

Celebrity News: James Van Der Beek Dances for Wife Kimberly on 'DWTS' After She Suffers Miscarriage



By [Ahjané Forbes](#)

In [celebrity news](#), *Dawson's Creek* alum James Van Der Beek and his wife Kimberly lost their [celebrity baby](#), which would have been a sixth addition to their family, after announcing it a month prior. The [celebrity couple](#) were overtaken by grief as they had to announce the loss of their baby. On *Dancing With The Stars*, James made the announcement saying, "My wife Kimberly went through every expectant parent's worst nightmare. We lost the baby." The star danced for his wife as they both work together to overcome this pain.

In celebrity news, James Van Der Beek and his wife are suffering a loss. What are some ways to support your partner after a tragedy?

Cupid's Advice:

Loosing an unborn child can be devastating. There's no handbook on how to deal with this, especially if you have already told outside people. Cupid has some advice on how to help your partner through this:

1. Let them know that they're not alone: Tough times with your

partner can be significantly sensitive. Tried to comfort them by offering a shoulder to cry on or just even sitting with them and silence. This will make them more comfortable to opening up about their true feelings about the issue and create a closer connection for the both of you.

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2. Go to therapy sessions with them: This will show them that you're committed to helping them and your relationship gets the problem together. They may not admit every detail in the therapy session, but it's important that you at least support them and hear them now. Try not to tell the story from their perspective if they're not ready to speak yet. It will only make the situation worse by doing so.

Related Link: [Celebrity Marriage: Why Harry Hamlin's Marriage to Lisa Rinna Works](#)

3. Take time to understand: This issue might directly affect you as well. You need to take time for yourself to be able to help your partner. Pointing fingers at each other will not help the situation. Work on ways to approach a partner without bringing up the topic first. This will de-escalate the situation a little bit so that your partner knows that you can be approach when they need to talk.

What are some ways you helped your love get through a difficult situation? Let us know in the comments below!

James and Kimberly Van Der Beek Hit New West Hollywood Nightclub



James and Kimberly Van Der Beek were spotted having a night out together away from the little ones at Hollywood's new nightclub, Bootsy Bellows. The couple went straight to their private area in the back of the club together, for the club's exclusive "V.I.P night." An onlooker told [People](#), "They really didn't show any PDA." The two mingled with their own friends and seemed to have a good night, without being all over each other.

How do you show you care about your partner without PDA?

Cupid's Advice:

The older you get, the less PDA you seem to need to show when in a relationship. You don't need affection 24/7 to prove that you care about your partner. Here are some ways to do that:

- 1. Take them places:** Take your partner out with you, because it shows you want them around when you're doing fun things. You like their company.
- 2. Have fun together:** You and your partner can have a date night doing something fun. Laughing together is enough without having to constantly be kissing each other.
- 3. Surprise them:** One way to show your partner you care about them is by giving them nice little surprises, such as flowers. It's a way to show you appreciate them without smothering them.

How would you show your partner you cared about them without PDA? Share your comments below.

James Van Der Beek and Wife Welcome a Baby Boy

James Van Der Beek is a proud father- again! Van Der Beek and his wife, Kimberly, had their first son on March 13. “Had my first son this morning... well, actually, my wife had him. I just caught him. Wow. Heart expanding way faster than my brain,” James wrote via Twitter. “If you could bottle up and distribute this feeling, I swear there’d be no more war. #fatherhood.” Although, the new bundle of joy’s name hasn’t been revealed yet, the couple is ecstatic about sharing the experience. “Had such a blessed and miraculous birth experience. Cannot wait to share it with all of you!” Kimberly tweeted. “Thank you for all the love and good wishes. I can feel it all. xo.” The newest addition to their family will be join the couple’s first daughter, 17-month-old Olivia.

What are some new things you have to prepare for when you have a boy versus a girl?

Cupid’s Advice:

Whether you’re having a boy or girl, it’s always best to make sure you’re well prepared when you’re expecting. Here’ Cupid’s advice on how to get ready to welcome your baby boy:

1. Go blue: Since you’re having a boy, it’s pretty common to

go with a baby blue theme for your son's nursery. However, if you're looking to add other colors, different greens and yellows can easily compliment the soft blue.

2. Become the outdoorsy type: If you're not already a fan of outdoor activities, become one. While not all boys are the same, a vast majority of them lean toward enjoying playing outside, sports or playing with their favorite monster trucks.

3. Exercise: Granted, both boys and girls can keep you on your toes. However, boys tend to be a bit more active. Make sure you get plenty of rest and exercise so you'll be able to keep up with your little one when he learns to walk and crawl everywhere.

How do you prepare for having a boy versus having a girl? Share your comments below.

How to Know When It's Time for the First Kiss



By Carlos Kotkin

There's no way around it. First kisses are usually pretty awkward, and yet they're almost always memorable. Even celebrities commit their first kiss experiences to memory. Recently, a group of celebrities including Tom Green shared recollections of their first smooch with [People](#). For instance, Jerry O'Connell was stunned when his first kiss took a French turn. Vince Gill's first lip lock involved intense face slamming that kept him from breathing. James Van Der Beek's extremely romantic first smooch took place in a ...

handicapped bathroom? A handicapped bathroom? Seriously?

Even after you've gotten the hang of it, a kiss at the end of a first date can sometimes be just as awkward. These situations bring you back to your teenage years when you were kissing your teddy bear for practice. To top it off, for guys, making the first move is often a nerve-wracking experience ... and as they say, timing is everything. Here are some things to consider:

A Concrete "No"

It's no secret that dating can be an awful experience every now and then (or nine times out of ten). The worst part of a first outing is the potential for an awkward goodbye at the end of it. Indeed, I've experienced my fair share of goodbyes. Sometimes it's crystal clear when a woman isn't interested in a first kiss ... or a second date, for that matter. At the end of one date, I received a firm business-like handshake along with a "Good luck to you," before she power-walked in heels across the parking structure to her car. In that case, I knew leaning in for a kiss wasn't a great idea.

Related: [Five Conversations to Avoid on the First Date](#)

A Strong "Yes"

Other times, women I've gone out with have miraculously been attracted to me. In one case, at the end of a date, a young lady asked me point blank, "Are you going to kiss me or what?" This was a strong indication she wanted me to, um, kiss her.

Related: [Five Reasons Why Opposites Attract](#)

No Man's Land

But then there's that middle ground – that neutral date when you're out with someone and you feel like things could go

either way. It's the no-man's land of dating. Unfortunately, this is where I've ended up most of the time. I've been in situations where I've thought, "This person either can't stand me or is head over heels." I'm not embarrassed to admit I've been on a date at the movies and as the movie was ending, I've thought, "Oh, no. It's over. We're going to say our goodbyes pretty soon. Oh no..." Ladies, while in no-man's land, your date will search for the slightest clue that you're more than friends. The gentlest touch from you, laughing at our stupidest jokes or a twinkle in your eye are all strong indicators. (By the way, it's totally possible to see twinkles.) The bottom line is, things like that give a guy hope.

While I can't point out which specific clue will lead a guy to lean in, I *can* emphasize what *not* to do. I was on a dinner date once that lasted for hours. We ended up in my apartment, where she sat on the couch, giggling at my yearbook photos. When I leaned in, she moved away in surprise, saying, "I'm not interested in that. Sorry." I apologized profusely, declaring it was my bad. Even though the atmosphere was incredibly awkward afterward (I thought), she stayed for another hour as if I had never made a move. We talked about Hawaii, and she finally left. When she did, I had a newfound admiration for the woman who shook my hand and power-walked away in heels.

Carlos Kotkin is the author of PLEASE GOD LET IT BE HERPES: A Heartfelt Quest for Love and Companionship. He is a ten-time Moth StorySLAM winner, including two-time winner of the coveted GrandSLAM, and has been featured on NPR's The Moth Radio Hour, KCRW's UnFictional, and the popular podcast RISK! He lives in Los Angeles. For more on Carlos, visit his website at www.carloskotkin.com.

James Van Der Beek and Wife Are Expecting Second Child

James Van Der Beek has recently announced that his wife, Kimberly, is pregnant with their second child, [People](#) reports. “Just when we thought we couldn’t feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling,” the actor announced on Twitter. The former *Dawson’s Creek* star and his wife had their first child, Olivia, in Sept. 2010.

How do you prepare differently for a second child?

Cupid’s Advice:

When you’re expecting your second child, you’ll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:


- 1. Organize:** Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust:** Your first child will no longer be the only child. Explain to him or her what a great role they will now have as the oldest sibling, in order to prevent jealousy or resentment towards the newborn.
- 3. Responsibilities:** Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and

accessories ready.

What are some other ways to prepare differently for a second child? Share your thoughts below.

James Van Der Beek Marries Again



 Second times the charm! Last weekend, James Van Der Beek married girlfriend Kimberly Brook, reported [People](#). The actor made the announcement via Twitter, tweeting, “The woman I love did me the honor of became my wife today... I look forward to earning her for the rest of my life.” Brook is currently pregnant with the couple’s child.

What are some other ways to announce your wedding?

Cupid’s Advice:

With the incredibly fast-paced advancement of technology today, there are more outlets than ever to announce everything from weddings to a girls’ night out. Read some ways of Cupid’s ways to announce the big news:

1. Social media: Twitter is certainly one way, but Facebook is another option. You can also create a web page with some imagination and free time.

2. Tried and true: Nowadays, it’s unique to see important dates announced the old fashioned way: the newspaper. Take it a step further and use a half or whole page to include pictures, comments from attendees, or even old love letters to

each other. It's a great memento for the wedding album!

3. Surprise soiree: Invite your family and friends to your home or favorite restaurant and announce your news with a festive cake displaying the ring. You can celebrate all night!