Heidi Klum's Soon-to-Be Ex Seal Finally Removes Wedding Ring





It looks as if Heidi

Klum and Seal are officially over, as Seal was recently been photographed without his wedding ring for the first time. The sighting took place in Australia Wednesday where Seal made no attempt to hide his ringless hand. The choice to remove the ring seems to be bittersweet. According to UsMagazine.com, the singer told Ellen DeGeneres, "Just because we have decided to separate doesn't necessarily mean you take off your ring and you're no longer connected to that person."

What do you do with your wedding ring after you divorce?

Cupid's Advice:

What to do with your engagement ring really depends on how

smooth the split was and if you are still on good terms with your ex after calling it quits. Cupid has some tips:

- 1. Pawn it: In the case of an ugly divorce, you'll probably never want to see your ring again, so you might as well get some money for it at your local pawn shop or jewelry store.
- 2. Give it to your kids: After a divorce, your wedding ring might not mean much to you, but it might mean something to your children.
- 3. Bury it: Yes, they actually do make coffins for wedding rings. A divorce is similar to a death, and burying the ring just may give you the closure you need to move on with the next chapter in your life.

Is it ever acceptable to continue wearing your wedding ring after a divorce? Share your thoughts below.

Sources Say Heidi Klum and Seal Have No Plans to Get Back Together





No serenade can

change Heidi Klum's mind. Sources say that Klum does not wish to get back together with Seal, her husband of seven years, according to *HollyScoop*. Though Klum and Seal still wear their wedding rings, a source close to Klum says, "They have zero plans to get back together." Klum is reportedly miffed that Seal "won't shut up" about their separation.

How do you keep from falling back into an unhealthy relationship?

Cupid's Advice:

Though looking back on old relationships can be emotionally trying, it's important to stick to your decisions. Here are a few ways to avoid going back to an ex who's not right for you:

- 1. Remember your breakup: Though anger fades over time, the reasons behind your breakup are still present. Think back on the mistakes made in your previous relationship and hopefully those thoughts will deter you from reentering the relationship.
- 2. Stick with your friends: Spending time with friends—people with whom you have a healthy relationship—will help you realize just how imperfect your previous relationship was.

3. Look to the future: Instead of looking back at your relationship, try looking forward to future relationships. Be optimistic and hope for one that's better than the last one.

Have you been in an unhealthy relationship? Feel free to leave a comment below.

Heidi Klum and Seal: Marriages Don't End Overnight





By Melanie Mar

When a seemingly "rock solid" celebrity couple separates — as with Heidi Klum and Seal's divorce announcement after seven years of marriage — the first public reaction is always surprise. Thanks to the sheer volume of attention paid to celebrities' lives via television, tabloids and other media,

it is easy to believe you actually know these stars. You feel a connection to them that makes their relationship issues cause you to feel like a personal friend's relationship has broken up. You begin to analyze the celebrity relationship in the same manner, questioning what happened and what went wrong. Of course, the tabloids add fuel to your frenzy when they get down and dirty with many and varied rumors: He cheated. She cheated. He has anger issues. She has an alcohol problem. You begin to feel dismayed, thinking, "Again? Another one bites the dust?"

Related: <u>Heidi Klum and Seal — What Blew Up Their Marriage?</u>

Having had the pleasure of socializing with Heidi and Seal, I found in them a friendly couple with open affection towards each other. There is no doubt in my mind they still love each other and may have the possibility of a potential reconciliation; however, the only people who truly know what is happening behind closed doors are the two in the relationship themselves.

Related: Finding Love After a Breakup — Should You Jump In?

Marriages, especially those that have young children, do not end overnight. Heidi and Seal were together almost a decade, and their marriage could not have ended over only a matter of days or weeks. There is usually the constant chipping away of the relationship that causes the cracks and ultimately the break. Some of the warning signs of this are; infrequent sexual intimacy, apathy, disrespect and/or lack of cherishing. The most important thing is to be aware and look for these signs. As soon as you think they are beginning, address the issue immediately. The longer the behavior pattern exists the harder it is to stop. Most every relationship problem can be helped with concise communication. State what you want and don't want in a non-threatening, respectful, loving manner. Ask how you can help each other do better and feel better.

Learn how to listen and also be heard. With that in mind, write down the following and read it daily to help keep yourself in check.

Beware of your thoughts, because they become your words. Beware of your words because they become your actions.

Beware of your actions because they become your habits.

Beware of your habits because they become your destiny.

For more information, visit Melanie's Mar's Facebook page or contact her at info@melaniemar.com. A complete overview of her services can be found at www.melaniemar.com.

Heidi Klum and Seal: What Blew Up Their Marriage?





By <u>Dr. Jane Greer</u>:

Marriage & Family Therapist, Author, Radio Host & *Shrink* Wrap Celebrity Commentator

After almost seven years of marriage, Heidi Klum and Seal have decided to part ways. Many people were surprised by their announcement, since they made such a point of telling the public how truly happy they were. For a time, they even seemed like a model couple, defying the odds with two high-powered careers and balancing that with their home life, which included four children, three together and one from Heidi's previous relationship whom Seal adopted. Now, however, it seems that the separation may have been in the works for sometime as they dealt with something more than their love, success and family: Seal's reported anger issues.

TMZ was the first to report that the pop singer has a "volcanic temper," and that his inability to control his anger has become too much for Heidi to take, in part because it is affecting their children. They may very well have been honest about their love for each other, but dealing with an angry spouse can take a toll on a marriage, even a seemingly strong one.

Related: Three Tips to Enjoy Marriage Despite the Battles

The reason couples can go on for so long in this situation is that the outbursts are often self-contained, and when they are over, they are over. Life goes back to normal. That is, until the next one. For a while you learn to live between the explosions in the land mines and focus on the good while you can. However, it eventually comes down to this: in an intimate relationship, everyone ultimately seeks a loving and safe shelter, a place where you can let down your guard and know someone is looking out for you. You want to be able to trust that your partner has your best interests at heart. When one of the partners has frequent temper tantrums, that feeling of safety is slowing etched away. Over time, you lose

the sense of sanctuary and begin to feel fearful and anxious knowing that at any time your spouse might blow up. If you aren't in physical harm's way, you are at the very least in emotional harm's way. When your spouse rages, you feel frightened and upset; you feel that you are being attacked, and often it is hard to understand what is behind that fury. You feel like you are walking on egg shells, afraid that one wrong move can make your partner irascible. That pattern of behavior destroys the foundation of your mutual trust and commitment.

Related: How to Dignify Your Relationship Daily

Eventually, the question becomes: how long can you live that I can only speculate about the havoc Seal's volatility wreaked on he and Heidi's union, but I can tell you what I've learned over the years with my patients. The first thing to do is to put checks and balances in place so that you feel you can gain some control. Wait until the anger has dissipated so you can have a calm conversation. At that time, when things are more peaceful, suggest to your spouse that you put all of his or her complaints into a box, and then you can pull them out one by one and talk about them in a rational way. more important, though, would be to talk to your spouse about getting outside help. This can be daunting, but necessary, because without that help you might skip from talking about getting support to learning how to handle conflict in a constructive way to talking instead about getting out of the marriage completely.

It is when your spouse refuses to seek help, or when he or she will get the help, but then flat out refuses to change, that you might reach the point of having to decide to take yourself out of the danger zone, as Heidi has done. All the renewed vows in the world won't fix that, but hopefully, with help, you can.

Please tune in to "Let's Talk Sex" which streams live on

HealthyLife.net every last Tuesday of the month at 2 p.m. EST, 11 a.m. PST. We look forward to listener call-in questions, dealing with relationships, intimacy, family, and friendships, at 1.800.555.5453.

Sources Say Aspen Was the Last Straw for Heidi Klum and Seal





Heidi Klum and

Seal's family vacation to Aspen over the holidays appeared to be about fun, love and skiing. However, sources told <u>People</u> that the trip to a Colorado resort is where the now separated couple realized their marriage was over. "Aspen didn't go as well as planned ... there were more lows than highs," one source says. "Aspen was the final straw." The

couple were often apart due to work commitments, but planned to enjoy quality time while on the trip. "When they came together for Christmas as a family, things had changed and they fought a lot," another source says. "Their Aspen trip was a bit of a mess. Instead of enjoying being back together as a family, it was difficult for them to get along." During their vacation, Klum reached the point where she was "done with arguing" and thought it would be best to separate before their arguing affected their kids.

How do you know when your relationship is over?

Cupid's Advice:

Ending your relationship is definitely not easy, especially when there are kids involved. But, when you and your mate can no longer seem to make things work, it may be the best thing to do:

- 1. You're always arguing: No relationship is perfect, but when you can never have a moment of peace with each other and can never seem to stop arguing or make it right, it's time to pack your bags.
- 2. You'd rather be away from your lover: There are times that you will need your space in a relationship to sort some things out, but if it gets to the point that while you're away you don't miss your partner at all, then you need to leave.
- 3. Body language starts to change: If your mate no longer makes eye contact with you during conversation, that can be a troubling sign. Also, if they're no longer in the mood or seem uninterested in having sex, that may be a clear indicator that they want to avoid having an emotional connection with you.

What are some other ways to know when a relationship is over? Share your comments below.

Seal Says He's Grieving and Shocked Post-Split with Heidi Klum





Similar to our own

shock over the news, Seal is upset and grieving over his breakup and impending divorce from model Heidi Klum. That said, according to *People*, he remains amicable saying that his love and respect for Klum hasn't changed. Seal also claims that this will help "make it easier to make that transition," and that the children are the "first priority." For Seal, it's important to acknowledge that he isn't that only one who has gone through a painful split like this. He adds, "It is just unfortunately a chapter of life."

What are some ways to mourn after a split?

Cupid's Advice:

Sometimes it can be hard to get over a difficult breakup or split. Cupid shares some ways to mourn:

- 1. A specific end is helpful: Being able to look back at the relationship and acknowledge when it was really over can help you to move on. It allows you to adjust to the breakup or divorce more easily.
- 2. Accept some responsibility: Being able to realize what went wrong in the relationship can be very therapeutic. It's important to be able to realize that this divorce is not really a rejection of you personally; it's just a combination of two people that didn't work out.
- **3. Cut off communication**: Completely shutting down communication lines can be hard when you have children like Heidi Klum and Seal, but to be able to truly mourn and get over a split, you have to take some time for yourself.

What are some ways you've gotten over a relationship? Let us know in a comment below.

Heidi Klum and Seal Confirm Separation





After almost seven

years of marriage and four children, Heidi Klum and Seal are calling it quits. The *Project Runway* host and Grammy winner began dating in 2003, and became engaged in December of 2004. As of January 2012, however, the supermodel is rumored to be filing for divorce from the singer claiming "irreconcilable differences," according to <u>People</u>. In a statement, Klum said, "While we have enjoyed seven very loving, loyal and happy years of marriage, after much soul-searching we have decided to separate. We have had the deepest respect for one another throughout our relationship and continue to love each other very much, but we have grown apart. This is an amicable process and protecting the well-being of our children remains our top priority, especially during this time of transition. We thank our family, friends, and fans for their kind words of support. And for our children's sake, we appreciate you respecting our privacy."

How do you keep a split amicable when there are children involved?

Cupid's Advice:

Breaking up is difficult as it is, but when you bring children into the picture, it's even more taxing. Here are some ways to keep your split amicable for the sake of your kids:

- 1. Be fair: Although you and your ex-husband may be upset with one another due to a divorce, remember that they most likely love your children as much as you do. You also have to remember that the children deserve and love both parents as well, so be fair to your ex and the kids.
- **2. Win-win outlook:** You need to discuss and plan together with a positive attitude instead of an I win, you lose motive. The split is going to be hard on both you and your kids, so don't make it worse for the kids by using them as leverage.
- 3. Pay attention: Your feelings aren't the only ones involved. Don't be selfish, and sit down as a family to discuss the situation. Let everyone take a turn talking about how they feel and what they want, and then later make the executive decisions with your ex. Your children will appreciate being involved in the choices you're making for them.

What are some other ways to keep a break-up amicable? Share your thoughts below.

Rumor: Are Heidi Klum and Seal Getting a Divorce?





Though they are both

still wearing their wedding bands, rumors are flying around Hollywood that Heidi Klum and Seal are headed for a split. According to <u>People</u>, distance has been the major issue within this rocky patch in the marriage. Seal has been away a lot lately promoting his new album, <u>Soul 2</u>, which has put a strain on the couple. However, now that the two have reunited, they seem to be doing a lot better.

What do you do if you notice the fighting in your relationship is increasing?

Cupid's Advice:

All relationships have their highs and lows. When fighting increases, don't be afraid to ask for help, look within yourself or change your surroundings:

- 1. Couples therapy: Lots of couples have gotten through their troubles by bringing in an involved third party professional, such as a therapist, to talk out your problems with.
- 2. Look within yourself: You may not be able to change the actions of others, but you certainly can change your own. Reevaluate yourself to see if there is something you're doing

to cause distance between you and your partner.

3. Talk it out: Problems are solved by talking, not by yelling.

What amount of fighting is too much in a relationship? Share your thoughts below.

Top Five Ski Destinations for Celebrity Couples





By Abbi Comphel

and Whitney Johnson

As evidenced by the popularity of ski resorts like Park City, Utah and Telluride, Colorado, <u>celebrity couples</u> love sneaking away for a snowy romantic vacation — and what's not to love? Afternoons spent on the slopes of a majestic mountain and

evenings spent snuggling up by a fire or exploring the local nightlife make for a perfect wintery holiday.

When temperatures drop and snow begins to fall, there is sure to be an influx of Hollywood couples at the following ski destinations:

1. Aspen, Colorado: The slopes of Ajax Mountain or Snowmass are often teeming with celebrity duos — although it may be hard to spot these famous faces when they're covered in scarves and snow goggles. Celebrity couple Goldie Hawn and Kurt Russell keep a house here, often inviting children Oliver and Kate Hudson and their families to join them.

Related Link: Have Winter Fun In The Sun

- 2. Park City, Utah: Although this winter wonderland is a popular destination for tourists and celebrities alike, the rich and famous come out in droves during the Sundance Film Festival. Married celebrity couple Justin Timberlake and Jessica Biel have been long-time snowboarders and enjoyed a snowy getaway here early on in their relationship. Although these two are now celebrity exes, Gwen Stefani and Gavin Rossdale, who played a concert during the Deer Valley Celebrity Skifest in 2011, took their oldest son Kingston to Deer Valley in Park City for a day of family fun on the slopes.
- 3. Whistler, British Columbia, Canada: Whistler, known as the host of some of the 2010 Olympic Winter Games, is as popular for its nightlife as for its 7,000 acres of ski-worthy terrain. Seal proposed to Heidi Klum here in 2004, while Paris Hilton and boy-toy of the past Doug Reinhardt took advantage of the skiing, snowboarding and sledding during a snow-filled

vacation in 2009.

Related Link: Date Idea- Go Ice Skating

- 4. Telluride, Colorado: This snowy spot is a favorite playground of the rich and famous, perhaps because of its particularly remote location. Oprah Winfrey recently sold her "log cabin" here, and before their celebrity divorce, Tom Cruise and Katie Holmes would steal away for a romantic getaway to their home away from home in Mountain Village, a sister town connected to Telluride by a free gondola.
- **5. Chamonix, France**: Located in the French Alps, Chamonix, known as the birth place of skiing, is one of the most popular ski resorts in Europe. In addition to the unbeatable snow and challenging trails of Mont Blanc, the city is known for its apres-ski offerings as well: great French food and a cozy village atmosphere. David and Victoria Beckham often choose this spot for a family vacation.

What is your favorite snowy spot for a romantic getaway? Share your thoughts below.

Six Celebrity Couples We Never Imagined Together





By Abbi Comphel and

Whitney Johnson

There are plenty of pairings that just make sense: peanut butter and jelly; flip-flops and the beach; bright red lipstick and that little black dress, to name a few. That's not to say that unexpected matches don't make their mark: bacon and chocolate (seriously); navy and black; cowboy boots in the summertime. This idea holds true for relationships, too. Sometimes, a couple just seems right, and other times, it takes a bit more convincing to understand why they're a good fit.

If nothing else, the celebrity couples below prove that love can pop up in the most unexpected places and that opposites do attract. As for bacon and chocolate, the jury is still out.

1. Johnny Depp and Amber Heard: In latest <u>celebrity news</u>, this A-list actor married the *Magic Mike XXL* star in February 2015.

The celebrity couple have been together for quite some time now. With a 23-year age difference, the pair have definitely made headlines. Heard doesn't want to be known as Depp's wife. She wants to make a strong name for herself in the acting world. This is one beautiful power couple!

2. Heidi Klum and Seal: For Klum, it was love at first sight: she saw Seal in a New York City hotel lobby and knew that he was "the whole package." They were together for quite some time and were madly in love. The celebrity couple sadly did not make it like everyone thought they would, and the relationship ended up celebrity divorce. But they are still very good friends and enjoy raising their four children together.

Related Link: Heidi Klum & Seal Shoot Revealing Music Video

- 3. Lady Gaga and Taylor Kinney: Everyone was shocked when they heard Lady Gaga was dating someone and even more surprised when they found out it was actor Taylor Kinney. The two are talked about in the media because they keep their relationship very private. They have been together for about four years now and seem very happy together. They were first introduced when Gaga was filming her music video for "You and I."
- 4. Isla Fisher and Sacha Baron Cohen: This petite, fiery redhead and tall funnyman wed in a private ceremony in Paris in 2010 after eight years together. The couple are now raising their three children in Los Angeles. Keeping in line with the secrecy of their celebrity wedding, the couple waited quite a while to reveal the names of their celebrity kids: Olive, Elula Lottie Miriam, and Montgomery Moses Brian Baron Cohen.
- **5.** AnnaLynne McCord and Dominic Purcell: The 90210 starlet and Prison Break actor were first spotted together in June 2011 and the two were very in love. With a 17-year age difference this celebrity relationship had a few struggles. But it seems the two are back together and still in love. McCord celebrated

her 28th birthday this summer and Purcell was there to celebrate.

Related Link: <u>Isla Fisher Vacations with Sacha Baron Cohen</u>, Kids

6. Ellen Pompeo and Chris Ivery: Viewers are used to seeing Pompeo, who is best known for playing the title character of Meredith Grey on ABC's medical drama, *Grey's Anatomy*. On the show she was courted by and now married to McDreamy, the lead neurosurgeon at Seattle Grace Hospital played by Patrick Dempsey. However, in the real world, she has found her own McDreamy in record producer Chris Ivery, who she married on November 9, 2007.

Who are some other unlikely celebrity couples? Share your thoughts below.

Zimbio's Top 10 Sizzling Celebrity Couples





When it comes to

celebrity couples, everyone wants to know which ones are hot and which ones simply don't make the cut. Zimbio came up with a list of their 100 Hottest Celebrity Couples. Celebs were rated on their levels of success, attractiveness, popularity and staying power. The total of the scores in the four categories determined each couple's rank on the list. Although one of the couples has since split, the other nine are still happily together — as of now. Let's take a look at how hot Zimbio's top 10 list is:

- 1. Angelina Jolie and Brad Pitt: Who other than "Brangelina" should get the number one spot? Jolie and Pitt's names have graced headlines ever since word got out that they were an item. On success, Zimbio said, "These two command the box office," and their attractiveness and popularity are self-explanatory. As far as staying power, Zimbio believes they have more reasons to stay together than the average celebrity couple.
- 2. Beyonce and Jay-Z: Parade magazine reported that this couple racked up a total of \$162 million this year, proving their obvious success. Also, this couple keeps their relationship strictly between them, giving their relationship longevity.

- 3. David and Victoria Beckham: Their attractiveness ranked a scorching 19 on the scale of one to 20. Posh Spice remains a feisty diva who has perfected her fashion tip, and the soccer player has always been noted for his good looks. Though rumors have circulated about the couple having affairs, they are still holding strong, 12 years later.
- **4. Gisele Bundchen and Tom Brady:** There's no need to speak on success, as Brady is one of the hottest names in the NFL and the former Victoria's Secret angel continues to land many cosmetic endorsements. This is a first marriage for this seemingly ageless couple one that will hopefully last!
- **5. Faith Hill and Tom McGraw:** Though Zimbio doesn't think this couple is too hot, success sums them up in a nutshell. Hill had 1.2 million Google searches last month, and McGraw's 2.25 million was enough to put them in the top tier of most popular couples, according to the site. We predict that this couple will continue their happily ever after, as their staying power ranks 20 out of 20.
- 6. Will Smith and Jada Pinkett: You should have known this hot Hollywood couple was coming! Smith and Pinkett are the epitome of the sweet, down-to-earth duo everyone loves. They have both spoken out about divorce before, and simply put, it won't happen.
- 7. Jessica Biel and Justin Timberlake: Although this couple gained a spot in the top 10 list, the fire to their flame has been blown out. However, the former pair ranked 19 out of 20 for both popularity and attractiveness.
- 8. Gwen Stefani and Gavin Rossdale: While they aren't as successful as the others, this musical couple ranks high in attractiveness. Though Stefani used to date No Doubt band mate Tony Kanal, there's "no doubt" she and Rossdale are a match made in heaven.
- 9. Johnny Depp and Vanessa Paradis: According to Zimbio,

"Johnny Depp became the highest-paid actor for a single role in the history of film" after shooting *Pirates of the Caribbean: Dead Man's* Chest. If that's not success, we don't know what is! These dark-haired lookers have an unpredictable staying power and didn't rank high in popularity, but made the top 10. Kudos!

10. Heidi Klum and Seal: Seal's album *Soul* ranked number one on the French album charts for 13 weeks straight last year, and Klum's 2010 income was said to be \$14 million, according to *Forbes* Celebrity 100. T hough Seal has a rare condition called discoid lupus erythematosus that caused the scars on his face, Klum, the bombshell Victoria's Secret model, only noticed his flawless personality.

This Top 10 list is just a small portion of what's on Zimbio's Top 100 menu; if you can't take the heat, stay out of the kitchen. For the rest of the list, visit Zimbio.com.

Eva Longoria Celebrates Birthday with Eduardo Cruz





Eva Longoria may

have recently split with ex-husband and NBA star Tony Parker, but it's not holding her back. She recently celebrated her 36th birthday with new boyfriend Eduardo Cruz at a 1920's themed bash. According to <u>People</u>, other celebrity attendees included Eduardo's big sister Penelope Cruz and husband Javier Bardem, Kim Kardashian, Heidi Klum and Kanye West. A source says, "Eva and Eduardo were so cute. They were kissing and making out all night. He's so genuine."

How do you make your partner's birthday special?

Cupid's Advice:

Birthdays are the one holiday a year where you and you alone get to feel special. So, it's important to honor your partner the best way you know how on his or her big day. Cupid's got some tips:

- 1. Throw a surprise party: It may seem generic, but if you can really pull it off, a surprise party will make your partner feel all sorts of special. Just the fact that you went to the trouble says a lot!
- 2. Plan a vacation: If you want to go all out, plan a trip for two to somewhere tropical. If you're married, consider it a

second honeymoon. There's so much thought that goes into planning a vacation, and your partner will surely appreciate it.

3. An "out of the box" gift: It's easy enough to stick with candy, jewelry and flowers for a woman and sports tickets, cologne or a watch for a man. Try to think outside of the norm for your partner's present so he or she can see how much you truly know him or her.

Celebrity Couples Who Have Stayed Together





By Erin O'Riordan

Why do some celebrity couples end up as a train wreck, while others seem to withstand the test of time? Different

strategies work for different power couples. For some, private time is the glue that cements them. For others, it's a conscious decision to put marriage and family before work or making time for grand romantic gestures.

Check out what works for these four celebrity pairs:

Beyonce and Jay-Z: They are one of the world's great couples. Jay-Z has an undeniable charm, a laugh to die for and a fantastic smile. The key to their happiness may lie in their equal success — both reportedly make around \$80 million yearly. Celebrity couples have survived even without equal success, though, so what works for Jay-Z and Beyonce might be their commitment privacy. The couple is notoriously private about their relationship, keeping the magic between them and not opening up their bedroom to the world.

Faith Hill and Tim McGraw: Married since 1996 and some of the hottest entertainers on the country music scene, these two owe their success to spending time together. Even with their busy touring schedules and McGraw's burgeoning movie career, they try never to spend more than three nights away from each other's sides.

Jada Pinkett Smith and Will Smith: He's the only actor ever to have scored eight consecutive films that grossed over \$100 million domestically. Okay, so Will Smith is the biggest movie star ever. Jada's also had some megahits, notably the Matrix series, and she's taken turns as a writer and director. Still, Jada insists she would let her career go before allowing it to interfere with her relationship with Will. Maybe that's why they've been together since 1997. Of course, it doesn't hurt that this super-cute couple only seems to get better looking with age.

Heidi Klum and Seal: The former Victoria's Secret model who stays involved with America's Next Top Model, is known for her fabulous figure and gorgeous face. He's known for his

legendary singing voice and the uber-romantic ballad "Kiss From a Rose." The pair met in 2003 and married in 2005. The fact that he's English and she's German never seems to be an issue for this playful pair, often caught in public frolicking with their four children. The romantic duo renews their wedding vows ever year on their anniversary.

Erin O'Riordan writes hot and steamy romantic fiction. Her short story "Post Op" appears in the Evernight Publishing anthology Indecent Encounters. She also reviews books of every description at http://www.erinoriordan.blogspot.com.

Heidi Klum & Seal Shoot Revealing Music Video





Seal definitely had

a lot of fun making the music video for his new single

"Secret," where he and supermodel wife Heidi Klum don their birthday suits — in bed! The single, off Seal's new album Seal 6: Commitment, is about he and his wife's relationship. "The song, the movie, it's the story of our love," said the 47-year-old singer. Klum, 37, told Us Weekly, "I feel so lucky to have found my husband especially at the time when I did." The pair married in 2005 and have three children together, ages 5, 3 and 1. Klum also talked about what the song means to her. "It's the story of two people in love. My husband is what I always wanted and never thought I would have."

How do you know what qualities you need in a partner?

Cupid's Advice:

Finding "the one" can be tricky, so it's important to know what qualities you need in a partner if you want the relationship to last. Cupid has some ideas on how to figure out what traits to look for:

- 1. Look back: Every relationship is a learning experience that gets you closer to finding Mr. Right. Use your past experiences to figure out what qualities you want (and don't want) in a future partner.
- 2. Use an example: You know that couple that have been together forever and are still totally in love? Think about what makes their relationship last, whether it's honesty, communication, or a sense of humor, and keep those traits in mind.
- **3. Share goals:** Think about what's important to you and look for someone who wants the same things. While your partner doesn't have to have identical goals, being with someone who has similar aspirations and values will ensure a long-lasting relationship.