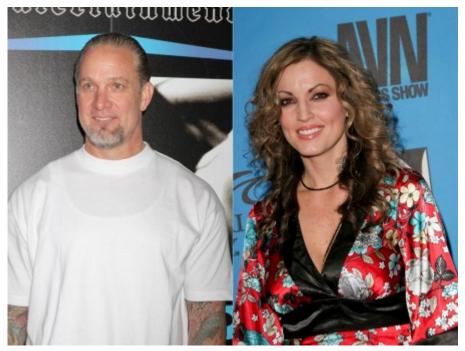
### Jesse James' Ex Says He Turned Their Daughter Against Her





Jesse James' awful

summer got even worse recently when his ex-wife Janine Lindemulder filed a motion against him over their daughter, 6-year-old Sunny. Lindemulder, a former porn star, lost custody of her daughter last year after being jailed for tax evasion. Now, she claims that James, host of Monster Garage and exhusband of Sandra Bullock, is trying to turn Sunny against her. In the filing obtained by Us Weekly, Lindemulder claimed that since James moved himself and Sunny to Austin, Texas, she hasn't spoken to her daughter in seventeen days. She claims that before the move, her daughter "was distant, confrontational, disrespectful and accusatory." James has disputed his ex's claims, saying that he has not interfered with Sunny and her mother's relationship. "[Janine] is not

stable, and acts impulsively and contradictory," said James in his response. "[She] sounds …as if she is drinking or taking drugs again."

### How do you keep children out of a messy breakup?

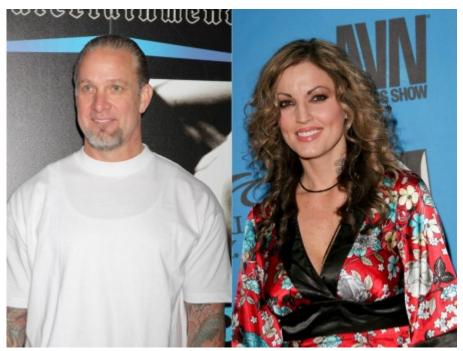
### Cupid's Advice:

Breakups are hard on everyone, especially those closest to the pair involved. Keeping the rest of your relationships healthy is essential after a messy breakup. Cupid has some tips on how to keep children out of the heartbreak:

- 1. Find an outlet: Choose a close friend whom you can confide in, rather than saying something you'll regret to your children. You can also try a stress-relieving hobby or activity to take out your negative emotions on, so that you can avoid dumping negativity on your kids.
- 2. Be honest: Once you have gotten your negative feelings out elsewhere and are in a thoughtful place, keep your kids informed. Don't say anything you might regret, and be mindful of their ages. That way, they will be able to make their own informed decisions and opinions on the matter without feeling trapped in between you and your ex.
- 3. Be watchful: If it's still safe and healthy for your child to be around your ex, let their relationship continue. If there are any signs that your ex has become unstable or the relationship is souring, as with Lindemulder's erratic behavior, seek professional counsel and slowly transition your child out of your former flame's life.

# Jesse James' Ex Janine Lindemulder is Following Along!





Jesse James'ex

wife Janine Lindemulder is heading south to Austin to be with her daughter, <u>E! News</u> reported this week. After a court battle, Lindemulder was granted joint legal custody of daughter Sunny, but the celebration was cut short when James received physical custody, deciding to move down to Austin, TX with their child. The former adult film actress was originally uncertain about the move because she wasn't sure if she could provide a lifestyle of equal standards for the child like James and former step-mom, Sandra Bullock, had given her. In addition, E! News reports that Lindemulder requested additional funds. Sunny's parents deliberated the \$6,500 increase in support in court Monday.

#### Would you move near your ex to be closer to your children?

#### Cupid's Advice:

If your divorcee is moving away with the kids and you plan to follow, Cupid has some things you should consider first:

- 1. Reason: Make sure you understand the reasons for the move. He or she may not be doing it to hurt you, especially if there are financial reasons involved. The move may be what's best for your children, so don't simply follow along because you think your ex is trying to keep you away from the kids.
- 2. Move along: Any move is life-altering. You'll need to change your address, house, and possibly your career and friends. Before making such a big step, consider your financial resources, and ask yourself if you're really willing to make this change.
- 3. Awkwardness: Maybe your ex moving away is a good thing. Have you considered all the possibilities? How would you react if your ex started dating again? Being nearby with so many mutual connections outside of your children (like teachers and doctors) might spur up some awkward meetings and conversations.

## Jesse James Wins Custody of Daughter





Monster Garage host and Sandra Bullock's ex, Jesse James, won physical custody of daughter Sunny on Tuesday, reported <a href="E!">E!</a>
Online. James and his ex-wife Janine Lindemulder have gone through a tug-of-war custody battle over their child, specifically because James wanted to take Sunny to his home in Austin, TX. The reason? James told the judge that he wanted Sunny to live close to Bullock, who has a positive influence on his daughter. Sunny will remain with her mother until the end of the summer, and will then head to Austin with James.

How can you make a move a smooth transition for a child?

### Cupid's Advice:

A big move can be a very traumatic experience for a young child, particularly in the case of a family being split up. James has the right idea in taking Sunny to a spot where she already has roots — thanks to Bullock — but there are other key steps to help the child settle in and start a new life.

1. Lay groundwork: By keeping a child involved in the moving preparations, they will feel more in control of the move.

This will enable them to not feel as if they are being forced

from their home, and make them more open to new arrangements.

- 2. Make it quick: Drawing out goodbyes before a move and the move itself can lead to a more upsetting experience for a kid. Plan the move so it runs smoothly before setting it in motion, and have a goodbye party to make leaving people seem a lighter affair.
- 3. Nesting effect: By nature, people are nesting creatures, who like to have their own space where they can create a home. Children have those same needs. Let them pick their room and have a say in how it's laid out, painted, and decorated. This will, again, give them a feeling of control.

### Jesse James Wins First Round of Custody Battle





Jesse James, ex-husband of Sandra Bullock and West Coast Choppers CEO, won the first round of his custody battle with second wife, the <u>New York Post</u> reported Monday. James and exwife Janine Lindemulder, an ex-porn star, both provided statements against each other, including James claiming Lindemulder told him she was on anti-depressant drugs. For now, James has sole custody of their daughter, Sunny.

Can a custody battle lead to a solid family life in the end?

### Cupid's Advice:

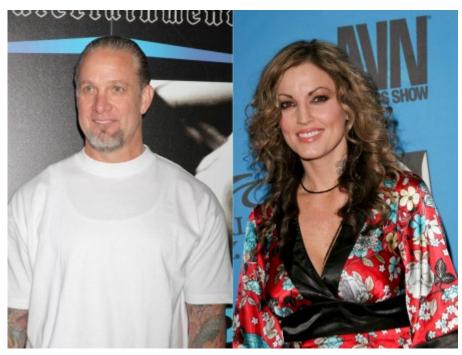
A custody battle should end up with the child placed in the best home possible. A messy fight between parents doesn't help an already hard situation, especially if the child(ren) aren't old enough to understand what's going on. Keep them away from the proceedings when you can.

1. Lips are sealed: Don't talk about the custody issues outside of the courtroom unless lawyers are present. This protects both parties from bringing any private matters into the battle later on, and also protects the kid from becoming involved.

- 2. No place likes homes: Make both parents' living arrangements a real home for the child. Regardless of how the custody proceedings end, the youngster should feel comfortable living with either parent. A stable home environment for the child must be provided when all is said and done.
- 3. No one new: This is not the time to bring any new relationships into the child's life, especially a romantic one for either parent. In a time of uncertainty for a kid, including a new face in the home will only add to the confusion.

## Jesse James & Ex-Wife Janine Battle for Sunny James





Last Friday, Jesse

James allowed a long-awaited supervised meet-up between his 6-year-old daughter, Sunny James, with her mother, porn star Janine Lindemulder. The reason for the long delay? Up until the recent admission of infidelity by Jesse James, Lindemulder was considered to be the "bad" parent (Bitten and Bound). The former couple will be heading to court in two weeks to discuss more formal arrangements, provided Lindemulder has learned to put a filter on her conversations when near their little girl, as <u>US Weekly</u> reported.

Visitation is hard enough on kids these days. What can adults in this situation do to ensure equal, quality time?

#### Cupid's Advice:

James and Lindemulder need to take their daughter into consideration when making plans to spend with their child. In any visitation battle, it's best to take the necessary time to plot out important events so that all parties involved are able to have a successful, yet separate, relationship. Here are some ways to assist:

- 1. Make a list: Each adult needs to write out the special days they wish to share with their child(ren), whether it's a holiday or a school play, then compare each list with each other and choose which days are the most important.
- 2. Compromise: Whenever there's a conflict, you must be willing to concede when appropriate. You should always consider the child and their needs first. Talk it out and see if both of you can share a special day.
- 3. Talk with your child(ren): Once the two of you have come up with a plan of action and are in agreement, consider sitting down with your little ones (if they're old enough to understand), and let them know what you've come up with. At this point, you can ask how they feel about the arrangements, or if they have any questions.

Families are the backbone of society. They support you when you venture out into the world, and they are there to comfort you when you stumble. If you're part of a family living in separate houses, it doesn't mean that it can't work.