Celebrity Baby News: Another Duggar Is Pregnant! Jinger & Jeremy Vuolo Are Expecting First Child



y <u>Karley Kemble</u>

The Duggar family is growing yet again! 14 months after saying "I do," Jinger Vuolo, the sixth oldest Duggar daughter, is expecting her first child with husband Jeremy Vuolo. According to <u>UsMagazine.com</u>, the <u>celebrity couple</u> is "praising God for this beautiful gift" and hopes that fans and supporters will "join us in praying for a safe and healthy pregnancy." Though Jinger comes from a large family, the reality star and her husband have both kept quiet on how big they want their family to be! Regardless, we are very excited about this <u>celebrity</u> <u>baby</u> news. Congratulations to the Vuolo family!

This celebrity baby news isn't exactly surprising, but we're happy for the couple! What are some ways your relationship changes when you have a child?

Cupid's Advice:

A baby brings lots of changes to you and your partner's relationship. If you're apprehensive about the jump from two to three, you're not alone! Being aware of the changes is helpful, so here's what Cupid has to say:

1. Imbalanced effort: You and your partner might experience growing pains when it comes to divvying up your parental duties. The laundry and bottle washing will seem endless at times! With two of you and one of them, it's certainly challenging to figure out a system that works for each other. It can be done, though!

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2. Drained energy: Your new bundle of joy doesn't come with a concept of time, so late-late nights and early mornings are inevitable. Both you and your partner will have a lack of energy when it comes to your relationship. While you know what you *should* be doing for each other, sometimes you just won't feel up to it. Recognize the importance of affirmations and making time for each other, though! You two need to lean on each other in this new chapter of your lives.

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3. Hindered intimacy: Similar to strained energy, there will certainly be hindered intimacy between you and your partner. The desire to sleep will sometimes (okay, more than sometimes) overpower your desire for intimacy. That is normal – most couples struggle with this! Try your best to keep the romance alive. Start small, and you'll be back to your pre-baby selves in no time at all!

How did your relationship change post-baby? Share your two cents with us below!