

# Ireland Baldwin Opens Up About Boyfriend Slater Trout



By Petra Halbur

IMG model, Ireland Basinger Baldwin, is managing to make her long distance relationship with stand-up paddle boarder, Slater Trout, work. Baldwin, who lives in L.A. and Trout, who is based in Maui, try to visit each other at least once a month and make the most of their time together. “We don’t do normal stuff,” Trout told [People](#). “We go paddle boarding with humpback whales in Maui. We go on athletic dates.” Baldwin concurred, adding, “We’re outdoorsy people. I love walks, hiking, exploring and being on the beach.”

**What are some ways to make a long distance relationship work?**

**Cupid’s Advice:**

Sometimes careers, schools, familial obligations and other factors make it necessary for you and your partner to live far

apart for a while. Long distance relationships are tough but it *is* possible to make them work. Cupid has some ideas:

**1. Utilize technology:** The good thing about long distance relationship these days is that there are many different ways to keep in touch. Using technology, like Skype, gives you and face-to-face time you need to make your relationship last.

**2. Communicate daily, no excuses:** Whether it's texting "Good morning" when you wake up or Facetiming at lunch, do your best to communicate with your partner on a daily basis. Don't let daily excuses get in your way.

**4. Long-term plans:** Be honest with each other. How long are you two going to be living apart and are you both okay with this arrangement? Avoiding the issue will only exacerbate the problem.

**How did you make your long distance relationship work? Tell us below.**