

# Former '90210' Star Ian Ziering Prepares to Welcome Baby #2



By Nic Baird

*Beverly Hills, 90210* alum Ian Ziering is expecting his second child with wife Erin, according to [People](#). The actor called this new addition to the family a “dream come true.” They’ve taught their 18 month old daughter, Mia Loren, to point to Erin’s belly and say ‘baby,’ Ziering said. The couple married in May 2010, and though their family is growing, Ziering continues to act, direct, produce and pitch TV shows. “I have a lot of irons in the fire,” Ziering said. Erin is in her second trimester, the baby is due in May, and its sex is unknown.

**How does the dynamic change when you add a second child to your family?**

## **Cupid's Advice:**

Nuclear families have two children, because the consequences can be explosive! One child is hard enough, but two? Before you start doubting your sanity, remember how rewarding it is to have your first child. You've pretty much got this parenting thing down anyway, but in case you had any doubts, here's some little ways the family dynamic can change.

**1. Less time, more parenting:** A second child means twice as much attention. Make sure you and your significant other have talked about ways to divide tasks and manage your time. If your career was challenged when raising the first child, expect more challenges in tending to your young family's needs now.

**2. Buying in bulk:** Two children means you have to consider feeding a whole family. Meal time will be more regulated. Your brood's collective socks and toothbrushes will be identical. Having enough for everyone will be hard to manage, and noticing if one family member's needs are different will be even harder.

**3. Playmates:** Your first child is now blessed with a friend and playmate. Your children can play together now, and entertain each other. Find activities that involve multiple family members. Sadly, this usually means more supervision, not less.

**What changes to your family have you noticed with a second child? Share your experiences below!**

---

# '90210' Alum Ian Ziering Welcomes First Child



Former *90210* star

Ian Ziering has a new ray of sunshine in his life, and it's not from Beverly Hills. His wife Erin gave birth last week to their first child, Mia Loren. "Erin and I are very excited to be parents," Ziering told [E! Online](#) in October. "It's something we both have always wanted." The new father is more prepared than his *90210* character Steve Sanders, who was expecting with girlfriend Lindsay Price on the show. "Well, it's official, I'm a dad!" he posted via Facebook. "As I sit holding Mia, Erin sleeps the most beautiful sleep. My thoughts race with visions of a brighter future, only made possible by what happens today... or, last night! God bless us all." Best of luck to these new proud parents.

**How do you know when you're ready to have children?**

**Cupid's Advice:**

Having a baby is a big step for couples, and isn't anything to rush. Children change lives, and both partners need to be ready for the adjustment. Before considering it, ask yourself these questions:

**1. Can you afford to support yourself and a baby?:** Make sure you're financially stable, you have enough space and that your partner will be able to pay child support in the event of a separation. Money is a crucial factor to consider when having a baby. You need to make sure you are both committed to paying the child's expenses.

**2. How serious is the relationship?:** Analyze your relationship. Do you plan on getting married or moving in together? How long have you been together? You need to think about your future as a couple before deciding on babies.

**3. Are you ready to make sacrifices?:** Remember, once you have children, they are your responsibility for the next eighteen years. If you're finishing school, job hunting or simply love going out, perhaps it's best to wait awhile. Even the biggest dreams are put on hold when a baby is born.

**What are some other important factors to consider before having kids? Share your thoughts below.**