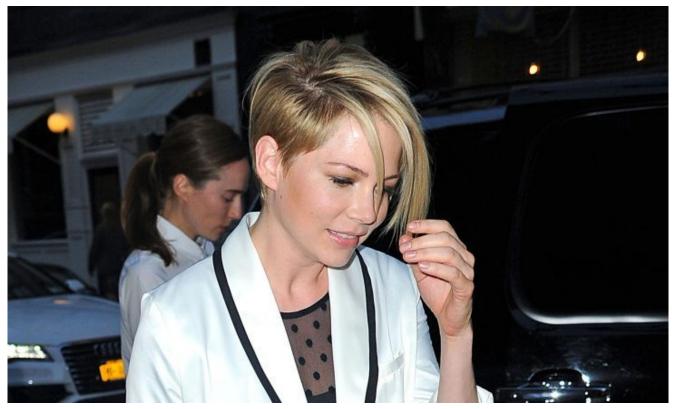
Celebrity News: How Michelle Williams Found Love After Heath Ledger's Death





By Rachel Sparks

Is it possible to find love after loss? The late heartthrob Heath Ledger's wife, Michelle Williams, opened up to <code>ENews</code> on the ten-year anniversary of her late husband's death. According to Williams, the <code>celebrity news</code> of her Ledger's overdose became her hell. Williams's <code>relationship advice</code>: keep moving forward. When she had given up on the fairytale of a happily ever after, dating <code>celebrity ex</code> Jason Segel, Williams finally found the one. In a very quiet relationship avoiding being part of <code>celebrity gossip</code>, Williams and Harvard graduate Andrew Youmans, a New York financial consultant enjoy

In celebrity news, Michelle Williams finally found a fairytale love 11 years after Heath Ledger's death. What are some ways to move on after a loved one?

Cupid's Advice:

The celebrity news about Heath Ledger's death had us all heartbroken, as if the teenage version of ourselves had been his wife. Dealing with our own losses are even more difficult, a battle that is both exhausting and daunting. When you've lost everything, how do you move forward? Cupid's Pulse has taken some love advice from Michelle Williams:

1. Focus on what matters: Matilda, Williams and Ledger's daughter, grounded the single mother in what mattered: Williams had to move forward in order to raise her. You and your lost loved one may not have had kids, but there was some sort of legacy left behind. Honoring someone's memory through what mattered to the both of you can ground you in the present, help you accept the loss, and start healing. Whether it's children, hiking in Peru, or building birdhouses, there is someway to stay busy and move forward while honoring your loved one.

Related Link: Celebrity Wedding: Michelle Williams is Engaged to Andrew Youmans

2. Let go of expectations: Like Williams, we all have expectations of love. When our partner dies, our perception of love and the world shifts drastically. Sometimes, we lose hope. Sometimes, we hold onto something false. Don't expect to

find anyone like the person you had; they were one of a kind, after all, but realize that there is still something and someone special out there for when you're ready.

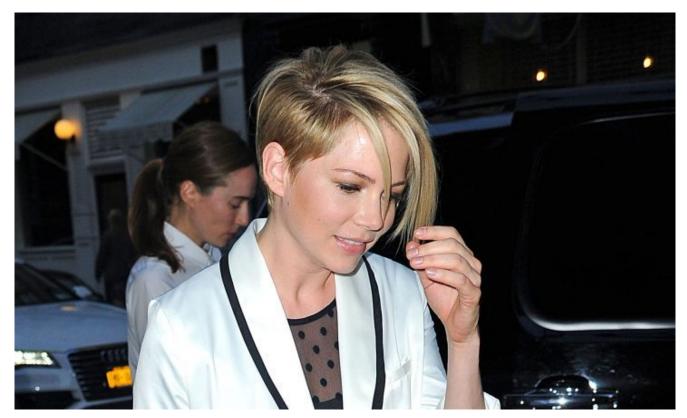
Related Link: <u>Michelle Williams Upset Over 'Nightline'</u>
Interview Focus on Heath Ledger

3. Fight for your support network: No matter whether you're ready for love or not, having a support network is critical. Williams kept Ledger's family around for a long time. In more recent years, a decade after her husband's death, she has friends her fight for her solitude and privacy amongst the glaringly nosey celebrity world. Find people who will fight for you when you don't have the strength to do it for yourself.

What love advice do you have for coping with a death? Share below and offer someone else the strength they need.

Michelle Williams to Reportedly Avoid Heath Ledger Mistakes With Jason Segel





Michelle Williams is ready to get serious with new boyfriend Jason Segel. It's been a tough past couple of years for Williams, having mourned the death ex-fiance, Heath Ledger. An insider told <u>UsMagazine.com</u>, "She is a romantic and always felt partly responsible for not being able to help Heath." But, Segel has done the single mother some good, and now she's reportedly in love! The 5 Year Engagement star is ready to commit, and having learned from past mistakes with Ledger, the two are moving forward.

What are some ways past mistakes help future relationships?

Cupid's Advice:

The best part of a faulty past relationship, is that it's in the past. You now have control of your new relationships and know exactly what to avoid. Here are some ways past mistakes can help you in the future:

1. You know how to avoid silly arguments: From past relationships, you realize that all of the little fights you had were pointless, and you know to just avoid those all

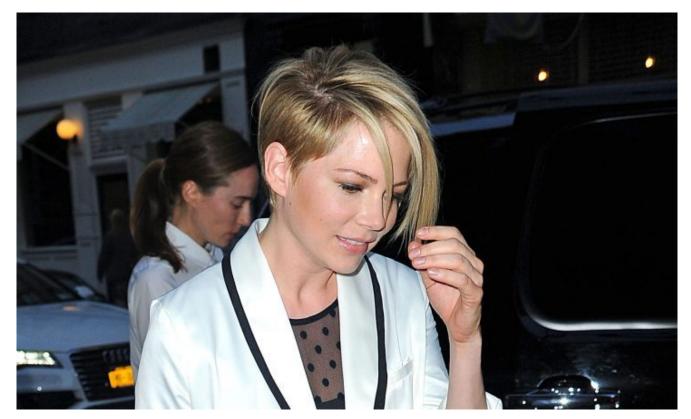
together in the future.

- 2. Improve communication: The biggest aspect of a relationship is communication. A lot of the time, arguments are started because there was a miscommunication. So in your new relationship, you know exactly how to say things and when to say them.
- 3. Don't let a relationship take over: As you can see from past faulty relationships, sometimes things just don't work out. Now you know to keep that balance between your normal life and your new beau.

What are some other things you can learn from past relationships? Share your ideas below.

Jake Gyllenhaal Spends Time With Three Eligible Women In One Week





Jake Gyllenhaal is definitely enjoying the single life! The 30-year-old actor was spotted with no less than three women in one week, reports <code>People</code>. First, Gyllenhaal stopped at a gas station with Anna Kendrick on their way back from Las Vegas. Next, the eligible bachelor joined pal Rashida Jones for lunch at an organic, vegan café in L.A. Finally, he hung out with married <code>Cougar Town</code> star Busy Philipps, who is a longtime friend and fellow godparent to Matilda Ledger, Heath Ledger and Michelle Williams' daughter. Although all three women are said to be "just friends" with the <code>Love & Other Drugs</code> star, it looks like Gyllenhaal is still one of Hollywood's most popular bachelors.

What are things to be cautious of while dating around?

Cupid's Advice:

When you're single, you want to play the field without going overboard. Cupid has some tips on how to be careful, and yet still have fun while dating:

1. Overbooking: Even if you're a heartthrob movie star like

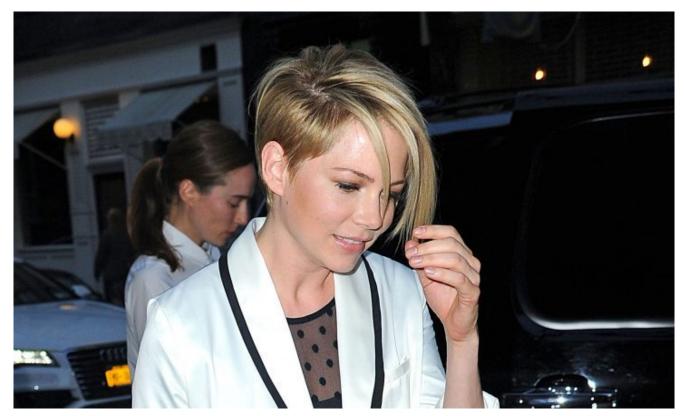
Jake Gyllenhaal, more than three dates in a week can be a little overwhelming. It's not like you can't go out with more than one person at a time; just make sure you're giving each of your dates enough attention.

- 2. Being dishonest: When you're seeing someone new, you should be truthful right away. If you're not looking for a serious relationship, tell them that to avoid any confusion or hurt feelings.
- **3. Falling into a pattern:** If dating bad boys hasn't exactly worked out for you, try changing your habits. By dating outside of your comfort zone, you'll find out what you like and in the process, you may also find "the one."

What else should you be wary of while casually dating? Share your comments below.

Michelle Williams Upset Over 'Nightline' Interview Focus on Heath Ledger





While promoting her new movie, *Blue Valentine*, Michelle Williams had what she calls a "devastating" experience with *Nightline*. *E! Online* reported last week that Williams didn't like how *Nightline* producers edited the interview to focus almost entirely on Heath Ledger's death. "They used those few quotes, and the way they edited the piece to sell the interview, it appeared as if I were breaking some kind of silence and sitting down with the express purpose to discuss something that is very private to me," says Williams, who still finds talking about her former partner's death a "struggle."

How can you avoid unnecessary questions about a lover who's no longer in your life?

Cupid's Advice:

When you lose a partner, whether it's through a breakup or an unexpected tragedy, it's hard to talk about at first. Cupid has some ideas on how to avoid prying questions:

1. Say 'no': When someone brings up your ex, simply tell him

you're not ready to talk about it yet. Most people will understand that you still need time to mourn.

- 2. Date someone new: Once you've taken time to grieve, go out with a new person. People will stop asking questions about your old partner and start asking about your new one.
- 3. Don't avoid it forever: While it may be difficult to answer questions about a painful subject, remember that most of the time, people ask because they're worried about you. Accept their help when you're ready to move on.