

Celebrity Parents Open Up About Their Best Parenting Advice



By [Melissa Lee](#)

Hollywood parents aren't always the first place we look to for parenting advice, but realistically, they understand the daily hardships of having kids that we all go through. Plus, they look good while doing it, so why wouldn't we listen to their offered words of wisdom? Instead of flipping through your favorite parenting magazine, take some of these tidbits of information into consideration.

Check out some parenting advice from our favorite celebrity parents below!

1. “Be open to any help.” Elizabeth Banks’ number one tip is to accept and ask for help when needed. She says that a lot of today’s moms may feel like they need to be “supermoms”, but that shouldn’t be the case – and she’s right! You should never feel ashamed when you need to ask for some assistance from your friends or family members. Being a mom is a tough job!

2. “Roll with the flow.” Heidi Klum explained that her house is basically chaos due to her kids, but she’s perfectly okay with it – and you should be too! She emphasizes the fact that her house is “full of life, laughter, and mayhem”, and any mom can relate to that. When stressing about the natural disorder that comes with having kids, remember Klum’s words of advice: “My house is not a museum. You can see that children live there. It’s their house as much as it is mine.”

Related Link: [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

3. “It passes so quickly, so enjoy every moment.” This tip comes from Alicia Silverstone, who is a mom to six-year-old Bear Blu Jarecki. Even though moments of motherhood can seem beyond stressful, Silverstone advises to enjoy it all. Try not to get wrapped up in the anxiety that comes with raising a child, and rather appreciate every laugh, mess, and smile.

4. “Listen to your child, and always be supportive of who they are.” Jaime Pressly says that it’s extremely important to let your child grow into the person they want to be, and to accept their likes and dislikes. Instead of forcing who you want them to be onto them, let them discover what *they* enjoy – at the end of the day, they’re going to become their own individual

person anyway, and you should be proud of that regardless.

Related Link: [Parenting Tips: How to Cope with Stress](#)

5. “This too shall pass, so take deep breaths.” Perhaps one of the most important pieces of parenting advice comes from Kimora Lee Simmons. Similarly to Silverstone’s tip, both celeb moms emphasize the fact that motherhood shouldn’t be *all* stress. There will always be difficult days and moments, but remember not to let them consume you. Take a few deep breaths and return to the situation with love and kindness.

What are some of your favorite parenting tips? Leave them below.

Celebrity Style: Heidi Klum Spotted Wearing MCM Worldwide NYC





By [Nicole Caico](#)

Supermodel Heidi Klum stepped out on the streets in New York City on Saturday, June 18 wearing a vintage MCM Worldwide Visetos Satchel. The classic style “Small Visetos Satchel” is available on mcmworldwide.com and retails at \$695. Klum paired the bag with casual attire while out with her daughter Lou Samuel. Take a cue from Klum’s celebrity style and make this MCM purse the finishing touch on your street style look, or easily dress it up for a nighttime event or date night.

Celebrity Photo Gallery: Famous Couples That Co-Parent





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Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career. Photo: Charles Norfleet / PR Photos

Heidi Klum Talks Life After Celebrity Break-Up from Seal



By Abbi Compel

Heidi Klum finally opened up about her life after her [celebrity break-up](#) from Seal. [UsMagazine.com](#) reports on Klum's recent *Redbook* interview. She told them, "I'm a mom

and dad at the same time.” Seal has always spent a lot of time traveling, so Klum is using to taking over with the kids. These celebrity exes have been apart for a while now, since January 2012. Klum is enjoying her life and the time she spends with her four children.

This celebrity break-up was a real heart-breaker. What are some things to consider before breaking up with your partner when you have kids?

Cupid’s Advice:

When two people fall out of love, it can be tricky figuring things out when you have children. Cupid has some relationship advice on what to do when you are breaking up and you have kids:

1. Make a plan: Before you decide to make the big split, you must come up with a good plan when it comes to the children. Especially when you are telling them what is going on. This will be hard enough on them, so make sure it is organized and they understand what is happening.

Related Link: [Blake Shelton Says ‘I’m in a Good Place’ After Celebrity Break-Up from Miranda Lambert](#)

2. Be friends: The best way for things to be peaceful with children involved is for you and your partner to be friends. If you two can put your differences aside and raise your children together, that will make a big difference.

Related Link: [Former Celebrity Couple Pamela Anderson and Tommy Lee Reunite at Gala](#)

3. Share time: Make sure you are both getting enough time with

your children. Spread the time evenly and make sure the children feel the same way. It can be hard having to go back and forth, make it as simple as possible for them.

What should you consider when breaking up with your partner and you have children involved? Comment below.

20 Celebrity Kids Who Look Just Like Their Famous Parents





Violet Affleck and Jennifer Garner

Despite their different hair colors, Violet is definitely Jen's mini-me. They both have almond-shaped eyes and share the same unique dimples in their plump cheeks. Photo: PR Photos/PRPhotos.com

Hollywood Stars and Their Trendsetting Celebrity Kids





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Honor and Haven Warren

Jessica Alba and Cash Warren's daughters know that prints are in! Take a cue from Honor and Haven and rock stripes or polka

dots this summer. Photo courtesy of Jessica Alba's Instagram.

Celebrity Kids: They're Just Like Us





Kim Kardashian with daughter North and niece Penelope

Even celebrity kids need hobbies! North and her cousin Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

6 Celebrity Break-Ups That Shocked Everyone





By Molly Jacob

Breakups can be hard, but they get even more difficult when they're in the spotlight. While we know that Hollywood couples, with the pressures that come from being famous, often don't last long, it's still hard on fans when their favorite celebrity couple goes through a [celebrity break-up](#).

See what celebrity break-ups shocked everyone, including us at Cupid's Pulse!

1. Heidi Klum and Seal:

Heidi Klum and Seal seemed to be one of those Hollywood couples who had it all. That's why we were especially shocked in April 2012 when Klum filed for divorce after six years of marriage. But we're happy to hear, according to TMZ, that the celebs' divorce was a "clean break" with no fights over money or custody of their four kids.

2. Mariah Carey and Nick Cannon:

Mariah Carey and Nick Cannon seemed to be deeply in love during their six years of marriage. But this celebrity couple fell apart when Cannon filed for divorce this past January. This celebrity breakup was in the spotlight this spring when Carey released her new song, "Infinity," which throws some jabs at Cannon. Next time you're thinking of getting tattoo for your significant other, think about this: Cannon had to cover up his "Mariah" tattoo with a larger tattoo last October.

Related Link: [Nick Cannon Opens Up About Split From Mariah Carey](#)

3. [Jennifer Aniston](#) and [Brad Pitt](#):

We were heartbroken when this celebrity couple split up in 2005. Whether you were Team Aniston or Team Jolie during the publicized celebrity breakup, Aniston and Pitt seemed to have had the perfect relationship. But don't spend too much time worrying about this heartbreaking split – Aniston told US Magazine last January, "I don't find it painful."

4. Susan Sarandon and Tim Robbins:

Susan Sarandon and Tim Robbins appeared to be the classic, enduring Hollywood couple – until they announced their breakup in 2009. While the celeb couple never got married, they were together for over 20 years and had two sons. The two met in 1988 while shooting the film *Bull Durham* and immediately clicked. Although there were rumors that they broke up because Robbins had an affair with Meg Ryan, Sarandon said a major reason for the split was a reexamination of her life after performing in the Broadway show, *Exit the King*.

5. Robin Thicke and Paul Patton:

Thicke made the headlines in the last couple of years with his

catchy and controversial song, “Blurred Lines” and also his breakup with his teenage sweetheart, Paula Patton. In February 24, the celebrity couple announced their marriage was over, but it seemed like Thicke wanted Paul back more than she wanted him. This was pretty evident after he released his tribute to his ex-wife, the 2014 album title *Paula*.

Related Link: [Does Robin Thicke’s “Get Her Back” Have Enough Passion For Paula Patton?](#)

6. Gwyneth Paltrow and Chris Martin:

Coldplay and *Shakespeare in Love* fans alike were shocked when Paltrow announced on her blog, Goop, that the Hollywood couple would be splitting. After being married for 11 years and having two children, the duo’s bond seemed unbreakable. Their divorce seemed amicable, with Paltrow using the vague term “conscious uncoupling” to describe their breakup.

What other celebrity breakups shocked you? Share in the comments section below!

Heidi Klum and Seal Finalize Divorce After Two Years





By Amanda Boyer

After being separated for two years now, Heidi Klum and Seal finalized their divorce on Tuesday, Oct. 14, according to USmagazine.com. The former couple, who had been together since 2005 and has 4 children, have been putting their differences aside for their family. They are sticking to the statement they released when they first separated and are putting their family first.

What are three important ways to compromise in the midst of divorce?

Cupid's Advice:

Divorce is almost always complicated, so it's definitely important to compromise when possible. Cupid has some advice:

1. Talk it out: Talk it out what you and your partner both want out of this divorce. Make sure you both are being open and honest the whole time.

Related: [Heidi Klum and Ex Martin Kirsten Step Out Post-](#)

[Breakup](#)

2. Balance: Be sure there is a balance in everything you are dividing or splitting up. If one partner has more or less, it can cause more of a hassle later on. Figuring it out now will solve many problems that will arise down the line.

Related: [Heidi Klum and Bodyguard Boyfriend Martin Kirsten Split](#)

3. Relax: This can be a stressful time for everyone involved, but giving time to yourself to recollect your thoughts and actions can help you reflect.

Have any other ideas on how to get through a divorce smoothly? Comment below.

Heidi Klum and Ex Martin Kirsten Step Out Post-Breakup





By Brittany Stubbs

Heidi Klum and Martin Kirsten may not be dating anymore, but they aren't acting like enemies or strangers. The former couple were spotted leaving a building in L.A.'s Brentwood neighborhood just eight days after a source confirmed to UsMagazine.com that they were broken up. Though looking casual, neither of them spoke as they returned to their separate vehicles. After dating more than a year, the insider claims, "He is no longer working with her or her family."

What are some things to consider before remaining friends post-breakup?

Cupid's Advice:

If you try to remain friends after a breakup, things can get complicated. Cupid has some advice:

1. The terms you ended on: How you leave a relationship usually has some influence on whether you're able to move on as friends or not. Evaluate the reasons for your separation. If your breakup was amicable and neither of you left with hard

feelings, then having a friendship may be easy. But in messy and complicated breakups, salvaging anything for a while can be more difficult.

Related: [Celebrity Tattered Hearts](#)

2. Timing: The length of time that has past since you've broken up is certainly worth considering. Even if you ended on great terms, it's important you both have some space from each other in order to not only heal from the breakup, but adjust to be single again. Jumping into a friendship directly after a breakup often results in people just continuing with the behaviors and habits they had as a couple.

Related: [Heidi Klum and Bodyguard boyfriend breakup](#)

3. Your Feelings: As always, your emotions are the most important part to consider when determining what you're capable of. If you're still not over your ex or the relationship you shared, this is a sign you need to hold off on beginning a friendship. You can't build a new relationship on the foundation of a broken heart.

What are some things you've considered before remaining friends with an ex?

Celebrity Couple Heidi Klum & Martin Kirsten Break-Up





By Louisa Gonzales

It looks like supermodel Heidi Klum is back on the market. [People](#) confirmed that Klum and her bodyguard boyfriend, Martin Kirsten separated a few weeks ago, after dating for a year and half. The ex lovebirds started dating a few months after Klum, 40, filed for divorce from ex husband Seal whom she was married to for several years. A source close to Klum states that Martin, 41, was there for Klum during the difficult time after her divorce. The ex lovers may have gone their separate ways, but Klum is still grateful for the time spent with Martin and all his support. The two will reportedly remain friends, but they will be discontinuing their professional relationship.

How do you know when it's time to call it quits on a relationship?

Cupid's Advice:

Learning that not all of your relationships will work out and when to let go are two of the many lessons we must learn in

this life. Finding love is hard and the thought of starting over and trying to find someone new can be terrifying, but should you stay in a relationship because of these reasons? What's the breaking point? Cupid has some advice on how you can tell when it's time to call it quits:

1. You're no longer smiling: If you are no longer happy in your relationship it is a major sign you might have to move on. You want to be with someone who makes you smile, laugh and feel alive, and if your partner is no longer making you feel these things you need to ask yourself if the two of you being together is the right thing. Everyone deserves to be with someone who makes them happy, and if you are arguing all the time with your lover or they make you sad more often than happy it's time to end the relationship.

Related: [Heidi Klum and Seal: What Blew Up Their Marriage?](#)

2. You both have changed: As time goes by people can change. Maybe who each of you were and what you wanted when you first started dating may have changed. If you find yourselves drifting a part and heading towards separate paths, it may be time to let go of your love and move on. It's okay to like different things and do your own thing from time to time, but if you find yourselves constantly fighting about your conflicting ideals or goals, or you are fine with being a part for long amounts of time the relationship may already be over.

Related: [Ashley Olsen and Boyfriend David Schulte Call It Quits](#)

3. Is one more into the relationship than the other: For your relationship to work both parties have to be invested in keeping your love alive. Are you both doing your share in the relationship or are you both equally committed to each other? If one of you is pulling more weight than the other, it is a sign your romance may be fizzing out. There could be different

circumstances as to why your honey is pulling away, but if you can't find a way to work it out or fix it together the relationship is doomed no matter what. It's okay to escape a toxic relationship because sometimes there is too much stress and challenges for you to overcome and be able to work it out with your significant other.

How do you know when to call your relationship quits? Share your tips below.

Celebrity Couples: What True Love Looks Like



By Jared Sais

The start of a new year gives everyone a renewed sense of hope, and with this thought in mind, I decided to consider three celebrity couples who are happy in love.

Amanda Seyfried and Justin Long: These lovebirds have become a paparazzi favorite lately. In many photos, the couple appears surprised at their picture being taken. You'll see their eyebrows and eyes raised and their mouths just a bit open. Note that surprise is one of the seven micro-expressions that people make to indicate an emotion.

In another recent photo, we see the actress leaning towards her man, either for a kiss or to whisper something to him. This behavior shows how comfortable they are with each other. When people feel comfortable, they tend to get even closer into your "personal space bubble." It's an easy way to identify if two people are dating or just really close friends.

Related Link: [Amanda Seyfried and Justin Long Bond Over Her Dog](#)

As a side note, when flirting, if you're talking to someone you're interested in, whisper something every once in a while so the person has to lean in to hear you. It's a great trick for getting closer and making a move.

Notice Seyfried's eyes in many photos of the couple. They're often locked on Justin's lips; this is what desire looks like. As she gives a slight grin and looks at her man's wanderlust smile, there is nothing but attraction and lustfully gazing eyes. Likewise, the actor has a very loving smile with deep eye contact, which tells me he is very romantically invested in the blonde beauty.

You can also see the lack of space between them in the photo

above and other photos, which indicates a romantic relationship or at least a very close trusting relationship.

Drew Barrymore and Will Kopelman: We have something special here: best friends *and* lovers. They have a dynamic that many couples strive for. You can tell they are truly happy in many of their photos; the facial expression of smiling is categorized as high cheeks, crows feet in the corners of the eyes, and raised outer corners of the lips. Sometimes, this body language is easier to see in photos than in live action. But knowing the difference between a true smile and a fake smile can make the difference between catching someone in a lie or knowing if your partner is truly interested in you.

When people are comfortable with someone, they usually talk with the cup in their hands; put the cup down and continue to use their hands in a conversation; or put the cup to the side of their body. In a picture of Barrymore and Kopelman at a sporting event, we see the actress talking with her cup in her hands, showing us that she's very comfortable in her husband's presence. She also leans in towards him, putting her weight on him – another sign of trust and love.

Related Link: [Drew Barrymore Goes Public with Second Pregnancy](#)

Heidi Klum and Martin Kirsten: You'll often see this pair walking at the same pace with locked hands or their arms around each other. This body language is considered mirroring each other, and all signs tell you that their relationship is going strong. They are a very real couple; they run together and share that interest. There's nothing better than an early run and coffee in the morning with your loved one.

Listen up, guys: Real man wear pink or hold their woman's purse. Yes, Kirsten often holds his girlfriend's purse, showing us what a gentleman he is. He is confident with himself and their relationship. Plus, it reveals just how close they are as a couple.

Author's Note: If you're looking for more in-depth non-verbal tricks, I will be holding a class in the New York City area. The class focuses on everything non-verbal, including confidence building, how to become a better flirter, how to spot flirting that is directed your way, how to find quality men/woman, fashion tips and tricks, and etiquette coaching. Please email me at jaredsais@gmail.com for more information and to sign up. Tickets are going fast, and there is a 20-person limit! See you there.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Celebrity Divorce Attorney Laura Wasser Gives Tips on Divorcing Peacefully In New Book





By Priyanka Singh

With the climbing divorce rate reaching over 50 percent, many Americans fear the catastrophic events of a messy split. However, celebrity divorce attorney Laura Wasser has some words of wisdom to help divorcees in her new book, *It Doesn't Have to Be That Way: How to Divorce Without Destroying Your Family or Bankrupting Yourself*. The author's southern California location opens her up to a world of A-list celebrity clients, including Kim Kardashian, Britney Spears, and Heidi Klum. Even though the private lives of these stars are under constant media scrutiny and exposure, Wasser explains that divorce disputes have the potential to be fairly painless, particularly in the familial and financial aspects of a settlement. She also spends quite a lot of time working with pro bono cases for the Harriett Buhai Center for Family Law, calling divorce a "great equalizer" because of the emotional distress couples experience is the same across the board.

In an exclusive interview with CupidsPulse.com, Wasser talks about the evolving world of divorce and provides some tips to

guide you through a separation as seamlessly as possible.

Related Link: [Short-Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

You've been in your line of work for nearly two decades. What is one common mistake that you see couples make during their divorce?

Over the past twenty years, particularly during the last five, it occurred to me that parties going through the dissolution process often go in hugely uninformed. Ignorance paired with an emotionally and financially devastating life crisis can be dangerous. Family law attorneys will often make a lot of money to the detriment of clients and their families. There are so many clients who have said, "If only I knew then what I know now."

I have a message in my book to give to people contemplating or going through this experience, one that spans socioeconomic, gender, and age groups: *It doesn't have to be that way.* Our generation has the tools available to us by virtue of education, the Internet, and mental health and counseling opportunities that our parents' generations and those before them didn't have. By employing these tools and having a relatively user-friendly guide, I believe the divorce process can be simplified and improved.

What are some tips you can give our readers about how to maintain financial and emotional stability?

Marriage is a contract. Dissolving that contract should be handled as an arm's length business transaction. Remember that this person will no longer be your spouse, but he or she will continue to be your co-parent, family member, and possibly business partner in certain assets or entities. Be nice; be reasonable; and be brief. Try not to let emotion, hurt, fear, or anger dictate the circumstances of your discussions or

negotiations.

Do you think the divorce rate will continue to rise in the coming years?

It is my hope that it will be reduced because people are waiting until they are older before getting married and people are making a more concerted effort to work through their marital differences. Although divorce has become a far more viable option than it was in the past, it certainly should not be used as the easy way out.

You've acknowledged that current generation's realities have evolved a lot in recent years. How has this change played a role in the divorce rate?

The American family culture has changed significantly in the past 50 years. There are same-sex couples who marry or register as domestic partners and become parents; couples who live together for prolonged periods of time and have children; and stepparents who are integrated into family life more than ever before. An attitude of "it takes a village" often permeates our culture.

There is a whole new way to dissolve your relationship – really a whole new choice of ways to do it. The evolution in family law has been accompanied by advances in mediation, collaborative practice, and self-representation. Plus, there's been a substantive body of data that impacts dissolution, direct and indirect, on all parties. There is also a movement of divorce attorneys – like me – who know how to help their clients navigate this territory and emerge from it strong in mind, spirit, and resources and eager to move on to the next stage of their lives.

Related Link: [Second \(and Third\) Marriages: Destined for Divorce?](#)

It's no secret that you're a supporter of prenuptial

agreements. Why do you think they're so important?

A prenuptial agreement is appropriate when a couple is seeking to opt out of the laws regarding marital property and/or spousal support which govern the state in which they live or are planning to live. Not everyone should have one; they're appropriate on a case-by-case basis. They're not only based on income levels but can clarify an individual's assets coming into the marriage, certain testamentary issues, gifts between spouses prior to and during marriage, and more. It's important to discuss financial expectations and expenses *prior* to entering into the marriage contract, and a prenuptial agreement is one way of leading into that conversation.

I am always astounded at the couples who come to me after being married for some period of time and reveal that they never had such a conversation, whether a prenuptial agreement was in place or not. Conversations about money certainly aren't sexy or romantic, but they should give each of you some clarity and enable you to enter into your marriage with a better understanding of each other.

To purchase It Doesn't Have to Be This Way, check Amazon or your local bookstore. You can also read more about her background at www.wcmfamilylaw.com.

Celebrity Couple Predictions: Halle Berry, Jada Pinkett- Smith and Heidi Klum



By Shoshi

A celebrity's love life tends to be packed with things that create a hot mess. At the end of the day, when it comes to their relationships, they're just like everybody else: simply trying to figure it all out.

For my first expert post, I took a look at the energy (aura) of some hot couples: the sexy Halle Berry and Olivier Martinez, open marriage lovers Jada Pinkett-Smith and Will Smith, and last but not least, Heidi Klum and her bodyguard boyfriend, Martin Kirsten.

Related Link: [Spring Cleaning: 5 Signs It's Time to De-Clutter Your Love Life](#)

Halle Berry and Olivier Martinez: I have been keeping a psychic eye on Halle Berry since she announced that she's

dating Olivier Martinez. From the very beginning, their energy as a couple looked vibrant and stable. While women envy Berry and assume she can have any man that she wants, her love life tends to be filled with drama and heartache. Berry was always into the "pretty boy" types, not that that's a bad thing. However, Martinez is an upgrade; Berry finally has a grown man by her side.

Recently, Berry revealed that she is pregnant with Martinez's baby. Berry has never looked happier on the outside, but there has been a shift in her energy on the inside too. She is more settled and comfortable in her own skin. While she has made a shift to fully embrace self-love, Martinez has been a big part of healing Berry's energy in her heart. Looking at their relationship as a whole, they have a wonderful connection.

From what I can see, it looks like Berry will have a bouncing baby boy. I also predict that Berry and Martinez will pull a Janet Jackson move by getting married at a secret sexy location in Paris.

Jada Pinkett-Smith and Will Smith: Finally, Jada Pinkett-Smith decided to address the rumors about having an open marriage with Will Smith. Not so fast, though: she actually did *not* come out and say that they have an open marriage. We did find out that Smith is his own man who can do whatever he wants and that Pinkett-Smith trusts him since they have a grown-up relationship. Some people are confused about what the heck she means since it wasn't a direct statement.

This couple has a very interesting energy that looks strained in certain areas. It look like they were talking about divorce, which was coming more from the side of Pinkett-Smith, but she changed her mind. Smith appears to be exercising their rule of doing whatever he wants more than her. She was feeling a bit neglected, but it made her hubby realize that he has to prioritize what he has at home, or it shall be lost.

Although there is love in their relationship, it looks like the type of love that is friendship-based. There is a lack of passion between them at this point; if that doesn't shift, this marriage will be over for good.

Related Link: [Will Smith Says Family Is All About Love and Communication](#)

Heidi Klum and Martin Kirsten: When Heidi Klum started dating her bodyguard, Martin Kirsten, it raised a few eyebrows. Hopefully, Kirsten will guard his heart in this relationship since Klum's energy has rebound written all over it. What Klum was missing in her marriage with ex-husband Seal, she is getting from Kirsten; however, she isn't allowing her feelings for him to run deep.

Kirsten is completely smitten with Klum and her kids. In fact, he had feelings for her before they started dating. It's not looking good for him though. Klum isn't ready to fully open her heart to anyone. One day soon, Kristen is likely to get a kiss goodbye from Klum, and he won't even see it coming.

How Celebrity Moms Keep an Active Dating Life





By [Whitney Baker Johnson](#)

Dating as a single mom is never easy, especially if you're trying to balance a busy career with raising your children. Even for celebrities, who have luxuries that not all single moms can afford, it's still a tricky thing to manage. The famous faces below have figured out a few ways to find love while still playing the most important role of their lives:

1. Make It a Family Affair: Before she got hitched, Reese Witherspoon was often seen with Jim Toth and her kids from her marriage to Ryan Phillippe. Rather than try to make time for romance *and* family, she simply included Ava and Deacon on her dates. The newlyweds even took her children on their honeymoon to Belize!

Michelle Williams has taken a similar approach in her relationship with Jason Segel. The couple is constantly seen with Matilda, Williams' daughter with Heath Ledger, and they even split their time on both coasts based on the little girl's school schedule.

Related: [Three Tips to Stress Free Holiday Dating](#)

2. Date a Blast From Your Past: Sometimes, it's easier to date a guy from your past instead of searching for someone new. Denise Richards, mom to three girls, took this route, dating Heather Locklear's ex Richie Sambora. While it may have ruined her friendship with Locklear, she is still in an on-and-off relationship with the rocker.

Perhaps taking a cue from her former friend, Locklear, who has a daughter with Sambora, dated Jack Wagner, her costar from *Melrose Place*, for over four years before ending their engagement.

3. Meet Your Match on Reality TV: Emily Maynard, single mom to daughter Ricki Hendrick, has tried not once but *twice* to find love on reality television. First, she won the heart of *Bachelor* Brad Womack, only to end their engagement a few months later.

Rather than give up, Maynard tried again, becoming the most recent *Bachelorette*. She accepted Jef Holm's proposal, but they too broke up less than three months after the show ended. Despite this double dose of heartbreak, she has no regrets because she says she did fall in love with both men.

Related: [5 Bachelor and Bachelorette Couples We Can Learn From](#)

4. Stay In Your Inner Circle: Dating someone who your kids already know eliminates the need for awkward introductions and potential tension. Heidi Klum, who split from Seal after almost seven years of marriage, is now in a relationship with her bodyguard, Martin Kirsten. Luckily, her four children are already comfortable with him and are used to him being around.

Similarly, Courteney Cox has been rumored to be dating her *Cougartown* costar, Josh Hopkins. Coco, her daughter with David Arquette, knows Hopkins from her time spent on set, making the transition easier for her mom.

5. Depend On Your Ex: Staying on friendly terms with your ex can help your dating life as well. Jennie Garth, who recently split from her husband of 11 years, Peter Facinelli, has already been spotted with three different men. Thanks to her co-parenting routine with Facinelli, she has time to date while her three daughters hang out with their dad.

Likewise, Ashlee Simpson and Pete Wentz split time with their four-year-old son, Bronx. They both are frequently seen out and about with their significant others and even reunited recently to celebrate their little boy's birthday.

What's the best dating lesson you learned from celebrity moms? Tell us in the comments below!

Wendy Williams Lashes Out at Heidi Klum for Relationship with Bodyguard Boyfriend





By Jennifer Ross

Wendy Williams speaks her mind about Heidi Klum's new relationship and it is not nice. Last Tuesday on [The Wendy Williams Show](#), Williams criticized the Victoria's Secret model, insinuating that Klum and bodyguard boyfriend Martin Kirsten began their relationship while Klum was still married to Seal. She even went as far as implying that intimate moments may have taken place under Seal's nose while Kirsten worked for the family the past four years. "Seal, you know what that means – and not just when you were out of town." The TV host ended with giving Seal advice on revenge. "I don't how much you're worth, but she's worth more. You need half. You need yourself a new girlfriend; someone young, hot and with a long future in modeling, and really fertile."

What are some signs that your partner is cheating?

Cupid's Advice:

No one ever wants to find out their partner is cheating. As a result, many people will turn a blind eye to the infidelity

and live in denial. A problem with this is that the truth will eventually surface and you will need to deal with it. So rather than wait for your mate to confess, here are a few signs that someone is cheating:

1. Private phone calls: Yes, there are moments when your partner will need to take a phone call into the next room for privacy. However, if your partner runs to the next room every time the phone rings, something is not right. Also, your mate may refuse to let you know who called or what the call was about.

2. Change in appearance: Another sign of cheating is if your spouse has changed their appearance, such as previously dressing conservative but now focuses on designer clothing. Also, your mate wasn't much for grooming but now is finicky about their hair style, jewelry, and/or make-up. A new love in their life will have them feeling more conscious about their look.

3. Overly defensive or angry: When a spouse is cheating, they may come off more defensive about answering for their whereabouts or any question at all. The defensiveness could lead to criticizing or controlling you for any little thing and impatience or aggression in just speaking to you. The infidelity signs will get stronger so pay attention.

What signs did you see that told you your partner was cheating? Comment below.

Heidi Klum Opens Up About

Celebrating First Holidays Post-Split from Seal



By Jennifer Ross

Christmas in California – is what Heidi Klum has in mind for the holiday season. The supermodel, 39, opens up about the holidays, planning a lovely Christmas at home with her four children from ex Seal, according to UsMagazine.com. On Saturday, when asked about her specific plans, while she was at the Children's Hospital of Los Angeles gala, Klum stated, "We're going to get a big Christmas tree and we might go to Disneyland. We go all over the place." In all this, one question remains. Will Seal, 49, join the family? No news has been said yet. Klum and Seal have recently begun to speak again after the nasty comments Seal made about Klum's new relationship with her ex bodyguard Martin Kirsten. Seal

contends that his words were taken out of context.

What are some ways to avoid feeling lonely during a first holiday post-divorce?

Cupid's Advice:

Whether you are recently divorced or in the process of one, your first holidays sans your ex can be a very challenging time for you. Although it is natural to feel sadness, that doesn't mean you have to go through it surrounded by gloom. To get you into the spirit of a "different" style of holiday season, here are a few tips in keeping your happiness alive, even after New Year's:

1. No worries about the ex: During the holidays, pay no mind to how your ex will be spending his time. Instead, focus on yourself and necessary loved ones. Obsessing about what he might be doing will only prevent you from having a happier time.

2. Put negative feelings on hold: Any jealousy, heartache or anger needs to be stored in the back of your mind until after the holiday season; this is not the time to hash them out. Don't worry; you are not in denial. There will be plenty of time later to deal with the pain.

3. Keep yourself busy: In keeping your mind out of the negativity pool, it is best to accept as many party invitations as you can. If partying is not your thing, then try spending your time volunteering at your favorite charity. Just do anything constructive that will help to get your mind off your divorce and keep your spirits up.

How did you keep your spirits up during your first holiday post-divorce? Comment below.

Heidi Klum Has an Affectionate Lunch with Rumored Bodyguard Beau



By Nicole Weintraub

Recently divorced Heidi Klum was spotted grabbing a bite to eat with her rumored bodyguard boyfriend, according to [People](#). Martin Kristen and Heidi Klum went for lunch at Joe's Stone Crab in Las Vegas on Tuesday where an onlooker described their behavior towards each other as very affectionate. The duo has not yet been confirmed as an official couple, but the starlet has spoken fondly of her bodyguard. Kristen has been Klum's

bodyguard for the past four years, caring for and helping with her children as well. The two have been photographed together frequently since her divorce from former husband Seal.

What are some ways to be sensitive to your ex's feelings?

Cupid's Advice:

Breaking up is hard to do, especially when there are children involved. When children are involved, it is extremely important to try to remain civil with one another. Here are some tips on how to be sensitive to your ex's feelings:

1. Don't boast: If you have had the opportunity to find someone else, there is no need to shout your new love from the rooftops. Take things slow and keep them low-key, at least until it becomes serious and monogamous.

2. Do be open: Lying will only hurt your ex's feelings even more, especially if you get caught. In order to avoid a sticky situation, just be open and honest if they ask about your love life.

3. Keep it clean: Posting scandalous and revealing photos, comments or videos will only get you into trouble. Keep your personal life private – it will be beneficial for the both of you.

How have you been sensitive to your ex's feelings? Share your stories with us in the comments below.

Heidi Klum Says She and Seal Aren't 'the Greatest Friends' Right Now



By Erin Minty

The relationship between now separated Heidi Klum and Seal is complicated at best, after things got heated last week. After some rude comments Seal made about Heidi, including that she should “at least wait until we separated first before deciding to fornicate with the help,” the supermodel is speaking out about where things stand between the former couple. According to UsMagazine.com, Klum told Katie Couric, “I don’t know if we’re the greatest friends right now, especially because of the things that he said.” She went on to say that they were in an “okay” place. After 7 years of marriage, hopefully the two

will be able to work things out, especially for the sake of their 4 children, Leni, Henry, Johan and Lou.

How do you keep a messy breakup from affecting your children?

Cupid's Advice:

Breakups can be hard, especially when you and your ex had children together. Cupid has some advice on keeping a messy breakup from affecting your kids:

1. Don't talk about it in front of them: One of the most important things is to try to keep your kids out of it. You should never be badmouthing your partner in front of your kids; it will make things uncomfortable and awkward.

2. Don't ignore their questions: On the other side of the spectrum, you don't want to ignore your kids' questions about your breakup. If they ask you what is going on, try to explain it to them without giving too many details about the situation.

3. Act normally around them: As much as it may hurt, it is important to try to act as if nothing is wrong when you are spending time with your kids. Take them to school, make their meals and talk to them about their day just as you would have before the breakup. You need to make them comfortable even when you aren't.

How did you keep a breakup from affecting your kids? Share your insight below!

Heidi Klum Says She's Moved on from Seal



By Erin Minty

Supermodel Heidi Klum says she's moved on since her divorce from husband Seal, according to [People](#). The two split last January after being married since May of 2005. The exes have both been speaking to the public about their relationship and moving on in their separate personal lives. Klum was seen cozying up with her bodyguard recently, to which Seal made some comments that were misinterpreted. The two both claim that their split was completely amicable, and that they still love each other very much despite both moving on.

How do you know when it's time to enter the dating scene after divorce?

Cupid's Advice:

Approaching dating after a marriage has ended can be a daunting task that must be approached carefully. Cupid has some advice:

1. Wait until you are ready: There are probably a lot of people in your life that will try to push you into a relationship before you are ready by trying to set you up with friends, or asking you about any potential dates. The most important thing is to wait until *you* are ready. Take your time; don't rush into the dating scene because of any social pressure to do so.

2. Don't take it too seriously: After a divorce, you will probably be in the mind-set of a serious relationship. Take a breath. Go on one date. This person doesn't have to be your future partner; you can just go out, relax, and have a good time. Take it very slow at first until you know you are ready.

3. Think about who you are looking for: It may be difficult for some time to picture yourself with anyone else besides the person you just divorced. Take some time to think about the kind of person you want to be with. When it gets to a point where you can imagine yourself with someone else besides your ex, you may be in a good position to go out on that first date.

**How did you know when to start dating again after divorce?
Leave us a comment below!**

Seal Clarifies That Heidi Klum Did Not Cheat



By Nicole Weintraub

After seven years of marriage Heidi Klum and Seal called it quits in January, with Klum officially filing for divorce in April. According to [People](#), Seal would like to clear the air and state that Klum was not cheating on him whilst they were together. In a statement he had made prior in an interview, rumors spread that Klum had cheated on Seal with her bodyguard Martin Kirsten. Seal sets the record straight by explaining the statement in his interview by claiming that they are separated, but still legally married. Photos of Klum and her bodyguard vacationing surfaced and Seal said he expected her to “have shown a little more class...before deciding to fornicate with the help.”

What are some ways to know that your partner is being unfaithful?

Cupid's Advice:

Being in a relationship, no one wants to find out that the person they trust the most is the one that is hurting them. Here are a few tricks on how to find out if your partner is being unfaithful:

1. Hot and cold: If your relationship has been on the rocks or unstable recently, that could be a huge clue that your partner is experiencing a wandering eye. When we are not happy in current relationships whether it be due to the spark dulling or constant arguments, we tend to look elsewhere to see if we are missing out on anything. Keep an eye out for your partner being out of tune with you emotionally and keeping you out of their schedule.

2. Excuses, excuses: Honesty is one of the most important ingredients in a healthy relationship. When you start hearing excuse after excuse, it's time to start looking for more clues. One late night at the office is understandable, but when the same excuse comes up over and over again, chances are it's not just an excuse anymore.

3. Sudden changes: Sudden changes in mood, behavior and scheduling may be indicators that your partner is unfaithful. Constant canceling and postponing plans that your partner has with you is a red flag. It may be a sign that your partner is seeing someone else, or it may be a warning that the spark is dulling in your relationship.

Have you found your partner being unfaithful? What red flags did you find? Share your comments below.

Love Advice For a Stronger Long-Term Relationship



By Ricky Peterson

Everyone wants to have a great long-term relationship that keeps on getting better, but it simply won't happen without some effort on the part of both partners. Making a stable relationship and love work isn't always easy though, as we see many famous couples going through their ups and downs in public via celebrity news and gossip...and it's no different for us regular folk. That being said, here are four pieces of love advice (with help from some of our favorite celebrity couples!) that we can all use to make our relationships

stronger.

Love Advice To Follow

1. Be prepared to listen to each other: Listening is the hallmark of all good relationships. If you don't listen to your partner or they don't listen to you, how can you hope to develop a strong relationship and love for the long haul? Talking is good, but recognize when listening is required of you, and practice doing it more often. Everyone feels more valued when their partner sits and really listens to them. Listening means comprehending and not just making the right noises in the right places!

Related Link: [Relationship Advice On How To Fall In Love](#)

2. Don't ignore problems – they'll only get worse: You cannot hope to go through life with no problems at all. There might be minor setbacks in your relationship or problems that occur outside the relationship that affect you both. The trick is to never ignore them and to confront them head-on. Talk about these issues and decide how to tackle them as a team.

Celebrity Couple Example: Seal and Heidi Klum are a great example, as Seal's reported anger management issues seem to have caused a rift in their celebrity relationship. This is the sort of thing that, if worked on early, could have been resolved, possibly saving the marriage.

3. Never wait for the other person to apologize: The apologies have to come from both partners; otherwise, one of you will always be saying "sorry" even when the other one does something they shouldn't. You've probably heard the idea that you should never go to bed angry, and that definitely applies in this case.

Related Link: [Heidi Klum and Seal – What Blew Up Their Marriage?](#)

4. Be positive in lots of little ways: We would all benefit from being more positive in our daily lives. For example, if your partner has a job interview, be sure to call them just before they go in to provide some support. Then, call them afterwards to see how it went. You could even plan a dinner to mark the event, whether they were successful or not. You can either congratulate them or provide support and let them know the experience was still a positive one because it will help them gain experience for a the future.

Celebrity Couple Example: [Angelina Jolie](#) and [Brad Pitt](#) have had their ups and downs, but recent reports of a date night show that they are at least making the effort. Sadly, the media is much more into reporting on Hollywood couples who are having problems than those who are happy, but little bits of effort like this can make all the difference. Let's hope it works out for these two!

Stronger Relationships and Love

By following this love advice, it'll be easier than you think to build a strong partnership that will survive the test of time. Be sure you know how to make the most of your relationship and love, and start putting more effort into it today for the best results in the future.

Ricky Peterson is a writer who works for passionsearch, an online dating site.

How Decoding Your Love Map

Can Heal a Broken Heart



By Rachel Sussman

When it comes to celebrity breakups, many of us spend plenty of time analyzing their trials and tribulations. We identify on many levels with our favorite Hollywood couples by getting inspired by their romances and mourning their losses. In fact, we even tend to fear that the same types of failures they experience can happen within our relationships as well.

Whether you're a celebrity or not, there are numerous ingredients which go into determining whether a connection exists between two people. Love, attraction and pheromones are key components, but there are many others that dictate the choices we make as well, and they happen from the very beginning of our lives. It's important to remember that genetic/biological, social/cultural, and psychological issues

determined your partner selection, romance and grieving period. In other words, they're part of your personal "love map." Through interpreting your love map, you will understand how important events from your past shaped your individual personality development and self-esteem, which directly correlates to your relationship behavior.

Here are two celebrity examples where creating a love map would be invaluable:

Demi Moore and Ashton Kutcher

Since the beginning of their relationship, Demi Moore and Ashton Kutcher's romance fascinated the public. They're both attractive and accomplished actors, and, of course, there's the famous age difference. Sadly, Moore has suffered from depression and grappled with addiction since the pair's split.

In a recent interview, she said, "What scares me is that I'm going to ultimately find out at the end of my life that I'm really not lovable, that I'm not worthy of being loved."

Moore's unworthy feelings most likely existed long before she ever met Kutcher. According to multiple reports, she experienced a difficult childhood and both of her parents were alcoholics, which undoubtedly influenced her relationship choices and her behavior in those relationships. By creating her personal love map, Moore would be able to work through her pain in order to regain strength and health.

Related: [Demi Moore Proves There's Hope After Divorce](#)

Heidi Klum and Seal

Heidi Klum and Seal also recently went through an unexpected split. Many of us were thrilled to see a beautiful bi-racial couple with a large blended family who were happily wed. That said, Seal's hard childhood inspired him to create beautiful music, but it also affected him negatively as well. It's been reported that he was raised by a foster family, which would

have influenced his personality development during his formative years. Apparently his emotional problems, in particular his inability to control his anger, had become too much for Heidi to take. In this case Seal should decode his love map to understand his psychological makeup. Heidi, on the other hand, should interpret her love map in order to discover what factors from her earlier life led her into the arms of a volatile man in order to expedite her emotional recovery.

Related: [Heidi Klum and Seal Confirm Separation](#)

Creating and interpreting a personal love map will enable anyone, celebrity or not, to heal and recover from a bad breakup. It will also allow you to understand and change behaviors that may be negatively impacting your romances – and that is definitely something worth striving for.

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Heidi Klum Protects Her Kids from Public Split



In an effort to stand strong after her very public split with Seal, Heidi Klum isn't speaking publicly about the details of what led to their unexpected divorce for the sake of her children. "I'm a lioness. I have four cubs. I'm a mom. I want to take care of my kids and protect them. I don't want to talk about them, or him, or me," said Klum. However, she did reveal that things between her and the singer weren't always as perfect as they seemed. According to [People](#), the model is spending time at home with her children and avoiding reading about her divorce in the news.

How do you keep the drama of your divorce away from your kids?

Cupid's Advice:

1. Be careful what you say: Never argue or talk about the details of the divorce in the front of the kids.

2. Answer their questions: Encourage your children to come to you with their questions and concerns about the changing situation.

3. Don't put them in the middle: The worst thing you can do when kids are involved in a divorce is to put them in the middle of a custody battle or a fight.

If your marriage isn't working out, should you stay together for the kids? Share your thoughts below.