

Celebrity Break-Up: Jessie J Posts About 'Unhealthy Love' After Channing Tatum Split



By Nicole

Maher

In the latest [celebrity news](#), Jessie J revealed details about her relationship with Channing Tatum after their split, referring to the relationship as “unhealthy love.” According to *UsMagazine.com*, the singer made reference to her relationship with Tatum on her Instagram Story when she included a quote about avoiding relationship timelines and emphasized falling in love at any age. The [celebrity couple](#) dated on-and-off for the past two years before officially announcing their [celebrity break-up](#) earlier this year.

In celebrity break-up news, Jessie J is seemingly speaking out about her unhealthy relationship with Channing Tatum. What are some tell-tale signs that you're in an unhealthy relationship?

Cupid's Advice:

1. There's no compromise: One of the most important aspects of a relationship is the willingness to compromise. It is likely that you and your partner will not agree on everything, but when both people are willing to compromise in different ways, it allows for healthy communication and an overall healthy relationship. However, if your partner is not compromising in any way and you are constantly forced to follow their decisions, you are in an unhealthy relationship.

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2. Other areas of your life are impacted: Unhealthy relationships can cause a great deal of stress and frustration when you are around your partner, but these feelings can also spread into other areas of your life. If you feel yourself getting frustrated with your other friends or work environment but are unsure why, it may be stemming from stress that started in your relationship.

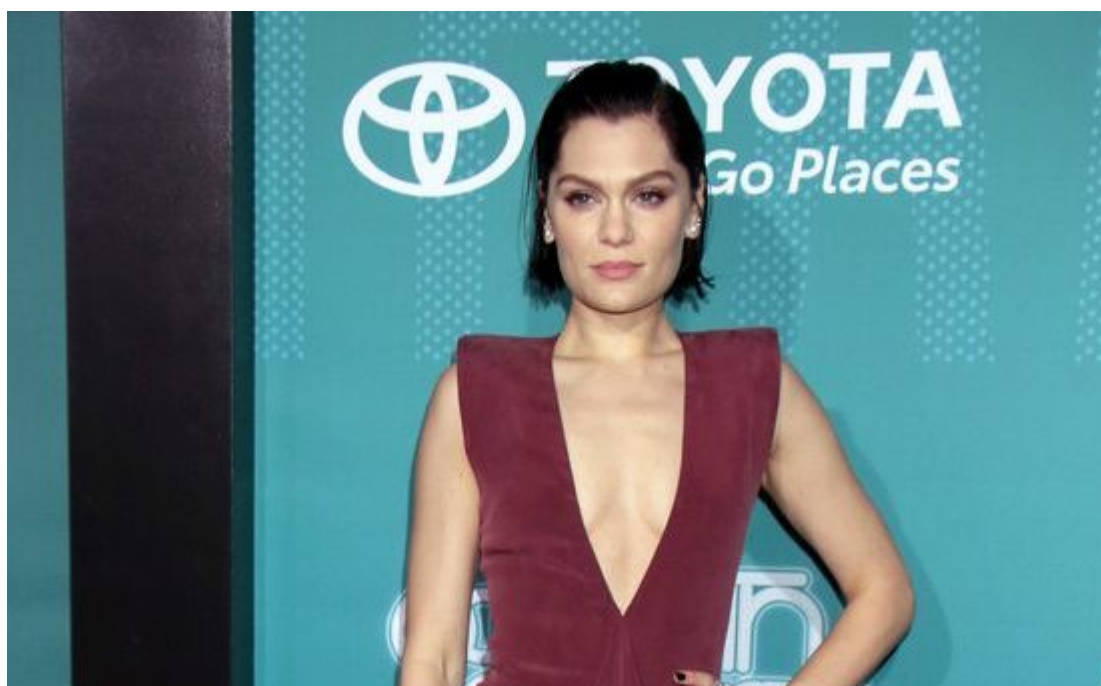
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3. You feel worse about yourself: The person you are in a relationship with should never leave you questioning your own worth or how much they care about you. While nearly every

relationship goes through a rough patch, there should never be a time where your partner makes you feel like less of a person. This willingness to put you down shows a lack of overall respect and is likely a sign of unhealthy love.

What are some other tell-tale signs you're in an unhealthy relationship? Start a conversation in the comments below.

Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split



By [Hope](#)

[Ankney](#)

In the latest [celebrity news](#), Jessie J. wished [Channing Tatum](#) a happy birthday over the weekend. Just weeks after these [celebrity exes](#) called it quits, *EOnline.com* states that the “Domino” singer took to social media to give Tatum a big 40th birthday shout-out. “Happy 40th birthday to this special man right here,” Jessie wrote alongside a photo of Channing in the water. “I am so grateful you were born, and even more grateful that we met.” She even shared a video of him in the water with the caption, “Keep living your BEST life.”

These celebrity exes seem to be taking the high road. What are some benefits to keeping a civil relationship with your ex?

Cupid’s Advice:

Everyone knows how difficult it can be to stay on good terms with an ex. It’s possible, but it can take a while to get to a point where you’re both balanced enough to have some sort of friendship outside of the relationship. If you’re figuring out the pros and cons of taking the high road with an ex, don’t worry. Cupid has some [love advice](#) on the benefits that staying civil with your ex can bring:

1. Someone to confide in: No one else was apart of the relationship other than your ex. So, if you’re having a difficult time healing or moving on in other relationships, they can be the perfect person to confide in. They know parts of you no one else does, and that can be very beneficial in the long run.

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2. Beneficial for the kids: If you and your ex have children together, it is very good to try and keep a civil relationship with their other parent. It can be difficult enough to split your kids up between the two of you, but it will be a lot better for everyone if you're able to still act as that family unit around your children.

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3. The work environment: Sometimes, you find that splitting up can be sticky for more reasons than one. If you both work around each other, the work environment can get awkward and tense real quick. If you're able to find a common ground to stand on with an ex, it can make both of your work spaces that much more bearable. Trust me, your coworkers will thank you.

What are the benefits you've found while staying civil with your ex? Let us know down below!

Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce





By [Ivana](#)

[Jarmon](#)

In [celebrity news](#), [celebrity exes Channing Tatum](#) and Jenna Dewan reunited on Halloween to trick-or-treat with their daughter Everly. Tatum documented the short reconciliation on his Instagram, snapping selfies of himself dressed as Genie from Aladdin, Dewan dressed as Cleopatra. Tatum and Dewan announced in April of this year they were separating after eight years of marriage. On October 22, Dewan filed for divorce. Tatum has been dating Jessie J for a couple of months. Dewan has also moved and is now dating Steve Kazez, *UsMagazine.com* reports.

These celebrity exes are still friends and co-parents. What are some ways to keep things civil during a divorce?

Cupid's Advice:

Divorce is a literal death of a marriage and is an emotional and stressful ride. Cupid has some ways to keep things civil

during a divorce:

1. Communication through a neutral party: A divorce unleashes a flood of emotions including grief, anxiety, fear, anger, and pain. A response like this is normal, over time the intensity of your feelings will subside. To avoid a yelling and screaming match try seeking a trusted friend, family member or therapist who can help you communicate.

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2. Focus on the future: Talking about why you broke up or who's to blame will not solve anything. Try avoiding these conversations with your soon to be ex. Keep your discussions focused on there here and now. Such as what needs to be done, and if there are children, focus on their needs and schedules.

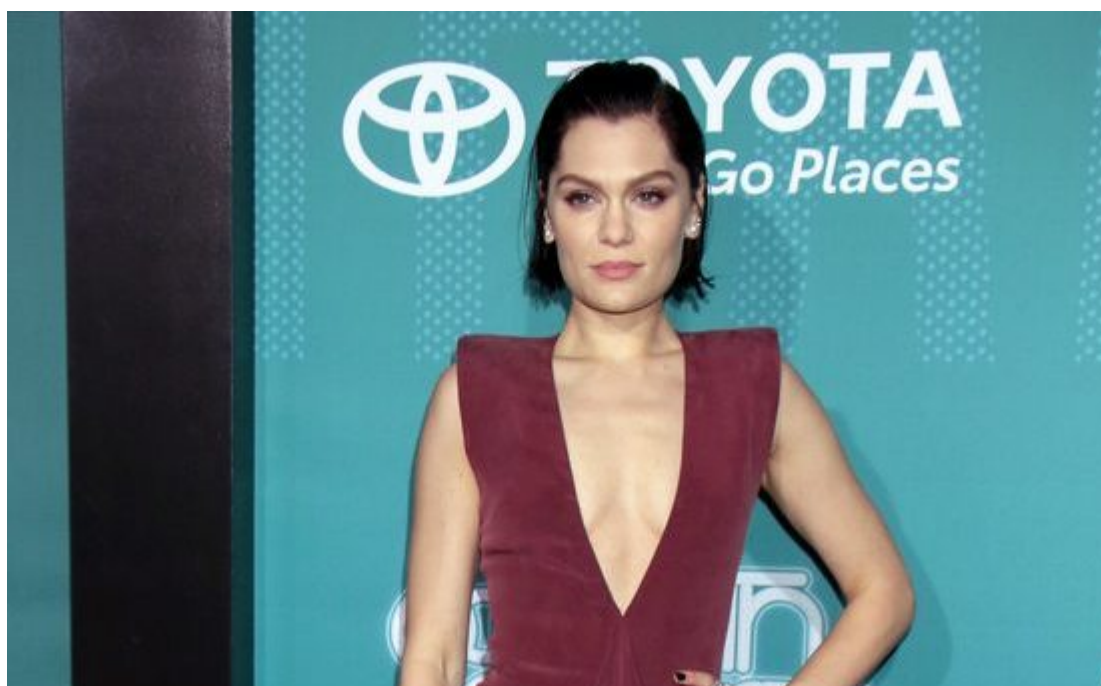
Related Link: [Celebrity Couple News: Find Out Why Kyle Jenner & Travis Scott Might Be Ready for Marriage](#)

3. Remember the good times: Remember that you loved each other very much at one point—and just because your divorcing it doesn't mean that love goes away. This will make it easier to be co-parent if there are children involved. Maintaining that love and respect for each other will guide you on a better path.

What are some ways to keep things civil during a divorce? Share your thoughts below.

New Celebrity Couple:

Channing Tatum Is Dating Jessie J Post-Divorce From Jenna Dewan



By [Ivana](#)

[Jarmon](#)

There's a new [celebrity couple](#) in town! In celebrity news, [Channing Tatum](#) and Jessie J are dating, according to *UsMagazine.com*. The new couple have been seeing each other for months, sources can confirm. Channing was spotted at a recent concert of the singer; the couple was also seen playing mini golf at a local course in Seattle. A source said, "It's new, casual and they're having fun." Tatum recently ended his nine year marriage to Jenna Dewan, and the [celebrity exes](#) have a 5-year-old daughter together.

New celebrity couple alert: Channing Tatum is moving on. What are some ways to move on in a way that doesn't hurt your ex?

Cupid's Advice:

Hurting your ex is one of the last things you want to do if you still care for them. Cupid has some tips on some ways you can move on that doesn't hurt your ex:

1. Talk to your ex: If you still love your ex and don't want to hurt them with your actions. Just talk to them. Let them know that you're moving on, and that you hope they will be ok. If they love you as much as you love them, then they will want you to be happy.

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2. Reevaluate yourself: Check in with yourself to see how much time and effort you're willing to spend on someone you're no longer dating.

Related Link: [Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck](#)

3. Be realistic: There is no such thing as, not hurting your ex. You aren't together anymore, so both of you are bound to move on. You can't constantly look out for their feelings, because they will still be hurt. Ask yourself will you look out for your exes' feelings with each and every relationship you move onto? Will you tell that ex that you're having a new baby with your new partner to? Let them feel their pain and move on.

What are tips on ways you can move on that doesn't hurt your ex? Share your thoughts below.