

# Celebrity News: Jessica Alba Celebrates Cash Warren's 40th Birthday with Pajama-Themed Birthday



By Mara Miller

In latest celebrity news, [Jessica Alba](#) threw a game night pajama-themed birthday party to commemorate her husband Cash Warren's 40th birthday party, according to [EOnline.com](#). They played corn hole, in which Alba got very competitive, and served Dave's Hot Chicken and Dylan's Candy Bar. And of course, there was cake, along with a marching band. After guests sang happy birthday to Cash, he gave a speech about his wife and how lucky he is to have her. They posted cute

pictures of themselves of the event on Instagram.

## **In Celebrity News, Jessica Alba threw a pajama-themed party for husband Cash Warren for his 40th birthday party. What are some unique ways to celebrate your partner's birthday?**

Birthdays are always a reason to celebrate your spouse and to show them how much you love them. Here are a few ways you can surprise them for their birthday:

**1. Make him feel loved:** Make him breakfast in bed or leave him a little love note to find in his truck or car that says "Happy birthday!" Let him know that you're thinking about him and give him something to look forward to later if he couldn't get the day off for his birthday.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

**2. Throw a themed party:** Does he love Star Wars? Final Fantasy? World of Warcraft? Marvel Comics? Pick a theme, invite over a few friends with their computers, and have a lightsaber fight or a video game night.

Related Link: [Celebrity News: Pete Davidson Says Ariana Grande Is 'My Favorite Person That Ever Existed' on Her 25th Birthday](#)

**3. Dinner Night:** If he isn't the type of guy who likes a surprise party, home dinner kit companies like Home Chef or Blue Apron frequently have sales just for signing up for the first time, like \$20 dollars off your first three boxes. Some of them have started offering their kits in select grocery

stores. This way, if you don't feel like going out to eat, you can still have the same experience at home with delicious food. It's a lot of fun to cook together, too!

What are some unique ways you've celebrated your partner's birthday? Comment below!

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## Fitness Trends: Shakes & Smoothies



By [Jessica Gomez](#)

Shakes and smoothies are delicious ways to stay healthy because of all the nutrients they provide and the fact that

they keep your body hydrated. You can get healthy shakes and smoothies at cafes and juice bars or make them at home with a juicer. Many celebrities juice and drink smoothies to nourish the body, mind, and spirit. Among them are [Jennifer Aniston](#), Jessica Alba, [Blake Lively](#), and [Kate Hudson](#).

**Get a celebrity body by learning the health benefits of the [smoothie fitness trend](#), along with some yummy, healthy recipes. Here are our fitness trends:**

**Vitamins and minerals:** Making a fruit smoothie ensures you get plenty of vitamins and minerals like vitamin C, vitamin A, vitamin K, vitamin B6, potassium, manganese, and folate. Find out [the benefits of vitamins and minerals here](#). The vitamins and minerals won't only make your body work better and feel more energized, but it should boost your mood as well.

**Related Link:** [Top 5 Celebrity Diets That Actually Work](#)

**Fiber:** It's a carbohydrate that is a necessary part of our diet! Approximately, women need 25 grams and men need 38 grams. Fiber helps with digestion and lowers your blood cholesterol. Blueberries, apples, carrots, cucumbers, and tomatoes are all fruits and veggies that contain good amounts of fiber and can be included in your shakes, smoothies, or juices.

**Related Link:** [Fitness Secrets: Learn More About Your Body in a Metabolic Chamber](#)

**Protein:** You can definitely add protein to your shakes and smoothies by adding nuts or peanut butter. Protein is important because it helps your bones, muscles, cartilage,

skin, and blood. Women need approximately 46 grams and men need about 56 grams per day.

Making smoothies with water is the healthiest option because you cut back on calories and just get pure deliciousness full of health benefits. [Here](#) are some scrumptious smoothies and juices that celebs incorporate into their celebrity diets. Paired with nutritious meals, smoothies and juices are a yummy addition to a healthy lifestyle.

**What benefits are you now planning on attaining when incorporating smoothies into your diet? Comment below!**

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## **Parenting Advice: How to Keep Your Kids Motivated Throughout the Rest of the School Year**





By [Jessica Gomez](#)

Your child's school year is almost over! However, as they approach the finish line, some students may get off track. This is unfortunate considering that they're so close to the end! Having a support system to encourage kids with their studies is essential. The approach to motivating your children can depend on the child's age. However, some methods can be useful for children of any age if they're customized or "tailored" to the girl or boy, and that is where you, the parent, comes in!

**Keep your child motivated with this [parenting advice](#), along with some examples from [celebrity parents](#):**

**1. Stay involved:** When you are constantly involved in parent teacher meetings and school events, your child is more likely to keep their interest in school going. Being active in your

child's school not only helps you keep an eye on them, but also familiarizes you with the environment they're in for the majority of the week. Being attentive is key. Celebrity couple [Beyoncé](#) and [Jay-Z](#) stay involved with daughter Blue Ivy's school. Bey volunteered at a fundraiser last year where she performed three hit songs, while Jay-Z attends PTA meetings. And, the duo alternates picking her up and dropping her off to school. If this busy, power couple can make the time, so can you!

**Related Link:** [How to Keep Your Children From Getting Hurt at School Valentine's Day Parties](#)

## **2. Create a reward system while keeping yourself up-to-date:**

Whether the reward is big or small, a reward is a reward. For example, having your kids do their homework straight after school before taking part in other activities is one way to do it. After doing their homework, getting to play, watch TV, or do any other acceptable activity is a reward. When creating and implementing a reward system, it is important to keep yourself updated with your child's work. Make sure they do their homework and projects, and don't forget to ask them how school went and what they learned. For a little more information on creating reward systems (specifically ones based on the child's age), read on [here](#) along with other creative ideas on [Pinterest](#).

**Related Link:** [How to Connect with Your Teenager](#)

## **3. Encourage them:**

This sounds simple, but many parents tend to sometimes miss it. School becomes something they expect their kids to do because they have to, but that does not mean that it requires any less encouragement than any other activity. Sometimes we're focused on tough love or are just not as involved as we should be (back to tip #1 above). Whichever the case, parents need to find different ways to keep their kids going. Be their cheerleaders! Many celebrity parents like Sarah Jessica Parker, [Jennifer Lopez](#), Sarah

Michelle Gellar, Jessica Alba, and [David Beckham](#), took the approach of encouraging their kids on the first day of school by posting photos on social media – photos can be seen [here](#). This can also work toward the ending of the school year because it's an exciting time that should be celebrated.

**Related Link:** [5 Tips for Co-Parenting](#)

**4. Create a nice, clean work space for them:** Having a study area free from clutter and unlimited distractions is an important space to have. It encourages you to do work and keeps you situated. Ideally, a good work space will be organized, well-lit, and comfortable. If your child is easily distracted by what's going on outside, their study space should be away from any windows. If they work well in silence, choosing the quietest place is a good idea. If they like some low background music, choose a space where you can set that up. Learn your child's learning and productivity style, and then appoint a space as their study area based upon it.

**Related Link:** [Celebrity Parents Open Up About Their Best Parenting Advice](#)

**5. Share a productive and motivating lifestyle with them:** Your mentality has a big say in how motivated and productive you are. Besides controlling your way of thinking, there are a few ways to change your lifestyle and your child's. Getting eight hours of sleep is important, depending on your child's age, even 10 hours of sleep is good for them. Many kids don't get the proper amount of sleep, which makes them too tired to be fully focused and productive in school. A good diet is also important because your child needs the energy to do well in school and in the other parts of their lives. Dark fruits and vegetables along with ones rich in Vitamin B (like broccoli, spinach, celery, beets, blueberries, apples, potatoes, and beans) improve memory and cognition and are also good for alertness. And of course, stay fit by exercising together as well.



**Related Link:** [Parenting Tips to Stay Sane for the Rest of the Summer](#)

These are just a few ways to help your child stay motivated for the rest of the school year – there are many more! Being a parent is a huge responsibility, and in order to do the job right, you have to know your child and incorporate different aspects of life into your parenting style, like described above.

**What are some ways you keep your little one motivated as they become eager to finish the school year? Share below!**

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## **Food Trend: Foods to Help Fight Springtime Allergies**





By [Rachel Sparks](#)

Springtime is incredible. We can finally shed those extra layers, the greenery is coming back, the world is colorful from thousands of blossoms, and all the animals and birds come back. It's a time of life and renewal, until allergies kick in. What can ruin a magnificent springtime? Itchy eyes, a runny nose, and an incessant cough. [Hilary Duff](#), [Jessica Alba](#), and Tori Spelling are all known for their suffering from allergies. Cupid has the best [food trends](#) to help kick your allergies to the curb.

## **These food trends will help you survive the dreaded allergies of springtime!**

**1. Probiotics:** You've heard of the wonders of probiotics. They're great for balancing bacteria in your belly to make sure that your insides work without any issues. Guess what else they do: fight allergies! Studies have shown that babies

who feed on breastmilk where the mother took probiotics during and after pregnancy are less likely to have eczema and other forms of allergies. The good news for adults: we can skip the milk and go straight to the probiotics for some relief.

**Related Link:** [Tree Infused Water is Making Celebrity News as a Diet Staple For Fit Stars](#)

**2. Sinus clearing spices:** Spices like anise, fennel, horseradish, and mustard act as natural decongestants. If you're feeling stopped up in the nose, eating or drinking some of these spices help break up the congestion in your nose so you can breathe a bit easier.

**3. Bioflavonoids:** Say what? Bioflavonoids are proven allergy relief because they act as mast-cell stabilizers, which decrease the number of cells that react to allergens. Fewer cells reacting means fewer allergy symptoms. Where can you find these miracle workers? In apples, onions, tea, and red wine.

**Related Link:** [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind by Eating These Super Foods](#)

**4. Omega-3's:** Yup, that fish oil trend you've heard about for years is legitimate and well worth jumping on the band wagon. Along with happy vitamins that help balance your emotions and the memory-boosting elements, your swimmer friends contain EPA and DHA. Both EPA and DHA reduce allergic reactions. The best source: cold water fish, such as salmon, sardines, trout, tuna, bluefish, and herring

**5. Local Honey:** Our personal favorite: honey! It's sweet and delicious, great in dessert, teas, or even on a spoon. If you've ever had a cough, your mom may have made you drink tea with honey. The honey sticks to your throat, calming any irritation. But it gets better. Local honey uses local pollen, the very thing that causes your allergies. Ingesting this is a natural way of boosting your body's resiliency against local

allergens.

How do you fight springtime allergies? Share your secrets below!

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## Get a Knockout Look with This One-Two Punch in Hairstyles



When you pick up the latest copy of your favorite hair magazine, you'll find all kinds of interesting looks that'll likely draw your interest. The big question is, which one should you try? Are any of them worth a go, or should you stick to the same style you've been wearing for a few years

now? If you're looking for a new look, you couldn't do better than picking what are considered two of the hottest trends of the moment, namely hair extensions and balayage. While each is a phenomenal opportunity for you to upgrade your 'do in style, when combined they can be even more of a showstopper.

## **Here's what you should know about these two of the most in-demand hair looks around.**

### **Balayage—Is It Worth All the Fuss?**

Balayage is a hair technique that's been getting tons of press as of late. All the latest Hollywood actresses, models, and music stars, such as Heidi Klum, Selena Gomez, Halle Berry, Ciara, Jennifer Anniston, and Jourdan Dunn, have been donning looks that are based on the balayage process in which color is "painted" into the hair by hand, rather than stylists using foil. Jennifer Lopez, who's been known to have arguably the best hair in the City of Angels, has been a great example of a star who's worn a balayage-based style with extraordinary flair.

The technique looks much like the ombré style, and, in fact, women frequently use the names interchangeably, although they are not the same at all. Since balayage is a technique itself, it can be used to achieve an ombré style. Otherwise, it's identifiable trait is that it starts higher on the head than the ombré look does, but both have the characteristic gradation in color, going from dark to a much lighter shade, with ombré extending all the way down to the very tips, or ends, of the hair.

Balayage is well-loved for many reasons. One of them includes the fact that it doesn't quite require as much maintenance as the ombré style. It's not unheard of for women with balayage

to not need any kind of touch-up for as long as six months, even. Another reason why it's much loved is that it's fine for all different hair types and lengths (except super-short styles).

## **Hair Extensions**

Not only has Jennifer Lopez donned tresses with balayage, but she's also been photographed with stellar hair extensions. She joins a long list of actresses and other celebs, such as Jessica Alba and Paris Hilton, who've discovered this amazing way to go glam really fast. Non-celebs are also increasingly getting them added; even teens are opting for extensions so they can be prom-ready. On a slightly more serious note, more women are also discovering that extensions, while being great to add length can, more importantly, also add density; for women with thinning hair, it's therefore a true godsend. They no longer feel embarrassed by their thinning hair.

Before you dash off to your stylist to get extensions, make sure this is one of their areas of concentration. What you want to do is go to a salon with a hair specialist who really knows how to apply hair extensions, like Colorado's Elle B, a full-service [hair extension salon in Denver](#), with specialists in hair extensions who are 100 percent certified. If you go with an uncertified specialist, it's a huge gamble; you run the risk of having it poorly done that can ruin your own hair. Hair loss has even been reported. A well-qualified specialist can guide you about the best products you should use to avoid any kind of long-term harm to your hair.

## **Balayage Plus Hair Extensions**

What many women don't realize is that they can get various treatments done on their hair extensions as if it were their natural hair. Remember, hair extensions made of human hair are still human hair, which means a stylist can still treat the hair with the balayage process to help you achieve incredibly

streaked hair just as if it were done au natural. This combination creates a truly original crown of hair that would surely set you apart and thoroughly confuse anyone about what's real and what's not.

### **Long and Short of It**

Getting either balayage or hair extensions, or both, is a great way to add dimension and density to your hair. It can add a fresh new look and produce a fresh new you. If you're looking to free yourself from the same styles, try these hot looks out for a change.

**What celebrity hair trends have you been dying to try? Share below!**

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## **Top 5 Kid-Friendly Fashions That Celebrity Parents Love for Their Own Children**





By [Noelle Downey](#)

There's no doubt about it, we all love to keep up with what the stars are wearing, whether on the red carpet or while stepping out of the gym, so we know what fashion standards to strive for with our own wardrobes. But what about when it comes to dressing our kids? While [celebrity fashion trends](#) for children featured in magazines can look adorable, are they actually kid-friendly? And do [celebrity kids](#) actually wear them? Well, now your fashion fears are over! We here at Cupid's Pulse have compiled a list of the top five most fashionable brands that celebrity kids wear and [celebrity parents](#) love that your own favorite kiddos can't help but enjoy too!

**Keep your kids in style with these  
celebrity fashion trends for  
children that celebrity parents**



# can't get enough of!

**1. Western Chief Rainwear:** If you want to keep your favorite kiddos dry and in style, why not invest in the brand that some of your favorite celebrity kids are wearing these days when the clouds roll in and the days get stormy. Western Chief is known for its adorable boots, raincoats, and umbrellas featuring characters your kid loves such as Batman, Hello Kitty, or Thomas the Train Engine. [Celebrity moms](#) from [Katie Holmes](#) to [Gwen Stefani](#) have been spotted out with their kids wearing these cute designs, so now is definitely the time to get the jump on this celebrity fashion trend for your kiddos! Keep them dry in this awesome rain gear so they can fashionably splash in puddles to their heart's content.

**2. The Mini Classy Harem Pants:** Every parent knows that kids love to run around and move freely when it comes to play time, so why not allow them to do it in style with these comfy harem pants from celebrity-approved line The Mini Classy? These loose and soft striped pants will give your kids plenty of wiggle room as they scramble up the climbing wall at the park or race to the dinner table for lunch. Not only are they comfy and fashionable, they're also (obviously) incredibly cute, and it's clear that celebrity parents everywhere agree. Superstars like reality TV star [Khloe Kardashian](#) and Mario Lopez have grabbed a pair of these pants for their favorite kids, and now you can too!

**Related Link:** [Satin Is the Newest Celebrity Style for Spring!](#)

**3. Burberry:** Although Burberry certainly isn't cheap, if you're looking to splurge on something red-carpet worthy for your little one, look no further than Burberry's kids line. Grab one of Burberry's signature checked coats to keep your child toasty on nippy fall nights or cold winter mornings, or bundle them in a Burberry sweater with matching scarf for a

chic look that will also keep them warm and glowing all winter long. After all, they'll certainly be in good company, with celebrity parents like [Victoria Beckham](#) and [David Beckham](#), [Tom Cruise](#) and Katie Holmes, and Khloe Kardashian and Scott Disick also choosing to dress their children in this fashionable line.

**4. Stella McCartney Kids:** If you're looking for a line that is probably one of the most-used when it comes to famous parents dressing their celebrity kids, look no further than Stella McCartney Kids. Stella McCartney not only features fashions for fabulous adults, she also caters to cute kiddos with a line featuring clothes that are both comfy for kids and incredibly fashionable. Who's been spotted dressing their kids in this brand name? Everyone from singing superstar Madonna to [Jessica Alba](#), [Angelina Jolie](#), [Brad Pitt](#), and David Beckham. If you're looking to dress your child in comfy clothes made for the stars, Stella McCartney Kids may just be the way to go.

**Related Link:** [Product Review: Get This Spring's Parenting Must Haves!](#)

**5. Luna Leggings:** For a fun and funky twist on a traditional black legging, try these fun, celebrity-parent-approved leggings, which mix fashionably bright patterns and colors with durability and comfort for a kids clothing item that's both on trend and on point. *How I Met Your Mother* star and celebrity mom Alyson Hannigan has been spotted out with her daughter Satyana sporting these leggings many times, and Sarah Jessica Parker and Matthew Broderick's adorable twin girls have also been seen in these Luna originals during some of their rare public appearances.

**What do you think of these celebrity fashion trends for kids? Are they too cute for words, or just not your cup of tea? Let us know in the comments!**

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# Dating Advice: Movies to Get You In the Mood for Valentine's Day



By [Katie Gray](#)

Cupid strikes! Now that it is officially February, we are in the month of love. That means that Valentine's Day is just around the corner. Bring on all of the chocolate and

champagne! While we make plans with our significant others, families and friends, [celebrity couples](#) are doing the same. There's no better way to get into the Valentine's Day spirit, than by watching your favorite [celebrity relationship](#) and love stories on screen. In preparation for Valentine's Day, fall in love with these films!

## In this [dating advice](#), Cupid has compiled six movies to get you in the mood for Valentine's Day:

**1. *Valentine's Day*:** The title says it all! The 2010 box office hit film, *Valentine's Day*, revolves around a group of people as they deal with their love struggles and strengths on Valentine's Day. This commercially successful movie was directed by legendary romantic-comedy filmmaker, Garry Marshall. The ensemble cast included: [Jessica Alba](#), [Bradley Cooper](#), [Jessica Biel](#), Patrick Dempsey, Julia Roberts, Jamie Foxx, [Jennifer Garner](#), George Lopez, Emma Roberts, and many more. [Taylor Swift](#) even made her film debut and her song "Today Was A Fairytale" is in it!

**Related Link:** [Top 10 Most Romantic Movie Locations](#)

**2. *Pretty Woman*:** It's always a good time to watch the 1990 hit romantic-comedy, *Pretty Woman*. However; it's especially essential to view it during the Valentine's Day season. The film stars Julia Roberts and Richard Gere, and is directed by Garry Marshall. It depicts a love story between a Hollywood hooker, Vivian, and Edward, a wealthy businessman. She is hired to be his escort for several social outings, and they end up having a deep connection and develop a loving relationship.

**3. *Dirty Dancing*:** Now I've had the time of my life! *Dirty Dancing*, is one of the most successful films of all time. In

2009 it had grossed over \$214 million dollars worldwide. The romantic dance drama, stars Patrick Swayze and Jennifer Grey. It takes place in the summer of 1963 at a resort in the Catskill Mountains, and follows the stories of the guests and employees.

**Related Link:** [World's Wealthiest Celebrity Couples](#)

**4. *When Harry Met Sally*:** The 1987 romantic comedy, *When Harry Met Sally*, has become a cultural hit. The film stars Meg Ryan and Billy Crystal. It's about the path of the main characters, Harry and Sally, on their adventure to New York City. The film became wildly popular and is full of humor, perfect for Valentine's Day vibes.

**5. *Breakfast At Tiffany's*:** What better film to watch for Valentine's Day, than the classic film, *Breakfast At Tiffany's*? It won two Academy Awards and has been critically acclaimed. Audrey Hepburn, Tiffany & Co, and New York, is all you need to feel the love. This 1961 film, is based on the book by Truman Capote.

**6. *Sleepless in Seattle*:** Tom Hanks and Meg Ryan dazzle in the romantic comedy, *Sleepless in Seattle*. This 1993 romantic movie, has garnered critical and commercial success, grossing over \$220 million. This touching and heartfelt movie will have you feeling lots of love. Most importantly, it provides viewers with hope that true love is out there and soulmates are real. It gives the perfect vibes for Valentine's Day.

**What are your favorite movies to get you in the mood for Valentine's Day? Comment below!**

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# Celebrity Couples: Marriages That Survived the Seven-Year Itch





Jessica Alba and Cash Warren

What a fantastic love story this celebrity couple shares! Alba met Warren on the set of 'Fantastic Four' in 2004, and by 2008, the two had said "I do." The pair later welcomed daughters Honor and Haven. Photo: STPR / PRPhotos.com

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## 20 Fashionable Celebrity Moms





Page 1 of 20



Gwen Stefani

The No Doubt front woman and L.A.M.B. fashion designer has a unique sense of style, one that she's passed down to her three



# Celebrity Photo Gallery: Romantic Getaways





Adam Shulman and Anne Hathaway

This famous couple enjoyed a nice summer getaway in sunny Spain! The pair spent time on a yacht, soaking up the sun and playing in the water together. Photo: LRR/FAMEFLYNET PICTURES

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## Hollywood Stars and Their Trendsetting Celebrity Kids





Page 1 of 20



Honor and Haven Warren

Jessica Alba and Cash Warren's daughters know that prints are in! Take a cue from Honor and Haven and rock stripes or polka

dots this summer. Photo courtesy of Jessica Alba's Instagram.

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# Celebrity Kids: They're Just Like Us





Kim Kardashian with daughter North and niece Penelope

Even celebrity kids need hobbies! North and her cousin Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

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## Famous Couples Share How They Celebrate Mother's Day





By [Courtney Omernick](#)

While so many [celebrity couples](#) will be celebrating Mother's Day this year, either for the first time or for the 8th time, Cupid got to take a look inside a few famous couples' Mother's Day festivities.

## Here are some ways our favorite famous couples celebrate Mother's Day:

**1. Jessica Alba and Cash Warren:** Jessica, Cash, and their daughter, Haven, keep things casual on Mother's Day. This family loves going to brunch.

**Related Link:** [Get Details on Nikki Reed and Ian Somerhalder's Sunset Celebrity Wedding](#)

**2. Camila Alves and Matthew McConaughey:** Camila and her daughter, Vida McConaughey, leave Matthew at home. These girls spend Mother's Day in style by jewelry shopping in NYC.

**Related Link:** [Prince William and Kate Middleton Celebrate 4th Celebrity Wedding Anniversary While Awaiting Royal Baby](#)

**3. Hilary Duff and Mike Comrie:** Who knows what's in store for Hilary this Mother's Day, as she is newly single celebrity. But, typically, it's a warm Mother's Day for the celebrity mom. Hilary and her son, Luca, were spotted soaking up the sun's rays in Mexico last year.

**4. Channing Tatum and Jenna Dewan-Tatum:** Channing and his wife, Jenna, keep this special holiday a family affair. They spend their time with their daughter and Channing's mom.

**5. Halle Berry and Olivier Martinez:** This celebrity couple spends Mother's Day enjoying lunch with her children in sunny Los Angeles.

**How do you and your mom spend Mother's Day?**

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## **Our Favorite Superheroes and Their Significant Others**





Page 1 of 10



Ryan Reynolds and Blake Lively

This adorable couple met while filming 'Green Lantern,' in which Reynolds played the superhero and Lively was his love



interest. They were married on September 2012 and most recently walked the red carpet together at the Cannes Film Festival. Photo: AAR/FameFlyNet

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# Famous Couples: First Comes Celebrity Baby, Then Comes Marriage





Brad Pitt and Angelina Jolie

This power couple has welcomed six adorable children into their family -- three of whom they adopted -- since they began dating in 2005. In April 2012, they announced their engagement, but they still haven't made any moves to tie the knot. Photo: Landmark / PRPhotos.com

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## The Most Fashionable Celebrity Baby Bumps





Page 1 of 11



Olivia Wilde

The former 'House' actress fully embraced her baby bump at the 2014 Golden Globe Awards, dressing in a fitted, green-sequined dress that certainly turned more than just a few heads! Photo: Juan Rico/FAMEFLYNET PICTURES

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# Celebrity Couple Predictions: Chrissy Teigen, Jessica Alba and Eve



By Shoshi

For today's post, let's look at three celebrity couples with happy and strong relationships – one twosome settling into married life, one duo with two adorable daughters, and one pair of newlyweds:

**Chrissy Teigen and John Legend:** This beautiful supermodel and her husband are just simply one of the cutest couples in

entertainment. They were together for seven years before the sexy singer put a ring on it, and now, the couple appears to be blissfully married.

What makes these two work is that they allow each other to be who they are. In case you haven't noticed, Teigen is a bit of a wild woman, while Legend is more reserved. It's a great balance in their relationship, and there is a wonderful foundation of love and respect that keeps them going strong.

Baby energy is swirling around Teigen, so expect an announcement that they will be welcoming a bundle of joy by late September or early October. I keep seeing two babies arriving at the same time, which could be a sign of twins. Once Teigen starts to have kids, she will have a clothing line for little ones, which will be a huge success around the world. It will be such a hit that she will pretty much drop modeling to focus on being an entrepreneur.

**Related Link:** [John Legend is Engaged to Model Chrissy Teigen](#)

**Jessica Alba and Cash Warren:** There are rumblings that this pair are having marital troubles due to The Honest Company founder being the breadwinner. They met on the set of *Fantastic Four* – she was the lead actress in the movie, while he was a production assistant. At the time, Alba was the more famous of the two, but who knew she would go from being a B-list actress to a savvy entrepreneur and spokesperson?

Fans, rest easy: Alba and Warren are not separating or getting a divorce. They are best friends and trust each other with everything. However, there is a some tension in their marriage. Warren is trying to figure out how to leave his mark on the entertainment business by being known as more than “Jessica Alba's husband.”

Luckily, Warren is beginning to gain some ground as a producer. He will end up producing a movie that gets him some notoriety and even nominated for an award – and Alba will be

there right by his side, cheering him on. This couple will continue to go strong.

**Related Link:** [Jessica Alba and Cash Warren Celebrate Five-Year Anniversary](#)

**Eve and Maximillion Cooper:** Eve is officially off the market! This past weekend, she married her longtime boyfriend, Gumball 3000 entrepreneur Maximillion Cooper, in an intimate ceremony in Ibiza, Spain. The two met at the Gumball 2010 rally when Eve was a participant in the race, and they have been together ever since.

While some may think that they're an odd couple, they are a great match. Eve became really clear about the type of relationship that she wanted, and she made big changes in her life for love, including moving to London. Long story short, girlfriend did what she had to do to get her dream guy. It can also be said that the singer is exactly what Cooper was looking for. After his first marriage ended, he wasn't sure he would get married again, but now, he cannot imagine his life without Eve; she is his backbone.

Recently, the rapper formed her own label and released an album, but all of that is going to take a backseat now. She's going to focus on her new television show about interracial couples and getting pregnant. Cooper has four children with ex-wife Julie Brangstrup, but Eve is so ready to have a little one of her own with him. She also recently said that her stepchildren want her to make them a brown baby sister. A baby is indeed on the way but not until 2015.

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# Celebrities Who Lose Baby Weight Fast



By April Littleton

We're all envious of the women we see on the front cover of magazines who seem to lose all of their baby weight as soon as they deliver their child. Some of us blame Photoshop because there's no way these celebrities can drop those pounds so quickly. While other readers credit the rapid weight loss to plastic surgery. This method might be used among some of the famous stars we know, but some of them still enjoy getting their bodies back in the right way:

**1. Jenna Dewan-Tatum:** Just six weeks after giving birth to her first daughter Everly last May, the *Witches of East End* star

was back to work – in a size zero. “I wasn’t one of those girls who’s obsessed with losing weight, but that was a pretty good motivator. I thought, I’ve got to fit in the clothes I wore before!” she said in an interview. Dewan-Tatum managed to lose her baby weight so quickly due to the strict diet and regiment she stuck to while pregnant. “I think a lot of women find out they’re pregnant and are like, ‘Let’s go crazy and eat ice cream every day!’ To me, it was, ‘I’m growing a human being, and I want to give this little soul the best nutrition I can,” she said.

**Related:** [Celebrity Couples who Keep Their Relationships Out of the Spotlight](#)

**2. Jessica Alba:** This Hollywood actress used unconventional methods to loss weight after giving birth to daughters Honor Marie Warren (born 2008) and Haven Garner Warren (born 2011). “I wore a double corset day and night for three months,” Alba told *Net-a-Porter*. “It was sweaty, but worth it,” she added.

**3. Gwyneth Paltrow:** The *Iron Man 2* actress is also known for her commitment to physical fitness. After giving birth to daughter Apple (born 2004) and son Moses (born 2006), Paltrow worked out for two hours a day with celebrity trainer, Tracy Anderson. “It was not easy and, when I started it, it was by far the hardest thing I have ever done – but I really was seeing results so it motivated me to just work through it,” she said, according to the Press Association.

**Related:** [5 Celebrity Couples who Are Still Friends After Divorce](#)

**4. Beyonce:** The *Drunk in Love* singer gained 57 pounds while pregnant with daughter Blue Ivy Carter. Three months later, she was back on stage looking her best. Beyonce told *Shape* magazine that she lost the weight by refraining from eating red meat and pasta. She also stayed active while she was training for her tour.



**5. Gwen Stefani:** This singer has the perfect body before and after pregnancy. Stefani is a mother to two boys, Kingston and Zuma. "I worked out with my trainer throughout my whole pregnancy until about two weeks before," she said about her rapid weight loss. Stefani also revealed she's expecting a third son sometime this year.

**Related:** [Top 10 Celebrity Couples of 2013](#)

**6. Shakira:** The Colombian singer lost all of her baby eight just three months after giving birth to son Milan. Shakira said she took Zumba classes five days a week, participated in yoga exercises and calisthenics. The *Hips Don't Lie* singer also ate eight small meals a day consisted of 1,600 to 2,000 calories.

**What other celebrities should be included in this list? Comment below.**

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**Celebrity Couple: Jessica  
Alba and Cash Warren  
Celebrate Five-Year  
Anniversary**





By Kerri Sheehan

Jessica Alba and husband Cash Warren are still happy in love five years after walking down the aisle! The two met on the set of *Fantastic Four* and have two daughters together, Honor, 5, and Haven, 3. According to [UsMagazine.com](http://UsMagazine.com) Alba dished to iVillage, “Making time for our relationship in our daily routine – even though it’s surprisingly predictable and may not seem as spicy as our spontaneous pre-kiddo days – [it] really helps keep the romance alive.”

**What are some little romantic things you can do to make your anniversary special?**

### **Cupid’s Advice:**

There are many ways to make your anniversary special. Here are some suggestions from Cupid:

**1. Hidden envelopes:** After being married for five years the honey moon phase tends to dull down a bit. Take this day to remind your partner of the reasons why you love them by stashing hidden messages around the house. Their morning

cereal box, their brief case, and taped to their shampoo bottle are some clever places to hid them!

**2. Make a mixed CD:** Almost everyone uses music to express their feelings and mark special times in their life. Include songs that remind you of your partner and songs that define your relationship.

**3. Do a scavenger hunt:** Leave clues where your spouse will see them and bring them to all of the places where your “firsts” happened, ex. First date, first kiss etc. Be sure to be waiting at the end of the hunt with flowers and big smile.

**How do you make your anniversary special? Share below.**

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# **Celebrity News: Earth Day In Hollywood How Celebrity Families Go Green**





By Jenny Schafer for Celebrity Baby Scoop

Hollywood is going green!

On April 22, more than one billion people around the globe will participate in Earth Day. In celebration, let's take a look at eco-friendly celebrities like Jessica Alba and Tori Spelling who inspire others to protect Mother Nature.

**Look through our list of high-profile families who minimize their carbon footprint.**

### **Tori Spelling:**

Tori Spelling and Dean McDermott are proud parents of four kids: sons **Liam**, 6, and **Finn**, 6 months, and daughters **Stella**, 4, and **Hattie**, 1.

The reality TV mama recently opened up to [Celebrity Baby Scoop](#) about going green "everyday," not just one day out of the year.

"Everyday is Earth Day in our house," Spelling said. "We

definitely try to teach our kids to take care of the earth. Just the other day, actually, in fact it was in the playroom, Liam came up and said I turned off the lights in the playroom because I don't want the earth to get sick. It was really cute."

She added: "We teach all about recycling, we compost. We try our best to teach them how to take care of the earth."

### **Jessica Alba:**

From her chic sense of style, to her hands-on playdates at the park, to her eco-friendly business, we can't get enough of Jessica Alba. After creating The Honest Company last year, the mom-of-two is now promoting her debut book, *The Honest Life*.

"It's a colorful how-to guidebook for people who want to make a healthy and non-toxic home without giving up the fun fashionable things," Jessica recently opened up to Celebrity Baby Scoop. "I hope people will be inspired to make the ideas their own and find what works for them."

She went on to talk about modeling an eco-friendly lifestyle with husband Cash Warren and their two daughter **Honor**, 4, and **Haven**, 1.

"First and foremost, we try to model and practice eco-friendly habits for the girls," Alba said. "Otherwise, we talk to them about being mindful and explain that things can be turned into something else one day. This can be as simple as teaching them about recyclables and showing how to sort bottles and cans from trash."

She added: "We also do a lot of DIY crafts like using cardboard boxes to make airplanes and dollhouses—our creative playtime together similarly shows the girls about repurposing old items."

The *Sin City* star says involving kids in the process is not only fun, but educational.

“Involving children in gardening and cooking is another great way to inspire eco-friendly living,” Alba shared. “Caring for the plants in our herb wall garden helps Honor understand the steps to growing food (including patience!), how it ultimately lands on her plate, and about being a good steward of the planet.”

The proud mom added: “Honor is also a great sous chef when we’re in the kitchen, so being a part of the dinner process encourages her to eat the foods she grows and develops her taste for fresh ingredients. Hopefully, this lays the foundation for children to prioritize their health and that of the planet.”

### **Tiffani Thiessen:**

Audiences first fell in love with Tiffani Thiessen as Kelly Kapowski in *Saved by the Bell* and later Valerie Malone in *Beverly Hills, 90210*. Now we love her as event planner Elizabeth Burke in *White Collar*, and doting mom to 2-year-old daughter **Harper**.

The actress recently opened up to Celebrity Baby Scoop about the importance of leading an eco-friendly life.

“Earth Day is very important to us,” Thiessen said. “I’ve always been a believer in being green. We as a family recycle. We grow our own veggies and we have water tanks that store rain water and we then use to water our yard.”

**What are some of the ways you and your family celebrate Earth Day? Share in the comments below.**

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# Celebrity Baby: Jessica Simpson Celebrates Her Baby Shower



By Andrea Surujnauth

Jessica Simpson celebrated her baby shower on Sunday, reported [People](#). Guests included Simpson's sister Ashlee, close friend Jessica Alba, and hair stylist Ken Paves. In the Tom Sawyer-themed bash, vintage tables, tin pitchers, and a wooden boat alongside the nearby pond were incorporated in the event. Simpson served pigs in a blanket, mini sliders and grilled cheese from a custom station. The mom-to-be was also sure to request Thousand Island dressing for the salad bar, "She's craving it!" says Mindy Weiss, Simpson's party planner. Simpson had a look of pure joy as she entered the party

holding her 11-month-old daughter, Maxwell, and patting her pregnant belly. Simpson is expecting a baby boy.

**What are some ways to make a baby shower for a second child special?**

**Cupid's Advice:**

You had one baby shower already, so you don't want your second shower to be a carbon copy of the first. How do you make it special? Cupid has some tips:

**1. Theme:** Creating a theme for your second shower will make it a very special experience for all of your guests. Try not to go with simple themes like baby animals, go with something more out of this world like Jessica Simpson's Tom Sawyer theme!

**2. New Games:** Don't repeat games from your last baby shower. Try some new ones, or even better, make up your own! Your guests will love playing something different than the regular old baby shower games.

**3. Arts and Crafts:** Get your guests involved with baby preparation by having a baby headband or baby hat decorating station. The guests can design a headband or hat for your little bundle of joy. It will increase the excitement for the little one's arrival.

**What are some other ways to make a baby shower special? Share your thoughts below.**

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# Jessica Alba's Sexy Sweet Style



By Ann Csincsak

From a hero in *The Fantastic Four* to a stay-at-home mom to her two daughters, this woman knows how to steal the spotlight with every outfit she wears. Her chic style is the envy of every shopper at the Target checkout counter since she graces the cover of *InStyle's* February issue.

Jessica has the perfect balance of sexy and smart in this street-savvy black ensemble and denim-on-denim outfit. She perfectly transitions from winter to spring with a vest and open-toed heels. **STYLE TIP: Keep your accessories light and dainty for the upcoming season!**

## Get The Look



1. MinkPink Motorcycle Diaries Vest, \$69
2. J Brand Low Rise Leggings, \$150
3. Essie Chinchilly Nail Polish, \$8
4. Kate Spade Mini Bow Ring, \$48 \*TREND ALERT!

## Jessica Alba



1. Wildfox Couture Peacock Feather, \$59

2. Missoni Maki Skirt, \$450

3. Chicnova Denim Vest, \$39

4. Baublebar Arrow Ring, \$24

*For more style tips and tricks, follow me on [www.cashmereandcoco.com](http://www.cashmereandcoco.com) or on twitter at @anncsincksak!*

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## Jessica Alba: My Husband & I Are “Kindred Spirits”



By Jenny Schafer for Celebrity Baby Scoop

Mom-of-two Jessica Alba, 31, covers the February issue of [InStyle](#) and opens up about life with husband **Cash Warren** and their two daughters **Honor**, 4½, and **Haven**, 16 months.

**On her connection with Cash:** “I just knew when I met him that I was going to know him forever. It was weird; he instantly felt like family. I’d never felt like that with anyone. We got each other. We’re kindred spirits. On a weekend Cash might say, ‘Go get your nails done with a girlfriend. Haven is down for a nap and Honor and I will play. I know you work hard. You deserve some time for yourself.’ That, to me, is romantic. He’s saying, ‘You matter,’ and that I’m more than just the mother of the kids or the wife who goes out to events with him.”

**On celebrating their ancestry:** “When Cash and I moved into our family house, we collected hundreds of pictures of our aunties, great aunties, moms and dads, grandmas and grandpas, and sisters and brothers. Then we mounted them in the foyer of our home, covering the wall from top to bottom. Our daughters are continually reminded of where they come from.”

**On multitasking:** “Sometimes I can take multitasking to a level of insanity. Then all of a sudden the bath is too high and I’ve forgotten to give my daughter the thing she needs for school.”

**On being a perfectionist:** “Before I had kids, I was very responsible and serious. I used to be all about controlling my environment; Everything had to be just so. Now my idea of perfection is different. You can label bins and have a place for stuff, but when the kids go into the playroom, you’re not going to say, ‘We can’t paint because how are we going to clean it up?’”

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# Celebrity Kids Go Trick-Or-Treating



By Jenny Schafer at [celebritybabyscoop.com](http://celebritybabyscoop.com)

It's Halloween in Hollywood! Could you imagine the likes of [celebrity kids](#) like Shiloh Jolie-Pitt or Honor Warren coming to your front door on this spooky night? For some lucky neighbors, that's just what happened last year. This week, we're taking a look at five celebrity couples that love to go trick-or-treating with their tots in their swanky neighborhoods.

# Celebrity Kids That Trick-or-Treat

**1. Angelina Jolie and [Brad Pitt](#):** Yo Gabba Gabba! [RadarOnline](#) caught Brangelina and their brood trick-or-treating in the Los Angeles area on Halloween night last year. Pitt looked hilarious dressed up as DJ Lance Rock from the kids TV show *Yo Gabba Gabba!* His celebrity love went as the walking dead, while Maddox was a dead army soldier, Zahara was Batgirl, and Shiloh was a jet fighter.

**Related Link:** [Best Celebrity-Inspired Halloween Candy Choices](#)

**2. [Jessica Alba](#) and Cash Warren:** This married celebrity couple got festive with their two daughters, Honor and Haven. Dressed in costumes, the family of four were seen trick-or-treating in their Pacific Palisades neighborhood. Warren looked great as Superman, while Alba wore a cute cat outfit. Honor was the one who stole the show, though, in her Princess Ariel costume.

**3. Sarah Jessica Parker and Matthew Broderick:** Twin sisters Tabitha and Loretta looked absolutely adorable in their Halloween costumes last year as they headed out trick-or-treating in New York City's West Village. The adorable tots were joined by big brother James Wilkie – dressed as Finn from *Adventure Time* – and their dad. Unfortunately, Parker was not with the festive group.

**Related Link:** [Our Favorite Celebrity Couple Halloween Costumes](#)

**4. Deborra-Lee Furness and Hugh Jackman:** Ava Jackman was spotted with her mom in New York City last year. The adorable daughter of the *Wolverine* actor dressed up as a squirrel as she went trick-or-treating in their Manhattan neighborhood. Meanwhile, Jackman and big brother Oscar were spotted collecting candy with a group of friends.

**5. Naomi Watts and Liev Schreiber:** Watts and Schreiber (we assume it was him under there!) got into the spirit last

Halloween night, dressing up as they headed out for some trick-or-treating in New York City with their sons Sasha and Kai. The week before their big night out, Watts admitted that her boys were still deliberating over their costumes, saying, "They're very into it this year. We've got kings. We've got dragons. We've got turtles. We've got policemen. They're all over the place."

*To read more about the these celebrity kids and families during their spooky escapades, you can read the full article at [CelebrityBabyScoop.com](http://CelebrityBabyScoop.com).*

**Which celebs would you like to see at your door this Halloween? Tell us below.**