

# Jennifer Aniston Is House Hunting With Beau Justin Theroux



Jennifer Aniston and Justin Theroux are making the big move. According to [UsMagazine.com](http://UsMagazine.com), the *Horrible Bosses* actress is looking for places to either rent or buy in the Beverly Hills area with new serious boyfriend, Justin Theroux. Sources close to the couple say that the relationship is going extremely well, and they hope to make it permanent. As far as other recent big real estate purchases for the actress, Aniston just closed on an \$8 Million Penthouse in New York's West Village. She also purchased the one-bedroom apartment below it with plans to turn it into a duplex.

**How do you know when you're ready to move in with your**

**partner?**

### **Cupid's Advice:**

Real estate can be a serious issue for a couple. But, when you can finally agree to move in together, it should be a joyous occasion. Here are some signs that you and your partner are ready to make the big move:

- 1. When you spend every night together:** If you are spending every night together anyway, it may be time to start splitting the rent.
- 2. When you foresee being together for a long time:** Nothing makes a relationship more permanent than sharing a place together. Plus, it's a good way to get to know each other on a deeper level.
- 3. When you want to spend more time together:** If all the time you spend together just doesn't seem to be enough, start looking for a new place together.

**Have you ever cohabitated with a partner? Tell us about it.**

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## **Top Five Reasons Why Women Fall Out of Love**





By Julia Slovich

Although stories of cheating men have been dominating the news lately and falling out of love seems to be happening a lot more frequently than people are falling in love, the situation isn't exclusive to men. Losing those loving feelings for your husband or boyfriend can happen just as easily to women. If you've experienced this in the past or maybe you're going through it with your partner now, the first step is to be aware of why it's happening. Follow these five reasons your fairy-tale romance could be slipping away:

### **1. Feeling Adored**

It's important that a woman feels appreciated by her partner. Men are usually good at this in the beginning of a relationship when it's still new, but as the novelty ends, the attention may die down, too. Just look at Jennifer Aniston and John Mayer. She broke up with him because he was obsessed with Twitter, telling her that he was too busy for her, but in the meantime, his Twitter page was saturated.

### **2. Bored to Tears**

We want excitement! And, if we can't have that, give us variety. If a relationship gets into a rut and you end up doing the same things every weekend or having sex in the same positions every time, a woman can get bored and lose interest altogether. Both people need to put some work into the relationship or they'll find themselves quickly falling out of love.

### **3. Honeymoon is Over**

Sometimes, we can be completely unrealistic and think that our relationship will turn out alright because "we love each other so much." Unfortunately, that's not always the case. Once the honeymoon phase is over, the reality of the relationship can be a slap in the face. Pamela Anderson and Kid Rock were married for a mere four months before they called it quits. Both agreed that it was time to end it, and Pam said that they just weren't meant to be together. It's easy to ignore all of the red flags when you're caught up in romance and passion.

### **4. Lack of Chemistry**

Most women are looking for that spark that makes them feel all tingly and giggly whenever their man touches or looks at them. However, a relationship can't be built on sparks alone. Eventually they will fade if the relationship doesn't have substance.

### **5. Emotionally Disconnected**

Poor communication (or no communication at all) is one of the main reasons women fall out of love. We need to feel connected to our partners emotionally as well as physically in order to love and be loved. When there's little communication, some women will shut down. Maria Shriver was extremely unhappy in her marriage to Arnold Schwarzenegger. Apparently, they hadn't been spending much time together in the last few years, and she was frequently absent from

Sacramento where Arnold was the governor. If that doesn't signal a problem, nothing does.

It happens to the best of us. Sometimes we just fall out of love, but if you don't want to be another divorce rate statistic and want to make it work with your partner, use these five signs as a starting place to determine what may be going wrong and see if there's a way to fix it before it's too late.

*Julia Slovic is a writer passionate about health, fitness & blogging. When she's not running with her dog she can sometimes be found writing about [laser liposuction](#), cooking and a myriad of other topics.*

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## **Jennifer Aniston and Justin Theroux Double Date With Jason Bateman and Wife**





Actress Jennifer Aniston was seen in downtown NYC on Saturday, enjoying a dinner at II Cantinori with her new found beau Justin Theroux ... but they weren't alone, according to [People](#). The fresh Hollywood couple was accompanied by Aniston's *Horrible Bosses* co-star Jason Bateman and his wife, actress Amanda Anka. Their meals came with a free show of Theroux's torso, which is decorated with a tattoo. Even the waiter had a compliment ready! The group enjoyed cool sorbets before their double date ended, and Aniston and Theroux headed towards 10th avenue together.

**What are some fun and creative double date ideas?**

**Cupid's Advice:**

- 1. I remember that!:** Memories can often lead to great conversation, especially if they're hilarious. Play a game of "who has the funniest memory?", in which each of you brings up something humorous that happened in the past with your significant other. Just try not to make it too embarrassing!
- 2. Ready...set...go:** Competition can be a great way to spend a

double date. Go to a miniature golf course or jump into some go-carts. Or, even take a bartending class as couples together, and see which pair of you can make the best cocktail when all is said and done.

**3. Get in the car:** Take your convertible for a spin, and if you don't have one, borrow or rent one! Driving at a cool speed with the wind blowing through your hair good music blasting is such a pleasure.

**How did you spend your last double date? Share your experience below.**

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## **Brad Pitt Revisits Spot He Romanced Jennifer Aniston**





Is Brad Pitt using old material in his serious romance with Angelina Jolie? The longtime duo went on a special date on Monday at de Mondion restaurant at the Xara Palace hotel in Malta's walled medieval city of Mdina, reports [UsMagazine.com](http://UsMagazine.com). The couple was spotted walking in hand-in-hand and choosing an outdoor table. An observer at the restaurant said, "They were very, very romantic ... Like a couple in love." Despite the love in display, Pitt not only dined at the exact restaurant with his ex-wife, Jennifer Aniston, in 2003, but they also sat in the same outdoor area. Before leaving, the then-couple signed the guest book. "Thanks for the great escape. Much love, Brad Pitt and Jennifer Aniston."

**How do you avoid making your new partner feel like a replacement for your ex?**

**Cupid's Advice:**

You might've finally moved on to a new relationship, but to keep your new sweetheart and avoid making him or her feel like a replacement for your ex, there are a few things to keep in mind:



**1. Don't speak about the ex too much:** Avoid over-mentioning your ex to your new partner. If you can't stop talking about your ex, that means you aren't ready to move on to a new relationship.

**2. New activities:** Try new activities instead of making your partner participate in the ones you and your ex favored together. You might even discover new talents and interests.

**3. New places:** Taking him or her to the exact restaurant or trip you enjoyed with your ex is okay, but it's more exciting when you take your significant other to areas you've both never visited. It's a more unique and special experience.

**Do you have ideas on how to avoid making your new partner feel like a replacement for your ex? Share your thoughts below.**

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## **Why Jennifer Aniston Took Relationship With Justin Theroux Public**





Far from the secretive approach she took before, Jennifer Aniston is now dealing with the paparazzi in a whole new way making it no secret that things are heating up between her and Justin Theroux. In an effort not to frustrate her new man, the *Friends* star is being more relaxed about the two being spotted by the press. According to [UsMagazine.com](http://UsMagazine.com), the couple were seen dining on June 2 at The Tower Bar in Los Angeles. After their three-hour date, they left in the same car. The last time Aniston and Theroux ate there together, her assistant drove her boyfriend to the restaurant in spite of the fact that they both came from Aniston's house.

**What are some reasons to go public with your relationship?**

**Cupid's Advice:**

Hiding a relationship can be more time consuming than actually having one. Though it may seem like a big deal at the time, there are very few good reasons to keep your relationship under wraps. Cupid has some reasons to go public:

**1. You want to share your happiness:** When you're happy, you

want to share it with others. It's hard enough to keep something negative a secret, so imagine trying to hide something positive.

**2. You have run out of excuses:** When you're in love with someone, you're going to want to be with them all of the time. Therefore, you're bound to run out of excuses for why you're always together.

**3. You are tired of lying:** Lying and sneaking about take a lot more effort than the repercussions of having everything out in the open. Taking your relationship public can be a huge load off of your back.

**Have you ever been in a secret relationship? Spill your story below.**

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# Jennifer Aniston Introduces New Beau Justin Theroux to Pa1s





Things have been heating up between Jennifer Aniston and her new man, actor/screenwriter, Justin Theroux. According to [People](#), Aniston recently introduced her new love interest to her nearest and dearest by throwing a small get-together attended by some of the actress' closest friends, including Chelsea Handler and Courtney Cox. According to a source close to the couple, the introductions went famously and everyone seemed to enjoy each other's company.

**What are some ways to introduce your new partner to your friends?**

**Cupid's Advice:**

Introducing your new partner to your friends and family is a huge milestone in your relationship. Here are some fun ways to make an introduction:

**1. Go out to eat:** Everyone needs to eat, so meeting your friends at a restaurant is an excellent way to introduce your partner to the special people in your life. Plus, you don't have to cook.

**2. At a party:** Whether you're throwing a party or going to one together, it's always a great place to meet new people and break the ice.

**3. Surprise them:** Showing up somewhere with your new partner can be a pleasant surprise for your friends.

What are some ways you have gone about introducing your partner to your friends and family? Share below.

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## Is Jennifer Aniston Dating Justin Theroux?



Hollywood's favorite single girl has got the rumor mill

churning yet again, this time with actor Justin Theroux, 39. [RadarOnline](#) reports that Jennifer Aniston, 42, spent the entire weekend together with the actor. However, the mother of Theroux's longtime girlfriend is speaking out to put an end to the speculation. Marilyn Bivens, mother of Heidi Bivens, said, "It's not true at all. That's from Justin's own mouth. He said he was with her at a dinner party with a lot of other people. It's been just a big, big misunderstanding – and you can take that as the truth."

**How do you keep gossip about your relationship status to a minimum?**

### **Cupid's Advice:**

There's one thing that everyone loves to gossip about: relationships. Cupid has some ideas on how to keep the whispers about your dating life under control:

- 1. Keep it under wraps:** If you don't want people talking about your relationship, keep it secret... for now. Once you're ready for people to know, introduce your partner to friends and family.
- 2. Be honest:** If you are upfront about your relationship status, you can stop the gossip before it starts.
- 3. Don't pay attention:** By refusing to dignify rumors with an answer, you are showing gossipmongers that you don't care what they think.

**What do you do to quell rumors about your relationship? Share your comments below.**

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# Jennifer Aniston's Dad Gives Her Dating Advice



The two things John Aniston wants his daughter Jennifer to find in a future husband are honesty and Greek roots.

Jennifer Aniston's father was honored Saturday at the Hellenic Times Scholarship Fund 20th Anniversary Gala in New York and had a few minutes to talk about his daughter, according to [People](#). A native of Yannis Anastassakis Crete, he said Greek men are sexier and make better boyfriends.

Aniston, who played Victor Kiriakis from *Days of Our Lives* since 1985, and Gilles Marini of the ABC show *Brothers and Sisters* were honored at Saturday's gala.

**What are the benefits of dating someone who has similar roots?**

**Cupid's Advice:**

Aside from pleasing your family members from the old country who want you to “marry a nice (insert ethnicity and gender),” there are some other benefits. Cupid’s got the answers:

**1. Keep it Kosher:** Dating someone of a different culture can result in some of the early mis-communications that come along with learning about a new lifestyle.

**2. ‘It’s a Jersey Thing’:** Sometimes, it’s tough to explain why your family acts the way that they do. So, someone with the same background has a better chance of understanding.

**3. Like minds enjoy like things:** Having parents or grandparents from the same country provides some different and exciting ways to bond with your new partner. Explore them!

**What do you think are the benefits to dating someone with similar roots? Share a comment below.**

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## Why Bradley Cooper Won’t Date Jennifer Aniston







Sure, he just broke up with Renée Zellweger last month, but [UsMagazine.com](http://UsMagazine.com) reports that Bradley Cooper is out mingling already with former *Friends* star Jennifer Aniston. Since the rumors started flying, multiple sources have stressed that this is not a love connection between the two, but instead just a rekindling of a friendship. “Bradley knows that by dating Jen, he’d be known as Mr. Jennifer Aniston,” a friend of the star of *The Hangover* and *Limitless* said. One insider added that Cooper and Aniston are trying to find more projects to work on together. The duo were first paired together in the feature *He’s Just Not That Into You*. “Bradley loves Jennifer as a friend,” the insider said.

**How do you remain independent in a relationship?**

**Cupid’s Advice:**

It’s tough to be your own person in a relationship. Cupid has some pointers when seeking independence:

**1. Find a strong partner:** Staying independent is a heck of a lot easier if the person you’re dating wants the same thing as

you do.

**2. Don't have a 'failure to communicate':** Don't be afraid to tell your partner that you would like your own space at times. If he truly wants to be with you, he'll understand.

**3. Do your own thing:** Although it's nice to do things as a couple, try doing some activities alone, such as working out or perhaps going out with your girls (or guys). This can be healthy for the both of you.

**How do you stay independent in your relationship? Tell us below.**

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## **Top 10 Sexy, Successful and Single Celebrity Women Over 40**





By Krissy Dolor

Think women over 40 don't have a place in Hollywood? After reading this list you'll see that isn't the case. While The Moviefone Blog came up with 40 actresses over 40 that are killin' it on the big screen, we wanted to narrow it down to our favorite 10 – but they had to be single. Why? Simple! While there's no doubt that every woman on the list is sexy and successful, we wanted to highlight the celebrities who prove that you don't need a man (or woman!) by your side to make it big. So go ahead ladies – keep doing what you're doing! Read on to see our picks for powerhouse women in Hollywood:

**1. Jennifer Aniston (42):** Though Aniston is constantly singled out as *the* icon for unmarried and over 40 women (which some tabloids don't view as a good thing), she brushes it aside and continues to make us laugh alongside funnymen like Adam Sandler and Ben Stiller. She'll continue the comedy streak in *Horrible Bosses*, which includes a cast of Jason Bateman, Jason Sudekis and Jamie Foxx. With a list like this, being single is *definitely* a good thing!

**2. Halle Berry (44):** Not only is Berry a Revlon spokeswoman and a former Miss USA runner-up, she is *still* the only African-American woman to have won an Oscar for her role in 2002's *Monster's Ball*. Though she is currently in a custody battle with ex Gabriel Aubrey over daughter Nahla, she hasn't let it slow her down completely. In fact, rumor has it that she's dating Oliver Martinez, her co-star in their upcoming film, *Dark Tide*.

**3. Sandra Bullock (46):** This woman won a Razzie for comedic flop *All About Steve*, an Academy Award for *The Blind Side* the day after, then went through an excruciatingly public breakup with husband Jesse James, handling it with extreme grace. Need we say more? While baby Louis is the only man in Bullock's life, she is working with a few good ones in her upcoming films, including Tom Hanks, John Goodman and James Gandolfini for 9/11-themed drama *Extremely Loud and Incredibly Close* and George Clooney for sci-fi flick *Gravity*.

**4. Courteney Cox (46):** Though Cox currently has an estranged relationship with longtime husband, David Arquette, she openly supported his decision to check himself into rehab for alcohol abuse and depression. While their future still remains to be seen, the two currently star in this year's *Scream 4*, the movie that brought them together in the first place.

**5. Jodie Foster (48):** We've all seen Foster on film – but did you know she's a director, too? Check out May's *The Beaver*, where she'll co-star alongside drama-daddy Mel Gibson. If anyone came tame that guy for a few months of filming, that's considered success!

**6. Melissa Leo (50):** You may not have heard of this longtime actress, but Leo made news when she won a Golden Globe, Screen Actors Guild and an Oscar for best supporting actress in 2010's *The Fighter*. You'll see more of her this year next to Robert Duvall in *Seven Days in Utopia* and Jesse Eisenberg and Tracy Morgan in *Predisposed*.

**7. Susan Sarandon (64):** Though many have speculated that Sarandon is dating ping pong business partner Jonathan Bricklin, she insists she doesn't have a boyfriend. But let's be serious – who *doesn't* like imagining a little cougar action when it comes to this sexy starlet? After all, she was in the Beastie Boy's *Fight for Your Right Revisited*, a Sundance short – a sure sign of her staying with the times.

**8. Sarah Silverman (40):** This funny lady keeps it controversial, addressing racism, sexism and religion in her comedy stints, but everyone knows that a woman who isn't afraid to speak her mind is sexy. You'll see in her in this year's *Take This Waltz* with Michelle Williams and Seth Rogen.

**9. Marisa Tomei (46):** She's starred in hits like *My Cousin Vinny*, *The Wrestler* and *The Lincoln Lawyer*, and you'll see her next in *Crazy, Stupid, Love* along bigwigs like George Clooney, Ryan Gosling and Julianne Moore.

**10. Robin Wright (44):** After her highly-publicized divorce from Sean Penn, this former soap star threw herself into new projects, including crime thriller *Rampart* with Steve Buscemi and Sigourney Weaver; *Moneyball*, an adaptation of author Michael Lewis' (*The Blind Side*); and the adaptation of Stieg Larsson's *The Girl With the Dragon Tattoo*. With all that on her plate, who has time to think about exes?

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## **Jennifer Aniston Says She's Not a Fan of Dating**



She's 42-years old and has been with some famous guys, but in spite of her track record, Jennifer Aniston said she's not that into dating. "I'm not a big fan of dating," Aniston told [Red Magazine](#). The *Friends* star added that she wouldn't be anywhere without the support of her friends. "We come from homes far from perfect, so you end up almost parent and sibling to your friends – your own chosen family," she said. "There's nothing like a really loyal, dependable, good friend."

**How do you keep your independence in a relationship?**

**Cupid's Advice:**

It's great to share experiences while you're in a relationship, but at the same time, it's important to keep your independence as well. Cupid's got some tips:

**1. Slow it down:** Don't jump into a relationship, because if you move too quickly then you'll have to meet the commitments that come with it.

**2. Keep your space:** Although it's important to spend quality time with each other while in a serious relationship, it's important to have your own friends and sometimes do things without your partner.

**3. Time for you:** Try to remember that it's important to take some time for just yourself. Your mate should understand this if you're in a healthy relationship.

**Know any other ways to maintain your independence? Tell Cupid about it below.**

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## **Focus on Friendship for a Peaceful Dating Experience**





By Naini Nakagawa

Spring is in the air, and so is dating! With the fresh spring air comes a new way to approach dating. The goal for this season? Focus on friendships, which may lead to romance later on when you truly know your mate-to-be. Celebrities like Ryan Phillippe could certainly use this wisdom right now.

Phillippe's recent relationship with Amanda Seyfried seems to be on and off, and he was also recently accused of having "innocent sleepovers" with Rihanna. It seems to be a game of celebrity musical chairs in Hollywood these days, filled with all sorts of drama. For the rest of us, who prefer to keep drama-free peaceful relationships, the following tips could go a long way:

**1. Rid your life of toxic people:** Keep those who are discouraging and who don't support and believe in you on the sidelines. Your energy field can take a turn for the worst with negative influences in your life.

**2. Consider your spiritual path:** Celebrities like Scarlett Johansson, who received an Ally for Equality Award at the 2011



Human Rights Campaign Los Angeles Dinner and Awards Gala, keep things in perspective by prioritizing things like helping those less fortunate than themselves. Give off positive energy by taking each interaction throughout your day and adding some cheer to it. Smile! It could make a big difference in someone's life. Plus, confidence attracts. It's one step closer to finding your future mate.

**3. Exercise and eat right:** Being healthy will not only make you feel good about yourself, but your healthy glow will attract potential partners. Bring out the Jennifer Aniston inside yourself! Some foods with special vibrations to consider are cherries, which bring joy, and strawberries, which foster dignity. Working out can help to keep you balanced so that you're in the mindset to make the right choices.

**4. Be friends for 8 months before dating:** Meet as many people as possible and keep it friendly, even if the attraction is strong. Longtime Hollywood actress Goldie Hawn had a deep friendship with Kurt Russell before they were romantically involved, and they're still together after 25 years !

**5. What's meant to be will be:** Let the gods get working already. Sometimes the universe needs some time to work its magic, so instead of micromanaging your love life, try to have faith that things will work out the way they're supposed to work out.

**6. Meditate:** Meditation brings on a sense of delicious peace, which no other activity can accomplish. A-list celebrities like Richard Gere, Gwyneth Paltrow and Angelina Jolie are no strangers to the practice, as they're known to make quiet time for reflection a regular part of their busy schedules.

**7. Be proactive:** After you've taking the time to get to know someone on a spiritual level, it's time to make a move. Plan a date that doesn't involve drinking alcohol, so that your minds

are clear and ready to connect.

By utilizing these tips, you can increase your magnetism to such a level that you'll attract someone with the same vibrations as yourself, even if he or she isn't currently anywhere near you. It will lead to a peaceful dating experience that few celebrity couples in Hollywood have thus far achieved.

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## **Dating Tips for Renee Zellwegger and Other Singles Over 40**





By Rosalind Sedacca, CCT

The pain of dating and breaking up isn't just reserved for the young. Singles dating in mid-life and beyond face the same heartbreak, confusion and anxieties as those in their 20's and 30's. These challenges are compounded by the insecurities that frequently come with age, especially for women: Am I still desirable? ... Am I still attractive? ... Will I ever find another partner?

Celebrity couples are no exception. After 24 years of marriage, Tony Danza, age 59, filed for divorce from his 52-year old wife, Tracy Robinson. Jennifer Aniston, who has been in the headlines with several unsuccessful relationships over the past decade, is now telling reporters that she's happily single.

Recently, celebrity couple Renee Zellweger and Bradley Cooper, considered one of Hollywood's top power couples, broke up after dating for two years. When asked during an interview about the nature of their relationship, Cooper mentioned that marriage was not in the picture. Chances are that Zellweger thought she was in a different relationship – one with a more

committed and long-term outcome. It appears both partners were not “on the same page.”

This is one of the most common deal-breakers for long-term relationships. Often, couples get together and make assumptions that the other person shares their goals and intentions. The problem is that they don't discuss these options and spell them out clearly. If you're not on the same page when it comes to monogamy, time spent together, decisions about raising children, as well as other values and cultural beliefs, you set yourself up for disappointment and inevitable conflict.

**Some other success tips for over 40 singles entering a new relationship include:**

**1. Be aware of unresolved baggage:** Emotional scars and wounds from your past can easily sabotage any new relationship. Take the time to identify unresolved feelings of anger, hurt, guilt and disappointment from the past and accept these feelings as lessons learned. It then becomes easier to move on.

**2. Avoid “fairy-tale” thinking:** It's not your partner's job to make you happy. It's your responsibility to love and value yourself when you enter a relationship. Dependency and neediness are not attractive qualities. It is also an illusion to assume any one person can meet all your needs or desires.

**3. Start with friendship first:** This level of comfort translates into a solid foundation for love to blossom and intimacy to develop. Be friends first before you open the door to the physical and emotional closeness that is so essential to a solid partnership.

**4. Be sure your expectations are realistic:** Are your demands about weight, age, height, financial success and other factors limiting your ability to find the right partner? Being

flexible, objective and fair prevents us from setting ourselves up for the pain and disappointment of unrealistic expectations.

**5. Communicate effectively by encouraging open, honest dialogue:** In addition to your words, be attuned to your partner's nonverbal cues and body language. Also, be aware of your own cues that can trigger messages and unconscious signals to your partner.

*Rosalind Sedacca, CCT, is the co-author of the new book, 99 Things Women Wish They Knew Before Dating After 40, 50 & Yes, 60! Visit [www.womendatingafter40.com](http://www.womendatingafter40.com) to receive a complimentary Tip Sheet, along with a Tip of the Week which spans every facet of dating success – from preparing for your first date to determining whether your partner is a “keeper.”*

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## **Finding Love After a Breakup: Should You Jump In?**





By Kelly Seal

When someone leaves us broken-hearted, our natural reaction is to find love again as quickly as possible. Unfortunately, healing a broken heart takes time and patience. It's necessary to spend some time alone so you can build your own strength and move on to a happier, healthier relationship in the future.

Like us, many celebrities move from one relationship to the next, hoping that this will ease their pain and help make the transition easier. Eva Longoria started dating Penelope Cruz's brother Eduardo shortly after her split with Tony Parker. Jake Gyllenhaal quickly started dating after breaking up with Reese Witherspoon, leaving a trail of girlfriends behind including Taylor Swift, Carey Mulligan and Jennifer Aniston. While romance creates a sense of happiness and excitement for a brief time, eventually old pain can start to resurface.

If you've recently endured a break-up, try giving yourself some time off and do the following before rushing back in to the dating pool:

**Allow yourself to grieve:** A break-up is a huge transition. When you've been with someone you love, it's natural to feel pain and anger. Allowing yourself to grieve over the relationship is part of letting go.

**Hang with uplifting friends:** We all have friends who can lift our spirits, be supportive and are just fun to be around. If you spend time around people with positive energy, it has an affect on your mood and can help lift your depression. Avoid friends who would rather complain about exes; this won't help you move on.

**Do things that make you happy:** Maybe you haven't been surfing in a few years, but have always enjoyed it. Or perhaps you put off taking those cooking classes because you didn't have time. Now is the perfect opportunity to do things you enjoy, and remember why you liked them in the first place.

**Get to know yourself again:** Sometimes, we feel so lost after a break-up we don't even know who we are without our exes. If you feel adrift, try doing something new, whether it's going to a new restaurant or paragliding on a Saturday afternoon. Trying new things lifts our spirits and puts us back in touch with the part of ourselves that is willing to take risks and grow.

When you've gone through these steps and feel like it's time to start meeting people again, go for it. Just be sure to take your time and keep living your own life. Look at dating as a chance to meet many different kinds of people, rather than a way to get back into a relationship. The right man or woman will come into your life when you're ready to move on.

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# The Law of Attraction Between Celebrity Couples



By Yolanda Shoshana, Luscious Lifestyle Diva

Biker boy and ex-husband to America's sweetheart, Jesse James recently declared that 2010 was the best year of his life. That declaration definitely made some people raise an eyebrow or two. Since when does a messy divorce and the possibility of losing your child constitute the time of one's life? But according to James, it all led to him finding love with Kat Von D. When he announced his engagement to Von D, people said they are perfect for each other, which was not necessarily a compliment in their case. That said, there's no doubt that the law of attraction was working its magic when the two of them met.



Simply speaking, the law of attraction is when “like” attracts “like.” Take a look at Jesse James and Sandra Bullock’s different places in life. Clearly, they had perspectives and ideals that simply didn’t match, whereas James and Von D are on the same page.

Another example of the law of attraction at work is between celebrity couple Angelina Jolie and Brad Pitt. They ended up together not just because of physical attraction, but also due to other attraction elements. Chances are there were issues in the Pitt and Aniston marriage, which allowed Jolie to swoop in. Now, people see Aniston as a woman who can’t find love, while I see as her as a woman who likes freedom, loves her body, likes a good looking dude, and just wasn’t about to have a tribe of children. Aniston’s attraction to Pitt didn’t last because they simply have different energies and wants in life. In other words, they broke the law of attraction.

The law of attraction is a key ingredient when it comes to finding the love of your life. To utilize it in your search for love, all you have to do is ask, believe and receive with full clarity. As simple as that sounds, people get impatient when it comes to the “believe” part. While it would be fabulous if the love of your life arrived five minutes after you incorporated the law of attraction, it doesn’t happen that way. Sometimes it takes time for the opportunity to present itself, but know that it’s well worth the wait.

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**Just Go With It featuring**

# Adam Sandler, Jennifer Aniston and Brooklyn Decker



Plastic surgeon playboy Danny (Adam Sandler) attracts women in a rather unique fashion – by pretending he’s stuck in a bad marriage in order to ease tension and give them a false sense of trust. Then the unthinkable happens. Danny meets a woman (Brooklyn Decker) he actually sees a legitimate future with, and gets caught in his “bad marriage” routine. To try to repair the damage, he comes up with an off-the-wall plan and asks his loyal office manager (Jennifer Anniston) to play the role of his future divorcee. Eventually, even her two kids to get involved in his growing lie. *Just Go With It* comically begs the question: how far should you go to win someone’s heart?

## How far should you go to make a relationship work?

### Cupid's Advice:

People do crazy things in the name of love, but there has to be some boundaries. Cupid has some thoughts on what yours should be:

**1. Be honest:** As easy as it is to create an alter-ego like Danny did in *Just Go With It*, when you're going for a real relationship, it won't work. Stay true to who you really are, and let things play out from there.

**2. Respect boundaries:** If you're really interested in someone, you're going to have to play by the rules. If he or she is already seeing someone, you'll have to be patient. Settle for being in the background until the time is right.

**3. Simple gestures make a difference:** When you're wooing someone, chances are he or she will remember you for your simple romantic gestures, such as opening the door or pulling out the chair. It's those little quirks in your personality that make all the difference.

Release date: February 11, 2011

Cupid's Kiss Rating: 3 out of 5

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# Jennifer Aniston Insists She Is Happy



Though the rumors about Jennifer Aniston adopting have finally died down, she's having a hard time killing the biggest rumor out there. "That I'm unhappy," the actress tells [People](#). The actress insists, "I'm really happy. Really!" Between the rumors of Jennifer dating, adopting a child and getting a dog, she just can't catch a break! "I think people honestly just want to see me as a mom and married and barefoot and pregnant in the kitchen," the actress says. "I just want to say, 'Everybody, relax! It's going to happen.'" But the star is in no rush. For now, she's busy promoting her new fragrance and her romantic comedy *Just Go with It*, which hits theaters today.

**Should you take an extended break from dating?**

**Cupid's Advice:**

In some cases, much like Jennifer Anistons, taking a break

from dating can be very healthy. If you're struggling with this decision, Cupid thought of a few instances where taking a long break might be the right choice:

**1. Busy job:** If achieving your career goals requires a lot of time and effort, dating someone could be very difficult. There's nothing wrong with putting all of your focus on your career. Don't feel rushed; dating isn't going anywhere, but that promotion might!

**2. Kids:** Dating with kids is a huge commitment. From finding bonding time with your kids to finding a babysitter, you're going to have little attention to share with a new partner. Wait until the kids are a little older or at least until you find a system that works. When you can give yourself fully to a relationship, it'll be worth it.

**3. Bad breakup:** If your last relationship was destructive and ended on a bad note, don't move too quickly into a new one. Take some time to be happy on your own. Allow yourself to trust in love again before you take a chance on it.

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## Jennifer Aniston Shoots Down Pregnancy and Pet Rumors





Despite what you may have heard, Jennifer Aniston is not having pups of any kind! Since Aniston's rep issuing a denial statement to [People](#) had little to no effect on the rumors, the 41-year-old actress decided to shoot them down herself during a taping for Thursday's *The Ellen DeGeneres Show*. When DeGeneres asked if she was adopting another dog, Aniston jokingly replied, "I think you're confusing that with the Mexican child I'm supposedly adopting." When the laughter died down, she reassuringly answered, "No, I'm not adopting any children" and added, "And no doggies right now."

**What are ways to keep family and friends from pressuring you to have a child?**

### **Cupid's Advice:**

Family pressure to have children can get overwhelming pretty quickly, so Cupid thought of a few ways for you to handle yourself in the situation:

**1. Show:** Without saying it, make it clear to your guests that you're simply not ready for a child. Reference work a lot so

they realize a child doesn't fit well with your schedule, and let them see that the house isn't baby-proofed. Sometimes actions speak louder than words.

**2. Tell:** If they can't take the hint, it's time for a family meeting. With your spouse or partner by your side, very calmly explain to your family and friends that having kids is a huge decision, and it's not theirs to make. Tell them that the pressure is too much and reassure them that when you do make the decision, they'll be the first ones to know.

**3. Consider:** The most effective way to get rid of the pressure is to give into it. Sit down and have a serious talk with your partner to see if having a baby is something you want to do. Are you both emotionally, mentally and financially ready? If the answer is still 'no,' it will at least reassure your family that you've thought about it.

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## Jennifer Aniston Doesn't Understand Girls on 'The Bachelor'





America's sweetheart Jennifer Aniston reveals that she doesn't understand the ABC show that took our nation full of hopeless romantics by storm. According to *People*, Aniston tells *Allure*, "You know what I find fascinating? *The Bachelor*. I was mesmerized by how these girls, they meet this guy, they have three dates together or something, and they're weeping as though they've just lost the love of their life. I don't understand that." While Aniston may not believe in leaving her love life up to a rose ceremony, one thing the star does say she believes in is "friendship and fun."

### **Is it possible to fall in love quickly?**

#### **Cupid's Advice:**

There's no concrete answer as far as "love at first sight" is concerned. Cupid tends to think it takes more than three dates to truly fall in love, and here's why:

**1. You need to want it for the right reasons:** Sometimes when we're sick of being single, we just settle for the next person who comes along. It's easy to mistake your comfort level



being in a relationship versus single for love.

**2. It's probably lust:** Whether it's the stars, the wine or the intense physical attraction, most of the time the feelings you have after the first few encounters with a person can be misconstrued as love. In fact, it's probably lust, infatuation or a desire for companionship.

**3. People are complicated:** The fact is, it's not easy to truly get to know someone. People have many layers, and it takes time to break through those layers. The fact is, you can't love someone fully unless you completely know them.

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## Nicole Kidman Chooses Great Love with Keith Urban Over Amazing Career





To most people, winning an Oscar would be a dream come true. For Nicole Kidman, it's nothing compared to winning Keith Urban's heart. "I remember thinking, *Oh, my God, if you ever gave me a man like that, I promise I would be completely devoted for the rest of my life. Something that wild,*" Kidman, 43, tells guest interviewer Jennifer Aniston in February's *Harper's Bazaar*. Kidman's prayers were answered when she and Urban got married in 2006. According to *People*, the pair now reside on a beautiful farm outside Nashville with their daughter, Sunday Rose. "I like to ask people if they would rather have a great love that lasts a lifetime or an amazing career where you go down in history," Kidman says. "Some people do answer that they want an extraordinary career." But Kidman and Aniston agree that great love is a "no-brainer."

**How do you choose between love and a career?**

### **Cupid's Advice**

For Nicole Kidman, choosing love over her career was a piece of cake. However, it's a decision with which many successful

people struggle. When it comes to choosing between your job and your relationship, Cupid has some things to consider:

**1. Think ahead:** The best thing to do when making a life-changing decision is to think about the future. If you have to make a choice between your special someone and your career, ask yourself which one will last longer. A lot can happen in five years at a job, but if you don't see yourself being serious with the person you're dating years down the road, then maybe it's not your job you need to quit.

**2. Imagine yourself without one:** Some people have dreamt about their wedding day since they were kids, while others wanted success. No matter what *your* dreams are, don't give up on them.

**3. Follow your heart:** If someone flipped a coin and said, "Heads is career, tails is love," and didn't show you the coin right away, which side would you have wished for more? Sometimes the answer is already in your heart. When in doubt, go with your gut!

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## Why I'm Rooting For Jennifer Aniston in 2011





By The Single Filez

2010 is drawing to a close, and the new year will soon be upon us. While this is usually exciting for me, I must admit that I'm not looking forward to watching the clock strike midnight this year. Let me explain. I turn 35 next year. If I'm being honest, I'm scared shitless. Luckily, I still feel and (thanks to great genes), look 25. But no matter how young I look, the fact remains the same: next year I will be 35 and still single. I'll be single with not even a whiff of any potentials and without ever having experienced a long term relationship. The older I get, the more worried I feel about my singledom.

Just like Jennifer Aniston (and many other single women out there), I'm notoriously unlucky in love. Although Jen has the distinct advantage of having been married to Brad Pitt, whereas I have the advantage of still being in my mid-30's (Aniston is in her 40's). Either way, I'm rooting for Jen because I'm sick and tired of the reaction in the media to her lack-of-a-man situation. Everything they say about Aniston are the same things my friends, family and co-workers say

about me: “but, she’s gorgeous,” “but she’s successful” and “why on earth can’t she keep a man?.” It’s frustrating, it’s tiring and it’s just not fair.

At first, I was going to write about why Jennifer Aniston and Halle Berry (another successful hottie who seems to be a serial douche bag dater) scare the hell out of me. I was going to say how nervous I am about still being single when I’m 40, but then I thought, “NO.” Actually, what I want to do is root for Jennifer Aniston in 2011. I want to do for her what I want my folks to do for me. Despite my bad luck with men, I feel confident that I will find the right man eventually. So, HAPPY NEW YEAR Jen! I hope you find a good love in 2011. Enough of the ‘Mr Right Nows,’ like John Mayer, Bradley Cooper, Vince Vaughn and Gerard Butler. Give us singletons the opportunity to look at you and say, “Hey, there’s hope after all. It is possible to find true love after a long bout of bad luck.” But most importantly, do it for yourself. Wouldn’t it be nice to stick your middle finger up and prove to the world that you’re gorgeous, successful and can keep a man?

Go Jen!

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**Chelsea Handler Trashes  
Angelina Jolie for Jennifer  
Aniston**



Chelsea Handler has a mouthful of expletives ready for actress, Angelina Jolie when it comes to defending new best friend, Jennifer Aniston. [Us Weekly](#) reported that while performing in Newark, NJ, Chelsea Handler did not hold back – even going so far as to include Angelina Jolie’s children.

“She can rescue as many babies from as many countries as she wants to,” Handler said. Does this mean the *Chelsea Lately* comedienne won’t be seeing Jolie’s newest movie, *The Tourist*?

**How can you help a friend after a breakup?**

### **Cupid’s Advice:**

Consoling and supporting your friend after a tough break-up is important. It’s a tough job, but if there’s anyone ready and willing, it should be her best friend:

**1. Be patient:** Going through a break-up is never easy. While

it may seem to be the only topic of conversation for a while, let them express how they feel – anger, guilt, remorse, and hopefully eventually, happiness. It's all part of the process of moving on.

**2. Keep busy:** After your friend has gotten everything out, get her out of the house! Go out to dinner, indulge in a shopping spree, or hit the town to remind her how many opportunities await.

**3. Laugh it up:** They say laughter is the best medicine. While *Sex and the City's* Charlotte's incident in Cabo san Lucas might not be an option, put a smile back on your friend's face.

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## Hunting for Love Later in Life





By KB in NYC

We all know that dating is a minefield, right? But here's the thing; getting older doesn't help. A lot of 40-year-old men only want to date 25-year-olds. And here's why: a woman in her 30's or 40's knows what she wants. She's been around the block a few times, and she's less willing to compromise. She's less easily impressed and she is, in a word, more discerning.

Now that's not necessarily a bad thing, but it does make dating harder. Also, when man hunting at an older age, you tend to want different things. At 24, a cocktail and a great make out session will suffice; at 40, not so much.

Hollywood is filled with fabulous women, all of whom have achieved enormous success and are finding themselves single in their mid-30's and 40's – think Jennifer Aniston, Charlize Theron, Sandra Bullock and Sheryl Crow.

The thing is, these celebrities are pretty much set: they have millions of dollars in the bank, they look fantastic and if



motherhood tickles their fancy, there's always adoption. And yet, they can't get the man thing right. Famous or not, who doesn't want to get the man thing right?

Whether you're single by choice or on a serious manhunt, the parameters are kind of the same. Be honest with yourself and the men you're dating about what you want. If it's marriage and kids, then own that.

You may not be in your 20's anymore, but that's no reason to act desperate. Like Jen taking back John Mayer after he had publicly humiliated her? That had a whiff of desperation to it. Know what you have to offer, and never accept anything less than you deserve, no matter how desperate you may be to "put a ring on it."

Take a page out of Jen, Cheryl or Sandra's books and surround yourself with great people. Friends make the world go 'round, and being happily single is about having your emotional needs met.

It's such a cliché, but oh-so true: be comfortable in your skin, even if it requires Artefill to keep it looking as good as it once did.

We are a society obsessed with aging, and yet many celebrities are just getting better the older they get. From Halle Berry to Kate Winslet, Jenny McCarthy and Susan Sarandon, age certainly hasn't gotten in the way of dating fabulous men. Which leads one to contend that if age is just a number, attitude must be everything.

*PR maven KB is a self-proclaimed 'lover, dater, blogger, believer.' She is the author of KB IN NYC, a no-holds barred account of her dating hits and misses, and her search for love in New York. With a penchant for red nails, five star hotels and a sultry wit to match, she explores what it means to be in your woman perfect early-thirties navigating this brave new world that we find ourselves in.*

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# Jennifer Aniston Voted Most Eligible Single Woman



The celebrity with the most scrutinized love life is also the world's most eligible bachelorette. Jennifer Aniston, who counts Brad Pitt, Vince Vaughn, and John Mayer among her exes, was voted the most eligible single woman in the world in a new *60 MINUTES/Vanity Fair* poll. [Us Weekly](#) reports that the 41-year-old actress earned 29 percent of the vote, ahead of Halle Berry (21 percent), Elin Nordegren (15 percent), and Betty White (11 percent), among others. Despite her history of failed relationships, Aniston doesn't want people to pity her. She told *Vogue*, "This whole 'Poor lonely Jen' thing,

this idea that I'm so unlucky in love? I actually feel I've been unbelievably lucky in love... I'm right where I'm supposed to be."

## **Can being labeled as a "single" destroy your chance for romance?**

### **Cupid's Advice:**

Being known as an eternal single can actually be a hindrance to finding a serious relationship. Cupid has a few reasons why being sans boyfriend or girlfriend could keep you single:

**1. Commitment-phobe:** Male or female, when you bounce from one relationship to another without finding anything permanent, people might think you are afraid of commitment. If you're chronically single, you may also give the impression that you're a player and therefore unlikely to settle down.

**2. Undesirable:** While it can be fun to be single with no attachments, the opposite sex might think it's because there's something wrong with you. Even if that's not the case, people may jump to conclusions or tread with cautiousness if you're always riding solo.

**3. Not serious:** If you've never been in a serious relationship, it may send a message that you lack emotional maturity. Someone looking for a serious partner may not want to put their heart out there if they feel that the other person isn't able to sustain a long-term relationship.