

Wedding Bells for Nick Lachey and Vanessa Minnillo



It's about time! [People](#) reports that Nick Lachey has finally popped the question to longtime girlfriend Vanessa Minnillo last week near a beach in California. Nick Lachey took to Twitter to confirm the happy news. He tweeted, "Hey all. If anyone's heard the rumors of my engagement, they are absolutely true! Vanessa and I couldn't be happier. Thanks for all the love." Nick Lachey, 36, and Vanessa Minnillo, 29, have been dating since 2006 and the bride-to-be has been recently needling her beau about marriage. Last year Vanessa Minnillo said, "Once again it looks as if I'm always the bridesmaid but never the bride." Sounds like Nick Lachey got the hint when he sealed the deal with an Asscher-cut diamond flanked with trapezoids from Bader & Garrin, according to a

source. This is Lachey's second marriage, after divorcing from first wife Jessica Simpson in 2005.

How long should you date before getting married?

Cupid's Advice:

It's important not to rush marriage, but you also don't want to wait too long, as Vanessa Minnillo will attest! Cupid has some suggestions on what is the right amount of time to date before tying the knot:

1. Four seasons: While each couple is different, in general it's good to know someone for about a year, or all four seasons, before you make a commitment. It will give you a chance to get to know each other past the honeymoon period of the relationship.

2. Life experiences: Perhaps more important than the amount of time you've known each other are the experiences you have been through as a couple. If you've met each other's families, seen each other at your best and worst, and survived at least one major crisis together, you're probably ready.

3. Love at first sight: Some may wonder, when you meet someone and immediately know that they're "the one," why wait to get married? While the idea is romantic, your chances of longevity decrease the quicker you jump into marriage. If you're so sure you want to spend the rest of your life together, what difference will a few more months make?

Jessica Simpson Runs Into Ex Nick Lachey



What happens when you run into your ex with his new girlfriend while you're on a date with your new boyfriend? Well, Jessica Simpson and beau Eric Johnson found out over the weekend when they ran into Simpson's ex, Nick Lachey. When asked about the incident by [USA Today](#), the singer said, "He was at the same restaurant. I didn't speak to him." But apparently she was much more willing to talk when asked about her current relationship with Johnson, according to [Us Weekly](#). "He definitely makes me very happy," she said. "He brings out a lot of light in me and makes me very comfortable being who I am. It's nice to be with somebody who praises you for the right reasons." Is that a Nick Lachey burn? We'll never know for sure. **How should you handle your first sighting of an ex**

post-breakup?

Cupid's Advice:

It's always awkward when you run into your ex for the first time after you've broken off your relationship, but there are right and wrong ways to deal with it. Cupid has some suggestions:

1. Act casual: There's no need to bring drama into the picture. Even though you may be feeling turmoil on the inside, keep it bottled up for the time being. Although they say keeping your feelings inside can sometimes be a bad thing, it's okay if you let it out in a different venue later on – away from your ex.

2. Be civil: Again, there's no reason to carry the reasons you broke up into your first meeting after your split. Your relationship is over, and it's time to move on. Why re-hash old arguments when you can just keep it civil, and shrug it all off?

3. Keep it short: Don't prolong your first meeting post-breakup. If you happen to end up at the same location as your ex and there's no way to avoid each other's presence, deal with it briefly. The longer you confront your ex-partner, the more awkward you will feel and the more likely you may say something you'll regret later.

Jessica Simpson Declares Her

Love



Jessica Simpson is smitten with her longtime beau, football player Eric Johnson. The singer recently told [People](#) of her Thanksgiving plans with Johnson, saying, “...We’re all gonna be in New York. I’m gonna be on a [Macy’s parade] float. It’s not always the best way to spend a Thanksgiving, but it’s a great way to celebrate.” The couple started dating in May, and their relationship seems to be getting very serious.

“He’s the one for me right now! I’m very happy, I’m in a great place and if right now could last forever, I’d take it.” Simpson says Johnson is extremely supportive. “He went and got a sweater and a bowtie to try to lift my spirits because I [had] been working extremely hard. I laughed my butt off!” she recalls. “I couldn’t ask for a better man in my life right now.” **What are some romantic/unique ways to make your partner laugh?**

Cupid's Advice:

Whether it be stress, routine, or boredom, a good laugh can solve a good many relationship problems. Here are a few ways to get a laugh:

1. Sing together: Try karaoke, or burst into song. The worse your voice is, the funnier you will be. Print out lyrics to an Adam Sandler song, and unleash your vocal prowess! Your neighbors may be in agony, but at least you and your beau will have fun!

2. Be brave: Consult Eric Johnson's play book, and be brave. Grab a funny outfit, and wear it in public. A sweater vest and a bowtie may make others look at you strangely, but your mate will find it hilarious.

3. Movies: If you're the worst comedian on the planet, grab your Blockbuster card. Rent a few funny movies, and spend the night watching them. You and your partner are sure to share a few laughs.

Jessica Simpson Thrilled With Beau Eric Johnson





Price of Beauty star Jessica Simpson feels she has finally struck gold with her [new beau](#), ex-NFL player Eric Johnson. Simpson and Johnson started dating nearly twelve weeks ago. Since then, the couple has been taking it slow, but things seem promising, and Simpson is glowing, reports [Us Weekly](#). “I met a wonderful man,” said Simpson on her twitter account. “Damn I’m lucky!” The relationship also has Simpson’s family excited. Little sis Ashlee Simpson-Wentz said, “She is happy, so we are all really happy. Her happiness is the most important thing to me.” **How do you know when you’ve found “the one”?**

Cupid’s Advice:

- 1. You can talk (or sit in silence) for hours:** While ample conversation will make for easy communication in later life, easy-going silence is a tell-tale sign of whether or not you’ve found the one. Comfortable silence shows that you are truly compatible together.
- 2. Similar goals:** When you both have the same goals in life (like a house in the suburbs or a life full of traveling), it

is easier and more likely to be a lasting couple. Love is only half the battle.

3. Unmatched feelings: You can honestly say that you have never felt the same way before. You appreciate your beau for all of his flaws, and can't wait to spend time with him. You lose sense of all logic and reason.

Jessica Simpson & Eric Johnson Make Out in Public



Performer Jessica Simpson was spotted smooching new beau Eric

Johnson on a yacht Saturday, where they celebrated Simpson's 30th birthday. According to [US Weekly](#), the couple was seen kissing and cuddling all over Capri during their PDA-filled weekend in Italy. The two have dated since May, but have only recently been open to the public about their relationship.

PDA: How much is too much?

Cupid's Advice:

Public displays of affection can be a sweet way to tell the world you're in love, but too much can make you seem insecure, or even rude. Here are some tips you should keep in mind when you're out in the open:

- 1. Be aware of where you are:** Where you are can be a key factor. If you're at a club or a crowded rock concert, you'll most likely leave without anyone noticing. But if you're at a family function with your significant other's parents, tone it down – several notches at best.
 - 2. Are you both comfortable?** Some people don't like PDA at all. Do you feel your partner pulling away every time you lean in? Chances are, he or she isn't into it, or may be embarrassed. Everyone's different; find out what your partner's boundaries are.
 - 3. Remember who you're with:** It's one thing to make out on a park bench around complete strangers, but it's a different story when you do it at the movies or while dining with friends. Be sure you're not making anyone else feel uncomfortable.
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Jessica Simpson Dating Eric Johnson



Performer Jessica Simpson, currently on VH1's *The Price of Beauty*, has been seen around town with new beau, Eric Johnson (former NFL player), according to a weekend post from [TMZ](#). Johnson recently retired from his career, and filed for divorce from his wife in February.

Are you choosing the right mate?

Cupid's Advice:

Many people stick to the same type when dating, but never seem to find their perfect match. Read how Cupid can help break up your routine and find new avenues for love.

1. Make a new list: When you find yourself alone – again – because the people you date aren't what you'd hoped, it's time to throw away your list of requirements. Start fresh with new criteria that wasn't on your list.

2. Check out different places: If you normally go to clubs or bars, try taking a class at a local dance studio, or join a writing club. Sign up for something you're passionate about. Not only do you have the chance to meet potential partners with similar interests as you, but you might also make new friends along the way.

3. Talk to your friends: A great way to change up your dating patterns is to check in with your pals that are happily coupled up. Ask what they did differently, and try out their technique.