

# Celebrity News: Melania Trump Is 'Very, Very Unhappy with Her Life'



By

[Jessica Gomez](#)

In [celebrity news](#), Melania Trump is living in an unhappy marriage to President Donald Trump, according to a source. It seems the [celebrity couple](#) has been going through a rough patch recently due to Trump's alleged affairs coming to light. Playboy model Karen McDougal and adult film star Stormy Daniels (also known by her real name Stephanie Clifford) both came forward about their affairs with the President. According to [UsMagazine.com](#), Stephanie Grisham, a spokesperson for the first lady, said that after all of the drama, Melania "is focused on being a mom and is quite enjoying spring break at Mar-a-Lago while working on future projects." But behind

closed doors, Melania is apparently feeling the heat because “all eyes are on her relationship with her husband. It’s not an easy time for her,” according to Grisham. Are we sensing a celebrity divorce coming, or is Melania Trump going to tough it out? We’ll keep you posted!

## **In celebrity news, it looks like the First Lady isn’t very happy with her life at the moment. What are some ways to communicate that you are unhappy to your partner?**

### **Cupid’s Advice:**

Effective communication is essential in all relationships. When you’re unhappy, you must talk to your partner in order for you both to move forward. Cupid has some [relationship advice](#):

**1. Speak in person:** Do not talk about something this serious over text message or on the phone. If you have no other choice, then talk on the phone. The reason why speaking in person is better is not only because it’s intimate, but also because you get to see their face while hearing their tone at the same time. Speaking on the phone, and texting especially, can cause miscommunication.

**Related Link:** [Bella Thorne & Patrick Schwarzenegger Dish on Relationship Deal Breakers](#)

**2. Choose the right time and go for it:** Don’t beat around the bush. You have to say how you feel, and try to choose the right time. A time when neither of you are in a bad mood works best because the conversation will most likely be productive. Also, you have to make sure that there is enough time to have

a discussion. When it comes to a problem like being unhappy, that is no 10-minute conversation.

**Related Link:** [Drew Barrymore Says She Was In a 'Very Dark and Fearful Place' After Divorce](#)

**3. Don't sugar coat:** You have to be straight up if you intend on getting anywhere. If you try to make things nicer and sweeter than they really are, you'll just be misleading your partner. You need them to understand exactly how you feel if there's going to be any chance of you both fixing the issue at hand. Don't be aggressive and mean either. Just find a good in between and go for it. Don't be scared or shy.

**What are some ways you communicate with your partner about a difficult matter? Share below!**

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**Date Idea: Enjoy a Non-Traditional Christmas**





By

[Jessica Gomez](#) and Kristin Mattern

Do something different for your date this weekend and celebrate the Christmas time by breaking free from the moldy old traditions. We've got some nice dating advice! Don't get us wrong, traditions can be great. However, sometimes, we want to do something out of the usual. Instead of mindlessly watching Christmas movies like *Rudolph the Red Nosed Reindeer* with your dearest for the eighty-billionth time, get a little creepy this Christmas and watch films like *The Nightmare Before Christmas*. Get inspired with your sweetie to decorate your place in a non-traditional way and invite your friends over for this eerie NOEL!

**Here are some indoor [date ideas](#) that will allow you to embrace the Christmas spirit, but also allow you to do something different:**

Time to break free from conventions this Christmas and have a ghoulish good time!

**Get scary:** Take a tip from Tim Burton and incorporate the undead into your uncommon Yuletide celebration. Get cooking with your cutie and make cut out cookies to decorate for Santa. To put a twist on this tradition, decorate the cookies to resemble zombies or skeleton figures. Feel free to use Christmas colors like red, green, and white! Santa will be sure to appreciate your patchwork teddy bears and possessed angels. The two of you should also make a graveyard cake and write the reindeer or elf names on the headstones. Build a ghoulish gingerbread house complete with ghosts, broken tiled roof and dripping gumdrops. Stir up some romance as you mix Halloween-themed goodies with Christmas ones. Now that's out of the ordinary!

**Related Link:** [Date Idea: Create Magic in Your Relationship](#)

**Make your own Christmas stockings together:** Keep the creative juices flowing as you and your honey make Christmas stockings to hang by the fire. Rather than use ordinary red stockings, buy black or gold stockings to decorate. Using fabric glue, glitter, bows, and any other decorations you can think of. Make each other special stockings complete with ripped ribbons, sparkling spider webs, and tattered toys. This keepsake is sure to bring back fun-loving memories for years to come.

**Related Link:** [Date Idea: Couple Up with Game Night](#)

**Throw a Christmas party with a spooky twist:** Now that you're brimming with treats and devilishly delightful décor, invite your friends over for a freaky Christmas costume party. Tell everyone to use *The Nightmare Before Christmas* as their inspiration, or help your guests a bit by having blank masks ready for everyone to decorate when they get to your place. Play a mixture of Christmas carols, Halloween music, and some intense classical music (Beethoven, perhaps?) to get everyone in the mood. Pretend you and your love are Jack and Sally as you dance the night away celebrating Christmas in a



new and innovative way!

Have you ever had a non-traditional Christmas? Tell us all about it below!

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# Food Trend: Yummiest Low-Calorie Desserts, And They're Vegan!



By [Jes](#)

[sica Gomez](#)

The hardest part of dieting for many of us is the process of giving up the unhealthy deliciousness we love! However, there are ways to get around this! Instead of cutting out all

sweets, go for low-calorie ones. Our favorite stars do it! They fit scrumptious desserts into their celebrity diet while keeping their calorie intake low, and still have that great celebrity body. So, we want in! Be ready to indulge in healthy deliciousness.

## Check out the latest food trend in the form of some of the most mouth-watering low-calorie vegan desserts out there!:

The following recipes are to die for, and they're both vegan and healthy (as far as desserts go, anyway)!

**[Peanut Butter Pie](#)**: Do you love peanut butter? Do you love pie? Then you're gonna love this. Annie, a weight-loss expert, Holistic Health Coach, and PhD student at UT Austin, believes this is one of her best baked goods yet! This has a serving size of eight, and only contains about 62 calories per serving!

**[Skinny Chocolate Milkshake](#)**: Do you love chocolate? Do you love shakes? Well, we have a treat for you that's only 49 calories! Say what?! It's also gluten and sugar free, with low carbs. This is a flavorful drink with the thickness that matches a "regular shake." Also made by Annie, it's just a healthy piece of deliciousness.

**Related Link:** [Celebrity Chef Recipes to Help You Eat Healthy This Year](#)

**[Dark Chocolate Cherry Bark](#)**: Do you like a nutty dessert? A fruity one? Alyssa Shelasky of *Apron Anxiety* and *New York Magazine's Grub Street*, created a combination of both! And it's only 95 calories per serving! Learn how to make it on the site by clicking the link above. Once there, scroll down, as

it's the fifth recipe. This seems new and exciting!

**Mini Vegan Strawberry Cheesecakes:** Do you love strawberry? Do you love cheesecakes? Then here is a mini treat made up of only 10 -calories! Jenny Sugar from *Popsugar* states that these are easy to make. Enjoy this creamy, fruity treat. They're also very cute, so save them for yourself or bring them out during a party or get-together.

**Related Link:** [Food Trend: Meal Ideas On the Go](#)

**Coconut Macaroons:** Do you love coconut? How about macaroons? These are gluten-free, and are only 30 calories per serving! They're on the dry side, as well, making them safer to pop in your mouth without worrying about an excessive amount of calories. Katie, proud healthy dessert blogger, loves chocolate, and believes "in eating dessert every single day." With that being said, we should definitely trust what she's talking about when it comes to these macaroons.

**Which of these are you excited to try? Share below!**

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## **Expert Marriage Advice: Your Choice of Mate Can Make or Break Your Career**







By

Rachel Pace

Choosing a mate is one of the biggest choices you'll ever make. When you decided to marry your partner you probably never thought that this choice could make or break your career. It may sound extreme, but studies from Washington University in St. Louis show that your spouse's personality, namely a conscientious mate, may have a direct influence on how successful your career is. The same traits that you love in your marriage may help you professionally down the line. Choosing a wife who is supportive or a husband who encourages you to do your best can make all the difference in your success. So, choose carefully!

**Here is some of the best [marriage advice](#) for your professional and romantic future. These are the top personality traits to look out for**

# when picking your life partner:

**1. LOOK FOR... A Supportive Spouse:** When choosing a mate, you weren't likely thinking about how their personality might affect your future career. After all, getting married is all about the initial physical attraction, following emotional attraction, and a strong love.

If you want someone who will be good for your career, follow this marriage advice: create a support system. This means you and your partner listen to one another, offer help, pay attention to your spouse's needs, laugh together, show love, patience, and always as a team. If you have a healthy support system at home you know that your partner will always be rooting for you through the good times and is ready to be your shoulder to lean on during the hard days.

**2. AVOID... Jealousy:** Marriage advice regarding jealousy usually goes a little something like this: "Jealousy is damaging to your marriage on a good day." A level of healthy jealousy regarding someone moving in on your spouse is normal. It is when jealousy moves into the realms of anxiety and control that it becomes damaging.

Telltale signs that your spouse is jealous of your career include the following: speaking negatively about your job, trying to hold you back from advancing in work, and not showing any interest in your day. Career jealousy can happen for all sorts of reasons. Perhaps your spouse feels stuck in their own profession or wishes they had more time with you. Regardless of their reasoning, a jealous spouse can hold you back from advancing in your professional life.

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**3. LOOK FOR... A Conscientious Mate:** A conscientious mate is

someone who takes great care and puts effort in whatever they do and are guided by a strong sense of right and wrong. A conscientious mate, for example, would tidy up the house without being asked. These scrupulous partners are great for both your marriage, your career, and your health. In fact, a 2009 study by the University of Illinois suggests that women who are paired with a conscientious husband experience added benefits to their health. In the 2014 study "The Role of Active Assortment in Spousal Similarity" research found that women typically listed traits such as conscientiousness and agreeableness higher in the desired partner than men did. The statistic mentioned at the onset, researched by Washington University in St. Louis, followed 5,000 married couples and looked at their measures of income, job satisfaction, and the likelihood of getting promoted.

The research found that those with conscientious spouses increased their chances of higher pay, increased job satisfaction, and were more likely to be promoted. Why? A conscientious mate knows how to take care of things. They do what needs to be done to care for your children, your home, and their own professional pursuits. They do this without being asked and likely without complaint. This personality trait allows you to focus your energy and attention on work pursuits. It also allows you to recharge and relax in your downtime. This is beneficial since the more you're able to wind-down at home, the happier you will be. This good attitude then positively affects both your work capabilities and your marriage.

**4. AVOID... Narcissism:** You've likely met a few narcissists in your life. Hopefully, you aren't married to one. Named for Narcissus, a man who fell in love with himself and drowned in a pool of water trying to catch his own reflection, narcissism is not a quality you want in your mate. Especially if you want them to support your career goals.

Narcissism is marked by a person lacking empathy, quick to

jealousy, a strong sense of entitlement, preoccupied with one's self and also their appearance, and a strong need for excessive admiration. This person believes they are special and deserve to be the center of attention. Research from the National Center for Biotechnology Information suggests that those married to a narcissistic partner will experience a decline in relationship satisfaction over time. Needless to say, a person with a narcissistic personality will not be interested in showing you and your career moves a wide array of support.

**Related Link:** [Expert Dating Advice: How to Handle Heartbreak](#)

**5. AIM FOR... A balance in your Work-Life:** Striking that perfect work-life balance is essential for maintaining a happy home while you pursue your career goals. When you come home, remember to leave work at the office. Your time at home is meant to be spent with your spouse, connecting, talking, and enjoying one another's company. Not answering work emails.

It's also important for you to show your partner that they are your number one priority. Even the most conscientious husband or wife can still feel left out if you've been focusing too heavily on your work. One way you can do this is by unplugging from your smart devices when you are home with your spouse. Listen when they speak, and make an effort to have a regular date night with one another. Taking care of your own needs and desires is also important for a healthy work-life balance.

Choosing a mate is important. If you want to be successful in your career and in your marriage, choose your partner carefully. Look for a partner who is not jealous, who shows patience, empathy, and is conscientious. In return, make sure you are doing your best to create a work-life balance that contributes to a happy marriage.

*Rachael Pace is a relationship expert with years of experience in training and helping couples. She has helped countless*

*individuals and organizations around the world, offering effective and efficient solutions for healthy and successful relationships. She is a featured writer for [Marriage.com](https://www.marriage.com), a reliable resource to support healthy happy marriages.*

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## Celebrity News: Bella Thorne & Patrick Schwarzenegger Dish on Relationship Deal Breakers



By

[Jessica Gomez](#)

In [celebrity news](#), Bella Thorne and Patrick Schwarzenegger shared their thoughts on what makes and breaks a relationship,

and it's good advice! Thorne and Schwarzenegger, who star in *Midnight Sun* which premiered on Friday, opened up about how their first crushes were the ones that taught them about their relationship wants and deal breakers. According to [UsMagazine.com](https://www.usmagazine.com), Thorne said: "If you're dating someone that's not going to motivate you or encourage you, don't date them. You should straight up just be out of the relationship right then and there. I dated somebody and sent him a song that I recorded and he was like, 'This is honestly not very good at all. I'm sorry. I kind of hate this song. You sound awful.' I was like, 'That feels like s-t. That hurts on the inside, man.'" "It's the worst thing when you're dating somebody who is just like, 'You're sh-t.'" Schwarzenegger agrees. "I think that having a significant other is meant to make you a better person and bring out the best in you and you bring out the best in them, he explains. "It's about surrounding yourself with people that root for you and expect more from you. I think those are the types of people you want to surround yourself with." Yep, that is good [love advice](#)!

**In celebrity news, 'Midnight Sun' actors Bella and Patrick talk things that make or break relationships. What are three things that can be considered a relationship deal breaker?**

#### **Cupid's Advice:**

Many things can break a relationship, here are three we think are on the top of the list:

**1. Cheating:** Infidelity is a big one. It is a big betrayal, and it is deceitful as well. It ruins trusts, too. However,



some couples are able to work through an indiscretion like cheating – but then again, many others can't. Cheating is a big deal breaker that many of us choose to not deal with.

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**2. Lack of trust:** Cheating is not the only thing that can break trust. And sometimes, trust is just not there from the beginning either. In any relationship, it is important to have trust, if there isn't any you're headed for an extremely rocky road. Do yourself a favor, and work on this big issue before it gets worse, because it can definitely be a deal breaker.

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**3. No common ground:** In a romantic relationship, you need to have things in common. No, you do not need to have everything or even most things in common, but you do need a base for the foundation you're building. It's okay to have differences, but after everything, you should have things in common to keep the relationship going. There isn't a choice for "inconsolable differences" on divorce papers for nothing!

**What are your deal breaker? Comment below!**

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**Celebrity Divorce: Drew Barrymore Says She Was In a 'Very Dark and Fearful Place'**

# After Divorce



By

[Jessica Gomez](#)

In [celebrity news](#), Drew Barrymore opens up about the hardship she went through after her divorce from Will Kopelman. According to [UsMagazine.com](#), she will not be acting any time soon. The former celebrity couple's divorce had a big impact on her. "I personally was in a very dark and fearful place, and then this script came along, and I was like, 'Yeah, I don't think it's a good time,'" she said. "I was not looking for a job," Barrymore continued. "I had actually stopped acting for several years because I wanted to raise my kids, but then a shift happened in my life and I was separating from their father and it was just a very difficult time." We sure are glad Barrymore is no longer in that dark place!

# This [celebrity divorce](#) was not easy for Drew Barrymore. What are some helpful tips to coping with the divorce process?

## Cupid's Advice:

We know that divorce is not easy. And unfortunately, for some of us, it's a time where we undergo a deep sadness. Cupid has some tips on getting through a hard divorce, and most of it is mental:

**1. Know that you are sure about the divorce:** Sometimes love can blind us, but it is important to know the reason for the divorce and that it is in fact the right decision. Try your best to skip any denial stage to make it easier for yourself. Think things through, analyze and examine your situation. But don't overdo it to the point you're blaming yourself or driving yourself crazy.

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**2. Think of the positive outcome:** It is hard to see the light during a time as dark as going through a divorce – but it is essential that you do find it. Things can look hopeless and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger, and the future holds something much better. Positive thinking goes a long way.

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**3. Take care of yourself emotionally and physically:** Make sure you eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone during this time, then don't be. Reach out to family and friends. It's okay.

**Have any advice on coping with a hard divorce? Share below!**

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**Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?**





By

[Jessica Gomez](#)

In [celebrity news](#), [Justin Bieber](#) may have moved on from [Selena Gomez](#)! According to [EOnline.com](#), Bieber was seen with Baskin Champion on Tuesday night at the Roxy in Los Angeles. Photos show the potential [celebrity couple](#) exiting the venue and leaving in the same car. According to sources, they've actually hung out multiple times, and always seem to flirt and have fun with one another. "Justin has been hanging out with Baskin," a source said, adding that after the show Bieber and Champion went back to his house. "Justin had friends with him but they all left and Justin and Baskin were alone together for the night." We wonder what Gomez has to say about this. Was their break an actual [celebrity break-up](#)?

**In celebrity news, we're wondering if Jelena is old news. What are some ways to know you're ready to move on after a break-up?**

## **Cupid's Advice:**

Moving on from a past relationship can be hard. However, when it's done, it's done, and you have to move on. Cupid has some ideas on how to know when it's time to not look back and carry on from a former relationship:

**1. There is no future with the relationship:** If you no longer see a future with an ex flame, it's time to ditch them and move on. If you know this valuable piece of information, then you're just waiting for the inevitable at this point. Why waste more time on the relationship when you can spend that time moving on and actually doing things that will benefit the future you have without that person?

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**2. The other person has moved on:** If your ex has moved on, then it is probably safe to say that you should too. It may hurt to see them with someone else, but things happen for a reason. Don't let seeing them with someone else throw you into a jealous fit. Instead, take it with a grain of salt, and move on.

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**3. You're worn out:** Relationships can be tiresome. However, if you feel absolutely drained, this could be a sign that it's time to move on. You can only try so hard and oh so much. If you gave it your best shot, that's what matters. If your relationship still doesn't work after all your efforts, you may be seeing a dead end, and so it is time to carry on without your ex.

**How did you know you and your ex were doomed and it was time to put a pep in your step? Share below!**



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# Celebrity Wedding News: Kaley Cuoco Opens Up About Wedding Planning



By

[Jessica Gomez](#)

In [celebrity news](#), we hear wedding bells for [celebrity couple](#) Kaley Cuoco and Karl Cook – but not just yet. According to [UsMagazine.com](#), Cuoco wants to focus on finishing season 11 of *The Big Bang Theory* before planning her [celebrity wedding](#). “I’m very excited,” the actress said Wednesday at the CBS sitcom’s 2018 PaleyFest panel at the Paley Center for Media in Los Angeles. “Once this wraps, I’m gonna be a total, typical bride and start planning right away.” How exciting! She also

stated that she wants a simple wedding, so no bridezilla here.

## **In celebrity wedding news, Kaley Cuoco says she isn't a bridezilla. What are some ways to avoid getting stressed out during wedding planning?**

### **Cupid's Advice:**

We all know wedding planning can be extremely stressful, but as the bride, you should try to be graceful and at ease. Cupid has some ideas on how to avoid stress on your wedding day:

**1. Delegate:** You're the leader, and your bridesmaids are basically your minions on your big day (no offense). Learn to let go a bit, and give people tasks so that your wedding is executed properly. You should be able to trust friends that you've planned the wedding with because they know and understand your vision. Don't be a control freak. Communicate clearly what you want, need, and expect – and sit back, and watch it get done.

**Related Link:** [Michael Cera Sparks Wedding Rumors with Gold Band](#)

**2. Meditate:** I know, some would ask who has time to meditate on their wedding day? Well, guess what? You should make time. The breathing techniques done during meditation are very soothing and relaxing, which is what you need on a day causing you so many jitters. Take out the time to meditate for at least five to 10 minutes.

**Related Link:** [Find Out Why Amy Schumer Is Not Changing Her Last Name Post-Marriage](#)

**3. Take care of yourself:** Make sure you are well-rested, and keep up with your meals. Being tired and/or hungry can make us very cranky, and we just don't need that. Not eating or lack of sleep can definitely bring the bridezilla in you out, so stay on top of your game.

**What are some tips you have for brides on their big day? Share below!**

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## **Date Idea: Pick Your Own Presents**



By

[Jessica Gomez](#) and Kristin Mattern

If you forgot to go shopping for your sweetie, no worries!

This is a great opportunity for a fun date idea. Grab your babe and tackle the crowds as you take on last-minute Christmas shopping together. Pick out presents the two of you will really appreciate, and share some laughs as you choose gifts for your friends and family.

## Here are a few dating tips for what to do on your [date night](#):

**Get a little sentimental:** Don't be afraid to do so as you reminisce together over classic toys in kid stores. Nostalgic feelings can be awesome! Also, don't leave out the feelings of tenderness...and seduction even. Feel the romantic tension build as you wander into the lingerie department together. This unique date is sure to please your inner shopaholic!

**Be sure to set a plan of attack with your partner:** The two of you can spend some time conspiring together about the best route to take when hitting up the crowded shopping malls and outlets. Decide which stores you'd like to go to, and create a list of items you want. Come up with a silly call that you can yell out when you get separated (you could just call him on the cell phone, but what fun is that?). Play a little. You can also both wear matching Santa or Elf hats with your sweetie to make it easy to spot one another! Adorbs.

**Related Link:** [Date Idea: Make the Perfect Playlist](#)

**Overcome shopping stress by making a game of it:** Create a naughty and nice column on a piece of paper. Getting frustrated from shoppers snatching the last Tickle Me Elmo just as you reach for it? Remember: for every shopping tantrum one of you throws, you get a check in the naughty column! Enough checks, and you'll only be getting coal in your stocking this Christmas. Creative and soothing, right?

**Chill out in the middle of your shopping extravaganza for a**

**delicious lunch date:** Splurge! Go to a really nice restaurant in the area or that high-end spot in the mall you normally avoid. If you can, make reservations ahead of time so the two of you can easily transition from your high energy shopping spree to a relaxing, romantic meal. Enjoy this calm moment by sharing tastes of one another's food and chatting about what each of you are most excited about for the upcoming holiday.

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**Wrap gifts together:** When your cutie and you have bought all of the gifts on your list, head home to continue the date by wrapping presents together. Put on your favorite classic Christmas music and pour some warm deliciousness into your mugs to sip while the two of you keep the holiday magic going. See who can wrap the fastest or the most elaborately as you make all the items you bought Christmas-ready. This is the perfect way to wrap up your last minute shopping date!

**Have you gone last minute shopping with your honey before? We want to hear about it! Tell us in the comments below.**

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## **Date Idea: Get in Gear for the New Year**







By

[Jessica Gomez](#) and Shannon Seibert

You may think New Year's resolutions are old-fashioned, but there's a great sentiment behind them. Rather than planning year-long objectives, follow these [date night](#) ideas and set small goals with your love. In relationships and love, people tend to take on more than they can handle alone. Buckle down with your significant other and get realistic together. Celebrate the holiday season before ringing in the New Year. Use this time to see what direction you both want to head in your partnership.

**Cupid has some advice on strengthening your partnership in the New Year. Here are a few date ideas that will be productive for you and your lover:**

By following these small pieces of dating and [relationship advice](#), you are sure to strengthen your love in the long run.



**Go to the gym together:** Get your sweat on! Thinking of goals is the easy part of New Year's resolutions – it's sticking to them that's so hard! We've all seen the people who want to "get fit this year" and crowd the gym for the month of January, but are no where to be found by the middle of March. Set goals with your partner that are achievable.

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**Give to yourselves and to others:** Give to yourselves by taking a couple's trip, like taking a weekend getaway within the next two months. And give to others by spending one day each month giving back to our community. There are many ways to help out, so choose a cause you and your other half are passionate about and go for it!

**Related Link:** [Date Idea: Couple Up with Game Night](#)

**Go on dates weekly:** Any date! Be spontaneous! If there are small aspects of your partnership that you'd like to work on with your partner, tonight's the night to tell them. If your significant other has a busy career that involves a lot of travel, make a goal for more communication throughout the week. Agree to pursue a date each week, whether they are home dates or outdoor dates. Break down your schedules and pick a night that would work for both of you, and get ready for some fun!

Break each goal down into time increments to solidify the commitment you and your honey make. As you ring in the New Year together, keep in mind that your relationship is what you make it. Reaching these small goals will lead to something even bigger than the both of you could've imagined!

**What are some New Year's resolutions you've made with your partner? Share them with us in the comments below!**

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# Date Idea: Light Up Your Love



By

[Jessica Gomez](#) and Kristin Mattern

The holiday season is one of the most beautiful times of the year – a time when people decorate their homes with twinkling lights, garlands, wreaths, menorahs, and even adorable penguins. Get into the spirit and spark some love this weekend by taking a romantic, moonlit drive with your sweetie as you cruise through your neighborhood checking out all of the Christmas and Hanukkah lights.

## Rekindle the magic of the holidays

# with your babe and admire the beautiful displays with these dating tips for your upcoming [date night](#):

**Map your route:** This is important, After all, not everyone decorates for the holidays. To get the most out of your night drive, scan the scene during the day before your date and find out what areas have really gone all out this year. This way, when you take your honey out for a spin, it will be through areas with the most decorations and stunning of displays. You can also conduct some brief research on Google. With a bit of planning, your date will be sure to delight!

**If you live in or near New York City:** Looking for something a little grander than your neighbor's twinkle lights and angle statues? Go to a professional public display instead. The Big Apple is a must see during this time, especially Rockefeller Center. New Yorkers and tourists alike go to see the tree and skate at the ice rink. Enjoy the time with your sweetheart as you swirl around in the rink and skate your way into each other's hearts beneath the huge Christmas tree.

**Related Link:** [Date Idea: Keep It Exciting During New Venue Night](#)

**If you live in or near Los Angeles:** L.A. offers its own unique displays that are not to be missed. Take a cruise down Rodeo Drive or through Griffith Park. See some truly spectacular lights while you take in the palm trees and vignettes in the store fronts. You'll feel like an old school celebrity as you snuggle up to your significant other and drive with the windows down through decked-out Cali. Professional light shows are sure to take your cutie's breath away as the two of you view illuminating lights accompanied by heartwarming Christmas

carols and holiday music.

**Decorate your place/s together:** If you're feeling inspired from viewing all of those pretty lights, get together with your partner and go for it. Have a blast trying to recreate some of your favorite pieces, or try to top them and come up with something even better! This will be nice bonding time. Go nuts and have fun!

**Related Link:** [Date Idea: Plan a Party](#)

**Chill at home:** Of course, not literally chill, but hangout and stay warm during this time! After enjoying the sights and sounds of the holiday spirit and décor, make some more memories by warming up inside with hot cocoa and dancing with your darling to your favorite Christmas or Hanukkah tunes. End the night by relaxing together in front of the fire and roasting some chestnuts while you enjoy a classic Christmas movie.

What will you be doing as a Christmas date night? Share below!

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## Celebrity Fitness Secrets: Ways to Work-In An Early Morning Workout





By

[Jessica Gomez](#)

We all wish to be fit, but for many of us there is always something getting in the way somehow. Whether it be our lack of motivation or lack of time – where there is a will, there is a way! Getting an early morning workout in should be a goal we all put on our list. There are many benefits to working out in the morning. “But I just don’t have the time!” many of us say. Well, enough is enough– it’s time to learn the celebrity fitness secrets that can help you put your game face on in the morning. Follow this piece of workout advice: you don’t have to work out for two hours; you can work out for a short time each morning, but the key is to do a mix of workouts quickly.

**It’s time to achieve that celebrity body, so here are a few celebrity fitness tips to ensure that you start working on yourself first**

# thing in the morning by doing what Hollywood trainers advise:

**To get a butt like [Jennifer Lopez](#):** J. Lo gives 500% when working out, according to her trainer David Kirsch. And that's what we have to do – give it our absolute all. In addition, Lopez combines cardio with strength training to tone that booty and those thighs. A couple of workouts that are easy to include in your morning routine are squats and donkey kicks, which will tone your butt and can even build it overtime! Create a personalized mini morning routine with sets and circuits, adjusting it daily or every other day. Ideally, you can start with five sets of 10, totaling in 50 squats and 50 donkey kicks per leg.

**To get arms like Cameron Diaz:** Like Jennifer Lopez, Diaz is highly dedicated to a fit lifestyle and also does strength training with cardio. Moves to tone up your arms that you should add to your morning workout are plank push-ups, triceps dips, and bicep curls. Get on the treadmill also to help burn off fat. Create a personalized mini morning routine with sets and circuits for this as well, adjusting it daily or every other day to gradually increase.

**Related Link:** [Fitness Tips: 5 Most Effective At-Home Workouts](#)

**To get abs like [Gwyneth Paltrow](#):** Building great abs is more about overall body training than just spot training. You can definitely include workouts like crunches, curl ups, and sit ups to your routine however. But do not exclude Paltrow's workout tip from her trainer Tracy Anderson: [Goop, an ab workout circuit](#). Let the sweating begin, and let's expose those abs we have hidden!

**To get legs and thighs like [Beyonce](#):** Obviously dancing plays a part in her great bod, so let's dance to tone and shake the pounds off. In addition, you can add jumping lunges and pelvic



lifts to your morning workout like Queen B does to tone those thighs. Doing a few sets of 10 in the morning, gradually increasing the set number or doing more than 10, will help.

**Related Link:** [Fitness Tips: 5 Couple Exercises That Are Worth the Sweat](#)

**To get an overall toned physique like Shakira:** It seems like the key to everything is cardio and strength training intervals, because guess what, yes – Shakira does it too, according to her trainer Anna Kaiser. Simple exercises you can add to your morning routine are jumping jacks, jogging/running, and lifting some weights (no, they won't get you muscular like a body builder).

Which of these are you excited to include in your new morning workout routine? Share below!

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## Expert Marriage Advice: What I Learned About Business After Getting Married





By

Rachel Pace

Would it surprise you to know that all the times your wife asked you to put the dishes away or your husband asking you to hear him out before interrupting can actually make a difference in your professional life? Business and marriage can teach you a lot about yourself and about your work ethic. Following great [marriage advice](#) about communication and loyalty can teach you practical lessons in business. In fact, a five-year study from Washington University in St. Louis shows that your spouse's personality can have a direct influence on your career success. Your marriage teaches you to be selfless, to take responsibility, and to roll with the figurative punches. All of these qualities are great for a thriving business and a happy, healthy marriage.

**Marriage and the life of an entrepreneur have much in common. Here is some marriage advice along**

# with the six lessons I learned about business after getting married:

**1. Success Starts at Home:** Remember that when it comes to entrepreneur couples, business, and marriage – success starts at home. Here is a lesson I learned about business from my marriage. When you and your partner work hard to make one another happy, you'll have higher relationship satisfaction and have less relationship problems. The same goes for your professional life.

Studies show that happy people have better social relationships, and that includes both your marriage and your work-relationships with colleagues and clients. When you take care of yourself by spending time with your spouse, taking care of your kids, and focusing on your hobbies, you'll be happier at work. This happiness doesn't go unnoticed by your clients, and this happy attitude can actually make them more likely to work with you over your competitors.

**Related Link:** [Marriage Advice from Celebrity Couples Who Stay Together](#)

**2. Listening is a Powerful Tool:** When your partner feels like you listen to them, they are more likely to communicate their thoughts and feelings to you. This can help you strengthen your marriage, encourage fun bonding conversations, and teaches you how to talk to one another when things get rough. Communication at home = great customer service at work. Listening is a powerful tool in your marriage and in your business.

The better your communication with your spouse is, the easier it will be for you to communicate with customers. When you learn to communicate with your spouse, you'll be able to

listen patiently and stay calm when dealing with uncomfortable or tense situations at work.

**3. Never Go to Bed Angry:** When it comes to marriage advice, this is a big one: never ever, go to bed angry. Hitting the hay with unresolved conflict causes sleep-loss and creates an unhealthy atmosphere that your mind will associate with your bedroom. This can impede sexual intimacy, and needless to say, you won't feel refreshed about your relationship come sunrise. One study from Nature Communications reveals the danger of going to bed angry, citing that the brain holds onto negative experiences stronger during sleep. Therefore, it's best to resolve your conflicts before they become a permanent memory.

Similar to resolving conflicts with your spouse, if there is any bad blood happening between you and a client, it's best to get it out as soon as possible. Letting problems fester will only cause your relationship to deteriorate. Treat your client like your partner and let them know how important it is for you to make them happy and resolve your differences as soon as they happen. This strengthens your communication, lowers stress and anxiety, and help you start fresh the next time you speak.

**Related Link:** [Marriage Advice: How to Keep the Spark Alive After Having Kids](#)

**4. Do you want to be Right or Happy?:** There is an old saying about marriage that goes: "Do you want to be happy or do you want to be right?" Basically, arguing about the little things isn't worth disrupting your happy relationship. If it's possible, let it go. And if you are right (or think that you are) in a certain situation, that doesn't mean you always have to shout it from the rooftops or even make note of it at all.

This marriage advice applies to your business life as well. Be flexible when it comes to making decisions and going the extra

mile for your clients. Focus on making them happy, not reminding them who the boss is or arguing with them about why you are right about X, Y, and Z. Arguing with business partners or clients is a surefire way to make them look elsewhere for their needs.

**5. Realize What's Important:** Sometimes your spouse can get upset about topics that make you scratch your head in confusion. Why is that important? Why are they getting so upset about this? The concerns of your spouse aren't always as important to you as they are to them. But that doesn't mean they aren't important.

Similarly, the needs and issues that your client finds important may not also resonate with you, but that doesn't mean you shouldn't treat them with the utmost care.

**6. Life Isn't Always About You:** Another piece of marriage advice that applies to both business and marriage is that life isn't always about you. Being selfish in marriage will only push your partner away, and only after you've made them feel unimportant to you.

Being giving with your partner will remind them that they are your number one priority and that you will go out of your way to make them happy.

Imagine your client can only get together for a meeting after you're already off the clock. Obviously, you'd much rather be spending time with your spouse or focusing on your hobbies after work. But being unselfish with your clients sometimes means being flexible, even when it isn't convenient for you to do so. Your clients will appreciate your unselfish nature. Being unselfish also means letting your clients speak and showing a general interest in what they have to say. The better you understand their needs, the easier it will be for you to make them happy.

If you're looking for marriage advice regarding your

professional life, know this: business and marriage have a direct effect on one another. Communicate with your spouse regularly and take what you learn from your marriage, such as listening, never going to bed angry, and being generous, and make it your new business approach.

*Rachael Pace is a relationship expert with years of experience in training and helping couples. She has helped countless individuals and organizations around the world, offering effective and efficient solutions for healthy and successful relationships. Her mission is to provide inspiration, support, and empowerment to everyone on their journey to a great marriage. She is a featured writer for [marriage.com](http://marriage.com), a reliable resource to support healthy, happy marriages.*

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## **Celebrity Couple Miley Cyrus & Liam Hemsworth Go All Out for St. Patrick's Day 2018**







By

[Jessica Gomez](#)

In [celebrity news](#), [Miley Cyrus](#) and Liam Hemsworth are not just green when it comes to their vegan diets; they go all green for St. Patrick's Day, too. According to [EOnline.com](#), the [celebrity couple](#) took their holiday spirit to Instagram on Saturday by posting photos and videos of the two dressed in all green and surrounded by green St. Patty's Day themed decorations. The photos were great and we're sure the couple had a great time. We like their style! Now, what we can't wait for is the sound of those [celebrity wedding](#) bells ringing for the two love birds.

**This celebrity couple took St. Patrick's day to the next level! What are some special ways to celebrate the upcoming holiday of Easter with your partner?**

**Cupid's Advice:**

Easter is not only for kids! You and your partner can have tons of fun during this upcoming holiday, and in a cruelty free way – use plastic eggs instead of real ones!. Cupid has a few ideas on how to have a fun Easter with your honey:

**1. Adult plastic egg hunt:** Get a group of friends together and let the fun begin! Fill some or just one of the plastic eggs with alcohol as a treat for whoever finds it or them. It will be a fun competition that you can all part-take in. To take it a step further, you can either compete with everyone, or everyone can pair up to hunt in teams.

**Related Link:** [‘Bachelor’ Arie Luyendyk Jr. & Lauren Burnham Have First Date Night Post-Engagement](#)

**2. Bar hopping:** Get your drink on together! Show your holiday spirit by wearing some green and spending your green on getting tipsy with your partner. This is a cool date that will take up a lot of time depending how many bars you go to. Take this chance to enjoy one another, talk, laugh, and play. Let your inner child come out to play.

**Related Link:** [Taylor Swift Holds Joe Alwyn Close During Rare Hike in Malibu](#)

**3. Plastic egg decorating:** This is tradition. So if you;re the traditional type, then this is for you. Go shopping together for plastic eggs, paint, and a couple of baskets, and alcohol of choice. Go home and then get your drink on while embracing your artistic side together. Go nuts, make something pretty, drink, and talk. This is a nice bonding experience for the two.

**Do you have any fun ideas on ways to celebrate Easter with your significant other? Share below!**

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# Celebrity Baby News: America Ferrera Celebrates Baby Shower with Co-Stars



By

[Jessica Gomez](#)

In [celebrity news](#), America Ferrera celebrated her celebrity baby's shower with NBC costars and *Ugly Betty* alum over the weekend, according to [UsMagazine.com](#). This [celebrity baby](#) will be her and husband Ryan Piers Williams' first child, so we bet the [celebrity couple](#) is super excited. The baby shower was a fun one at that, as it looks on the photos posted on Instagram. "No poopie diaper games here. Just dancing, drinking (water for me ☐), and some of the people we love to

celebrate the little human we can't wait to meet," Ferrera captioned her Instagram photos on Sunday.

## **In celebrity baby news, America Ferrara is celebrating the soon-to-be arrival of her first child. What are some ways to prepare yourself and your relationship for a child?**

### **Cupid's Advice:**

The way to prepare your relationship for a child is for you and your partner to be in it together. You both must be on the same page. With that being said, Cupid has a few suggestions on how you both can prepare together for your child:

**1. Learn about the birthing process and about life with a baby:** You both can do research or read books, then discuss. Learning about the way your child will be born into the world and the things after is not something that's just for the mom who's carrying. This is something your partner should not stay behind on – they must learn it as well. It is important to know things like what to do during labor and what to expect after the baby is born.

**Related Link:** [Khloe Kardashian Celebrates Tristan Thompson's Birthday After Lavish Baby Shower](#)

**2. Build the nursery together:** Put both of your ideas together to create the perfect nursery. Both of you should have an input. Besides being productive by getting it done before the baby arrives, it can also be a bonding experience. You can also baby proof your home while you're at it.

**Related Link:** [No Celebrity Baby Here! 'Vanderpump Rules' Stars](#)

## [Brittany & Jax Have Pregnancy Scare](#)

**3. Go over your finances:** This is something you should definitely do together. Lack of money or shortage of money can hinder both a relationship and the way you're able to raise and accommodate your child. So, sit down with a pencil, paper, and calculator, and begin. Look through everything and see what you're dealing with. This is something that you guys can do more than once, since finances can change without warning and at anytime.

**What are ways you and your partner prepared for a baby? Share below!**

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# **Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split**







By

[Jessica Gomez](#)

In [celebrity news](#), a [celebrity break-up](#) went down! [Celebrity couple](#) Ashley Iaconetti and Kevin Wendt have split. According to [EOnline.com](#), Iaconetti confirmed that the couple broke up less than a month after the *Bachelor Winter Games* finale. The reason behind the split was recently discussed on Iaconetti's iHeartRadio podcast. She said, "It sounds a little harsh, but it's just that lack of – there's magic. We get along very well, it's just there's a little something missing and you can't really pinpoint what it is. That's just how I feel." Wendt confirmed, saying, "I feel like that's normal and I feel like you get those connections all the time where if you take away our outside world and just put Ashley and me on an island together, we'd probably get along really well. And that's what Vermont was."

**This celebrity break-up happened after a very short relationship.**



# What are some ways to know your relationship doesn't have longevity early on?

## Cupid's Advice:

For the most part, we want the relationships we enter to last. Sometimes there are signs to look out for to tell if the relationship is most likely going to hit a dead end down the line. Cupid has a few red flags to share, get ready for some [relationship advice](#):

**1. Lack of trust:** Trust is built overtime, but if there is no amount of trust, then the relationship will likely end soon. Trust is essential and can make or break a relationship. Consider the following: do you not trust them because of your own issues or actually because of them? Sometimes we have trouble trusting people, not because of what they do or the way they are, but because of what we've been through before them. This is something to consider before you go crazy over not trusting them, and thinking your relationship won't last. However, at the end, you need to learn to trust those who have earned it.

**Related Link:** [Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

**2. You can't agree on anything:** There are certain things you should be agreeing on. It's okay to have differences in opinion, but if you can't agree on things like goals and the future, then this is a red flag. There should be some similarities when it comes to the important stuff. To add on, when disagreeing on things, the situation shouldn't get out of hand. You should be able to approach and get through the conversation calmly, not always ending in a fight— so this is something else to also look out for.

**Related Link:** [Vanessa Trump Files for Divorce from Donald Trump Jr](#)

**3. Commitment issues:** The inability to fully commit to you and the relationship is an obvious red flag. But that is not the only thing we mean when we say commitment issues. There are other things to look out for. If you notice that your partner in general has an inability to commit to things, then that's a possible red flag that you guys won't work out. In a successful relationship, we need consistency and devotion. If your partner isn't dedicated, responsible, or is unable to pull through with their obligations, then it's a definite bad sign. We need someone we can count on at the end of the day.

**What are some red flags you've seen in past relationships? Comment below!**

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**Royal Celebrity Wedding:  
Queen Elizabeth II Gives  
Formal Consent for Prince  
Harry & Meghan Markle to  
Marry**





By

[Jessica Gomez](#)

In [celebrity news](#), the Queen has spoken! According to [UsMagazine.com](#), Queen Elizabeth II gave her formal approval for royal [celebrity couple](#) Prince Harry and Meghan Markle to tie the knot. In a formal statement on Wednesday, the Queen said: “I declare my consent to a contract of matrimony between my most dearly beloved grandson Prince Henry Charles Albert David of Wales and Rachel Meghan Markle, which I consent I am causing to be signified under the Great Seal and to be entered in the books of the Privy Council.” So yeah, it’s official! We are as excited as you are about this upcoming [celebrity wedding](#).

**It looks like this royal celebrity wedding has been blessed by the Queen! What are some ways to get your family on board with your**

# choice in a partner?

## Cupid's Advice:

When you're serious about your partner, you definitely want your fam's approval. Cupid has a few ways on how to go about that:

**1. Discuss your relationship with them:** Communication is always essential in any situation. And it goes both ways. Not only should you speak to your family about your partner, your relationship, and the future, but you should also listen to what they have to say in response. If you want them to consider what you're saying, then you should do the same. And remember, express yourself as clearly as possible.

**Related Link:** [Meghan Markle Gets Baptized at Chapel Royal at St. James Place Prior to Celebrity Wedding](#)

**2. Avoid being defensive:** This isn't always easy, but not being defensive can help avoid a fight. Remain calm and grounded, even if they are being unreasonable. Why? Because you shouldn't stoop down to that level – it won't lead anywhere good. Take deep breaths if necessary. Your family should not be putting you down, and you shouldn't be putting them down either. Respond to their concerns, and don't make them feel like their opinions aren't valid.

**Related Link:** [Meghan Markle & Prince Harry to Face Danger on Their Wedding Day](#)

**3. Have them spend quality time with your partner:** You can all part-take in activities together, especially ones your family loves. Also, make sure your partner understands how important it is for your family and them to get along. The time spent together should be respectful and fun. Give your family the chance to get to know your boyfriend or girlfriend, and vice versa.

What are some ways you got your family to love your other half? Comment below!

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# Celebrity Wedding? Michael Cera Sparks Wedding Rumors with Gold Band



By

[Jessica Gomez](#)

Making [celebrity news](#) is Michael Cera. According to [EOnline.com](#), he was spotted over the weekend along side a woman named Nadine, both wearing gold bands. Is this [celebrity couple](#) married? Did we miss their [celebrity wedding](#)? And,

according to [UsMagazine.com](http://UsMagazine.com), a source said that Cera is indeed now married. Cera keeps his personal life private, so of course his rep had no comment on the marriage speculations.

## **We're not sure if a celebrity wedding has happened or not in this case. What are some reasons to keep your wedding under wraps?**

### **Cupid's Advice:**

Some people are more private than others, and it may not make sense to open up your marriage to public scrutiny. Cupid has some reasons to keep it quiet:

**1. You just don't want people in your biz:** Some people are really private about their lives and want precious moments like these to be kept within closed doors at first, whether they're famous or not. So if you're on the end of not receiving wedding news, don't take offense. Some people are just real private about their business! And if you're the type of person that wants to keep things on the down-low, have no shame, it's your big day.

**Related Link:** ['Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

**2. You're shy or an introvert:** Shy and introverted people sometimes cannot handle being in a room full of people being the center of attention – it's too much for them. If this is the case, you may not want a lot of attention, so you would keep your wedding quiet for a bit. So yeah, it makes sense for you to keep your wedding quiet.

**Related Link:** [Meghan Markle Gets Baptized at Chapel Royal at St. James Place Prior to Celebrity Wedding](#)



**3. You're eloping:** Secrecy is sometimes romantic? Sometimes we do find ourselves in a situation we never thought we would be in. Maybe the fam doesn't approve? Maybe you just can't wait to get married? Or maybe you're trying to get out of testifying in court against your lover like Blair did with Chuck in Gossip Girl! \*Winks\*

**Have you ever thought of having a wedding on the down-low? Share with us below!**

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## **Celebrity News: Find Out Why Amy Schumer Is Not Changing Her Last Name Post-Marriage**





By

[Jessica Gomez](#)

In [celebrity news](#), Amy Schumer is not taking her hubby's last name. According to [UsMagazine.com](#), the comedian decided to not take Chris Fischer's last name sometime after their [celebrity wedding](#) last month. "I'm not Amy Fischer! Do you remember who Amy Fisher is? The Long Island Lolita. No, I'm keeping my last name. I'm keeping your last name," Schumer said after her new husband asked her if she was changing her last name. The conversation was posted on her Instagram story, which involved her father – seems Schumer keeps a joking mind for everything, even when it comes to the newlywed [celebrity couple](#). According to [UsMagazine.com](#), she was referring to Amy Fisher, a then-17-year-old who shot her lover Joey Buttafuoco's wife, Mary Jo Buttafuoco, in the face in Long Island in May 1992. Mary Jo survived and Amy Fisher was sentenced to five to 15 years in prison. After six years in prison, she was granted parole.

**In celebrity news, Amy Schumer has decided against changing her last**

# name to match her husband's. What are some things to consider before you change your name?

It just happens that way. Some people want to be traditional and take their spouses last name, others don't, while others are on the fence. For those of you who are undecided or are up to be swayed, here are options to consider before changing your last name to your spouse's in order to keep your identity and have your family name live on:

**1. Consider all the paperwork:** The paperwork process can possibly make you want to pull your hair out. It is extremely tedious. The process involves going to the Social Security Office and the DMV. You would also have to make lots of phone calls, and no, not to your friends and fam. You would have to call your credit card's companies and any other accounts you have open with your current name. This is not to scare you, just keep this in mind.

**Related Link:** [Meghan Markle Gets Baptized at Chapel Royal at St. James Place Prior to Celebrity Wedding](#)

**2. Consider adding their last name instead of just changing yours:** Many people opt out for this option. Instead of completely changing their last name, they just meet somewhere in the middle and add their spouse's last name to theirs with a hyphen, or use their last name as a middle name and their partner's last name as that. This is a good option for people who are on the fence. Paperwork still has to be done of course, but if you don't care about it, then this may be for you.

**Related Link:** [Meghan Markle & Prince Harry to Face Danger on Their Wedding Day](#)

**3. Consider creating a new last name for the both of you:** This could be a good option for couples who want to either be super fair or just hate both of their last names. This is something that can be made legal. Either both come up with a last name together or mix both of yours together somehow. And again, paperwork needs to get done for this and any type of changes in name.

**Which option would you consider the most? Comment below!**

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## **Celebrity Baby News: Khloe Kardashian Celebrates Tristan Thompson's Birthday After Lavish Baby Shower**





By

[Jessica Gomez](#)

In [celebrity news](#), [Khloe Kardashian](#) and Tristan Thompson had a fun, busy Saturday. According to [EOnline.com](#), the [celebrity couple](#) celebrated both a baby shower and Thompson's birthday. The baby shower took place at the Bel Air Hotel's Garden Ballroom, joined by friends and family. In the evening, the couple celebrated Thompson's 27th birthday with a private dinner party hosted by Rémy Martin at the Beauty & Essex restaurant in Hollywood. A source confirmed that the parents-to-be of a new celebrity baby girl were joined by [Kendall](#) and [Kylie Jenner](#), Kylie's best friend Jordyn Woods, [Kourtney Kardashian](#) and her boyfriend Younes Bendjima, mom Kris Jenner and her boyfriend Corey Gamble, Tristan's teammates LeBron James (who showed up with his wife Savannah) and Kevin Love and Jordan Clarkson, singer Justine Skye, family friends Kyle Richards and husband Mauricio Umansky, and Thompson's mom Andrea Thompson. What a celebration!

**In celebrity baby news, Khloe**

# enjoyed a baby shower while also celebrating her partner's birthday. What are some ways to balance celebrations in your family?

## **Cupid's Advice:**

Celebrating two events in a day can create some very busy energy, but that doesn't make it any less fun! Cupid has some ideas on ways to maintain the balance between both family celebrations:

**1. Plan ahead and thoroughly:** One event takes time to plan, so imagine two. You don't want to stress yourself out. Ask for help planning if needed. There are many things to consider when planning, so make an agenda and get started when possible. When planning both events side by side, you are more likely to keep them balanced as well.

**Related Link:** [Rachel McAdams Is Pregnant With Her First Child](#)

**2. Make the events equal in size:** Of course this depends on what type of events you are coordinating, but if you want to create two balanced ones on the same day, without one event outshining the other, it could be a good idea to make them the same size. When thinking of size, you should consider guest lists, themes, decorations, amount of food, etc. Again, this depends on the type of events.

**Related Link:** [Meghan Markle Gets Baptized at Chapel Royal at St. James Place Prior to Celebrity Wedding](#)

**3. Schedule properly:** Time management is important. One event should be during the day and the other in the evening, ideally. Plan accordingly by scheduling the events at specific times for specific time periods, with enough room to change



clothes if necessary and traveling. There should be a reasonable gap in between, so in order to consider this properly, the events should be on a somewhat tight schedule for the best, stress free results.

What double celebrations have you partaken in? Share below!

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# Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break



By

[Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Justin Bieber](#) and [Selena](#)

[Gomez](#) put their relationship on hold due to her family's disapproval of Bieber, according to [UsMagazine.com](#). "Selena and Justin decided to take a break mainly because of Selena's mom and her disapproval of Justin," a source said. "Justin's family loves Selena, but Selena's family has put her in a very conflicting spot because they still don't trust Justin. Selena has tried to convince her family that Justin has changed ... but her family just isn't budging right now." Because Gomez's relationship with Mommy Dearest was affected after she got back with Bieber, there is tons of pressure and negativity in the air. "It's been hard for her because she is super close with her mom. Her mom was her rock when she was having her health complications," the source added. "Justin and Selena decided to take a break to give her family some more time to heal and take in the idea of her and Justin being a couple again." As if that's not enough, Bieber "doesn't care about anyone but himself," another source said. "The second she saw it, she walked away, especially now with her health. She knows she doesn't need him." Let's see what happens in this messy situation.

**This [celebrity break-up](#) is said to be sparked by Selena's mom. What are some ways to deal with a parent who doesn't like your significant other?**

#### **Cupid's Advice:**

Being with and loving someone who your fam does not approve of can be stressful and just plain hard. Cupid has some [love advice](#) on things to consider and how to deal with a parent not liking your partner:

**1. Consider if your partner is worth the fight:** This may sound harsh, but if you're close to your family, you have to evaluate this. Is this person for right now or are you guys both thinking long-term? You have to assess the seriousness of your relationship before you go jumping through hoops for a person that may not be there in the not-so-distant future.

**Related Link:** [Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez](#)

**2. Communicate with your family and partner:** If you're serious about your partner, then you have to talk with both parties about the situation. First talk to your fam. Express to them your feelings about the person and relationship, and don't forget to include how the disapproval is affecting you. Do the same with your partner –discuss your feelings about them and your family, along with the way their disapproval of them is affecting you and your relationship. Sometimes it will take more than communicating, but communicating constantly is important.

**Related Link:** [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

**3. Take some time apart if needed:** This may not work for everyone, but it may work for Selena Gomez and Justin Bieber, we'll see. Taking a break isn't ideal for every relationship, so you must know if it is something that is convenient and can help yours. Taking time apart may show your family that you really care about their opinions and it can even show them how you are affected by not being with your partner. This should not be taken as a sign of submission, but as a way to cope in the meantime.

**Best of luck to any of you facing this issue! Share your stories below!**

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# Celebrity News: Selena Gomez & Justin Bieber Taking a Break, But It's Not a Break-Up



By

[Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are putting things on hold, but it's not over. According to [EOnline.com](#), multiple sources explained that Gomez and Bieber are giving one another space, but they talk often. Seems like this couple is working through their problems and not calling it quits just yet, after they

rekindled their romance in November. "They were having a lot of little disagreements recently and one fight in particular blew up and caused them to decide to 'break up,' however, they've been in contact the entire time and their feelings for each other have not changed," said a source. "They will absolutely get back together and they are not over, but they both need some time away from each other." To add on, another source explained that not seeing eye to eye is the issue on top of the pressure the couple receives from their relationship being in the public eye. Can Jelena make it through? We shall see!

## **In this celebrity news, Jelena are dealing with some relationship issues. What are some ways to get through a tough period in your relationship?**

### **Cupid's Advice:**

No relationship is perfect, we must know this. When problems arise, we must face them head on in order to make our relationship work. Cupid has some [love advice](#) on how to get past those rough patches:

**1. Communicate effectively:** You will always get this dandy piece of advice when it comes to relationships! Communicating effectively is essential. It may seem like a no-brainer, but people have different communication styles, and many do not know how to communicate properly. The important thing is to listen intently, process what your partner is saying, consider their stance and feelings, and discuss your side of it as clearly and patiently as possible.

**Related Link:** [Celebrity Exes Demi Lovato & Wilmer Valderrama](#)

## [Reunite for Lunch Date](#)

**2. Never disrespect:** Respect is similar to trust in the fact that once you disrespect someone, it opens up a whole world of problems like when you no longer trust someone. Always be considerate of your partner's point of view and feelings. If you care about someone deeply, why disrespect them. Sometimes this is easier said than done, because things can get heated. The key is to stay as relaxed as humanly possible and try to work things out with your other half.

**Related Link:** [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

**3. Take space if needed:** Jelena has the right idea here. Sometimes a couple just needs space. If this is the case, it is important that you both agree on it before taking this step. Create "guidelines" so that you are both on the same page and know what to expect during this period. Taking time apart can either help or hinder a relationship, so ponder this decision before making it to ensure it is the right one for your relationship.

**Have any tips for when we have relationship problems? Share below!**

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# **Royal Celebrity Couple News: Meghan Markle Gets Baptized at Chapel Royal at St. James**



# Place Prior to Celebrity Wedding



By

[Jessica Gomez](#)

In [celebrity news](#), Meghan Markle was baptized at the Chapel Royal at St. James' Palace on Tuesday, according to [UsMagazine.com](#). We can see that the royal couple is making moves before their royal [celebrity wedding](#). In attendance were Prince Harry, Prince Charles, Duchess Camilla, and one of Markle's friends. However, Markle's parents along with [Prince William](#) and [Dutchess Kate](#) were absent. Either way, we are cheering Markle on as she continues on the road to her royal life.

**This royal [celebrity couple](#) is preparing for their big day, this time religiously. What are some ways to reconcile different religions when you're going to marry someone?**

**Cupid's Advice:**

It's okay to have differences when in a relationship. However, certain differences take more of a toll on a couple than others. The commitment to different religions is one of them. Cupid has some tips on ways to handle a situation like this one:

**1. Share your histories with one another:** Besides helping you and your significant other to open up and know more about each other, sharing histories will help you see where the other is coming from. Discuss the religious and cultural pieces of your life with an open mind. Listen and share.

**Related Link:** [Meghan Markle & Prince Harry to Face Danger on Their Wedding Day](#)

**2. Respect each others beliefs:** It is important that respect takes place always. Whether you agree with someone's religious views or not, you should show respect. The minute disrespecting takes place, a new problem is created beside the original one of difference in religion. Showing respect can even sometimes fix the problem, because you both feel safe and not attacked.

**Related Link:** [Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night](#)

**3. Face all issues that may arise:** Do not just ignore any issues that develop due to different religious views. It is better to nip things in the butt before they get worse. Many religious people are serious about their beliefs, so it is best to face obstacles right on. Communicate effectively always. Listen to your partner, and discuss your point of view clearly as well.

**Have any advice for couple's in this situation? Share below!**

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## **Celebrity Interview: Reality TV Producer SallyAnn Salsano Opens Up About New Show 'Hear Me, Love Me, See Me'**





Interview

by [Lori Bizzoco](#). Written by [Jessica Gomez](#).

If you're a fan of [reality TV](#), then you are probably a fan of [SallyAnn Salsano](#), the television producer behind popular series like *Jersey Shore*, *Party Down South*, and *Martha & Snoop's Potluck Dinner Party*. Lucky for you, we have the behind-the-scenes scoop on her latest show *Hear Me, Love Me, See Me*, straight from Salsano herself! In our exclusive [celebrity interview](#), Salsano opens up about the new TLC series, which premiered Saturday, March 3rd, and also reveals why she believes [The Bachelor](#) franchise has such staying power.

## Celebrity Interview with Reality TV Producer SallyAnn Salsano

The 495 Productions executive tells us that she loves the concept of *Hear Me, Love Me, See Me*, a unique dating show where women who are looking for love meet three different men and get to know them through live streaming. Think about it: "You date someone for a long time. Then, you meet their friends and family. Then, you learn about their job," Salsano

explains. “It takes so long to get to the bottom of all of that.” The idea behind the new TLC show is that people don’t need to spend months and years getting to know one another before they decide the person isn’t right for them.

**Related Link:** [Celebrity Interview: ‘Ex Isle’ Executive Producer SallyAnn Salsano Talks Reality TV](#)

On each episode of *Hear Me, Love Me, See Me*, a woman dates three different men *without* meeting them. Each guy wears a camera and shows off their daily life – you see their friends and family, their hobbies, and so much more. It’s interactive because the audience gets to play along as well. By the end of the episode, the woman often picks someone she usually wouldn’t have dated. Salsano says that the show concept received great feedback when she shopped it around to the networks.

With this type of dating process, from the very beginning, the women can see what their relationship will potentially look like. As our founder and executive editor, Lori Bizzoco explains, “Everyone has a checklist and a type – which is what makes this show work in a different way from others. Here, women are forced to look beyond their must-haves and truly consider the man they’re dating.”

There are three episodes filmed so far with tentative plans for more, depending on the viewers’ response. There is also a possibility to take the show outside of the United States and even reverse the roles with men looking for love. What a twist!

In addition, to *Hear Me, Love Me, See Me*, Salsano is working on *Jersey Shore: Family Vacation*, a reunion show that she first mentioned to us over a year ago. Fans can expect to see exactly what they’ve been missing: the entertaining dynamic of the cast, finally together again on television. Of course, until the premiere date – Thursday, April 5th on MTV – Salsano

couldn't reveal much, but she guarantees it will be fun to watch. It's also "100 percent of what producers were looking for" – which says a lot!

**Related Link:** ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

As if that's not enough, *Winter Break: Hunter Mountain* premieres on Friday, March 16th on MTV2. It's not a typical relationship show, the television producer explains. "It's like *Jersey Shore* on ice. The dating, the hook-ups, the sex, the make-ups – the drama on this show is ridiculous," she shares in our celebrity interview. "What goes on between that cast – the intermingling – I've never seen that before. It's such a fun, twisted turn of events." Thanks to that introduction, we can't wait to watch!

Salsano first got her start working on *The Bachelor*. With the dramatic finale of season 22, we had to ask for her thoughts on the popularity of the franchise. After so many seasons, she believes that the people on the show have become more normal, more real. "It's candy. Everyone can relate to it," she explains. "Everyone's been that girl; everyone's dated that guy, and everyone's had their heart broken. It's like a version of Fantasy Football for women."

With a plethora of shows and ideas in her back pocket, we cannot wait to see what Salsano will be working on next!

*Don't miss the next third installment of Hear Me, Love Me, See Me on TLC, airing on Saturday, March 17th at 10 p.m. EST.*