

Kristin Cavallari Can't Wait to Put on Heels Post-Birth



By Nicole Weintraub

Former reality star Kristin Cavallari has decided to take on designing a shoe collection with the brand Chinese Laundry. According to [People](#), the new mom has toned down her wardrobe since welcoming her son with Jay Cutler. She stopped wearing heels in the latter part of her pregnancy but in reference to being reunited with her pumps she announces, "I'm looking forward to the first time." This designer isn't just stopping at a shoe line though as she has a jewelry line coming out in February and hopes for a maternity line in the future.

What are some ways to feel attractive after having a baby?

Cupid's Advice:

Having a baby is a huge ordeal, as caring for a newborn is a lot of responsibility and pressure. Here are some tips on how to feel more attractive after having a baby:

1. Go out: Just because you have a baby, doesn't mean you can't enjoy a night out on the town. Have a date night with your partner or a girls' night out to raise your spirits and give you something for which to look forward. The more fun you're having, the less you'll feel self-conscious. Having a baby does not change your identity – you're still the same beautiful person you were before your pregnancy.

2. Pamper yourself: You feel your best when you look your best. If you've been feeling a little low, treat yourself. Perhaps go for a nice relaxing massage or go for that pedicure you've been putting off because you can't find the time. Schedule some alone time in so that you can enjoy a little relaxation time. You deserve to indulge every now and then.

3. Be productive: Sometimes we feel unattractive when we feel unproductive and have nothing to do. Go to the gym, put the baby in the stroller and go for a walk around the park. A little movement and change of scenery does a lot, especially if you've been stuck in the house between the later stages of pregnancy and caring for a new baby.

What are some ways to raise your self esteem after you have a baby? Share your thoughts below.

Kristin Cavallari Gushes About Motherhood



Kristin Cavallari is officially a mom! *The Hills* star gave birth to her first son, Camden Jack Cutler, with Chicago Bears quarterback Jay Cutler on Wednesday. According to [People](#), the 25-year old tweeted, “Being a mom is the most incredible feeling. I am so in love with this little boy!” Now that the couple has welcomed the new addition to their family, their wedding plans can go into full swing. The stars have been engaged since January after a short split.

How do you know if your partner will be a good parent?

Cupid’s Advice:

There are many qualities that go into being an excellent parent. Although no one is expected to have mastered parenting in nine months, here are some qualities that are a must when choosing the person you want to spend your life with:

1. Responsible: Responsibility is the most important attribute of a parent. There is a life that is now dependent on you, and it's the one person you don't want to let down.

2. Sense of humor: Children are full of energy and love to have fun. Good parents should love having fun with their kids and should never take themselves too seriously.

3. Good communicator: Communication is the key to any functioning relationship, especially with your children. Your role is not to only talk, but to listen as well.

What qualities do you expect when searching for the mother/father of your children? Share your thoughts with us.

Kristin Cavallari Shows Off Her Baby Bump





It looks as if Kristin Cavallari is now very visibly pregnant. Cavallari de-stressed last weekend by going to Mexico with fiancé Jay Cutler and showing off her baby bump. According to [People](#), she is also trying yoga, as she hears “it helps with giving birth.” This is the first child for Cutler and Cavallari, and Cavallari was shocked when a baby bump appeared overnight. Pregnancy is full of surprises, so mother-to-be will no doubt be experiencing more along the way!

What are some ways your partner can help you stay healthy during pregnancy?

Cupid’s Advice:

Sometimes it can be difficult to stay healthy during pregnancy, as your cravings become intense when you’re eating for two. Here are some ways your partner can help:

1. Serve as an example: If your partner wants you to be healthy during pregnancy, then he or she needs to do the same. There’s nothing worse than temptation, so have your partner avoid alcohol and smoking like you should. Start being a

great parent before the baby is even born.

2. Exercise as a couple: Exercise with your sweetheart. Like Cavallari, have your partner take you to yoga or go with you while you're pregnant.

3. Get support: Don't hesitate to lean on your partner for support. Not only is physical health important when you're expecting, but mental health is as well. Talk things out and de-stress with your mate.

What are some ways you put your health first with your partner's help during pregnancy? Share below.

Kristin Cavallari Is 'Radiant' at Lunch with Jay Cutler





Expectant parents, Kristen Cavallari and Jay Cutler, shared a romantic lunch together at Marble Lane Restaurant in New York. According to [People](#), after both ordering tomato soup, the two ordered salads. A source said they seemed “super happy, chatting the entire time. She was very smiley and looked radiant.” A few days prior to visiting New York for Fashion Week, Cavallari attending a bridal shower for a friend’s upcoming wedding. The shower took place at a West Hollywood gay bar, The Abbey.

What are some ways to keep the romance in your relationship during pregnancy?

Cupid’s Advice:

Being pregnant can be stressful for both members of the relationship. Don’t forget to show each other some love throughout the entire pregnancy.

1. Don’t give up on date nights: Once the baby comes, spending a Friday night alone together is going to be nearly impossible. While you still have the time be sure to show your sweetheart

some love. Do something unique every weekend, even if it's baby related, like painting the soon-to-be baby's room.

2. Stay intimate: Don't give up on being intimate just because you're pregnant. If you are feeling uncomfortable, about it talk to your man and tell him. It's a guarantee he will be accommodating to your needs so that the two of you can continue sharing private and intimate moments.

3. Communicate: Talk to your partner about any fears or uncertainties you may be having. Keep yourselves on the same page. Communicating will allow you to sort through any problems and allow you to have time keep the romance level up.

How did you keep the romance going in your relationship during pregnancy? Share your stories below.

Jay Cutler Says He Never Broke Up With Kristin Cavallari





Kristin Cavallari and Jay Cutler are expecting their first child together, but it seems like there might be more critics than fans. Despite the couple's rocky relationship and rumors of a previous split, Cutler denies the accusations. As a result, the duo have taken matters into their own hands.

According to [People](#), Cutler commented on Twitter saying, "Thanks for all the tweets. We couldn't be more excited. We don't usually comment on our relationship, but for the record I never broke up with Kristin. It's unfortunate some people are saying hurtful things during such a joyous moment in our life." Cavallari showed her support by retweeting his message.

What do you do if those around you aren't happy about your pregnancy?

Cupid's Advice:

It's *your* pregnancy so don't worry about what everybody else has to say. Cupid has some tips to keep your cool when you're getting to much heat from outsiders:

1. Be polite: It can be easy to lash out on people sticking their noses where they don't belong, so instead politely ask them to be respectful of your situation, and if they can't be happy for you, to leave you alone.

2. Understanding: If it's someone close to you who's acting negatively, take the time to hear their side. Then let them hear yours, and ask for their understanding and support. Babies typically bring families and friends together in the end.

3. Keep private: Leave all the thoughts and decision-making about your pregnancy between you and your partner. Getting other people's perspective and comments in the mix can make things messy and lead to unnecessary arguing.

What are your suggestions for someone going through this situation? Share your comments below.

Kristin Cavallari and Jay Cutler Are Expecting





Kristin Cavallari and Jay Cutler were done for good after Cavallari did a full blown bridal gown spread for a magazine, right before they called off their engagement in 2011. Talk about embarrassing! Luckily, the duo announced their re-engagement right the the new year. Just as the couple were over the drama and planning their wedding, Cavallari and Cutler have announced that they are expecting their first child together. What about the wedding date? According to UsMagazine.com, the reality starlet says, "We're just enjoying being engaged."

What are some ways to inform your partner about a surprise pregnancy?

Cupid's Advice:

Telling your partner about a pregnancy can be nerve racking, especially if the pregnancy is a total surprise. Here are some ways to let your partner in on the good news:

1. Surprise: Think of a fun and creative way to spill the news to your partner. Maybe a romantic date that ends with the big

baby news is just the key.

2. Be understanding: Since the pregnancy is a shock, your partner may not react the way you want them to. Understand that this may take a while to comprehend.

3. Talk about the options: What do you want to do about the pregnancy and the relationship? A big surprise like this needs a planned decision.

**How did you tell your partner about a surprised pregnancy?
Share your comments with us below.**

Kristin Cavallari Celebrates Re-Engagement With Friends





Reality TV star Kristin Cavallari and NFL player Jay Cutler are engaged for a second time after their split in July. [People](#) reported that the starlet was gushing over her fiancé and showing off her ring (the same bling he presented her with for their first engagement) during dinner Friday evening at Union Restaurant & Lounge in Las Vegas where they dined with friends and business colleagues.

Is it OK to get back together with an ex?

Cupid's advice:

Go ahead and give him a second chance. Love is a powerful feeling to forget, and if you think you're meant to be together, then don't give up. Cupid has some tips to make sure you're ready before you take a second shot at love:

1. Mutual decision: After breaking off an engagement, your feelings might be crushed. Make sure you and your partner are both over past negativity and ready to move on as a stronger couple.

2. Confidence: Both you and your partner are going to have to

be incredibly confident in your love and trust for one another for this to work the second time around.

3. Change: There's a reason you broke up the first time, so make sure the problem has been resolved. You don't want to throw yourself back into the same problematic situation.

How did you know it was OK to get back together with your ex? Share your comments below.

Kristen Cavallari's Ex Fiance Jay Cutler Supports Her at DWTS





Kristen Cavallari and Jay Cutler called off their engagement just days after Cavallari did a wedding gown spread for Life&Style magazine in July. Talk about embarrassing! After a summer of being apart, Cutler was in the audience of *Dancing with the Stars* on Monday night to support his ex fiancée, according to [People](#). The question on everyone's minds is, are they getting back together? Sources report that the duo are indeed trying to work out their issues.

What are some ways to show your support for your partner?

Cupid's Advice:

Supporting your partner shows that you care. Knowing that your mate is there for you and vice versa can ensure a long and happy relationship.

- 1. Show a little love:** It doesn't take much to show support. Sometimes just lending an ear is all your partner needs to know that you care.
- 2. Show up:** Take the time to attend big events that are important to your partner. Your significant other knows you

could be at home watching TV instead, so simply being there is a big deal.

3. Show you've been paying attention: Ask your partner how things are going with their endeavors from time to time and give some advice on how they can improve. Remember, be supportive and not judgemental.

How have you shown support for your partner in the past? Share your experiences below.

Kristin Cavallari Is Reportedly 'Dumped' By Jay Cutler: Wedding Is Off





“Do you, Jay Cutler, take Kristin Cavallari, as your lawful wedded wife?” He doesn’t. Cutler, former fiancé of reality star Cavallari, called off his engagement to Cavallari. The couple, who started dating only 10 months ago, had already thrown an engagement party with her friends. “She got dumped,” a source told [People](#). “She’s absolutely devastated. She can’t believe this is happening.” Cavallari and Cutler were engaged in April, and planned for a spring wedding.

How do you deal with the embarrassment stemming from a broken engagement?

Cupid’s Advice:

After telling all of your friends, gloating over the exciting news, hearing congratulations from every nook and corner and then hearing it’s all over, how do you cope? Cupid has some advice:

1. That’s what friends and family are for: Those close to you are there to hear you out. They wouldn’t (or at least shouldn’t) point at you and make embarrassment worse. Allow

your friends to be there when you grieve you cry.

2. Understand: Though embarrassment can be unbearable, angrily acting out will solve nothing. Therefore, the best thing to do is try to understand why your partner did what he or she did. Your ex-partner is probably suffering from embarrassment as well. Talk to your partner about the reasoning behind it all for some closure.

3. Don't dwell: It's easier said than done. But honestly, what is dwelling going to do besides make you crazy? You might as well try your hardest to move on.

Suffered through similar embarrassment? Share your comments below.

5 Of Our Favorite Celebrity Beach Bum Couples





By Melissa Tierney

We aren't the only one's trying to hit the beach this season to escape the hot summer heat. Sizzling celebrity pairs can be spotted in Miami, Los Angeles and the Hamptons, soaking up some rays and having fun in the sand. If you're lucky, you may spot your favorite duo while you're taking an ocean dip.

Here are a few of the celebrity beach bum couples that we'd love to join at the beach:

1. Kim Kardashian and Kris Humphries: This newly engaged couple has been all over the media lately and one of the last trips they made caused a huge splash. The duo traveled to Puerto Vallarta, Mexico in late May, and by looking at the pictures of them, it seemed like they had a blast together.

The couple played in the ocean and embraced on the beach – talk about summer lovin'.

2. Justin Bieber and Selena Gomez: The teenage royalty twosome hit Maui in May and turned heads when they were spotted smooching in the sand. Things have gotten serious for the young lovebirds as Gomez was even seen visiting Bieber's

family in Canada this spring. We wonder if they love her as much as we do.

3. Ice-T and Coco: The hip-hop couple showed their overwhelming love for each other on the hot beach of Miami in February. Rapper Ice-T kept it cool while his wife, former Playboy model Coco, showed off her sexy beach body in an itty-bitty bikini. The couple, who have been married for five years, now have their own reality show, *Ice Loves Coco*, every Sunday night on E.

4. Kristin Cavallari and Jay Cutler: The ex-reality star went to Cabo San Lucas in April on a romantic getaway with beau Jay Cutler and came back engaged – what a treat. Love was definitely swirling around this pair as they spent their weekend hand-in-hand walking in the sand before Cutler popped the question. We don't know what was more blinding: the bright sun or her new 5.2 carat engagement ring.

5. Reese Witherspoon and Jim Toth: These newlyweds celebrated their nuptials by having a fun-filled getaway in Belize with Witherspoon's two kids. The new family came back with some nice color. They were just in time for Witherspoon to promote her latest movie, *Water for Elephants*, and accept the generation award at the MTV Movie Awards. Good thing they got to enjoy an exotic getaway before heading back to work.

Who's your favorite celebrity beach bum couple? Share your thoughts below!

Kristin Cavallari Talks

Wedding Plans With Jay Cutler



Professional party girl and former *Hills* star Kristin Cavallari revealed she will marry fiancé Jay Cutler next spring. She also recently spoke of let loose some exciting wedding details! “I’m trying to decide between a really small, intimate wedding or a huge, blowout party-type wedding,” Cavallari told [People](#). “If I have a big wedding, then yes, some (cast mates) will be invited,” she says. “If I have a small, intimate wedding, it will probably just be family and really close friends.” Cavallari decided on a Monique Lhuillier gown and takes ideas from wedding magazines. She will meet with planners within the next few weeks. The former reality TV star may or not be customizing her own shoes. She and her NFL quarterback fiancé will wed at home in Chicago, Illinois, since it’s closest to their families.

How do you explain why you didn't invite someone to your wedding?

Cupid's Advice:

Weddings are expensive, and there isn't room for everyone. However, people get offended if they don't make the cut. Here are ways to nicely and honestly tell someone why you chose not to include them on your big day:

1. Keep it clear: Set standards and agree on them. For example, if you agree to include strictly family and close friends, don't invite someone you haven't seen for a really long time. It shouldn't be difficult to explain why you didn't invite someone if they've been a distant presence in your life.

2. Dates and children: Not everyone needs a date, and not everyone's kids should be there. Keep it to nieces, nephews and godchildren, but no more than extended family. This will cut the list drastically and avoid stress. You also don't want too many strangers around, so don't allow everyone to bring dates.

3. Don't bring work home: It's your wedding, and you deserve a good time. Don't feel pressured to invite every single colleague, especially if you don't have a personal relationship. Stick to the select few to whom you feel close.

How did you explain to people not invited to your wedding why they weren't invited? Comment below.

Kristin Cavallari and Jay Cutler Are Engaged



Former *Laguna Beach* star Kristin Cavallari has found her happy ending with boyfriend Jay Cutler, [People](#) reports. Cavallari and the Chicago Bears quarterback, who have been dating since last fall, got engaged during a weekend getaway to Cabo San Lucas, Mexico. A source close to the couple says, “He surprised her with a quick trip to Cabo to ask her to marry him.”

Where are some unique locations to propose?

Cupid's Advice:

When you feel ready to pop the question, it's best to do it

somewhere special. Cupid has some ideas on unique places to get engaged:

1. On the beach: Take your mate on a surprise trip to a tropical locale, like Jay Cutler did for Kristin Cavallari. You and your partner will never forget the sun setting on the water.

2. On a mountain: If you want to propose in a memorable location, climb to the top of a mountain. You'll feel like you're on top of the world (literally). Plus, it'll make for a great post-engagement photo op!

3. Where you met: Whether you first laid eyes on your honey on top of the Empire State Building or in a supermarket, revisit that place to propose. It will remind you of the magic you felt when you first met.

Got any creative proposal ideas? Share them below.