

# Celebrity News: Ben Affleck Had Breakdown While Filming Scene About Broken Marriage



By Ellie Rice

In the latest [celebrity news](#), Ben Affleck was caught in a deeply emotional moment while filming his latest flick, *The Way Back*. According to *UsMagazine.com*, the actor felt parallels between his character's struggles with addiction and his own personal life. Affleck has openly acknowledged his battles with sobriety and how they have affected his career, children, and life with ex-wife Jennifer Garner.

# In celebrity news, Ben Affleck is experienced some emotions about his past personal trauma while at work. What are some ways to function at work when you're going through tough times in your relationship?

## Cupid's Advice:

Every relationship goes through challenges and each person will handle them differently. But when you start to feel those struggles affect your work life, Cupid has some advice for you:

**1. Separate the two:** Take time in the morning to reflect on your relationship and the struggles you are currently facing. Give yourself a few moments to really think about the problems you are having with your partner. Once you are finished, channel your energy solely into your work for the day and do your best to keep your focus locked in on it. By separating the two, you are distracting yourself and productively redirecting your efforts.

**Related Link:** [Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting](#)

**2. Take a walk:** If your relationship is starting to affect your ability to do your job, then changes need to be made. Start by taking your work breaks outside. Go for a walk or just get some fresh air to allow your body to relax and refocus on the task at hand.

**Related Link:** [Relationship Advice: How to Cope with a Loved One Who Is an Addict](#)

**3. Have lunch with your coworker:** Spend some quality time with your friends at work by going out to lunch. By taking a break from your job and socializing over a meal, you will be able to stay healthy and in the company of others.

**What are some ways you deal with challenges in your life? Start a conversation in the comments below!**

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## **Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting**





By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes Ben Affleck](#) and [Jennifer Garner](#) have kept an amicable coparenting relationship amidst “underlying tension.” According to *UsWeekly.com*, Garner has high expectations for Ben, and it’s difficult for him to live up to it, sometimes. However, the couple has agreed to keep their three children out of their “former problems.”

**These celebrity exes work at a civil relationship, but they still have tension when it comes to coparenting. What are some ways to work together on parenting?**

**Cupid’s Advice:**

Whatever brought about the divorce, coparenting can be an absolute nightmare if not fleshed out correctly. You’re trying

to keep the peace with the kids, but it's hard when you and your ex are not seeing eye-to-eye. If you're having trouble keeping the conflict down and putting the children first, don't worry! Cupid has some [parenting advice](#) for those struggling to work together:

**1. Communicate when you're in a good emotional place:** When it comes to tension with an ex, it's important to take time to cool off. Keep calm, and put your emotions by the door. Keep the conversation about coparenting duties brief, informative, and respectful. You don't need more fuel for the fire.

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**2. Focus on the children:** At the end of the day, it's what's best for the kids that should take priority over the divorce. Creating a new life and keeping a healthy family dynamic is way more important than outwardly battling with an ex. Find time, together, to figure out what would be best for your children before moving forward.

**Related Link:** [Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife](#)

**3. Find a support network for difficult times:** Coparenting after a divorce can revolve around tensions after tensions. It's important for both of you to have someone to talk with when things have become more difficult in this department. Whether that be a friend, a religious leader, or even family, finding someone who helps you see clearly about both sides make such a difference in how you handle situations going forward.

**How have you led a successful coparenting relationship? Let us know down below!**

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# New Celebrity Couple: Ben Affleck is Dating Katie Cherry



By [Ahjané Forbes](#)

In [celebrity news](#), [Ben Affleck](#) found love with musician Katie Curry. According to *UsMagazine.com*, the new [celebrity couple](#) met on a dating app called "Raya." Affleck, who recently went through a [celebrity divorce](#) from Jennifer Garner, has reportedly been seen with Curry at several events. A Hollywood Halloween party on October 26th was the last event at which they were spotted.

# There's a new celebrity couple to follow! What are some ways to know your new relationship has staying power?

## Cupid's Advice:

Dating is the trial period of a relationship. You're in the process of getting to know each other and deciding whether or not you want to move forward. If you make things official with your partner, you're planning to be in the relationship for a solid period of time. However, it doesn't always work out that way. Cupid has some advice on how to know if your new relationship will last:

**1. You were friends first:** Getting to know each other is an important factor in any relationship. Having open communication can lead you in the right direction. Start by learning their likes and dislikes and what they want out of this relationship. If it starts at friends, it can always develop into more

**Related Link:** [Ask the Guys' Guy: How Do I Know My Boyfriend is Serious About Me?](#)

**2. Make your goals known up front:** If you set expectations for your relationship, you are most likely going to try to fulfill them. Take baby steps. Try bringing your significant other to a party with your friends or a family event. If they are reluctant to attend, then maybe you should reestablish what direction you want to take with your relationship.

**Related Link:** [Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx](#)

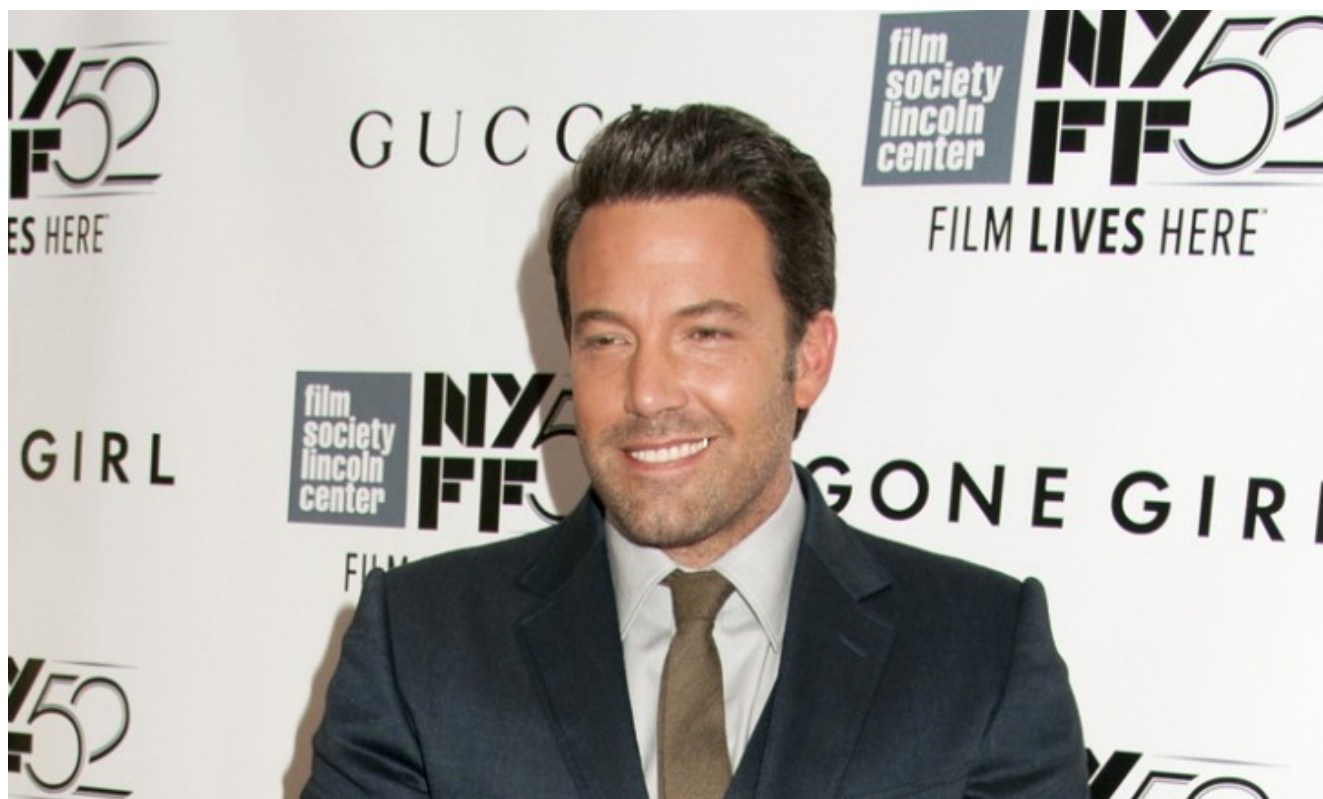
**3. Are they already planning for the future?:** Planning for the

future definitely tells you where you want the relationship to go. If they are already asking for your input on long term goals, then they want to be with you for a while.

What are some ways you know that your partner is serious about the relationship? Let us know in the comments below!

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## Celebrity News: Jennifer Garner Has Found a 'True Partner' in John Miller



By [Katie Sotack](#)



In [celebrity news](#), Jen and Ben are officially over. [Jennifer Garner](#) announced she has found solace with her new partner John Miller, a Cali Group CEO. After a hectic year divorcing [Ben Affleck](#) and supporting him through two stints in rehab, a source told *UsMagazine.com*, “John is the complete opposite of Ben. Jen feels like she’s finally found a true partner.” Both Garner and Miller are committed to keeping their relationship low-key as well as being successful co-parents to their kids from previous marriages.

## **In celebrity news, Jennifer Garner feels like she’s finally met her match. What are some ways to know you’ve met your “true partner”?**

### **Cupid’s Advice:**

Sometimes you just *know* you’ve found the one. Butterflies flutter in your gut, and your heart swells just looking at them. But, a true partner goes far beyond falling in love. Here are [relationship tips](#) to be sure your significant other is the one:

**1. You want the same things:** A partner should share your goals. When it comes to spending your life with someone, they should generally want the same things. If kids, a suburban house, and a steady career are in your future, love won’t save your relationship with a kid-hating, apartment-renting, daredevil.

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**2. They support you:** Of course not all goals need to be share. However they should stand by your individual goals and root you on as you achieve them. For example, if you want to eat

healthy and get fit your partner doesn't need to do the same. However a partner that undermines your attempts to stay on track by offering you ice cream every night is not trying to help you succeed.

**Related Link:** [Celebrity Parents: Former 'Bachelor' Arie Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'](#)

**3. You're both willing to work:** Aside from goals, communication is the key to a healthy relationship. A partnership likely won't have to same communication styles. But true significant others should be willing to compromise and workshop communication for a healthy relationship.

**What are some other ways to know you've met your match? Share your thoughts below.**

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## **Celebrity News: Jennifer Garner & BF John Miller Are Stronger Than Ever Amid Split Rumors**





By [Courtney Shapiro](#)

In [celebrity news](#), Jennifer Garner's relationship is going strong, even though rumors that her and John Miller have split have been spreading. According to *UsMagazine.com*, "John and Jen are going stronger than ever," an insider said. "They are still spending a lot of time together." The celebrity couple made their relationship public in October and have been very happy with each other.

**In celebrity news, the split rumors surrounding Jennifer and John are false. What are some ways to keep rumors from affecting your relationship?**

**Cupid's Advice:**

How can you keep rumors from affecting your relationship?

Cupid has some advice:

**1. Ignore the outsiders:** The only people involved in the relationship are you and your partner. Keep the thoughts of others away from the two of you, and although it is easier said than done, you and your partner will be stronger.

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**2. Talk to your partner if you have any concerns:** Don't jump to conclusions about what's happening in your relationship. Talk to each other first, and hash out any concerns you may have. It'll be much easier if you talk to each other first rather than listening to anything else.

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**3. Spend time doing other things:** If you and your partner keep busy, the rumors won't even matter to you. You and your partner will be occupied spending time with each other and can ignore any of the rumors about your relationship.

**How did you avoid rumors about your relationship? Let us know below!**

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**Moving On: Jennifer Garner is Dating Businessman John**

# Miller After Celebrity Divorce



By [Courtney Shapiro](#)

In [celebrity news](#), Jennifer Garner is happily dating businessman John Miller. After the actress finalized her [celebrity divorce](#) from actor Ben Affleck, she is excited to be moving forward with her love life. The new couple has been dating for six months and it seems to be getting pretty serious. A source told *UsMagazine.com*, "Jen brings out the best in John, and he is the happiest he has probably ever been. It's a loving, healthy relationship." Garner is glad to be moving on from the divorce.

# Now that her celebrity divorce has been finalized, Jennifer Garner has moved on. What are some ways to know you're ready to move on after a divorce or break-up?

## Cupid's Advice:

How do you know you're ready to move on after a divorce or a break up? Cupid shares some thoughts:

**1. You are dating someone else:** Dating someone else and being fully committed to that relationship is a big sign that you've moved on from your previous relationship. It is okay to move on and have a new love interest in you're life if you truly feel ready to be in that space again.

**Related Link:** [Celebrity Couple News: Gwyneth Paltrow Gushes Over Newlywed Life with Brad Falchuk](#)

**2. You and your ex are friends:** No one is asking you to be bff's with your ex, but if you two have a friendship rather than a romantic relationship, then it's safe to say you have respectfully moved on from that part of your lives.

**Related Link:** [Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner](#)

**3. Your emotions aren't all over the place:** When the break-up first happens, it is expected that you will feel many different things. It's difficult at the start, but you'll have more control over your emotions after you have had time to move forward from the relationship.

**How were you able to move on after a divorce? Let us know below!**

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# Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck



By [Courtney Shapiro](#)

In [celebrity news](#), recently divorced actress, Jennifer Garner was seen dating someone new. Her divorce from actor Ben Affleck was finalized on October 5, 2018. The [celebrity couple](#) made their split public in 2015 and officially filed for divorce in 2017. The pair has three kids together and are on

the same page about co-parenting. According to *UsMagazine.com*, Garner is “ready to start the next phase of her life.”

## **In celebrity divorce news, Jennifer Garner is moving on from her ex-husband. What are some ways to know you are ready to move on after a divorce?**

### **Cupid's Advice:**

How do you know you're ready to move on after a divorce? Cupid shares some advice:

**1. You aren't thinking of your ex romantically:** Of course there was a romantic connection between the two of you since you decided to get married. If you don't feel connected or attracted to the other person anymore, it could be a sign that you're ready to move on with your life.

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**2. You're excited to go out again:** The time will come after the divorce where you're ready to put yourself out there again. It may take a bit to get there, but eventually you'll be out of that post-divorce slump.

**Related Link:** [Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner](#)

**3. You have direction in your life:** You know what you want and you are easing your way into getting it. Once you've dusted away the old pieces of the divorce, you have a clearer image



of what your future will look like.

**How were you able to move on after a divorce? Let us know below!**

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# Celebrity Exes: Jennifer Garner Will Support Estranged Husband Ben Affleck 'No Matter the Circumstances'



By Lauren Burczyk

In [celebrity news](#), [celebrity exes Jennifer Garner](#) and [Ben Affleck](#) remain on good terms despite his vices. An insider revealed to *UsMagazine.com* that Garner will continue to be there for Affleck whenever he needs her “no matter the circumstances.” After everything they’ve been through together, Garner plans to show continued support toward Affleck so that he can be a great father to their children. Garner’s untiring loyalty to Affleck is for the sake of their children. Last month, she helped to stage an intervention and drove the 46-year old actor to a Malibu rehab center for his alcohol addiction.

## **These celebrity exes are the definition of “amicable split.” What are some ways to keep things civil with your ex?**

### **Cupid’s Advice:**

When going through a divorce or break-up of any kind, it can be difficult to remain civil with your ex. No matter how hard it may be, it is important to try to be as friendly as possible, especially if there are children involved. Cupid has some ideas:

**1. Remember why you fell in love:** Whenever you are going through a divorce or a tough split, it is important to keep in mind that you were once in love with this person and never forget what qualities made you fall in love in the first place. Keeping these desirable qualities about your ex close in thought will help you remain on good terms.

**Related Link:** [Celebrity Divorce: Ben Affleck & Jennifer Garner Reach Divorce Settlement](#)

**2. Keep conversation simple and relevant:** It is important to

only talk about topics that are simple and relevant to your current situation, such as about your children or pets to avoid any further disagreements.

**Related Link:** [Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner](#)

**3. Forgive your ex and forget about past issues:** It is necessary to forgive your ex and let go of any past issues that ultimately led to the split. By doing this, you are starting fresh with you ex, just without intimacy and now as friends.

**What are some other ways to remain civil with your ex? Share your thoughts below.**

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## **Celebrity Divorce: Ben Affleck & Jennifer Garner Reach Divorce Settlement**





By Jessica DeRubbo

In [celebrity news](#), [Ben Affleck](#) and [Jennifer Garner](#) have reached a [celebrity divorce](#) settlement, according to *UsMagazine.com*. This comes after a long drawn out set of proceedings (almost three years), and it comes at a time when Affleck is currently in rehab recovering from alcohol addiction. The 46-year-old actor entered a treatment center last week to combat his addiction. Garner, his ex, drove him to the facility after an intervention. A final divorce settlement will be filed with the court after Affleck is released from rehab.

**This celebrity divorce is almost official after long deliberations. What are some ways to keep your divorce proceedings civil?**

**Cupid's Advice:**

When going through something so trying, it can be tough to keep things civil. But, you're always better off not fighting and getting heated, especially if there are kids involved. Cupid has some tips:

**1. Always include a middle man:** Whenever you're talking about your divorce, make sure there's someone there to mediate. There's a reason you're getting divorced, which probably means effective communication between the two of you is at an all-time low. Having someone else there to listen to both sides will be helpful.

**Related Link:** [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

**2. Take a few breaths before responding:** Keep spur of the moment reactions to a minimum by taking a beat before responding to various requests. Think through what you want to say before you say it, so that you don't end up saying something you regret.

**Related Link:** [Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton](#)

**3. Think about the love you once had:** You got married for a reason in the first place so keep that in the back of your mind while you're going through your divorce proceedings. This will open up that soft spot you had for your former S.O. and will keep you more level-headed.

**What are some other ways to keep a divorce civil? Share your thoughts below.**

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# Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner



By [Haley Lerner](#)

In [celebrity news](#), [Ben Affleck](#) checked in to rehab on August 22 after an intervention by estranged wife [Jennifer Garner](#) and a sober coach. According to *UsMagazine.com*, a source said Affleck knew he needed help and asked for it. An eyewitness at the scene of the intervention at Affleck's home in Pacific Palisades said at one point Garner came outside shaking. After the intervention, Affleck and Garner left his house in a car together, stopped at a Jack in the Box and drove to Malibu.

Garner has supported Affleck through his addiction struggles even though the two split up in 2015 and filed for divorce in 2017.

## **In celebrity news, Ben Affleck checked into rehab with support from his family. What are some ways to support a partner who has a substance addiction?**

### **Cupid's Advice:**

Substance addiction is a tough battle, and if your partner is going through it, it can be difficult. Cupid has some tips on how to support your partner:

**1. Get them help:** The most important thing you can do for your partner is to get them help for their substance addiction. Whether it's having an intervention, taking them to rehab, getting them a therapist or some other form of treatment, it is definitely necessary for them.

**Related Link:** [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

**2. Be there for them:** Right now, your partner needs you to be loving and supporting while they are going through a hard time. Be there to talk to them whenever they need it and make it clear you aren't going to leave them.

**Related Link:** [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

**3. Help them find new outlets:** If your partner is out of rehab but still is in a tough place from their substance abuse, help them find new fun outlets to spend their time and enjoy life.

Show them you still want life to be fun for them and take them on fun dates and outings.

Have any more tips on how to help a partner how has a substance addiction? Comment below!

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## Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton





By Rhodesia Williams

In [latest celebrity news](#), [Jennifer Garner](#) isn't surprised that her ex, [Ben Affleck](#), was spotted on a date with a *Playboy* model. The [celebrity exes](#) are all too familiar with this scenario. Affleck apparently has had his share of secret [celebrity relationships](#) even since his [celebrity divorce](#) to Garner. Unfortunately for Garner, Affleck isn't too worried about being discreet. Knowing Affleck won't change, all she can do is protect her kids as much as she can.

**In celebrity news, Ben Affleck's ex isn't surprised he's dating a Playboy model, but she isn't pleased. What are some ways to cope with your ex moving on?**

### **Cupid's Advice:**

It's never easy to watch your ex move on, especially if you are always reminded of it. Cupid has some ways to cope with your ex moving on:

**1. Think about it:** So, your relationship didn't work out, but you can't seem to rationalize it. Make a list of the pros and cons of your relationship and be honest. While sometimes, the relationship could've ended out of the blue, but think about anything that could've been a warning signs. Sometimes taking some time to think can put this situation in perspective. Giving yourself time and being honest with yourself will help you to heal and move on.

**Related Link:** [Dating Advice: 4 Signs Your Partner Is the Right One for You](#)

**2. Enjoy yourself:** Go out and enjoy your single life. Although you may miss your relationship, use this time to adapt to your new lifestyle. Have a night out with friends or even enjoy a movie night alone with your favorite snacks. Dating yourself is a big part of healing because it let's you know that it's okay to be alone. You won't be able to move on unless you get out and start enjoying life.

**Related Link:** [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

**3. No lurking:** The best thing you can do to help move on is not to creep on your ex. For one, you already know what you are going to see. Also, why bum yourself out? Whether your ex is with someone or not, understand that you also need to start the process of moving on. Lurking will only hurt you so try your best not to. It's always easier said than done but it will help you to make peace with your ex moving on.

**What are some ways you cope with an ex moving on? Share below.**

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## Celebrity Break Up: Jennifer Garner Wants Ben Affleck to “Work on His Health” Before Finalizing Divorce





By [Haley Lerner](#)

In [celebrity break up news](#), [Jennifer Garner](#) isn't rushing to finalize her [celebrity divorce](#) from [Ben Affleck](#). According to *UsMagazine.com*, new court documents state that the couple was warned by a judge in the L.A. Superior Court that if the two can't settle their divorce case, a judge has the right to call it off. But, apparently Garner has been stalling the divorce. A source said, "Jen wanted to give Ben the time and opportunity to work on his health and sobriety. She isn't in a rush." The insider added that Garner wants Affleck to be "the best father he can be" to their three kids and "wants what's best for the kids. But, it seems Affleck is ready to move on, as he's been dating *Saturday Night Live* producer Lindsay Shookus. The source added, "Ben would have liked to have finished this and closed the books sooner." But, "Jen just isn't willing to settle the custody issues until she's 100 percent certain that he's clean."

# Jennifer Garner isn't rushing to finalize her divorce with Ben Affleck because she cares about his wellbeing. What are some ways to support your ex after a break up?

## Cupid's Advice:

Breaking up with an ex can be hard when they are going through a rough time. Cupid has some tips on how to support your ex after a break up:

**1. Give them space:** After a break up, sometimes the best thing you can do for your ex is to give them space. They need to heal from the split just like you, so giving your ex space can be good for both of you.

**Related Link:** [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

**2. Talk to their friends:** If you don't want to be the one to directly help your ex, talk to their friends or family and let them know you think they are in need of some help. They can then take the lead and figure out how to help out.

**Related Link:** [Celebrity News: Jennifer Garner and Kids Visit Ben Affleck In Hawaii](#)

**3. Be there for them:** If you're comfortable with it, you can keep the door for conversation open with your ex. Make it clear that you want things to be platonic, but that you are also willing to be a friend to them and are there to talk them through anything they are dealing with.

**Have any more ways to support an ex after a break up? Comment below!**

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# Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus



By Rhodesia Williams

In [celebrity news](#), Jennifer Garner says she doesn't want [Ben Affleck](#)'s new [celebrity relationship](#) anywhere near their three children. Affleck, who is now dating Lindsay Shookus, went through a public [celebrity break-up](#) with Garner in 2015. They share three children together; however, Garner has her reasons

for not wanting Shookus around her children.

## **In celebrity news, Jennifer Garner is doing well post-split from Ben Affleck, but she doesn't want her kids around his new girlfriend. What are some ways to handle introducing your kids to your new partner?**

### **Cupid's Advice:**

Introducing your children to a new partner can be difficult. Often times, your ex may have some requests and, to keep the peace, honoring them is a good idea. Cupid has some ideas on how to introduce your new partner to your kids:

**1. Who wants ice cream?:** Naturally, most kids love ice cream. A good ice breaker is taking the kids and your new partner out for ice cream. It is important to have the kids in an environment where they are comfortable and feel safe. While you may think they are focused on their sundaes, they will remember the outing and it will help associate your partner with a happy memory.

**Related Link:** [Relationship Advice: The Pitfalls of Dating While Divorcing](#)

**2. Introduce the idea:** Sometimes the "what if" game helps. Slightly introducing the idea will help in finding out if your kids are okay with you having a new partner. Kids often object to their parent being with someone new because they want to see their biological parents together. Over time, suggesting that you may have a new partner will plant the seed needed and

will help introduce your new partner.

**Related Link:** [Parenting Tip: Being a Adoptive Parent](#)

**3. Make it a party:** If you and your ex are on good terms, it's a good idea for all adults involved to introduce your new partner. Your children seeing that you all are getting along and can co-exist will ease their minds. Naturally kids don't want to see their parents apart, so when introducing a new partner, you want your kids to feel comfortable. Having your ex back you up can only help the situation.

**What ways would you introduce your new partner to your children?? Share below.**

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## **Celebrity News: Jennifer Garner and Kids Visit Ben Affleck In Hawaii**





By [Jessica DeRubbo](#)

It looks like these [celebrity exes](#) are keeping it friendly, as [Jennifer Garner](#) and her kids were recently spotted visiting [Ben Affleck](#) in Hawaii over Spring Break, while he's there to train for a Netflix action movie. According to [UsMagazine.com](#), Garner traveled to the Aloha State over the weekend with daughters Violet, 12, and Seraphina, 9, and son Samuel, 6. She even posted a photo on Instagram of herself hiking with her trainer, Simone De La Rue during the trip. Though Affleck is currently dating Lindsay Shookus, who was spotted in Hawaii on March 26th, Shookus was nowhere to be seen when Garner and the kids were visiting. We're glad this former [celebrity couple](#) can keep it civil for their kids!

**In [celebrity news](#), Jennifer Garner and Ben Affleck are following through on their commitment to**



# putting their kids first. What are some ways to put your kids first after a split?

## Cupid's Advice:

When you have kids and are going through a split, it's super important to focus on your children and how the things you're doing are affecting them. Cupid has some ways to make sure you're putting them first:

**1. Put forth a united front:** No matter what your beef is with your former significant other, your kids shouldn't catch wind of it. It's important to get on the same page with your ex before communicating with your kids. You want to make sure the messages coming from each of you are the same.

**Related Link:** [New Celebrity Couple: Ben Affleck Is Dating 'SNL' Producer Lindsay Shookus](#)

**2. Hang out as a family:** If it's possible, continue to spend time together as a family. This may be difficult if your split was particularly bitter, but do your best to get to a point where being together is doable. It will make your kids relax and feel as if their family hasn't been ripped apart forever.

**Related Link:** [Latest Celebrity News: Jennifer Garner Says She Is 'Not Interested in Dating' After Split From Ben Affleck](#)

**3. Make all decisions with your kids in mind:** Instead of thinking of yourself during your split (or after), think about your kids first. Each decision should be made with them in mind. Even if something isn't necessarily preferable to you, you're at a point where you can deal with it, while your kids are still growing and impressionable.

**What are some other ways to put your kids first after a split?**

Share your experiences or thoughts below.

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# Celebrity Parents Who Keep Their Kids Out of the Spotlight



By [Melissa Lee](#)

With living in a world absolutely obsessed with pop culture and celebrities, you can only wonder – what does the media love *more* than stars? The answer to that is unsurprising and comes in the form of little ones... celebrity families! Not only

does our society idolize celebs, but we also have a fascination with famous families like the Kardashians. This obsession has caused celebrity parents to make the executive decision to keep their children out of the spotlight – and we can't exactly blame them!

## **Check out these celebrity parents and their kids, who have managed to stay out of the limelight!**

**1. Sandra Bullock:** Bullock adopted two children, Louis Bardo in 2010, and Laila in 2015. Although the paparazzi are always dying to catch candid photos of the single mom with her kids, Bullock has expressed her need for privacy on multiple occasions. "Most foster children are in foster care because they were taken from their birth homes under tragic circumstances," she says. "The last thing I wanted was to bring more harm to her because of the nature of my job."

**2. Adele:** Adele and husband Simon Konecki had their son in October 2012, and have kept him out of the spotlight to the best of their abilities. "We need to have some privacy," Adele explained. "I think it's really hard being a famous person's child." The couple even went as far as suing paparazzi in 2013 for taking photos of their son on a private family outing.

**Related Link:** [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

**3. Jennifer Garner:** When it comes to this celeb mom, her main concern was how aggressive the paparazzi were toward her three kids, Violet, Seraphina, and Samuel. She says that her kids were constantly uncomfortable with the paparazzi, and didn't want them to know what they looked like. "They don't want this at all, and I don't want it for them," Garner said.

4. **[Ryan Gosling](#) and Eva Mendes:** These celebrity parents are notorious for keeping things under wraps. In fact, the majority of their six-year long relationship has been extremely private! The couple have two daughters together, Esmeralda and Amada. “I find the media’s ‘bump watch’ obsession to be both intrusive and stressful,” says Mendes. “So I made the decision to eject myself from it completely.”

**Related Link:** [Parenting Tips: How to Cope With Stress](#)

5. **Tyra Banks:** Tyra welcomed her son, York, into the world just last year, and has made a great effort to keep his life relatively low-key. “I don’t think that my son has ever asked to be seen, so I’m very, very conservative when it comes to showing him,” said Banks.

**Who are some of your favorite celebrity families? Share your thoughts below!**

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## **Celebrity Co-Parents: See How Stars Manage To Raise Their Children Post-Split**





By [Marissa Donovan](#)

Co-parenting is a lifestyle choice that many celebrities find to be a healthy way to stay close as a family. [Celebrity break-ups](#) happen, but ex couples with children have come to the mutual agreement that parenting comes first. According to the [University of New Hampshire Cooperative Extension](#), the long term advantages of co-parenting include less feelings of abandonment and a sense of stability. Co-parenting after a split can be done by meeting with the other parent and making an agreement on future goals and family gatherings.

**Like a [celebrity parent](#), it can be hard to find balance between raising a child and working out a mutual schedule with your ex. Check out these co-parenting tips to**

# understand how to find the happy medium of raising a family after a break-up:

**1. Have positive conversation about your family members:** Even when the other parent is momentarily unavailable, it is important to tell your children that they are still loved. [Ben Affleck](#) spoke highly of [Jennifer Garner](#) in an [EOnline.com](#) interview calling her a “superhero mom” and being thankful they can co-parent together. Speaking compassionately to your children about their other parent shows them that you both genuinely care about their well being.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**2. Meet as a family:** Coming together as a family is something you and your ex should consider when co-parenting. Holidays may be the easiest time to share a meal or do an activity together. As seen on *Keeping Up With The Kardashians*, [Scott Disick](#) and [Kourtney Kardashian](#) go on vacations with their children to spend quality time together as a family. Spontaneous changes in schedules may arise, but you must move forward and plan another family day.

**Related Link:** [Celebrity Interview: Katherine Heigl Says “Family Comes First”](#)

**3. Understand your strengths as overall parents:** It’s good for your child to spend quality time alone with his or her mom or dad. Actor Ryan Phillippe opened up to [ETOnline.com](#) about his arrangement with [Reese Witherspoon](#) to have one parent have alone time with their children. When each parent has their children separately, the pair can understand their strengths when handling a situation with their child. Mom might be better at helping with school projects, or Dad might be better

at handling temper tantrums. Applying your skills as individual parents will help the development of your children.

Do you know of any other co-parenting tips? Share your experiences in the comments below!

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## Parenting Tips: Should You Circumcise Your Baby?



By [Noelle Downey](#)

There's no doubt about it – parenting can be a minefield.

There are so many decisions to make and questions that don't seem to have a clear right answer. While every good parent does everything they can to make sure that their child is safe, happy, and healthy, sometimes even the experts have conflicting [parenting tips](#) on the best ways to accomplish that goal. One of the most hot-button topics when it comes to [parenting advice](#) is circumcision. While some experts argue that circumcision has health benefits like decreased risk of urinary tract infections, penile cancer or STI's, others contend that the reduction of the risk is actually so small that it doesn't warrant a corrective procedure, especially for infants who have no say in what some consider to be an invasive surgery. Differing cultural and religious views also tend to influence parents when it comes to whether or not they choose to have their children circumcised. Although circumcision is a medical procedure many take for granted, even some [celebrity parents](#) argue against it. Cupid is here with a list of the top five most vocal celebrity protestors of circumcision.

**Whether or not you believe circumcision is right for your children, there are plenty of famous parents who say their top parenting tip for their [celebrity babies](#) is to avoid the cut altogether!**

**1. Alicia Silverstone:** Alicia Silverstone is a [celebrity mom](#) to six-year-old son Bear Blu Jarecki, and she and her husband, Christopher Jarecki, made the personal decision not to circumcise Bear despite the fact that Silverstone had a Jewish upbringing. Silverstone confronted the complicated decision



she and her husband made in her book, 'The Kind Mama' and later said that her fans reactions to it touched her deeply. "One [fan] said that 17 years ago she had her son, and she made this choice," Silverstone shared in a celebrity interview with *The Stir*, "and she was crying, because she was remembering her experience. It was moving to me."

**2. Ben Affleck:** [Ben Affleck](#), [celebrity ex](#) of [Jennifer Garner](#) and dad to children Violet, Seraphina, and Samuel, has said in the past that despite some reports from experts that state that being uncircumcised can lead to an increased risk of frequent urinary tract infections, he himself doesn't approve of the practice. He once confessed to Jon Stewart in an interview, "I hate circumcisions! Get enough in me, and I'll tell you how much I hate them!"

**Related Link:** [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

**3. Russell Crowe:** Famed actor and father to two sons, Charles and Tennyson, Russell Crowe took to Twitter to slam circumcision in a series of controversial tweets. The actor steamed, "Circumcision is barbaric and stupid. Who are you to correct nature? Babies are perfect." While many responded negatively to his tweets, citing a lack of sensitivity to the nuanced reasons that many choose to circumcise their children, others firmly supported his declarations, sparking a dramatic social media storm.

**4. Mario Lopez:** On a 2010 episode of this cute star's hit reality TV show, 'Saved By the Baby', Mario Lopez pushed his then-girlfriend (now wife) Courtney Mazza to consider not circumcising their future son, and the discussion quickly got heated for the [celebrity couple](#). "That's not up for discussion," Lopez insisted firmly, "News flash, this is the way all men are born." Lopez and Mazza are now celebrity parents to two children, Gia Francesca Lopez and Dominic Lopez.

**Related Link:** [Mario and Courtney Lopez Welcome a Baby Boy](#)

**5. Cameron Diaz:** It's not just celebrity parents who have their opinions on circumcision. Forty-four year old actress Cameron Diaz has made it clear in the past that if she and her husband Benji Madden ever have a son, that circumcision will not be for them. She spoke in an interview with *The Stir* about her film 'What to Expect When You're Expecting' and some changes that had to be made to the script to achieve a PG-13 rating, claiming, "they made us cut out a bunch about circumcision. To get a PG-13 rating we had to cut out the actual *description* of circumcision. So apparently it is very uncomfortable for people to hear how it works." Diaz added, "America is the same way about their beef – they just want it delivered in a styrofoam package with saran wrap over it. They don't want to know how it got to you. Same thing with circumcision."

**What do you think about the practice of circumcision? Do the alleged health benefits or personal concerns outweigh these celebrity opinions? Or do you think they have a point? Let us know in the comments!**

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## **Jennifer Garner & Ben Affleck Attend Church After Celebrity Divorce Filing**



By Noelle Downey

[Celebrity exes Jennifer Garner](#) and [Ben Affleck](#) were spotted smiling serenely as they exited a church service they attended together on Easter Sunday with their three children, according to [UsMagazine.com](#). Garner filed for divorce from Affleck on April 13th, with both of them deciding to pursue a joint custody agreement of their three children, Violet, Seraphina and Samuel. Although Affleck had been living in the guest house since the couple separated in June 2015, he will now be making the move to a new home as the [celebrity divorce](#) moves forward. A source close to Affleck reported it's important to him to find a place near Garner's house so they can both successfully "continue to co-parent as they have been" adding that Affleck is expected to move out "when he finds the right place."

# Talk about being amicable during a celebrity divorce! What are some ways to keep life normal for your kids during a split?

## Cupid's Advice:

While a divorce is enough to threaten the future of any family dynamic, Garner and Affleck seem to be able to put aside their differences to lend their kid's lives some normality during this transitional period. Here are Cupid's top tips on how to emulate these sensible celebs and keep your kids secure during your separation:

**1. Present a united front:** Just like this former [celebrity couple](#), it's important to focus on presenting a united front and creating a viable co-parenting experience for your children. Whether that means attending church together, having a family dinner once a week or a monthly family movie night, remind your kids that you can still function as a family unit and that you and your ex are still capable of coming together for their benefit and security.

**Related Link:** [Celebrity News: Jennifer Garner Says She & Ex Ben Affleck Will Make Co-Parenting Work](#)

**2. Develop healthy coping mechanisms:** If you're dealing with the pain of your divorce in unhealthy ways, your children will feel the strain of those negative behaviors too. A source on Affleck recently reported that he was "doing great" and was in "a healthy place" following his treatment in rehab for alcoholism. Just like this celebrity parent, focus on making sure you're dealing with any issues you have behind the scenes to that your children can feel safe knowing you're not going to fall apart at a moment's notice.

**Related Link:** [Celebrity Couple News: Jennifer Garner Still Not Wearing Wedding Ring After Ben Affleck Reconciliation Reports](#)

**3. Communicate with your kids:** While it's true that your children shouldn't have to handle hearing every detail of your divorce, you may also find that opening up clear lines of communication and talking your child through this difficult time will be immensely helpful in getting them to open up and feel safe with you. By talking to them honestly about how you're feeling and how they're feeling, you can validate their emotions and make sure they're dealing with any sadness or anger they might feel in healthy ways.

**Garner and Affleck seem determined to make things work when it comes to co-parenting their children. Do you have any tips on co-parenting that you've learned since splitting with your ex? Let us know in the comments!**

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# **Celebrity Couple News: Jennifer Garner Still Not Wearing Wedding Ring After Ben Affleck Reconciliation Reports**





By [Delaney Gilbride](#)

In [latest celebrity news](#), we're still totally and completely unsure about the status of [celebrity couple Jennifer Garner](#) and [Ben Affleck](#)'s marriage. Despite multiple claims that their [celebrity divorce](#) had been called off for the time being, the 44 year-old actress and film producer was seen walking about Los Angeles on Thursday, March 9, without her wedding ring. An insider close to Garner told [UsMagazine.com](#) that she's still considering going through with the divorce when the time is right, while a *different* insider close to Affleck, 44, told the magazine that the two are putting their divorce on hold because they've been getting along pretty well. The *Daredevil* co-stars are reportedly still living under the same roof for the sake of their three children since their split back in June 2015. Although the news of their rocky marriage is still relatively new, the duo has been going to couples therapy for years now.

# We can't quite seem to keep up with this celebrity couple. How do you know when it's time to end a longtime marriage?

## Cupid's Advice:

Breaking up is hard as it is, but what if it's ending a longtime marriage with someone you thought you'd spend the rest of your life with? How do you know when enough is enough? Cupid's here to help with some [relationship advice](#):

**1. You're too tired to keep fighting the truth:** When all the negative signs you've been ignoring keep adding up, it will become completely overwhelming. If your sex life is a daily frustration, your loved one won't fight for you, and it's impossible to open up to them anymore it's time to take a minute and realize that you can't keep fighting the truth. Ask yourself, is this worth fighting for?

**Related Link:** [Celebrity Break-Up: Scarlett Johansson Reportedly Files for Divorce From Romain Dauriac](#)

**2. You only communicate when you have to:** A key part to any relationship is communication and if you and your partner see this as a chore, something is very wrong. Talking to your loved one should be something you look forward to during a long day of work it shouldn't be something you dread. If this is the case, the two of you have to really think about what you want for the future.

**Related Link:** [Celebrity Break-Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together](#)

**3. You're falling for other people:** If your spouse is distant and your sex life is dying you might be finding your lost

needs in other people. Although you may not be acting on it, the feeling you get from others that truly appreciate and truly want you is overwhelming. This is a huge sign that your marriage is most likely coming to an end.

Are you struggling with your divorce? Comment below with some indicators that your marriage might be coming to an end.

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## Dating Advice: Movies to Get You In the Mood for Valentine's Day





By [Katie Gray](#)

Cupid strikes! Now that it is officially February, we are in the month of love. That means that Valentine's Day is just around the corner. Bring on all of the chocolate and champagne! While we make plans with our significant others, families and friends, [celebrity couples](#) are doing the same. There's no better way to get into the Valentine's Day spirit, than by watching your favorite [celebrity relationship](#) and love stories on screen. In preparation for Valentine's Day, fall in love with these films!

## In this [dating advice](#), Cupid has compiled six movies to get you in the mood for Valentine's Day:

1. ***Valentine's Day***: The title says it all! The 2010 box office hit film, *Valentine's Day*, revolves around a group of people as they deal with their love struggles and strengths on Valentine's Day. This commercially successful movie was directed by legendary romantic-comedy filmmaker, Garry Marshall. The ensemble cast included: [Jessica Alba](#), [Bradley Cooper](#), [Jessica Biel](#), Patrick Dempsey, Julia Roberts, Jamie Foxx, [Jennifer Garner](#), George Lopez, Emma Roberts, and many more. [Taylor Swift](#) even made her film debut and her song "Today Was A Fairytale" is in it!

**Related Link:** [Top 10 Most Romantic Movie Locations](#)

2. ***Pretty Woman***: It's always a good time to watch the 1990 hit romantic-comedy, *Pretty Woman*. However; it's especially essential to view it during the Valentine's Day season. The film stars Julia Roberts and Richard Gere, and is directed by Garry Marshall. It depicts a love story between a Hollywood hooker, Vivian, and Edward, a wealthy businessman. She is hired to be his escort for several social outings, and they

end up having a deep connection and develop a loving relationship.

**3. *Dirty Dancing*:** Now I've had the time of my life! *Dirty Dancing*, is one of the most successful films of all time. In 2009 it had grossed over \$214 million dollars worldwide. The romantic dance drama, stars Patrick Swayze and Jennifer Grey. It takes place in the summer of 1963 at a resort in the Catskill Mountains, and follows the stories of the guests and employees.

**Related Link:** [World's Wealthiest Celebrity Couples](#)

**4. *When Harry Met Sally*:** The 1987 romantic comedy, *When Harry Met Sally*, has become a cultural hit. The film stars Meg Ryan and Billy Crystal. It's about the path of the main characters, Harry and Sally, on their adventure to New York City. The film became wildly popular and is full of humor, perfect for Valentine's Day vibes.

**5. *Breakfast At Tiffany's*:** What better film to watch for Valentine's Day, than the classic film, *Breakfast At Tiffany's*? It won two Academy Awards and has been critically acclaimed. Audrey Hepburn, Tiffany & Co, and New York, is all you need to feel the love. This 1961 film, is based on the book by Truman Capote.

**6. *Sleepless in Seattle*:** Tom Hanks and Meg Ryan dazzle in the romantic comedy, *Sleepless in Seattle*. This 1993 romantic movie, has garnered critical and commercial success, grossing over \$220 million. This touching and heartfelt movie will have you feeling lots of love. Most importantly, it provides viewers with hope that true love is out there and soulmates are real. It gives the perfect vibes for Valentine's Day.

**What are your favorite movies to get you in the mood for Valentine's Day? Comment below!**

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# Celebrity Interview: Professional Aerialist & Celebrity Trainer Jill Franklin Talks About Aerial Physique, Fitness And Love Advice



By [Cortney Moore](#)

When you hear the word “aerialist,” colorful imagery of

gravity defying circus performances might come to mind. Not many can say they make a living soaring through the sky, but world-renowned aerialist and celebrity trainer Jill Franklin has found a way to make aerial her business. In our exclusive [celebrity interview](#), Franklin opens up about her experience as an aerialist and founder of Aerial Physique, what it's like training her clients, and fitness related [relationship advice](#).

## **A World Famous Aerialist Offers Us Great Fitness & Relationship Advice In This Celebrity Interview**

Franklin became enchanted with aerial at age 14 when she attended her first Cirque du Soleil show. As someone who was trained in dance, Franklin admired the graceful acrobatics these performers exhibited, but like most people she doubted she could be capable of such feats. Seven years later, Franklin found herself in New York City looking for work; until one day she saw an advertisement for a circus school and decided it would be a great opportunity to knock aerial off her bucket list. "I was convinced I wasn't strong enough, I was totally afraid of the whole thing. I was afraid of heights," Franklin admits, "my first class- I was totally awful. I couldn't do anything they asked me to do!" However, Franklin did not allow herself to get discouraged and continued with her classes the same way she had when she studied dance.

**Related Link:** [Make Your Love Soar On Date Night With Aerial Classes In NYC](#)

Fast forward to 2016, and now Franklin has become the teacher rather than the student with her Los Angeles based aerial studios, Aerial Physique. "I just really love watching people's progress as far as someone comes in and says they're

nervous about it, they're not really sure if this is for them. And then in a few months just watching their bodies literally change," she says in regards to what made her open up her own studio. Teaching everyday people how to do aerial is a rewarding experience for Franklin, especially since she was once apprehensive about doing the sport and doubted she'd get as good as she is today. For those who are interested in aerial, Franklin believes you should pursue your curiosity, "Everyone is totally afraid and thinks they're too old to try it now, and all these things, these excuses go through your heard. Which is normal, but you just got to do it and it gets much better." Not only has Franklin's reputation as a talented aerialist made celebrity news on more than one occasion, but it has also attracted very famous clientele. Some celebrities that Franklin has had the opportunity to train include *Revenge* star Christa B. Allen, one of Chris Rock's daughters and many more.

**Related Link:** [Celebrity Interview: Celebrity Trainers Sebastien and Danielle Lagree Talk Famous Clients, Relationships & Love](#)

In terms of fitness and relationship advice, Franklin was able to provide an abundance of insight from her relationship with her husband. "My husband and I, on the very first date we went on, he took me on a picnic and I asked him what I can bring. And I was like thinking, 'Okay should I bring something to eat? Should I bring like cookies? Like what do I bring?' He said bring three things, 'authenticity, fearlessness and a smile.' That's kind of been our ongoing things that we live by." Four months after their first date, Franklin and her husband were married! As a couple, fitness is an important factor of their lives- this is especially apparent since they met each other at the gym. "It's a great place to find a date. It's definitely better than a bar, that's for sure," Franklin says in regards to where women can find a quality date, "you know that person is taking care of themselves, and caring for

their health and bodies. So I think it's a great place to find a date for sure." When asked if aerial classes were a good option for couples to try together, Franklin says it's worth giving a shot, even if you're starting a new relationship. "It's a fun way to break the ice for sure because you're stretching, you're doing things that are new, so both people feel a little uncomfortable but also get to learn about each other." And she would know since she invited her husband to an aerial class back when she first met him. "We ended up spending that whole night chatting. I think he thought it was really cool and was intrigued by it because it was unique from what other people do." Franklin went on to joke that if you want to get a husband quick, do aerial.

Not bad for a someone who was once afraid of heights! You can schedule a class with Franklin if you're in the Los Angeles area, or watch her performances and instructional videos on her Youtube channel, Aerial Physique. And keep an eye out for her beginner and intermediate aerial guides and coloring books that are available on Amazon!

*For more information on Jill and Aerial Physique, you can visit her [website](#)!*

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## **Relationship Advice: Why Isn't It Easy to Say Goodbye?**





By Dr. Jane Greer

Some say [Ben Affleck](#) is waiting to find out if his [celebrity ex Jennifer Garner](#) wants to reconcile with him. Despite their [celebrity divorce](#), they have remained close. According to a source, many people feel Jennifer is stringing Ben along and “making him jump through hoops.” They say she’s acting hot and cold, and he has no idea where they stand as a couple or a family. It can be very frustrating to remain in limbo and not know what to expect. Many people find themselves in this situation after a break-up or an attempted break-up.

**Sometimes the road to splitting up permanently isn't clear, and there can be lots of fits and starts before either reaching the final end of a relationship, or deciding**

**to give it another solid try. Why is it so hard for people to let go, sometimes even if they are officially divorced? Check out the following relationship advice:**

The most compelling reason people continue to hold on is the fact that they have a shared history. The person who might be an ex-partner has a sense not only of who you are, but who you were with them and during your time together. To then say good-bye to them can also feel like saying goodbye to who you were during your relationship. Another thing that can keep you hopeful, even if you aren't happy right now, is the possibility that something will change and the good times you once shared and the positive aspects of the relationship will resume.

**Related Link:** [Jennifer Garner Source Says Ben Affleck's Alleged Celebrity Affair Was the 'Ultimate Betrayal'](#)

Another thing that can keep the glue between you from completely giving way is if one of you wants to hold on more than the other. When this happens, the one who isn't ready to finally end it might persist with calls, emails, and texts which can increase the doubts the other might feel as well as any guilt feelings he or she might have about ending the relationship in the first place. The partner who wants to continue to be together might also make assertions that they will change whatever behavior may have led to the unhappiness between you. They might even start to do it, which can make the other person stick around with the hope that the negative behaviors will disappear completely. As a result, a couple can often seesaw because even small changes can increase optimism and give someone the stamina they need to be willing to try to



give it another shot. In the case of a betrayal, when the initial and intense anger diminishes, there can be a willingness to give the person a chance to rebuild your trust. Also, when there are children involved, as there are with Jennifer and Ben, there is often a desire to keep the family together for their sake. That can be one of the strongest driving forces of all. Whatever the case, certainly if a lot of loving feelings remain it is hard to imagine life without them in it.

**Related Link:** [Lessons From Jennifer Garner and Ben Affleck](#)

The question becomes, how do you know if you are wasting your time, holding on with the hope that the happiness will be rekindled or the bad behaviors will change when there is the chance that neither of those things is likely? How can you know how much time to give it before reaching the decision to finally call it quits? Are there any strategies to employ for ending a relationship?

If you are moving forward with the intent to give your relationship a try and see if things can work out, it's good to be clear about what specific changes you are looking for and how long you are willing to wait to see if they actually take place. For example, if you are looking to see if you can trust your partner again, the only real way to do that is to give them enough time to show through their actions that what they say and do is worthy of your trust. But if months go by and you continue to be disappointed because the promised changes aren't happening, or they have happened once but were never followed up on, that can be a good indicator that things aren't really going to be different from what had been upsetting you all along, and if you want to be happier it is time to let go. Ideally, you or your partner can look for counseling, which can help you either get your relationship back on track or help you reach the difficult decision that it really is time to say good-bye to each other.

It appears that Jennifer and Ben continue to share loving feelings, as well as children, and therefore remain open to the possibility of reuniting as a couple. Here's to hoping for the best!

*Please tune in to the 'Doctor on Call' radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy.*

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## **Top 10 Sexy, Successful, Single Celebrity Women Over 40**





By [Katie Gray](#)

They say your 40's are the best years of your life! These famous celebrities show us that this statement is so accurate. Many of these stars have been in [celebrity relationships](#), but right now they are on the market. Whether they're in the film or music industry, there is no doubt that these stars are successful, sexy and single. They prove that you really can have it all. Age is just a number, and you must always reach for the stars!

## **Cupid has compiled the top 10 sexy, successful and single celebrity women over 40:**

1. [Jennifer Lopez](#) (47): Don't be fooled by the rocks that she got, she's still Jenny from the block! Jennifer Lopez is a triple threat; singer, dancer and actress. Her major breakout was her lead role in the film *Selena*. Since then, she's starred in films and TV series, has released many albums and

even wrote a memoir. She has her own fashion and perfume lines as well and was a celebrity judge on *American Idol*. The mother of two has had highly publicized relationships including with Marc Anthony and [Ben Affleck](#). Lopez is also famously known for her behind, which led to her hit song with Iggy, "Booty." In fact, the song "I Like Big Butts" by Sir Mix A Lot was inspired by her! There isn't an industry that this mami can't tackle! She is a hottie for life.

**2. Madonna (57):** 'Cause you know that we are living in a material world, and she is a material girl! Madonna is the ultimate Queen of Pop! She still looks sexy at 57, puts on concerts and is in the best shape of her life. She frequently runs through Central Park, stays active and even does flips at her concerts. Who could forget her famous Superbowl Halftime Show performance? Madonna is still putting out new music, and we bet that her career will never die. Although now she is single, she's a happy mother of four and has a net worth of \$800 million!

**Related Link:** [Hollywood's Most Unexpected Celebrity Couples](#)

**3. Diane Keaton (70):** One of the biggest names in the industry is Diane Keaton. She's won too many awards to count. Her first major role was in *The Godfather*, and her career took off after that. She's never been married and doesn't intend to change that. In the past, she's had notable celebrity relationships, such as with Woody Allen. She's also a mother of two. Keaton shows us we can be successful and live our lives the way we want! There is no 'right way.'

**4. [Jennifer Garner](#) (44):** Golden Globe and SAG Award winner, Jennifer Garner, has been killin' it in the world of film and television for decades. She played CIA agent Sydney Bristow on *Alias*, but can also do funny comedies like *13 Going On 30*. She separated from her husband Ben Affleck last year, and they have three children together. Garner is attractive, smart, and educated, with a great personality. She definitely is

successful, sexy and now single!

**5. Halle Berry (49):** Oscar winner Halle Berry has starred in numerous films and she is often praised by the critics. She won the 'Best Actress' Academy Award for her role in *Monster's Ball* – making her the only black female to win this title to date. That is a huge accomplishment! She has been married three times, has two children, and is currently single and ready to mingle!

**6. Marisa Tomei (51):** Everyone knows Marisa Tomei best from the comedy film *My Cousin Vinny*. She's starred in numerous critically acclaimed films and it's earned her awards and notoriety. Although she's had two relationships, she really isn't about the married life. Tomei has stated, "I'm not that big a fan of marriage as an institution, and I don't know why women need to have children to be seen as complete human beings."

**7. Drea de Matteo (44):** Italian-American actress Drea de Matteo had her breakout role on *The Sopranos* as Adriana La Cerva. Her portrayal of that character scored her an Emmy award! Now she currently stars on *Shades of Blue* with Jennifer Lopez and Ray Liotta. Although she isn't dating anyone right now, she was with Shooter Jennings for many years and they have two beautiful children together.

**8. Nicolette Sheridan (52):** Although she's had her share of relationships in the public eye, Nicolette Sheridan is not married. Her most famous celebrity relationship was with Michael Bolton. You may remember her best as the character Edie on ABC's hit *Desperate Housewives*! There is no doubt about it that she is smoking hot! She plays the roles of sultry characters a lot, and does risqué campaigns. Go girl!

**Related Link:** [5 Stars in Open Celebrity Relationships](#)

**9. [Gwyneth Paltrow \(43\)](#):** Gwyneth Paltrow has been acting for a couple of decades, with many films under her belt. She was

famously married to Chris Martin, of Coldplay, until last year. The pair have two children together. She also founded Goop, which is a popular online site. She is even the author of two cookbooks and the founder of a lifestyle company. She's been the face of Coach and perfume for Estee Lauder, too. Paltrow shows us that you can be sexy, successful and single with children all at the same time.

**10. Edie Falco (53):** You may know her as Carmela Soprano or "Nurse Jackie", but it's no denying that Edie Falco rules the television scene. She's a talented actress, with numerous award wins to prove it. Falco also is a breast cancer survivor and looks great for her age. She is not married, but has adopted two children. It's true that we get better and better as we age.

**Who are your favorite successful, sexy, single, female celebrities? Comment below!**

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## **Famous 'Couples' Star in Best Movies for a Rainy Day**





By [Katie Gray](#)

The weather is always unpredictable, but how we spend our time during a rainy day doesn't have to be. When it's dreary outside, the best thing to do is stay inside and watch a movie. Watching [celebrity couples](#) on screen with your significant other is the perfect bonding experience. Plus, a movie date is classic! Many of these storylines involve love, celebrity engagements and celebrity babies. You'll be happy you have your love by your side during these films. Watch [celebrity relationships](#) in movies unfold, snuggled up with your partner!

## Cupid has compiled the 10 best couple movies for a rainy day:

1. ***The Proposal***: This 2009 romantic comedy starring [Ryan Reynolds](#) and Sandra Bullock will have you laughing and feeling the love. It shows us that sometimes we fall in love with someone who we least expect. The plot revolves around Margaret, a powerful publishing executive, and her assistant

Andrew. In order to continue working in the United States as a Canadian, Margaret convinces Andrew to marry her, and in return he would get a promotion. We meet his family and get to see this story unfold. Bonus: Betty White plays the Grandma! Hilarious!

**2. *Juno*:** Diablo Cody outdid herself when she wrote this masterpiece film. She even won the Academy Award for Best Screenplay for it! The film stars Ellen Page, Michael Cera, Jennifer Garner, Jason Bateman, Allison Janney and J. K. Simmons. It's a film you can watch as a couple and/or as a family. The comedy-drama is set in Minnesota and revolves around a teenager who finds herself pregnant and is giving the baby to a couple who can't get pregnant through adoption. It's fresh, funny and heartfelt. The film was so popular it earned over \$231 million dollars, when the budget was only a little over \$6 million. In fact, [Jennifer Garner](#) loved the script so much, she took on the role even though her salary alone is usually way over what the entire budget was for this production.

**Related Link:** [8 Celebrity Couples Who Were Friends First](#)

**3. *The Wedding Singer*:** Who doesn't love Adam Sandler and Drew Barrymore? This 1998 rom-com, is about a wedding singer in the 80's in New Jersey and a waitress at the reception hall he performs in. He sings catchy songs like, 'You Spin Me Round' and 'Love Stinks.' They form a friendship, although they're both in different relationships. However; it shows us that sometimes being friends first leads to the best relationships. This is one wedding singer you don't want to miss perform!

**4. *Couples Retreat*:** Why not watch *Couples Retreat* as a couple? This movie is a 2009 American romantic comedy starring Jon Favreau, Vince Vaughn, Jason Bateman, Faizon Love, Kristin Davis, Kristen Bell, Malin Akerman, Kali Hawk and Jean Reno. It was written by two of its stars, Favreau and Vaughn. This movie will make you laugh out loud, and maybe even teach you



some tips for your own relationship.

**5. *Walk The Line*:** Fall into this burning ring of fire! This film is based on the true story of Johnny Cash and June Carter – country music royalty. It's a beautiful love story, and it is full of love songs. The movie stars [Reese Witherspoon](#) and Joaquin Phoenix, who have so much chemistry on screen! In fact, Witherspoon even won an Oscar for her portrayal of June. This film shows us that sometimes we go through ups and downs with our soulmate, but that doesn't mean we won't end up with them. What is meant to be, will be!

**Related Link:** [Celebrity Couples Saving The Earth](#)

**6. *Breakfast At Tiffany's*:** Indulge in this classic film with your partner on a rainy day. Audrey Hepburn is forever a Hollywood icon, and this film is one of her most famous roles. Set in New York City, this love story will keep your eyes glued to the screen. The best packages come in little blue boxes from Tiffany & Co., and the best things in life are the relationships we have with people.

**7. *The Spectacular Now*:** Based on the novel of the same name written by Tim Tharp, this film is spectacular. It stars Miles Teller and Shailene Woodley. It tells the story of two high school students who typically wouldn't be a match, but end up making a pretty pair. The main character Sutter is a fun, party boy, who avoids the future, and Aimee a shy, nerdy, introvert who tends to be a pushover. They end up learning a lot from one another. Sometimes the best relationships are when we can teach our partner different things.

**8. *Runaway Bride*:** Julia Roberts and Richard Gere shine in this romantic comedy. Celebrity weddings, engagements and babies are always fun topics. In this film, it makes for great storylines. It's a cute love story full of small town characters that will entertain you. It is also very realistic and truly makes you feel real emotions. Bond with this movie

and characters, while bonding with your own partner!

**9. *How To Lose A Guy In 10 Days*:** Despite the title, this film is actually a heartfelt love story that packs the humor! It stars [Kate Hudson](#) and [Matthew McConaughey](#), and they make a pretty pair. It's a funny flick that tells the tale of two people who think they are both playing the other. However; games played in love are put to the test in this film!

**10. *The Wedding Planner*:** [Jennifer Lopez](#) plays a wedding planner who takes care of everyone, but herself. She makes everyone's big day extra special, but her own love life is nonexistent – until one day it changes. Fall in love with the woman who helps everyone else in love.

**What are some of your favorite movies to watch as a couple?  
Comment below!**