

# Jennie Garth Planned Rustic-Chic Celebrity Wedding Without Wedding Planner



By

[Rebecca White](#)

Jennie Garth has made the latest celebrity news again, and this time it's for her celebrity wedding which we've all been celebrating this week. According to [UsMagazine.com](#), Garth planned the entire affair by herself. The *Beverly Hills, 90210* star, didn't even have an event organizer helping her! Her groom, David Abrams, also took elements of the [celebrity wedding](#) into his own hands as well. Apparently, Abrams said vows to all three of Garth's daughters before exchanging them with her. How cute is this Hollywood couple!

# Celebrity weddings involve hands on work, but they aren't all planned by the celebs involved like this one! What are some benefits to saying "no" to a wedding planner?

## Cupid's Advice:

Although planning a wedding can be hard on a relationship and love, both you and your fiancé should have an active role in organizing the event. See below for our love advice on the benefits to saying "no" to a wedding coordinator:

**1. Everything is how you want it:** The best part of arranging the ceremony and reception yourself is that you truly know this will be the happiest day of your life. Everything from the decorations, to the DJ, to the vows will have your own mark on them and be unique to your nuptials.

**Related Link:** [Jennie Garth Celebrates Celebrity Wedding to David Abrams](#)

**2. You'll grow closer to your fiancé:** If you're meant to be together, then planning a wedding should be a breeze. There shouldn't be much arguing or disagreeing throughout the process. Make sure you watch *Bride Wars* and learn from the characters mistakes.

**Related Link:** [Jennie Garth and David Abrams Share PDA-Filled Golf Date Post-Celebrity Engagement](#)

**3. DIY projects:** Being able to make your own decorations will not only save you money, but also be a lot of fun! You can have DIY parties where you make the center pieces, the flowers, etc. If Jennie Garth can make the chandeliers for her special day, so can you!

What do you think are benefits to saying “no” to a wedding planner? Comment below!

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# Jennie Garth Celebrates Celebrity Wedding to David Abrams



By

[Courtney Omernick](#)

[UsMagazine.com](#) reported that celebrity couple David Abrams and Jennie Garth tied the knot on Saturday, July 11th. The celebrity wedding took place at Garth's home in California at 7 p.m. Many pals of Jennie were in attendance, such as Tori

Spelling and Miguel Pinzon.

# **This celebrity wedding took place at sunset. How do you decide on the timing of your wedding?**

## **Cupid's Advice:**

While this celebrity couple decided that sunset was the best time for a wedding, not everyone will agree. See below for our love advice on when to tie the knot:

**1. Consider your personality:** If you're thinking about the time of day, consider if you're a morning person or an evening person. It might be too much to have the wedding earlier in the day and the reception later at night. Decide if you'd rather stay up later or get up earlier.

**Related Link:** [Ashton Kutcher and Mila Kunis Celebrate Top Secret Celebrity Marriage](#)

**2. Consider the holidays:** If you're trying to pick a date, think about what holidays might be close to your wedding day. Seeing as how many people travel to see their families during the holiday season, don't expect a ton of people to show up if your big day is right around Christmas time.

**Related Link:** [Ben Affleck Is Spotted Wearing Wedding Ring Post Celebrity Divorce Announcement](#)

**3. How long have you been engaged?:** If you want a larger, more elaborate wedding, it's going to take some time to plan. If you've only been engaged to the person of your dreams for a month, don't expect to have every detail squared away immediately.

**How did you decide on the timing of your wedding? Comment**

below!

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# Jennie Garth and David Abrams Share PDA-Filled Golf Date Post-Celebrity Engagement



By

Maggie Manfredi

Two love birdies! According to [E! Online](#), Jennie Garth and David Abrams shared a PDA-filled golf date post-celebrity engagement recently. The celebrity couple couldn't keep their hands off of each other and were smiling and laughing while playing the game. Garth and Abrams have been engaged for

merely a month. A source commented on the celebrity engagement, saying, "Dave had been working on this for months, and really wanted to plan something special for her around her birthday and make it perfect."

## **This duo is celebrating their celebrity engagement on a golf course! What are some ways to make your engagement period special?**

### **Cupid's Advice:**

Engagement periods vary depending on the couple. Regardless of the the length make sure to get some quality time in together are fiances:

**1. Have a celebration:** You are going to tie the knot! Get together all the people you care about and celebrate this milestone with a party. Have it at home or go to one of your favorite spots as a couple to commemorate the occasion.

**Related Link:** [Jennie Garth Steps Out Without Wedding Ring](#)

**2. Capture the moments:** Since, in the grand scheme of things, the engagement can be a rather short period of time in the relationship, document the moments. Have a cheesy photo shoot post engagement, enjoy all the date nights and don't be afraid to take the "usies."

**Related Link:** [Jennie Garth Says Her Life is "Crazy" Amid Divorce](#)

**3. Try new things:** The trajectory of your individual lives is about to conjoin together. So take this new road and discover new adventures as a pair. If you are feeling brave go skydiving or bungee jumping, or keep it casual and try a new

cuisine or a random dive bar on the weekend for an exciting experience. Who knows what will happen or who you will meet!

What are your ideas for a sporty date? Share with us below!

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## Jennie Garth: Can You “Win” the Celebrity Exes Challenge?



By

[Dr. Jane Greer](#)

It's been less than two years since actors Jennie Garth and Peter Facinelli finalized their [celebrity divorce](#), but already both are engaged to new partners. After Peter announced his [celebrity engagement](#) on March 16, Jennie's engagement to her

new boyfriend of only a few months was confirmed last week.

## **The question is: Is this a coincidence, or a “battle of the celebrity exes”?**

Sometimes one person will try to “win” their breakup by not being the one left alone while their ex has found new love. Even though you may be relieved that your relationship and love has ended, seeing your ex get into a new relationship or get engaged to someone else can potentially drive you to get involved quickly with someone you might otherwise not be so interested in. Additionally, it can also trigger you to take the next step with your own new partner so you don't feel your ex is getting on with their life and you're the one being left behind.

### **The Many Facets of Divorce**

There are many facets of divorce that people have to go through, and there is no question that one of the most difficult is dealing with your ex when they move on and become involved with someone else. Whether he or she is starting a new relationship or is making the ultimate commitment by getting engaged or married, it can reverberate through you and oftentimes makes you feel like you are experiencing an ending all over again. This can be true whether you are in a new relationship or not. Inevitably you feel a loss knowing someone has taken your place. Regardless of whether the relationship ended at your former partner's hand or your own, it is hard not to look back at what was good when you were together, and feel bad that it didn't work out. That can be the case even if you are in a new, healthy relationship.

### **How to Stop Looking Backward and Start Looking Forward**



First, know that feeling envy, sadness, and regret is natural and understandable. The trick is learning how to deal with it so those feelings don't consume you. The most important thing is to keep in mind that what you shared with your ex was once special and helped form you into the person you are today. You stayed together for as long as you could, while it worked for both of you, but it ended because it was no longer generating the happiness the two of you signed on for. If your ex is now happy and has moved on, that can be a signal for you to be doing the same thing by either looking for the relationship you always wanted but weren't able to have with your ex, or by shaping the new relationship you're in to make sure it is fulfilling and gratifying in a way your old one wasn't. Instead of living in the past, look to the future so you can stop feeling unhappy and empty about what you missed out on, and finally secure what you wanted all along. In other words, stay focused on yourself so you can build your own happily ever after.

As far as celebrity exes Peter and Jennie are concerned, at least they have each moved on with their new lives respectively and, in doing so, they appear to be in sync once again.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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# Jennie Garth Celebrates Celebrity Engagement with Dave Abrams



By

Maggie Manfredi

Celebrating the love! According to [People.com](http://People.com), Jennie Garth and Dave Abrams are in the midst of a new celebrity engagement, and they cannot get enough of each other. Abrams' rep stated, "Dave had been working on this for months, and really wanted to plan something special for her around her birthday and make it perfect." The celebrity engagement came as no surprise as the couple have been in a relationship and love since last fall.

# Mark another celebrity engagement down in the books! What are some ways to surprise your partner with a special marriage proposal?

## Cupid's Advice:

Dave Abrams and Jennie Garth have been sharing their celebrity engagement with the public and we could not be more thrilled! Here are some ways to surprise your partner with a perfect proposal:

**1. Lead them away from the trail:** If you've been together for awhile your partner might be expecting a proposal any day now which really throws off any element of surprise. So drop false hints about a big "date" in the future or making the next upcoming holiday "one to remember." This way when you take your partner to a nice dinner or a trip for two they won't suspect a thing.

**Related Link:** [Jennie Garth Steps Out Without Wedding Ring](#)

**2. Everyday extraordinary:** Do you have a favorite restaurant or a morning coffee hot spot that you frequent together? Try to make these favorite spots the place for one of your greatest memories. Make a somewhat mundane everyday activity extraordinary. All it takes is some roses and maybe a flash mob, the sky is the limit!

**Related Link:** [Jennie Garth Says Her Personal Life is "Crazy" Amid The Divorce](#)

**3. Document it:** Make sure whatever the surprise is that you get it on camera. The surprise and the nerves will have you and your partner probably freaking out so get a third party to make the memory last forever.

Did you have special engagement moment? Share with us below!

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# It's Official! 'Twilight' Star Peter Facinelli Celebrates Engagement with Jaimie Alexander



By

Maggie Manfredi

We hear wedding bells in Hollywood! According to

[UsMagazine.com](http://UsMagazine.com), *Twilight* star Peter Facinelli proposed to *Thor* starlet Jaimie Alexander. The couple started dating in November of 2012, eight months after Facinelli's divorce from Jennie Garth. The now engaged celebrity couple worked together on *Nurse Jackie* and *Loosies*. A source reported on the celebrity engagement, saying, "She knew it was coming but was overwhelmed during the proposal."

**Peter Facinelli delivered his celebrity engagement proposal on top of the Empire State Building. What are some ways to incorporate your favorite place in your marriage proposal?**

#### **Cupid's Advice:**

A marriage proposal is a very special moment in any couple's story. Cupid has some tips on how to ask your favorite person in the perfect spot:

**1. Keep it simple:** Do you and your significant other frequent a certain trail for walks, or do you enjoy a particular restaurant together? Even a favorite simple spot that holds a great deal of memories could be the perfect location for a proposal.

**Related Link:** [Jennie Garth Says Dating After Divorce is "a Weird Type of Torture"](#)

**2. Surprise:** Is there somewhere that excites you that maybe you have never visited? Take your partner there. Keep things secretive, and make it a big surprise. Bonus points if you get a photographer to capture the moment, unbeknownst to your

partner.

**Related Link:** [Jennie Garth and Peter Facinelli Finalize Divorce](#)

**3. Plan a vacation:** Have your love pick out places to go or see while on your trip. This will help you understand where they are most excited to go and use that information to your advantage. Believe it or not, you're basically having your partner set up the moment without them even realizing!

**What do you think of this sweet celebrity couple? Share your thoughts below!**

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## Stars Who Are Always Single





Taylor Swift

Since splitting from One Direction singer Harry Styles, the leggy singer has remained out of the dating spotlight. Known for writing songs about her previous relationships, her recent release "Shake It Off" is an empowering single about ignoring the haters and will be featured on her album '1989,' set for release October 27th. Photo: GG/FAMEFLYNET PICTURES

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**Jennie Garth Says Dating after Divorce is “a Weird**

# Type of Torture”



By

April Littleton

According to [UsMagazine.com](https://www.usmagazine.com), Jennie Garth is still having some trouble getting back in the dating scene after her divorce from Peter Facinelli. “It’s super challenging,” Garth said during an interview on *Bethenny*. “It’s fun, and it’s awful all at the same time. It’s like a weird type of torture. But it can be fun.” The *Beverly Hills, 90210* alum has three daughters. Facinelli and Garth were married for 11 years before splitting in June.

**How do you know when you’re ready to start dating after a divorce?**

**Cupid’s Advice:**

Getting over a divorce can take some time, especially if kids



are involved. How do you know when you're really ready to give love another try? Cupid is here to help:

**1. Your anger is gone:** All of the resentment and other negative feelings you had for your ex are gone. When the two of you do see each other, it's strictly about the kids (if you have any together). If you're able to co-parent in a peaceful manner and you're no longer hoping that the two of you can reconcile one day, you may be ready to move on.

**2. You're looking:** You know you're ready to get back out there, when you notice a cute guy staring right back at you. Noticing other men again is one of the first signs of moving on. Don't rush into anything though. Take your time, test the waters and have some fun.

**3. You're OK with being by yourself:** Before you can let anyone into your heart, you need to be comfortable with being alone first. Take some time to get to know yourself. You may need to reevaluate what you want out of a relationship and a love partner before you start dating again.

**How did you know you were ready to start dating after a divorce? Share your experience below.**

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## **Jennie Garth and Peter Facinelli Finalize Divorce**





By

Petra Halbur

Jennie Garth and Peter Facinelli's marriage officially ended on Tuesday, June 11. Though the two actors filed for divorce in March 2012, their split has been amicable. Garth and Facinelli have agreed upon a 50-50 custody arrangement with their three daughters, Luca Bella, 15, Lola Ray, 10, and Fiona Eve, 6. Garth spoke to [People](#) about her initial resistance to the idea of divorce. "I didn't want it to happen," she said. "It took me some time to come to peace with it."

### **What are some ways to keep your divorce amicable?**

#### **Cupid's Advice:**

Divorce is never fun, but there is a way to keep the separation amicable. Cupid has some ideas:

- 1. Don't assign blame:** Holding your partner responsible for the failure of your marriage will only generate negative feelings between you two. Brooding about the past will accomplish nothing. Though it may be difficult, let go and move towards the future.

**2. Hold your tongue:** Just because you have something to say, doesn't mean you have to say it. You may feel angry and hurt but for the sake of those around you, particularly if you have children, exert some self-control and keep things civil.

**3. Forgive each other:** It won't be easy, but try your best to make peace with the end of your marriage and reach a point where you can forgive your spouse and yourself for whatever factors led to the separation.

**Did you keep your divorce amicable? Tell us how below.**

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## **Jennie Garth Steps Out With a New Man**





By

Michelle Danzig

After ending her 11-year marriage with *Twilight* actor Peter Facinelli, Jennie Garth seems to have found a new man. According to [People](#), the former *Beverly Hills, 90210* star—who most recently shed 30 pounds—has been dating musician Jeremy Salken, 31, since October. Garth and the Big Gigantic drummer looked cozy in pictures posted on New Year's Eve via Instagram. After suffering several breakups since her split from Facinelli, Garth, 40, is happy to have found someone with positive energy. Her ex has been recently dating *Loosies* actress Jaimie Alexander. Although Garth says that her and Peter are happy, she recently said that she yearns for a time when the split won't sting.

**How do you know when it's time to move on after a divorce?**

**Cupid's Advice:**

Even if it is a clean, mutual split, no divorce is easy. Not only is the process difficult and stressful, the recovery period can be even harder. After experiencing this major life change, it may be difficult to even think about starting to

dating. Maybe you haven't dated in years and the whole online dating thing sparks your nerves. Maybe the divorce was messy and you just aren't emotionally ready for someone else. Whatever the case, there are plenty of ways to determine if you are ready to move on:

**1. You don't think about your ex anymore:** You may find over time that you move from thinking about your ex every hour, to every day, to every week. Slowly, you discover that negative thoughts surrounding your ex and your divorce no longer consume your thoughts. This is a major sign that your heart and mind are opening up to the idea of meeting someone new.

**2. You have an excellent sense of self:** A marriage or long-term relationship can cause both partners to lose sight of who they are as an individual. After spending so much time as a couple, it may take some time to figure out who you are again. If you have established a happy and successful single life after a divorce, and you truly believe you are content with who you are as an individual, you are ready to open up to new people. Who knows, after discovering who you truly are, like Jennie Garth, you may find that you want someone or something completely different.

**3. You have the time:** It may be hard to recall, but dating is extremely time and mind-consuming. It is extremely rare to find someone after going on one date, so anticipate needing some time to devote to the process. Although online dating is extremely convenient, creating a profile and sorting through multiple matches can be time-consuming. Who you begin a relationship with and incorporate into your life is an important thing, make sure you take the time to do it right.

**How did you know you were ready to move on after your divorce? Share below.**

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# Falling Out of Love and Back into Life



By

Kimberly James

With the recent announcement of Bethenny Frankel and Jason Hoppy's marriage coming to an end, "soon-to-be divorced" becomes their current relationship status. This transition period of deciding to no longer be together to a finalized divorce can be a lengthy and emotional time period. Similar to the limbo period between heaven and hell, the waiting for closure can create a place of purgatory for even the strongest of people.

It would be very easy to spend this time in mourning for the

death of a relationship. Although this is a normal and healthy process to acknowledge the ending, it's also a time to recognize a new beginning. This time can be used for self-improvement and re-evaluation. Although painful and unexpected, Jennie Garth used the transition time before her divorce to Peter Facinelli finalized to focus on her children, new work projects and on improving her health and fitness. Finding healthy outlets to transfer emotions to is not only beneficial to healing, it's a way to reconnect with life.

While falling out of love, there are various ways to start the process of falling back into life:

**Related:** [Top 5 Reasons Why Women Fall Out of Love](#)

1) **Connect.** Spend time with friends and family members who will support you and the decision that is being made. Being around others who have your best interest at heart can help you draw love and support from them. They can pick you up when you are feeling down.

2) **Involve.** Get involved with other parts of your life that you may have been neglecting. Become more active in your children's activities, do an early spring cleaning on your house or pick up a new hobby. Becoming active in the things that bring you joy will bring more happiness into your life.

**Related:** [Fishing for Mr. Right – Types of Guys to Throw Back](#)

3) **Exercise.** It can be as simple as a daily 3 mile walk or as challenging as preparing for an upcoming marathon. Exercise is a stress reducer and naturally increases endorphins, the feel good brain chemical associated with happiness. Get your body moving and you will be start feeling better, one step at a time.

4) **Plan.** Envision and begin to design how you want your life to look a year from now. Create a vision board or start a

journal. Plot out how you want your life to be and move in the direction of making those new dreams come true.

The end of a relationship is also the start of a new beginning. By embracing the “what could be” with positivity and grace, you are allowing yourself a gentle compassion and kindness needed as you go from one stage of your life to the next.

*Kimberly James is the Founder and a MatchMaster for FindYourPlusOne.com, an online dating and matchmaking service for members in the United States and Canada. Visit [www.findyourplusone.com/advice](http://www.findyourplusone.com/advice) for more dating advice and tips. Follow [twitter.com/findyourplusone](https://twitter.com/findyourplusone) for daily updates.*

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## **Jennie Garth Says Looks Aren't Important to Her Anymore With Dating**







By

Nic Baird

Actress Jennie Garth is back in the dating game and says “looks aren’t important,” [People](#) reports. The 90210 alumna split from husband Peter Facinelli in March. “When I’m in excruciating pain, like with what I’ve been through with my breakup and that grief and loss that’s just immobilizing, it helps to remember that it only lasts for 13 to 15 minutes, max,” she told *Health* in its January issue. What is Garth looking for now? “I like positive energy.”

**How do you know when you’re being too picky about looks in the dating world?**

### **Cupid’s Advice:**

There are a lot of fish in the sea. Some of them are weird, some of them are smelly, and some will explode from the pressure if they ever surface. If you get a bit, don’t let unreasonable standards jeopardize a quality catch. These are signs you might be being too picky in the dating world:

**1. You overlook qualities:** If you find other people appreciating qualities about your partner you hadn’t noticed,

maybe you're not looking at them hard enough. Be sure you don't take any part of them for granted. Part of being happy in relationships is knowing when you have a good thing.

**2. You focus on a few faults:** If you're having second thoughts, make sure to ask yourself if a reasonable person would look at your date the same way. You could be nitpicking on a few detractors that you won't even notice after becoming more comfortable with this person.

**3. You expect acceptance:** If you're simultaneously hung up on trivial aspects of your partner and unable to appreciate their appeal, maybe they're not the right one for you. However, it could be you hold yourself to a lower standard. Especially if you're going to be shallow, there's a limit to just how shallow you can afford to be.

**Have you ever been too picky when dating? Share your experiences below!**

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## **Jennie Garth and Peter Facinelli Will Split Holidays with Daughters**





By

Nicole Weintraub

With Thanksgiving right around the corner, Jennie Garth will be celebrating solo while her daughters are with ex Peter Facinelli, according to [UsMagazine.com](http://UsMagazine.com). Garth and Facinelli are currently separated but have yet to finalize their divorce after eleven years of marriage. This is the couples' first shared holiday in the sense that they will be splitting the girls up between families for the holidays. Facinelli has Thanksgiving, but Garth has the three girls for Christmas time. Though her children will not be with her for the actual holiday, Garth plans on celebrating with her daughters on Saturday while spending the day of with some friends. Garth and Facinelli split back in March and have yet to finalize the details of their divorce, but are "hammering out the details" according to Garth.

**What are some ways to keep your children happy during the holidays post-split?**

**Cupid's Advice:**

Divorce can be difficult, especially on kids around the

holidays. Here are some pointers on how to keep your kids cheerful during the holidays after a split:

**1. Come together:** If possible, spend the holidays together as a large family. Even though you are no longer with your partner, the two of you can set aside your differences for the sake of your children. If you are doing as Garth and Facinelli, celebrate the holiday with your kids on a different day.

**2. Put on a brave face:** If the split is fresh, don't let your kids see you upset. If they see you being down in the dumps, they will follow suit. Children repeat what is modeled to them.

**3. Follow through with traditions:** Just because you are no longer one big happy family does not mean that you cannot continue with your holiday traditions. Kids crave normalcy and routine after a sudden split.

**What are some ways you would cheer your kids up during the holidays? Share your ideas with us.**

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## **Jennie Garth and Peter Facinelli Reunite for Daughter's Soccer Game**





By

Nic Baird

Despite announcing their split in March, actress Jennie Garth and actor Peter Facinelli came together Saturday to support their daughter at a soccer game, [People](#) reports. After 11 years of marriage, they could still cheer together for their 6-year-old daughter Fiona. The former couple were joined by their other daughters, Luca, 15, and Lola, 9. Both have said the other is a great parent. “Co-parenting takes two great parents to put their differences aside and focus on the children,” Facinelli, the former *Twilight* star, said last month.

**How do you remain civil post-divorce for the sake of your children?**

### **Cupid’s Advice:**

“Monkey see, monkey do” is the ancient mantra for child rearing. If you want to protect your children from painful endings to their relationships, it’s crucial you put your best foot forward. Here are some tips:

**1. Never show children aggression towards your ex:** Regardless

of how badly your partner messed up, there's no reason your children should be further victims of the situation. Never show hostility or bitterness towards their other parent. If they have two parents at each others' throats, then what was the point of the divorce? You're setting them up to think that this broken family is the model for their future.

**2. Maintain parenting partnership:** Your kids will understand that family is forever, and parents have to prioritize their children, only if you keep a united front with your ex. This means that you discuss parenting issues together, and always bring back the same ruling to your child. If there are different rules home to home, favouritism and confusion will plague your family. It's important your kids have both parents active in their life. Don't try and push your ex away from their children.

**3. Discuss emotional subjects in private:** Emotions are irrational, and your feelings can spill out within earshot of your offspring if you're not careful. Make sure you avoid topics that can trigger confrontation when your children are around. Maybe these subjects do warrant discussion with your ex, but make sure you know the right time and place. Turning up the radio is not a solution.

**How have you accomodated your children in your divorce? Share your experiences below!**

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## **Jennie Garth Holds Hands With New Man Noah Abrams**



Not only has Jennie Garth surprised us with her hot new figure, but sources confirm to [UsMagazine.com](http://UsMagazine.com) that the *Beverly Hills, 90210* actress now has a new man, too. Photographer Noah Abrams and the slimmed-down blonde were spotted with fingers laced while strolling through L.A. The twosome “isn’t looking to get into anything too serious too fast,” but a friend said that Jennie “is happier than ever,” which is good progress since the star’s 11-year marriage to actor Peter Facinelli ended back in March.

**How do you know when it’s time to move on after a divorce?**

**Cupid’s Advice:**

Everyone moves on from heartbreak in his or her own, personal way. It’s a journey that’s difficult and unique to each person, especially someone who’s coming back from a divorce:

**1.You’ve had time to heal:** Just because you decide you no

longer want to feel pain, doesn't mean that you've taken the time to actually feel better. Whether it's therapy or you've seriously worked towards making yourself happy, you may find it easier to begin dating.

**2.You're not still in love:** Marriages end for all sorts of reasons but it's going to be difficult to move on if you're not over you ex. This may be easier for those who have fell out of love with their significant other before divorce, but in any case, in order to move on it's essential to have let go of your past lover first.

**3.You want to be happy:** Some take a longer time feeling sorry for themselves than others, so once you decide that you owe it to yourself to be happy again, you know it's time to start dating, slowly of course.

**When do you know it's time to move on from divorce? Share below.**

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## **Jennie Garth Is Dating 'With Training Wheels'**







Jennie Garth is embracing the single life. After splitting with her husband of 11 years, Peter Facinelli, in March, she's dating with "training wheels," according to [UsMagazine.com](https://www.usmagazine.com). Garth was most recently seen in May on a romantic dinner date with HGTV star Antonio Ballatore.

## **How do you get back into the dating pool after a divorce?**

### **Cupid's Advice:**

Getting back into dating is tough, especially after a divorce. Here are some ways to get back into the dating pool after a split:

- 1. Take your time:** There's no need to rush yourself into a relationship, especially after a tough split. Get back into dating once you know you're ready.
- 2. Find yourself:** Any breakup will leave you doubting yourself and feeling insecure. Take some time to get to know yourself and be comfortable with who you are before you go looking for someone else.
- 3. Have fun:** Take chances this time around, and don't hold

yourself back from having the time of your life in the single world.

What are some ways to get back into the dating pool after a divorce? Comment below and let us know.

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## Relationship Rescue: 7 Steps to Take Before Divorcing



By

Tristan Coopersmith

Picture this: You are at the altar, on the brink of saying “I do” to your hunky fiancé. Your designer dress is stunning. The weather is perfect. You’ve never had a better hair day. It all

seems so dreamy until the officiant tweaks the vows a bit instead saying, "til death do you part or you aren't willing to work on your marriage anymore." Naturally, you'd be awestruck. After all, such words certainly don't channel those fairytale wedding fantasies. The fact though is that most marriages don't end with one spouse six feet under; they dissolve because couples often try to rescue their relationship after the chance of survival window has closed.

Take Jennie Garth (our beloved Kelly from the original *90210*) and Peter Facinelli (the grown up *Twilight* hunk) for example. Together nearly TWO decades, this couple recently called it quits, reportedly after trying to work on their marriage. But as any marriage counselor will tell you, working on it may not be enough, especially if that work begins too late. So what's a couple in marriage distress to do? Before you say, "I don't anymore," follow these steps for a promising road to relationship rescue:

**1. Accept that you've got issues... big ones.** Just like in recovery programs, denial is not option if you want to see a brighter day. Challenges must be faced head on, recognizing that they won't just magically evaporate one day, but rather they must be worked through and seen as opportunities to grow.

**Related:** [Kim Kardashian's Divorce – A Reminder About Relationship Mistakes to Avoid](#)

**2. Communicate.** Chances are if you are strutting down divorce road, you've likely ceased communication, or at least communication of the healthy kind. Decide now, today that you will work diligently to express yourself clearly and respectfully, and that you will listen with a loving heart and open mind.

**3. Nurture your relationship.** Great marriages take a lot of deliberate TLC. Love fades when spouses don't routinely invest in each other. Daily tune-ups can point a broken relationship

towards the path of healing. Try simple gestures like compliments, words of appreciation and intimate touch.

**Related:** [Newlywed 911 – Protecting Young Marriages](#)

**4. Get help.** Marriage counseling can work wonders, if you strike while the marriage iron is hot. Seek a counselor who you have chemistry with and who's philosophies and methods align with you. According to Pepperdine University Professor of Marriage and Family Therapy's Mario DiSalvo, "Marriage counseling is usually unsuccessful due to couples seeking help six years too late," so don't wait!

**5. Set goals.** Without meaningful goals, any partnership will struggle and eventually fizzle. When it comes to a marriage, goals help couples get on the same page about the present and provide a roadmap for the future. Such goals can be co-created by a marriage therapist. They should be measurable and hold both parties accountable for their success. Be sure when developing goals that you acknowledge stepping stone successes along the way, and celebrate them!

**6. Build a support circle.** Turn towards trusted friends and better yet, couples who's marriages you admire, for support. When the going gets rough, enlist such sources to help you stay strong, focused and positive.

**7. Take a trip down memory lane.** Re-reading your vows, visiting the scene of your first date, or reenacting your proposal, all offer rich reminders as to why you got married in the first place. Oftentimes life can get in the way of love but a simple reminder of how and why you ended up together in the first place can do a relationship wonders.

*Tristan Coopersmith works one-on-one, in groups, through e-courses, in workshops and taking listener calls on-air to uncover people's blocks to guide them towards healthy, fulfilling, sustainable, relationships through designing personal plans for success.*

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# Jennie Garth Says Farm Animals Help Her Cope with Divorce



Jennie Garth is dealing with a divorce from her ex-husband Peter Facinelli in a new way. According to [People](#), four dogs, two goats, five cats, two miniature horses and a pig are helping her cope. "Having all these animals fills a void for me because I'm kind of going through a rough time right now. The animals give you unconditional love, and that feels good," Garth said on the premier of her new show *Jennie Garth: A Little Bit Country*. "I think that my animals give me a sense of like relief, like they make me feel like none of that other

bull matters," Garth told her assistant. Garth's slow, paced country lifestyle is just what she needs to get back on her feet after her break-up.

### **How can pets help you cope with a split?**

#### **Cupid's Advice:**

Dealing with a split is always difficult. Here are some tips on how your pets can help the healing process go more smoothly:

**1. You always have a companion:** Your cat will love you unconditionally. With or without your ex, you will always have your pet around to make you feel better. Try snuggling up on the couch and watch your favorite movie.

**2. Occupied attention:** Taking care of your pet will keep your mind off your recent breakup. Give your dog an extra walk during the day instead of chatting with your ex. Your dog will love you for it.

**3. Pick up a new beau:** Walking your dog around the neighborhood could even lead you to meeting someone new.

**How did your pet help you cope with your split? Share your stories below.**

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## **Peter Facinelli Speaks Out About Split with Jennie Garth**



*Twili*

*ght* star, Peter Facinelli, opened up to Kelly Ripa about his divorce with Jennie Garth on Wednesday's *Live! with Kelly*.

According to [People](#), Facinelli told Ripa that Garth will always be in his life. He's right about that, as the couple are parents to three daughters: Luca, 14, Lola, 9 and Fiona, 5. Facinelli said that he and Garth are trying to stay out of the limelight for the sake of their little ones. "We're very dedicated to being great parents," he said.

**How do you make a divorce drama-less for your children?**

**Cupid's Advice:**

Divorces can get nasty, but it's important to protect you and your ex's greatest asset-your children. Here are some ways to get through your breakup without your kids having to deal with the drama:

**1. Keep it between grown-ups:** There is no need to let your

children in on every little detail of the divorce. Keep kids out of grown-up business.

**2. Don't ask them to take sides:** Pinning your children against your ex will only backfire. Keep them happy by respecting your ex around them.

**3. Talk it out:** It's a good idea to ask your children about their feelings regarding the divorce. Divorce means change, and it's important to take the time to validate your kids' emotions.

**How have you made your divorce drama-free for your children? Share your comments below.**

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## **Jennie Garth Says She and Peter Facinelli Are 'Great Parents Together'**







Jennie Garth and Peter Facinelli have tried to make their divorce as painless as possible for their three daughters Luca, Lola, and Fiona. “We are great parents together, so when it’s about the kids, it’s wonderful,” said Garth, according to [People](#). Having discussed the couple’s divorce with the kids, they are all on the same page and understand what is happening, without feeling the need to choose sides. Garth and Facinelli want nothing more for their family to be happy and healthy. The former *90210* actress is even considering moving back to Los Angeles so that the girls have more access to their dad.

### **How do you remain united in parenting after a split?**

#### **Cupid’s Advice:**

When you’re in the middle of a divorce, it’s also very difficult for your children. Here are some ways you can work together to be good parents, even when separated:

- 1. Make a schedule:** Now that you aren’t living together anymore, it’s difficult to collaborate your schedules. Therefore, set certain days and times where you each want to spend time with the kids so there are no arguments or

confusion.

**2. Talk to your children:** A good parent will talk to their kids about what is going on and get their feedback. Ask them how they feel and how they want to spend their time with each parent.

**3. Share Holidays:** The most stressful times are when it comes to holidays. Your kids don't want to have to choose how they will spend the best times of the year. Try sharing these important dates, for the kids.

**What do you think are ways to remain good parents while being separated? Share your ideas below.**

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## **Peter Facinelli Officially Files for Divorce From Jennie Garth**





Due to irreconcilable differences, Jennie Garth and *Twilight* star Peter Facinelli officially filed for divorce on Wednesday, TMZ reports. That said, sources told [UsMagazine.com](http://UsMagazine.com) that the two have been separated for quite some time already. “It’s been over for months, maybe even a year,” one source says. The duo hasn’t taken the separation lightly because of their three daughters, Luca, 14, Lola, 9, and Fiona, 5. “They kept up some sort of charade for their kids,” the source claims. Facinelli and Garth are working together to make this separation as painless as possible for their children. Facinelli has asked for joint custody of the daughters and both have agreed to pay legal fees. At the announcement of their split, they released the following statement: “We both share the same deep love and devotion to our children. We remain dedicated to raising our beautiful daughters together.”

**What are some ways to cope when your partner wants a divorce?**

### **Cupid’s Advice:**

A divorce can be a long, pain staking process. But, you eventually have to move on with your life and stop analyzing

what went wrong. Here are some ways to make the process of recovering from a divorce a little easier:

**1. Join a class:** There's nothing better than signing up for a class to keep you busy. If your mind is busy, you don't have time to drown in your sorrows at home. Take a cooking class or yoga, meet new people and keep busy.

**2. Take a vacation:** Get away from all the stress in your life for a couple of days, and take a nice relaxing vacation. Go with a couple of friends to the Bahamas or make it a fun trip and visit Vegas.

**3. See a life coach:** At the start of a divorce, you may feel a little lost in life. Go see a life coach, as he or she will help motivate you into doing new things with your new life and will help you feel better about yourself.

**Do you know anyone who has been through a divorce? What do you think is the best way to cope? Share your thoughts below.**

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## **Jennie Garth Says Her Personal Life is "Crazy" Amid Divorce**





Jennie Garth recently spoke out about her split from husband Peter Facinelli, according to [People](#). The former *90210* star said, “My life is a little hectic right now and my personal life is kind of crazy.” With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are “doing great”. The family (sans Facinelli) are currently filming CMT’s *Jennie Garth: Little Bit Country* in farmland outside L.A.

**How do you protect your children from public scrutiny post-divorce?**

### **Cupid’s Advice:**

Splitting from a spouse is not only hard on you, but it’s hard on your family as well, especially if you have kids. Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

**1. Remain positive:** The worst thing you can do is to bad mouth your former other half in front of your children. It’s

important to stay positive in front of your kids.

**2. Explain:** It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.

**3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

**How did you protect your children amid your divorce? Share your comments below.**

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## Jennie Garth Steps Out Without Wedding Ring





Jennie Garth is already moving on. The former *Beverly Hills, 90210* star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports [UsMagazine.com](https://www.usmagazine.com). Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. “We both share the same deep love and devotion to our children,” the couple said in a statement. “We remain dedicated to raising our beautiful daughters together.”

## **How do you handle public scrutiny in the aftermath of divorce?**

### **Cupid’s Advice:**

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

- 1. Talk to your friends:** By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don’t be afraid to open up.
- 2. Minimize drama:** Make your divorce as amicable as possible.

A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.

**3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

**How would you handle public scrutiny after a divorce? Feel free to leave a comment below.**