

Richie Sambora Says Ex-Wife Heather Locklear Is 'Still Hot'



By Louisa Gonzales

Richie Sambora proves just because you're no longer with former partner, doesn't mean you stop being attracted to them. According to [People](#), Sambora raved about his ex-wife Heather Locklear, while he attended friend, Ray Parker Jr's, ceremony for his star on the Walk of Fame on Thursday in Hollywood. The rocker reportedly couldn't stop complimenting her, and even said, "...she looks better than ever." The ex-couple divorced back in 2007, but Locklear, 52 and Sambora are still close friends. Even though it took years for them to get to a good place, the Bon Jovi guitarist said focusing their efforts on their 16-year-old daughter Ava, helped them to let go and move on to where they are now.

What are some ways to remain civil with your ex?

Cupid's Advice:

Breaking up is never easy. Actually, relationships are a hard period. After a breakup, the best thing to do is to let go and move on, but sometimes your ex will remain a part of your life. Cupid has advice on some ways to remain cordial with an ex:

1. Respect their boundaries: Once you are no longer with your ex-beau, things will change between the two of you. Some things that were okay when you were in relationship won't be okay anymore. If you want to keep the peace between the both of you, you'll need to give them some space and don't cross any lines you shouldn't.

Related: [Heather Locklear: What Is She Running From?](#)

2. Don't judge his or her new partner choices: Eventually, your ex will most likely move on with someone new. It's not easy to see your ex with someone, but that doesn't give you the right to judge his or her new choice of significant other. If you want to remain cordial with them, you'll have to respect their choices and keep any opinions you have about them to yourself, at least during the beginning.

Related: [Richie Sambora Loves Denise Richards More for Adopting](#)

3. Stay in communication: Just because you and your ex-honey are no longer an item it doesn't mean you can't still talk and keep tabs on one another. Check up on them from time to time and see how they are doing. It will go a long way and it will let your ex know you still care and want to be a part of their life, no matter what your relationship status is.

What do you think are good ways to remain civil with an ex? Share you're tips below.

Celebrity News: Heather Locklear's New Love Interest, Dr. Marc Mani



By Petra Halbur

Heather Locklear is in her first public relationship since she split with fiancé, Jack Wagner, in 2011. [People](#) reports that Locklear is currently involved with plastic surgeon, Dr. Marc Mani. Mani was listed as one of *Extra's* most eligible plastic surgeon bachelors in 2008 and he has frequently appeared on television as a plastic surgery expert. Locklear and Mani stepped out as a couple one-and-a-half months ago. They were most recently photographed leaving a Mexican restaurant together in West Hollywood on June 19.

How do you know when it's time to move on from a past relationship?

Cupid's Advice:

It's reasonable to go through a grieving period after the end of a relationship. Eventually, though, you have to move on. How do you know when you're ready? Cupid is here to help:

1. You've readjusted to single life: Strange as it may sound, it's probably best to wait until you're reaccustomed to single-living before you jump into another relationship. As wonderful as romance can be, it's important to not become so dependent on it that you're incapable of living life on your own.

2. You really are over it: If you're still crying yourself to sleep every night, whispering your ex's name in the darkness, then you're not ready for another relationship. You are simply not emotionally prepared to invest in another person yet. Take some time to heal. There really is no rush.

3. You've reaccessed your priorities: You probably changed a bit (or a lot) during your relationship. Your goals, priorities and interests may have changed. What you were looking for in a partner the last time you were single may no longer be what you want or need. Consider this before getting back in the game.

How did you know that you were ready to move on after a relationship? Tell us below.

Six Famous Relationships That Started with Celebrity

Scandals



By Jessica Smith

Nothing in Hollywood is juicier than a celebrity scandal. Many Hollywood couples work through humiliating experiences while dating, including Kim Kardashian and Reggie Bush, who went through a sex tape scandal; Justin Bieber and Selena Gomez, who recently dealt with Bieber's accusation of getting a fan pregnant; and Miley Cyrus and Liam Hemsworth, who had to deal with negative press on Cyrus' sexual antics.

Many of us can relate to similar problems on a smaller scale, but it can still be exhilarating and deeply saddening to watch our favorite famous relationships let us down in these ways. Sometimes, celebrity couples even begin their love lives under this sort of scrutiny. Although not all celebrity affairs work out, some blossom into long-lasting relationships and love. Here are six famous couples that made the headlines with their scandalous splits, affairs, and ensuing sprint to the altar.

Celebrity Scandals That Turned Into Celebrity Relationships

1. Brad Pitt and Angelina Jolie: After being married to the beautiful Jennifer Aniston for five years, Brad Pitt and Aniston's relationship began to fail when he confessed his love for Angelina Jolie. Pitt and Jolie worked together on the set of *Mr. & Mrs. Smith* as a sexy spy couple, and they took their on-screen romance off-screen – even while Pitt was still married. The humanitarian couple has now been together for seven years. We can thank their six children for pressuring them to get engaged, so they can *finally* tie the knot.

2. LeAnn Rimes and Eddie Cibrian: These two stars met on the set of *Northern Lights*, where their characters' relationship spiraled into a real-world celebrity affair that ended both of their marriages. While LeAnn Rimes and her ex-husband Dean Sheremet claimed to go their separate ways with plans to remain loving friends, Eddie Cibrian's ex only had negative things to say about him. Rimes and Cibrian are now happily married.

Related Link: [You've Cheated, So Now What?](#)

3. Richie Sambora and Denise Richards: This was a celebrity scandal that cost Denise Richards a friendship but gained her a new man. Richie Sambora was married to Heather Locklear for 12 years before things started to get shaky between them. Richards encouraged her good friend Locklear to file for divorce, and despite girl code, Sambora and Richards were caught making out like teenagers a few weeks later. This seemingly-forbidden romance also required Sambora and Richards to deal with some pretty messy divorces of their own. Unfortunately, their relationship recently ended.

4. Tori Spelling and Dean McDermott: Tori Spelling and Dean McDermott fell in love on the set of the Lifetime movie *Mind*

Over Murder, but they were both married at the time. The two quickly separated from their spouses. Before either one was legally divorced, they decided to announce their celebrity engagement. The two were married just a month after Spelling's divorce was finalized, and they have been married since 2006. They have three children and recently announced that they are expecting their fourth celebrity baby.

Related Link: [Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair](#)

From Celebrity Affair To Celebrity Engagement

5. Jesse James and Kat Von D: Jesse James and Sandra Bullock were married for five years and had just adopted a son together when rumors began about James' unfaithfulness. After confirmation of numerous affairs, Bullock filed for a celebrity divorce and decided to raise her son as a single parent. Not soon after, James started dating tattoo artist Kat Von D. The two made it as far as an engagement, but they never made it to their wedding day.

6. Blake Lively and Ryan Reynolds: Although the two didn't date immediately after Ryan Reynolds' divorce from wife Scarlett Johansson, it's believed that Blake Lively was a factor that led to their split. Considering their marriage seemed to be going smoothly, their celebrity divorce announcement was surprising. The actor jumped from one serious relationship to another, as the celebrity couple was recently spotted house hunting.

What's your favorite celebrity scandal? Share your comments below!

Richie Sambora Loves Denise Richards More for Adopting



Rocker Richie

Sambora and model Denise Richards have rekindled their romance, and Sambora says Richard's adoption made him fall even harder for her. Richards, who has two daughters with ex Charlie Sheen, adopted a baby girl named Eloise in 2011. "When she did that, it just made me fall in love with her more for god sakes," the musician told UsMagazine.com. "Because it's such a beautiful thing to do. It's such a giving thing." While Sambora supports Richard's decision to adopt, his own daughter with ex Heather Locklear, supports his new relationship whole heartedly. "I think they are so cute together and I couldn't be happier!" she said. "They are adorable."

What are some disadvantages to dating someone that has kids?

Cupid's Advice:

Dating someone new can call for some adjusting, but dating someone with kids can call for some major changes, and will change the rules of the dating game. Cupid has some reasons why:

1. Expectations: Not only are you trying to impress your partner, but you're going to have to impress their kids if you want to have any chance at taking the relationship to more serious levels. Kids can be very accepting, but they're also honest and judgmental.

2. Fitting into two roles: There will be a part of you that's the "you" when it's just you and your partner, and there will be the "you" when you're with your partner in front of their children. It's important that you remain as much yourself in both situations for the relationship to be real.

3. Different priorities: Your partner's kids will, as they should, take priority over you and your relationship. This can lead you to feel like you're not appreciated or you're being ignored, while in reality, your partner is busy being a responsible parent.

Have you or are you dating someone with kids? Share your comments below.

Heather Locklear: What Is She Running From?



By [Dr. Jane Greer](#):

Marriage & Family Therapist, Author, Radio Host & *Shrink Wrap* Celebrity Commentator

No matter how talented, beautiful, or rich you are, none of those things are sure antidotes for misery. Heather Locklear is a clear example of this. The Melrose Place actress was rushed to the hospital last week, reportedly because she mixed alcohol with prescription drugs, after her sister found her unconscious. This newest crisis follows years of trouble and heartbreak including two stays in rehab, an arrest for a DUI, two divorces, and her more recent break up with Melrose Place costar Jack Wagner. With all this in mind, it seems that Locklear's latest episode might be part of her attempt to outrun her unhappiness, but unfortunately she doesn't seem to be getting any traction.

There are many ways people try to escape their sadness. Alcohol is a big one. Illegal and prescription drugs are another way. Sometimes the two are mixed which can lead to dangerous consequences as we saw with Locklear. As a result, the substance abuse becomes the problem that is focused on,

but what really needs to be looked at is what got her to the place of needing to use it and what is it that she is unable to deal with.

Related: [Amy Wine House Sadly Joins the 27 Club](#)

Lots of times we see the troubled behaviors – drinking excessively, using prescription drugs, the rehab visits, the DUIs – as the issue when, in fact, they are the person's best effort to bury whatever is torturing them. It is in the core of that sorrow where the real complication that is holding them back from moving forward lies. Instead of focusing on what they are doing to block it out, it can be more helpful to look at what is underneath and when it started.

It is hard to know exactly when Locklear's depression began and what she is working so hard to avoid. With Wagner, it seemed that for a while she was trying to walk down the aisle but, for whatever reason, was unable to get there. Could she be considered a runaway bride even though she had been married before because she may be afraid to remarry after her two failed marriages? I do know that one of the awful things she had to deal with in her past was the betrayal of her second husband Bon Jovi guitarist Richie Sambora when he cheated on her with her best friend Denise Richards. In a situation like that not only are you reeling from the betrayal of your husband but from a best friend as well, leaving you confounded and wondering who can I trust? Sometimes these emotional assaults take their toll not just when they happen but in the future where they can rage on below the surface. As a therapist I see this every day, people soldiering on in the face of upheaval, be it an unfaithful partner or a broken marriage, and for many the aftermath of that event can become too much to handle. It has leveled their foundation, oftentimes destroying their ability to trust themselves let alone another person. In my book *How Could You Do This To Me? Learning To Trust After Betrayal*, I talk about how so many people get on with it, but they don't get over it. They try

to leave their pain behind but it is always at their heels. The broken trust becomes too much to bear and often they are left scarred. Consequently it feels almost impossible to trust again. Perhaps this is what is keeping Locklear from making another trip to the altar.

Related: [Keith Urban Says Wife Nicole Kidman Saved His Life](#)

In order to avoid the rollercoaster that Locklear and so many others have been on, it helps to appreciate the blow you sustained and not only give yourself time to get over it, but realize you have to take measures to come to terms with what happened and begin to fix the damage. With support you can do this so you can give yourself room to heal from broken trust.

This means redefining what you base your trust on, and learning what to look for so you can determine if someone is trustworthy. Then you can avoid jumping into a new relationship before you have gotten over your fear that you will get kicked in the teeth again, and feel safe to trust again.

For Locklear it may be that her fears of the past have become her fences of the present. Hopefully she will get the help she needs to be able to tackle the underlying problems, instead of trying to numb what she is feeling, so that perhaps she can finally be able to stop running. Sometimes the best thing to do is to stand still.

Please tune in to "Let's Talk Sex" which streams live on HealthyLife.net every last Tuesday of the month at 2 p.m. EST, 11 a.m. PST. We look forward to listener call-in questions, dealing with relationships, intimacy, family, and friendships, at 1.800.555.5453.

Heather Locklear and Jack Wagner Call Off Their Engagement



Their characters may have tied the knot on *Melrose* place a year ago, but Heather Locklear and Jack Wagner won't be heading to the alter anytime soon. According to [People](#), the couple have called off their engagement. The pair, who got engaged in August, had the full approval of Locklear's daughter, Ava. "Ava was so excited when we told her," said Locklear. "She hugged Jack, said congratulations, and she immediately wanted to see the ring. Then she ran and Facebooked her new stepbrother."

How do you know when it's time to call off an engagement?

Cupid's Advice:

When you're set to marry, it can be difficult to just call everything off ... especially after you've already told everyone

about your wedding plans. Here are some ways to know it's time to say "no" to marriage:

1. Wedding plans have ceased: If you don't feel like planning your wedding and your partner feels the same way, it's probably a sign that neither of you are ready to tie the knot. It doesn't necessarily mean you have to break up, but there's no reason to rush into marriage right away.

2. You have doubts: Pay minor doubts no mind, as everyone has worries. But when you start having major doubts about the future of your relationship, it's time to start questioning why you're getting married in the first place.

3. You're not excited: Weddings are a joyous occasion and if you're not anxious for yours, that's not good. Sometimes peer pressure and family obligations can lead you into a marriage you're not ready for, so beware of that and stand your ground.

How did you know when to call off your engagement? Share your experiences below.

Heather Locklear Celebrates 50th Birthday With Jack Wagner at the Beach





Heather Locklear celebrated her 50th birthday with rest and relaxation, reports [People](#). The former *Melrose Place* star spent her special day vacationing in Hawaii with fiancé Jack Wagner, 51. Locklear and Wagner announced their engagement in August, but have yet to set a date for the wedding.

What are some ways to enjoy a relaxing birthday weekend?

Cupid's Advice:

Though life can be stressful, your birthday is a time to relax and have fun. Here are a few tips for a relaxing birthday weekend:

- 1. Outsource your work:** Instead of hosting a party, take friends out to dinner. By going out, you eliminate all the cooking, cleaning, and prepping that needs to be done before and after a party.
- 2. Keep it small:** Though you may be happy to see all of your friends, socializing with many people may wear you out. By inviting only a few, close friends, you can converse together in a small group, without having to worry about your other guests.
- 3. Enjoy yourself:** Your birthday is one of the only days that revolves around you. Enjoy the day and do whatever you want.

Sleep in, get a massage, go shopping or indulge in a mani/pedi. Don't let anybody else plan your schedule for you.

Have you had a relaxing birthday recently? Feel free to share your story below!

Richie Sambora Wants More Children



Bon Jovi guitarist

Richie Sambora is currently on the prowl for his "future ex-wife," according to [People](#). "I'm just looking for the right person to have more children [with.] I just love being a dad," said Sambora. The musician split from actress Heather Locklear in 2006 after 11 years of marriage. They have a 13-year-old daughter together named Ava, and now this rock star is ready to once again settle down.

Should you get married just because you want children?

Cupid's Advice:

Nowadays people have marriages without children and have children without marriage, yet they are still perfectly happy. Cupid has a few things to consider:

1. Think about the children first: It's not a question of whether or not you are married, but about into what kind of an environment you are bringing children.

2. Do what makes you happy: If you really want children, don't feel that you have to wait until you get married or promoted. Do what you feel will make you happiest at the time.

3. Don't crack under pressure: There's always pressure from your family and friends to have children once you hit a certain age. Peer pressure is never a good reason to reproduce.

Jack Wagner Gives Heather Locklear the Gift of Song





Melrose Place star

Heather Locklear celebrated her 49th birthday in style!

According to [People](#), her longtime boyfriend, Jack Wagner, sang the starlet a very special Happy Birthday song, harmony and all. Wagner's romantic plans for Locklear took place at Beverly Hills' popular Korean BBQ restaurant, Woo Lae Oak.

"Jack and Heather were cooking for all their friends. They were having so much fun," said an onlooker. Locklear's birthday celebration comes at the end of a laid-back summer where she spent time with Wagner and her daughter, Ava. The actress' next professional gig will be shooting a new Lifetime original movie called *He Loves Me*.

What are some romantic birthday gifts?

Cupid's Advice:

Birthdays are a great opportunity to show your special someone how much you care for them. Cupid has some ideas to make their big day unforgettable:

- 1. Reminisce:** Birthdays are a good time to reflect on some of your favorite memories. Revisit some of the special locations where your relationship took flight, like the restaurant where you went on your first date or the place where you shared your first kiss. Remembering these moments together will make the day one your partner will never forget.

2. Arts and crafts: Putting time into hand making a gift for your beau shows them how dedicated you are to the relationship. Scrapbooks and photo albums are always a sweet touch to any celebration. Or, if you enjoy doing crafts together, consider taking a birthday trip to a pottery making or art class and making each other gifts. You'll undoubtedly come out with new memories!

3. Home cooking: Make your partner their favorite meal. The old adage, "the way to a person's heart is through their stomach" may actually prove to be true.