

Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"



Interview by Lori Bizzoco. Written by Kayla Garritano.
[Tyler Henry](#) is best known as the young, Macaulay Culkin look-alike who talks to spirits of deceased celebrity relatives on his hit reality show, *Hollywood Medium*. Now on a small break from filming during season two, the E! superstar has published

his first book, *Between Two Worlds: Lessons from the Other Side*.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life](#)

Hollywood Medium Reality Star Releases New Memoir

In his exclusive [celebrity interview](#) with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares. Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your

own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. “No, I left her home,” he says. Anyone who has ever watched the show knows that Henry’s mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents’ home and bought a home of his own in Malibu. Then, he adds, “Now, my parents live with *me!*”

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first off-camera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim’s robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he *has* helped families connect with members who have gone missing. “I would like to do more of that,” he admits. “It’s something that is very sensitive, and I think that there’s a way to do it.”

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn’t know who

they are or what they do – and he actually prefers it that way. “I don’t get starstruck. I don’t get distracted,” he shares. “Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level.”

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. “This is fundamentally what I’m meant to do,” he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: “If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible.”

If you want to inquire about a reading, you can visit Tyler’s [website](#). Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on [Facebook](#).

Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life





By [Cortney Moore](#)

Unlike most young adults trying to find themselves in life, 20-year-old Tyler Henry has made an impressive name for himself in the reality TV scene with his clairvoyant abilities. As the star of the hit show *Hollywood Medium*, Henry helps his celebrity clientele reconnect with lost loved ones. The small town California native captivated audiences with his detailed readings and secured a second season on E! which premieres tonight, August 10. Aside from having an active medium practice, this reality TV star has also written his own memoir. Learn more about the upcoming season, his new book, and his love life in this exclusive [celebrity interview](#).

***Hollywood Medium* Star Opens Up About His Talents, Dating Life & Second Season In Exclusive Celebrity Interview**

As to be expected, this young medium's life changed

drastically after filming the first season of his show. One aspect Henry is still trying to get used to after his television debut is being recognized by fans in his coming and goings. "Getting stopped on the street by people who've been personally affected by the show has been one of my favorite experiences," the reality TV star shares in our celebrity interview, "I love getting to meet fans of the show and hear their stories – everyone has one." And speaking of stories, there's many to tell in this upcoming season of *Hollywood Medium*. "There are so many moments that are deeply profound, some of my favorites being with people who may have started off as skeptics," Henry reveals. He especially enjoyed conducting a reading for singer and songwriter Moby, who Henry assures received touching results. Other celebrities to keep an eye out for in season 2 include Melissa Joan Hart and Kris Jenner, both of whom left the medium starstruck. The young psychic revealed that he'd like to read Lana Del Rey and Cher because "both are amazing performers with intriguing stories."

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

In addition to being a medium to the stars, Henry finds time to do readings for non-celebrity clients as well. "The show only represents a small demographic of my overall clientele," he says, "I still read the public and people who need it. It's essential for me to have a balance during filming as readings can become physically and mentally draining." And despite having a busy schedule, this talented clairvoyant has written his first book, titled *Between Two Worlds: Lessons from the Other Side* that will be released in November. The book is a memoir of Henry's journey to becoming a medium, discussing life events that profoundly affected his upbringing, such as the passing of a childhood friend. "I think people will be surprised to see that many of the stereotypes people associate with don't apply to my situation," the psychic says. "In

telling my story, I kind of demystify more of the outlandish ideas that people often assume mediums believe. It isn't like *The Sixth Sense*, and healthy skepticism is something I embrace." Henry hopes that readers will find resonance in his experiences and learn that we're all interconnected. The book will also go in-depth about the lessons people on the other side can offer to the world of the living. In five years, Henry hopes to still be working on *Hollywood Medium*, conducting readings cross-country and setting up a charity for young people who've experienced loss.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

Thanks to his clairvoyant abilities, Henry's been lucky enough to avoid nightmare date nights. Though there have been times he's felt "more connected to a date's deceased grandmother," but he typically goes with the flow during these situations. The 20-year-old's career as a medium has helped keep his life free from relationship problems. "When I'm dating someone, I often find I know whether we'll be going on a second date before the first one even really begins." But he also says that he isn't opposed to having his mind changed. His abilities just simply provide intuition about people's intentions or motivations. However, this rarely happens since many with ulterior motives "run for the hills" anyway when they discover his abilities.

Tune in for the new season of Hollywood Medium with Tyler Henry on E! on Wednesdays at 10/9c. Catch the premiere on August 10! You can keep up with Tyler on Twitter [@tyhenrymedium](#).