Celebrity Couple Jessa Duggar and Ben Seewald Reveal Newborn Son's Name





Abbi Comphel

Celebrity couple Jessa Duggar and Ben Seewald have named their newborn son. According to <u>UsMagazine.com</u>, the happy couple made the announcement in a video on their Youtube channel. The new <u>celebrity baby's</u> name is Spurgeon Elliot Seewald. He was named after a preacher and a missionary. Throughout the entire celebrity pregnancy, they nicknamed him Quincy. Glad they found a name that makes them happy!

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This celebrity couple finally came up with a baby name! What are some fun traditions to consider when you're naming your child?

Cupid's Advice:

It can be difficult picking out names for your children. People buy books, search on the internet and ask for advice when it comes to naming their kids. Cupid has some fun traditions for you to think about when choosing a name:

1. Family: Some of the biggest traditions are naming your children after family. There may be people you really look up to or love, so you want your child to represent their name. It would be such an honor for them and they really appreciate it.

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2. Initials: If you and your significant other have the same first name letter, then you can name all your kids with the same letter. You can also think about making up cool initials for your children. Those are the two best ways when it comes to initials.

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3. Unique: Pick out really unique names for your children. Try to find names you never hear. It will really make your kids stand out, but make sure it is in a good way. When you are choosing a name, think about your son/daughter. They need to like the name as well.

What are some great traditions to think about when naming your

Celebrity News: Jill and Jessa Duggar 'Have Forgiven' Josh Duggar Post-Molestation Scandal



Katie Gray

In recent celebrity news, Jill and Jessa Duggar have forgiven their brother Josh Duggar for the molestation that occurred when they were children. The whole family received therapy and counseling to get through this traumatic and tough situation. The girls opened up about the road to forgiveness and moving forward. According to <u>UsMagazine.com</u>, "On the subject of forgiveness, Kelly says the message was clear. He has been forgiven. 'They told me that,' she said. 'They also talked about the journey from the pain to the forgiveness, and it was not without some bumps in the road. All of the children went through counseling, all of them, not just Josh, not just the victims, all of them went through licensed therapist counseling to try to get through what happened.'"

Not all celebrity news is uplifting. What are three steps to take if you feel you've been molested?

Cupid's Advice:

Molestation is a personal violation, and it's one to be taken seriously. Cupid has some relationship advice:

1. Talking helps: With all things in life, talking helps and heals. It's not good to keep things bottled up inside, Talk to a therapist or counselor who is trained and experienced with dealing with this type of traumatic situation. It's important to realize that it's not your fault, and you are not to be blamed. A counselor and therapist will be able to listen to you without criticism, negativity and judgement. It's also anonymous, so you don't have to worry about anybody finding out what you want kept quiet.

Related Link: Find Out the Duggar Family's 5 Rules for Relationships and Love

2. See a doctor: When incidents like these occur, it's always better to be on the safe side and see a physician. You should

get checked out by your doctor to make sure everything is okay physically, mentally and emotionally.

Related Link: <u>Jill Duggar and New Husband Derick Dillard Are</u> <u>Expecting First Child</u>

3. Find a support system: There are support groups that focus on molestation and rape. It may help you to reach out to these organizations in order to learn that you are not alone. Talking with people who understand what you are truly going through can help you to cope. It helps to relate to people and we bond with those who share experiences with us.

What are some ways you know help deal with a molestation incident? Share your stories with cupid below.