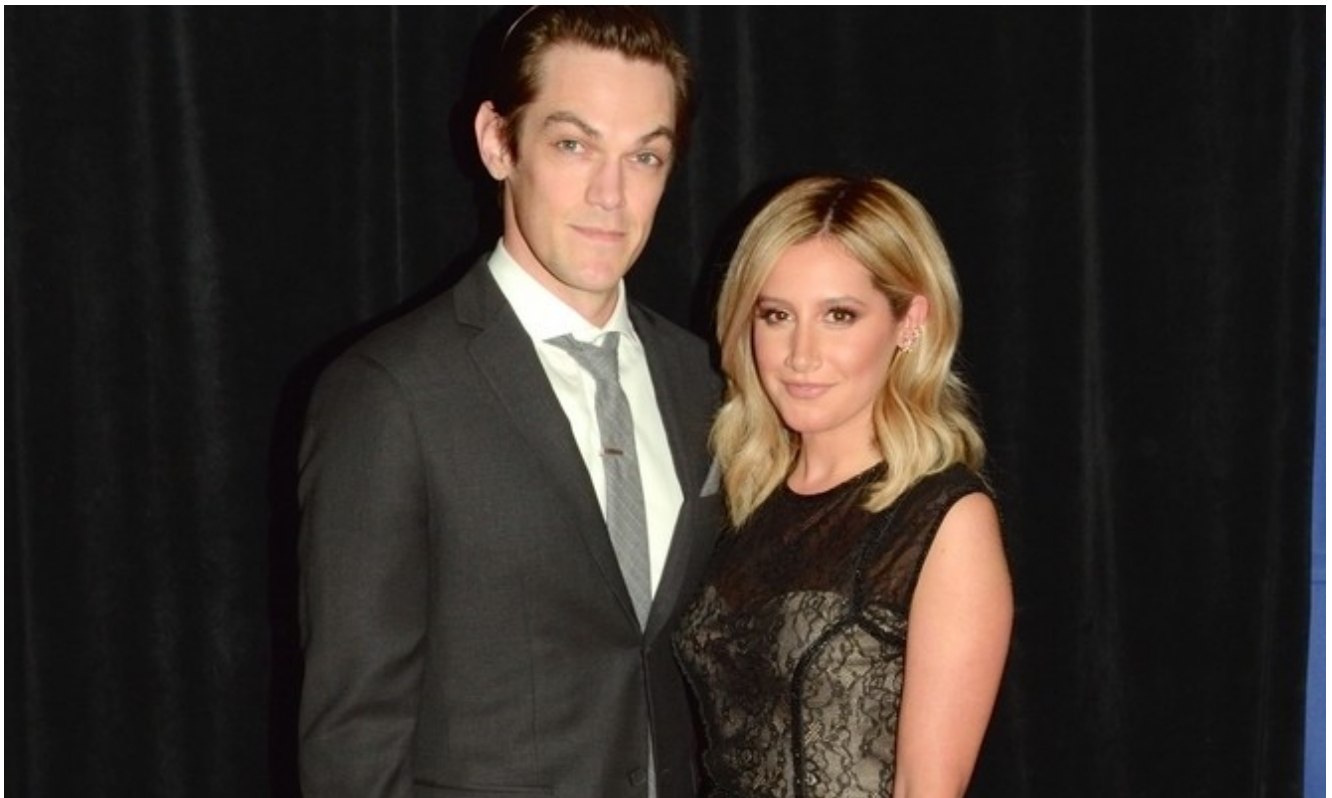


# Ashley Tisdale Talks Celebrity Marriage: “He Inspires Me in So Many Different Ways”



By [Sarah Batcheller](#)

In a recent interview with Wonderwall, newlywed Ashley Tisdale gushes about the love she shares with husband Christopher French. The actress says she just knew that it was right and that he inspires her every day. The rocker's loyalty is second-to-none, a quality that Tisdale highly regards in her [celebrity marriage](#). The *High School Musical* star also dishes on how she and former *HSM* co-stars have kept in touch over the years, raving especially about her friendship with

Vanessa Hudgens. Read on for the details from her adorable celebrity interview!

## Ashley Tisdale Opens Up About Her Celebrity Marriage

**WW: Did falling for your husband open your eyes to a new kind of romance or love story?**

**AT:** “Definitely! Obviously! He definitely inspires me, for sure. It’s one of those moments where, in the past, everything else was just kind of forced or not right. Then, finally, when you are in the one that’s The One, you are like, ‘Oh, wow! This is how this is supposed to be.’ So it’s natural and nice. It’s one of those moments that you just know.”

**Related Link:** [Ed Sheeran’s New Girlfriend is Taylor Swift Approved](#)

**WW: How does he inspire you in your celebrity marriage?**

**AT:** “He inspires me in so many different ways, just to be a better person. I never really had someone guy-wise who was a loyal person, so it’s really nice to have someone be as loyal ... I hold loyalty and respect really high. So it’s like ‘Oh, there’s someone who is giving back as much as I’m giving.’”

**WW: What is your idea of a romantic encounter?**

**AT:** “I think it’s that first connection. You just feel it. It’s an exciting time, I think. It’s the first spark where you go, ‘Oh my God, this is so great.’ I definitely can relate to that moment for sure. You always remember it too, that moment.”

**WW: What’s your idea of a romantic evening?**

**AT:** “For the first couple of dates, I’m definitely someone who

likes to be more casual. When it's super romantic, it's a little bit of pressure, and you're like 'Oh my God, this is nerve-racking.' I'm one of those girls that you can just take to dinner and not have to romance completely. I'm someone who likes the idea, but I'd rather go to a cool restaurant that's not so dark. For me, romance is the smaller things. I'm definitely someone who is adventurous and spunky."

**WW: Are you a hopeless romantic?**

**AT:** "Yeah! I definitely am. I'm someone who loves romantic comedies: *My Best Friend's Wedding*, *Just Married*, and *How to Lose a Guy in 10 Days*. And I listen to Taylor Swift's music all of the time."



Ashley Tisdale and Christopher French on their wedding day. Photo courtesy of Ashley Tisdale's Instagram.

## Celebrity Interview with Ashley Tisdale

**WW:** You recently had a *High School Musical* reunion. How was that?

**AT:** “Monique [Coleman] does this charity where she was giving away a dinner with the cast. So there was a winner a couple of months ago, and she was finally able to get us in one area to do it. It was the best time. We were just talking about anything and everything. [The winner] was so a part of it because we hadn't seen each other in so long. It's been years since we've been all together like that.”

**Related Link:** [Lea Michele Kisses Boyfriend on Boat in Italy](#)

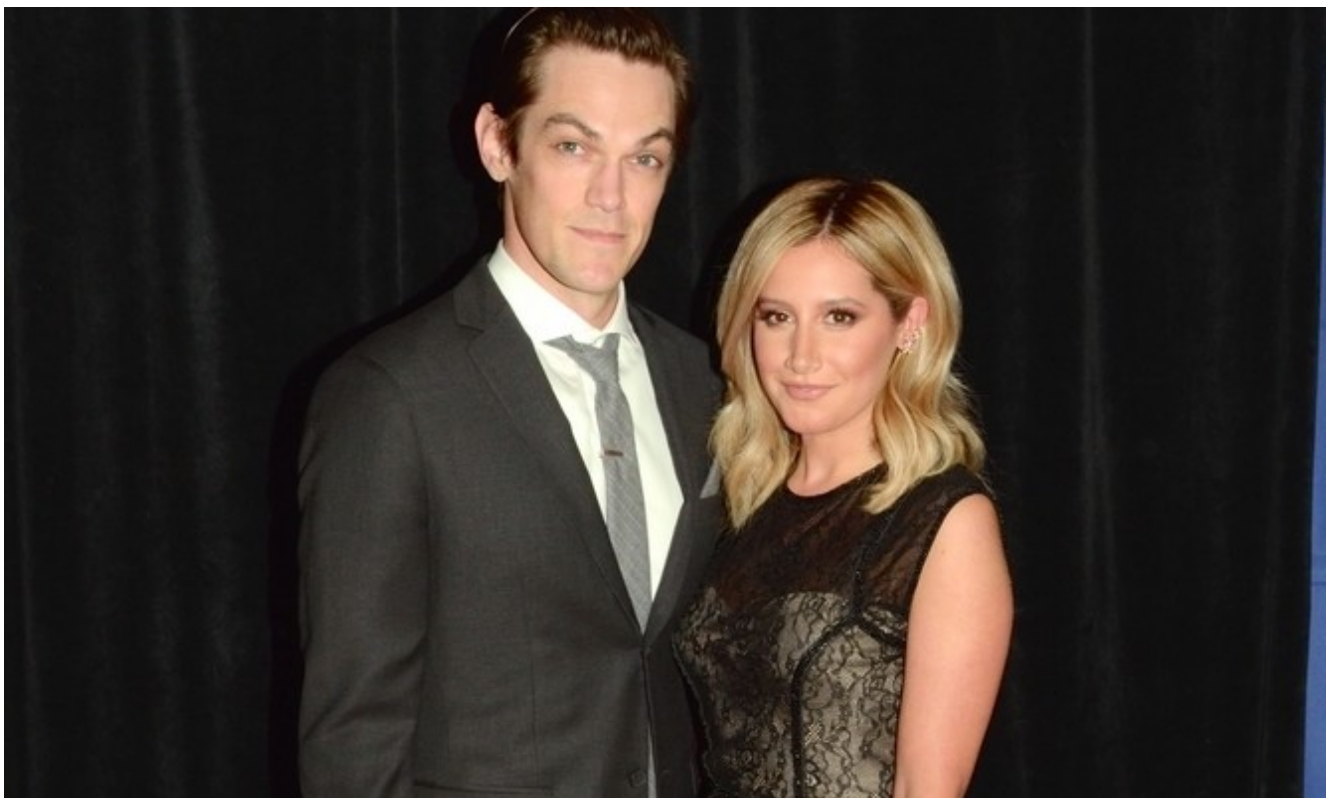
**WW:** You and *High School Musical* co-star Vanessa Hudgens have really stayed close over the years. How has your relationship grown?

**AT:** “We will always have this connection of something we've been through together. Over the years, though, she's really grown up and is such a beautiful person. It's nice to grow together and lean on each other in moments that we've needed it. It doesn't matter how busy we both are; if I pick up the phone and call her, she's always there. So to have that kind of friendship has been awesome.”

*For the rest of the celebrity interview, visit [www.wonderwall.com/entertainment/ashley-tisdale-my-husband-inspires-me-everyday-1840127.article](http://www.wonderwall.com/entertainment/ashley-tisdale-my-husband-inspires-me-everyday-1840127.article). You can keep up with Ashley on Twitter @ashleytisdale.*

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# Celebrity Pregnancy: 'High School Musical' Star KayCee Stroh Celebrates Her Baby-to-Be



By [Whitney Baker Johnson](#)

KayCee Stroh's spring is already looking pretty in pink. On Saturday, March 23rd, the *High School Musical* star and former *Celebrity Fit Club* contestant kicked off the new season with a chic baby shower at the W Los Angeles-Westwood. With blooms by Sky Flowers, food by LYFE Kitchen and dessert by Magnolia

Bakery, the guests, including Vanessa Hudgens, *Hannah Montana*'s Anna Maria Perez and *I Kissed a Vampire*'s Autumn Grabeel, were treated to a day of pampering from beauty companies like Nail Garden, Lash Fairy, LipSense and more.

The mother-to-be got ready for the event with celebrity stylist Anya Sarre, who also helped plan the soiree. Sarre recently welcomed her first baby – son Sawyer William – with husband Tim and knows firsthand that a bundle of joy makes everything different. “The definition of romance has changed,” Sarre says of life post-baby. “We still make time for us, but we incorporate the baby. A date doesn’t have to be a candlelit dinner for two.”

**Related Link:** [‘My Girl’ Star Anna Chlumsky Is Expecting](#)

It sounds like Stroh and husband Ben Higginson have taken this advice to heart. For starters, the twosome has built a strong foundation for their relationship since tying the knot in 2009. After dating for only six months, Stroh realized that her man was someone she couldn’t live without. “I knew he was ‘the one’ because of the way he made me feel and how he made laugh in times of despair. He balances me and always reminds me of what really matters in life.”

Plus, they’ve already “made a few packs” to ensure that romance doesn’t fall to the wayside after their daughter is born. In order to keep their love a priority, after a long day of work, they’ve promised to kiss each other first before turning their attention to the baby. Another important activity is a weekly date night. “Ben’s parents always did this, and we feel it’s really great advice. Sometimes, couples just need time together to talk like adults and remember why they love each other,” the star explains. “We’ve decided on every other Friday night. That’s our plan to keep our marriage healthy and happy!”

While they know a baby will add a lot more responsibility and

stress to their relationship, they also think their child will improve their marriage for the better. “I can’t think of anything that would strengthen our bond more than looking into the eyes of our baby girl and knowing that we created something wonderful together,” the actress gushes. “What an incredible bonding experience!”

**Related Link:** [Holly Madison Discusses Baby Names and Wedding Plans](#)

Higginson is already proving to be an involved daddy-to-be, which is no surprise for his wife. “He’s always been a part of the decision-making process in our lives. He’s helped me every step of the way, whether it’s going to doctor’s appointments with me or tracking down my most ridiculous request for the nursery.”

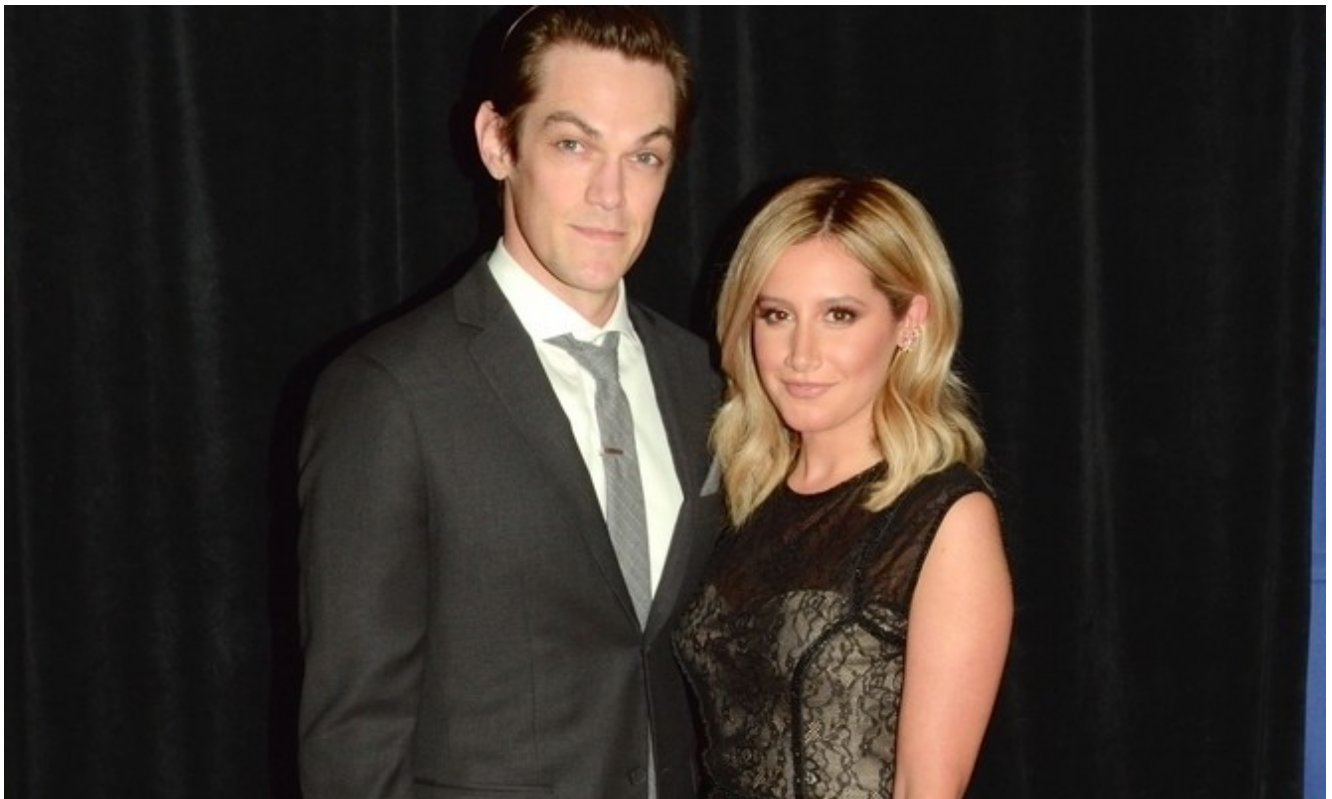
“He’s such a champ,” Stroh adds. “I’m really lucky.”

Stroh’s close friend, Rachel Leigh Cook, has no doubts about the couple’s growing family. “Any child coming into this world would be lucky to have you two as parents. You are both all heart,” she said at the shower. “I hope your daughter is blessed with Ben’s silliness and KayCee’s singing voice.”

*To keep up with Stroh, follow her on [Twitter](#).*

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## **Ashley Tisdale Steps Out With New Boyfriend Christopher French**



By Nic Baird

After a few months of single life, *High School Musical* star Ashley Tisdale is dating Annie Automatic musician Christopher French, [UsMagazine.com](http://UsMagazine.com) reports. Tisdale broke off it off with music video director Scott Speer earlier this year. The recent couple made their first public appearance when they visited the Apple Store in L.A. on Dec. 26. During a short split with ex-boyfriend Speer, Tisdale also briefly dated Boys Like Girls musician Martin Johnson.

**How do you know when to make your relationship public?**

**Cupid's Advice:**

Don't feel pressure to spread the word of your romance, but eventually if someone is important to you they should become an obvious part of your life. It's hard to decide when exactly



to update that Facebook profile. Rather than worry about it, here are some signs to take things public:

**1. Close rapport:** You and your partner could still be testing the water. Make sure you each feel comfortable and have some clarity about your relationship before telling the world. Wait until you know how to talk to each other.

**2. Emotional investment:** A few dates is a good start, but if you're going to be with someone publicly then you should know that you're both committed. Considering what you're both looking for in a relationship, could making things public add extra pressure? A decent stretch of dates will make it easier to tell friends and family about your special someone.

**3. Longterm options:** Be aware of the stresses your relationship could encounter. If distance, responsibilities or baggage from previous relationships are going to threaten this new one, then you have to be careful. Don't jump the gun before you've straightened out whether or not there's a future as a couple.

**When do you think you should make your relationship public? Share your experiences below!**

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## **Vanessa Hudgens and New Beau Indulge in Hot Miami Weekend**





It's already a busy and exciting new year for Vanessa Hudgens. The *High School Musical* star and her new boyfriend, Austin Butler, enjoyed a lovely day at the spa, where the duo enjoyed some rest and relaxation poolside at the Fontainebleau Resort. In addition, Hudgens and her boy spent some time at the Acqualina Resort & Spa, where Butler enjoyed a massage courtesy of his girlfriend. A source said the two looked "cozy," according to [E!](#) The two celebrated the New Year at Fontainebleau with Jessica Szohr of *Gossip Girl*, *90210*'s Jessica Lowndes and J.C. Chasez and later went to the LIV nightclub for Busta Rhymes' performance. Hudgens and Butler, who stars in *Switched at Birth*, have been dating for approximately three months.

**What are some fun couples activities at a resort and spa?**

**Cupid's Advice:**

Depending on the resort, there are a variety of different activities to do while away. Cupid has some suggestions:

- 1. Get pampered:** Hit the spa, and go all out with whatever

they offer. Enjoy a massage or manicure with your lover.

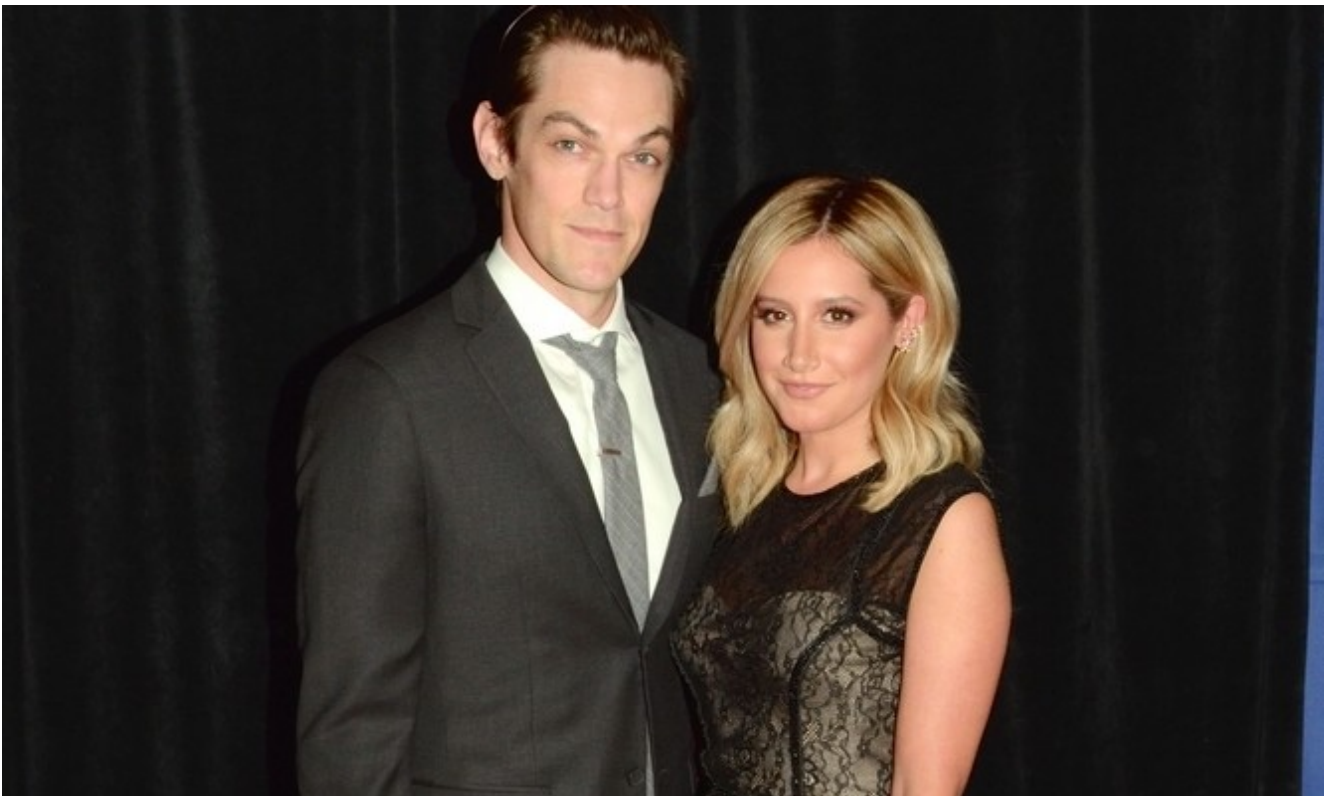
**2. Go outside:** Most resorts offer different things to do such as horseback riding or kayaking. Take advantage of them.

**3. Explore:** Whether you're hiking a trail or venturing for some local food, some time away from the resort will give you and your partner some time to bond.

**What are some other resort-style activities to attend with your partner? Share your ideas below.**

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## Has Vanessa Hudgens Moved On?



*High School Musical* star Vanessa Hudgens is all grown up and

has a new man. According to [People](#), the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, *The Kids are Alright*. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

**How long do you wait before moving on after a split?**

### **Cupid's Advice:**

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

- 1. Instant gratification:** If you are one of those rare people who can get over a breakup immediately, the more power to you.
- 2. Waiting too long is unhealthy:** If a month has gone by and you still haven't gotten over your ex, you may want to consider seeking professional help.
- 3. Give it a week:** If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.