

# Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary



By Ellie Rice

In the latest [celebrity news](#), Hilary Duff posted a series of Instagram photos honoring her husband, Matthew Koma, to celebrate the anniversary of their engagement. The pair had been dating three years prior to the engagement and share a daughter together. According to *UsMagazine.com*, the happy couple met back in 2015 while Koma was producing one of Duff's music albums.

# In this celebrity couple news, Hilary and Matthew are reflecting on the day they got engaged. What are some ways to make your engagement personal and memorable?

## Cupid's Advice:

Aside from your wedding day and the birth of your child, getting engaged is one of the most special days of your adult life. If you're curious about how to make it memorable, Cupid has some advice for you:

**1. Capture the moments:** Whether you are the one proposing, or you've just been proposed to, capturing this special moment is so important. Hire a photographer or enlist a friend to help make this time extra special and something you both can always look back on. If you've just been proposed to, take pictures of the ring and the two of you, so this day can last forever. You can show the pictures at your wedding, and take a page of out Hilary Duff's playbook and reminisce on social media!

**Related Link:** [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

**2. Share the news:** One of the beauties of social media is its ability to quickly spread information. Family and friends from all over the world can be reached at the click of a button. Share the news of your engagement across your platforms, only when you're ready of course, so everyone you love can celebrate with you! Call your friends and family as their excitement for you will be out of this world. Years from now you will all be able to reminisce on the happiness of this

occasion.

**Related Link:** [Hilary Duff Says Aaron Carter's Love Declarations Are 'Uncomfortable'](#)

**3. Plan your party:** Throwing an epic and memorable engagement party is a right of marital passage. The best way to celebrate your love is by being surrounded by all of your friends and family. Invite your loved ones, cater some delicious food, and dance the night away! This is a night that you will never forget, with all of the people who love you the most.

**What are some ways you would make your proposal memorable? Start a conversation in the comments below!**

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## **Celebrity News: Matthew Koma Calls Hilary Duff 'Wife' Sparking Marriage Rumors**





By [Hope Ankney](#)

In the latest [celebrity news](#), Matthew Koma has, seemingly, sparked rumors that he and [Hilary Duff](#) have secretly tied the knot. According to *UsMagazine.com*, the musician referred to Duff as his “wife” in an Instagram post shared on Saturday night. In the photo, you can see the actress mid-laugh as she’s dressed to the nines. Many fans began speculating about a possible wedding ceremony, but neither party responded. Instead, Duff posted a photo to her own Instagram the same night of the two, detailing that they were attending the AdoptTogether’s 2019 Baby Ball in Los Angeles.

**In celebrity news, is it possible that Hilary Duff and Matthew Koma tied the knot in secret? What are some benefits to keeping your**



# nuptials on the down-low?

## Cupid's Advice:

It's not uncommon for [celebrity couples](#) to secretly get married. Their entire lives are handed to the public on a silver platter. Privacy is something they don't take for granted, so it's understandable that there are some aspects of their world that they would like to keep separate. But, this isn't just helpful for celebrity relationships. It can be just as beneficial for anyone to keep their private life... well, private. Here are some of Cupid's best [relationship advice](#) on why getting married on the down-low can actually be a good thing:

**1. Filtered social media:** The advancements in the visual aspect of social media has changed how we get attention from our peers. However, if you become obsessed with recognition and likes, it can negatively affect your relationship. It begins to blossom when a couple notices that they're more in love with the idea of their relationship being flaunted online than they actually are being in the relationship. Keeping your marriage private can help in keeping both of your motivations pure as you step into the next part of your lives together. It's important to note when you're in a partnership with another because you have a genuine bond versus when you love the views that social media gives you for that partnership.

**Related Link:** [Celebrity Wedding: Country Singers Carly Pearce & Michael Ray Marry After 1 Year of Dating](#)

**2. Fewer riffs due to privacy:** When you share almost every waking moment of your marriage online or with others, it hinders the relationship from having a bond that should be shared only with each other. Most spouses aren't exactly excited to know that the majority of their relationship is exposed to third parties. This can cause drama and unnecessary

issues in your marriage when others know about problems or complications that are normally kept quiet.

**Related Link:** [Celebrity Wedding: Justin Bieber & Hailey Baldwin Tie the Knot for the Second Time](#)

**3. Less opportunity for exes to meddle:** No matter what, it seems like some exes just don't allow you to ever be happy. The only thing worse than friends or family being in your marriage's business is if an ex is meddling in it as well. This can damage your relationship if your marriage isn't built on the strongest of foundations. Disclosing information to your ex or those who know your ex can be harmful, and it should be something that isn't taken lightly. Don't allow yourself to be vulnerable, and always be wise.

**What are some ways that you've found being private with your marriage has been beneficial? Let us know down below!**

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## **Celebrity Interview: Actress Haylie Duff Talks Thanksgiving Meals and Marriage**





Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#)

Between being a mom, an actress, and a blogger, Haylie Duff has her hands full. With the holidays fast approaching, she needs to find recipes and meals that are quick and delicious for her family.

In our exclusive [celebrity interview](#), we chat with Duff about her favorite Thanksgiving memories, while she gives us some great advice for preparing easy meals during this time of the year.

## **Celebrity Interview with Haylie Duff: Thanksgiving Dinner Advice, Family Traditions, and Life with Two Kids**

Duff loves spending Thanksgiving with her family, and when asked about her favorite memory, she didn't hesitate to

share. "One [memory] that really comes to mind is we were thawing our big turkey, for the big day, out on our front porch when we lived in the hill country," she said. "Somehow our neighbor's two dogs got a hold of it while it was thawing out in the hot air of the South." Duff says that the disappearing turkey was a great mystery for her and her family that year. She recounts that she didn't really even care about the turkey; she was just happy to celebrate with loved ones.

While talking about Thanksgiving dishes, the mom of two tells us that she would rather do all of the prep work before the big holiday meal, so that she can spend more time with her family. That's part of the reason the actress partnered with Libby's during this busy time of year. "I really love using Libby's canned vegetables because they're pre-sliced and they're pre-chopped," she admits. Not to mention, "They are also celebrating their 6th annual [getbacktothetable.com/cansgiving](http://getbacktothetable.com/cansgiving) sweepstakes and I'm all about giving back and thinking about the things I'm thankful for," she said.

**Related Link:** [Celebrity Interview: Former 'Bachelorette' Ali Fedotowsky Shares Her Tips on Staying Fit as a New Mom](#)

After being the only one in her family who lacked cooking skills, Duff decided to start *The Real Girls Kitchen* blog. "It was time for me to learn how to cook for myself," the blogger said. "I started posting things online that I did well on and that I made mistakes on." She loved that her readers were learning along with her and that sometimes the mistakes turned out to be good surprises. She shares with us that her go-to side dish is baked sliced carrots and beets with maple syrup and seasonings, bringing a colorful, tasty addition to the table.

**Related Link:** [Celebrity Interview: 'Fuller House' Actress Lori Loughlin Talks About the Holidays & Her 'Tight Knit Family'](#)



Before wrapping our celebrity interview, we had to know if marriage to Matt Rosenberg, Duff's fiancé and father of her children, is expected in the future. "We talk about it all the time, but show me a free weekend," she laughs. Being a mom of two kids along with a job, a clothing line, and a blog can make it very difficult for this [celebrity couple](#) to find time to settle down.

*You can keep up with Haylie Duff by following her blog, [The Real Girls Kitchen](#), or The Real Girls Kitchen [Instagram](#) page. You can also follow Haylie's personal [Instagram](#).*

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## Celebrity Style: Distressed Denim Looks





By [Karley Kemble](#)

Denim is the best because it is *never* off-trend. Seriously. Whether you dress them up or dress them down, they are effortlessly versatile! With so many different colors, washes, and styles, there are endless ways to rock your jeans, denim jackets, or chic chambrays. One denim style that is always in style is distressed denim, probably because it manages to look both edgy and laid-back. Perfect for a casual [date night](#) or to pack in your bag for a [romantic getaway](#), you can never go wrong with a pair of distressed denim jeans.

**If you're looking for new ways to wear your distressed denim, you need these [celebrity style](#) tips! Cupid promises you'll turn heads.**

**1. Long cardigan:** When paired with a long cardigan, distressed jeans look super casual, but amazingly cute and put-together!

Throw on a tucked in tee shirt and slip on a pair of ankle booties. [Sofia Vergara](#) has been seen sporting this combo, and it's honestly the perfect daytime outfit for Sunday brunch with the girls, or doing some retail therapy!

**Related Link:** [These Celebrity-Approved Denim Shorts Are the Cutting-Edge Fashion Trend for Summer](#)

**2. Off-the-shoulder top:** A super girly look to wear with distressed denim is with a sexy off-the-shoulder top. Style your hair in a sleek top knot and dainty necklace for some sophisticated glam. A pair of strappy sandals works well with this look. If you need some style inspo, look to [Hilary Duff](#) or [Kelly Rowland](#) – they've both mastered this warm and beachy look!

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**3. Sporty zip-up:** Zendaya is always style goals, so it's no surprise she manages to wear her distressed denim well! She's been seen wearing her jeans with track style zip-up and tennis shoes, which is casual, sporty, and stylish! Best of all, this outfit is super comfortable, so you can wear it all day without wishing you had a backup outfit to change into!

**Related Link:** [Fashion Trend: Fashion Goes Digitally Modern Savvy](#)

**4. Crop top:** Show some more skin and pair those ripped jeans with a cute crop top! Crop tops work well with distressed jeans because they are versatile too! You can wear your crop top alone or wear it with something over – like a flannel, anorak jacket, or sweater. No matter how you dress it up (or dress it down), you'll have a unique look each time! If you need ideas, peep Gigi Hadid knows exactly how to rock her crop tops with denim!

**5. Moto jacket:** Leather/moto jackets are a staple for anybody's wardrobe. When worn with distressed denim, you're

sure to look like a baddie. Olivia Palermo knows what we're talking about – this style is a favorite of hers. Pair your jacket with some edgy hoops and a ponytail to look even more edgy!

**What's your favorite way to wear distressed denim? Share with us in the comments below!**

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## Food Trend: Our 5 Favorite Cleanses for a Physical Spring Cleaning





By [Rachel Sparks](#)

Spring is a time of rebirth. We're shedding those chunky knit sweaters for v-neck tees and choker necklaces. Our hair is coming out of its perpetual bun and our we're dredging our skin of dead layers and thick moisturizers. While we're thinking about the next [celebrity beauty trend](#), we need to also consider how to keep our inner workings clean so that our skin and hair will have a natural glow. In addition to [celebrity fitness tips](#), these five food trend cleanses are what celebrities like Vanessa Hudgens, Amber Rose, and Hilary Duff use to boast about their hot celebrity bodies! Before you know it, you'll feel confident enough to walk out in the latest [celebrity styles](#).

## **This food trend is all about bringing spring cleaning to your body!**

**1. Herbal teas:** Drink more tea, seriously. Most herbs will help target specific concerns. Cinnamon and turmeric, for example, are well known for their anti-inflammatory properties. If you're wanting to relieve some of the aches in your body and encourage weight loss, this flowery, lightly spiced tea is all you need. Brew hibiscus, ginger, willow, dandelion, and high mallow in water.

**Related Link:** [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind by Eating These Super Foods](#)

**2. Apple cider vinegar:** If it sounds weird, you're not wrong. While it might take some getting used to, this classic is made from items that are likely already in your cupboard. ACV boosts your immune system and jump starts your metabolism for a preventive and weight-losing concoction. The classic apple cider vinegar drink recipe typically contains apple cider

vinegar, lemon juice, water, cinnamon, and cayenne pepper.

**3. Ayurvedic tea:** If you don't know what Ayurvedic means, you're not alone. An ancient form of Indian medicine falls under this name, but the term is often used for referring to natural remedies. This classic tea uses some well-known spices that help with inflammation, digestion, and headaches. For a natural cleanse with an Eastern twist, mix turmeric ginger, coriander, cumin, and fennel. Trust us, don't go for the jarred spices; invest in roots or high quality dried leaves.

**Related Link:** [Tree Infused Water is Making Celebrity News as a Diet Staple For Fit Stars](#)

**4. Target specific organs:** If we listen to our bodies we can often tell where the issue is. While a full-body cleanse has its benefits, targeting concerns can help alleviate symptoms faster. For your liver, try turmeric, dandelion, and ginger tea. It's a great detox after a binger. Ginger is best known as a digestif. Licorice treats headaches. Before you know it, you might become an herbalist.

**5. Vegetable juice:** When most of us think detox, we think of juices and smoothies. Guess what, there's truth to that. The best thing you can do for your body is provide it with a multitude of fresh fruits and vegetables in all their variety. Leafy greens are notorious for their cleansing properties, but not everyone wants to eat them. Try out some fun recipes to make it delicious. Our favorite: apples, carrot, lemon, ginger, turmeric, beetroot, kale and cilantro.

**How do you detox for spring? Share your fitness and health tips below!**

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# Food Trend: Foods to Help Fight Springtime Allergies



By [Rachel Sparks](#)

Springtime is incredible. We can finally shed those extra layers, the greenery is coming back, the world is colorful from thousands of blossoms, and all the animals and birds come back. It's a time of life and renewal, until allergies kick in. What can ruin a magnificent springtime? Itchy eyes, a runny nose, and an incessant cough. [Hilary Duff](#), [Jessica Alba](#), and Tori Spelling are all known for their suffering from allergies. Cupid has the best [food trends](#) to help kick your allergies to the curb.

# These food trends will help you survive the dreaded allergies of springtime!

**1. Probiotics:** You've heard of the wonders of probiotics. They're great for balancing bacteria in your belly to make sure that your insides work without any issues. Guess what else they do: fight allergies! Studies have shown that babies who feed on breastmilk where the mother took probiotics during and after pregnancy are less likely to have eczema and other forms of allergies. The good news for adults: we can skip the milk and go straight to the probiotics for some relief.

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**2. Sinus clearing spices:** Spices like anise, fennel, horseradish, and mustard act as natural decongestants. If you're feeling stopped up in the nose, eating or drinking some of these spices help break up the congestion in your nose so you can breathe a bit easier.

**3. Bioflavonoids:** Say what? Bioflavonoids are proven allergy relief because they act as mast-cell stabilizers, which decrease the number of cells that react to allergens. Fewer cells reacting means fewer allergy symptoms. Where can you find these miracle workers? In apples, onions, tea, and red wine.

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**4. Omega-3's:** Yup, that fish oil trend you've heard about for years is legitimate and well worth jumping on the band wagon. Along with happy vitamins that help balance your emotions and the memory-boosting elements, your swimmer friends contain EPA



and DHA. Both EPA and DHA reduce allergic reactions. The best source: cold water fish, such as salmon, sardines, trout, tuna, bluefish, and herring

**5. Local Honey:** Our personal favorite: honey! It's sweet and delicious, great in dessert, teas, or even on a spoon. If you've ever had a cough, your mom may have made you drink tea with honey. The honey sticks to your throat, calming any irritation. But it gets better. Local honey uses local pollen, the very thing that causes your allergies. Ingesting this is a natural way of boosting your body's resiliency against local allergens.

**How do you fight springtime allergies? Share your secrets below!**

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## **Celebrity Fitness Secrets: Funky Exercise Fads**





By Christine Rudolph

While it may seem as though celebrities keep their exercise routines mum, occasionally we're able to snatch their [fitness secrets](#). While some stick to the standard gym routines, machines, and weights, others have some very interesting ways of getting fit. Leave it to celebrities to find super interesting workouts that help achieve perfectly toned bodies! If you're looking to workout like a celebrity and achieve a fit [celebrity body](#), then some of these exercises might be for you.

**Bored of your routine gym workouts? Check out some of these celebrity fitness secrets that will change the way you workout!**

**1. CrossFit:** CrossFit has taken the fitness world by storm over the years, and is one of the most rigorous workouts out

there! This super popular workout combines a multitude of exercises such as cardio, weights, and kettleballs in a short 45-minute timespan. Quality trumps quantity; your results aren't determined by how much time you spend in the gym, rather, by how hard you work out. [Jessica Biel](#) is a huge fan of this regimen – and judging by her perfectly chiseled body, she certainly isn't intimidated by its intensity!

**Related Link:** [Fitness Tips: 5 Fit Celebrities That Lost Weight and How They Did It](#)

**2. Piloxing:** As you may have guessed, Piloxing is a high-energy combination of Pilates and boxing. Celebrities such as Vanessa Hudgens, [Hilary Duff](#), and Ashley Tisdale are all fans of this recently popularized fitness routine. The workout is focused on building the core and muscle toning, which ultimately helps build strength and endurance. Piloxing is also a huge calorie burner – you can burn 900 calories in just an hour!

**Related Link:** [Fitness: 5 Amazing Workout Tips from the Best Celebrity Trainers](#)

**3. Barry's Bootcamp:** If you've ever wondered how [Kim Kardashian](#) has achieved her post-baby slim downs, her fitness secret is Barry's Bootcamp. Each class utilizes a combination of resistance training with elastic bands, kettle bells, and body bars, as well as cardio. Barry's Bootcamp has been voted "The Best Celebrity Workout" by many fitness magazines and other publications, so you're guaranteed to have a solid workout with each class session!

**Related Link:** [Look Like a Victoria's Secret Model with These Celebrity Workouts](#)

**4. Belly Dancing:** Belly dancing is a super fun workout that has been around for quite some time! In the celebrity realm, it has become pretty popular among A-Listers like Shakira and [Beyoncé](#). The sultry dances target the abs and sculpts the hip

area. Bonus: you'll learn to move muscle groups in your body that you never knew existed, too!

**5. Hula hooping:** Would you have ever guessed that one of your favorite childhood past times would come back into popularity as an adult? Hula hooping tones your entire body! Zoey Deschanel has embraced hula hooping fitness classes, because they target everything from your core, to your arms and legs. The best part is that it doesn't feel like a workout at all! If you're intimidated by exercise, this one's for you!

*Christine Rudolph is a passionate lifestyle blogger who loves to write about current trends. She is a featured author at various authoritative blogs. Currently, she is associated as a blogger for [Hourglass Express](#), providers of quality waist trainers, belly bands, and other weight loss products. For all updates, follow her [@RudolphBlogger](#) and become friends with her on [Facebook](#).*

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## **Fashion Trend: Making Sweatshirts Stylish**







By Ashleigh Underwood

With fall just around the corner, fall [fashion](#) is in full swing. Colder weather and shorter days has us longing for warm and comfortable clothes we can wear in every situation. This means wearing sweatshirts as the latest celebrity [fashion trend](#). While sweatshirts have been a staple in lazy Friday fashion, they can also be worn in fancier, everyday settings.

## Take a cue from this fashion trend to incorporate sweatshirts into your everyday wardrobe:

**1. Keep it simple and casual:** Sometimes, the best look is the most simple one. Break out your comfiest knit sweater, and layer it over some skinny jeans and boots. You'll look stylish, while staying comfy and warm all day long.

**Related Link:** [5 Trends to Make Winter More Bearable](#)

**2. Dress it up:** When you're ready to show off your

sophisticated side, pair your sweatshirt with a skirt. Tuck in your sweater, slide on some heels and decorate yourself with jewelry. This is a sure fire way to glam up any sweatshirt.

**3. Elegant and chic:** For those days when you want to feel classy, but stay comfy, try for this look. Take a page from [Hilary Duff's](#) style guide and wear your sweatshirt over a classic button down. Show off the collar and let the bottom of the shirt peek out from the bottom of your sweater, creating that perfect chic style.

**Related Link:** [Product Review: Keep Warm These Colder Months With Peekaboos Ponytail Hats & Scarves](#)

**4. Edgy and bold:** If you are feeling determined and bold, this look is for you. Starting with your sweatshirt, add a pair of leather pants, a long cardigan and your favorite glam accessories. In no time, you will be looking as fierce as ever.

**5. Bring back summer:** With cold weather coming fast, it is understandable to want to hang on to summer vibes as long as possible. Channel your inner Vanessa Hudgens and layer a long sweatshirt on top of a summer dress to get that classic boho look. Finish the outfit off with a stylish hat and boots and you're good to go!

**What are some ways you style a sweatshirt? Comment below!**

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# **Celebrity Style: Bundle Up in These Ski Lodge Celebrity**

# Looks



By [Marissa Donovan](#)

During the winter months, it's great to escape to a ski resort. Whether you are there to snowboard or ski, it's crucial to stay warm and look good while doing it! Here are some [fashion tips](#) on how to snag a celebrity styled look on the slopes this Winter.

## Get the celebrity hottest celebrity ski looks this Winter!

**Kate Middleton's White Jacket:** Bundle up in a white jacket similar to Kate Middleton's on the slopes this winter. Match the jacket with black or white ski pants and gloves to

complete this royal look!



Kate Middleton  
at Klosters Ski  
Resort in  
Switzerland.

Photo Credit:  
Solarpix / PR  
Photos

**Related Link:** [5 Fashion Trends to Make Winter More Bearable](#)

**Paris Hilton's Long Geometric Coat:** Make a statement in a bold geometric coat while staying warm. Get one size larger than what you normally wear for a coat, so you can have a second jacket underneath. Layering with the print will really accentuate the colors on your coat.





Photo:  
parishilton/Instagram

**Related Link:** [Date Idea: Enjoy a Date by the Fireplace](#)

**Mariah Carey's Cherry Red Down Jacket:** This down jacket has the pop of color that your winter wardrobe deserves. Like Carey, see if you can have extra warmth in your hood by finding one that has cotton or faux fur.



Photo:  
mariahcarey/Instagram

**Related Link:** [Top Five Ski Destinations for Celebrity Couples](#)

**Hilary Duff's Cotton Top Hat:** This classic winter accessory

can vary on size, depending on how big you want your cotton top. Choose a brown, white, or black hat so you can coordinate with any jacket or ski pants!



Photo:  
hilaryduff/Instagram

**Related Link:** [Top 10 Romantic Winter Getaways](#)

**Ashley Tisdale's Ski Goggles:** Protect your eyes in style by getting ski goggles with white and blue hues. Not only will you avoid snow from blocking your sight, but you will look fierce as well!



Photo:  
ashleytisdale/Instagram

Which celebrity ski look will you be sporting on the slopes?  
Let us know in the comments!

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# Celebrity News: Rape Charges Against Hilary Duff's Ex Mike Comrie Dropped



By [Marissa Donovan](#)

[Hilary Duff's](#) ex husband and co-parent Mike Comrie has been dropped from his rape charges. Back in February, the retired NHL player was under investigation for alleged sexual battery

by The Los Angeles Police Department. According to [UsMagazine.com](http://UsMagazine.com), his accuser claimed the sex was consensual, until Comire engaged in an act the woman did not consent to. Duff has not commented about the case, but remains close with Comire.

**In this [celebrity news](#), Hilary Duff's ex isn't up against nasty charges anymore. What are some ways to deal with your partner getting in trouble with the law?**

#### **Cupid's Advice:**

Like Duff, you may find yourself caught in the middle of your partner's allegations. Consider this [relationship advice](#) when your partner is in trouble with the law:

**1. Listen to your partner's perspective:** Your partner obviously has something to say about his current circumstances. Listen to what he has to say. You are allowed to agree or disagree with his statements, but it is valuable to hear his side of the story.

**Related Link:** [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

**2. Explain to your family:** Do not leave close family members in the dark! Let them know what is happening and what procedures you need to take as a family. If you need a babysitter for a court date, let them know. Having extra hands during a time of trouble is necessary.

**Related Link:** [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)



**3. Be patient:** Investigations take time, which can cause anxiety for how this case might impact your future. It is important to be patient and wait for evidence to evaluate the incident. You can decide whether you want to be supportive or leave once the case has been assessed.

**How would you deal with your partner's problems with the law? Leave your thoughts in the comments!**

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**These Celebrity-Approved Denim Shorts Are the Cutting-Edge Fashion Trend for Summer**





By [Marissa Donovan](#)

Need to spice up your wardrobe and try something new for your summer look? Many celebrities are inspiring us to wear Bermuda-style denim shorts. This may be a fashion trend your friends have been posting on Instagram as of late. In fact, these shorts are great for making your summer outfits a little edgy! This style can range from cuffed with minimal fading to distressed denim with large holes. The summer heat is here, and instead of wearing jeans, try these shorts with your everyday looks!

**Fashion trends like this one are super easy to incorporate with the clothes you already own. Check out our examples of how to rock these shorts this summer!**

**1. The Kardashian Distressed Look:** This trend setting family

has been adding these shorts with many of their outfits. [Khloe Kardashian](#) even designed her own for her [Good American](#) fashion line! Kourtney and Kim have also been spotted wearing these shorts with heels and a light colored top. This will match the fading or thread of the denim. This is a dressy, yet casual look that's perfect for a [date night](#)!



Photo: [espresso](#) /  
Instagram

**Related Link:** [Kim Kardashian's Daytime Date Looks](#)

**2. The Duff Cuffed Look:** On a few occasions [Hilary Duff](#) has been seen wearing these shorts. She prefers her shorts to be cuffed with small holes in the pant leg. This style will make your whole outfit look clean cut and adorable! These shorts go great with a comfortable hoodie or chic tank top. Small heel wedges or jeweled sandals will match this relaxed style. It's a great look for a quick coffee run or a shopping day!



Photo:  
meganbrooke\_shopstevie/  
Instagram

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**3. The Faded Denim Hadid Look:** Supermodel Gigi Hadid has been wearing these extra faded denim shorts effortlessly! Hadid wore a flannel with heels to make the look bold and fearless. If you don't feel comfortable in heels, try black boots or wedges to make the fading of the jean more prominent. Flannels or just a basic top will really bring the outfit together. Try this look out for a fun summer concert and see how many compliments you get!





Photo: poe\_and\_arrows/  
Instagram

You can find these style shorts in many departments stores or online. If you're on a tight budget, go to Youtube and search for a DIY tutorial video on how to update your old jeans into trendy summer shorts!

**How would you wear this celebrity fashion trend? Leave your ideas in the comments!**

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# **Celebrity Couple: Hilary Duff & New Boyfriend Matthew Koma Make First Red Carpet Appearance**





By [Cortney Moore](#)

It is now red carpet official! Hilary Duff and new boyfriend Matthew Koma made their first public appearance at *Entertainment Weekly's* pre-SAG Award party. The new [celebrity couple](#) coordinated matching black outfits and looked effortlessly chic while they partied the night away. According to a source from [UsMagazine.com](#), the pair "had great chemistry" when they collaborated on Duff's 2015 *Breathe In. Breathe Out.* album, so it shouldn't be much of a surprise. The musically-inclined couple first made [celebrity news](#) earlier this month over their coffee date. "They were leaning in and laughing a lot. They had their arms linked and kissed at one point," an insider told *Us* at the time; but this latest outing confirms that this celebrity couple is here to stay.

**This new celebrity couple is making it official! What are some ways to**

# debut your new relationship to family and friends?

## Cupid's Advice:

When you've finally found the one, the next step is to introduce them to the other important people in your life. It can be a nerve-racking experience, but it doesn't have to be. Cupid is here to provide you with creative ideas on debuting your new relationship:

**1. Send a cute picture:** Nip all the questions in the bud by showing your family and friends pictures of your new beau. This will provide a face to the name you provide them. It also prepares them in regards to who they'll be meeting soon.

**Related Link:** [Celebrity News: New Couple Hilary Duff & Matthew Koma 'Had Great Chemistry in the Studio'](#)

**2. Give them quizzes:** If you don't want to send pictures, you can provide clues to your family and friends, and let them guess. This little game works well if they already know the person you're now dating.

**Related Link:** [Celebrity News: Hilary Duff Speaks Out on Divorce, Marriage, Monogamy and More](#)

**3. Have a joint dinner:** Of course the best way to debut your new relationship status is by doing it face-to-face. Kill two birds with one stone by having a dinner party and inviting your family, closest friends and new love.

**How have you debut your new relationship to family and friends? Share your stories below!**

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# Celebrity News: New Couple Hilary Duff & Matthew Koma 'Had Great Chemistry in the Studio'



By [Whitney Johnson](#)

[Hilary Duff](#) has a new boyfriend – and it sounds like this celebrity couple had great chemistry long before they coupled up. According to the latest [celebrity news](#) on [UsMagazine.com](#), the pop star first collaborated with Matthew Koma on her 2015 album *Breathe In. Breathe Out*. “They had great chemistry in



the studio,” a Duff source reveals. “Hilary thinks Matt is very talented and cute.” Earlier this month, the musical pair put their celebrity relationship on display during a long weekend at Santa Barbara’s San Ysidro Ranch – the same spot where the *Younger* star spent her August 2010 wedding night with then-husband Mike Comrie. Despite their romantic getaway, the new [celebrity couple](#) is taking things slow: “It’s pretty recent. They’re seeing where it goes,” the source added.

## **In celebrity news, Hilary Duff has a new musical boyfriend! What are some benefits to having hobbies in common with your partner?**

### **Cupid’s Advice:**

If you and your boyfriend, like the couple in this celebrity news, have similar hobbies, consider it a good thing! Sharing common interests will bring you closer together and make your relationship even stronger. Below, Cupid reveals three benefits to having the same likes and dislikes as your partner:

**1. You’ll be happier:** Research suggests that couples who try new things and share common interests, particularly active pursuits, are happier. When you share hobbies with your partner, it’s like having a built-in sounding board. You can bounce ideas off one another, and the time you spend together will be even more worthwhile.

**Related Link:** [Celebrity News: Hilary Duff Speaks Out on Divorce, Marriage, Monogamy and More](#)

**2. You’ll get to know each other better:** Understanding and sharing his passions will allow you to see a new side of your boyfriend. Likewise, if he tries to enjoy your favorite things

(like your Thursday morning runs and *The Bachelor* on Monday nights), you'll appreciate that he made an effort. Seeing each other in your elements will make you even *more* attracted to each other. Additionally, the more hobbies you share, the more time you get to spend together – it's a win-win!

**Related Link:** [Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce](#)

**3. Compromise is important:** At the end of the day, relationships require sacrifice and compromise – two actions that don't always come easy. Adopting – or even just showing an interest in – his hobbies early on will benefit your partnership in the long run. Plus, you may even pick up a new hobby of your own, thanks to his influence!

**What are some other benefits to sharing hobbies with your partner? Tell us in the comments below!**

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## **Celebrity News: Hilary Duff Speaks Out on Divorce, Marriage, Monogamy and More**





By Kayla Garritano

This star is coming clean! In [celebrity news](#), [Hilary Duff](#) opened up about divorce, marriage, monogamy and more while discussing past relationships and her current love life. According to [UsMagazine.com](#), Duff and her *Younger* co-star, Nico Tortorella, sat down for a casual interview with the podcast show, *The Love Bomb*. “All of my relationships have been in the public eye. Whether people care or not, that’s a different story,” Duff brought up to co-star Nico Tortorella. “But enough people seem to have cared that it’s talked about.” Despite her problems, Duff never took love as a joke. Her first serious relationship happened at the age of 16. She then met Mike Comrie in her early 20’s and they were married in 2010, having a child in 2012. Although divorcing, these [celebrity exes](#) still remain friends. Now, she is currently dating personal trainer Jason Walsh. Although she doesn’t “feel the need to get married again,” she is open to the idea if it is important to her significant other.

# In this celebrity news, Hilary Duff finally opens up about her relationships. What are some ways to keep an open mind in your relationships?

## Cupid's Advice:

Relationships can be tricky, but it is good to always have an open mind when you're with someone. Cupid is here with some [relationship advice](#):

**1. Act, don't react:** If your partner is trying to confront you about a problem the two of you are facing, it is best to act upon it instead of getting upset over it. Reacting in a negative way can cause a fight, and you don't want that happening! Maybe there's something you can do to change for the better, as opposed to getting defensive.

**Related Link:** [New Celebrity Couple: Hilary Duff & Jason Walsh Go Public with Relationship on Instagram](#)

**2. Be flexible:** In a relationship, not everything is going to go as planned. You can walk in with high expectations of how you perceived your partner to look and act, but they may not always be who you planned, and that's okay. When you meet someone new and you feel a connection, don't judge the other person based on a preconceived notion of what you wanted.

**Related Link:** [Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce](#)

**3. Ease your temper:** Things will happen in a relationship that you will not like, but instead of blowing up on your partner, you have to try and calmly talk it out. Nothing will be solved with a short temper, it may even make matters worse.



How have you kept an open-mind in your relationship? Comment below!

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# New Celebrity Couple Hilary Duff & Jason Walsh Go Public with Relationship on Instagram



By Kayla Garritano

It's social media official! [Hilary Duff](#) officially announced

her new [celebrity relationship](#) with Jason Walsh by posting a picture on Instagram. The picture shows the [celebrity couple](#) sharing a kiss on Sunday, October 16 with a black and white filter. According to [UsMagazine.com](#), Hilary's new romance with her personal trainer sparked rumors after the duo stepped out together earlier this year, but this marks the first time their relationship has been displayed for the world to see.

## **This new celebrity couple is making it social media official! What are some benefits to announcing your new relationship on social media?**

### **Cupid's Advice:**

Congratulations on your new relationship! Now all you want to do is show it off to everyone, and that's what social media is for. There are many apps and sites that will help you announce the news, and Cupid is here with some [dating advice](#):

**1. Show them off:** You really like your new partner, and all you want to do is show them off to everyone. Putting pictures on social media of your new relationship shows everyone how happy you are and displays how happy they make you feel. You get to easily say, "This is my boyfriend; isn't he great?" or "This is my girlfriend, isn't she amazing?" in a picture. Be proud to show them off!

**Related Link:** [Relationships Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

**2. Share the happiness:** You're happy, so everyone else should be, too. The people who care about you want to see you happy, and want to make sure you are doing well. If they see positive pictures, they will be sure to feel happy as well. Spread the love!

**Related Link:** [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

**3. Stop the rumors:** If you're like Hilary Duff, there may be a rumor about you having a new boyfriend before you confirm anything. In fact, it happens a lot in [celebrity news](#). But when you're both ready, you can publicly display your relationship and stop everyone from gossiping. There's no rush to doing this, but a benefit of announcing your new relationship on social media is helping to hush the whispers.

**Have you ever posted about your new relationship on social media? Comment below!**

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## **Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce**





By Jasmine Igwegbe

The best thing any parent can do for their child is to bring them up in a loving environment. In [celebrity news](#), former [celebrity couple Hilary Duff](#) and Mike Comrie secured their [celebrity divorce](#) last week, but takes a trip to Hawaii together one week later for the love of their son, Luca. According to [UsMagazine.com](#), "The parents will have joint custody of Luca and neither will receive spousal support." These two are not letting their celebrity divorce come in the way of their family.

**This former celebrity couple isn't letting their lack of marriage get in the way of family time. What are some ways to focus on family in the face of divorce?**

**Cupid's Advice:**



A twisted marriage does not need to result to a twisted family. It is important to ensure that your family remains stable even after a divorce. Cupid is here to share some ways with you:

**1. Go on outings:** Take your family on an outing to the movies, the beach, water parks or even a trip to Hawaii would be exciting. Participate in activities to get the whole family involved. These create family memories that can be cherished years later.

**Related Link:** [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

**2. Communicate on a regular bases:** Facing a divorce can keep your family from seeing each other as frequently as before. Keeping in contact with your family during a divorce is crucial. Send emails, webcam each other, schedule phone calls weekly, or share a journal. Stay active in their life even from a distance.

**Related Link:** [Hilary Duff's Celebrity Ex Mike Comrie Fights for Joint Custody of Son Luca](#)

**3. Co-parent:** Even though you are divorced still be there for your partner to be able to support your family as a strong team. Put any conflicts you have between each other in the past and do what is best for your family. Your family interest becomes your priority after a divorce.

**What are some other ways to focus on your family while going through a divorce? Share your ideas with us below.**

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# Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split



[By Mary DeMaio](#)

The final chapter has come to an end for [Hilary Duff](#) and Mike Comrie as husband and wife. According to [UsMagazine.com](#), the former [celebrity couple](#) finalized their [celebrity divorce](#) on January 28, after initially splitting up in January of 2014. These celebrity exes had been married for three years prior to their split and will have joint custody in efforts to create an environment that is healthy for their son Luca.

# **This celebrity divorce is official. What are some ways to determine whether divorce is the answer?**

## **Cupid's Advice:**

It can be hard to hold on, but sometimes even more difficult to let go of the life you built with someone. You shouldn't always assume the grass is greener. Cupid is here to share some ways with you:

**1. Go back to what brought you together:** Travel to that place in time of when and how you first fell in love. Try to resurrect that special spark in your relationship and see if the feelings are still there.

**Related Link:** [What Can We Learn From Celebrity Divorces?](#)

**2. Don't harbor anger:** Constant fighting isn't going to improve the situation. Look below the surface to understand what the root of the problem is and if it can be fixed.

**Related Link:** [Celebrity Divorce: Yolanda Foster & David Foster Announce Split](#)

**3. Seek professional advice:** Sometimes speaking in front of a third party may help you and your partner figure out ways to cope with the issues, providing an objective standpoint to see if anything else can be done.

**How do know if it is time to end your marriage? Share your experience below.**

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# Celebrity Photo Gallery: Famous Couples That Co-Parent







Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career.

Photo: Charles Norfleet / PR Photos

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## Celebrity Break-ups of 2015





Page 1 of 21



Gwen Stefani and Gavin Rossdale

This musical duo surprised everyone when they announced their



celebrity divorce on August 3rd. They've promised to keep things amicable and co-parent their three sons together.  
Photo: Albert L. Ortega / PR Photos

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## Relationship Expert Talks About Helping Kids Through Divorce



By Debbie Bartashius-Ceresa

Whose divorce is it? Perhaps this sounds like a strange question when talking about the Hilary Duff and Mike Comrie

custody dispute or the battle of where Jodie Sweetin and Morty Coyle's little Beatrix will attend pre-school. But as a [relationship expert](#), I know that a divorce can cause many losses, especially for the children.

## Relationship Expert on Losses of Divorce

There is truth that divorce is a family matter, but in the end, it's the couple who is ending their relationship and love together. The kids are merely in the midst of a war zone, and the damage to them can be immense. Divorce, like death, creates losses for everyone involved. Children can experience any or all of the following:

**Related Link:** [Expert Dating Advice: Should You Give Your Ex a Second Chance?](#)

**1. Loss of expectations:** We teach our children to love, trust, and be loyal to us. Children think that their family will always be together. Think about the many stories you've read to your kids; most of them have a family that stays together. Children are also exposed to the vows and commitments parents make to each other through movies and religion. Try to imagine how confused a child feels when they're told that their parents can no longer keep this pledge.

**2. Loss of trust:** Children have a difficult time dealing with the conflicting feelings of love and divorce. These emotions tend to cause the child to believe that their parents are distrustful.

**3. Loss of familiarity and routines:** A divorce sometimes causes a move from one home to another or a change of schools. Everything that was familiar and routine in the child's life is disrupted.

**4. Loss of safety:** What makes you feel safe? Most of us feel



stable when we are in our day-to-day routine and our comfort zone. Oftentimes, children caught in the battle lose their sense of safety.

## Expert Love Advice For How To Help Your Child Through Your Divorce

As a relationship expert, I look at celebrity divorces, such as the Duff-Comrie and Sweetin-Coyle cases, and see that they create an awareness of how to understand the effect of break-ups on our children. My expert love advice, whether you're dealing with a divorce of your own or someone close to you, is to focus on the kids. The following can help your child:

**Related Link:** [Romantic Relationship Advice: From Roadkill to Recommitment](#)

**1. Don't "fix" feelings:** Be there to listen to your child without trying to tell them how to feel. Every child is different and reacts to a divorce uniquely. The problem with emotions that are sad, negative, or painful is that we try to fix them. We don't try to change or fix good feelings. Remember that feelings are feelings.

**2. Find a safe zone:** Give your child a place to express any happy, sad, or painful emotions. You need to be able to listen, hear, and acknowledge their feelings. This safe zone also means not taking sides with the other parent.

**3. Complete your own emotions:** The world isn't perfect. Divorce happens. Every divorce is unique; your feelings are unique. Taking actions to complete your own emotions with your divorce will give you the ability to hear and listen to your children.

*Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View,*

available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit [debbieceresa.com](http://debbieceresa.com).

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

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## Famous Couples Share How They Celebrate Mother's Day





By [Courtney Omernick](#)

While so many [celebrity couples](#) will be celebrating Mother's Day this year, either for the first time or for the 8th time, Cupid got to take a look inside a few famous couples' Mother's Day festivities.

## Here are some ways our favorite famous couples celebrate Mother's Day:

**1. Jessica Alba and Cash Warren:** Jessica, Cash, and their daughter, Haven, keep things casual on Mother's Day. This family loves going to brunch.

**Related Link:** [Get Details on Nikki Reed and Ian Somerhalder's Sunset Celebrity Wedding](#)

**2. Camila Alves and Matthew McConaughey:** Camila and her daughter, Vida McConaughey, leave Matthew at home. These girls spend Mother's Day in style by jewelry shopping in NYC.

**Related Link:** [Prince William and Kate Middleton Celebrate 4th Celebrity Wedding Anniversary While Awaiting Royal Baby](#)

**3. Hilary Duff and Mike Comrie:** Who knows what's in store for Hilary this Mother's Day, as she is newly single celebrity. But, typically, it's a warm Mother's Day for the celebrity mom. Hilary and her son, Luca, were spotted soaking up the sun's rays in Mexico last year.

**4. Channing Tatum and Jenna Dewan-Tatum:** Channing and his wife, Jenna, keep this special holiday a family affair. They spend their time with their daughter and Channing's mom.

**5. Halle Berry and Olivier Martinez:** This celebrity couple spends Mother's Day enjoying lunch with her children in sunny Los Angeles.

**How do you and your mom spend Mother's Day?**

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## **Hilary Duff's Celebrity Ex Mike Comrie Fights for Joint Custody of Son Luca**







By Maggie Manfredi

Another Hollywood custody battle? According to [E! News](#), Mike Comrie is going for joint custody of son Luca, though Hilary Duff's initial file was for primary custody. Comrie was originally set to have visitation rights. The singer filed for her celebrity divorce from the retired hockey player in February, but the [celebrity exes](#) had been separated for almost a year prior. This news comes as a surprise because these celebrity exes have been the epitome of co-parenting, even attending events together and having public lunches.

**Things aren't looking good for this celebrity ex couple! What are some ways to compromise mid-break-up when it comes to your kids?**

**Cupid's Advice:**

When you have a child with someone, you are bonded for life,

for better or for worse. So if the relationship and love doesn't work out you still have to be a team for the sake of the kid. Here are some ways to compromise with your ex:

**1. Third party help:** If you are arguing or having trouble seeing eye to eye don't be afraid to reach out for assistance. Whether it be a counselor or a third party with no personal interest in the matter, you will want someone unbiased and knowledgeable to make this time easier for everyone.

**Related Link:** [Hilary Duff's "Imminent" Wedding](#)

**2. Remind each other:** Continue to remind yourself and your ex that your child comes first in everything. No matter what issues you had in your relationship, they can be put aside to do what's best for your son or daughter.

**Related Link:** [Hilary Duff & Mike Comrie Signed a Prenup](#)

**3. Pick your battles:** Issues such as custody and visitation rights, definitely worth the fight; but not every little issue is worth making it into a world war. It can be hard not to get into it on little things, especially if things in the relationship ended poorly. Do your best to have a clear head and an open heart.

**Do you think these celebrity exes will battle it out or resolve things amicably? Share your predictions below!**

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# Hilary Duff Says She Loves Her Post-Celebrity Baby Body



By Meranda Yslas

Two years following the birth of her son celebrity baby Luca Cruz, Hilary Duff is loving her post-celebrity baby body, according to [People.com](https://www.people.com). The actress admitted that getting back into shape wasn't easy, and her body isn't the same as it was before her [celebrity pregnancy](#). "My body is never going to be what it was," the 27 year old celeb shared. "I have stretch marks, my boobs are different- much different! And that's fine and I'm happy with them."

**Even celebrity babies cause their moms to struggle with getting back in shape. What are three ways to**

# get secure with your post-baby body?

## Cupid's Advice:

Having a baby changes a woman's body and it is can be difficult or even impossible to get the body you had before the pregnancy. You may see things that weren't there before, like stretch marks or some permanent weight gain. These aren't the end of the world and Cupid can offer some self love advice on how to be comfortable in your post-baby body:

**1. Say it out loud:** For the most part, coming to terms with your body is something you have to accomplish in your mind. Standing in front of the mirror and saying, "I love my body" everyday for awhile just might make you believe it.

**Related Link:** [Robert Pattison's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

**2. Talking with other moms:** It can be hard for friends to try and console you about your post-pregnancy body insecurities if they haven't been through a pregnancy themselves- they don't understand the changes. Try talking to other women who have gone through a pregnancy and see how they got comfortable with their body.

**Related Link:** [Hilary Duff Says Aaron Carter's Love Declarations Are 'Uncomfortable'](#)

**3. Flaunt it:** Sometimes pregnancy may make you gain weight in places like your bust or your butt. Rather than try to hide your new attributes, show them off! Wear some great jeans that make your post-pregnancy booty look awesome.

**How did you come to accept your post-pregnancy body? Share below?**



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# Hilary Duff Throws a Celebrity Baby Shower for Sister Haylie Duff



By Jenna Bagcal

You've probably heard the saying, "First comes love, then comes marriage." But what that old adage doesn't include is what comes in between the wedding and having the baby ... a baby shower! In the latest celebrity news from [UsMagazine.com](http://UsMagazine.com), Hilary Duff held a baby shower for her sister Haylie Duff, who announced last December that she and husband Matt Rosenberg are expecting their first celebrity

baby. In honor of their child, Hilary threw a beautiful flower-themed baby shower, complete with cute pastel-colored cupcakes and ice cream for the mom-to-be.

## **We love the idea of a fancy flower-filled celebrity baby celebration! What are some ways to amp up the style at your shower?**

### **Cupid's Advice:**

You don't have to be part of a celebrity family to have a stylish baby shower. Listen to Cupid's tips about how to throw a chic baby shower worthy of any celebrity baby:

**1. Come up with a theme:** Choosing a theme for your baby shower can make the party that much more fun and cohesive. Start on the internet and go to Pinterest to gain some inspiration. Get decorations that go along with that theme, and also come up with a fun color scheme for all the shower decor.

**Related Link:** [Haylie Duff Resists Maternity Clothes for Much of Celebrity Pregnancy](#)

**2. Plan fun activities:** Having a stylish party does not mean that you can't also have some fun! Plan activities that both you and your guests can enjoy. Decorate some onesies with fabric paint and cool craft supplies, or have your guests write cute and funny messages on your baby's diapers. Don't forget to take lots of pictures to document all the fun.

**Related Link:** [Surprise! 'Glee' Star Naya Rivera Will Welcome Celebrity Baby with Husband Ryan Dorsey](#)

**3. Serve simple, but elegant food:** When thinking about the food you want to serve your guests, plan to serve dishes that

are both delicious and aesthetically pleasing. You don't want to have messy sloppy joe sandwiches at your stylish affair. Instead, serve up some frozen yogurt cups with an array of toppings, a colorful and vibrant fruit salad, or a tray of delicious pastries.

**What are some of the ways to make your baby shower more stylish? Share you ideas in the comments below!**