

# Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split



By [Bonnie Griffin](#)

In the latest [celebrity break-up news](#), [Bradley Cooper](#) and Irina Shayk split. According to *EOnline.com*, Cooper “was spotted with pals at the Sunset Tower Hotel in West Hollywood, California on Monday evening.” After four years together, the [celebrity couple](#) called it quits a few days earlier, and it looks like Cooper was happy to spend some time with his friends to blow off the stress of the break-up.

# In celebrity break-up news, Bradley Cooper shook off some split stress with a night out on the town with his guy friends. What are some ways to cope with a very recent split?

## Cupid's Advice:

Break-ups can be stressful and often come with a lot of heartaches. The best ways to cope with a recent split can be different for everyone, from hanging out with your friends to eating ice cream from the carton. Cupid has some advice on coping with a recent break-up:

**1. Lean on your friends:** Sometimes the worst thing you can do after a split is to sit at home alone and dwell on the past. Take this time to spend time with your friends. Go out, dance, and let them help you take your mind off of your break-up; let them be there for you the way you'd be for them if the roles were reversed.

**Related Link:** [Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino](#)

**2. Stick to a routine:** A break-up can make you feel like the rug has been pulled from beneath your feet. It can be easy to get lost in your sadness and focus on the loss, but sticking to a schedule will help you avoid getting lost in a long crying abyss even if it is something as simple as setting your alarm, taking a shower at a specific time each night, or whatever helps you keep moving forward.

**Related Link:** [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

**3. Express yourself:** Feeling lonely or upset and sad is normal

after splitting with your partner. Take some time for yourself and find a way to express your feelings; don't keep them bottled up because you could wind up exploding when you least expect it. Draw, paint, or just keep a journal so that you can get your feelings out in a healthy way.

**What are some ways you cope after a break-up? Let us know in the comments below.**

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## **Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up**





By Katie Sotack

Recently, news of Bradley Cooper's [celebrity break-up](#) with Irina Shayk broke. According to *EOnline.com*, rumors had been flying that Cooper's *A Star Is Born* costar Lady Gaga contributed to the couple's tension and demise. Gaga, who was performing in Vegas when news of the split arose, gave a speech about trying to change others before singing her and Cooper's duet, *Shallow*. It may be a stretch, but fans are certain of Gaga's hidden message about Cooper.

**This celebrity break-up has a lot of rumors surrounding it. What are some ways to keep gossip from making your break-up worse than it actually is?**

**Cupid's Advice:**

Rumor mills never stop turning. They can be hurtful and amplify situations for the worse. Here are some ways to keep ahead of the gossip about your breakup:

**1. Make a clear statement:** Once news of the breakup hits you'll have to have a go-to explanation prepared. Make it unbiased and appreciative of your ex-partner if you want to minimize the damage and potential gossip.

**Related Link:** [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

**2. Stay Facebook friends:** If you and your ex are on good terms stay friends on social media. Apps like Facebook and Twitter have the added perk of a mute option. That way the breakup can be amicable online, but you won't need to see their posts everyday.

**Related Link:** [Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party](#)

**3. Keep it light, but honest:** When you're pressed for more information, don't get worked up. Be honest about the way you feel, but not accusatory or angry. This way you'll stay authentic but positive about your ex-partner.

**How have you avoided bad blood after a breakup. Share in the comments below!**

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# Celebrity Break-Up: Bradley Cooper & Irina Shayk Split

# After 4 Years Together



By Katie Sotack

[Celebrity couple Bradley Cooper](#) and Irina Shayk broke up after four years together, according to *UsMagazine.com*. The news arrived not long after reports came out that the couple were going through relationship problems, which began earlier this year amid talk of Cooper's chemistry with *A Star Is Born* costar, Lady Gaga. Shayk claims to know they were both "in character" and denies the relevancy to the break-up. The two are still living in Cooper's house for now as they care for their two-year-old daughter, Lea.

## This celebrity break-up comes after



# speculation that the pair's relationship was on the rocks. What are some ways to work through a tough time in your relationship?

## Cupid's Advice:

Relationships aren't always smooth sailing. They take time and effort from the individuals involved. When your relationship requires work, here are some steps you can take to mend bridges:

**1. Honesty is the best policy:** it may be tempting to soften-blows and tell white lies, but the truth is mandatory in a relationship. Sooner or later your partner will find out, it's better you're the one to tell them.

**Related Link:** [Back On! Celebrity Couple: Ben Affleck & Lindsay Shookus Are Back Together After Split](#)

**2. Listen to your gut:** If you feel like something's wrong, something probably wrong. Your intuition is your best friend and it's trying to help you out. Sort through your feelings and talk to your partner about what your body's been telling you.

**Related Link:** [Celebrity Exes Jennifer Lawrence and Nicholas Hoult Reunite in 'X-Men' Movie Scenes](#)

**3. Know when to seek outside help:** sometimes your relationship problems are bigger than the two of you can handle. There's no shame in that and plenty of trained professionals are willing to mediate. Whether you see a relationship counselor or sit down for legal mediation, considering bringing in a conflict expert.

What are some ways you manage conflict with your partner?  
Share in the comments below.

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## Celebrity Couple News: Bradley Cooper & Irina Shayk Spotted Holding Hands After Lady Gaga Rumors



By [Mara Miller](#)

In [celebrity news](#), [celebrity couple](#) Bradley Cooper and Irina



Shayk are still going strong amidst rumors of Cooper having a relationship with former *A Star is Born* costar, [Lady Gaga](#). According to *UsMagazine.com*, Cooper and Shayk stepped out together hand in hand in public nearly two months after the rumors started spreading.

## **In celebrity couple news, it seems Bradley and Irina are still a solid couple after Lady Gaga rumors surfaced. What are some ways to strengthen the foundation of your relationship?**

### **Cupid's Advice:**

Sometimes rumors will spread about your relationship, but there are ways to keep it strong so the gossip doesn't destroy you. Cupid has some tips:

**1. Practice love every day:** Don't just use holidays like Valentines Day to show your love and appreciation for your partner. Little gifts before work in the morning, a drive through the countryside or spending the night together watching movies is a good way to practice loving each other because you're spending time together.

**Related Link:** [Celebrity Wedding: Celebrity Guests Party at 'DWTS' Pros Val Chmerkovskiy & Jenna Johnson's Wedding](#)

**2. Communicate, communicate, communicate:** As long as you are both honest with each other, problems like jealousy or mistrust will not arise. Keeping an open line of communication with your partner will stop problems before they begin.

**Related Link:** [Celebrity Couple: Kylie Jenner & Travis Scott Share Photos from “Baecation”](#)

**3. Practice self-care together:** Meditate, work out, or do something else together that will help both of you focus on yourselves, but together. This will give you both quality bonding time together. It could even be as simple as going to a masseuse for a couple’s session!

**What are some other ways you can strengthen your relationship with your partner? Let us know in the comments below!**

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## **Celebrity Couple Predictions: Ariel Winter, Bradley Cooper and David Foster**





By [Shoshi](#)

In the latest celebrity news, three famous couples have caught the public's attention. One of which is new celebrity couple is stepping out in young Hollywood, while a more seasoned couple is prepping for a celebrity baby, and another is just getting things started. . But who's stepping out this time around hand in hand? Join me as I look into the crystal ball of relationships and love. Below, I share my predictions for these [celebrity couples](#).

## **Celebrity Couple Predictions: Celebrity Relationships That May or May Not Last**

**Ariel Winter and Levi Meaden:** Looks like there's a hot young couple alert, because Ariel Winter and Levi Meaden have stepped out on the red carpet together making their celebrity relationship official after months of speculation. Winter is very smitten with Meadan, though it's not hard to blame her.

He's cute, tall, and he's quite charming. She's a great catch as well. Both of them want to experience a fun, yet respectful relationship. Winter has no time for childish men. Being wise beyond her years makes it a bit difficult for her to find man that she connects with. That's where Meaden comes in. He has no problem with a smart woman whose fiery so they are a good match. Fun is the theme of this celebrity couple and they may even learn a thing or two about love. After Meaden, Winter will end up dating an older man.

**Related Link:** [New Celebrity Couple Ariel Winter & Boyfriend Levi Meaden Make Red Carpet Debut](#)

**Bradley Cooper and Irina Shayk:** With a baby on the way and rumors swirling, Cooper and Shayk have everyone wondering if they are engaged. Shayk has a new mystery ring on her finger. But since she hasn't had the baby yet, it's safe to say that it's probably not a push gift. My psychic senses say that they plan to have a secret celebrity wedding to seal the deal. Cooper is all about family and he thinks it's time for him to settle down now that a baby is on the way. He wants to give married life a try since he's seen it work for other longtime Hollywood bachelors. Babies bring about happiness and emotions so it's a wonderful time for Cooper and Shayk. While I would love to say it will be all unicorns and rainbows for these two, that's not the case. They are a bit like a roller coaster. There's a lot of up and down. Right now things are up due to the excitement of the baby. There needs to be a discussion about that each one of them wants in a marriage or they will last about three years tops.

**Related Link:** [Celebrity Baby: Bradley Cooper Is Spotted on a Run Post Girlfriend's Pregnancy Reveal](#)

**David Foster and Christie Brinkley:** Looks like David Foster and Christie Brinkley are spending some quality time together. Actually it's more like there's been one date or two. However with celebrities, one date could mean an engagement in two

months. It's safe to say that Foster has a thing for models since some of his ex-wives were models or beauty queens. While Brinkley seems to like a man with some musical talent since her longest marriage was to singer Billy Joel. This isn't Foster or Brinkley's first time at the rodeo, both of them have a lot of relationships under their belt. If they get married it will be the fifth wedding between each. Maybe the fifth time's the charm? Hold up on the celebrity wedding invitations. This relationship is simply two good looking, age-appropriate people enjoying each other. Marriage does not look like it's in the cards. That is not to say that this romance won't last. It's always nice to have a "maintenance person" on speed dial when one is looking for love. I predict that we won't ever know all the details of their romance, they will keep us guessing.

**Related Link:** [Yolanda Foster Files for Celebrity Divorce from David Foster](#)

*For more information on Shoshi click [here](#).*

**What celebrity couples do you want to see predictions for next? Tell us in the comments below!**

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## **Celebrity Couple Irina Shayk & Bradley Cooper Pick Out Baby Names**





By [Mallory McDonald](#)

[Celebrity couple](#) Irina Shayk and [Bradley Cooper](#) are preparing for their [celebrity baby](#)! A source told [EOnline.com](#), “Irina and Cooper know the sex of their child and are currently in the process of narrowing down the list of names for the baby. Irina and Bradley are so excited to be parents,” a source told E! News exclusively. “They have already picked a few names they like. They know the sex but are still deciding between some names.” The two also seem to already be planning baby number two! “Bradley and Irina love each other so much and this is not gonna be the only kid—there will be a few more after this one,” the source said, adding, “Both families are very happy.” Everyone is wondering when the couple will have a [celebrity engagement](#), but according to their friends, that would be very under the radar!

**This celebrity couple have come up with some baby names for their**



# celebrity baby-to-be! What are some things to consider when you're naming your child?

## Cupid's Advice:

Picking a name for a baby is extremely important and there are always so many names to consider. Use these tips to help pick the perfect name for your little one:

**1. Family tie:** If you are really struggling to pick a name for your baby and want it to be meaningful, look through you and your partners family tree to get some inspiration!

**Related Link:** [Celebrity Baby: Bradley Cooper Run Post Girlfriend's Pregnancy Reveal](#)

**2. Wait until birth:** Sometimes it can be hard to pick a name before you actually see the baby. If there is nothing popping out at you, wait until the baby is born and see what name really suits him or her.

**Related Link:** [Celebrity Couple Bradley Cooper & Irina Shayk Have Discussed Marriage](#)

**3. Work with your partner:** Deciding a name can be very important sometimes to one partner more than the other but, you should try to pick a name that you both will love!

**How did you decide to name your baby? Share your experiences below.**

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# Celebrity Baby: Bradley Cooper Is Spotted on a Run Post Girlfriend's Pregnancy Reveal



By Kayla Garritano

Running to prepare! [Bradley Cooper](#) went for a jog with his trainer just two days after the big [celebrity news](#) that his girlfriend, Irina Shayk, is pregnant with their first child. According to [UsMagazine.com](#), Cooper was spotted in a long-sleeve navy Georgetown Nike shirt, gray basketball shorts, and black sneakers. He was running with trainer Jason Walsh, who recently split from girlfriend Hilary Duff. He appeared to be in good spirits during the cardio session, given this was his

first time being seen since the [celebrity baby](#) reveal. Shayk showed off her small baby bump at the 2016 Victoria's Secret Fashion Show in Paris on Wednesday, November 30, as she walked the runway in a maroon lace bra and kept her stomach semi-covered in a fringed long-sleeve top.

## **Bradley Cooper isn't hiding after his celebrity baby-to-be reveal! What are some ways to cope with pregnancy news getting released before you're ready?**

### **Cupid's Advice:**

When to announce your pregnancy can be a big deal, because you want to do it when you and your partner are ready. Sometimes, the announcement doesn't always go as planned. Don't worry, Cupid is here to help you get through those unexpected announcements:

**1. Work out:** One of the best ways to blow off steam or stress is to work it out. Sweating it out will help clear your mind and relax for a bit. You'll be able to come back to your partner with a clear head about the announcement coming out a little too earlier than planned. You two can work out what the next step will be with a clearer, more focused mind.

**Related Link:** [Relationship Advice: 5 Basic Workouts to Do With Your Partner](#)

**2. Keep details out:** If the news slips out a little earlier than planned, don't feel obligated to spill everything you know. Keep the due date, gender, and any other personal information to yourselves. There's still some secrecy, and you will tell everyone when you are ready. You shouldn't have to

worry about anything else. Just make sure your baby is healthy.

**Related Link:** [Celebrity Couple Bradley Cooper & Irina Shayk Have Discussed Marriage](#)

**3. Go with the flow:** Just because your pregnancy announcement got revealed a little earlier than you were ready for, it doesn't mean it's the end of the world. You move on from the announcement and just prepare for a great future. Nothing else matters but what you're planning for your child and how you will prepare for when the baby comes.

**How did you deal with pregnancy news slipping out before you were ready? Let us know in the comments!**

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## 5 Celebrity Couples Who Look Hot At The Beach





By [Katie Gray](#)

Travel season is in session! Now that the weather is getting colder, our favorite [celebrity relationships](#) have decided to flock to warmer weather on tropical vacation getaways. (Especially with the holidays and new year approaching, [celebrity couples](#) notably take trips during this time of the year.) Nothing says “I love you” better than spending time with your loved one in hot climates. Perhaps we will even see some destination celebrity weddings take place!

## **Cupid has compiled five celebrity couples who look hot on the beach:**

1. [Bradley Cooper](#) & Irina Shayk: Bradley Cooper is one of the highest paid and most recognizable actors in Hollywood. Since 2015, he has been in a celebrity relationship with model, Irina Shayk. The celebrity couple had some fun in the sun in Italy last year at the beach. She has graced the cover of *Sports Illustrated* before, and I’m sure these two will be soaking up the sun some more soon!

**2. Mark Wahlberg & Rhea Durham:** Mark Wahlberg is the man! You may know him from famous films like *The Departed* and *Planet of the Apes*, or from his music career as Marky Mark and the Funky Bunch. He also owns a chain of Wahlburgers restaurants, with his brothers, which they also have a reality show for. He's a husband to Rhea Durham and the pair have four children together. They spent some time in Barbados a couple of years ago in December together, and are bound to travel again during the winter. The celebrity couple has been spotted soaking up the sun on many occasions!

**Related Link:** [Celebrity Couples We Want To Reunite](#)

**3. [Channing Tatum](#) & Jenna Dewan-Tatum:** Actors and dancers, Channing Tatum and Jenna Dewan-Tatum are such a cute married celebrity couple! They have been spotted at many pool parties and beaches through the years. They have indulged in getaways to the beach in Italy, as well. The dancing duo also are proud parents to a daughter, whom they have family days with. We're sure they will all have a family beach day in the future!

**Related Link:** [Celebrity Couple Engagement Rings](#)

**4. Miles Teller & Keleigh Sperry:** You may know actor Miles Teller from the *Divergent* series films or *The Spectacular Now*, to name a few. Since 2013 he has been in a celebrity relationship with model Keleigh Sperry, and the pretty pair have spent some time at the beach. This low key couple are definitely in love!

**5. Gregg Sulkin & Bella Thorne:** Young love! Fellow actors, Gregg Sulkin and Bella Thorne, have been reportedly dating on and off for the last couple of years. They have been photographed enjoying the sunshine on several occasions. We hope their futures are smooth sailing, whether together or apart. Keep on the sunny side of life.

**Who are your favorite celebrity couples who enjoy beach days?**



**Share your thoughts below.**