

On & Off: When Celebrities Should Call it Quits



By Daniela Agurcia

With fame comes glamour and wealth. These are things everyone wants, but they can also take a toll on a relationship. With a celebrity's busy schedule and a seemingly bottomless bank account, it's hard to make time and decisions for things other than themselves. The fact of the matter is that there's only so much a relationship can take before the best decision is to just call it quits. Here are some of the issues that can ultimately break up a celebrity couple:

Related: [How to Master Being in a Relationship](#)

1. Your age becomes an issue: There are many celebrity

couples whose age difference is more than a couple of years and this starts to become a problem. Demi Moore and Ashton Kutcher seemed madly in love and happy to be with each other, until the issue of their ages caught up with them and they realized they both wanted different things in life. When your age difference is significant and you both have a different mindset, this will catch up with your relationship, causing a split. When you're young, you want to continue experiencing life, while when you're older, you're usually ready to settle down .

2. Distance: The life of a celebrity can be hectic. Hollywood stars such as Katy Perry and Russell Brand have crazy schedules that barely give them time to relax and spend time with each other. Celebrities get caught up in everything they have to do and eventually the growing emotional distance between the couples becomes inevitable on both ends. There are only so many times you can Skype before you both realize it's just not enough. If you realize that you're only seeing your beau a couple of times a month, you're not ready to settle down with each other just yet.

Related: [4 Ways to Make Long Distance Work](#)

3. There's someone else in the picture: Celebrities are constantly on tour or on set with many different people so they're bound to meet someone who they have a lot in common with. When celebrities work apart from their partner, they sometimes get lonely and end up finding that missing company and comfort in someone other than who they're in a relationship with. How can you avoid falling in love with someone like Robert Pattinson when you're cast to play Bella Swan? Sometimes things just happen.

4. Fame and Money: A lot of fame and money can get to some people's heads, and problems for celebrities are easily solved with having both, allowing them to avoid making rational decisions. With a lot of money, celebrities can make a quick

escape out of a marriage or relationship, and it ends up being a trend in Hollywood to change your mind last minute about a huge decision, just like Kim Kardashian's 72-day marriage. If you notice a pattern in someone's love life that seems too fast paced, stay away!

How do you know when it's time to call it quits in a relationship? Share your comments below.

Is Brad Pitt's Son Maddox Crushing on Celebrity Ex Jennifer Aniston?





It looks like [Angelina Jolie](#) may be having a case of the celebrity exes. Jolie's 10-year-old son Maddox has reportedly developed a crush on Brad Pitt's celebrity ex [Jennifer Aniston](#), the *Enquirer* reported. Sources say that Maddox's fascination began after he and his nanny watched *Marley & Me* and has since caused the youngster to put posters of Aniston on his bedroom walls. "Maddox is infatuated with Jennifer, and Angelina is fuming," a close source told the tabloid. "Maddox simply likes Jen's sweet face and look."

With her child's room filled with pictures of Pitt's celebrity ex, Jolie can't seem to get away from her. What do you do if you can't avoid hearing about your partner's exes?

Cupid's Advice:

As if working at the same company with your partner's former flame isn't awkward enough, can you imagine having posters of your husband's celebrity ex in your house? Having to constantly hear about an ex can make for an uncomfortable situation. Here is some relationship advice to help you in that situation:

1. Don't let them see you sweat: It's no secret that hearing people say that your mate and their ex were the picture perfect couple is uncomfortable. As annoying as that may be, you can't let talk of old relationships and love get to you.

Related Link: [Kevin Federline Reminisces About Celebrity Ex Britney Spears](#)

2. Be confident: While people may constantly compare you to your arch nemesis, remember who you are. Hold your head high, put on two coats of mascara, and keep smiling.

Related Link: [Is Wiz Khalifa Bashing Celebrity Ex Amber Rose in New Song?](#)

3. Ignore it: People will always have something to say, and unfortunately, it's inevitable. But at the end of the day, all that really matters is how you and your love feel about each other.

How did you combat hearing about your partner's ex all the time? Share your experiences below.

Five Celebrity Divorces We

Really Weren't Expecting



By Francesca B.

The world of celebrity is fraught with ups and downs. Scandals of drug abuse, cheating husbands and lying wives make for gripping and sensational stories when they come to public attention. We have come to expect a bit of drama from Hollywood romances, but even so, there have been some celebrity divorces that we really didn't see coming. Here are a few:

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Tom Cruise and Nicole Kidman

The original Hollywood sweethearts, Tom and Nicole met on the set of the hit movie, *Days of Thunder*, in which they played a

young and romantically entwined couple very believably indeed.

It was therefore no great surprise when their on-screen romance started to become apparent off screen as well, and they were eventually wed on Christmas Eve, 1990. A popular and adorable couple, they stuck it out for over a decade before “irreconcilable differences” saw them seeking the advice of divorce solicitors and putting an end to the fairy tale romance the whole world had enjoyed. Still, both parties have now happily remarried and have children with their new partners.

Kate Winslet and Sam Mendes

The beautiful actress of *Titanic* fame, who we all thought would marry the gorgeous Leonardo DiCaprio, instead fell for dashing director, Sam Mendes. Despite being 10 years her senior, he definitely wasn't her sugar daddy, with Winslet being worth about double the Mendes fortune. They painted a picture of domestic bliss, but following the making of *Revolutionary Road*, a film starring Winslet and directed by Mendes and ironically about a couple stuck in a failing marriage, their relationship hit the rocks. To the surprise of the couple's friends and fans, they split in March 2010, leaving Winslet with two children from two marriages at just 34.

Related: [Why Celebrities Fall In and Out of Love So Quickly](#)

Courtney Cox and David Arquette

One of the world's best-known faces of the '90s for her role in *Friends*, Courtney Cox surprised everyone when she hooked up with David Arquette after starring in the *Scream* movies with him. However, even more shocking was the news that after 11 years of marriage and a child together, the couple had decided to split. Despite speculation about the real reasons, Cox stated that she “was tired of being (David's) mother.”

Madonna and Guy Ritchie

We all love Madge, and when she decided to marry a quirky British director and settle down in the English countryside, the place we held in our hearts for her grew a little bit bigger. The announcement that the couple were splitting up in 2011 came as a complete shock to most, with Madonna claiming that Ritchie 'drinks too much' as the reason for the split. That's OK, Madge, we still love you.

Jennifer Aniston and Brad Pitt

Another celebrity of *Friends* fame and so popular she had an entire generation of young ladies going into hairdressers and asking for 'a Rachel,' Jennifer Aniston tied the knot with the most eligible bachelor in the world, Mr. Brad Pitt. Without a doubt the hottest couple in Hollywood, it seemed nothing could come between them. But that was until naughty Brad went off to film Mr. and Mrs. Smith and reportedly fell in love with Miss Luscious Lips herself, Angelina Jolie. Brad and Jen split a few months later, back in 2005, but even today Hollywood still rumbles with the scandal from time to time.

Whether expected or unexpected, Hollywood splits never cease to rock the Tinseltown boat with rumors and gossip. If only everyone could just be happy all the time!

Francesca is a freelance writer and blogger who enjoys writing about a variety of subjects from celebrity gossip and fashion, to travel and food. Be sure to let her know what you think of this guest post by leaving a comment below or Tweeting her @franki_blogs.

Jennifer Aniston Partially Credits Justin Theroux with Her Happiness Level



Thanks to her Zen approach to life and wonderful boyfriend, Justin Theroux, Jennifer Aniston has never been happier. To be exact, her happiness is 10-plus. “You have a more relaxed sense of the world and life,” said the former *Friends* star, “and you realize there’s nothing to be taken too seriously besides doing your work and being a really good person.” According to [People](#), the couple who now calls L.A. home, weren’t as happy living in New York under the scrutiny of the paparazzi. “It felt like I was [living] in a fishbowl,” said Aniston.

How do you show thanks to your partner for making you happy?

Cupid's Advice:

Finding someone who makes you happy is the ultimate sign of relationship success. Here are some ways to make your partner happy, too:

- 1. Smile more:** Seeing you happy will only make your partner happier. After all, laughter is contagious.
- 2. Surprise them:** Nothing is more exciting than a spontaneous dinner or celebration.
- 3. Let them know you're thinking of them:** Send them a text in the middle of the day to let the person who makes you smile know they're on their mind.

How do you find a partner who makes you happy? Share your advice below.

5 Celebrity Couples Who Should Rekindle Their Romance





By Samantha Mucha

There are some things in life that go together like peanut butter and jelly or a refreshing glass of lemonade on a hot summer day. Some of our favorite celebrity couples compliment each other in the same way. Although many of our most loved duos have split and moved on, there's no shame in wishing they would reunite. Think way back to Britney Spears and Justin Timberlake; they always seemed like the perfect couple on "The Mickey Mouse Club." What would life be like if all of our favorite Hollywood couples got back together? Here are a few Tinseltown twosomes we would love to see re-spark their old flames:

1. Jennifer Aniston and Brad Pitt: So maybe Pitt allegedly cheated on Aniston, but who didn't love them together? This seemingly perfect blonde couple seemed as if they were going to live happily ever after, but that changed once Pitt filmed *Mr. and Mrs. Smith*, and Angelina Jolie stepped into the picture. Both Pitt and Aniston denied that Jolie was the reason for their divorce filing in 2005.

Related: Brad Pitt Trashes Marriage to Jennifer Aniston

2. Jennifer Lopez and Marc Anthony: A recent split for this dynamic duo came as a surprise to most. With such high intensity careers, however, it was almost expected that the couple would eventually butt heads. Although Lopez approves of Anthony's new girlfriend, it's simply not possible to replace this previously successful and passionate couple.

3. Demi Moore and Bruce Willis: This former duo's divorce came as a shock to the public. The pair had three children and a seemingly happy marriage, so a separation seemed almost impossible. After over 10 years of marriage, though, the couple agreed to divorce without disclosing a reason and came to a fair settlement. They're close friends to this day.

Related: [Demi Moore Proves There's Hope After Divorce](#)

4. Jessica Simpson and Nick Lachey: With this pair, a reality television series had no positive outcome other than revenue. According to *People*, Joe Simpson, Jessica's father and manager said, "Do they fight? Hell yes, they fight. Have there been moments when Nick has wanted to leave Jessica or Jess has wanted to leave Nick? Absolutely." Their reality show, "Newlyweds," was a first of its kind, allowing a look into celebrity marriage bliss; but apparently the show falsely depicted the couple. Life on the show appeared happy, but behind the scenes, these two were arguing to the point of demise.

5. Britney Spears and Justin Timberlake: This former young couple met as members of "The Mickey Mouse Club" in front of the cameras as teenagers. After three years of dating, it seemed that Spears and Timberlake were meant for each other. Unfortunately, fame and fortune took a toll on their relationship, as they battled drama sparked by rumors.

What other celebrity couples do you think should rekindle their romances? Share your thoughts below.

Top 5 Celebrity Love Mistakes We Should Avoid



By Abiola Abrams

Some of us view Hollywood stars as lifestyle role models. You want Sofia Vergara's lipstick, Beyonce's curly hair or the Balenciaga bag that everybody and their mother was rocking on the red carpet recently. While it's cool to mix celeb style with your own once in a while, it's important to remember that the people who entertain us with movies, TV and music are just that – people.

That said, the famous are more human than we realize, and some

of our favorite celebrities have one thing in common that we should never seek to emulate – their tumultuous relationships. In fact, let's learn from the love, sex and dating mistakes of the stars.

Here are some celebrity relationship snafus to avoid:

Love Mistake: Never Being Single.

It seemed like Jennifer Lopez was barely divorced from her crooner hubby Marc Anthony before stepping out with sexy back up dancer Casper Smart. Before that, she made a seamless transition from her Bennifer engagement to her JenAnthony marriage. What's up with that?

Going from relationship to relationship is a mistake. Taking a break between longtime loves is the best way to heal and ensure that we come to the next marriage or engagement as whole human beings.

Related: [10 Love Lessons from Bruce Springsteen](#)

Love Mistake: Marrying too soon.

Kim Kardashian and what's-his-face Humphries had the 72-day fairytale heard 'round the world. It seemed like Kimmie was set to continue the Dash girls tradition of meeting and immediately ending up happily ever after. Look at her little sister Khloe and her b-ballstar Lamar Odom. Their less than one month courtship has yielded a relationship that's still going strong.

Bottom line? Khloe and Lamar are a wonderful fluke. Marrying someone before you've even had the "where will we live" conversation is a huge mistake. Sorry, Kris Humphries!

Related: [Kim Kardashian's Divorce – A Reminder About Relationship Mistakes to Avoid](#)

Love Mistake: Stealing someone else's lover.

Man and woman stealing is a time honored Hollywood tradition.

See LeAnn Rimes, Tori Spelling, Angelina Jolie and even old school movie star Elizabeth Taylor. It's a big world out there. If your love cheated to be with you, then how can you ever trust that this pattern won't be repeated? The answer is, you can't.

Karma is a mean goddess, and hell hath no fury like karma scorned. Just sayin.'

Love Mistake: Getting a mistress pregnant.

Arnold Schwarzenegger sure did seem preachy about family values as the Republican governor of California, didn't he?

Little did we know that the Governator was not only sleeping with the maid, but he'd had a love child with her as well. Oy vey.

Obviously, this is a relationship no-no to be avoided at all costs.

Love Mistake: Bashing your ex.

When we watched Kelsey Grammer's previous wife Camille Grammer battle the divorce demon on "The Real Housewives of Beverly Hills," our hearts broke for her. Her A-list husband cheated and ran. Sure, she had choice words about him on her reality show, but then Mr. Grammer behaved deplorably by bashing his former Mrs. in an interview with Pierce Brosnan.

A smarter move is always to take the high road. See Jennifer Aniston for lessons on grace under fire. Okay, it didn't work out, and she moved on. Sure, it's probably messy. Life is a contact sport.

What are some other celeb love snafus? Dating different versions of the same jerk a la Halle Berry, returning to the scene of the crime like Rihanna or falling apart after a

breakup like Demi Moore are all examples *not* to follow.

Ah, le love. You're much better off copying a celebrity hair cut than imitating their love styles. Here's to shiny, happy and healthy relationships!

Abiola Abrams is a lifestyle expert and host of "Abiola's Kiss and Tell TV." Her next book is entitled The Official Bombshell Handbook. Find her fun and scandalous love advice and interviews at <http://www.AbiolaTV.com>. She tweets @abiolatv.

Jennifer Aniston and Paul Rudd Join a Commune in 'Wanderlust'





By Matthew Dougherty

This one comes from the director of the hit comedy *Role Models*, which is already a good sign. The film stars two great comedic actors, Paul Rudd and Jennifer Aniston, as a married couple who find themselves victims of the economy when Rudd's character gets fired from his job. Forced to leave their pricey sanctuary in Manhattan, the couple ends up joining a commune of sorts and begin living among them. Naturally, comedy ensues. The trailer has some pretty hysterical moments. Also, it should be noted that the movie is rated R, which is usually a good sign for comedies like this.

Should You See It? Yes, this is going to be a nice, lighthearted romantic comedy right in the middle of the all too serious Oscar season. If you like either of the stars or the director's previous film *Role Models*, then this is a must-see.

Who To Take: The movie looks to pack enough comedy to please the guys. Its R-rating should stir you away from seeing it

with your mother. However, this might be the most fun with your group of friends on a Friday night.

Looking for a romantic getaway? Just don't join a cult.

In *Wanderlust*, the main couple is just looking to find a new place to let their relationship blossom. Sometimes it's necessary in relationships to escape from your everyday lives and experience something new. Here are some suggestions for romantic getaways that you will both enjoy:

1. Anyplace with a beach: Who doesn't like the beach? Plus, it can be extremely romantic at anytime during your trip. You can hang out there during the day then after dinner return for a moonlit walk in the sand.

2. An unfamiliar place with culture: Go someplace where neither of you have any connections. Immerse yourselves in the culture and walk away with new, unique experiences that are just your own.

3. Someplace that you both want to be: Compromises are a part of every relationship. Yeah, Paris might sound great to you, but he wants to see the Coliseum in Rome. Don't force him to go someplace he doesn't want to and don't just do whatever he wants. It should be a place that you both can enjoy and will remember forever.

Do you have any great trips you've gone on with a significant other? Share your experiences below.

Justin Theroux Speaks Out About Relationship with Jennifer Aniston



Jennifer Aniston and Justin Theroux are keeping their relationship on the down low. Although the couple is getting steamy on screen for the new movie *Wanderlust*, according to [People](#), Theroux is “vowing to keep mum.” “I understand the curiosity, but other than saying I am happy, I am not going to indulge it. That’s building your own torture device,” said Theroux. Aniston described her feelings as “joyful and peaceful.” Since the couple met on set last May, they have moved in together. However, they are not discussing marriage or children. That said, the couple *has* welcomed a new boxer-pitbull into their home, name Sophie.

How do you keep the intimate details of your relationship private?

Cupid's Advice:

The intimate details of what goes on between you and your lover are only for the two of you to share. Here are some tips to keep those moments private:

1. Make a pact: Agree with your significant other to keep your private lives on the down low. If you are both on the same page you should be able to keep your secrets between yourselves.

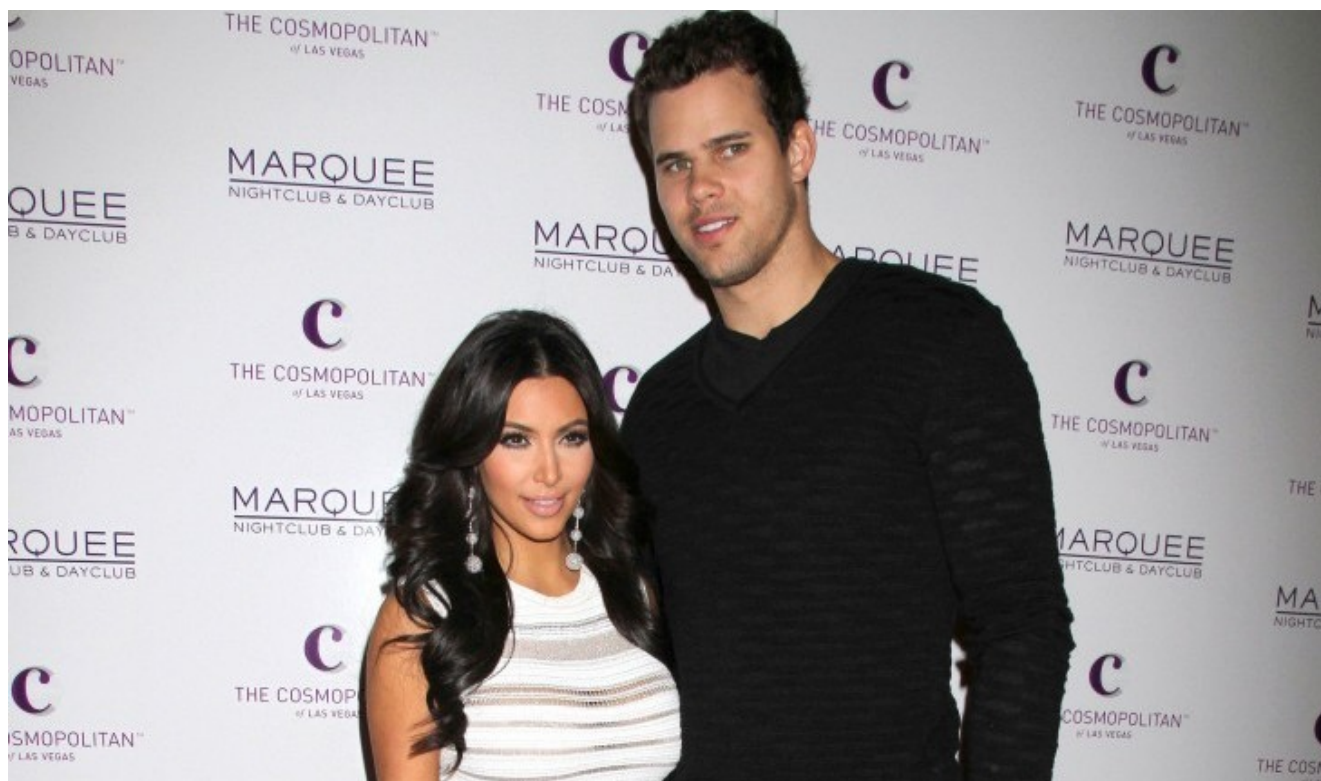
2. Don't share with friends: If you want don't want anyone to know your business, sharing your relationship secrets with your chatty girlfriends isn't a good idea. Don't tell your friends random lies to satisfy them either, or you'll start hearing rumors that you started yourself.

3. Keep PDA to a minimum: The key to keeping rumors at a minimum is to keep your relationship behind closed doors. Even if it's not rumors that are being spread, keeping PDA to a minimum will keep people from talking about your relationship and ultimately asking about the intimate details.

How do you keep the intimate details of your relationship private? Share your stories below.

Jennifer Aniston Celebrates

43rd Birthday Eve with Boyfriend Justin Theroux



Last week, Jennifer Aniston celebrated her 43rd birthday and her much-talked-about beau Justin Theroux didn't stray far. The eve of her birthday, Aniston and Theroux showed up at the Chateau Marmont in West Hollywood with another pal and took their favorite seat on the back patio, according to UsMagazine.com. The three drank wine and chatted most of the evening, and according to an onlooker, the couple were nothing if not affectionate. "They touched each other a lot! He had his hands in her hair at one point," said the source.

What are some birthday celebration ideas for your partner?

Cupid's Advice:

When you're in a relationship and it's your partner's birthday, it's on you to make the occasion special. Cupid has some tips:

1. Throw a themed party: Whether it's a surprise party or one your partner is in on, plan an exciting party with a theme for your loved one. For instance, consider an indoor/outdoor beach party. If you live on the beach, you clearly have the necessities. If you don't, you're not out of the game yet. Set up a faux beach inside your home!

2. Spa weekend: Take the weekend to indulge in couples massages and hot tub time. You'll feel the stress run right out of your body and relaxation replace it.

3. Amusement park: You may not be able to go to Chuck E. Cheese for your birthday party as an adult, but you can plan a theme park outing for your significant other's occasion. Revert to your childhood, and have some fun.

What are some other birthday celebrations for your partner? Share your thoughts below.

Find Out What Jennifer Aniston Likes About Justin Theroux





It seems Jennifer Aniston is no longer concerned with her ex-husband Brad Pitt. She's now very happy with her new guy, Justin Theroux. According to [People](#), the actress' relationship with Theroux is "going strong," and she says that she's in a "joyful and peaceful" place in her life. What's their secret to a healthy relationship? Not only do they have a love for acting in common, filming *Wanderlust* together, but they also share a sense of style.

What are some important things you should have in common with your partner?

Cupid's Advice:

Although many say that opposites attract, it's good to have some things in common with your partner, too. Cupid shares some important similarities:

1. Shared interests: You don't have to like everything that your partner likes. However, it's a good idea to like some of the same things. Take a cue from Aniston and Theroux who point to their shared love of acting and fashion.

2. Goals: You and your sweetheart should share similar goals. What are your thoughts on marriage and children? Your viewpoints on this question should eventually coincide or intersect so that your relationship can continue into the future.

3. Opinions: If you or your partner has strong opinions on certain topics, it may be a good idea to have similar thoughts on those subjects. If you don't, you'll need to be able to agree to disagree in order to avoid yearning for the single life.

What are some things you have in common with your partner? Share your comments below.

Jennifer Aniston and Justin Theroux Enjoy a Snuggly Dinner Date





[Jennifer Aniston](#) and [boyfriend Justin Theroux](#) went for an early dinner at a restaurant in one of their favorites hotels, L.A's Sunset Tower Hotel. An onlooker claims the couple looked very [happy](#) while they enjoyed their low-key evening in matching leather jackets, according to [UsMagazine.com](#). The two ended their early dinner, and walked out with their arms around each other.

What are some ways to spice up an ordinary dinner date?

Cupid's Advice:

The same [dinner dates](#) all the time can get boring. Here are some ideas on how to make them more interesting:

1. Go restaurant hopping: Try going to more than one restaurant throughout the night for a variety of atmospheres. Have some drinks at your local bar, appetizers in the hip lounge down the street, and your main course at your favorite restaurant.

2. Make it a double date: Bring along your best friend and her date to dinner with you and your [beau](#). There's nothing like

having your best friend there to loosen things up.

3. Cook for each other: You and your date each pick something you've never cooked before, and test out your new recipes on each other.

How do you spice up your dinner dates? Share some ideas below.

Jennifer Aniston Brings Justin Theroux to the Director's Guild of America Awards





Jennifer Aniston showed her boyfriend, Justin Theroux to a night out on the glamorous side. Theroux accompanied Aniston in a suit and tie to Hollywood's 64th Annual Directors Guild of America Awards on Saturday, where she was nominated alongside Demi Moore, Penelope Spheeris, Alicia Keys and Patty Jenkins for co-directing Lifetime's *Five*. The couple was seen chatting it up during the show as the 42-year-old actress made her way through the lobster, artichoke salad, and finished it off with short ribs and steamed vegetables. This, all while still looking beautiful and toned in her Dolce & Gabbana mini dress. Not allowing Aniston's loss to *The Kennedy's* Jon Cassar keep them from ending the night early, the happy couple made an appearance after the show at a private members' club in West Hollywood. According to UsMagazine.com, Theroux was spotted "continuously putting his arm around her or touching her in some way."

What are some signs that you're comfortable around your new partner?

Cupid's Advice:

Doing certain things around your partner shows how comfortable you are with them, which is like taking a whole new step in your relationship. But how do you know when you're ready to take that step? Cupid has some tips:

1. Loosen up: If you're not worried about every move you make around your partner or what you look like at all times, it's easier for you to be yourself.

2. Be honest: You should be able to tell your mate how you feel if you're comfortable enough with them. Otherwise, your conversations won't be as real.

3. Don't get embarrassed easily: You shouldn't be afraid to indulge in a huge, juicy cheeseburger in front of your partner every once in a while.

What are some things that make you feel more comfortable around your partner? Share your tips below.

Jennifer Aniston and Justin Theroux Go On Ski Vacation in Colorado





Jennifer Aniston and Justin Theroux didn't seem to have any trouble staying warm in the chilly weather as they spent their holidays in Telluride, Colorado. The two lovebirds rented a house and although they ventured out during the day to take ski lessons, a source told UsMagazine.com that "Jen and Justin spent every night in" during their romantic winter getaway.

What are some romantic winter vacations to take as a couple?

Cupid's Advice:

Avoid the winter blues this season with a romantic getaway for you and your partner. Cupid has some tips:

- 1. Fun in the sun:** If winter just isn't your season, take a trip somewhere warm and tropical. A cruise or a flight down south could be the perfect way to melt away the cold and heat up your relationship.
- 2. Scenic route:** Snowfall can turn parts of the world into a winter wonderland. Embrace the season with an Alaskan cruise, and you're guaranteed to see some of the most breathtaking sights you've ever seen.

3. Hit the slopes: Go play in the snow adult style – on the mountains! Take a trip out West for some great skiing opportunities and time to bond with your partner while being active.

Where do you like to travel during the winter season? Share your comments below.

George Clooney and Jennifer Aniston Dominate 'Dream Smooch' Survey





With New Year's Eve around the corner, people are beginning to dream about who they'd love to lock lips with at midnight. According to a recent survey of over 1,000 readers from [omg!](#), the two who dominate this list are Jennifer Aniston and George Clooney. For the celebrity men, the survey reported that 28 percent of women wish for a smooch from Clooney on Dec. 31 with Johnny Depp coming in at a close second with 27 percent. Surprising to most, star of *Crazy, Stupid, Love* and *The Notebook* Ryan Gosling only stole 7 percent of women's dream kisses. On the female celebrity side of things, Aniston, the star of *Friends* and *Horrible Bosses*, captured 22 percent of men, while Halle Berry came in second with 18 percent.

If you could share a kiss with a celebrity at midnight, who would it be? Share your choices below.

Jennifer Aniston and Brad Pitt Narrowly Miss Each Other at the Movies



It was a close one when celebrity exes Jennifer Aniston and Brad Pitt narrowly missed each other at the Arclight Cinemas in Hollywood on Friday. According to [People](#), it would have been an awkward run-in since Pitt was with his children and wife, Angelina Jolie, while the *Friends* star was there with boyfriend, Justin Theroux. “Justin and Jennifer skipped the popcorn and went straight in. Like five minutes later, Brad and the kids came out of the theater. They just missed each other,” said a source who witnessed the potential run-in.

How do you keep things from being awkward with an ex?

Cupid's Advice:

It's a small world, so chances are you're bound to run into an ex when you least expect it. Cupid has some tips:

1. Just say hi: Saying hi to an ex isn't saying you want to get back together or admitting they were right. Don't be afraid to say "hi." It makes things a lot less awkward.

2. Wish them the best: Even if you don't mean it, always say that you wish them the best.

3. Be happy: If you're happy and secure with yourself, chances are your run-in won't be awkward.

How do you show your ex you've moved on? Share your ideas below.

Jennifer Aniston and Justin Theroux Walk the Dog





Actress Jennifer Aniston and new beau Justin Theroux got some exercise as they strolled through Beverly Hills on Sunday with her dog Dolly, according to [RadarOnline](#). Aniston adopted the pup back in 2006, and she has recently become the top dog after the actress's beloved mutt Norman passed away at the age of 15 back in April. Aniston uses walking Dolly as an excuse to spend some quality time with her canine and to fit some extra exercise into her busy schedule.

What are some ways to get exercise as a couple?

Cupid's Advice:

Finding the motivation to exercise can be a difficult task, but if you and your partner do it together it can be more fun.

Here are some options:

1. Walking/running: If you can't afford a gym membership, walking or running in the great outdoors is free. Set a goal and encourage each other until you've both reached it.

2. Sign up for a class: Joining a kickboxing class as a couple is a great way to work out and see results. Seeing

each other pushed to your limits and glowing in sweat can be pretty sexy, too!

3. Play on a team: Co-ed sports teams like softball and volleyball can be a blast. You'll work on your teamwork skills as players and as a couple.

How do you and your partner exercise together? Share your comments below!

Giveaway: How to Run an Ad Campaign to Get More Dates



This post is sponsored by Robert Manni.

By Robert Manni

In my novel, *The Guys' Guy's Guide to Love*, our main character, Max Hallyday, writes a column for a women's magazine doling out regular guy-style sagely advice to the ladies. He advises them about how men think and how to get them eating out of your hand. He takes a tough love approach, but he is honest and well intended. As a result...well, you'll have to pick up a copy of the book to find out what happens.

Let's follow Max Hallyday's lead and find out how to successfully advertise yourself in order to find lasting love.

Whether you're selling love or mayonnaise, the same rules apply. Here are five steps:

1. Know your target market.

Men and women spend a lot of time trying to figure each other out, but they may not take the time to explore what is going on within the culture of the opposite sex. For example, do you think guys know that today's women have different needs?

In the past, relationships had major financial implications. Guys paid. Today, women are self-sufficient, so guys need to address a woman's other needs. For guys, this is a very good thing as long as they are interested in fun, friendship and really getting to know a woman.

2. Know your brand.

Look at how challenging it is for people to draft an online dating profile. There's so much going on around us that many folks do not take the time to sort out who they really are and what they really want. They usually want a lot of things, but a lot of it is reactive and propagated by the media. Do you really need hair like Jennifer Aniston or a booty like Kim Kardashian?

Related: [New Dating Apps to Manage Your Love Life](#)

3. Know what your target wants.

Yes, that means that it is not all about you. That may be news to some, because many women and men feel entitled to the object of their desire, just because. C'mon, you've been there. If single men and women shifted their focus to what their prospective paramour really needs, there would be a sea change in dating. This is an area that is most often overlooked.

4. Be fresh and fun.

It's easy to fall into line and continue following the same routine. Everyone is crazy busy, and who has the time to be creative anymore? You do. When you start thinking out of the box, your prospective partner will know and appreciate that you went the extra mile for them, whether it be a picnic for two in the park with a bottle of their favorite Chardonnay or tickets to the Met. Going the extra mile is noticed and appreciated. I still remember all the good things about a past relationship because of that stained glass window she had custom-made for me featuring a seascape since I have a place near the ocean. That was cool.

Related: [Date Idea – Inspire Your Date with Art](#)

5. Ask for the order.

If you feel that you've done your homework and know who you are and who he or she is, and you still think that there is a chance that you'll avoid a battle to the death over who gets the iPad, then go ahead and let him know that you are available and that you've got what it takes to rock his world. Most likely he'll be more than appreciative. He'll be yours.

Robert Manni is the author of The Guys' Guy's Guide to Love and is a successful advertising industry veteran who has experienced the NYC single life first-hand for many years. His book offers an insider's look at New York's cutthroat yet

alluring agency and media world, as well as a Madison Avenue perspective on how to use one's "creative selling" skills to seduce, date and sustain a relationship in a city full of savvy men and women.

~~**GIVEAWAY ALERT:** Cupid's Pulse has teamed up with Robert Manni to give a copy of The Guys' Guy's Guide to Love to one lucky reader! To enter, comment on this post below. Please be sure to use your real email address so we have a way of contacting you if you win — don't worry, your address won't be shown. If your email is not included, you will automatically be ineligible to win. This giveaway will run until **11:59 PM EST on Wednesday, November 30.** Good luck!~~

This giveaway is now closed.

**Contest restricted to residents of USA/CA*

Ben Stiller Says Jennifer Aniston and Justin Theroux Are Happy





With all the flack Jennifer Aniston and Justin Theroux have been catching for their relationship, they do have some people in favor of their whirlwind romance. Ben Stiller spoke highly of the couple at the premiere of his movie *Tower Heist* on Monday. "They're both great people. I love them both," the actor told UsMagazine.com. Theroux is currently living with the former *Friends* star in her NYC penthouse. That said, no plans have been made to take the relationship any further. Aniston stated, "I've been married once and I don't know if I'll get married again." It seems that, for now, the couple are just simply having fun in each other's company.

How can you tell if your friend is happy in their relationship?

Cupid's Advice:

If you notice your friend being positive and optimistic about life and love, they are definitely happy in their current situation. Acknowledge the small changes in their demeanor and personality:

1. More smiles: Whether it's giggling at a text or beaming

just because, your friend is all smiles all the time. A grin is an obvious indicator of happiness, and it's clear that their new love interest is to thank.

2. Change in wardrobe: If you notice your friend is wearing something a little more flirty and fun than usual, it's probably the result of a good new relationship. Satisfaction in love can easily seep in to other aspects of life.

3. Simple statement: "I'm happy in my relationship." is a pretty clear sign that your friend is just what he or she said. Sometimes a direct statement shouldn't be questioned.

What are some ways you can tell if your friend is happy in their relationship? Let us know below!

Jennifer Aniston Says She's Not Desperate to Have a Baby





Many of Hollywood's top leading ladies have opened up to *ELLE* addressing all of the secrets and rumors everyone wants to know. On talk of being desperate to have a child, *Friends* alum Jennifer Aniston set the record straight by saying, "If it's meant to be, it's meant to be. I'm at peace with whatever the plan is. But will you hate me if I say I don't want to talk about my relationship?" Though she remained private about her new beau Justin Theroux, according to [People](#), Aniston did reveal that she once threw a chair at a director because of how he was treating the script supervisor.

How do you keep desperation out of your desire to have kids?

Cupid's Advice:

There are beautiful things about having children, but there are also benefits to not doing so. The answer is to be happy with what you have. Cupid has some advice:

1. Take it day by day: Don't obsess over not having kids at this very moment. Things can always change quickly, and it's best to be happy with what you do have in the present.

2. Focus on what you have: Focus on your family, friends and career. If you're too obsessed with having children, you can miss what's going on right in front of you.

3. Consider your options: If you really want to try to have children, look into adoption and fertility treatments, and find out what's the best option for you.

What are some of the benefits of not having children? Share your ideas below.

3 Ways to Become the Strong Man Women Love



By Elliott Katz

It's official! Jennifer Aniston has finally found a man to make her happy, as she recently moved in with new beau, Justin Theroux. This begs the question, what makes him different from all of the others she's dated? I think it has something to do with the fact that he's a solid man who shows leadership and makes decisions in their relationship. These days, it's hard to find men who are powerful, which may be why it took so long for Jen to find her man.

Women universally love and respect men who are strong. While researching my book, *Being the Strong Man a Woman Wants*, one of the biggest complaints I heard from women is that today's men don't show initiative and lack grit. They say that men seem oblivious to problems and wait for women to tell them what to do. Even when they're asked for input about something, men will say, "you decide."

Single women told me that when they go out for coffee with a man, instead of taking the lead and selecting the place to go, he wants her to choose. And when they finally get somewhere, he wants her to pick the table.

To avoid accusations of being controlling, many men have now gone to the opposite extreme by completely avoiding being assertive. They think they're showing that they're non-controlling nice guys and can't understand why women are frustrated and lose respect for them.

Here are three key ways to become a self-assured man any woman would love:

Show Leadership

When a man sees a situation that needs to be dealt with, he should step forward and handle it. Women admire men who are willing to step up, instead of waiting for others to solve the

problem.

Make Decisions

A man needs to make his share of decisions (like picking a restaurant and/or a table) and take ownership for the outcome, instead of blaming it on someone else. To many women, a man who avoids being decisive is shirking his responsibilities.

Take Responsibility

Refrain from attacking someone about a situation, and instead make an effort to improve it. There is little sympathy for a man who blames a woman for making a bad choice— even when he thinks she pushed him into it. As the man, it's your lot to skillfully manage and salvage unfortunate circumstances, as well as seek to attain ideal ones.

Despite these tips, it's important to get to know your mate in order to get a feel for what she wants. Ask specific questions based on the above suggestions. You may be surprised by her response. Remember that by being confident, Justin Theroux ended up dating one of America's sweethearts, Jennifer Aniston.

Elliott Katz is the author of [Being the Strong Man a Woman Wants: Timeless Wisdom on Being a Man](#), which is being translated into 21 languages in Europe, Asia and Latin America. Women give the book to husbands, boyfriends and sons. Divorced women say if their husbands had understood these insights, their marriages would not have disintegrated. It's available online from [Amazon.com](#) and bookstores.

Celebrity Couples Who Reconciled For the Summer



By Tanni Deb

Celebrity couples are breaking up, getting back together, moving on, finding new love and embracing the single life on any given day. In fact, many of them are experts at being indecisive and unstable when it comes to relationships. It's not exactly a lifestyle to strive toward, but that doesn't mean it doesn't make us smile when a sweet pair of our favorite stars decides to get back together after previously calling it quits. Here are some notable duos that elected to give it another shot this summer:

1. Lady Gaga and Luc Carl: Gaga told *Rolling Stone* last year that she had never loved anyone like [Luc Carl] before. She

was even quoted as saying, "That relationship really shaped me." Despite these words, it was reported in May that the *Bad Romance* singer ended their "few year relationship." It was short-lived because by June the couple appeared to be together again. A source told UsMagazine.com, "They had a little fight. I think the break-up lasted a week or two. They are totally back together now." Sounds like this one may have been the shortest breakup in celebrity history.

2. Rachel Bilson and Hayden Christensen: The on-again off-again duo met on the set of *Jumper* in 2007 and was engaged a year later. They struggled through many ups and down and finally called things off, splitting for good, in March 2011. Following the breakup, a source close to Bilson said, "They're done this time. [The] engagement is over, relationship's over. She's really had it." I guess the source was wrong given that the *Hart of Dixie* star reunited with her ex about a month later. Most recently, the couple has been seen traveling and spending time together. Hopefully by the time we print this they'll still be together.

3. Sammi (Sweetheart) Giancola and Ronnie Ortiz-Magro: Remember back in January when the *Jersey Shore* couple split after dating at irregular intervals for three seasons? The ex-couple must have had time to reunite (again) this summer during their shooting in Florence, Italy. With Sammi and Ronnie, one can never tell if their on or off. Right now it seems like they are lovey-dovey, kissing, hugging and holding hands, but sometimes their fighting looks like that way, too.

4. Jamie Lynn Spears and Casey Aldridge: Spears was engaged to her boyfriend, Aldridge, when she announced at the age of sixteen that she was pregnant with his child. The couple ended things before deciding to tie the knot; a baby wasn't enough to keep this relationship together. Then, in August of last year, People reported that the former Nickelodeon star and her beau were working things out and most recently, Spears tweeted

that she and her daughter's father are back together.

5. Miley Cyrus and Liam Hemsworth: Looks like the *Hannah Montana* star and her ex-boyfriend didn't sing their last song. In June, Cyrus's brother Trace told *UsMagazine.com* that his sister and Hemsworth had rekindled their romance. The couple fell for each other in 2009 while filming *The Last Song*, but split the following August. When Miley's father, Billy Ray Cyrus was asked during an interview what he thought of the Australian hunk getting back together with his daughter, he said that he approved of their relationship. "He's a great guy. He's solid. He's got great character." Well, if it doesn't work out this time, Hemsworth can always hang out with Miley's dad.

**What do you think about all this on-again off-again dating?
Tell us below.**

**Kailen Rosenberg Shares
Expert Love Advice and
Discusses Celebrity
Relationships: "It's Much
More Than Matchmaking to Me"**





By Deana Meccariello

[Kailen Rosenberg](#) is a nationally-respected matchmaker and relationship expert who has helped many stars establish celebrity relationships throughout the years. She has a gift for bringing you back to the person you really are deep-down inside and helping you to shed the hard-coated exterior that society has forced you to wear. Given her background, it's no surprise that she's best described as a "love architect." So what is a *love architect*? It's someone who comes into a person's life, whether they are married or single, to help find cracks in their foundation (which is where the idea of an "architect" came from) that are in need of strengthening and repair.

As Rosenberg explains, "Whether you look at it spiritually or psychologically, I'm helping to mend areas that need truth and awakening. I come in and find those areas that need work, and then I help my clients come to their own truth. They discover which parts haven't been solid and built in a healthy way. Once that's done, they can finally have the relationship and love that they've always wanted and deserve."

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

Kailen Rosenberg Discusses Being a Dating Expert on Reality TV Show *The Bachelor*

As proven by the many romance-focused reality TV shows of today, singles are finding it harder than ever to find a partner. Rosenberg can attest to that, having served as a matchmaker and relationship expert on season three of *The Bachelor*. “I worked behind-the-scenes in regards to seeking out the right bachelorettes for the show. I actually interviewed Bob the Bachelor,” she reveals.

Reality TV or not, the dating expert can shine a light in the dark corners of an individual's personality and help them truly find what – and who – they are looking for. She explains, “When most people come to me, they look pretty darn amazing in person and on paper. They believe that they like who they are, and in many ways, when we're talking about the ego, they *do* like who they are.”

Rosenberg expands on this expert love advice and adds, “However, they come to me believing that the issue isn't really about them but rather about finding the right person. During my beginning assessment process, people begin to realize that they never knew who they were and that they became the person they were told to be or taught to be by society. Therefore, they're not only attracted *to* the wrong people, but they're also *attracting* the wrong people.”

With this thought in mind, her first priority is to teach people who they truly are. “After I finally introduce and match my client with their true self, then we can get down to who this person should be dating. We've put over 200

marriages together and haven't had one divorce, which is just crazy and unheard of," she shares. "I think it's because these people are connecting on a genuine level that most people never have the opportunity to experience."

Related Link: [Top 10 Things to Know Before Hiring a Matchmaker](#)

Revealing how important her work is to her, Rosenberg gushes from the other end of the phone, "It's much more than matchmaking to me."

The relationship expert knows that, in order to find love, her client must be a healthy-minded person. They have to be in a place where they are self-aware and know that what they've been doing isn't working. This kind of acknowledgement tends to set the mind for positive experiences, whether they're an everyday person or a celebrity. For example, a radiant and successful woman with everything going for her, like Jennifer Aniston, will still have problems keeping a man if she doesn't have this mind set.

In fact, speaking of Aniston, Rosenberg says, "I do have clients that know her and say she's lovely. However, there is a very apparent trend in her love life. She is darling, and there is so much to like about her, but there is something going on with her, something that she needs to pay attention to. She needs to get down to the reality of what it is that she is doing. What is surfacing in her relationships after a certain level of intimacy, and what unhealthy pattern she keeps accepting into her life? I really think that's what it comes down to for her."

The Highs and Lows of Celebrity Couple Clients

Celebrity relationships, media, and technology can be a dangerous mix. Rosenberg says that there are people, like Kim

Kardashian, who are being followed around by a camera and dealing with sensationalism in every aspect of their love lives. Then on a real-world level, we have people using Facebook, Twitter and other social networking platforms to post every detail about their relationships – from happy pictures of the good times to angry rants detailing a harsh fight or break-up.

Related Link: [Use Your Five Senses for a More Fulfilled Love Life](#)

“The reality is that they’re publicizing who they are as well as their personal relationships, and when you act this way, people are going to look at you and scrutinize you – the good *and* the bad,” the dating expert explains. “As a couple, you need to be a team and understand that all that matters is what you and your partner know to be the truth.”

Rosenberg then adds, “If there is something that is triggering a pain or disconnect from the outside based on what you read or see, that’s something that you have to look within to understand. Couples need to be grounded in what love is really meant to be and not the attention it can bring.”

Another fascinating component of the relationship expert business is what she refers to as a “life remodel.” This particular piece caters to – but is not limited to – people in Maria Shriver’s position. For people who have been cheated on and are struggling with a messy divorce, Rosenberg can bring a person back from the ashes and help them move on. “In a case like Maria’s, there are always signs. We always have life poking at us with the truth, and it is up to us whether or not we want to see it,” she says.

However, this mindset is easier said than done. “Sadly, most times, we choose to turn a blind eye to things that are not good for us, and eventually, it comes crashing down. Then, we no longer have power or control,” says Rosenberg. “I think

someone in Maria's situation would have to ask, 'Were there signs? How far back? Why did I choose to ignore them?' It is important for Maria to forgive herself and, as hard as it may sound, to forgive Arnold. The most amazing thing is that sometimes, from the deepest trenches of pain, we can end up finding the most amazing love we've ever had."

It always goes back to your past. "You have to look at your view on relationships, including that of your mother and father. What was your vision of love, and what is it now?," Rosenberg asks. "Focus on what loving you means as well as what is still good and precious in your life. Surround yourself with people who are truthful."

Brad Pitt Trashes Marriage with Jennifer Aniston





Six years and six children later, Brad Pitt revealed his feelings toward his marriage with ex-wife, Jennifer Aniston. Not holding back, Pitt described the once golden couple's union as everything, but ideal, according to [RadarOnline](#). In an interview with Parade, he stated, "I wasn't living an interesting life." He continued to explain, saying that he was "trying to pretend the marriage was something that it wasn't." The actor went on to praise his current love, Angelina Jolie, as the best thing that ever happened to him. Fans of the Aniston responded in outrage to after hearing Pitt's comments about his life with the *Friends* star. He then backtracked saying that his unhappiness had nothing to do with his ex.

How do you keep the drama about a past relationship to a minimum?

Cupid's Advice:

Exes are a sore subject for many. Staying focused on what's happening in the present always helps to avoid reliving those heartbreaking moments, and it keeps gossip at a standstill.

Here are some tips:

1. Don't talk about it: Although this may be easier said than done, talking about the past brings up old feelings and memories that can bring you back to a bad time in your life.

Try to avoid conversations about your previous love life for the sanity of you and your partner.

2. Keep a positive attitude: Sometimes talking about your past mate is inevitable. During those times, try to stay positive and talk about some of the good that came out of it.

3. Focus on the present: If you focus on what's happening in the now, there is no need to constantly relive the past. Cast your attention toward a new job, new look or even a new love.

How do you avoid the drama of past relationships? Tell us your story below.

Jennifer Aniston and Justin Theroux Move In Together





Jennifer Aniston and her new beau Justin Theroux took a big step in their relationship by deciding to become roommates. [People](#) reports that the couple is currently renting a two-bedroom house in the Hollywood Hills while searching for a more permanent settlement. “Jen and Justin are very excited about living together in their new home,” a source said. Aside from some privacy, the home, which Aniston rented Aug. 1, offers hardwood floors, a new ozone pool, spa and viewing deck. Aniston’s old home in Beverly Hills sold for \$38 million.

How does your relationship change when you live with your partner?

Cupid’s Advice:

In most cases, moving in with your lover can make things complicated at times. Cupid weighs the pros and cons:

1. Time is of the essence: Most couples expect to be spending more time together when they move in together. Technically this is true because you have the night together, but you’ll be surprised by how much “quality time” is missing once the

honeymoon period is over.

2. 'Space: the final frontier': If you're a person who needs a lot of space after a disagreement, then you may want to reevaluate your living situation – or have a spare room.

3. 'After the thrill is gone': Similar to the beginning of your relationship, once the initial "honeymoon" period is over, a person's guard is let down and his or her true character appears. This happens when you move in with your lover, except on a much larger scale. Act accordingly.

What do you think are the pros and cons of moving in with your partner? Share your experiences below.