Link: <u>Celebrity Couple News: Joe Alwyn says, 'I Know</u>
What I Feel' About Girlfriend Taylor Swift

2. Don't do anything to aggravate the situation: Misunderstandings are bound to happen amongst family and friends when a new relationship starts. Maybe you're so

wrapped up in your bubble of love, it's hard to fathom sharing any details yet. As a result, the gossip has started flying! You don't need to tell people anything you don't want to about your relationship. Either address it or let people cook in their assumptions. Leave a little mystery to your love life!

Related Link: <u>Celebrity Wedding</u>: <u>Bachelor Alum Arie Luyendyk & Lauren Burnham Talk Wedding & Baby!</u>

3. Be honest with anyone important who might have heard the rumor: If it's Joe Shmoe in the work office who only started a week before, then it's none of his business. But if you and your partner's family and friends hear about the rumor, they may get worried something else more serious may be going on. It's okay to clear the air with them because immediate family and close friends will be there to support you and your partner later.

What else do you suggest doing if you and your partner face rumors?

### Celebrity Couple News: Joe Alwyn Says, 'I Know What I Feel' About Girlfriend Taylor Swift





By Ivana Jarmon

Joe Alwyn recently opened up about his relationship with Taylor Swift. In celebrity news, Alwyn got candid in Esquire about Swift. When asked about navigating the public's curiosity about his romance with the singer, he said, "I didn't seek out advice on that because I know what I feel about it. I think there's a very clear line as to what somebody should share or feel like they have to share." The celebrity couple romance first made headlines in May 2017, UsMagazine.com reports.

In celebrity couple news, Joe Alwyn explains that he never got advice on how to date in the public eye. What are some things to keep in mind about privacy in your

#### relationship?

#### Cupid's Advice:

In any relationship, you and your partner should always discuss what things you both feel are private in your relationship. Cupid has some things to keep in mind about privacy in your relationship:

1. Social media: If you open up on social media about your current relationship, exes that you're still friends with may see what you're doing and may try causing drama in your life. Revealing too much about your relationship can leave you open and exposed to the antics of a rejected ex.

Related Link: <u>Celebrity Baby: Khloe Kardashian & Tristan</u>
<u>Thompson Are 'Actively Trying' for Baby No. 2</u>

2. Everyone won't be happy for you: Your relationship may bring you haters. Not everyone will rejoice in the sight of your union, which will leave you and your partner open to critics. The fewer people who know about your private life, the less feedback you'll have to deal with.

Related Link: Celebrity Exes Brad Pitt & Angelina Jolie Reach
Child Custody Agreement

**3. Added pressure on your relationship:** By putting your relationship out in the open, you give people permission to idolize your relationship. Sharing your every move in your private life can put your relationship in a position to be the prototype of what real love is. This can convince people that they want what you have solely based on what they have seen. This can put a lot of pressure on you and your relationship. You may want to go above and beyond the expectations for your followers, which makes it easy to lose sight of what's really important, building an unbreakable bond with your significant other.

What are some things to keep in mind about privacy in your relationship? Share your thoughts below.

### Celebrity News: Joe Alwyn Talks 'Very Private' Relationship with Taylor Swift





By Ivana Jarmon

In <u>celebrity news</u>, Joe Alwyn breaks his silence on his

relationship with <u>Taylor Swift</u> for the first time in a new interview. Alwyn said in the October issue of *British Vogue*, per *EOnline.com*, "I'm aware people want to know about that side of things. I think we have been successfully very private-and that has now sunk in for people...but I really prefer to talk about work." Most recently, the <u>celebrity couple</u> stepped out on a rare <u>date night</u> in the streets of London. Swift and Alwyn held hands as they walked to dinner at Hawksmoor, a restaurant in the Covent Garden. The celebrity couple first made headlines in May 2017. A source told *UsMagazine.com* that Alwyn really showed Swift a different lifestyle and the value of privacy. The source added, "They vowed to keep their relationship to themselves and they've done everything they can to keep it that way."

In celebrity news, Joe Alwyn is finally acknowledging his relationship with Taylor Swift. What are some benefits to keeping your relationship under wraps?

#### Cupid's Advice:

Taylor Swift is known for her high-profile relationships, but this time around she's keeping quiet. Cupid has some reasons why keeping your relationship under wraps may benefit you:

1. You will be happier: A private relationship is free of judgement and critiques. You can benefit from a sense of privacy because it allows you to enjoy your relationship without any limitations. By taking away peoples access pass to your life and relationship you reclaim your relationship.

Related Link: Celebrity Wedding: Justin Bieber and Hailey Baldwin Quietly Wed on Thursday

2. Eliminate over-involvement: Social media is basically an invitation for people to comment on your life. It also encourages people such as family and friends to voice their opinion on your life. By having a private relationship, the only person's opinion that matter would be yours and your significant other.

Related Link: <u>Celebrity News: Kourtney Kardashian Spotted Out</u> with Luka Sabbat

3. Love doesn't always last: If things go south, you'll be happier. It'll be much easier on you if you haven't been showing your every move on social media. This allows you time to heal without having to erase every picture or every status. No one would know but you and him/her.

What are some benefits to keeping a relationship under wraps? Share your thoughts below.

# Celebrity Couple News: Taylor Swift & Joe Alwyn Ring in the Fourth of July in Turks & Caicos





By <u>Haley Lerner</u>

In <u>celebrity couple news</u>, <u>Taylor Swift</u> and boyfriend Joe Alwyn celebrated the Fourth of July together this year on a <u>celebrity vacation</u> in Turks and Caicos. Instead of hosting her usual holiday party in Rhode Island, Swift opted for a private getaway with her beau. According to <u>EOnline.com</u>, the couple was spotted strolling along the beach shore hand in hand and swimming together in the blue ocean water. An eyewitness said the lovebirds "were very quiet and low-key their entire stay. It was just the two of them; they were always together." The eyewitness also added, "They were sweet and clearly in love. They went snorkeling daily and loved looking for fish in the sea; they put on fins and snorkel masks and made funny faces." Soon after the romantic vacation, Swift picked up her "Reputation" tour in Ohio on July 7.

### This celebrity couple is enjoying a rejuvenating getaway together. What

### are some ways a getaway can help you bond as a couple?

#### Cupid's Advice:

Sometimes, all you and your partner need is a good vacation. Cupid has some reasons why a romantic vacation can help you and your partner bond:

1. Alone time: Do you and your partner never seem to get any time alone? A getaway is the perfection answer to this problem. Going on vacation with your beau will give you two time to get closer without the interruptions of family, friends and coworkers.

Related Link: <u>Celebrity News: Taylor Swift Holds Joe Alwyn</u> Close During Rare Hike in Malibu

2. Romantic atmosphere: Going on vacation to a beautiful island or city sets the perfect tone for you and your partner to heat up the passion. The naturally romantic atmosphere will help rejuvenate the love and infatuation you have for your partner.

Related Link: <u>Celebrity News: Taylor Swift & Joe Alwyn Dance</u>
<u>Together at Jingle Bell Ball</u>

**3. Make new memories:** A romantic getaway will provide you and your beau with plenty of new memories to reflect on for years to come. Fun adventures and excursions you two do together will be something you can always look back on and bond over together.

Have any more reasons why a vacation can help you and your partner bond? Comment below!

## Celebrity News: Taylor Swift Holds Joe Alwyn Close During Rare Hike in Malibu





By <u>Carly Horowitz</u>

In <u>celebrity news</u>, <u>Taylor Swift</u> was seen venturing on a beautiful hike in Malibu with her boo Joe Alwyn. This is exciting because this <u>celebrity couple</u> has not been publicly seen together since December! According to <u>EOnline.com</u>, a source revealed, "Taylor looked quite exhausted from the hike but she looked very close to Joe, holding on to his arm and holding hands. They seemed very at ease with each other and

relaxed." Swift and Alwyn have been stirring romance rumors about their <u>celebrity relationship</u> for about a year now. The duo has kept their relationship pretty private, and a source says that they are clearly very serious.

In celebrity news, Taylor Swift stepped out with her boyfriend Joe. What are some fun ways to spend a Saturday outdoors with your partner?

#### Cupid's Advice:

A great place to spend a nice date with your partner is in nature. It is so beautiful and is a chance to get in touch with the outdoors while creating precious bonding moments with the one you love. Here are some fun ideas on how to spend a day outside with your partner:

1. Picnic: Have a picnic in a park near you! Whip up some yummy sandwiches and some side salads and put them in a traditional picnic basket for you and your partner. Don't forget to bring a comfy blanket to put down on the grass so you and your partner can lounge, eat, and enjoy the outdoors together.

Related Link: Celebrity News: Taylor Swift & Joe Alwyn Dance
Together at Jingle Bell Ball

2. Beach day: Spend a Saturday with your partner at the beach! It doesn't matter if it's warm or cold out. If it is a little chilly, bundle up and cuddle up while you admire the wonderful waves crashing down on the shore. If it is a hot summer day, even better! Put on your favorite bathing suit and spend the day splashing around with your true love.

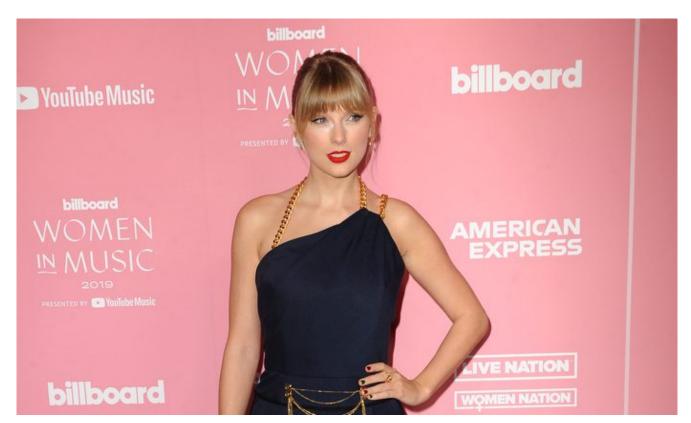
Related Link: <u>Celebrity Couple News: Taylor Swift & BF Joe</u>
Alwyn Go on Double Date with Blake Lively & Ryan Reynolds

3. Bike ride: An amazing idea to spend a whole day with your partner is to go for a bike ride around your town. Make a day out of it and bike to your favorite lunch spot. Sit down, enjoy, and then get back on your way to bike and work off some of the food you just ate! Bike all the way until the sun sets to make for a romantic end to your day.

What are some other outdoor dates to embark upon with your partner? Comment below!

Celebrity News: Taylor Swift's Ex Turned Her Into 'Quasimodo,' According to BFF Todrick Hall





By Karley Kemble

Taylor Swift is infamous for being dramatic about her exes. If 2017 has shown us anything, it's that Swift is tired of being defined by the media. From winning a defining court case as a victim of sexual assault, to releasing her sixth album, Swift's past reputation is slowly, but surely being forgotten. In the latest celebrity news, one of Swift's closest friend Todrick Hall has revealed some vulnerable details about her most recent celebrity ex, reports *EOnline.com*. According to Hall, Swift would "hunch over" at the mere mention of her ex's name — so he edited a photo of her to look like Quasimodo and told her, "You cannot turn into Quasimodo for this guy. Every time you say his name, you hunch over." Though her most recent relationship ended with a break-up, Hall said that his bestie is happier than ever with her current beau, Joe Alwyn.

### In celebrity news, even Taylor Swift fell victim to an unhealthy

### relationship. What are some ways to know you're in an unhealthy relationship?

#### Cupid's Advice:

Unhealthy relationships are emotionally draining, and it's best to end them before things worsen. If you think you might be in an unhealthy relationship, read these tips from Cupid:

1. They're too attached: Sure, it's normal to be a little clingy to your partner, but there is a line that must be drawn. Make sure you are aware of the differences between healthy attachment and emotional manipulation. Phrases like "I'll die if you ever break up with me" should never be taken lightly. Emotional manipulation is never, ever okay.

Related Link: Celebrity News: Taylor Swift & Joe Alwyn Dance
Together at Jingle Bell Ball

2. They constantly blame you: If your partner finds a way to spin every argument or disagreement you have and makes you feel like the bad guy, that is a telling sign of an unhealthy relationship. You are entitled to your feelings and opinions, and your partner should never invalidate you for being too sensitive or for overreacting. Beware of this if it arises.

Related Link: Relationship Advice: Getting Over a Grudge

3. You're changing for the wrong reasons: You and your partner should bring out the best in each other. Any changes you make in your life should always be because you want to — not because you think it's what your partner would want for you. It's cliché, but staying true to your core values is important, and you should never lose sight of that!

Have you or somebody close to you been in an unhealthy

### Celebrity News: Taylor Swift & Joe Alwyn Dance Together at Jingle Bell Ball





By <u>Karley Kemble</u>

After taking time out of the spotlight, <u>Taylor Swift</u> has had quite a public 2017! In the latest <u>celebrity news</u>, Swift and her current boyfriend, actor Joe Alwyn were spotted getting cozy at this year's Jingle Bell Ball in London. According to

<u>UsMagazine.com</u>, fans spotted the pair dancing, swaying, and sharing kisses during Ed Sheeran's set at the concert. Swift was a performer at the show, too, and sang some of her latest hits from her recent album *Reputation*. Sources have also reported Alwyn was seen dancing and singing while watching his girlfriend on stage! The <u>celebrity couple</u> has kept a lower profile than some of Swift's past romances, but it's likely they began dating earlier this year.

# In celebrity news, this sweet duo is keeping things romantic. What are some ways to keep the spark alive in your relationship?

#### Cupid's Advice:

Regardless if you have been with your partner for a matter of months or many years, it's important to keep the spark alive! If you're looking for different ideas to reignite the romance, Cupid has some tips for you:

1. Surprise each other: Never underestimate the power of a random surprise. Leave a cute note in the pocket of their jeans or in the glove box of their car. The more seemingly random your hiding spot is, the bigger the surprise will be!

Related Link: Celebrity Couple News: Taylor Swift & BF Joe Alwyn Go on Double Date with Blake Lively & Ryan Reynolds

2. Embrace spontaneity: We are creatures of habit, and it's easy to feel attached to routine. Your relationship should never feel like a chore! Instead of doing the same thing you always do, say "yes" to new experiences. Do something together that is totally out of your comfort zones because it will bring you two closer together. Spontaneity almost always leads to memorable moments, too!

Related Link: Celebrity Couple News: Find Out More About Taylor Swift and Joe Alwyn's Undercover Romance

3. Do things on your own: Now before you jump to conclusions, hear us out! Yes, this does sound counterproductive. How could spending time alone possibly bring you and your partner together? Perhaps your partner doesn't like the same things as you — that's okay. Think about this: allowing each other to spend time apart gives you more to talk about. What is better than seeing somebody you love talk about something they're passionate about?

How have you kept romance within your relationship? Let us know below!

# Celebrity Couple News: Taylor Swift & BF Joe Alwyn Go on Double Date with Blake Lively & Ryan Reynolds





By <u>Marissa Donovan</u>

Summer may be winding down soon, but things keep heating up between <u>Taylor Swift</u> and Joe Alwyn! According to <u>UsMagazine.com</u>, the two were spotted on a double date with <u>Blake Lively</u> and <u>Ryan Reynolds</u> in Rhode Island! The pop singer has been MIA posting about her love life on her social media accounts. Swift has been supporting her friends's new music on her Instagram. Hopefully the singer can release some of her new work soon!

Celebrity couple Blake and Ryan seem to enjoy the company of Taylor and Joe! What can you do if your friends do not support your relationship?

Cupid's Advice:

Friends can sometimes disapprove of your current relationship. They may have their reasons, but they could also change their minds. Here are some tips to help your friends accept and hopefully like your new romance:

1. Highlight the best parts of your relationship: Tell your friends the special moments of your relationship and how your partner makes you feel. Talking about how happy someone make you can affect how your partner is perceived. It will most likely allow your friends to warm up to them!

Related Link: Celebrity Couple News: Find Out More About Taylor Swift and Joe Alwyn's Undercover Romance

2. Find common ground: Find the shared interest that your partner and friends both have. Bring up the interest when they're both together or let your friends know that your partner also likes what they enjoy. Your friends can bond over the shared interest and maybe come to better terms with your partner!

Related Link: Celebrity News: Ryan Reynolds Gushes Over Blake Lively at Met Gala 2017

3. Spend more time together: Sometimes a little push is needed to help people get along. Try planning events together and see if your friends finally see how amazing they are. If your friends continue to not approve of your relationship, try reevaluating who you really want to keep close in your life.

What other celebrity couple could Taylor and Joe be spending time with? Let us know in the comments!

# Celebrity Couple News: Find Out More About Taylor Swift and Joe Alwyn's Undercover Romance





By Melissa Lee

Even after <u>EOnline.com</u> learned about their <u>celebrity</u> <u>relationship</u> in May, <u>celebrity couple</u> <u>Taylor Swift</u> and Joe Alwyn have continued to keep their relationship on the down low. The pair have been quite secretive about their visits, especially after Swift's extremely public past relationships. Swift has reportedly been in London with Alwyn, a 26-year-old British film and theater actor, over the past few weeks.

This new celebrity couple is definitely keeping things under wraps. What are some benefits to keep your relationship on the downlow at first?

#### Cupid's Advice:

New relationships can be super fun, but sometimes it's nicer to keep those moments private. Cupid has some advice on why it can be beneficial to stay quiet at first:

1. There's minimal pressure: When you keep your relationship private for a bit, pressures from your friends and family won't be as common. Your mom won't be constantly asking when she can meet your partner, and sometimes those low-key nights in seem a bit more fun than going out with all of their friends!

Related Link: New Celebrity Couple: Taylor Swift Is Dating British Actor Joe Alwyn

2. Say goodbye to negativity: By posting about your relationship on social media, everyone will see your new significant other — and let's face it, not everybody will be happy for you. When your relationship is on the down-low, you don't have to worry about people's negative comments bringing you down.

Related Link: <u>Celebrity Break-Ups: Taylor Swift's Ex Calvin</u> <u>Harris is Collaborating with Her Nemesis Katy Perry</u>

**3. Oversharing won't be a problem:** Relationships are usually only meant for the two people involved. If your relationship becomes public after constantly posting about it, oversharing can become a fast issue. Special dates or moments may get

ruined after you share it with all 500 of your "closest friends".

What are some of your reasons to keeping your relationship quiet at first? Share your thoughts below.

### New Celebrity Couple: Taylor Swift Is Dating British Actor Joe Alwyn





By Cortney Moore

Taylor Swift is no stranger to celebrity news tabloids when it comes to relationships. The 27-year-old blonde bombshell surprised fans however with her most recent love affair with British actor Joe Alwyn. According to reports from TheSun.co.uk, this celebrity couple has been seeing each other for months now. "Taylor and Joe are the real deal, this is a very serious relationship," an insider told The Sun. Why did Swift keep such a low profile with her new beau? "After what happened with Tom Hiddleston, they were determined to keep it quiet," the inside source explains. Not only is this celebrity couple in love, but they've also gotten cozy while Swift has been renting a house in North London. Talk about commitment!

# Tay is now part of a celebrity couple again! What are some ways to know you're ready for a new relationship?

#### Cupid's Advice:

Dating isn't easy, this is especially true when heartbreak is involved. Everyone deals with break-ups differently, but sometimes it's tricky to put yourself out there after ending a relationship. For those questioning their next steps, let Cupid help you figure out if you should start dating again:

1. Bitterness is gone: You're ready to date again when you're no longer listening to sad love songs and getting hit with flashbacks. Having memories of your ex is fine, but if they're plagued with strong emotions you're simply not over them yet. You don't need to carry those sentiments into another relationship, so wait until your bitterness has passed before pursuing anything new.

Related Link: Celebrity Break-Ups: Taylor Swift's Ex Calvin

#### Harris is Collaborating with Her Nemesis Katy Perry

2. You want to have fun: Sure, you can have a grieving period over your broken relationship, but staying home and being miserable gets old quick. If you're open to adding spontaneity and excitement into your life, then a new relationship might be just what you need. People who know how to have fun have better luck attracting partners with positive energy. It's also okay to just go with the flow and date someone for enjoyment.

Related Link: <u>Celebrity Exes: Harry Styles Talks Past Romance</u> with <u>Taylor Swift</u>

3. Feel available: Before you attempt to date again, you have to ask yourself if you're ready to open yourself emotionally. Will you be able to have deep conversations or share your fears with a potential partner? Not having the ability to open up or trust are qualities that will surely hurt your future relationships. Aside from sharing your feelings, you need to make sure you'll be able to dedicate time to dating. You can't form a meaningful bond if you're only committed to yourself.

How did you figure out you were ready to date again after a break-up? Share your tips and tricks in the comments below.