

# Find Out the Duggar Family's 5 Rules for Relationships and Love



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In the [latest celebrity news](#), another one of the Duggar children, Jessa, got engaged to Ben Seewald this past week. [People.com](#) put together an article summarizing some of the major relationship and love rules that the Duggar family has. The top five are: set boundaries; court, don't date; save the physical relationship for marriage; ask (lots of) questions; and have a weekly date. The soon-to-be married celebrity couple has obviously benefited from the Duggar family's two-cents, so this wholesome love advice is something for the books!

# What are some important pieces of love advice for all couples to remember?

## Cupid's Advice:

When it comes to relationships and love, many people have their own rules and requirements, but there are a few rules that should be followed in *every* romantic partnership. What are they? Cupid has some love advice:

**1. Make your relationship top priority:** This rule goes for both parties. If one person is putting in 80 percent of the effort, they will become exhausted, and the relationship won't go anywhere. If you're truly committed, make sure that the other person comes first.

**Related Link:** [5 Reasons Why You Should Date Someone Who's Older Than You](#)

**2. Honesty is always the best policy:** If you feel like you can't be honest with your partner, it's probably best that you two go your separate ways. Trust is the biggest thing in a relationship, and you can't have trust without honesty. It's important that you feel like you can be open at all times with your partner.

**Related Link:** [On-Again, Off-Again: Celebrity Couples Who Can't Make Up Their Minds](#)

**3. Think of the big picture:** Remember what is most important in your relationship and pick your battles carefully. Romances aren't perfect, so let go of the smaller issues and remind yourself every day why you selected to be with your partner.

**What is your best piece of love advice? Share in the comments**

below!

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# 19 Kids & Counting: The Duggar Family Welcomes Baby Josie Home



[People](#) reported Friday that Josie Duggar, the latest addition born to Michelle and Jim Bob Duggar of the reality show *19 Kids and Counting*, was finally brought home. Their 19th daughter entered the world during Michelle's 25th week of pregnancy, and Josie has spent the last six months in neonatal intensive care. Healthy and finally home in Tontitown, Ark.,

Josie weighs 9 lbs., 1 oz. The TLC reality show chronicles this family's daily routine, and the Duggar's have easily added Josie to the mix.

## **How do you run an efficient household?**

### **Cupid's Advice:**

Managing a family's busy schedule is never easy, especially with a family as large as the Duggar's. See what Cupid has to say about running a tight ship, regardless of your family's size:

- 1. Schedule, schedule, schedule:** Whether you have one child or 19, you need to manage your time more effectively than when you didn't have a family. Always leave room for the unexpected.
- 2. Involve everyone:** When your family expands into multiple children, time disappears right before your eyes. Delegate tasks to your partner and older kids. Get everyone in the routine of pitching in, and before long, it will become a natural thing!
- 3. Breathe:** When you feel the stress of managing a busy life, give yourself a little breathing room – even if it means letting the dishes sit for an extra five minutes!