Celebrity Kids: They're Just Like Us





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Kim Kardashian with daughter North and niece Penelope

Even celebrity kids need hobbies! North and her cousin Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

Jennifer Garner Says 'It's My Turn' to Work After Supporting Celebrity Love Ben Affleck





By Rebecca White

It's time to get back to the old grind for Jennifer Garner. According to <u>UsMagazine.com</u>, after several years of supporting her celebrity love Ben Affleck in his career, it is time for Garner to go back to focusing on her career once more. The famous couple has three children together and Garner revealed that Affleck supports her in her decision to go back to work.

Celebrity love birds Jennifer Garner and Ben Affleck have a famously close and healthy relationship, especially when it comes to nurturing each other's careers. What are some ways to support your partner's career?

Cupid's Advice:

Whether you're a married celebrity couple or not, it is important to encourage and support your partner's career for the good of your relationship and love life. Cupid has some tips:

1. Figure out scheduling: Make sure that you schedule some alone time or time with the kids. You and your partner's schedules should align so you can spend time together as well as prioritize your work, just like celebrity love birds Affleck and Garner.

Related Link: Ben Affleck Says Jennifer Garner's Love Helped Him Become a Hollywood Star

2. Let them have it all: Don't discourage your partner from taking an amazing deal at work, even if it means relocating, or spending many hours at work. It is possible to have it all and maintain your love life as well as a career. Telling your love they can't do something for the sake of your relationship and love will cause resentment.

Related Link: <u>Jennifer Garner and Ben Affleck Celebrate 9th</u>
<u>Wedding Anniversary</u>

3. Be there: Be there when it counts and have their back at all times. You are their number one cheerleader, therapist, and organizer. Just showing up proves your dedication and love to your partner.

How do you support your partner's career? Comment below!

Ben Affleck Says Jennifer

Garner's Love Helped Him Become a Hollywood Star





By Maggie Manfredi

Love and fame *can* fit together. In fact, we have proof! According to *UsMagazine.com*, Ben Affleck and Jennifer Garner are a happy couple. The *Gone Girl* star said, "My wife is an amazing and strong woman, and I'm so happy to be here supporting this work that she does." Both have continued to have amazing careers while raising their three children Violet, Seraphina, and Samuel. Garner stated, "We're boring parents. I'll usually cook a meal for everyone, help them with homework, that's usually our date night. Otherwise, he's an amazing husband."

What are three ways to inspire your partner to be successful

in his/her career?

Cupid's Advice:

For a couple to be successful, you have to each follow your individual dreams while also setting goals together. Cupid has some tips:

1. Be honest: Share your vision for the future and everything you want to accomplish so that your partner is aware of your hopes and can help you achieve them. Honesty is key in any relationship, especially when it comes to your long-term partner.

Related Link: <u>Sofia Vergara Is Engaged to Joe Manganiello</u>
<u>After Only 6 Months of Dating</u>

2. Celebrate: When your partner gets a win, you get a win too! Celebrate your accomplishments to show that you're in it together.

Related Link: Mel. B Speaks Out About Husband Stephen Belafonte's Alleged Abuse

3. Dream big: You have a support system, so work off of this base and dream big. With the right mentality, you can do great things with your life!

How do you support your partner's career? Tell us in the comments below!

Ben Affleck and Jennifer

Garner Take PDA-Filled Outing in L.A.





By <u>Katie Gray</u>

America's sweethearts, Ben Affleck and Jennifer Garner, stepped out and got cozy on a stroll together with their three children in Los Angeles on December 11th. The perfect pair have been happily married for almost ten years. According to <code>UsMagazine.com</code>, Garner said of their date nights, "We're boring parents, so we just play with the girls. "I'll usually cook a meal for everyone, help them with homework; that's usually our date night. Otherwise, he's an amazing husband." To which Affleck said, "My wife is an amazing and strong woman."

What are three ways to keep the spark alive in your marriage?

Cupid's Advice:

It's important to continuously work on your marriage, and part of that means keeping the spark alive. Cupid has some tips:

1. Save the date: To keep the spark alive in your marriage, it's important to have date night! You need that time to enjoy the company of one another. During this special outing, you can talk without being preoccupied with everything else going on in life and just focus on each other.

Related Link: Ben Affleck Kisses Jennifer Garner in Rare PDA Moment

2. Spontaneous surprises: Who doesn't love a good surprise. Spontaneity is an extremely attractive quality. Give your spouse a gift from time to time, write them a poem or love letter, bring them flowers, make them the type of food they like, and so forth. It doesn't have to be something that costs a lot of money; it's the thought that counts. They will know that you still care by these little but meaningful gestures.

Related Link: Find Out Why Jennifer Garner and Ben Affleck Weren't at George Clooney's Wedding

3. Sex sells: In the world of advertising and media, the saying goes, "Sex sells." Well, relationship experts say this is too when it comes to passion in a marriage. Many claim that having routine intimacy is what keeps you connected to your spouse.

What are some ways that you keep the spark alive in your marriage? Share your thoughts below.

Top Ten Most Down-To-Earth Celebrity Wives





By Katie Gray

It's wonderful to know that there are still kind-hearted, charitable and polite people in the world! When it comes to Hollywood and celebrities in the public eye, there are frequently discussions centering around which stars are down to earth and which are not. Ever wonder which celebrity wives are the sweetest? Cupid has the top ten most down-to-earth:

1. Miranda Lambert: Country cutie Miranda Lambert is not only a talented singer/songwriter, but she is also extremely charitable. Lambert is an animal activist and started MuttNation Foundation to raise awareness for shelter pets and

to improve existing shelters. Frequently, she rescues dogs and has taken an active role in finding pets the homes they deserve. The country singer is married to fellow country singer, Blake Shelton and remains down to earth even after her enormous success; she still enjoys a nice BBQ, a cold beer, hunting and having friends and family by her side. This southern belle truly embodies southern hospitality, manners and values.

- 2. Sarah Jessica Parker: The Sex and the City actress is known for being stylish and fabulous, just like Carrie Bradshaw, the iconic character she portrayed. However; Parker has even more to offer. On top of being a successful actress, she is a model and has her own shoe collection. There are numerous reports of encounters that civilians and celebrities have had with the star, and they are all extremely positive. The Emmy winning actress is married to fellow actor Matthew Broderick and is a proud mom to the three children they have together. She is involved with many charities, volunteers often and was even a bridesmaid in her former assistant's wedding.
- 3. Princess Kate, Duchess of Cambridge: Just because one is Royal, doesn't mean that they are a royal pain. Princess Kateis one of the most gentle and down-to-earth figures in the world. She seems to be taking after her mother-in-law Princess Diana, who once stated, "Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." The Princess is full of purpose, and donates her time, notoriety and money towards a tremendous amount of charities and nonprofit organizations. Just last year she added three more to her long list: Place2Be, SportsAid and The Natural History Museum.

Related: Celebrity Couples Who Make A Difference In The World

4. Meryl Streep: Megastar, Meryl Streep, is the epitome of being an actress. Her work in the film industry alone has captivated audiences in ways like no other has done. She

shines not only on screen, but through acts of kindness, too. Multiple stars who have worked with her say she is gracious, kind and talented. This includes fellow actress Anne Hathaway, who co-starred with Streep in the hit movie *The Devil Wears Prada*. The leading lady also donated \$1 million dollars to New York Public Theatre. Her charity endeavors include Actors Fund of America, Artists for Peace and Justice, Entertainment Industry Foundation and many more. It's touching she helps fellow actors and gives back. The celebrated actress has an estimated net worth of \$66 million dollars and she puts it to good use.

- 5. Diane Von Furstenberg: Creative mastermind and top luxury brand designer, Diane Von Furstenberg, has graced the world with her humble presence, amazing collections and acts of charity for quite a long time. She is most notable for the iconic wrap dress and fun prints. However; she is also quite the philanthropist. In 1999, the Dillver-von Furstenberg Family Foundation was created to address global issues and support organizations that provide opportunities for people who wouldn't otherwise have access, in efforts to improve the community as a whole. There are even the DVF Awards, that honor strong and courageous women who rally and overcome adversity to make positive changes in the world. She's also involved in Vital Voices, which trained 5,000 women leaders in 150 countries, which led to having mentored 100,000 more females. Diane is a shining beacon of hope for a better world.
- **6. Ivanka Trump:** Ivanka Trump is a gorgeous, well-educated, powerful, working wife and mother. And she also happens to be the daughter of billionaire magnate and mogul, Donald Trump. Some in her position may have chosen not to work, because she doesn't need to, being a trust fund baby, heiress and socialite. That being said, she is a successful businesswoman all on her own, a fashion designer, philanthropist, writer and model.

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- 7. Nicole Richie: You may originally know her from the reality show The Simple Life where she co-starred alongside best friend Paris Hilton, for her role as a judge on Fashion Star, her reality show Candidly Nicole, being the daughter of music legend Lionel Richie, or for her own career as a singer and DJ. But; wife and mother, Richie, has even more to offer. Richie is married to Joel Madden, and together they have two children. When she had her baby shower, she used the Wizard of Oz themed event to benefit charity.
- 8. Jennifer Garner: Is there anyone sweeter than actress, wife and mother, Jennifer Garner? Nope. Garner rose to fame on the hit television series Alias, and has starred in numerous films. On top of that, she is married to fellow actor, Hollywood hunk, Ben Affleck. Together, the couple has three beautiful children. Garner is an activist and serves on the board of trustees for Save the Children, appeared in videos for the Ban Bossy campaign, hosted The Women's Cancer Research Institute benefit dinner, donates to countless additional charities and remains a positive ambassador and role model. People named her one of the Most Beautiful at Every Age.
- 9. Victoria Beckham: Posh Spice is a well-rounded woman. She is always immaculately dressed and is a frequent target of the tabloids. Her marriage to David Beckham is widely publicized, as well as their personal lives and being parents to their four gorgeous children. She's a pop star, fashion designer, author, model and businesswoman. With her net worth of \$300 million, she gives back in a variety of ways. She teamed up with The Outnet and sold more than 600 pieces of her own personal wardrobe pieces, with proceeds that benefited the organization Mothers2mothers. The star also even donated a ton of shoes to help victims of the Philippines typhoon. Some may think she is just a diva, but she is actually a dear. She once explained the reason behind her serious faces on the red carpet saying that if someone is smiling all the time they will appear "daft."

10. 'Real Housewives': Teresa Giudice/Melissa Gorga/Dina Manzo/Kelly Bensimon: Bravo TV's hit reality franchise The Real Housewives has garnered millions of viewers and created stars. Just because they are wives and mothers though; doesn't mean they aren't contributing to our society. Teresa Giudice, Melissa Gorga and Dina Manzo are no strangers to charity. All three women donate to good causes and have been reported as being super friendly in real life, even when cameras are not rolling. Teresa Giudice went on Celebrity Apprentice and raised money for NephCure the kidney disease charity foundation. Dina Manzo has her very own charity she started called The Ladybug Foundation which aids children with cancer. They all have children and still find the time to give back and put their fame to good use. Who said reality stars are famous for nothing? Bravo, ladies!

Who are some other celebrity wives who remain down to earth? Share your thoughts below.

Find Out Why Jennifer Garner and Ben Affleck Weren't At Clooney's Wedding





By Amanda Boyer

According to *E! Online*, George Clooney's wedding to Amal Amaluddin was the place to be for Hollywood. So, why were Ben Affleck and Jennifer Garner not there? Garner recently cleared the air on the *Tonight Show Starring Jimmy Fallon*. In fact, she recounted a story involving meeting George Clooney for the first time right after getting rid of lice in her hair. She joked, "So anyway, people keep asking why we weren't at George's wedding and we were both 'working,' but I think he didn't want Licey there."

How do you decide who to invite to your wedding?

Cupid's Advice:

Your wedding is a time to share your vows to your partner with your loved ones surrounding you. Here are some tips for you on deciding who to invite:

1. Make a list: Make a list of everyone you would want at your wedding if you could afford it and had room. This will serve as a starting point before you start to narrow things down.

Related: <u>Find Out Details Behind George Clooney and Amal</u> <u>Alamuddin's Wedding Prep</u>

2. Start color coding: Separate your list into sections: primary family, distant relatives, close friends, etc. This will help you see who really needs to come versus who is optional.

Related: <u>Jessica Simpson Shares Five Wedding Vows For a Happy</u>
<u>Marriage</u>

3. Question it: Start going through the people that could be maybes and ask yourself a few questions. Have I talked to this person in the last 6 months? Would this person actually want to come?

Have any other tips for making a guest list? Comment below.

Ben Affleck Kisses Jennifer Garner in Rare PDA Moment





By Amanda Boyer

Ben Affleck and Jennifer Garner were spotted at a farmers' market on Sunday, Oct. 5, in L.A.'s Pacific Palisades neighborhood and were showing some rare affection in public. According to <u>USMagazine.com</u>, the duo spent a day away from their kids and picked up fresh food for their family. When they got to their car, Affleck leaned forward to plant a kiss on his wife's cheek.

How do you show you care in public?

Cupid's Advice:

Want to show your partner you care? Cupid has some tips:

1. Hold her hand: Instead of just walking next to your partner and talking, grab their hand and look into their eyes. This will make them feel like you could care less who else is around.

Related: Ben Affleck Gets Playful with Jennifer Garner During Ice Bucket Challenge 2. Surprise them: If you are super busy and never get a chance to see your partner, send a gift or drop by just to say hi.

Related Link: <u>Jennifer Garner and Ben Affleck Celebrate 9th</u>
<u>Wedding Anniversary</u>

3. When you say goodbye: Before you leave your partner, give them a hug and a kiss to keep them remembering you throughout their day.

Have another way to show you care in public? Share below!

Ben Affleck Gets Playful with Jennifer Garner During Ice Bucket Challenge





By Ann Luther

Ben Affleck and Jennifer Garner have set another crazy adorable relationship goal with the ALS Ice Bucket Challenge. Affleck was challenged to support awareness for the cause by Tyler Perry. In the video, Affleck nominates four people who he knows "from firsthand experience look good in a wet T-shirt," chief among them being his wife. Upon finishing his list of nominations, Garner dumps the ice bucket over her husbands head who immediately grabs her by the waist and hurls the both of them, fully clothed, backwards into a pool. In the background, you can hear their children laughing boisterously. *UsMagazine.com* says Affleck's video may be "the best yet." We agree!

What are some ways to bond as a couple through charity?

Cupid's Advice:

Charity is a marvelous way to reflect and give thanks for what you have. If one of the things your grateful for is your happy relationship, then finding a way to give back to your

community can be twice the fun if you participate with your partner. Here are some ways to strengthen your bond as you strengthen a cause:

1. Pick a cause that's important to both of you: There are a million causes that need support: cures for cancers and other diseases, meals for the impoverished, youth literacy, ending animal cruelty, the list goes on and on... and on. So, there is going to be at least one cause that is special to both of you. Picking a cause and working together to aid it will bring you two closer on a spiritual level. You'll get to explore different sides of each other that can only be brought out through selfless acts like charity.

Related: <u>Jennifer Garner and Ben Affleck Celebrate 9th Wedding</u>
Anniversary

2. Create your own event to help your cause: You can have so much fun with charity if you raise money the way you want to! Plan a 5k, a bicycle race, a dance, or even a classic cocktail party. The pair of you will get to spend extra time planning before the event, relish in the event itself, and be able to donate something together when it's all over with. It'll be a toss up as to who is benefiting more from your work!

Related: Lessons From Jennifer Garner and Ben Affleck

3. Participate in your partner's charity of choice: If there is something truly special to your beau's heart, educate yourself on the cause and why exactly it is important to him. Then, find a way to get involved! Your guy will love the effort you put into something so close to him. Sign both of you up for an event and have fun with it. On the day of, embrace those special moments that you can't get out of your every day routine.

Have you bonded with your partner through charity? Share your stories in the comments below!

Jennifer Garner and Ben Affleck Celebrate 9th Wedding Anniversary





By Shannon Seibert

America's sweethearts Jennifer Garner and Ben Affleck celebrated their 9th wedding anniversary this past weekend. The stars married back in 2005 and are now the proud parents of three beautiful children. According to <u>UsMagazine.com</u>, the lovebirds enjoyed a romantic low-key dinner with red wine at Bistro 82 in Detroit, Michigan, where Affleck is currently filming <u>Batman v. Superman: Dawn of Justice</u>.

What are some ways to spice up a long-term marriage?

Cupid's Advice:

Marriage is a partnership, a love story, and, most importantly, a long-term commitment. To keep a marriage happy and healthy, it requires a lot of work on both ends. After a while, routine becomes inevitable, and couples can get too comfortable with one another. Sometimes, to get back on track, you have to make yourself uncomfortable and try new things. We've pulled together three ideas to keep your marriage feeling fresh and new.

1. Go on adventures: In many marriages, taking care of the kids, paying the bills, and going to work become the top priorities. Avoid neglecting your relationship by going out on spontaneous excursions together. Spending a weekend at a nearby bed and breakfast or going out for date night in another town can help rekindle those feelings from when you started dating.

Related Link: <u>Keith Urban Serenades Nicole Kidman on Stage for</u>
8th Anniversary

2. Flirt with each other: When you're married, you have to keep dating your spouse. The stolen glances, the suggestive comments, and the subtle hints may seem trivial at this point, but they are all key factors in keeping the spark alive. Men like feeling wanted as much as women do, so send a little wink his way every now and then! By courting your spouse, it reminds them that you still want them in the same way you did when you first got together.

Related Link: <u>Courteney Cox Is Engaged to Snow Patrol's Johnny</u> McDaid

3. Make plans without the kids: Yes, they are your pride and joy, but you and your man were together before children were even a thought. Splurge on that tropical vacay that you've

been saving for. It doesn't make you any less of a parent by spending a weekend on a cruise ship without them. If anything, by keeping your marriage healthy, you're setting an excellent example for the standards of your children's future relationships.

What are your secrets to a happy marriage? Share with us in the comments below!

Jennifer Garner Says She and Ben Affleck Make Lives Work in 'Boring Way'





By Sanetra Richards

Ben and Jen have proved themselves to be a normal married couple, despite the title of "celebrity." According to <u>UsMagazine.com</u>, the actress talked about the busy life her and husband Ben Affleck lead, but how they manage to balance it all: "I'm pretty selective [over roles]," Garner shared with reporters at the premiere of *Draft Day* on Monday, April 7th. "Everything that comes my way — the first thing we do is talk schedule, location," she said. "I sit down with a calendar with my husband and in a very boring way, detail every single week.... and what's possible and if it can work out or not."

How do you keep your relationship stable and strong?

Cupid's Advice:

A relationship is similar to a full-time job: you constantly have to put in the work and not become lazy, or else the job's primary goal will not be done properly. Being able to progress with your significant other is all about whether or not the partnership is stable and strong enough. Cupid has a few tips

on how to keep these aspects between you and your honey:

1. Listen to each other: It is perfectly OK to just sit back and hear what your partner has to say . . . and then pitch in your suggestions or ideas. Beware of letting it go in one ear and out of the other — actually take in what they have to say and vice versa. Your partner will feel more at ease to come to you with any problems or issues they may find themselves running into.

Related: Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'

2. Be supportive: Constantly speak words of encouragement. It will give them (and you) that extra boost. If your partner has a huge project coming up and he or she is nearly pulling their hair out, be there to calm them and cheer them on. Consistently doing little things like this will make a ton of a difference in your relationship.

Related: <u>Ben Affleck Says He and Jennifer Garner Are Done</u> <u>Having Kids</u>

3. Address problems: You may think some issues are not worth talking about . . . WRONG! Be honest with your partner on what is bothering you or what is possibly setting the relationship back. Respectfully talk it out and hear each other's side. Then figure out a solution and act on it, as a team.

What are other ways to keep your relationship strong and stable? Share your suggestions below.

Author Jennifer Buhl Talks About Her Time Spent 'Shooting Stars'





Interview and written by <u>Whitney Johnson</u>. Transcription by Louisa Gonzales.

Jennifer Buhl spent three years in Los Angeles working as a paparazza (the word for a female singular paparazzi), and as a top-earning photographer, she was one of only five women in an industry dominated by men. Her work was published in *People* magazine, TMZ, and E! News, to name a few. Having since escaped the California lifestyle to move to Boulder, Colorado, and run a family photography business, she took the opportunity to reflect on her time in the field and wrote her new book, *Shooting Stars: My Unexpected Life Photographing*

Hollywood's Most Famous. Read on for our exclusive interview with the author and find out more about her experiences with the rich and famous!

Related Link: <u>Brian Austin Green and Megan Fox Are Accused of Assaulting a Paparazzo</u>

You write about how paparazzi are often portrayed as being the villain, but in reality, they aren't the bad guy. Has this perspective affected the way your friends and family viewed your career?

I think everybody outside of Los Angeles kind of thought I had this cool new profession, but people in LA sort of have an attitude about *their* celebrities — like, "How dare you?" The people who are most offended by my profession are the people who follow celebrities the most…because they feel like they're friends with them. And, of course, it's kind of ironic because they know all about them because of the photographs that paparazzi take.

It's important for people to understand that, a lot of the time, celebrities actually want to be photographed. It's also good to note that paparazzi are just the photographers; we're not the buyers (magazines, blogs, etc.) or the consumers. Honestly, I don't really care that much about celebrities; I was just doing my job!

You mentioned that your favorite experience as a paparazzi was one with David Beckham. Can you elaborate?

David is one of those celebrities that I put in a different category — like this mammoth, mammoth star. He's like Tom Cruise or Brangelina. They operate in their own world, and they always have a ton of security around them. They've really changed their lifestyle because of their fame, so it's hard to get a good shot of them. You rarely see pictures of David just out and about because he knows how to avoid us (which isn't

hard to do). So to have an encounter with him is a really special thing.

One day, I followed him to soccer practice knowing that I probably wouldn't get a photograph because it'd be on his terms. He had two security guards with him; he saw me following him and kind of waved at the car I was in. Then, he pulls up to a drive-thru Starbucks window — and I'm like, "Did he do that for me?!" We were both in line and had our windows down, so we started chatting.

He knew I was a paparazzi and I was following him, but I didn't pull my camera out because there was no shot. All he had to do was put his hand over his face, and his security would've come running. We just talked for a while, and at the end of the conversation, he let me have a picture. It wasn't an amazing photo — he was just grabbing his drink from the window — but for me, it was a really special moment.

Were there any celebrity couples that you enjoyed shooting?

I photographed the Beckham's on the soccer field or out as a family. But interestingly, the paparazzi rarely follow a man by himself. Unless he's with his partner or kids or has a big bouquet of flowers in his hand, we typically focus on women. It's women who mostly read magazines, and we really want to see what other women look like — what they're wearing, how they've done their hair, who they're dating.

As an example, I was sitting on Jennifer Garner and Ben Affleck's house one day — that's a paparazzi term for "staking out" — along with several other paparazzi. Ben pulls out in his car, and nobody moves. We were all waiting for Jen.

Related Link: Lessons from Jennifer Garner and Ben Affleck

To shift gears a bit, we wanted to ask your thoughts about the recent petition from couples like Kristen Bell and Dax Shepard who are trying to stop photographs of their kids from being

published.

Well, I think they are barking up the wrong tree when they are talking to paparazzi. But I actually think Kristen and Dax are going about it the right way; they're trying to target the people who print the pictures. Those are the deciders and consumers of what the paparazzi do. So if they want those pictures to stop printing, they need to talk to those people, and I think some of the media has agreed to it.

I don't think the paparazzi really care that much because, frankly, the publications and blogs are going to use our photos no matter what. Whether you buy the ones with Kristen and Dax's kid or you buy one with somebody else, it doesn't matter.

And how has the insurgence of social media affected the paparazzi's careers?

Social media has given celebrities a lot of power. Our biggest competitors today are celebrities themselves. And that's because they're tweeting and Instagramming their own photos that the magazines and blogs can use for free. Publishers don't really care where the photos come from as long as they're good pictures, and the celebrities love it because they're able to drive their own media and their own look.

On a personal note, as a working mother, do you have any tips for our readers who are trying to balance parenthood with their careers?

I guess my biggest piece of advice is to look into attachment parenting — it really works for me. I would also say that, if possible, it's really important to have a flexible work schedule. It totally changed my life and just allows me to be a mother. If you read the book, then you know that motherhood is the most important thing in my life. So for me, it comes first. I still need to work, and I still love to work, so I put myself in a situation where I am able to be a working

mother.

For more information about Jennifer, check out jenniferbuhlphotography.com. You can order Shooting Stars from Amazon!

Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'





By April Littleton

According to <u>People</u>, Ben Affleck only has one person to thank

for all of his success — his wife, Jennifer Garner. "She is by leaps and bounds the most important person to me in that respect," Affleck said in an interview with *Playboy* of Garner's resolute support. "Over the past 10 years she has allowed me to have a stable home life while accomplishing my professional goals." The couple married in 2005 and have three children together, son, Samuel, 21 months and daughters Violet, 7 and Seraphina, 4.

What are some ways to show your appreciation for your partner?

Cupid's Advice:

After awhile, it can be hard to find different ways to show your partner you still love and care about them. Sometimes, the smallest gestures can make your loved one feel over the moon. Cupid has some tips:

1. Thank them: The simplest way to show your appreciation for your significant other is just by thanking them often. Does your partner take out the trash everyday? Does he/she cook and clean the most out of the two of you? Sure, a sweet "thank you" will do the trick, but think about giving your partner a nice gift. Surprise your love with a special meal or take them out for a night out.

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2. A day out: Plan out a day where you and your partner do everything he/she likes to do. Whether it be going swimming, seeing a movie or simply lounging at home all day — let them pick out the activities for the day. When the day is over, your honey will feel appreciated and know you care about their wants and desires.

Related: Adele and Boyfriend Flaunt PDA at Lady Gaga Concert

3. Physical contact: Make sure you shower your significant

other with hugs and kisses. When your partner does something nice for you, show your love with a sweet kiss and a hug. A little physical contact can mean the world to your love and it will also keep the spark between you and him/her alive.

What are some other ways to show appreciation for your partner? Comment below.

Celebrity Couples that Work Great Together





By Kristyn Schwiep

Keeping up with Hollywood's most talked-about relationships

can drive you crazy. From weddings, pregnancies and hook-ups gone wrong Cupid has come up with a list of our top celebrity couples who work great together amidst all the Hollywood fame:

1. Blake Shelton and Miranda Lambert: Country music royalty, Shelton, 36, and Lambert, 29, have been happily married for two years. Recently the country stars have been in the middle of rumors regarding their shaky relationship, but Shelton has nothing to hide from Lambert. According to People, Shelton gives Lambert full access to his phone. "That's really the kind of trust we have. There are no secrets," Shelton says. Trust is the basis of all great relationships, and there is no doubt that these country starlets are doing it the right way.

Related: Celebrity Couples Where Opposites Attracted

- 2. Portia de Rossi and Ellen DeGeneres: DeGeneres, 55, and de Rossi, 40, married in 2008. They are one of Hollywood's favorite beloved gay couples due to the fact that they live their lives as honest and openly as possible. Though the couple doesn't want to have kids, de Rossi tells Rolling Out, "We are the best of friends and married life is blissful, it really is. I've never been happier than I am right now." Best friends make the best partners.
- 3. Justin Timberlake and Jessica Biel: One year after their wedding, Timberlake, 32 and Biel, 31, are still happily in love. The happily married man dishes to DeGeneres that he still enjoys sneaking a peek at his beautiful wife. According to *People*, Timberlake gushes that if he only starts to make bad decisions for the rest of his life, he has made one really good decision and that was marrying his best friend. Apparently, they are even planning on having a baby.

Related: Celebrity Couples Who Cannot Wait to Become Parents

4. Ben Affleck and Jennifer Garner: After 8 years of marriage and three children, Affleck, 40 and Garner, 41, have managed

to make their relationship work against the Hollywood odds. Even after thanking Garner for working on their marriage at the 2013 Oscars and throwing everyone into a tizzy, Garner wasn't worried. According to *E Online*, Garner said what he was trying to say was, "'Look, what we have is really real and I value it above all and I'm in it with you and I know you are in it with me." It's refreshing to see that these two Hollywood starlets have managed to make their marriage work and that they value each other.

What celebrity couple do you think work best together? Share your thoughts below.

Lessons From Jennifer Garner and Ben Affleck





By Tammy Greene for Hope After Divorce

There are few other couples that have amassed more attention in 2013 than celebrity power couple Jennifer Garner and Ben Affleck. It has been a memorable year for them with Affleck's huge success and Oscar for his brilliant movie Argo. In the coming months, Garner will step back into the spotlight with the film adaptation of the popular book, Alexander and the Terrible, Horrible, No Good, Very Bad Day. With their stellar careers, three beautiful children and easy affection with each other, it seems like this Hollywood pair has it all.

But let's not forget the bumpy path these two heavyweights took before they found each other. No one can ignore Affleck's relationship with Jennifer Lopez, a love that the media referred to as "Bennifer." The couple called off their engagement after only 18 months of dating. And Garner isn't without her own, though certainly less notorious, relationship history: She married fellow actor Scott Foley in 2000 and found herself divorced in 2004. Though celebrity couples seem to live a fairytale, these two prove that happily ever after

does not come easily.

We often find ourselves looking to celebrities to guide us in our lives — from how to dress, what to eat and where to shop. Similarly, we look to them to guide us in our relationships. Here are three lessons that we can learn from this fan-favorite power couple.

Related Link: Celeb Couples: More Like Us Than We Want to Admit?

Keep your personal life personal.

It is hard to say exactly why, but the media bombed hard on Bennifer. Whether it was because of their rather embarrassing nickname or possibly their highly-criticized movie *Gigli*, this couple could do nothing to escape the jokes or harsh criticisms. What might have topped it all off was the music video that the pair filmed together for Lopez's song, "Jenny from the Block." The couple openly displayed their affection for each other in a way that many felt was unnecessary, leaving themselves open to severe criticism by critics and fans alike. It was no surprise, then, that they soon broke up.

There is something to be said for keeping your personal life personal. Publicly displaying arguments or overtly sexual displays of affection leave you open to criticism and opinions from third parties. Thanks to social media, many feel it's okay to air their dirty and sometimes very inappropriate laundry for the world to see. In truth, nobody really wants to hear all about how angry you are at your husband or know what your "dirty talk" sounds like. Keep the details of your relationship personal. Being in a relationship is hard enough; there is no need to invite the unnecessary opinions or criticisms of others.

Admit that marriage is work and work on it daily.

Upon winning the Oscar for Best Picture for *Argo*, Ben Affleck gave an acceptance speech that caught people's attention. He said to his wife, "I want to thank you for working on our marriage for ten Christmases. It's good. It is work but the best kind of work, and there's no one I'd rather work with." The actor was criticized for possibly alluding to the fact that his marriage was in trouble. According to the happily-married duo, though, his speech was totally misunderstood.

Why is it that our society struggles to admit that marriage is work? Anyone in a good and happy marriage knows that daily effort is required for a successful relationship. It seems that people would rather hear that all is rosy and perfect in the land of Hollywood. Affleck should be commended for reminding all of us that what you love is worth the work.

Related Link: What We Can Learn From "the Work" Celeb Couples

Do

Don't take things too seriously.

As a result of the media criticism for his acceptance speech, Affleck found himself having to clarify what he meant and took the opportunity to do so while hosting an episode of *Saturday Night Live*. During his monologue, with the help of his lovely wife, they showed fans that they were still in love and happy and could laugh and joke about the way the acceptance speech was construed.

Being able to laugh in a relationship is a vital part of happiness. It is important not to take things too seriously and to always try to find the humor in situations. There are endless factors that add stress to a relationship and can work cracks into any strong foundation. Laughter can often be the glue that keeps those cracks from splitting in half. There is something admirable about a couple who doesn't take themselves too seriously.

Garner and Affleck are a power couple who seem to have it all

together, but they remind us that the path to a happy ending can often be blocked with bumps and turns. Still, it is undoubtedly a path worth taking.

Tammy Greene is a graduate of the University of La Verne. She has worked as a Child Life Specialist and social worker assisting families who have children with illness or mental disabilities. Tammy is a producer of the national PBS children's television show, Curiosity Quest. She has a blog, Married and Naked, where she shares personal lessons learned from her own life, offering helpful ways to navigate through the challenges of marriage. Tammy is a contributing expert at HopeAfterDivorce.org, FamilyShare.com, LAFamily.com and CupidsPulse.com. She is happily married to her high school sweetheart and is the mother of two. See Tammy's Curiosity Quest website curiosityqueststore.com/ and follow her blog, married-and-naked.com/

Celebrity Couples Who Met on Set





By Kerri Sheehan

Like many other people, Hollywood relationships are likely to form at the workplace. For them, this means on the set of their latest movie and television ventures. People tend to date who they're in close contact with, so if you're famous then your close contacts will most likely be other celebrities. Hollywood co-stars who become romantically involved are a common occurrence; still America can't help but to be fascinated by it. Here are six of our favorite celebrity couples who met on set:

1. Kristen Stewart and Robert Pattinson: Know affectionately as K-Stew and R-Pats, these two met on the set of their vampire flick, *Twilight*. Although they tried to make the relationship work after Stewart had an indiscretion with "Snow White and the Huntsman" director, Rupert Sanders, the duo has recently parted ways for good.

Related: Celebrities That Remained Friends After Dating

2. Andrew Garfield and Emma Stone: Andrew Garfield and Emma

Stone played love interests in last summers hit *The Amazing Spiderman*, but it seems they let the love stay after the cameras stopped rolling. The movie's sequel is currently under production and set to be released in 2014.

- 3. Jennifer Garner and Ben Affleck: Many think the Oscar winner and his wife met on the set of their 2003 movie Daredevil, but they really met two years prior while filming Pearl Harbor. However, they didn't begin dating officially until 2004, as Affleck was previously part of another Bennifer, with Jennifer Lopez. Garner and Affleck tied the knot in 2005 and have three kids together.
- 4. Brad Pitt and Angelina Jolie: The start of this couple was a tad controversial as they met on the set of *Mr. and Mrs. Smith* when Pitt was still married to Jennifer Aniston. Pitt and Jolie claim they didn't start dating until after his divorce from Aniston. They are not yet married, but have six children together, three of which are adopted.

Related: How Can Jennifer Aniston Make Her Love Last?

5. Ashton Kutcher and Mila Kunis: That 70s Show co-stars, Mila Kunis and Ashton Kutcher were in close proximity while filming the show from 1998-2006; however, at the time Kunis was with Macaulay Culkin and Kutcher with Demi Moore. Fast forward to the summer of 2012 and the two single stars chose to give love a go. They've been happy and in love ever since.

Who are your favorite Hollywood couples? Share below.

Celebrity News: Ben Affleck Says He and Jennifer Garner Are Done Having Kids





By Marisa Spano

Ben Affleck told *Extra* that he is done having kids with his wife, Jennifer Garner. The couple, who got married in 2005, are parents to daughters Violet, 7, Seraphina, 4, and son Samuel, 15 months. Affleck spoke to *UsMagazine.com* and said, "Raising kids is the greatest thing I think a person, or at least I, could ever do in my life."

How do you decide how many kids to have?

Cupid's Advice:

Having children is a beautiful thing, but how do you know how many is right for you? Cupid has the advice:

- 1. Time: How much time do you have on your hands? Having more than one child requires each one to have the same amount of equal attention from you and your partner. One child means all of your attention can go to him or her.
- 2. Think of your child: More than yourself, think about how it will affect your children. Do you want your children to have siblings? Will you have the money you need to take care of more than one? The amount of kids you have will affect your children just as much as you.
- **3. Pregnancy:** Are you willing to get pregnant for a 2nd time, a 3rd time or so on and so on? Having a child is a lot of work before the actual kid is even born.

How would you decide on how many kids to have? Let us know below!

Celebrity News: Should We Be Worried About Ben and Jen's Marriage?





By Jared Sais

It all started during the Oscars when Ben Affleck stated his marriage to Jennifer Garner was "work." He recently hosted Saturday Night Live (SNL) and addressed his choice of words in his monologue. So after analyzing both speeches, there's something you all must know. There is no better place to start than by looking at the couple's non-verbal cues at the Oscars.

Jen appeared to be genuinely touched and demonstrated loving support for her husband. Before he even spoke, the actress was already showing signs of joyful tears, the same emotion you would see at a wedding. These feelings get even stronger when Ben starts to speak about her.

First, her inner eyebrows are raised, indicating that she was very emotional. When her inner eyebrows are raised, you also see wrinkling on her forehead. This cue is just a side effect of her raised inner eyebrows, but it helps to indicate that she's truly feeling this emotion since deep wrinkles are hard to fake. Finally, she shows the trifecta of strong emotional feelings as her chin dimples and bulges.

You may think these three non-verbal cues indicate sadness, but don't be fooled! Jen was extremely happy and proud of Ben. In addition to the cues above, she showed the following cues of joyfulness: smiling with the addition of dimples and crow's feet (wrinkling at the corner of her eyes). Crow's feet is a powerful cue used to identify a sincere smile versus a fake smile, which only happens near the mouth. A true smile includes the mouth, cheeks and eyes — everything that Jen was showing.

Of course, we all want to know what Jen was thinking when Ben started talking about their relationship being "work." She showed three notable non-verbal cues. First, she titled her head to the side, which indicated that she was wondering a bit about where Ben was going with his speech. She was surprised but not offended by what he said.

She also sat up straight and slightly tilted her chin upwards, indicating that she was curious about what Ben was saying and perhaps getting a bit uncomfortable. You may have thought the Oscar winner was digging himself in a hole with his comments, but his wife didn't show any signs of anger. Instead, she appeared to just be pondering what he said.

Finally, Jen did a shoulder shrug when Ben said, "It's a lot of work, but it's the best kind of work." This shrug demonstrates complete agreement. She knows he's speaking the truth and saying it with all the love in the world. Relationships do require a bit of work, especially in the hectic celebrity world.

Related Link: What We Can Learn from "the Work" Celeb Couples

Do

Now, let's move on to Ben's non-verbal cues during his Oscar speech. First, you will see Ben do a double-take (look twice at Jen or at least in her direction), as if he was almost reminded to thank her in his speech. In this case, the

spontaneous nature actually made his speech more from the heart rather than prepared or scripted.

When Ben mentions her name, his voice cracks slightly. As we all know, when we are very emotional, our voices will sometimes crack. Usually, it's in an effort to hold back further emotions like tears. We will see this happen again at the end of his speech when he thanks his kids.

One other thing worth mentioning is that Ben has open arms when he says, "There's no one I rather work with." This motion tells me that he truly means what he says. Open arms when talking is a clear sign of trustworthiness. We might not think of work meaning love, but for this celebrity couple, "work" means just that.

SNL is where we see that everything is okay between the twosome. Before Ben brings Jen out, he speaks about the public and media misunderstanding his statement that their marriage is work (around 2:00). When Ben says, "That's just not it," he also starts to shake his head no. His non-verbal cues are reinforcing his words, a clear sign that he's telling the truth. So I can immediately confirm that he didn't mean anything but love for Jen in his speech.

When his wife comes on stage (about 2:30), both of them show strong eye contact right from the beginning — a primary sign of intimacy and romantic chemistry. If they weren't so connected, Ben would have been more involved with the audience. Instead, they both light up when they see each other. It almost seems like they're distracted by one another's presence — a sure sign of true love, especially when on television. When the duo hugs and kisses hello, Ben's right hand moves to Jen's lower back as he rubs her. People who are very attracted to each other usually show it by touching the lower back, and rubbing is a very <u>intimate</u> and comforting nonverbal gesture.

Related Link: Ben Affleck Says Wife Jennifer Garner is "More

Perfect Than I Am"

Jen returns the affection but putting her right hand on Ben's chest, which is also a very loving gesture that reveals an intimate relationship. Her left hand goes to Ben's lower back as well. Throughout all of these hand movements, they are maintaining eye contact and smiling very proudly and sincerely at each other.

The most important non-verbal cue of all occurs when you see Jen almost fall. This misstep happens because she is so secure with Ben that she puts all her weight on him. Once Ben moves, she has to regain her balance because she was using Ben as her pillar, something that only happens when you truly trust and love someone.

When they say goodbye to each other (about 4:00), the SNL host pulls his wife closer and whispers something along the lines of "I love you very much" in her ear. We see Jen's eyes roll towards Ben to give him her full attention. She then shows a real smile and says "I love you too" before she walks off stage.

So the only thing between Jen and Ben is love and lust. Yes, there is work involved in maintaining a long-term relationship or a healthy marriage, but it's similar work to a stay-at-home mother or father. It's hard work, but it's work we put in to make something special last.

Jared Sais is co-author of the website <u>The Non-Verbal Game</u>, where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Celebrity Couples: More Like Us Than We Want To Admit?





By Marcus Osborne for Galtime.com

<u>Celebrity couples</u> have been the target of admonition and admiration for years. The Jekyll and Hyde reaction to whatever the latest or hottest pop culture pairing happens to be is as over the top as ever. I've always theorized that these couples' break-up rates aren't as dramatically different from the general population.

Why Do We Love Celebrity Break-ups?

Most of these famous relationships end. But most relationships generally come to an end at some point, don't they? We pay so

much attention to couples that split that we pay no attention to the ones that stick it out. And there seems to be a certain glee, an almost joyous countdown to celebrity break-ups. And each and every statement and action made by our Hollywood couples is parsed…just looking for a crack in the armor.

Related Link: The Simplest Tip to Save Your Relationship

The recent "controversy" is over actor/director Ben Affleck's comments about his marriage to celebrity love Jennifer Garner upon accepting this year's Academy Award for Best Picture. His quote: "I want to thank you for working on our marriage for 10 Christmases. It's good; it is work, but it's the best kind of work, and there's no one I'd rather work with."

In the minds of merry cynics and professional antagonists around the nation, this one statement was read as a subliminal confession of matrimonial strife. And that reaction is just silly.

What Affleck said was about as honest and realistic a statement as you'll ever hear any celebrity offer on a public stage. Marriage is work. Relationships and love in general are work. Once we get past the honeymoon stage in any coupling, we start the work. The hard work. So what message can we really take from Affleck's statements? I see the glass as half full. You've got a husband and wife who acknowledge that sustaining a long-term relationship requires dedication and diligence. It's not a fairy tale. There's a clear-eyed, beer-goggle free vision of relationships by this pair, which in all likelihood, has been the reason they've managed to stay together for ten years and two kids.

Related Link: 5 Things Men Want Women to Know

What Celebrity Couples Can Teach Us

So can we learn anything from celebrity couples? From my

perspective, there's no more to be learned from them than from any other couple. The spotlight shines on their mistakes and break-ups so much brighter than on their successes that it would be easy to conclude that there's not a positive example among the bunch. Even in the face of overwhelming evidence, couples that have shown strength and staying power, we cast a jaundiced eye at them because they don't fit our established narrative; celebrity marriages don't last.

But in truth, if we're objective, we can use married celebrity couples' successes and failures as reminders and templates of what good relationship choices and a grounded perspective about what it takes to create a sustainable partnership can offer us. In other words, if you're basing your lifestyle on Taylor Swift and her boyfriend-of-the-week-club instead of Ben Affleck and Jennifer Garner's brick-by-brick, love-is-work edict, you're pretty likely to be unfulfilled if your goal if something lasting and meaningful.

There are many, many examples of Hollywood couples that continue to roll on: Tom Hanks and Rita Wilson, Ted Danson and Mary Steenburgen, and Will Smith and Jada Pinkett Smith; even Danny Devito and Rhea Pearlman in spite of their rocky times, have managed to hang on. Because they realize that Affleck was right: It's work..but it's the best kind of work.

Expert Relationship Advice: 5 Ways to Turn "Me" to "We"





By Dr. Beth Gineris

In order to create successful partnerships in our lives, we must learn to shift thinking from an independent state (me) to a mutually interdependent state (we). Our mindset becomes both carring and supportive, rather than self focused. Here are some details of the two different relationship styles:

The Me-style in relationship

This is a style that is dependent, co-dependent, dramatic, and needy. The two people act as halves who come together and make one whole, with weak or non-existent boundaries. In the Me-style both parties feel lonely, unheard and unseen. They are desperate to feel connected.

Related: How to Master Being in a Relationship

Example: Britney Spears. She needs others' approval, is insecure, and has found herself entangled with men unavailable to her and lacking stability. She has had great difficulty stepping up to her strength without constant reassurance from others.

The I-style in relationship

This is a style that is independent, solitary, and where individual credit and competition are paramount. Connection is via an intricate tally-sheet of each other's actions; two I's walking side-by-side, with rigid, inflexible boundaries, without interdependence, and lacking dependability.

Related: Katy Perry and Russell Brand: What Went Wrong?

Example: Russell Brand and Katy Perry. Russell Brand's reasoning for their split was that when you see that you may be incompatible, it's best to call an end to it.

These Me-dependent and I-Independent styles lack empathy and negotiation; either due to an inability of the person to get outside of him or herself to see the other's point of view and weak boundaries of self- **Me-style** OR due to a foundational insecurity of autonomy and competence resulting in rigid boundaries of self- **I-style**.

The We-style in relationship

This is a style that values interdependence, mutual give and take, negotiation, dependability, and trust. The two parties work together toward shared and individual goals; Boundaries are osmotic allowing interconnections without loss of self.

Example: Jennifer Garner and the newest Best Picture Oscar winner Ben Affleck. They describe a dependable foundation of trust, collaboration and mutuality toward both individual and collective goals.

Here are five specific ways to bridge the gap between "me" and we":

1. Discover your style of relating. Which describers fit? Possessive, needy, manipulated, insecure? Me-style; Defensive, competitive, antagonistic, or a fear of being engulfed? I-style; Valued, heard, accepted, dependability? We-style

- 2. To turn Me to We begin with yourself first. Determine what is keeping you in a Me or I-style of relating. Is it an issue of security? Is it something you learned from early life-experiences or a misunderstanding of your true strength?
- 3. Define when, how, under what conditions you feel secure. Create those conditions. Security can take the form of financial, emotional, physical, or spiritual security.
- 4. If you are in a Me-style you have to create independence before you move to interdependence.
- **5. Share your insights with your partner.** Invite your partner to follow these steps. Trust the process.

Dr. Beth Gineris holds three graduate degrees, in business, counseling, and Oriental medicine. She has spent twenty years as a psychotherapist, over fourteen years as a strategic management consultant, and eight years as an acupuncturist. She is devoted to providing supportive, solution-focused teachings that allow people to live a more harmonious and happy life. She is the author of 'Turning NO to ON: The Art of Parenting with Mindfulness', and 'Turning Me to We: The Art of Partnering with Mindfulness'.

What We Can Learn from "the Work" Celeb Couples Do





By Jane Greer, Ph.D. for Galtime.com

When Ben Affleck accepted the Oscar for best picture on Sunday night, he thanked wife Jennifer Garner saying marriage is hard work, but it is the best kind of work. One area that takes great effort in a relationship is finding the balance between each person's needs and desires. Say football is your thing. It always has been, ever since you were a little kid watching at home with your dad. So it is impossible for you to understand why your new partner has no interest in it. You want to go to games together, talk about plays, and plan weekends around the tailgate parties. But she says no. What do you do?

There is no question that one of the pleasures of being in a relationship is sharing the things you love with the one you love. If pizza is your thing — well, then by all means, it would be convenient if the person you're dating had similar feelings about it. If that were the case, you could be together and have your favorite food at the same time. But it doesn't always work that way. In reality, two different people often have two different sets of tastes. So how can you

preserve your own pleasures, hobbies and space to do what you love while being in a serious relationship? And is there a way to include your significant other but not force feed them?

This is where a "thank you" portion can be useful. You remember when you were a child and your mother wanted you to eat the peas, right? They looked awful but you had to have a few to appease her, so you took a small "thank you" portion. In other words, you took a taste. Before you suggest this, though, acknowledge to your partner that you understand and accept this is not their cup of tea. But sometimes, when it's a play-off game or something special is going on, you would really like to have their company. Be clear that you know it is a sacrifice of sorts, but you would really love it if they watched just this one game with you. Not the whole season, just this one game; a "thank you" portion.

In that way you can share your passions and interests to some extent, while respecting your partner's interests at the same time. The key is to encourage them to be open and try to appreciate what it is that you find so fascinating. Who knows, she might actually become a football fan. Sharing pleasures, and being open to each other, simply helps to turn the wheels for more mutual passion together.

Ben Affleck Says Wife Jennifer Garner is 'More Perfect Than I Am'





By Meghan Fitzgerald

After the award-winning night Ben Affleck had at the Oscars, he couldn't have been more grateful than for his beloved wife, Jennifer Garner. The 40-year old director, producer and actor of *Argo* gushed over his wife in his acceptance speech. According to *UsMagazine* Affleck stated that all marriages need to be worked on, and how they work on their marriage, and how nobody's perfect. *PerezHilton* reported that Affleck said wife, Garner is more perfect than he is. How adorable for the stunning duo!

How do you praise your partner in public so he/she feels loved?

Cupid's Advice:

PDA is sometimes a problem for couples. Its a possibility that

your partner does not want to be touched in public, or the complete opposite. The best way to communicate with this possible problem, is to talk to your mate! Communication is always key, especially pertaining to public displays of affection. Everyone wants to feel loved, and you can do that in public. If your partner does want praise in public, Cupid has some advice:

- 1. Hold hands: Nothing shows how much you love your partner more than gently holding their hand. This is completely acceptable in public, no vulgarity, just love. This shows your beau not only how much you love them, but how much you care for them. Rubbing your finger softly on the tops of your partners hand, or giving me a slight squeeze, will show them how much you love them. So go on out and hold hands ladies and gentlemen!
- 2. Whisper sweet nothings: No one can physically seeing you doing anything, no displays of affection going on. This is perfect if your mate is not fond of PDA. Simply whisper into their ear. How much you love them, how grateful you are to have them in your life. Tell them a story you haven't told anyone, or a inside joke the two of you share. Whispering sweet nothings into your partners ear shows them how much you love them
- 3. Respect: Respect needs to be given in a relationship. You and your partner will not make it through the long haul if you both don't have respect for one another. With this being said, you need to respect your mate if he does not want to be praised in public. Although they may know that is because you love them, they could be extremely uncomfortable. You need to realize that your partner doesn't want this hence, you should not do it!

How do you praise your partner in public? Explain below.

Ben Affleck Wins Best Picture at the Oscars and Thanks Wife Jennifer Garner





By Andrea Surujnauth

Ben Affleck won Best Picture at the Oscars this year and thanked his wife, Jennifer Garner, profusely during his acceptance speech. According to <u>UsMagazine.com</u>, Affleck thanked everyone that worked on the film and acknowledged his fellow nominees then began thanking his wife. "It's work, but it's the best work there is" he said of his relationship. He also shared a loving kiss with his wife before getting up to

receive his award. These lovebirds were married in 2005. They have three children together, Violet, 7, Seraphina, 4, and Samuel, 11 months.

What are some ways to show appreciation for your partner's support?

Cupid's Advice:

Your partner has always been there for you and supports you through everything that you do. How do you show them your appreciation? Here's how:

- 1. Thank them: Saying thank you can go a long way. Acknowledging the fact that your partner supports you will let them know that their support makes a difference in your life, which is exactly what they will be hoping for.
- 2. Creative thank you's: Get your partner a thank you present. Giving your sweetheart a present out of the blue just to say thank you will make them feel just how much you appreciate them.
- **3. Reciprocate:** Support your partner just as much as they support you. It feels good to know that your loved one supports you so show them what that feels like just like they do for you.

How do you show your partner that you appreciate the support that they give you? Share your ideas below.

Ben Affleck Calls Wife Jennifer Garner 'Best Person in the World' at DGA Awards





By Jessica Conigliaro

During the 65th Annual Directors Guild Awards in Los Angeles, Ben Affleck boasted about his wife Jennifer Garner as he accepted his award. *People* reports him saying, "I have to just thank my wife for being the best person in the world...I don't need to look at the teleprompter to know why I want to thank you. I want to thank you because I love you." Affleck wanted everyone to know how deeply he cares about his wife.

What are some ways to publicly show your affection for your partner?

Cupid's Advice:

Showing how much you love your partner in social situations can often be a challenge. You don't want to smother them in front of friends and family, but still want to show your affection. Here are some simple ways to express your love in public:

- 1. Hold their hand: In a relationship, people are usually comforted by the smallest gestures; holding your partner's hand in public makes them feel safe and secure. This gives both of you the chance to discretely flaunt without drawing unnecessary attention from the people around you.
- 2. Stay by their side: When hanging out in big groups, people tend to leave their partner's side to talk with someone else—which is perfectly fine as long as they don't leave you alone the whole night. Any more than a half hour alone in public will leave them lonesome. Stay by your partner's side and include them in conversations you are having with others.
- **3. Give little kisses:** Most people are extremely weary of making out in public, or showing too much affection in front of others. The easiest way to avoid causing a scene is to kiss them on the cheek or hand throughout the night; this way, you can show your date how much you really care about them.

How does your boyfriend show he cares about you in public? Share your thoughts below.

Ben Affleck Tells Jennifer

Garner 'You Are My Everything' During Golden Globes Speech





By Nic Baird

Ben Affleck won Best Director and Best Picture for *Argo* at Sunday's Golden Globes, *UsMagazine.com* reports. "I want to thank my wife who is the reason why I'm standing here," he said, as the camera showed his admiring wife, actress Jennifer Garner. "I adore you. I love you so much. Thanks for sitting through this. You are my everything." He and Garner are parents to children Violet, 7, Seraphina, 4, and Samuel, nearly 11 months.

What are some ways to publicly announce your love for your partner?

Cupid's Advice:

It might not be the right time to get married, or maybe you're not that concerned with the institution. Either way, there are many ways you can deepen your love with your partner. Follow your heart, and prioritize your happiness:

- 1. Moving forward: Both of you should want to see your relationship develop. Finding ways to spend more time together, and bringing your lives closer are benefits you can find without marriage. Make time for your partner and find new ways to enjoy their company.
- 2. Children: A child is a huge commitment, and shouldn't be considered lightly. Many times a baby can pop into your life unexpectedly. No matter how it happens, a child is a celebration of your love. You might feel pressure to get hitched, but giving a baby the significance it deserves is most important.
- **3. Special occasions:** Spending the holidays with your loved ones shows their importance in your life. Making Valentine's Day and anniversaries special with thoughtful celebrations will reflect the love you share.

How do you think someone can publicly announce their love? Share your comments below!