

Holly Montag and Husband Richie Wilson Share Celebrity Baby News!



By

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Celebrity pregnancy alert! Former MTV [reality star](#) Holly Montag and husband Richie Wilson are expecting their first child together. That means her famous sister Heidi is going to be an aunt! Montag and Wilson married in September 2014. According to [UsMagazine.com](#), she described her celebrity wedding day, saying, "It could not have been more intimate and elegant. Being surrounded by the mountains as the trees are just beginning to turn for fall was absolutely dreamy. It could not have been more magical or perfect for Richie and me."

After hearing this celebrity couple's baby news, what are three ways that you can support your partner through pregnancy?

Cupid's Advice:

Pregnancy isn't all about the "glowing." There are trials and tribulations to overcome during those nine months, and it's important to support your partner along the way:

1. Listen: The most important thing you can do for your relationship and your love life is to pay attention to your partner's needs while she is pregnant. Let her tell you everything she's feeling, experiencing, and thinking about. Sometimes, she may get very emotional and need to vent. Other times, she may just want to share with you that the baby is kicking. Help her remain relaxed and happy.

Related Link: [Kourtney Kardashian Welcomes Third Child](#)

2. Encourage healthy choices: During pregnancy, it's important to be at your healthiest. Do the heavy lifting for your partner. Take over their tasks that involve toxic ingredients like cleaning with certain products. Make her healthy meals and snacks, and exercise together. You can work on becoming healthier as a team, which will make it more fun!

Related Link: [3 Ways To Support Your Anxious Partner](#)

3. Connect: It's crucial during these stages to connect more than ever. Remember how much you love each other and how loyal you are to one another. Decorate the nursery and pick out baby names together. Engage in activities that you both enjoy. Spend a lot of time together because once the baby comes you will both be extremely busy.

What are some ways you have shown support to your partner during pregnancy? Share your stories below.

'Hills' Alum Holly Montag Is Dating Audrina Patridge's Ex Justin Bobby



The ladies of *The Hills* are at it again! According to UsMagazine.com, Holly Montag is enjoying a taste of Audrina Patridge and Kristin Cavallari's sloppy thirds and has decided to attempt a relationship with known bad boy Justin "Bobby." One source close to the couple says, "They're dating and have been for awhile". Maybe the third time's the charm for Justin

Bobby ... or maybe not.

Is it important to take a person's past into account pre-relationship? Cupid's Advice:

When entering into a new relationship, many of us try to look at it as a fresh start and let the past be the past. But, is it even possible to change? Cupid has some things to think about when looking into your partner's old flings:

1. How it ended: Sometimes things just don't work out, but it's important to look at why they didn't. If your partner and his or her ex ended amicably, then there may not be much to inquire about. But, if there's bad blood, you might consider finding out more details.

2. Did he learn from it?: Of course people make mistakes, and every mistake is a learning experience. One of the important things to look at when asking about a prior relationship that ended badly, is if he exhibits the same behavior that was previously an issue.

3. Level of commitment: Did your partner have a few serious relationships, or did he just jump around? Gauging his/her's level of commitment from their previous partner(s) allows you a glimpse at what to expect.

Did your partner learn from his past mistakes in order to make a fresh start? Share your story below.