

# Jennifer Aniston's "Cougar Town" Courting



Actress Jennifer

Aniston has reportedly been enjoying some perks from her guest appearance on gal pal Courteney Cox's TV series *Cougar Town*. Recently, Aniston enjoyed a long candlelit dinner with fellow *Cougar Town* actor Josh Hopkins, according to [People](#).

"She seemed very excited about her date," said an eyewitness. "She and Josh sat at a more private table and they seemed to get along great...there was a flirty energy between them, and Jen looked very happy." **How do you stay optimistic in the dating world?**

## Cupid's Advice:

In today's fast-paced bustling world, the prospects of cultivating a new relationship can be hard to handle. Cupid has a few suggestions on how to stay strong with a single status:

**1. Remember Carrie:** When single and in doubt, just remember one of womankind's most beloved protagonists, Carrie Bradshaw of *Sex and the City*. Never forget that there is something captivating about a strong, confident and independent woman. If you can rock your single status, chances are you won't be unattached for long.

**2. Put yourself out there:** Being a single lady in the tumultuous sea can be intimidating. Be brave. The more you explore and let yourself be open to experiencing new things, the more fun the dating world will be.

**3. Your man is out there somewhere:** Don't let the single life get you down. Remember that there are thousands of potential partners out there, and being single is just another way of saying you're waiting for the right one. Don't settle just so you can change your relationship status on Facebook. With patience and confidence, the perfect person will undoubtedly come along.

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## Are Jennifer Aniston & John Mayer Back On?





Celebrity tabloids

have been reporting a possible romantic rekindling between Jennifer Aniston and John Mayer this week, according to [E! Online](#). Sources say they saw Aniston in the wings watching Mayer's most recent concert. Although reps for the actress deny she attended the concert, the rumors persist!

**What do you do when you can't let go of an ex?**

### **Cupid's Advice:**

Breakups are difficult, and sometimes it's hard to let go. Cupid has some suggestions about how to move on:

- 1. Realize this has to happen:** Whether you understand the reasons behind your breakup or not, you need to move on. There's no sense in staying attached for longer than necessary.
- 2. Don't be desperate:** If your ex tries to contact you, don't drop everything to make yourself available. If things aren't meant to be, this will only delay the pain.
- 3. Have self-confidence:** It's important to work on your self-esteem after a rough break-up. By no means should you feel completely responsible for the split. "What ifs" do nothing but bring you down further.

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# It's Serious Between George Clooney & Elisabetta Canalis



Despite rumors from an Italian newspaper that the couple had separated, George Clooney and Elisabetta Canalis are still going strong. Canalis opened up to [Vanity Fair's](#) Italian edition, dismissing any rumors that they have split as jealousy, [People](#) reported this week. In fact, she told the magazine, "Those who criticize or invent stories about us are just jealous."

**What should you do when people try to meddle with your relationship?**

**Cupid's Advice:**

Finding love can be like winning the lotto! However, one's happiness and luck can often lead to jealousy from the outside world. Read on for Cupid's tips on how to deal with this situation:

**1. Don't fuel the fire:** Jealousy can harm a relationship, even if it comes from the outside. The best thing anyone can do is to not repeat the rumors you hear. Most of the time, like in Clooney and Canalis' case, rumors are false.

**2. Be happy:** Jealousy and rumors can only harm a relationship if those involved let it. As Canalis said, "the best revenge over these jealous people is to be happy."

**3. Time cures all wounds:** In the end, rumors don't last long. The more untrue they are, the less time it takes for them to fizzle away all together.