

10 Famous Couples We Can't Wait to See Support Each Other At the Oscars





Chrissy Teigen and John Legend

The soulful singer-songwriter and his wife, who has been in the media for her humorous crying face, most recently appeared at the Grammys on Feb. 8. Legend and Common will be performing the Oscar-nominated song 'Glory' from the movie 'Selma.' Fingers crossed that they take home the golden statue! Photo: Janet Mayer / PRPhotos.com

Jennifer Aniston Says Justin Theroux Gave Her “A Rock”





By [Sarah Batcheller](#)

A celebrity engagement is everyone's favorite vicarious event. Taking a look at [UsMagazine.com](#), you can get a close-up of the enormous engagement ring that Jennifer Aniston is sporting. According to the latest celebrity gossip, the actress says of the impeccable rock that her fiancé and *Wanderlust* costar Justin Theroux gave to her, "He rocked it up...It took me a while to get used to it. I'm not a diamond girl. I'm more Indian jewelry and stuff." The celebrity couple has been together since 2012.

Whether or not you're inspired by a celebrity engagement, how can you find out what type of ring your partner wants?

Cupid's Advice:

Asking too many questions will give away the big surprise, so

here's Cupid's advice on how to stealthily pick out a diamond worthy of a celebrity engagement:

1. Log in: You say: "Hey babe, I'm going to use your laptop to check my e-mail really quick!" What you mean is: "Hey babe, I'm going to open up your Pinterest account because I know that you've been pinning images of vintage-style diamond rings that appeal to you!"

Related Link: [Sofia Vergara is Engaged to Joe Manganiello After Only Six Months of Dating](#)

2. Listen to their style opinions: If you're a guy, it's hard to listen to everything your partner says about fashion, but if you do, you can use these comments as clues as to what kind of rock they would like. Is your significant other's style more classic than trendy? She may want a round diamond. Is she super girly? Perhaps something extra sparkly will catch her eye.

Related Link: [Cameron Diaz and Benji Madden Tie the Knot at Her Beverly Hills Home](#)

3. Ask their friends: Easy as 1,2,3! Ask your honey's friends what kind of ring they want. If you have known for a while that marriage is in your future, it's inevitable that your partner has discussed every detail with their pals. Just make sure these friends can keep it hush-hush until the proposal!

How did you find out what kind of ring to get your love? Tell us in the comments below!

Jennifer Aniston Says She Doesn't Find Divorce from Brad Pitt To Be 'Painful'



By Maggie Manfredi

The breakup that broke our hearts 10 years ago is still being talked about today! However, according to [Yahoo.com](https://www.yahoo.com), Jennifer Aniston recalls that her divorce from Brad Pitt was not a painful experience. The *Friends* alum said, "I think it's a narrative that follows you because it's an interesting headline. It's more of a media-driven topic." Both actors have since gone on to have amazing careers and solid personal lives. Whether you were team Bennifer or Brangelina, it is good to know there is no animosity between the exes.

What are three first steps to take in order to recover from a divorce?

>Cupid's Advice:

Divorce is a really awful experience, no matter who you are, so taking those first steps to move forward are key. Here are some tips from Cupid:

1. Talk it out: Whether you have a trusted friend or have hired a professional, it is therapeutic to talk about the situation. Another idea is writing a letter to your ex for your eyes only to get all of the leftover emotions out in your own way.

Related Link: [Chris Rock and Malaak Compton-Rock Are Divorcing After 18 Years](#)

2. Have a bit of fun: Go out with your besties or have a blowout party. Do something that makes you feel good, and most importantly, leads to some serious laughter.

Related Link: [Bruce Jenner Attends Ex-Wife Kris' Annual Christmas Eve Party](#)

3. Get your affairs in order: Get yourself organized and make sure to work through the things that need to be taken care of in light of this big life change. Leaving things to the last minute or avoiding them will only create additional chaos.

What are your thoughts on moving forward after divorce? Share below!

Jennifer Aniston Discusses Wedding Dates with Ellen DeGeneres



By Amanda Boyer

Friends alum Jennifer Aniston was stopped by the *Ellen DeGeneres Show* on Tuesday, Nov. 25, and she dished about her upcoming wedding. According to UsMagazine.com, Aniston, who has been with her fiancé for over two years, have been planning and are constantly are looking for ideas for her wedding. They have been having gatherings, and their friends are ready for the wedding!

How do you decide when to have your wedding?

Cupid's Advice:

Your wedding is an event that will live in your memories for forever. Picking when to have it is critical, and Cupid has some advice:

1. Fall: If you're into warm and neutral colors, have your wedding in autumn! That way your wedding party can wear those warm and neutral colors to match with the changing leaves and festive pumpkins! Plus, typically the weather is somewhere between cold and hot, which is ideal for an outdoor wedding.

Related: [Justin Theroux Surprises Jennifer Aniston at Photo Shoot](#)

2. Spring: With the May flowers blooming, the weather is just perfect to have a wedding outside or inside, and you can go with any color scheme you want ... maybe have fun with pops of colors!

Related: [Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux](#)

3. Winter: If you like the holidays, cold weather and the snow (depending on your location), a winter wedding is for you. You can have blues, reds, or greens as your colors to go along with the time of the year.

What do you think of maybe a winter wedding? Share your thoughts below!

Find Out How Jennifer Aniston

Got Bikini Ready For Vacation with Justin Theroux



By Ann Luther

Jennifer Aniston perfected her already famously tight body in preparation for her beach vacation to Bora Bora in celebration of fiancé, Justin Theroux's birthday and the couple's two-year engagement anniversary. Aniston's long-time yoga instructor, Mandy Ingber spoke of her starlet student saying, "we add a little more cardio to the yoga, but also what she puts into her body is essential. That really is 80 percent of it ... it's not a big deal if you have a bite of this or that if you are mostly eating well." According to UsMagazine.com, Aniston's self-discipline is what keeps her body in top condition.

How can being healthy and in shape help your relationship?

Cupid's Advice:

Taking care of your body can sometimes fall last on your to-do list. However, a clean and healthy lifestyle can benefit both you *and* your relationship. Check out how below:

1. The couple that sweats together stays together: Your partner is your perfect gym buddy. Exercising together will allow you to spend more time as a twosome while doing something beneficial for both of you. You can be each other's motivation and reward.

Related: [Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux](#)

2. A reminder that you've still got it: You're beautiful at any size and your guy should know that. However, firming your back side, shrinking your thighs, and toning your arms will demand your beau's attention. Plus, seeing your fellow impressed will make you feel amazing.

Related: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

3. Extend forever: Maybe you won't live forever; but, if you plan on spending your lives together, it would be nice to add a few more years. Maintaining good health will help you to live and therefore love longer. There's nothing more romantic than saying you want as much time as life can give you with one another.

Do you incorporate health in your relationship? Share with us in the comments below.

Justin Theroux Surprises Jennifer Aniston at Photo Shoot



By Sanetra Richards

Although these two have been engaged since 2012, Justin Theroux still manages to keep his lady happy and on cloud nine. According to UsMagazine.com, the *Leftovers* star took fiancée Jennifer Aniston by surprise when he surprised her at a photo shoot with Chris McMillan, longtime stylist and business partner, on Monday, July 28th. "Justin actually showed up as a surprise to Jen," says an insider. "He turned up a couple of hours into the shoot. She was nearing the end of the shoot when he snuck in to say 'Hi.'" The *Friends* alum, who made her entrance at the shoot wearing simply blue jeans

and a white top, Aniston, was filled with joy when her eyes met with her future husband's. "She clearly wasn't expecting to see Justin because she squealed when he showed up," added the source. "They hugged and he gave her a kiss and then he watched the end of the job." The 45-year-old actress recently talked to Women's Wear Daily about her love, saying, "He's so graceful and utterly kind and golden. He's just so beautiful and handsome to me."

What are three ways to keep the spontaneity alive in your relationship?

Cupid's Advice:

Wanting to keep the flame going with your partner? You have been together for some time now, and are looking for ways to spice things up. Of course, your butterflies are still in tact and do not seem to be going anywhere anytime soon. But to ensure that, Cupid has some ways to keep the fire lit for eternity:

1. Maintain the new/fresh feeling: Remember that exciting moment when you were about to go on your first date with your significant other? You probably could not stop grinning and gushing about it afterwards. Do not let that feeling ever die. Keep doing exactly what you did to win your partner's heart.

Related: [Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux](#)

2. Continue the fun convos: Laughing is good for the soul . . . and for your heart. Be willing to go an extra mile by telling a corny joke, just to bring a smile to your love's face. Share your most embarrassing stories. Have a good time together!

Related: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

3. Do not be overbearing: Fun police, fun snatcher, do not be either. If there is ever a time when they randomly want to watch their all-time favorite movie with you, go along with it. If they want to go to a sporting event with you, go along with it. Although the words may not verbally come out, he or she wants to spend time with you, no matter what the activity may be.

How do you keep the spark in your relationship going? Share your thoughts below.

Hollywood Scandals: Celebrities Who Cheated







Kristen Stewart and Rob Pattinson

This 'Twilight' couple, now split, was the center of media attention when the actress was caught cheating on longtime boyfriend Pattinson with director Rupert Sanders, who was married at the time and has two children. Photo: Solarpix / PR Photos

Jennifer Aniston Gushes About 'Handsome' Fiance Justin

Theroux



By Sanetra Richards

The cat is definitely out of the bag! Jennifer Aniston has remained mute about her relationship with fiancé Justin Theroux for some time, but now the actress is showing her admiration for her handsome future hubs. According to UsMagazine.com, the *Horrible Bosses 2* star was not afraid to get a little googly eyed when talking about her longtime love at a bash hosted by *Details* magazine on Tuesday, July 15th in West Hollywood: "He's so graceful and utterly kind and golden," told the 45-year-old to *Women's Wear Daily*. It is amazing. He's just so beautiful and handsome to me, and I love that his eyeballs are so beautifully captured because those eyes just knock me out every day," Aniston continued, gushing about the *Leftovers* actor landing the cover of the magazine's August issue. "He just gets better every year." In complete

awe of her beau, she noted him as a “lost gem” in the sand. He’s just always been there and been brilliant, and now this is just in a different light,” she said.

What are three factors to consider before getting engaged?

Cupid’s Advice:

“Here comes the bride...” Not yet! You have wedding bells on your mind, but are not quite sure if it is the right time. After all, timing is truly everything. You and your partner have discussed taking the relationship further. Unfortunately, hesitation gets the best of both of you for various reasons. Cupid has some things to think about before agreeing to become one:

1. Compatibility: Can you see yourself with this person until the end of time? The attraction should be apparent and undeniable. After all, if you do indeed say “yes” or your partner does, you are planning to spend every day with them through the good and the bad. If you cannot envision yourself with anyone else, and they are your soul mate . . . it may be time for that life changing step.

Related: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

2. Finances (of course): Not to say it all revolves around money, but it is a key factor to consider before making marriage plans. The two of you should keep in mind your financial stability. Avoid depending on each other for that security. Marriage comes with expenses.

Related: [Jennifer Aniston and Justin Theroux Eat Lunch Together](#)

3: Family: Be sure to talk with your significant other about building a family and the connection each of you have with each others’ families. Do you want kids? If so, what size

family do you see yourself having? Are you in good with the future in-laws and other relatives? These are just a few points to hit while having this conversation.

What do you think is important before getting engaged? Tell us below!

Justin Theroux Says He Fell in Love in a “Real, Legit Fashion”



By Sanetra Richards

Believe it or not, according to UsMagazine.com, Justin Theroux says he fell in love in a “real, legit fashion” with Jennifer Aniston. They have a normal, romantic relationship. In the August issue of *Details*, the 42-year-old *Leftovers* actor revealed they connected immediately just by reminiscing on a few memories of the “Waldorf grade-schooling they both received.” The two met back in 2007, when mutual friend Robert Downey Jr. introduced them to one another: “He and Jen fell in a real, legit fashion,” the actor told *Details*, “and he was willing from the jump to make sacrifices.” Since then, Theroux has been sure not to let the attention influence his ego or his relationship. “It doesn’t feel like a hardship; it doesn’t feel difficult,” he explained. “It can be an annoyance, but it’s not the end of the world. You have to center on what its core thing is, which is that you met someone you fell in love with. “

How do you know that you’re truly in love?

Cupid’s Advice: Finding love is one of the greatest feelings of all time. You’ve had your fair share of admirers in the past, but now, you think this special someone is here to stay. And guess what? You may actually be in love! Cupid has some ways to tell if you’re feelings are real:

1. Nothing feels better: Your head is up in the clouds; your heart flutters every time you see them; and you can’t stop daydreaming about the future – all of these feelings are undeniable. A relationship has never felt so great before. So what truly makes this time different? Ask yourself a few questions to see if you have indeed been shot by Cupid: What will I sacrifice for my partner? Do I see a future together? Is commitment an issue? Your responses will let you know if you’re in love or not.

Related Link: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

2. You have a strong connection: You and your partner have developed a foundation that you're continuing to strengthen. You share the same morals and beliefs, and your bond is unbreakable. If this describes your relationship, the love bug may have bitten you!

Related Link: [Jennifer Aniston Throws Birthday Bash for Justin Theroux](#)

3. There are no comparisons: If you can't even fathom being with another person and no one else can make you happier, the answer is quite simple. You're in love!

Tell us about a time that you knew you were truly in love! Share below.

Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux





By Louisa Gonzales

Things have been going well for Jennifer Aniston with both her career and love life. Aniston's latest film *Horrible Bosses 2* is coming out November 26, she currently is the ambassador of Aveeno and has narrated "The Beauty of Nature" brand series and she is happily engaged to fiancé, Justin Theroux, 42. The movie star recently sat back and revealed the latest details of her life from everything from handling her long-distance relationship to her excessive collection of beauty products to [People](#).

What are some ways to compromise on family traditions with your partner?

Cupid's Advice:

Love is about making sacrifices and learning how to make compromises. Love is never easy and no matter whom your partner is, there is going to be differences in opinions, especially if you grew up with different values and ideals. Cupid has some advice on some ways to compromise on family

traditions with your partner:

1. Take turns: It's nice to be able to share and experience your family traditions with your partner, but remember your partner has their own also. In a relationship you have to be willing to make compromises and one way to do that is by alternating. Take turns doing each other's traditions, who knows it good bring you closer and you may be able to start your own family traditions together.

2. Focus on what's important: Ask yourself what's more important to you, the issues with your traditions or the person you are trying to build your life with and essentially trying to bring into your family. Think about what traditions are truly important to you as opposed to the ones you do because of familiarity. If you are not willing to or are unable to make compromises with your sweetheart you may have to reanalyze your relationship.

3. Combine your traditions: Say you both have your own traditions you do on holidays or special occasions, why not combine them? You can create new traditions this way as well as continue to follow your old ones, besides every couple creates their own new traditions along the way. Being with someone means sharing and doing important things that matter to you together, but also finding ways to make things work in a fair way.

What do you think are good ways to compromise on family traditions with your partner? Share in the comments below.

Jennifer Aniston and Justin Theroux Eat Lunch Together



By April Littleton

According to UsMagazine.com, the former *Friends* star and fiancé Justin Theroux were spotted grabbing lunch together in NYC Monday, March 10. Aniston dressed casually for the date in a black coat, grey sweater and jeans. Theroux wore a black leather jacket and jeans. Jason Bateman reportedly joined the couple for lunch at Fred's restaurant in Barney's.

How do you keep the romance in your relationship alive?

Cupid's Advice:

When you're in a long-term relationship, keeping things fresh

and exciting can prove to be a little difficult. A passionate, intense romance is difficult to maintain, but if you put in the work, you'll be able to keep that special spark alive. Cupid has some tips:

1. Do things together: Forget about staying home all the time. Go out for a date every now and then. Take your partner out for dinner, or go see a movie together. If you rather plan your activities during the day, try a picnic lunch or something both of you would enjoy doing together.

Related: [Matthew McConaughey Says He Wants to Make Family Proud in Oscar Speech](#)

2. Be random: You'll have more fun in your relationship if you and your significant other do things together unexpectedly. Planning out your days together can get a little boring, especially if you do the same things every time you go out. Be unpredictable. Get a little crazy. The excitement of doing something different will bring the two of you closer.

Related: [Nelly Furtado Says Working With Husband Is a 'Healthy Tension'](#)

3. Reminisce: When you and your honey are home alone together, spend some time talking about the day you first met. Tell your partner what drew you to them. Ask them about the first moment when they knew they were in love with you. Remembering how you felt about each other from the very beginning can bring the passion back into your love life.

What are some other ways to keep the romance in your relationship alive? Comment below.

Celebrity Interview: Hair Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood



By Brittany Stubbs

We all want to look our best, and that begins with managing our hair. With clients including Cameron Diaz, Jennifer Aniston, Chrissy Tiegan, and Jennifer Lopez, Raphael Reboh definitely knows what he's doing when it comes to achieving glossy locks. Whether it's a celebrity in his chair or not, the stylist finds himself always stressing the same advice: Take care of your hair!

“Women often don’t take care of their hair as much as their skin, but they should,” he explains in our celebrity interview. “I find it weird that women will run out and buy hundreds of dollars worth of face cream that may not even work, but they won’t spend the same amount of money and energy on their hair. Hair is connected to the scalp, so it’s just as important.”

Celebrity Interview with Hair Stylist to the Stars

Reboh explains that part of having healthy hair is knowing what’s in the products you’re using. He recommends speaking with a hair stylist who really knows your hair type to help guide you to the products and ingredients that will help *you* specifically – because, like a fingerprint, everyone’s hair is unique.

Related Link: [Top 4 Hot Hair Tips You Should Be Taking from Celebrities](#)

Although the Brazilian Blowout got a bad rep when the Keratin Treatment was introduced, the Miami native has a more positive opinion about the treatment. “I think Brazilian Blowouts are a miracle. Unlike Keratin Treatments that often dry the hair and make it flat, I find the Brazilian Blowout provides more shine and actually repairs the hair. I see the return of clients after the Blowout, and their hair is incredible.”

Reboh is even working on his own line of products with a similar treatment that he wants to call the Miami Blowout. He stresses that, no matter what treatment you’re having done, it’s very important that it’s done properly. So make sure your stylist has plenty of experience!

Given Reboh’s work styling celebrities, we couldn’t help but ask a couple of questions about hair in Hollywood. In our

celebrity interview, he raved about [Jennifer Lopez](#). Having done J. Lo's hair from the beginning of her career, he believes her gorgeous locks come from both good hair care and amazing cuts. "Great hair is all about movement, which comes from a great haircut," he reveals.

When asked who needs to change their hair, he didn't rat on any celebrity specifically, but he did voice his excitement for the short hair trend coming back, using the cut that [Beyonce](#) recently rocked for the Grammy Awards as an example. He candidly admits that he's tired of everyone having long waves. With long hair, you can turn on the curling iron and cover up a bad cut or damaged hair, but "short hair is where the talent is – which means you need to find a stylist who knows what they're doing because short hair shows everything."

Related Link: [Celebrity Stylist Chaz Dean on Hair Care: "The Most Important Part is Feeling Sexy"](#)

Celebrity Hair Stylist Shares Beauty and Dating Advice

Most people don't have the luxury of a professional stylist doing their hair everyday, but there are still little tricks that can help you look your best in between washes. Reboh encourages you to use dry shampoo to freshen hair, remove oils, and give your hair the movement of freshly-cleaned locks. Consider this dating advice before your next night out with your man: "The most important part of doing your hair is making it look sexy," he shares.

Speaking of sexy, we asked this celebrity stylist for his thoughts on what men find sexiest when it comes to hair. "Men often like women to have a lot of hair, not just in length but in body," he says. "Extensions are great for adding thickness to your hair, even if you don't want added length." With this thought in mind, Reboh created his own extension line that

consists of hair from Russia that is healthy, shiny, and lightweight, allowing your man to feel your head without even noticing the pieces.

Sexy hair isn't just about texture or thickness though; the hair style you choose plays a role as well. Although a woman can look fabulous with curly or straight hair, Reboh encourages women to make sure they're curling their hair the proper way. "If the curls aren't done right, they can make women look older," he explains. "When you're curling hair yourself, make sure you know what you're doing to make those beautiful, open curls because *that's* what looks sexy." If you don't know the correct approach to curling, consider going with a classic, straight style with a lot of body.

If you're in a time crunch to get sexy hair for tonight's hot date, the stylist says to consider an updo (of course, using that dry shampoo again). It doesn't have to be over-the-top, just something that is "simple and pretty and will correlate nicely with a romantic dinner."

For more hair tips and information on Reboh, check out his salon's site www.femmecoiffure.com/.

Celebrities Who Met on Blind Dates





By April Littleton

Blind dating isn't uncommon among people who have a difficult time meeting potential love matches, but it does raise an eyebrow or two when we learn that some of our favorite celebrities endured their fair share of spontaneous dating. You would be surprised to find out that some of our most beloved couples actually met through mutual friends. Cupid has a list of such past and present lovebirds:

1. Tom Brady and Gisele Bundchen: Brady began dating Gisele Bundchen in December 2006. In 2009, he revealed to *Details* magazine that he and the supermodel met during a blind date. A mutual friend set up the two lovebirds. "This friend told me he knew a girl version of me," Brady said, with Gisele chiming in: "And he said to me he'd found a boy version of me." The couple hit it off immediately and married Feb. 26, 2009 in an intimate Catholic ceremony in Santa Monica. The duo have two children together, son Benjamin Rein Brady and daughter Vivian Lake Brady.

Related: [5 Celebrities with Open Marriages](#)

2. Pete Sampras and Bridgette Wilson: The retired American tennis player met former Miss Teen USA and actress Bridgette Wilson on a blind date arranged by friends in 2000. Just nine months after their first date, the two got married. They have two sons together, Christian Charles and Ryan Nikolaos.

3. Cindy Crawford and Rande Gerber: These two met thanks to Crawford's agent, Michael Gruber. After Gerber escorted the supermodel to her manager's wedding, the two began a friendship. The pair reconnected romantically after Crawford's three-year marriage to Richard Gere ended in 1994. Shortly after, the new couple married in 1998. "When she's lying next to me, she looks incredible. That's the best part: waking up with her," Gerber said of Crawford, 47. The lovebirds have two children together, son Presley Walker and daughter Kaia Jordan.

4. Brad Pitt and Jennifer Aniston: The former *Friends* actress met her ex-husband through a date that was set up by both of their managers in 1998. The couple married July 29, 2000 in a private ceremony in Malibu. However, wedded bliss didn't last long. Five years later, the pair announced their separation and divorced Oct. 2, 2005. Brad Pitt has since moved on with Angelina Jolie and Aniston is now living with and engaged to Justin Theroux.

Related: [Top 5 Celebrity Couples That Live Across the Pond](#)

5. Jenny McCarthy and Paul Krepelka: Before dating her current beau Donnie Wahlberg, McCarthy connected with Boston sports agent, Paul Krepelka. "He was my fifth blind date," she told talk show host Ellen DeGeneres in Jan. 2011. However, due to the stress of a long distance relationship, the couple called it quits a month after McCarthy went public with their romance.

Who are some other celebrities who met on blind dates? Comment below.

Jennifer Aniston Throws Bday Bash for Justin Theroux



By April Littleton

According to UsMagazine.com, Jennifer Aniston held a fantastic 42nd birthday bash for fiancé, Justin Theroux at their \$21 million Bel Air home Saturday, August 10. "Several of Justin's friends spent the afternoon at the house hanging out by the pool with him and celebrating his birthday," an eyewitness said. The celebration fell on the one-year anniversary of the couple's engagement.

What are three ways to make your partner's birthday special?

Cupid's Advice:

Your honey's birthday is coming up and you want to go above and beyond for him/her this year. How can you make this special day extraordinary and unforgettable for your love? You don't necessarily have to spend more money, but showing him/her that you know them inside and out will make their day just a little more amazing. Cupid is here to help:

1. Get in the kitchen: Does your partner love a homemade pizza? Maybe they prefer stuffed chicken breasts with roasted potatoes? Surprise your boo with their favorite meal. You might not be the best cook, but it's the thought that counts. Cooking for your significant other shows you care, especially if you don't do it very often.

2. Vacation time: What better way to celebrate your partner's birthday than with a romantic getaway? Spend the weekend in the countryside or take a trip to the Bahamas. You'll get to spend some extra time alone with your honey, while participating in some fun activities that you wouldn't get to do at home.

3. Let them choose: If you're really low on ideas, let your significant other choose what he/she gets to do on their special day. Maybe they've always wanted to go skydiving and they've never gotten the chance to. Let their imagination run wild and be supportive of whatever ideas they come up with.

How did you make your partner's birthday special? Comment below.

Jennifer Aniston Hints at Brad Pitt Years, Saying She 'Needed Therapy'



By Kristyn Schwiep

Jennifer Aniston and Brad Pitt were married for five years, but it seems that Aniston would've done a few things differently if she could go back in time. Aniston, 44, let her *We're the Millers* costar, Jason Sudeikis, interview her at a dinner party at her Los Angeles home. According to UsMagazine.com, Aniston told Sudeikis about how she wishes she would have gone to therapy in her thirties, but why she's finally happy with fiancé Justin Theroux.

What are some ways to get over a heartbreaking divorce?

Cupid's Advice:

Moving on after a divorce can take time, but cupid has some advice for you to help you get through a heartbreaking divorce:

1. Get outside help: If you need outside help don't be afraid to get it. Reaching out to others is a hard thing to do, especially when talking about your emotions. Seeing a counselor or joining a support group could be a positive experience for you during a divorce. Make sure you find a person or place that you feel comfortable opening up, so you can work through the divorce.

2. Friends and family: Spend time with people who support, love, and care about you. Spending time with people who truly value you and your emotions are the people you need to reach out to during this hard time. Surrounding yourself with positive, loving friends and family who will listen to you will help you feel less alone.

3. Explore: Explore something new and exciting. A divorce is the end of a relationship, but can be the beginning of a better and happier life. Take this time to explore new interests and activities. It will clear your head and help you enjoy life in the moment.

What are some ways you have gotten over a heartbreaking divorce? Share your stories below.

Brad Pitt and Jennifer

Aniston Are Scheduled at the Same Film Festival



By Kerri Sheehan

The divorce of Brad Pitt and Jennifer Aniston is one of Hollywood's most talked about as it's eight-years-old, yet still manages to make headlines. Ex-lovers Pitt and Aniston may have a run in at the Toronto International Film Festival as both stars have movies set to premiere there. According to UsMagazine.com, Aniston's film *Life of Crime* also stars John Hawkes and Mos Def whereas Pitt's film *12 Years a Slave* costars Michael Fassbender, Benedict Cumberbatch, Paul Giamatti, Alfre Woodward and Chiwetel Ejiofor.

What are some ways to deal with seeing your ex after a bitter breakup?

Cupid's Advice:

While it would be ideal for your ex to move far, far away after your breakup, that is not likely to happen so a run-in with your former fling is probable. If you've ever gone through a bad breakup then you know running into an ex is the last thing you want to do. Cupid has some advice about how to deal:

1. Keep your head held high: The only way to get over the initial shock of seeing your ex is to let your confidence smack him in the face. Just go about your business as normal and try not to let your heart race out of your chest. If you're on speaking terms then a quick hello is encouraged, but don't run up to him right away, as that will appear too needy.

2. Play it cool: Although you've probably been acting out revenge fantasies in your head, there's no reason for your ex to know just how many times you've dreamed of him being forcefully ejected from the planet. The bitterer you act towards him, the more hurt he'll think you were by the breakup. As it's unlikely that you two will get back together there's no reason to play a sad puppy around him.

3. Don't stress: At the time the run-in will seem oh so dramatic, but in reality it's a very insignificant moment in your life. The insane urge to disappear into thin air or casually blend into the wall will go away once the encounter is over and you'll go about your life like the run-in never even happened.

What do you do when you see an ex? Share below.

Jennifer Aniston Says She and Justin Theroux 'Already Feel Married'



By Kristyn Schwiep

Jennifer Aniston seems to be in no rush to tie the knot with fiancé Justin Theroux. According to UsMagazine.com, Aniston already feels married to Theroux. "We just want to do it when it's perfect, and we're not rushed, and no one is rushing from a job or rushing to a job," Aniston told *The Associated Press*. After the couple had been dating for a year and a half, Theroux popped the question on his 41st birthday last August. She told *The AP*, "We have yet to set any dates."

What are three things that change when you tie the knot?

Cupid's Advice:

What really changes when you get married? Money? Sex? Commitment? Cupid has some advice for you to show you what can change when you tie the knot:

1. Money: Figuring out how to manage your money when getting married can cause a lot of stress on a new relationship.

Merging accounts, debating who spends what, and revealing your credit history can send you into a whirlwind, but though this might be a hard change it can also bring you closer to your partner. Then again, working it all out? Surprisingly intimate.

2. Sense of commitment: When you are married, commitment is something strong and real. Having a solid foundation gives you the strength and courage to face challenges you might not have alone. Commitment is no going back.

3. Family and friends: Getting married can sometimes put a strain on your relationship with your friends, but it can also bring you closer to your new relatives that you can call your own. Having a new family can be a pretty big change, but it is also something special that you get to share with your spouse. Also, try to remember your friends after you get married and try to go out with them once a week to keep your friendships strong.

What has changed for you since you have tied the knot? Share your stories below.

Celebrity Couple Predictions:

Jennifer Aniston, Julianne Hough and Kim Kardashian



By Shoshi

For today's expert post, I want to look at the energy of three celebrity couples who have been plagued by rumors this summer: Jennifer Aniston and Justin Theroux, recently-split Julianne Hough and Ryan Seacrest and new parents Kim Kardashian and Kanye West.

Related Link: [Celebrity Couple Predictions: Halle Berry, Jada Pinkett-Smith and Heidi Klum](#)

Jennifer Aniston and Justin Theroux: It's no surprise that these two lovebirds postponed their wedding – I think even Stevie Wonder could've seen this one coming. There's

definitely some conflicting energy around this relationship. Let's dissect it, shall we? The top reason for the wedding being postponed is that Brad Pitt and Angelina Jolie are getting hitched this summer too, and Jennifer Aniston doesn't want her wedding close to the same time. Can you blame her?

The other rumor is that she and Justin Theroux are just too busy to get married. Now, I can't help but question this excuse. When people are ready to spend the rest of their lives together, the last thing they'll let stand in the way is their hectic schedules. After all, it's not like the two of them can't afford to take some time off.

When I look at Theroux's energy, it reveals that he isn't the marrying type. He can feel committed to someone *without* a ceremony. There's nothing wrong with that perspective as long as Aniston is fine with it.

He also feels like he doesn't have any control in the relationship. For instance, after planning to live in New York, Aniston said it felt like a fishbowl and moved the couple back to Los Angeles. Even so, Theroux has been spotted checking out places to live in downtown New York. Aniston has taken Theroux out of the playground where he feels most like himself, which tends to be a big damper on a relationship, especially for men. If Aniston doesn't allow Theroux to feel comfortable, he'll seek that feeling from someone else. Their love can go either way at this point!

Julianne Hough and Ryan Seacrest: Since this adorable couple broke up in March, everybody is on Ryan Seacrest-dating watch. Who will he date next? And will he get back together with Julianne Hough? The spirits say no; he's ready to move on.

Hough, on the other hand, is trying to win the television host back – she has her eye on being Mrs. Seacrest. Unfortunately, it's so not going to happen. Seacrest definitely cares about her, but she's just not the kind of partner he wants/needs as

he builds his empire. It also doesn't look good that Hough has been partying like a college girl in recent months. She's screaming for attention from her ex, but instead, she just needs to look for love elsewhere.

Related Link: [Kim Kardashian and Kanye West Welcome a Daughter](#)

Kim Kardashian and Kanye West: Little North West arrived five weeks early, much to the delight of her parents, Kim Kardashian and Kanye West. After the baby's name was announced, people immediately started saying that this famous pair were already bad parents.

Looking at their energy, I think West is going to be a pretty good dad. As for Kardashian, she'll have a bumpy time at first because the baby girl will feel more comfortable with her dad. The reality star will try a little too hard to be a "good mother," which will ultimately hurt her parenting skills. Plus, North will be the number one priority for West, leaving Kardashian a bit jealous. While West and Kardashian love the spotlight, the rapper will have a better grasp on why it's important for their bundle of joy to *not* be a part of the entertainment business until she's a bit older. When the time is right, though, North West will be a mini-mogul following in the footsteps of her parents. Mark my words!

For more information on Shoshi, click [here](#).

Relationship Advice:
Maintaining a Positive Image

While Going Through Divorce



By Joanne Pittman of Pittman Consulting & Image for Hope After Divorce

The teenage son of a dear friend of mine said something one day that really stuck with me. He was speaking about a relationship his mother was building with a new boyfriend, and he flatly stated, "He is not the star of my show!"

As an image consultant who has worked with celebrities, models and public figures as well as professionals and individuals, I see all of my clients as "stars of their shows." Life is filled with transitions, and divorce is one of them. While in a transitional state, it's common and needful to make adjustments to our images that allow us to circumvent needless and costly detours on our road ahead.

In fact, we are each the stars of our show – train wrecks, triumphs and all. We have our own paparazzi in the form of friends, peers, colleagues, parents and children. Dare I mention the long line of predators ready to take advantage of our tender state while undergoing divorce and all of its rigors?

Related Link: [The EX Word](#)

While most people don't have the advantage of having a team of public relations (PR) experts ready to announce or confirm rumors of personal relationships in failure, the need to have help managing the distress of divorce is no less significant. In order to attract the best people into your world, I impress upon you the importance of maintaining an authentic and clear image statement during this precarious time in your life.

Two celebrity couples that have navigated their divorces brilliantly are Jennifer Aniston and Brad Pitt and Courteney Cox and David Arquette. Each leading lady maintained consistent appropriate looks and, with the help of her PR team, was clear about her messages. They both managed to appear simple, chic and tastefully put together and demonstrated their resolve to stay true to themselves while going through divorce with dignity.

Pitt and Arquette also managed the very public ending of their marriages gracefully by preserving a well-defined message and image presence. Despite the media blitz making Pitt out to be the man who broke the heart of America's sweetheart, he maintained his impish good looks by keeping his intentions clear. Similarly, Arquette has kept his understated look with a slight modern edge while being committed to a healthy and friendly co-parenting relationship with his former wife.

Related Link: [Must We Remain Friends With Our Ex-Husband?](#)

Consider your image just as important as that of a public figure or a rising actor.

Here are a few tips for you as you move forward with reshaping your storyline. As the leading character, choose your look wisely. Be clear about who you are and why you matter. This isn't always easy to ascertain when going through the metamorphosis of divorce, but I assure you, now is the time to create your outline, your plot and your script.

- Create a personal mission statement. Use key character traits that you possess like integrity, loyalty, highly-organized, etc. Then include character traits that you wish to improve or that you admire in others. Doing so helps keep you focus on goals and desires which are meaningful.

- Rid your closet **and** overall image of anything that is incongruent with your intended message. For example, if you have the goals of becoming "holistic, natural and healthy," refrain from elective and excessive plastic surgery, implants, hair extensions, filler injections, etc. We all know those choices are fake and far from holistic! For clothing, you would choose natural fibers and textures as well as colors and prints that are soothing.

- Create a budget and acquisition plan. You're not an A-list celebrity; you're not going to be offered free clothing from the A-list designers so they can use you for their PR campaigns. However, **you are a star** and should dress yourself accordingly. Therefore, take time to work out a budget that will allow you the **BEST** for your needs. Don't settle for less!

While you may not live the dream of receiving an Oscar, Tony, or Emmy, you can live the dream of a happy and authentic self as the star of your show!

For more information about Hope After Divorce, visit our Experts page.



As founder of Pittman, Lamitie & Associates, Joanne has developed their proprietary IMAGE Authenticityâ„¢ Training Programs which address the multifaceted work and lifestyle demands on employees and executives in the corporate world today. Her innovative approach has evolved over the past twenty three years in the fashion, fitness, luxury retail and image consulting industries.

Joanne has been writing training curriculum and presenting developmental workshops to large and small audiences for over eighteen years. She is known for raising new questions and expectations which successfully foster authentic corporate and personal brand presence.

You can contact Joanne at Joanne@PittmanLamitie.com or visit her at www.pittmanlamitie.com.

Rumor: Is Jennifer Aniston's Wedding On Hold?





By April Littleton

Rumor has it that Jennifer Aniston has put a halt to her wedding plans – at least for now. Justin Theroux and the former *Friends* actress have decided to slow down on their plans to walk down the aisle to focus on their separate careers. Both actors have signed up for upcoming movie projects. A source who knows the couple professionally told [People](#), “There are other priorities (besides marriage).” Another insider said, “They need to figure out a way to create a life that makes them both happy. Still, Jen can’t wait to be (Justin’s) wife.”

What are some reasons to delay your wedding?

Cupid’s Advice:

Postponing a wedding is never an easy decision, but it might just be the best thing for you and your partner to do. Unforeseen events can happen that will make continuing on with wedding plans almost impossible, but this shouldn’t be a discouragement from the idea of marriage altogether. Cupid has

some advice:

1. The stress: Sometimes the stress of planning a wedding can be overwhelming for a bride, especially if you're doing it without much help. When this happens, it's OK to take a break and get the focus back on the actual relationship, or maybe call in some reinforcements to help with the planning. Just because the wedding is postponed doesn't mean you won't get the chance to marry your significant other. It just means the wedding won't happen when you originally planned it.

2. Careers: In some situations, weddings will need to be put on hold because of the careers of the bride, the groom or both. You or your partner might get that promotion you've always dreamed of and may need to relocate to a new city. If this happens, you and your partner will need to decide on a new place of residence. Until you get all of that settled, you won't have much time to think about marriage.

3. Unexpected death: One of the most common reasons many couples delay their wedding is because of a sudden death of a family member or friend. It wouldn't feel right to hold a wedding when so many people around you are in mourning. If you have to deal with an unfortunate situation like this, it would be wise to push back the wedding until after the grieving period has passed.

Did you have to delay your wedding or know some other reasons why it should be delayed? Comment below.

Jennifer Aniston and Justin

Theroux Attend Lake Bell and Scott Campbell's Wedding



By April Littleton

[People](#) reports the appearance of Jennifer Aniston and Justin Theroux at Lake Bell's and Scott Campbell's wedding Saturday at the Marigny Opera House. Aniston was spotted wearing a short, floral print summer dress, while her fiancé kept things more formal in a gray suit with a black-and-white tie. Theroux is good friends with Campbell, a tattoo artist and fine artist, and attended the wedding as one of the groomsmen.

What are some ways to make a wedding the perfect date?

Cupid's Advice:

Wedding can be the perfect place to get to know a significant other a little better. The love surrounding the atmosphere and the all around positive vibes are contagious. You would be crazy not to want to share such a lovely experience with your partner. However, there are some do's and don'ts when it comes to taking a date to such a sacred ceremony. Cupid has some tips:

1. Help your date fit in: Don't just leave your date standing out in the cold. Show off your significant other. Introduce him or her to some of your friends and see how they get along. It's more than likely that your date will only know you at this event. So, it's up to you to make your lover feel as comfortable and as entertained as possible.

2. Sneak in some alone time: Take advantage of the romantic scenery and slip away with your date somewhere. If the location of the wedding happens to be outdoors, find a secluded spot and have a conversation. Ask your partner how they feel about the wedding so far. If you envision things going further between the two of you, it may even be a good idea to discuss the future of your own relationship.

3. Don't flirt: Most guests see a wedding as the perfect opportunity to flirt with other people and find their next potential boo. If you're serious about the person you're investing your time with, don't give anyone else the type of attention your partner deserves from you. You shouldn't engage in any flirtatious banter with anyone else but your date, especially if you want to continue seeing them after the wedding.

How would you make a wedding the perfect date? Comment below.

Celebrity Couple Jennifer Aniston and Justin Theroux Push Back Wedding Because of Celebrity Ex Brad Pitt



By Meghan Fitzgerald

Jennifer Aniston and Justin Theroux's celebrity wedding plans are slightly delayed due to her celebrity ex Brad Pitt and his current fiancé Angelina Jolie. [UsMagazine](#) reports that famous couple "Brangelina" are planning upcoming nuptials, and Aniston didn't want her own wedding to conflict with theirs. According to [NY Daily News](#), "She does not want her day associated with them." The Hollywood couple considered moving the date up, but Theroux didn't want to rush it.

Aniston postponed her wedding because of her celebrity ex. What are some ways to keep the thought of your past relationship from ruining your current one?

Cupid's Advice:

It's no surprise that Aniston didn't want her big day associated with her celebrity ex! It's important that an ex doesn't interfere with your current relationship, especially when it comes to your wedding. Cupid has some relationship advice on how to forget the past so that you can have a better future:

1. No communication: The simplest solution from keeping your ex from ruining your current relationship and love is ending all forms of communications with them. It isn't always easy, but it *is* possible. Work through the urge to call, text, or message them. By not allowing any opportunities for them to enter your life, it makes it more difficult for them to have a negative effect on your current relationship.

Related Link: [Celebrity Exes Ben Affleck and Jennifer Lopez Reunite at the Oscars](#)

2. Stay busy: If you want your ex to stay out of your head, keep yourself busy. Go out to eat with old friends; take up yoga; learn a language; or plan a picnic for you and your partner. Do everything and anything you can to keep your mind away from unwanted thoughts of your past relationships.

Related Link: [Jennifer Aniston Discusses Wedding Dates With Ellen DeGeneres](#)

3. Be happy: You are currently in a new relationship, so you

shouldn't be thinking about your ex. Those kind of thoughts will most likely result in negative feelings and repressed emotions. Try to focus on why your ex is an ex and think about how happy you are to have found another partner.

Have you kept the thought of your ex from ruining your current relationship and love? Share below.

How Can Celebrity Couple Jennifer Aniston Justin Theroux Make Her Love Last?



By Amy Osmond Cook, Ph.D.

Can it be true? It appears that Hollywood's All-American sweetheart Jennifer Aniston has finally found lasting love with fiancé Justin Theroux. As they get ready to walk down the aisle, here are a few tips that can help them (and all of us!) build healthy relationships with our loved ones.

Create Your Own Space

Happy couples carve out their own little piece of the universe—a place where only they have the final say. They listen to their mom-in-law pontificate about the advantages of hardwood floors but choose carpet if their partner has a penchant for shag.

They enjoy each other's company but support independent hobbies. They watch *Vampire Diaries* together—of which separate viewing constitutes a personal betrayal—but also welcome independent golf trips and weekends at the spa. In essence, they build togetherness but foster autonomy.

Related Link: [7 Ways to Build a Love That Lasts](#)

Fireproof

To prevent a house from burning down, you take certain precautions. You blow out the candles before you leave the room. You don't leave the dishrag next to the gas stove. And you certainly don't let your three-year-old daughter play with matches.

Happy couples fireproof a relationship in much the same way. They create a safe place for conflict by avoiding inflammatory communication, like name-calling, stonewalling or derogation. They deal with an issue specifically and avoid making blanket statements. Pizza on the wall after Monday Night Football? Game on. But it doesn't snowball into comments like, "You don't pull your weight in this relationship." And the pizza

on the wall five years ago after a bachelor party? Off-limits.

Go Organic

There's something about growing your own food that makes you appreciate nature's magic. It's exciting to see the first tendril break ground, then another and another. And when those sorry little tomato plants in chipped clay pots are weighed down with ripe, red fruit—well, that's something to celebrate, especially when you find out how much better homegrown tomatoes taste than their store-bought lookalikes.

In much the same way, happy couples know that a relationship needs constant nurturing—emotional, sexual and social—to grow. If even one of these areas is neglected, the relationship can become diseased and die. Happy couples rally when they're really too tired for sex because their partner is in the mood. They say, "You do not look fat in those jeans" for the thousandth time and still manage to sound sincere. And they laugh at the same old story that their partner has been telling at parties for years, even when everyone else groans.

Related Link: [The Key to a Lasting Relationship](#)

So how can Jennifer and Justin make it work for the long-term? If they create a space for their relationship, fireproof it and cultivate it into something special, they have a great chance of keeping it strong and making it last.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and co-author of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have six children. For more information about Amy, please visit amyosmondcook.com.

Find Out How Justin Theroux Scares Jennifer Aniston



By Meghan Fitzgerald

Jennifer Aniston, 44, discussed on the April 18th segment of the [Ellen DeGeneres Show](#) how her fiancé, Justin Theroux often scares her—in a good way. “He’s constantly hiding behind drapes. And I’m constantly scared. It’s like, it doesn’t get old on me.” [UsMagazine.com](#) states that Aniston is wise to call her beau’s pranks “trickery.” Aniston states how she wants to get her *Wanderland* costar back for all his playful pranks in their relationship.

What are some benefits to playing pranks on your partner?

Cupid's Advice:

Playing pranks on your partner can be light, enjoyable, and something new to do in your relationship. As long as you don't take the pranks too far, you and your mate will grow closer together. Even if you don't think so, pranking has numerous benefits on your partner. Cupid has some more advice:

1. Way to vent: Pranking your partner is a way for you to vent, and also in a way, for your partner to vent. It lets you release built up energy, and tension you may have in your relationship. it allows you to misbehave for a slight moment however, at the end of the day you return to normal with your mate. With a new sense of tranquility and non-repressed feelings and emotions.

2. Bonding: Pranking gives you the experience to tease your partner one moment and the next moment, you two are laughing and falling in to one another-happy as could be. You are able to poke and pry at your parent however, it is a learning relationship. You are able to mess around with your mate and laugh at the same time. It's carefree, loving, and completely harmless.

3. Humor: Laughing is proven to increase your general health. Laughing is fun, it releases tensions, it brings two people together, it brings love. Pranking gives you the opportunity to make your partner laugh, and frankly, it will make you laugh as well. If you need a little more humor in your relationship, think about pranking your beau. It is indeed more beneficial than you'd think.

Have you pranked or been pranked and it's been beneficial to your relationship? Explain below.