Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-Magro Apologies to Jen Harley & Their Daughter





y <u>Ivana Jarmon</u>

In <u>celebrity news</u>, Ronnie Ortiz-Magro recently apologized to daughter Ariana Sky and girlfriend Jen Harley during an episode of *Jersey Shore: Family Vacation*. The episode showed him jumping into a hot tub with Lindsay aka "Jewish Barbie," a friend of Angelina Pivarnick's. Ortiz-Magro wrote in an Instagram story, "Obviously the last episode has made it seem like I was into Jewish rag doll. It edited to make it look worse. I was in a bad place in my life and my relationship and

I acted out of anger & immature resentment." He continues to say, "Since then (sic) I've grown & wouldn't want to hurt my girlfriend or my daughter, everyone makes mistakes and you'll see next week that I learned from mine," *Usmagazine.com* reports. The <u>celebrity couple</u> started dating in July 2017 and welcomed a daughter in April 2018.

In celebrity news, Ronnie Ortiz-Magro is cutting the drama and apologizing to his significant other and their child. What are some ways to make it right with your partner after a fight??

Cupid's Advice:

Fighting with a partner, friend or family member is never pretty. It can be hard to recover from a bad fight in a relationship. Cupid has some ways to make it right with your partner after a fight:

1. Don't be petty: After a fight, your emotion might still be running high, so let the dust settle after a fight. You may feel like throwing in some last-minute shade, passive-aggressive jabs or get back at them. But all that does is prolong the nastiness of your fight. The best thing is to let it go and work out your problems.

Related Link: New Celebrity Couple: Lauren Bushnell Called Chris Lane Ex-GF to Tell Her They Were Dating

2. Give them space: Give your partner space, but also take some time for yourself. After a fight, you might need some time alone, to recover, heal and reflect.

Related Link: Celebrity News: Cardi B Reveals Surprise Ways
OFfset Gets Her to Relax & Unwind

3. Communicate productively: You know what they say about communication! Communication is the key to any relationship. To get back to a good place with your partner, it's very important to talk about it with your partner. It's also important to understand where each person is coming from and where you stand. It may be hard to communicate openly and honestly but if you love each other you will try. A few things to keep in mind; give up the need to be right, don't be defensive, deal with one issue at a time, no hitting below the belt and be kind to each other.

What are some ways to make it right with your partner after a fight? Share your thoughts below.

Fitness Trend: Get Motivated in Group Classes





y <u>Ivana Jarmon</u>

The catalyst for change is often due to a new year approaching and a little thing called New Year's resolutions, a tradition in which millions of people take stock in their lives to make positive changes. An example is making the decision to get in better shape through exercise. But, we know that it's easier said than done. We can all relate to the promise we make at the beginning of the new year. An excellent way to motivate yourself to stick to your fitness-related resolution is by joining a group class. Group fitness classes have many benefits such as structure, motivation, proper form, and variety. Cupid has some <u>fitness tips</u> on what classes you should take this coming year.

Fitness Trend: Check out our top five favorite group fitness classes!

1. Cardio classes (The Art of Strength): This is a circuit of

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strength-based exercises using kettlebells, logs, and ropes. Twenty-second micro-sets are followed by one-minute rest periods. It's intervals at their finest.

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Guide

2. Pilates: What you should expect is a traditional corebuilding Pilates exercise with arm and leg work courtesy of a wall unit and a magic circle.

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<u>These Tips</u>

- **3. Dance classes (Ballet):** Class starts with a gentle barre warm-up, but quickly progresses to long, brain-teasing movement phrases with challenging footwork and lots of weight and direction changes.
- 4. Martial arts classes (Kick Boxing): Boxing improves coordination helping to burn calories and boost your energy. It's a form of martial art that combines boxing with oldschool cardio stints like jump roping and jogging with muscles building ab work.
- **5. Yoga classes:** Yoga focuses on using postures to build balance, strength, and flexibility. What you should expect are some yoga poses and other spine-expanding moves.

What are some group fitness classes to start of the new year right? Share your thoughts below.

Celebrity News: Cardi B Reveals Surprise Ways Offset Gets Her to Relax & Unwind





y Ivana Jarmon

"Loving yourself isn't vanity. It is sanity." -Andé Gide. In celebrity news, Cardi B thanks new husband Offset for teaching her self-care. EOnline.com caught up with Cardi B at her Fashion Nova x launch party, and she dished on how her husband is helping her unwind as a new working mom. "It's really hard for me to disconnect, but you know, my husband he was just like, 'You know what? You need to go, you need a vacation," the rapper shared with Erin Lim. "So, he actually flew me out to the Dominican Republic and he took away my phone." The rapper doesn't mind her hubby chastising her for working too

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much or going on rants on Instagram. She joked that in response she just tells him: "Sorry dad. I swear to God he is like a dad." The <u>celebrity couple</u> has been together since 2017 and welcomed a daughter on July 10, 2018.

In celebrity news, Cardi B relies on her significant other to help her de-stress. What are some ways you can help your partner relax and unwind??

Cupid's Advice:

Inevitably, life gets stressful. It's easy to go off on your own to get some alone time. But, when you're part of a pair, it's important to find ways to be together and relax at the same time. Cupid has some ways you can help your partner relax and unwind:

1. Phone-free vacation: Whether it's at home or somewhere tropical, a vacation without cell phones can work wonders for you and your partners' attitudes. It may sound simple, but you can't imagine how many people allow their phones to distract them on a daily basis. This is the time to reconnect during a peaceful vacation. There are vacation spots around the world that don't allow any cell phone or Wi-Fi use.

Related Link: Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show

2. Game night: There's nothing better than a game night. Whatever your game of choice is, you can kick back and spend a couple of hours playing together is a fun way to connect and forget about the everyday stresses of life.

Related Link: Celebrity Couple Keith Urban & Nicole Kidman Cry
Together After He Wins Entertainer of the Year at the CMAs

3. Stay-cation: As awesome as a luxurious vacation can be, there's sometimes nothing better than staying at home and doing absolutely nothing. Go buy all of your favorite foods and snacks and spend a couple days in with Netflix and some of your favorite movies.

What are some ways you can help your partner relax and unwind? Share your thoughts below.

New Celebrity Couple: Lauren Bushnell Called Chris Lane's Ex-GF to Tell Her They Were Dating





y <u>Ivana Jarmon</u>

In <u>celebrity news</u>, Lauren Bushnell recently reached out to boyfriend Chris Lane's ex Lauren "LB" Barr. A source tells *UsMagazine.com*, "Chris was dating LB right before Bushnell. Bushnell called LB a couple of days ago to tell her that they were together." Both women vied for Ben Higgins' affections in 2016 on *The Bachelor*. *UsMagazine.com* confirmed the dating news on November 14. The <u>celebrity couple</u> sparked romance rumors after attending the BMI Country Music Award in Nashville on November 13.

This new celebrity couple is all about open and honest communication when it comes to their exes. What are some reasons to let your exknow that you're dating someone

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new??

Cupid's Advice:

Is it okay to tell your ex that you're dating someone new? Cupid has some reasons why you should let your ex know:

1. Respect: Simply having respect for one another's feelings is a good reason to let your ex know that you're dating someone. You don't want to surprise or hurt them.

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2. First to know: Letting your ex know first may lessen the blow when the public finds out. There's nothing worse than finding out your ex is dating someone new from a friend or acquaintance weeks after it happens.

Related Link: Celebrity Couple: Keith Urban & Nicole Kidman
Cry Together After He Wins Entertainer of the Year at the CMAs

3. They can come up with a talking point: Being surprised by the fact that your ex is dating someone new doesn't allow you to come up with a planned reaction or talking point. If you know before the general public does, you can come to terms with it and keep the shock off of your face when it's discussed.

What are some reasons to let your ex know that you're dating someone else? Share your thoughts below.

Celebrity Couple Keith Urban & Nicole Kidman Cry Together After He Wins Entertainer of the Year at the CMAs





y <u>Ivana Jarmon</u>

They laughed, they danced, and they cried. In <u>celebrity news</u>, Keith Urban and Nicole Kidman shared a sweet moment at the 2018 CMA Awards. The <u>celebrity couple</u> was shocked when presenter Lionel Richie called Urban's name as the winner of Entertainer of the Year, *UsMagazine.com* reports. The singer wiped away tears as he began his acceptance speech, and Kidman had tears in her eyes as she watched her husband proudly. "Baby girl, I love you so much, thank you," he told the

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This celebrity couple is clearly very close and celebrates their wins together. What are some ways to support your partner's career wins??

Cupid's Advice:

Even the most successful partner needs and wants to be built up. Whether your partner is winning at life every week or struggling, they need you to be their greatest fan. Cupid has some way to support your partner's career wins:

1. Build up your partner: The best gift you can give your partner is your own belief and confidence in them. Let them see how amazing they are in your eyes. You do that by giving them positive feedback when they succeed and/or struggle. Your belief in them will motivate them to keep going this in return will have the same effect when it comes to you when you need it.

Related Link: Celebrity Break-Up: Roger Mathews Claims Wife Jenni 'JWoww; Farley Finds Him 'Repulsive'

2. Positive feedback cycle: Positive emotions and feedback are self-sustaining and does a relationship good. You must feed your relationship with nurture and care. By giving your partner love and support this will allow them to reciprocate: the positive feedback deeps your relationship and makes it more secure.

Related Link: Celebrity Baby News: 'Bachelor' Arie Luyendyk
Jr. and Lauren Burnham Are Expecting First Child

3. Put in the work: Ask yourself what makes for a solid and successful business? Do you do everything you can, or do you do just enough to get by? Fight the tendency to be complacent and lazy in your relationship. Don't be a good partner, be a great partner that you and your partner can imagine.

What are some ways to support your partner's career wins? Share your thoughts below.

Parenting Advice: Ways to Cope With The Terrible Twos





Welcome to the terrible twos: a time when your once cute-as-a-button baby becomes a living nightmare. Your child may present with the following symptoms: temper tantrums, screaming, kicking and biting, fighting with siblings, total meltdowns and their vocabulary being dominated with the single word "no!" But don't worry! The terrible twos are a time of rapid growth- mentally, socially and physically. It's a time when toddlers begin to develop their sense of self and start to want to do things for themselves. This trying time will pass, and while there is no quick fix for unwanted toddler behavior, you can take steps to help things go more smoothly when the terrible twos begin. Here are some parenting tips on ways to survive the terrible twos.

Parenting Advice: Check out our parenting advice on ways to cope with the terrible twos.

1. Give them responsibility: At the age of two, your toddlers are developing their senses of self. A two-year-old can do a lot around the house: pick up their toys, empty their plate, and set the table. By giving them mini chores, this will help them build their confidence and will show that you trust them.

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The Right Track

2. Consequences: A child going through the terrible twos is constantly testing limits. No parent likes to give out a punishment, but consequences are a way to show your child that there are expectations, and that if they're not met there will be trouble.

Related Link: Parenting Trend: Baby-Safe Teething Jewelry

3. Patience: As a society, we don't like to wait for anything,

and we especially don't like waiting for a difficult situation to get better. A child going through the terrible twos is going through so many psychological and physical changes that they have a right to go a little crazy. As their parent or guardian, this means recognizing that and giving them the opportunity to pass through this stage without getting angry all the time. It's easier said than done, because it's very hard when a child is constantly having tantrums or fighting you on everything. Getting angry will only make things worse and will escalate the situation. So, take a deep breath and respond; don't react.

What is some parenting advice on how to cope with the terrible twos? Share your thoughts below.

Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend





y Ivana Jarmon

Tia Booth is off the market! In <u>celebrity news</u>, Booth has found love again after having her heart broken by <u>celebrity ex</u> Colton Underwood. The former *Bachelor in Paradise* contestant shared a photo of herself with Cory Cooper at a football game in Nashville. A source close to Booth tells *EOnline.com*, "Tia has been traveling back and forth to Nashville recently within the past month to visit him, and they are very happy." The source also shares, "Tia really likes Corey, and they are enjoying getting to know each other right now."

In celebrity news, Tia Booth is no longer single and on the market, it seems. How do you know when to become an "official" couple with someone you've been dating?

Cupid's Advice:

It's never crystal clear when exactly you should have "the talk." Some couples slide into a committed relationship with ease and for others, it's a bit harder. Cupid has some tips on how to tell if you're ready to become an "official" couple with someone you've been dating:

1. Meet each other's friends and family: When you're really into someone, you won't want to hide them. Instead, you will want to show them off. If your plans usually include socializing with their friends and co-workers, it's a great sign that you're headed toward an exclusive relationship.

Related Link: <u>Celebrity Break-Ups: Kaitlyn Bristowe Reveals</u>
<u>Shawn Booth Forgot Their Anniversary Last Year</u>

2. PDA: If you're holding hands, kissing, or cuddling in public in front of family and friends, these signs of affection will show the world that you're official.

Related Link: <u>Celebrity News: Halsey Responds to Rumors She's</u>
<u>Dating John Mayer</u>

3. A key to their home: If you and your partner exchange keys, that's letting you know that you have the key to your partner's heart. You're definitely in an official relationship and trust each other.

What are some ways to tell if you are ready to become an official couple with someone you've been dating? Share your thoughts below.

Celebrity Break-Up: Shawn

Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe





y Ivana Jarmon

Shawn Booth recently opened up about his recent split. In celebrity news, Booth shared his first message about his recent split from celebrity ex Kaitlyn Bistowe. The celebrity exes fell in love in 2015 on season 11 of The Bachelorette. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, UsMagazine.com reports. Booth wrote on Instagram, "I just want to thank everyone who has been so supportive of my relationship with Kaitlyn over the years. You've made me feel incredibly special, supported and very loved. So, from the

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing your break-up to family and friends??

Cupid's Advice:

Break-ups are never easy, and it's especially hard when you have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn't work. You and your expartner are no longer compatible, and you are both trying to move on.

Related Link: <u>Celebrity News: Halsey Responds to Rumors She's</u>
Dating John Mayer

2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

Related Link: Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show

3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing

their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.

Product Review: A Runner's Essential Product Guide





If you're new to the running world, or newly addicted, there is so much out there in terms of running tips that you can use to improve your <u>fitness</u> routine. That being said, having the right running gear is essential to becoming an experienced runner. In this <u>product review</u>, Cupid explores the newest fitness must-haves for beginner runners.

Product Review: Check out some of the best products for beginner runners.

AZIO HEARA Headphones, \$89.99



AZIO HEARA headphones

Anyone who runs knows that headphones are a necessity! AZIO HEARA headphones are the new must-haves in the world of running. The headphones are tuned hybrid drive with a structured hi-resolution earphone. The dynamic woofer provides a rich bass and precise mids, while the ceramic tweeter creates a clear high-range harmonic. The earbuds are also known as gaming earbuds that were designed to match up with the AZIO retro classic gaming keyboard. AZIO HEARA headphones are JAS hi-res certified to give you a studio-grade sound reproduction of every detail and wide frequency range. Just imagine running with that kind of sound reverberating in your

ears.

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Tart Cherry Juice Concentrate, \$12



Stoneridge Orchards
Tart Cherry
Concentrate

Stoneridge Orchards Tart Cherry Juice is not only refreshing and delicious, but it also provides great health benefits. It's rich in nutrients like potassium and iron and provides a high amount of anthocyanins, which promote anti-inflammatory processes in the body. As a beginner runner, your body experiences a lot of aches and pains. Taking Ibuprofen is unhealthy in quantity and can cause more issues if you choose to keep taking it. This juice helps with maintaining hydration, blood pressure and muscle recovery, s well as digestion. It helps fight inflammation and arthritis pain and boosts immunity. Plus, it helps regulate your metabolism, fights fat and blocks cancer growth. This is just a portion of what it does. Stoneridge Orchards Tart Cherry Juice Concentrate is all-natural and allows you to recover sooner without having to take ingest chemicals that may do more harm than good.

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Created ORganic Beauty Line, Beauty Kitchen

3. Smooth Feet by Legendary Apothecary, \$35



https://www.legendar
yapothecary.com/stor
e/smooth-feetsubscription/

If you have dry feet, rough heels, and have tried a variety of creams and lotions that just don't work. then Smooth Feet is for you. The oil is an old recipe that will leave your feet hydrated and smooth. The product uses organic ingredients and prevents evaporation of water from the surface. Smooth Feet doesn't use any synthetic fragrance, toxic chemicals, artificial colors, animal derived ingredients or preservatives. It only has three USDA certified organic ingredients: vegetable glycerin, pure lavender oil, and sugar cane alcohol. The old-world recipe was passed down from cocreator Sara Saidy's grandmother, Masy. All it takes it's a few drops to get Smooth Feet.

Make sure to check out more of Cupid's product reviews.

Celebrity News: Halsey

Responds to Rumors She's Dating John Mayer





y <u>Ivana Jarmon</u>

Singer Halsey has put a stop to romance rumors, <code>EOnline.com</code> reports. In <code>celebrity news</code>, Halsey wants fans to know there's no blooming romance between her and fellow singer John Mayer. The two <code>single celebrities</code> started rumors after openly flirting on Instagram. The singer shut down romance rumors with a single tweet: "I just had a ground-breaking idea. What if…we let female artists …have friends…without assuming that they are sleeping together?" she wrote. "I know, I know. It's like, completely ambitious but like, imagine if we like, tried?" This comes shortly after her <code>celebrity break-up</code> from <code>G-Eazy</code>. Mayer has been in a number of <code>celebrity relationships</code> with numerous women such as <code>Jessica Simpson</code>,

In celebrity news, Halsey denies she's dating John Mayer with a snarky remark on social media. What are some ways to shoot down false rumors about your relationship??

Cupid's Advice:

Rumors have a way of catching fire once lit; it's information that can't be trusted. Rumors give room for doubt in a relationship. Cupid has some ways to shoot down false rumors about your relationship:

1. Confront the source: If you know who spread the rumor, you should talk to them. Be civil and keep your head high and talk to this person honestly. If you don't want to face them alone bring a few friends. Don't put yourself in harm's way or a dangerous situation if you know that talking to this person in question will try to do you no good.

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Missed Priyanka Chopra's Bachelorette Party

2. Broadcast the rumor: Verbalize the rumor in a bold way. By acknowledging the rumor, you're taking away some of its power. People spread rumors to gain social status and they only have that if they have the inside scoop. By broadcasting their inside info, this person loses credibility and motivation to spread the rumor. Because Everyone will already know. Sometimes talking about is the easiest way to prove how ridiculous the rumor is.

Related Link: Celebrity Break-Ups: Kaitlyn Bristowe Reveals

Shawn Booth Forgot Their Anniversary Last Year

3. Take action: Having vicious rumors spread about you isn't fun, but if you can get the person who spread them in trouble it can make you feel better about the situation. If rumors are being spread about you at school and you know exactly started the rumor, go to an adult, teacher or adviser. If you're an adult and have rumors being spread about you and the lies have cost you, for example, your business or mental health and know who it is, seek legal assistance.

What are some ways to shoot down false rumors about your relationship? Share your thoughts below.

Fashion Trend: Sneakers

"Ugly"





y <u>Ivana Jarmon</u>

"Ugly" sneakers are the new <u>fashion trend</u>. Famous celebrities such as <u>Kim Kardashian</u>, Hailey Baldwin and <u>Kendall Jenner</u> have been seen rocking this new celebrity fashion trend, also known as "dad sneakers." Most people would call these shoes "unattractive" because of how different they look. The "dad sneaker" can be either a 90s sneaker, hiking boot, aqua sock, Reebok EasyTones, or platforms with a plethora of colors, panels, and textures. The "Ugly sneaker" is eye-catching and sporty chic. This <u>celebrity look</u> is popping in stores around the globe.

Here are some of our <u>fashion tips</u> on which ugly sneakers you should check out!

1. Fila Disruptor II Sneaker: The Ugly Sneaker trademark recently collaborated with Fendi. Sneakers from this particular collection are usually expensive, but this pair is

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under \$100 and has all of the cushy and sturdy appeals you'd want in an ugly shoe. You can find these shoes on Amazon for \$60 or Urban Outfitters for \$70.

Related Link: Fashion Trend: Ugly (But Cute) Sandals

2. Nike M2K Tekno: The Ugly Sneaker is made of leather and neoprene. It's chunky, but not excessively so, and also comes in a nice pink shade. The shoe can be found at Net-A-Porter for \$100.

Related Link: Fashion Trend: 5 Ways to Wear a Bandeau Top

3. Kendall + Kylie Dad Sneaker: Not many know that Kendall and Kylie Jenner designed a shoe, given the minimal branding. The Ugly Sneaker can be found at Nordstrom for \$98.

Related Link: Fashion Tips: How To Rock Heels Without The Pain

- **4. Adidas Falcon Sneaker:** If you like the Balenciaga Triple S sneaker, but don't want to spend \$900 on them, these are a beginner version of them. They are only \$100 at Nordstrom.
- **5. Reebok White Daytona Sneakers:** This Ugly Sneaker is described as something your dad may wear while running to the grocery store. This sneaker is \$174 at ASOS.

Are you a fan of the Ugly Sneaker trend? Comment below.

Celebrity Wedding: 'Jersey Shore' Star Mike 'The

Situation' Sorrentino Marries College Sweetheart





y <u>Ivana Jarmon</u>

The Situation aka Jersey Shore's Mike Sorrentino is married! In <u>celebrity news</u>, Sorrentino tied the knot with his college sweetheart, Lauren Pesce, *UsMagazine.com* confirms. The <u>celebrity couple</u> were joined by some of their close family and friends at The Legacy Castle in Pompton Plains, New Jersey. The couple gushed in an exclusive statement to *Us*, "We are so incredibly excited to begin our journey as husband and wife!" Sorrentino proposed to Pesce on Valentine's Day while she was visiting him in Miami during the filming of Jersey Shore: Family Vacation.

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This celebrity wedding news is super cute. What are some ways to reconnect with a love from the past?

Cupid's Advice:

Cupid has some ways to reconnect with a love from the past:

1. Social media: Thanks to social networking sites like Facebook, Myspace and Twitter, finding a long-lost love is becoming more common. Simply by putting in what high school you went to, Facebook will bring up a list of people you may remember.

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2. It's a small world: It really is a small world, so networking is another way to find and reconnect with someone from the past. Ask around to your friends and family, and someone is bound to know a way you can get in touch.

Related Link: <u>Celebrity Couple News: Ryan Gosling Is</u> 'Completely Infatuated' With Wife Eva Mendes

3. How to reconnect: Try attending the same events you know they will be at. Or, simply start an open dialogue, and make plans to hang out casually to catch up.

What are some ways to reconnect with a love from the past? Share your thoughts below.

Celebrity Couple News: Ryan Gosling Is 'Completely Infatuated' With Wife Eva Mendes





y Ivana Jarmon

In <u>celebrity news</u>, <u>Ryan Gosling</u> is completely head over heels in love with Eva Mendes. The <u>celebrity couple</u> has kept their relationship private. A source revealed to <u>UsMagazine.com</u>, "They're extremely private, you're not going to see them out on the town or hanging with other celebrities very often. Ryan wants to keep his private life out of the public's reach." Gosling and Mendes are parents to daughter Esmeralda, 4, and Amada, 2. The couple are completely devoted to one another. A

second source added, "Ryan is completely infatuated with Eva. His main goal is to make her happy."

In celebrity couple news, Ryan Gosling and Eva Mendes are certainly keeping the spark alive. What are some ways to keep the romance alive in your marriage?

Cupid's Advice:

Life has a way at chipping away at a relationship. Cupid has some ways to keep the romance alive in your marriage.

1. Make date night a priority: Dating is what made you fall in love in the first place. So, it would make sense to keep at it to stay in love. But as we know life gets in the way. So, remember date night does have to elaborate or over the top, it could be something simple as a picnic. Just set aside time for each other each week for just the two of you to reconnect.

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Bridal Shower Ahead of Wedding with Nick Jonas

2. Don't give up: A relationship is a roller coaster, full of ups and downs. Romance in marriage is about choosing each other again and again. It's also about learning, growing and forgiving. It's about falling in love with each other over and over again no matter how hard it gets. Love only weakens when we stop giving it our all. So never stop.

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3. Never lose the PDA: At the beginning of a relationship, you probably couldn't keep your hands off each other. Constantly

holding hands, sneaking in an extra kiss or two, cuddling. Ask yourself how affectionate are you now? After a long period of time and kids' things can get a little trickery when it comes to the PDA. It's important to maintain that closeness that PDA provides. Physical touch should happen on a daily whether it's a peck on the cheek, holding hands or a slight pat on the butt. By maintaining the PDA you will be able to keep the romance alive.

What are some ways to keep the romance alive in your marriage? Share your thoughts below.

Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce





y <u>Ivana Jarmon</u>

In <u>celebrity news</u>, <u>celebrity exes</u> <u>Channing Tatum</u> and Jenna Dewan reunited on Halloween to trick-or-treat with their daughter Everly. Tatum documented the short reconciliation on his Instagram, snapping selfies of himself dressed as Genie from Aladdin, Dewan dressed as Cleopatra. Tatum and Dewan announced in April of this year they were separating after eight years of marriage. On October 22, Dewan filed for divorce. Tatum has been dating Jessie J for a couple of months. Dewan has also moved and is now dating Steve Kazee, *UsMagazine.com* reports.

These celebrity exes are still friends and co-parents. What are some ways to keep things civil during a divorce?

Cupid's Advice:

Divorce is a literal death of a marriage and is an emotional and stressful ride. Cupid has some ways to keep things civil during a divorce:

1. Communication through a neutral party: A divorce unleashes a flood of emotions including grief, anxiety, fear, anger, and pain. A response like this is normal, over time the intensity of your feelings will subside. To avoid a yelling and screaming match try seeking a trusted friend, family member or therapist who can help you communicate.

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Diamond Ring at Game 2 of World Series With A-Rod

2. Focus on the future: Talking about why you broke up or who's to blame will not solve anything. Try avoiding these conversations with your soon to be ex. Keep your discussions focused on there here and now. Such as what needs to be done, and if there are children, focus on their needs and schedules.

Related Link: Celebrity Couple News: Find Out Why Kyle Jenner & Travis Scott Might Be Ready for Marriage

3. Remember the good times: Remember that you loved each other very much at one point—and just because your divorcing it doesn't mean that love goes away. This will make it easier to be co-parent if there are children involved. Maintaining that love and respect for each other will guide you on a better path.

What are some ways to keep things civil during a divorce? Share your thoughts below.

Parenting Advice: How To Get Your Child Back On The Right Track





y Ivana Jarmon

Keeping a child on the right track can be hard, especially in a world with so much ugliness. It's easy to steer away from the right path. Your child may be acting out or maybe you've noticed they're behavior has changed. As a parent, this is very concerning. You may make rules for your kids, only to abandon these rules when they don't work. We have some parenting advice to help you get your kid back on the right track.

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Parenting Advice: Check out our parenting advice on how to get your kid back on the right track!

1. Honest conversation: Have an honest and real conversation with your child. Treat your child as an equal instead of pulling rank. "I'm the parent you're the child" will not work if you want things to change. To have an honest conversation, it's important to take turns talking and listening. By pulling rank, you may miss out on an opportunity to hear how they truly feel. It's important that you hear each other out.

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2. Address the red flags: These red flags could be falling behind in school work, trouble-making at school, or missing homework and extracurricular activities—it's important to address the problem. Talk to your kid as soon as the problem arises. Don't accuse them or get mad. Ask him or her openly what's going on.

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Parent

3. Get to the root of the problem: It's important to explore the reason for your child's change in behavior. Talk to your child, their teachers, coaches, friends the people who know them well. By doing this, you will get a better insight at what's causing the problem.

What are some ways to get your kid back on the right track? Share your thoughts below.

Celebrity News: Chris Pratt and Katherine Schwarzenegger Are Getting Serious





y Ivana Jarmon

In <u>celebrity news</u>, it's becoming serious for <u>celebrity couple</u> Chris Pratt and Katherine Schwarzenegger, an insider told *EOnline.com*. The couple have been talking about possibly moving in together in the near future. The insider says Schwarzenegger is excited about the chance to live with the man who has checked all her boxes, but also thrilled to spend more time with Jack, Pratt's 6-year-old son he shares with <u>celebrity ex</u> Anna Faris. The couple met through Schwarzenegger's mother Maria Shriver who played matchmaker after meeting Pratt through church. The couple shares a common

devotion to their faith.

In celebrity news, Chris and Katherine ate thinking about taking the next step in their relationship. How do you know if your relationship has the potential to be serious?

Cupid's Advice:

Determining if a relationship is going to work isn't the easiest of tasks. Cupid has some ways to know if your relationship has the potential to be serious:

1. No need to pretend: It's common to hide behind a social mask. You're both trying to make a good impression and be on your best behavior. In a relationship that has potential, you don't need to hide behind a social mask or fake who you are in order to maintain a partner to like you. Being yourself should be easy with this potential mate. You both will bring out the best version of each other with comfort.

Related Link: <u>Celebrity Break-Up</u>: <u>Ariana Grande & Pete Davidson's Loved Ones Are 'Relieved' They Split</u>

2. Everything is different: From the chemistry, to the sex, to the ease with which you established a deep connection with each other, everything feels different. This partner is the person you want to show off to your family and friends. The concept of being with someone forever isn't too scary after all. Everything is different because you're different with them.

Related Link: Celebrity Baby News: Amy Schumer Is Pregnant,

Expecting First Child with Husband Chris Fischer

3. What the relationship brings: Your relationship should bring you comfort, make you feel like you can let your guard down. Plus, it should make each of you better people by being together.

What are some ways to know if your relationship has the potential to be serious? Share your thoughts below.

Celebrity Engagement?
Jennifer Lopez Flashes
Diamond Ring at Game 2 of
World Series With A-Rod





y <u>Ivana Jarmon</u>

Could there be wedding bells in <u>Jennifer Lopez</u>'s future? In <u>celebrity news</u>, Lopez flashed some bling at Game 2 of the World Series with Alex Rodriguez, *UsMagazine.com* reports. The <u>celebrity couple</u> sparked engagement rumors after Rodriquez posted a video of girlfriend Lopez wearing a large diamond ring. The couple were first linked together in March 2017, and Lopez gushed, "We're like mirror images of each other."

There may be a highly anticipated celebrity engagement to announce soon! How do you know you're ready for marriage?

Cupid's Advice:

Although being in love with someone seems like it would be enough for you to rush to the altar, but getting married requires more than just love. Cupid has some tips on how to

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tell if you're ready for marriage:

1. You love yourself: In the great words of RuPaul, "if you can't love yourself, how the hell are you going to love somebody else?" It's a cliché, but it's also the truth. You can't be happy with somebody else until you're happy with yourself.

Related Link: <u>Moving On: Jennifer Garner is Dating Businessman</u>
<u>John Miller After Celebrity Divorce</u>

2. You're truly in love and want to spend the rest of your life with them: Your partner should be the reason why you want to get married. This person has met all of your requirements and has successfully cleared the milestones in your choice in a mate. Your partner is a person you can see a long future with through any hardship.

Related Link: Royal Celebrity Baby: Prince Harry Hopes First Child With Duchess Meghan Is a Girl

3. On the same page: When it comes to your future together, you both should be on the same page. You will want to have some of the same values and goals and should have discussed topics such as kids, religion, and finances. If you feel like you've talked through important future goals together and you're aligned, that's a good sign.

What are some tips on how to tell if you're ready for marriage? Share your thoughts below.

Parenting Trend: Baby-Safe

Teething Jewelry





y <u>Ivana Jarmon</u>

The latest <u>parenting trend</u> you should be looking into is baby-safe jewelry. Every parent must watch their child struggle with growing pains, such as cutting teeth. As a parent, watching your child in pain is the worst. One of the ways to help your toddler is by giving them something to chew on such as teething jewelry, a product made to offer a sanitary, safe option to handheld teethers.

Here are some reasons why you should choose baby safe jewelry

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such as teething jewelry.

1. Sanitary option: Teething necklaces can offer a more sanitary option than handheld teethers. This option can spare parents extra cleaning. Also, you wouldn't have to worry about your child always dropping their teething ring on the floor every second.

Related Link: Parenting Advice: Make Your Own Fresh Baby Food

2. No more scrambling around: Babies often loses their teething rings. With the teething necklace around their neck, it will always be easy to find.

Related Link: Parenting Trend: Weighted Blankets

3. Teething necklaces are generally safe: Though it can depend on the material from which it's made, the best teething jewelry are the ones that are non-toxic and free of BPA, lead, cadmium, and phthalates. This basically means that you will want to find a teething necklace that is constructed of medical or food grade silicone or wood finished with natural oils that won't harm your child.

What are some baby safe jewelry? Share below.

Celebrity Baby News: Amy Schumer Is Pregnant, Expecting First Child with

Husband Chris Fischer





y <u>Ivana Jarmon</u>

Amy Schumer is pregnant! In <u>celebrity news</u>, Schumer announced she is expecting her first child with husband, Chris Fischer, *Eonline.com* reports. The actress shared the news through her friend Jessica Yellin's *Instagram*, by sharing a photo of her and her husband's faces photoshopped onto the bodies of a newly pregnant Meghan Markle and Prince Harry bodies. The happy news comes eight months after the <u>celebrity couple's</u> surprise nuptials in Malibu.

In celebrity baby news, comedian

В

Amy Schumer is expecting! What are some ways to decide when the right time is to have your first child?

Cupid's Advice:

Hurting your ex is one of the last things you want to do if you still care for them. Cupid has some ways to help you decide when the right time is to have your first child:

1. Are you ready: Ask yourself are you ready for a child, because having a baby changes everything. There are no take backs once you have them. You will want to really give this some thought and then talk to your partner.

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2. Stability: Stability plays a big part in whether or not someone chooses to have a baby. You would want to be mentally, physically, spiritually and financially stable to bring a child into this world. But, if you do not have that stability, that's okay. You can do anything you set your mind to do.

Related Link: Celebrity Couple News: Gwyneth Paltrow Gushes
Over Newlywed Life with Brad Falchuk

3. Love: Love is an important piece of the puzzle when it comes to deciding when to have a child. If you don't have love in your relationship with the potential baby's other parent, then it's probably best to wait.

What are some ways to decide when the right time is to have your first child? Share your thoughts below.

Celebrity Exes: Olivia Culpo Dodges Nick Jonas' Fiancée Priyanka Chopra at Las Vegas Party





y <u>Ivana Jarmon</u>

In <u>celebrity news</u>, Olivia Culpo kept her distance after spotting celebrity ex <u>Nick Jonas</u> new fiancée, Priyanka Chopra at a pool party hosted by *JBL* in Las Vegas. A source told *UsMagazine.com*, "Olivia did not want to see Nick, and she missed Priyanka's arrival by mere minutes. The source also

said, "Nick didn't show up because she was there." The <u>celebrity exes</u> dated from August 2013 to June 2015. He started dating Chopra in May 2018 and proposed two months later. Culpo has recently rekindled her romance with Danny Amendola, Miami Dolphins wide receiver.

Nick Jonas' celebrity ex Olivia Culpo isn't interested in running into who he's moved on with. What are some reasons to stay away from your ex-partner's new significant other?

Cupid's Advice:

Break-ups are never easy, especially when your partner moves on before you. Cupid has some tips on some reasons why you should stay away from your ex's new significant other:

1. Unwanted feelings: Seeing an ex's new partner may ignite some unwanted feelings such as jealousy, anger, resentment or, worse, wishful thinking. Plus, it might ignite some awkward exchanges between the two of you. The best course of action if you run into your ex's new partner is to act cordial and keep on moving ahead.

Related Link: <u>Celebrity Break-Up: Pete Davidson & Ariana</u> <u>Grande's Relationship Was Strained After Mac Miller's Death</u>

2. Avoid confrontation: Unwanted feelings may lead to confrontation on your part or this new partner's part. Stay clear from them. Confrontation is never the answer.

Related Link: New Celebrity Couple: Channing Tatum Is Dating
Jessie J Post-Divorce From Jenna Dewan

3. Remind yourself: You are in the next chapter of your life. You have moved on and so have they. Remind yourself, you two are exes for a reason. This new person in your ex's life means nothing to you because you mean nothing to them.

What are some reasons to stay away from your ex-partner's new significant other? Share your thoughts below.

Celebrity Wedding: Karlie Kloss Marries Joshua Kushner Three Months After Engagement





y <u>Ivana Jarmon</u>

Wedding bells are ringing for supermodel Karlie Kloss! In celebrity news, Kloss tied the knot to her businessman boyfriend Jared Kushner. According to sources, the celebrity couple tied the knot in an intimate Jewish ceremony held in upstate New York. Kloss confirmed her engagement via Instagram, saying, "I love you more than I have words to express. Josh, you're my best friend and my soulmate. I can't wait for forever together." The couple got engaged three months ago, and the proposal came during a trip to upstate New York, EOnline.com reports.

This celebrity wedding must not have taken long to plan! What are some benefits of a quick engagement??

Cupid's Advice:

Long engagements are the norm when it comes to getting married, but short engagements are the new trend. Cupid has some benefits of a quick engagement:

1. You get married sooner: By having a short engagement you get to marry the person you love faster. If you truly love your partner, what's the point of delaying something truly beautiful?

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Over Newlywed Like with Brad Falchuk

2. Less time to quibble over decision making: With a short engagement, you are limited, which isn't necessarily a bad thing. What that means is that your options are limited on venders, dates etc. When you have less options, it makes it

easier to make a decision. It also means less time to battle over every pro and con on your wedding.

Related Link: Royal Celebrity Baby News: Prince Harry & Duchess Meghan Are Expecting First Child

3. Back to real life faster: Adjusting to real life may be smoother with a short engagement. Having a long engagement forces you to stay in the same position with your partner for another year instead of taking the next step.

What are some benefits of having a quick engagement? Share your thoughts below.

Celebrity Break-Up: Pete Davidson & Ariana Grande's Relationship Was Strained After Mac Miller's Death





y <u>Ivana Jarmon</u>

In <u>celebrity news</u>, after the recent split from <u>celebrity ex</u>, <u>Ariana Grande</u>, Peter Davidson "does not blame himself for his split," a source close to Davidson told *UsMagazine.com*. The source continued on to say, "He's really sad about this split, and he only wishes the best for Ariana, but their relationship was really complicated with the passing of Mac Miller. It put a tremendous amount of strain on their relationship." Grande dated Miller for nearly two years before their breakup in May. Miller died at the age of 26 after an accidental overdose in early September. Grande announced during that time that she would be taking a break to take the time to heal and mend.

In celebrity break-up news, speculation continues about the cause for Ariana and Pete's split. What are some ways to keep the

details of your split from becoming gossip?

Cupid's Advice:

Splitting up with someone is hard, but having your breakup become a hot topic can be even worse. Cupid has some tips on ways to keep the details of your split from becoming gossip:

1. No social media: During a break-up, social media can be your worst enemy. By putting your business out in the public, you give people power to gossip about your existing or non-existing relationship. But by keeping your relationship out of the public eye, no one can say anything if they don't know anything.

Related Link: <u>Celebrity Break-Up</u>: <u>Ariana Grande & Pete</u>

<u>Davidson Break Up & Call Off Engagement</u>

2. Avoid gossiping: It's easy to want to talk badly about an ex when someone asks what happened, its best to be the bigger person and walk away from it. An easy way to deal with someone who asks you what happened is to just simply say it's a personal matter or change the subject.

Related Link: <u>Celebrity News: Busy Philipps Accuses 'Freaks & Geeks' Costar James Franco of Assault</u>

3. Friend or foe: Confiding with a friend or family member often helps with the pain after a break-up. But, be careful about who you tell your business to, because everyone can't be trusted with the information you give them.

What are tips to keep the details of your split from becoming gossip? Share your thoughts below.

Food Trend: How To Utilize Farmers' Markets Near You





y <u>Ivana Jarmon</u>

The farmers' market has been a <u>food trend</u> for a very long time and has some of the freshest and tastiest fruit and vegetable available. The farmers' market offers food of a superior quality, and you're guaranteed real freshness that most grocery stores don't have. Your local farmers' market can be found somewhere in your town or a neighboring one, and a schedule can usually be found on your town's website or newsletter.

Check out some ways to utilize farmers' markets near you:

1. Educational: Farmers' markets are not just markets, but they also provide an educational system to learn about your food. Those are farmers' markets can teach you how food is grown.

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2. Supporting local business: By taking advantage of your local farmers' market, you help support your neighbor's business, which gives you the opportunity to get to know your neighbor and community. By knowing your farmer, you know your food.

Related Link: Food Trend: Incorporate Coconut Into Your Meals

3. Why you should utilize your farmers market over a supermarket: Although grocery stores do carry a small amount of local and organic products, most cannot equal farmers markets in the variety and quality of local foods, let alone guarantee a farmer's fair price. Shopping at a farmers' market is also a unique experience where shoppers and farmers get to know each other, help each other and do business.

What are some ways to utilize your local farmers' market? Comment below.

Travel Tips: How to Live Like

a Local





y <u>Ivana Jarmon</u>

Most travelers spend their time ticking off every bar and restaurant, going on tours, and going to the best clubs; there's nothing wrong with that! But, there is another way. We hear it all the time in the travel advice: live like a local. It's great advice, but if it's your first time traveling or you're in an unfamiliar city, it's easier said than done. Acting like a local in a new city means behaving like you would if you were at home. If you want to make your trip unforgettable, you'll need to think like a local.

Here are a few travel tips to live

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like a local:

1. Ditch the travel guide: Travel guide are wonderful, but they don't tell you about all of the hidden gems within a city. Change it up and go to a random restaurant you walk by, or take the train and get off at a random stop and see where it leads you.

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2. Forget the hotel: Locals don't sleep in hotels, so why should you? Try renting a home from services such as AirBNB, or try out a hostel.

Related Link: <u>Travel Tips: 5 Activities for the Most Unusal</u> and Fun Holiday in the UK

- 3. Learn the lingo: Communication is always key. Interacting with the local people in an unknown country relies on one thing and that's you. If you are proactive traveler and ignore your linguistic failings, you will always meet a variety of interesting people. Also, the more time you spend time with the locals, the more fluent you become in their language.
- 4. Embrace every offer and talk to everyone: Traveling you meet people keen to show you their city. (However, be cautions.) Such invitations often lead to the most wonderful travelling experiences. Deviating from the usual tourist hub may lead you to interesting local joints. Remember to chat to everyone, because it's a great way of practicing the language and a way to help them learn English.
- **5.** Just enjoy yourself: Don't try to hard just focus on enjoying yourself. There are definitely urges to try and blend in and experience the less touristy parts of the city. But it's ok to fall into the occasional tourist trap. Find what works for you, stay on the beaten path or get off. It's up to you, you are a tourist after all. Mix up your trip. Live like

a local and a tourist. If you're in Paris for the first time, don't ignore the Eiffel tower because you're too focused on living like a local.

What are some your travel tips to live like a local? Comment below.