Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split



By Alycia Williams

In latest <u>celebrity news</u>, Kendra Wilkinson and Hank Baskett are in a good place after their <u>celebrity break-up</u>. According to UsMagazine.com, Wilkinson and Baskett have been very cordial and are in a really good spot with coparenting. Hank is out of the picture in terms of a romantic relationship, but they have a good thing going when it comes to the kids. They switch off week to week with them.

Celebrity exes Kendra and Hank are making the best of things after their break-up. What are some ways to keep things positive in the face of a split?

Cupid's Advice:

A break-up can be a hard thing to get over and keeping it cordial with your ex can be just as hard. If you're looking for ways to keep things positive in the face of a spilt, Cupid has some advice for you:

1. Don't fight your feelings: Trying to make yourself seem better than you actually are is only going to make things worse. Allow yourself to cry it out if you need to and get that emotion out. That way once all of that is done, you can easily move on.

Related Link: <u>Celebrity Break-Up: Danica Patrick Is Doing</u> <u>'Emotional Therapy' After Aaron Rodgers Split</u>

2. Take the high road: Try to stay away from anything that might seem petty or uncalled for. In order for things to stay positive with your ex, you can't do or say negative things about them.

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3. Follow your own path: Stay focused on yourself and what you have going for you. Worrying too much about your ex will only create negative feelings and thoughts about them.

What are some other ways to keep things positive in the face of a split? start a conversation in the comments below!

Celebrity News: Kendra Wilkinson Is Looking for a 'Family Man' After Divorce





By Ahjané Forbes

In <u>celebrity news</u>, the *Girls Next Door* star, Kendra Wilkinson, is searching for Mr. Right. The former playmate recently split from her celebrity ex, Hank Baskett, who is a former wide receiver for the Minnesota Vikings. According to *UsMagazine.com*, Wilkinson is looking for love. "I want to see her with a family man because that's all that she wants. She doesn't want the spotlight or the crazy success," says Wilkinson's friend Jessica Hall. As a mom, the <u>reality TV</u> <u>star</u>'s priority is her children and how a new partner will impact their lives.

In celebrity news, Kendra Wilkinson has specific parameters around her next choice of man. What are some qualities to look for in your next partner?

Cupid's Advice:

Finding a new love after a recent divorce can be hard, especially with children are involved. You might not want your next partner to be too similar your last. Instead of looking for a suitor who will fulfill your desires, you need to also consider your children within your decision. Cupid has some questions you should ask yourself before committing to a new partner:

1. Are they willing to talk about past relationships?: You aren't going to learn this about a person after dating them for a first couple of months. However, if they are willing to openly speak about their past that's a good sign of them wanting something more long term. Everyone has growing pains, but it's important that those lesson don't jeopardize your future with a new lover. Look out for warning signs like them comparing you to their ex. You don't want to be someone's second choice!

Related Link: <u>Celebrity News: Orlando Bloom Reveals How Past</u> <u>Divorce Affects Katy Perry Relationship</u>

2. How do they interact with your children?: You have to like new person you're with as well as your children. Take notice

if your new boot trying to get to know your kids or just "babysitting". Are they helping you with basic tasks around them? No you're not asking the to replace your ex, but does it seem like they actually enjoy doing stuff with your for your kids. If they want you all to themselves it's time to go.

Related Link: <u>Celebrity Parents: Exes Drew Barrymore & Will</u> <u>Kopelman Reunite for Daughter's Graduation</u>

3. Do they understand your relationship with your ex?: For the sake of your children together you and your ex have to work together to make this work. Tell your new partner about the basis of you and your ex's relationship. Make sure that they understand that the best outcome for your children is the goal. Sometimes, your new love will not appreciate this and want the communication with your ex to stop. If the trust is not there there's no foundation to build a healthy relationship.

How do you chose a new partner after a divorce? Share your stories in the comments below!

Kendra Wilkinson Shares the Pain of Packing Up Her Things Amid Celebrity Divorce





By <u>Haley Lerner</u>

In <u>celebrity break-up news</u>, Kendra Wilkinson documented the pain of packing up things amid her <u>celebrity divorce</u> from husband Hank Baskett. The former Playboy model wrote on her Instagram story on Monday, "I'm starting to box up and my heart can't hurt any more. I need prayers n strength today. I worked so hard for my home," along with a picture of an empty cardboard box. The reality star also shared a photo of her framed family portraits of her children, Hank IV and Alijah Mary, with the caption, "My pride and joy wall is coming down." According to People.com, Wilkinson filed for divorce from Baskett in April, citing irreconcilable differences. The 32-year-old star is requesting joint legal and physical custody of her and Baskett's two children and is seeking to restore her maiden name, Wilkinson. In a separate Instagram post on Monday, the mother of two wrote, "I'm doing the best I can in my life with the cards I've been dealt and I will continue to do that. I'm hurt because the world I thought was promised to me forever is now coming to an end."

This celebrity divorce hasn't been an easy one for Kendra Wilkinson. What are some ways to ease the pain of the divorce process?

Cupid's Advice:

Moving on after a divorce is hard. Cupid has some tips to make it easier:

1. Separate your belongings: Just like Wilkinson, it's important to quickly separate spaces and belongings after a divorce. If you don't do it right away, you'll have to deal with the pain of it later on. Keeping yourself busy with the process of deciding who gets what is a great way to distract yourself from the pain of your divorce and keep things practical.

Related Link: <u>Newly Single Celebrity Kendra Wilkinson Is</u> <u>'Excited to Start Dating Post-Divorce from Hank Baskett</u>

2. Focus on yourself: After a divorce, it's best you spend some time alone and put yourself first. Take time to focus on your mental and physical health. Whether it's through therapy, doing activities you love or even implementing a new skin care routine, your attention should be on yourself.

Related Link: <u>Celebrity News: Kendra Wilkinson Asks Fans for</u> Dating Advice After Split From Hank Baskett

3. Spend time with family and friends: The best people to help you go through a tough divorce are the people you're closest to. In your difficult time, call upon your loved ones to be there for you and help take your mind off all the drama with your ex.

Have any more tips to make the divorce process easier? Comment them below!

Newly Single Celebrity Kendra Wilkinson Is 'Excited' to Start Dating Post-Divorce from Hank Baskett



By <u>Haley Lerner</u>

In <u>celebrity news</u>, Kendra Wilkinson is ready to start dating

again, despite filing for divorce from husband Hank Baskett just one month ago. According to *EOnline.com*, the newly <u>single</u> <u>celebrity</u> is ready to put herself back on the market. A source told the outlet that Wilkinson is "ready to put herself out there in the dating world" and is "looking forward to this new chapter of her life." Following Wilkinson's dramatic <u>celebrity</u> <u>divorce</u>, the reality TV star showed off a new brunette bob replacing her signature platinum blonde locks. The former *Playboy* model is clearly ready for her comeback and the possibility to explore new men.

Single celebrity Kendra Wilkinson is ready to get out there and start dating again. What are the best ways to meet potential partners?

Cupid's Advice:

Wilkinson isn't letting her recent divorce stop her from venturing out into the dating world. Here are Cupid's tips for meeting a new special someone:

1. Consult your friends: No one knows you better than your closest friends. They know your personality and what you're into. When you're ready to start dating again, confide in your friends and let them know. Your besties can help try to set you up with some dates with people they think you might work well with. Even if these dates don't work out, they are perfect warm-ups to get you ready for real contenders. If you end up clicking with someone you were set up with, it's even better!

Related Link: <u>Celebrity News: Kendra Wilkinson Asks Fans for</u> Dating Advice After Split From Hank Baskett

2. Online dating: Yes, there might be some stigma around it,

but online dating really is a great option for meeting a new partner. Whether it's through a website like *Match.*com or an app like Tinder, you'll be exposed to plenty of people you otherwise would never meet. You might have to get through some duds, but it's possible you could meet someone really special.

Related Link: <u>Celebrity Marriage: Kendra Wilkinson Takes Off</u> <u>Wedding Ring and Breaks Down on Instagram</u>

3. Actually go out: Putting setups and online dating aside, there's nothing better than meeting someone by the classic approach: getting yourself out there! Instead of spending a Friday night in watching romantic comedies on Netflix and dreaming of a new beau, put on something nice and go out to a bar, club or local joint with your friends. If partying isn't your thing, spend your newfound single time at a museum, concert, café or other social setting. If you're constantly around lots of people, you're bound to potentially run into that special someone.

Have any other advice for meeting potential partners? Share your thoughts below!

Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett





By <u>Haley Lerner</u>

In <u>celebrity news</u>, Kendra Wilkinson is asking her fans for dating and sex advice after her split from Hank Baskett. According to <u>EOnline.com</u>, Wilkinson officially filed for <u>celebrity divorce</u> from her husband of eight years in April. Monday on Twitter, Wilkinson asked her followers, "What's your opinion… do i start dating/sex now or give myself more time? My heart is broken, but I have needs. Lmaoooo. #notgettingyounger #33hereicome." Wilkinson and Baskett have two kids, 8-year-old Hank Baskett IV and 3-yearold Alijah Baskett.

In celebrity news, Kendra Wilkinson is appealing to her fans for advice

one month after filing for divorce from Hank Baskett. What are some ways to know you're ready to move on after a split.

Cupid's Advice:

Deciding when to move on after a split is tough, because you want to make sure your heart is ready. Cupid has some tips:

1. You've stopped internet stalking your ex: It's okay to admit it, we all do it. After a tough break-up, it's natural to be checking up on your former lover on social media. A surefire way of knowing if you're over your ex is if you lose the urge to see your old flame's latest picture on Instagram or their most recent tweet. If you've moved on, you shouldn't care about what your ex is up to.

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2. You're okay on your own: After a break-up, you can often feel pretty lonely and isolated without having your significant other around all the time. Before hopping into another relationship, it's important that you're able to be independent and are confident in yourself. This way, you can make sure your next relationship is a genuine one and not a rebound from your last!

Related Link: <u>Celebrity Exes: 'The Bachelor' Star Lauren</u> <u>Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently</u>

3. The prospect of dating excites you: Being single can definitely be a freeing thing, but if you can't help but start picturing yourself coupled up with potential suitors, then you're probably ready to try dating again! You don't need to

rush into anything, but follow your instincts. If you feel the time is right, go for it!

What are some signs you think show you're ready to move on? Comment below!

Celebrity Marriage: Kendra Wilkinson Takes Off Wedding Ring and Breaks Down on Instagram





By <u>Carly Horowitz</u>

In latest celebrity news, Kendra Wilkinson is seemingly having marriage problems with her partner, Hank Baskett, once again. The two had their celebrity wedding in 2009, but they were recently spotted at their son's soccer game in L.A. both not wearing rings according to *EOnline.com*. The pair shares two children together: Eight-year-old son Hank Baskett IV, and three-year-old daughter Alijah Mary Baskett. Another occurrence that is causing speculation in regards to Wilkinson and Baskett's marriage problems are the Instagram stories that were posted on Sunday night. Wilkinson posted multiple black and white selfies with sayings like "How much strength does it take to be strong?", "I need to love myself again and I will. Life is too precious", and "No matter what...I am labeled. Playboy party girl. Bad mom. D list celebrity. Crazy. Always wrong." She posted another Instagram story on Monday morning stating "I'm proud of myself," and she was not sporting her wedding ring yet again.

This <u>celebrity marriage</u> may almost be over. What are some ways to reestablish a love of yourself amid relationship issues?

Cupid's Advice:

The deepest love you can have is for yourself. You are the only person who has been there since birth and through all your struggles. When everything else isn't going your way, the only person you can count on is yourself. It is so important to love yourself! But, it is much easier said than done. Cupid is here with some tips on how to re-establish a love for yourself: 1. Make contact with your inner-self: The first thing you must do is truly get to your core. You can do this through meditation, self-reflection, or by just taking a few quiet moments with yourself to ponder your innermost thoughts and feelings. Things become a lot more clear and refreshing when you truly understand yourself and why you make the decisions that you do. Most importantly, forgive yourself. This is a very important step in re-establishing this intimate love.

Related Link: <u>Celebrity Couple Kendra Wilkinson & Hank Baskett</u> <u>Don't Watch Marital Struggles on TV</u>

2. Go on a date with yourself: Take time to embark on activities that you enjoy. Do you love to go hiking, biking, boating? Whatever it is, plan to do an activity that you really like to do, and then take yourself out to your favorite lunch spot! Practice the love that you wish to receive.

Related Link: <u>Kendra Wilkinson Opens Up About Sleeping with</u> <u>Hugh Hefner on 'I'm a Celebrity'</u>

3. Make positive affirmations everyday: It is a daily, constant effort to maintain this attachment with yourself. You don't want to become disconnected by worldly stresses. Say out loud to yourself every day things like: "I love and accept myself unconditionally." Take breaks throughout the day to remind yourself of this as well. You are a wonderful and unique soul, don't forget that.

What are some other tips on how to re-establish a love of yourself amid relationship issues? Comment below!

The 7 Most Hyped Celebrity Weddings of the Last Decade





By <u>Katie Gray</u>

There's nothing as joyful as when our favorite <u>celebrity</u> <u>couples</u> say, "I do." <u>Celebrity relationships</u> are usually more extravagant when it comes to taking vacations, going on dates and giving gifts. When they decide to have a celebrity wedding, it typically becomes an over-the-top, decadent and luxurious affair. When it comes to love and weddings, nobody does it better than the stars. Over this past decade we have seen our favorite celebs tie the knot with all of the pomp and circumstance imaginable.

Cupid has compiled the 7 most hyped celebrity weddings of the last decade:

1. <u>Kim Kardashian & Kanye West</u>: Keeping up with Kim is what many people are sure to do when it comes to planning a lavish wedding. Kim Kardashian and husband Kanye West tied the knot with all the pomp and circumstance you could imagine! They married at Forte di Belvedere in Florence, Italy on May 24, 2014. Her gown was Givenchy Haute Couture for the ceremony and a Balmain dress for the reception. Their friend John Legend performed and at the rehearsal dinner, Lana Del Rey serenaded the pair to her hit song "Young & Beautiful." Kim has a huge engagement and <u>celebrity wedding</u> ring from Lorraine Schwartz, an over the top wedding in Europe, and they live in a \$11 million dollar mansion in Bel Air, California. They even had a pre-wedding party at Versailles, a bachelorette party in Paris, France and a lavish honeymoon in Cork, Ireland.

2. Prince William & Kate Middleton: The wedding of the Royals was a real life fairy tale! Millions of people watched this wedding around the world and celebrated. Prince William and Kate Middleton said their vows on April 29, 2011 and wed at Westminster Abbey, which is where most Royals have their ceremonies The ceremony had 72 million streaming on YouTube, and 36.7 million watching the coverage on television in the United Kingdom. It can best be summed up by the Taylor Swift lyric, "It's a love story, baby just say yes." The beautiful bride wore an elegant gown by Sarah Burton for Alexander McQueen. Thousands of people cheered on the streets as the regal couple stepped out onto the balcony to greet the public. The best part is, they donated a lot of their wedding gifts to their favorite charities!

3. Donald Trump and Melania Knauss: Business mogul, Republican party's current candidate for Presidency, and host of his own

show The Apprentice, Trump had one of the fanciest weddings of the century when he wed Melania Knauss. The pair married in January 2005 in Palm Beach, Florida in a lavish \$1 million Melania Knauss wore a Christian Dior gown made from affair. 300 feet of satin embedded with 1,500 crystals. She had a 13foot train that weighed approximately 50 pounds, and reportedly took over 1,000 hours to make. There was a 36-piece orchestra playing music. The couple also spared no expense when it came to details, as they hired Preston Bailey, a floral designer whose fees begin at around \$100,000 to plan their wedding flowers. It was a star studded affair, some of the invited guests included Oprah Winfrey, Elton John and Usher. Their closest family and friends threw rose petals on them when they said "I do," there were more than 6,000 appetizers of lobster and caviar and truffles, before they had down dinner with lobster rolls, caviar and beef a sit tenderloin, steamed shrimp salad and more. The wedding cake was 200 pounds, five-foot-tall, seven tiers and had 3,000 iced roses on it.

Related Link: 8 Celebrity Couples Who Were Friends First

4. Justin Timberlake & Jessica Biel: Lights, camera, action – wedding! These two actors tied the knot on October 19, 2012. Singer Justin Timberlake, and actress Jessica Biel opted for an elegant and private affair. She wore a custom petal pink Giambattista Valli strapless gown with a veil that was embedded with pearls from her Grandmother's tiara from her wedding day. He opted for a sleek and chic Tom Ford suit. The event took place in Puglia, Italy and had guests including Jimmy Fallon, Timbaland and Andy Samberg. Timberlake serenaded Biel as she walked down the aisle. The wedding events cost a reported \$6.5 million dollars.

5. <u>Blake Lively</u> & <u>Ryan Reynolds</u>: Spotted: Blake Lively, of Gossip Girl fame, marrying fellow actor Ryan Reynolds in September of 2012 in an elegant and private ceremony. The super private event was held in South Carolina. The starlet and the Hollywood heartthrob tied the knot in an exclusive ceremony that featured the best of everything. Lively wore a Marchesa couture bridal gown that featured hand-draped silk tulle bodice that was detailed with custom crystal and rose gold embroidery. It was about celebrating the love between the pretty pair though, not materialistic things, Lively even told *Vogue* that she actually burned part of her dress with a sparkler during the party while she was watching Florence Welch sing at her reception. However; the celebration was about creating memories that will last for the rest of their lives! She said that the burn is now her favorite part of the dress and she will cherish the memories that are preserved.

6. Kendra Wilkinson & Hank Baskett: June 27, 2009 is the day that *The Girls Next Door* star Kendra Wilkinson and athlete Hank Baskett tied the knot at the Playboy Mansion. This wedding affair was \$1 million dollars, featured a buffet of sushi, mini cheeseburgers, lobster and a strawberry and chocolate wedding cake by Fantasy Frostings. There were lavish flowers everywhere: over 5,000 roses, 2,000 hydrangeas, and 1,200 lavender and white orchids. What happens at the Playboy Mansion, does not always stay there – sometimes it's meant to be enjoyed by many!

Related Link: <u>5 Celebrity Couples Who Live Modestly</u>

7. Kim Zolciak & Kroy Biermann: On November 11, 2011, reality starlet Kim Zolciak wed NFL star Kroy Biermann. The two star in their own reality show spinoffs on Bravo TV. She had three wedding dress changes, that equaled \$92,000, and their wedding cake was 11 layers and cost \$14,000. Kim had shared that they didn't spare any expenses, because you only do it one time and they wanted it to be special. Their lavish wedding totaled \$1 million dollars. Guests definitely didn't want to be tardy for this party!

What have been your favorite celebrity weddings? Comment below!

Celebrity Couple Kendra Wilkinson & Hank Baskett Don't Watch Marital Struggles on TV





By Abbi Comphel

<u>Celebrity couple</u> Kendra Wilkinson and Hank Baskett aren't fans of watching their own TV show. According to <u>UsMagazine.com</u>, Wilkinson admitted they don't watch Kendra on Top because they don't want to live through it again. Their celebrity marriage has been rocky enough, and they don't want to make it worse. Wilkinson and Baskett have had some troubles in their celebrity relationship, but they are trying to make it work for their children.

This celebrity couple stays away from instant replay. What are some reasons to avoid recapping arguments you had with your partner?

Cupid's Advice:

Arguments can be rough and really shake up a relationship. So, recapping an argument may not be the best idea. Cupid has some reasons why you should avoid recapping arguments with your partner:

1. Still sensitive: One or both of you may still be upset about the argument. So why bring it up again? Emotions may still be high due to this argument and can cause you two to be upset once again.

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2. New arguments: Recapping old arguments can lead to new ones. You may still be upset about the old argument and that causes you to bring up new problems that are bothering you as well.

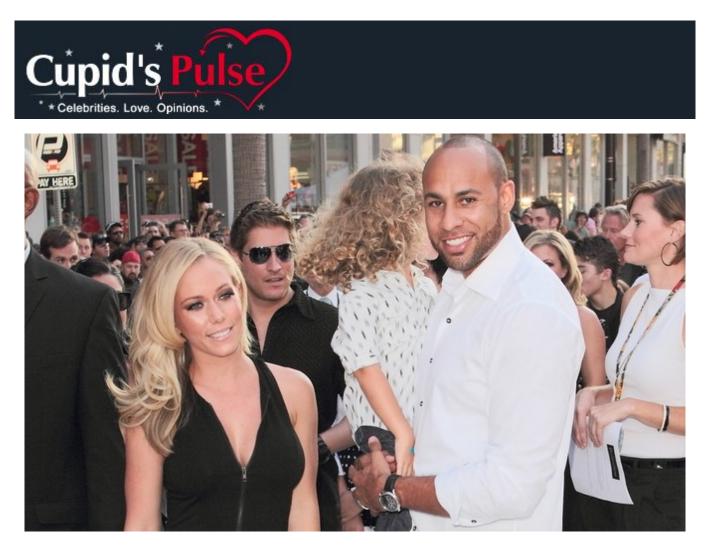
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3. More fighting: If you bring up an argument that has already taken place, it may cause more fighting. One of you may still have an opinion about who was right or who was wrong and that

can lead to the same argument and nobody wants that.

What do you think are some reasons to avoid recapping arguments you had with your partner? Comment below!

Celebrity Photo Gallery: Stars Who Stood By Their Unfaithful Partners



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David Boreanaz and Jaime Bergman

The 'Bones' star admitted that he cheated on his model wife after the woman he had a fling with attempted to extort him. The famous couple are still together today. Photo: FPA/FAMEFLYNET PICTURES

Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'





By Amanda Boyer

Kendra Wilkinson is most recently being featured on a British television show called, *I'm A Celebrity, Get Me Out Of Here!*, and it seems she's had quite a ride so far! Before leaving for the show, according to <u>UsMagazine.com</u>, Wilkinson and husband Hank Baskett opened up about their decision to give their marriage another go after their very public cheating scandal. On Monday, another contestant on the show confronted Wilkinson on her prior love life with Hef after finding out this information.

What do you do if you don't want to reveal intimate details when a friend asks?

Cupid's Advice:

Want to change the subject or move on from discussing your personal life? Cupid has some tips:

1. Say no: Be direct and tell them that is your own business and no one else's. they will understand it si not their place to ask how you feel.

Related: <u>Despite Reports, Kendra Wilkinson Is Still Married to</u> <u>Hank Baskett</u>

2. Change it up: If you do not want to talk about it, find something else to bring it up. Changing the subject is always a good idea and will not get you angry.

Related: <u>Source Says Kendra Wilkinson Is Going 'Back and</u> Forth' About Divorce Decision

3. Crack a joke: If you want to get a laugh out of the situation rather than making a scene, make a joke or tell a funny story.

Have another way to deal with confrontation? Comment below!

Despite Reports, Kendra Wilkinson Is Still Married to Hank Baskett





By Maggie Manfredi

She's still of the market! According to <u>UsMagazine.com</u>, Kendra Wilkinson is indeed still married to Hank Baskett despite recent rumors. The playboy model said, "I don't want to be stupid. But I know Hank loves me. We're at a place where we can talk right now, not about everything, but we're talking and we're parenting. That's our number one priority – making sure these two kids are raised with two parents. We want to give them a great life." The two are continuing to work on their marriage according to recent reports.

What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Sometimes you think its just you and your partner but other voices can get in the way of keeping things private. here is some advice on how to keep the rumors at bay:

1. Stay off social media: If you are having a bad day or a silly fight, don't post about it.

Related: <u>Backstreet Boy Aj McClean Says 'My Wife Caught Baby</u> <u>Fever'</u>

2.Your problems are your problems: If you don't want rumors to spread don't give them anything to share. It is as simple as that.

Related: <u>Top 10 Most Loving Celebrity Husbands</u>

3.Don't sweat the small stuff: If there are silly rumors out there that are false don't let them tear you and your partner apart. Just laugh it off because giving the rumors attention only heightens them.

Do you think this celebrity couple can make it work? Share your thoughts below!

Source Says Kendra Wilkinson Is Going 'Back and Forth' About Divorce Decision





By Amanda Boyer

Mother of two and 29 year old reality star, Kendra Wilkinson has been battling within her marriage for quite some time now. According to <u>People.com</u>, she has been going back and forth on whether to divorce Baskett after he cheated on her with a transsexual model when she was pregnant. Although the topic has been avoided on her show, on Oct. 24 she will begin to discuss with the public.

How do you decide whether to call it quits on a relationship or to keep working on it?

Cupid's Advice:

Thinking you need to end your relationship with your partner? Read ahead on some things to try before you do:

1. Change: You can change the situation, but not the person. If something is going wrong and you cannot live with a certain trait or flaw, be honest and talk about it.

Related: Kendra Wilkinson Gives Husband Hank Baskett Second

Chance After Infidelity

2. External factors: Is something else affecting the relationship? Sometimes things are all about timing. Make sure you don't make any rash decisions, and instead make sure the issues you're having are a permanent fixture in your relationship.

Related: Kristen Stewart and Rob Pattinson Reunite in Los Angeles

3. Happiness: Ultimately you want to be happy with your partner. If one of you is not, the relationship can't survive. If you care about one another, this is for the best.

Have any other ways to see if it time to be single again? Write it down below!

Kendra Wilkinson Gives Husband Hank Baskett Second Chance After Infidelity





By Katie Gray

Reality television star, Kendra Wilkinson, has opened up about the status of her marriage after discovering her husband, Hank Baskett had been unfaithful. The *Kendra On Top* star explained that she is not ready to call it quits, though she hasn't fully forgiven him yet, according to <u>UsMagazine.com</u>. In an interview on Access Hollywood Live, she said, "Life is too short. And this man who I loved for six years, I believe deserves – and everyone around us – everyone knows that this man deserves a second chance if he did make a mistake. And right now I'm working that out."

How do you know whether to give your partner a second chance?

Cupid's Advice:

Once trust is broken, it can be difficult to rebuild a relationship. Sometimes it's not even worth the effort, while other times it may be. Cupid has some tips about whether to give your partner a second chance:

1. Check track record: Take a look at how your partner has

behaved in the past. Was this a one time occurrence, or has it happened on numerous occasions? Is this familiar behavior or very out of their character? We're all human and make mistakes. If this was a one time slip up and you have a lot of history together, you may want to give your partner another chance if that's what you want. "Fool me once, shame on you. Fool me twice, shame on me."

Related: Can Love Be Better The Second Time Around?

2. Learned lesson: If your partner is truly sorry for what they did and is owning up to it, you might want to give them a second chance. Sometimes urges get the best of us and things happen in life, even though they shouldn't. Although your partner should have known better, if they are taking responsibility for their actions and being genuine, it may be acceptable to offer a second chance.

Related: <u>How Do You Know If You Can Forgive Partner For</u> <u>Cheating?</u>

3. Good heart: When your partner overall has a good heart and positive qualities, that very well may warrant a second chance. You should dig deep inside yourself and your partner, to identify if that is still the case. See what feelings are still lingering, choose where you want to go from there and decide if the pros outweigh the cons. If you would be able to be ultimately happy with your partner still, then it could be worth it. All that matters is your happiness!

What are some signs that you should forgive your partner? Share your thoughts below.

Kendra Wilkinson Wears **Telling T-Shirt Post-Divorce** Lawyer Meeting





By Courtney Omernick

It looks like Kendra Wilkinson is letting her clothes do the talking. According to <u>UsMagazine.com</u>, Kendra Wilkinson stepped out of her divorce lawyer's office on August 8 wearing a shirt that said, "I'm Not Sorry." As previously reported, Wilkinson's husband, Hank Baskett, cheated on her with a transgender YouTube model named Ava Sabrina London back in April.

What are some ways to cope with the divorce process?

Cupid's Advice:

When you get married, the last thing you want to think about is the possibility of divorce. But, unfortunately, divorce is more common than we'd like to believe. So, if you find yourself going through this painful time, what are some ways you can cope with the process? Cupid has provided some tips below:

1. Recognize that it's ok to have different feelings: One moment, you may feel relief that your marriage is coming to an end, and the next, you might become extremely frustrated with what's going on. It's normal to have a number of different emotions during this time. Leaving your past behind and exploring a new future is an emotional journey for anyone!

Related: Jason Aldean Defends Relationship with Former <u>Mistress</u>

2. Give yourself a break: As if you're life wasn't busy enough before the divorce process started, now you're dealing with paperwork, custody battles, and mixed emotions. It may seem weird to suggest a break during this hectic time, but don't be afraid of not giving it your all on the job or your fullest attention to your friend's needs. This process and how you handle it comes first.

Related: 10 Signs That You're in Love

3. Don't isolate yourself: Sharing your feelings with friends and family members during this time is a healthy way to cope with the stress, anger, frustration, and more that a divorce process brings. You might even consider joining a support group or seeking a therapist.

Have you ever gone through a divorce? How did you cope with the process? Share your stories in the comments.

Kendra Wilkinson Is Meeting With Divorce Lawyers Post-Scandal



By Shannon Seibert

This could be the end for yet another Hollywood couple. Kendra Wilkinson is weighing out her options after her husband Hank Baskett's shocking cheating scandal with transgender model Ava Sabrina London. The beautiful blonde just recently welcomed her second child with the ex-NFL star into the world, her daughter Alijah. According to <u>UsMagazine.com</u> Wilkinson is definitely considering filing, but she wants to review her

options before she makes the decision to call it quits with her marriage.

How do you decide whether or not to call it quits on your marriage?

Cupid's Advice:

You thought this man was your forever, and now you're having doubts. Don't fear, it's normal for people to gal apart over the years, but it is a huge decision to separate completely. You don't want to stay with someone who can't make you happy, and you don't want to make someone stay 'for the kids' or any other reason that they would feel pressured to. Take these criteria into your decision making before you decide what is best for both of you:

1. There is no love left: There is a difference between loving someone and being in love with someone, but you have to be smart enough to know the difference. Once you have been married to someone for a period of time, the butterflies, the heightened emotions may diminish but this is the person you chose to be with forever. If you cannot remember who that person was, then there is nothing left for you to build on.

Related: <u>Beyonce and Jay-Z Continue to Avoid Each Other on</u> <u>Tour</u>

2. The trust is gone: You cannot be with someone who you cannot trust to make the right choices. If he's keeping secrets, lying, or going behind your back, that is not fair to either of you. Same goes for yourself. If you cannot allow yourself to be fully open in your marriage, than you probably shouldn't be in one. This is a partnership where both partners have to come together under a united front, and you can't stand together when you keep trying to stand alone.

Related: Megan Fox: "It's So Hard To Be A Working Mom"

3. You've exhausted every other option: Therapy didn't work, reaching out to loved ones, trying time a part, none of it helped. This is probably because you're at the stage when your hearts have already given up on one another. Once this happens, no matter what you try, you won't succeed because deep down, you don't want to. You want out, and maybe you're just not brave enough to say it.

How did you decided to leave your partner? Share your story with us in the comments below!

Simple Survival Tips for Single Parents





By Lisa LaBelle for <u>Hope After Divorce</u>

Being a divorced, single parent can be overwhelming. If you are the primary custodial parent, you have a great responsibility to teach and raise your children in a positive, well-structured, healthy environment. You set the example; you set the tone in your home for your children to exemplify and follow. Giving your children the attention and support they need is not for the faint of heart. The reality is you are doing the job of two parents, and most of the time, it's by yourself.

In light of recent cheating accusations, Kendra Wilkinson and Hank Baskett are possibly considering divorce, which means they would be looking at many years of co-parenting their two young children as a divorced couple. Hopefully, these rumors aren't true. If they are, implementing simple survival tips for single, divorced parents would be essential for this couple to refer to and follow.

Here are some helpful tips when facing the challenges of parenting and co-parenting after divorce:

Let go and accept your new reality: It's important to let go of the need to be a perfect parent, especially being single and divorced. You're fulfilling the responsibilities of two parents for your children, so give yourself a break and be willing to accept your new reality. It's okay to "let go." You will hopefully be co-parenting with your ex-spouse, but still, the day-to-day responsibilities of parenting will be a heavy load to carry.

Related Link: How to Date When You're a Single Parent

Develop a support system: Be sure your support system is a high priority for you and your children. Your family, true friends, your children's teachers, etc. will be a great help to you. Let them be there for you as you move through the healing process and rebuild your life. You need others, and they also need you. Remember that you're never alone!

Everything will be okay: Be kind to yourself and trust that everything will be okay. You can and will get through it and heal. Look for and focus on the good things in your life. Think positive thoughts and trust yourself as you begin making new decisions as a divorced, single parent. You are stronger than you realize!

Take time out for you and your kids: Once a week, get a babysitter to come over and give you a break. Go out alone or with friends to a good movie, a concert, or a favorite restaurant. The time you spend with your pals will be good for your emotional and mental wellbeing. Having an hour alone to exercise each day is also important for your overall health as you carry out your responsibilities of being a single, divorced parent.

Along with taking time out for yourself, make sure to spend time playing and relaxing with your children each day. Keep building your relationship with them, nurture them and listen to what they have to say. Encourage them to use their voices. You are all in this together!

Related Link: Best Dating Tips for Single Moms

Make your home a peaceful place: Make it comfortable and happy, keep it clean, and make it a reflection of you. For example, paint each of your rooms a new color and go to a flea market where you can find "cool stuff" for decorating. Have house rules that you and your children agree on and follow together. Choose chores for your kids to do. It will give them increased self-confidence and appreciation for your home, and they will learn the importance of working together to make your house your sanctuary. Keep your own room neat and comfortable. You also need a retreat, a quiet place where you can rest, meditate, and be rejuvenated.

For more information about our Hope After Divorce relationship experts, click <u>here</u>.



Lisa LaBelle is co-founder and co-executive director of Hope After Divorce and Divorce SupportCenter.com. She holds a B.S. degree in Education, and is completing her master's degree in clinical mental health counseling with an emphasis in marriage, child, and family therapy. Lisa is a family and child advocate. She is co-author and co-editor of Hope After Divorce and Divorce Experts Weigh In. Lisa is the co-host of the Life After Divorce CL3 Agency blogtalk radio show. She is a contributing expert for DivorceSupportCenter.com, FamilyShare.com, CupidsPulse.com, and Newport Lifestyle <u>Magazine. You can contact Lisa by</u> <u>visiting</u>www.divorcesupportcenter.com.

10 Favorite Celebrity Weddings





By Courtney Omernick

The designer wedding dress, the insane guest list, the mile high wedding cake, and more! Celebrity weddings, what's not to love, right? Even if we can't throw as big of a wedding bash as Kim and Kayne, it can be fun to imagine what our own lavish wedding would look like. Below are 10 of our favorite celebrity weddings.

1. Kim Kardashian and Kanye West: Of course they're number one; they're wedding was plastered everywhere, and the pictures from it were some of the highest viewed photos on Istagram...ever! The party started a week before the actual wedding date (Saturday, May 24) in Paris where Kim, Kanye, and a few of their family members relaxed before the big day. Their "I do's" were exchanged outside in Italy next to a giant wall of flowers. Guests such as LaLa Anthony, Joyce Bonelli, Monica Rose, and more were in attendance.

Related: Social Media Etiquette for Your #Wedding Day

2. Emily Blunt and John Krasinski: Another Italian wedding! The two actors tied the knot back in 2010 and used George Clooney's Italian villa on Lake Como to do so. It was an outdoor ceremony and the guest list included George Clooney (obviously), Matt Damon, Meryl Streep, David Schwimmer, and more.

Related: The Most Publicized Celebrity Pregnancies

3. Kendra Wilkinson and Hank Baskett: The former Playboy Playmate and NFL star were married on the front lawn of the Playboy Mansion in June 2009. Wilkinson wore a \$20,000 duchesse-silk gown (that she co-designed) that had more than 55 yards of fabric and was covered in 1,2000 crystals with R-Mine Bridal's Armine Ohanessian. Talk about glitz and glamour! Their guest list included Hank's teammates from the Philadelphia Eagles, Hugh Hefner, Holly Madison, Bridget Marquardt, Jon Lovitz, and more famous faces.

4. Katie Holmes and Tom Cruise: In November 2006, seven months after the birth of their daughter, Suri, the two actors were married at the 15th-Century Odescalchi Castle outside of Rome. The bride and groom both wore Armani, and their guest list included Victoria Beckhman, Jennifer Lopez, Mark Ronson, and

others.

5. Celine Dion and Rene Angelil: Back in December 1994, the singer married her manager at the Notre Dame Basilica in Montreal, Canada. Dion wore a Mirella and Steven Gentile gown that included a 20-foot train and took over 1,000 hours to complete. Oh, we almost forgot to mention Dion's seven-pound tiara that was made of 2,000 Australian crystals...

6. Nicole Kidman and Keith Urban: The couple was married on June 25, 2006 in an all-candlelight ceremony that took place just after sundown in Sydney, Australia's Cardinal Cerretti Memorial Chapel on St. Patrick's Estate at Manly. Kidman wore a dress by Nicolas Ghesquiere for Balenciaga. The black-tie event included friends such as Russell Crowe, Hugh Jackman, Naomi Watts, and Rupert Murdoch.

7. Gwen Stefani and Gavin Rossdale: These two rockers had not one, but two weddings back in 2002! First, they were married in London and then had their second ceremony two weeks later at a private home in L.A. Stefani wore a dip-dyed silk faille gown that was created specifically for her so she could show off her girlie, yet punk, personality. Brad Pitt and Jennifer Aniston were among the many stars in attendance.

8. Khloe Kardashian and Lamar Odom: Who could forget Kim's sister Khloe's crazy nuptials to LA Laker, Lamar Odom? The couple tied the knot just one month after they started dating! The ceremony took place at a private residence in Beverly Hills, and the couple said their vows in front of triple arches of white roses created by celebrity florist, Mark's Garden. The bride wore a Vera Wang gown and was walked down the aisle by her step-father, Bruce Jenner.

9. Katy Perry and Russell Brand: When the singer and actor wed back in 2010, it was nothing short of magical. Perry wore an Elie Saab Haute Couture gown and \$7,000 Casadei heels to their ceremony at Rajasthan, India's Amani-i-Khas resort. And, don't

forget! The two entered their ceremony by riding on top of an elephant! How's that for extravagant?

10. Ellen DeGeneres and Portia De Rossi: The talk show host and model/actress wed in 2008 at their home in L.A. among their closest family and friends. Although the couple didn't have their wedding in an elaborate location, certain items included on their special day sure made for an elaborate event! Both brides wore designs by Zac Posen and Mark's Garden provided the candles and flowers. Later that evening, all guests dined on an all-vegan menu prepared by the couple's personal chef, David Silberkleit.

What's your favorite celebrity wedding? Share below.

'Kendra On Top' Star Hank Baskett Set To Host Every Thing For Dads Convention





By Maria Darbenzio

Hank Baskett, star of *Kendra On Top*, will be hosting the 1st annual Every Thing For Dads convention in Sarasota, Florida, on March 15th. The event will focus on raising awareness about the need for fathers in the parenting process as well as the respect and recognition that dads deserve for their role. Recently, Celebrity Baby Scoop caught up with Baskett, who shared his thoughts on the upcoming convention.

"I'm extremely honored and blessed to host the first ever Every Thing for Dads Convention in March. You look at all the dads out there in the world, and I was speechless when I found out I get to host the first one. When I told my dad, he reacted the same way," the former wide receiver said. "My definition of success, whenever I die, is going to be based on how I was described as a husband and a father. I live my life for my family, my son, and my soon-to-be-born daughter. It's an honor because this type of award is not one you can just buy."

The reality star also talked about potential names for his

future daughter, his relationship with wife Kendra Wilkinson, and what family means to him.

Related Link: <u>Kendra Wilkinson Talks About Her Plans for Oscar</u> <u>Night</u>

CBS: How has fatherhood changed you?

HB: "It gives me a feeling of joy that little Hank is learning how to kick, learning how to throw, learning how to build, and has awe in his eyes every day he does something good. It gives me so much joy whenever Kendra and I are there to share it with him. When he says to you, 'Look, Papa, at what I built!' and when you see how proud he is, it makes you realize that as adults, people put too much emphasis on everything we have to do during the day."

CBS: Do you have any names picked out for your baby girl?

HB: "We're all over the place. We've thrown out names like Jayden, Taylor, Addison, and Ashton. We're trying to narrow it down, but you know little things happen while we research baby names and what not."

Related Link: <u>Kendra Wilkinson on 'Playboy' Past, Motherhood</u> <u>and Baby No. 2</u>

CBS: How has your relationship with Kendra evolved over the years? Have you fallen more in love with her during the pregnancy and motherhood?

HB: "Any man who looks at his wife when she is pregnant understands that it's the most beautiful feeling. You don't know how many times she is going to get pregnant; it might just be once. I appreciate the nine months that she was pregnant. She could be going through pain, but I just love looking at her because that's when you really look at a woman and say, 'You have really given me everything.' When a woman gives you a child, she is truly giving you everything. I just grow more and more in love with her over the years. To this day, I fall in love over and over because she keeps me on my toes and I never know what to expect from her."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/02/26/baskett-family-com plete!

Exclusive Interview: Kendra Wilkinson on 'Playboy' Past, Motherhood and Baby No. 2





By Jenny Schafer for Celebrity Baby Scoop

Reality TV star Kendra Wilkinson seems to have it all! Her loving husband, former football star, Hank Baskett, recently said, "Watching her grow as a mother has no doubt caused me to fall more and more in love with her." And their gorgeous 2-year-old son "Little Hank" is one of our favorite celebrity toddlers.

Kendra opens up to Celebrity Baby Scoop about the finale of her hit TV show, *Kendra On Top*, which aired Tuesday, July 31, on WEtv. She talks about her *Playboy* past and how she plans to approach this topic with "openness and honesty" with Little Hank, and also her inner-struggle about baby No. 2 and how she balances her career and motherhood.

Related Link: <u>Kendra Wilkinson Says Her Plans for Second Child</u> <u>Keep Changing</u>

CBS: Tell us about *Kendra on Top.* What can we expect this season?

KW: "You will really see my life and inside my home and personal life. Before you saw a lot of moving around and me kind of having to go everywhere with Hank's job. We were never really settled down. Now viewers will get to see our new life, our day-to-day life, and inside our home. You will meet our friends and the people around us which has been awesome."

CBS: The show chronicles your journey back to bombshell status and the challenges you face trying to balance your party girl persona and mommy duties. Tell us more.

KW: "You know, in the beginning it was really hard for me to find that balance and find out who I really was. I thought the minute I became a mom, I had to be really conservative and not be who I used to be at all.

In time, I found that balance of being a great mom but still

feeling sexy and still having fun. I can be a mom but still have a night out and go out with some friends and have a glass of wine. I can look sexy without taking it too far. It's not about showing more, it's about how I feel and feeling sexy."

CBS: How is Little Hank doing? What does he do to make you laugh?

KW: "He went up to a little girl and told her he just farted – that made me laugh so hard. Honestly, everything he does these days is making me laugh! He's doing really well. Just started preschool so that has been awesome!"

CBS: Little Hank has been voted as one of our favorite celebrity babies and our readers are forever commenting on his hair and his natural beauty. How does it make you feel to know he has 'fans', and that he is so recognizable to many?

KW: "That's awesome! It's awesome that he has his trademark hair! We definitely appreciate the love for our son."

CBS: We hear you are struggling with deciding on having baby No. 2. Please tell us about this inner-struggle.

KW: "Some days I wake up and I'm like, 'I want baby No. 2 ASAP!' Other days I want to hold off. We're just enjoying our time with little Hank right now and focusing on helping him start preschool, etc. I also want to make sure that we are both settled in our work lives before we start to think about another baby. When the time is right, the time is right."

CBS: How do you balance motherhood, career, marriage, and a social life?

KW: "It's all about making time for every aspect of your life. When you don't make time, and really set aside that time, that's when you start to get spread too thin. When you're spread too thin, then you don't really give 100 percent of yourself, and then no one wins. I make sure that I don't try and do too many things at once so that I'm really focused on whatever it is I'm doing. When I'm with my family I give that 100 percent, when I'm working I'm 100 percent in that zone. You just have to keep organized and set aside the time to maintain that balance."

Related Link: <u>Kendra Wilkinson and Family Celebrate First</u> <u>Christmas at Home</u>

CBS: How does your *Playboy* past impact your current business opportunities?

KW: "Sometimes it's hard to come back in your career after posing nude. I appreciate the opportunities I had with *Playboy* and am proud of everything I did there at that time in my life.

You know, it is tough for people to see you as 'that girl' and then allow you to transition into a new life. I've had fans that have really stood by me and allowed me to grow and change. Now my business is my fitness, my family and my life."

CBS: When will you approach little Hank about your past with *Playboy*? Are you dreading that conversation?

KW: "I'm not dreading the conversation because both my husband and I are proud of my past. [Little Hank] actually already come across some [laughs], he just didn't really know what it was yet.

It's better to be open than not, so I will be very open with him when the time comes. Openness and honesty is the best way to go."

CBS: What's up next for you?

KW: "I have a lot of things in the works and a lot of them you will see in the finale of my show. My lingerie line will be coming out soon and you'll see what Hank has been working on. The paperback version of my book, *Being Kendra*, just came out as well so I'm doing some signings for that. I have so many things I want to do in the upcoming year, so you'll have to stay tuned!"

5 of the Most Lavish Hollywood Weddings





By Jessica Nappi

Every girl dreams of the perfect wedding, with the most beautiful dress, and of course, Prince Charming. Some celebrities are able to turn these dreams into reality with weddings that both cost millions of dollars and look gorgeous. From custom-made attire to venues that resemble paradise, these celebrity couples top our list of lavish weddings we will never forget:

Related: Five Celebrity Couples Who Had A Low Profile Wedding

1. Prince William and Kate Middleton: Undoubtedly the most talked-about wedding of 2011 and perhaps the most anticipated 'I do' since Princess Diana's royal wedding, Prince William and Kate Middleton had a lavish wedding that will be very difficult to top. The royal pair wed at Westminster Abbey in front of 1,900 guests, while thousands more gathered outside to watch the newlyweds ride by in a horse-drawn carriage and kiss on the balcony of Buckingham Palace. The cake alone cost \$80,000 and Middleton's custom-made dress cost \$70,000. Overall the wedding had to be supported by the taxpayers of England because it cost over \$30 million.

2. Kim Kardashian and Kris Humphries: The whole world was fortunate enough to see this wedding thanks to a camera crew so large that 50 guests had to be cut to accommodate for it. Kim Kardashian and Kris Humphries wed in a beautiful vintage Hollywood black-and-white-themed ceremony where she helped design every detail. The venue was at a private estate in Montecito, California that is worth an estimated \$20 million. Over 500 guests witnessed the 'I do's' under large white tents that were built to keep the wedding under wraps and to fit in with the black-and-white theme. Let's not forget about the wedding *dresses*; yes, there was more than one. Each of the three gowns was Vera Wang and reportedly cost \$20,000 a pop. The entire wedding cost anywhere from six to ten million dollars, but we wouldn't expect anything less from Kim Kardashian.

3. Elizabeth Hurley and Arun Nayar: Elizabeth Hurley and Indian textile heir Arun Nayar started dating in 2002 and waited to wed until 2007. The lavish and eight day-long

wedding was worth the wait. Because the couple came from different backgrounds, their wedding was divided into two locations. For the British wedding, Hurley married Nayar in a beautiful ceremony at Sudeley Castle in Gloucestershire where Elton John gave the bride away. The nuptials continued in India at a similarly-star-studded ceremony. Hurley wore beautifully embellished dresses and chocolate fountains were scattered all across the venue making this wedding unforgettable. The wedding cost an estimated \$2.5 million.

4. Fergie and Josh Duhamel: This celebrity pair opted for a white fantasy wedding at the Church Estates Vineyards in Malibu. Fergie and Josh Duhamel exchanged vows under magnolia trees filled with thousands of white roses. The bride carried a bouquet of flowers studded with crystals and wore a beautifully fitted Dolce & Gabbana gown. The reception was held in a tent that was made to look like a forest of trees, with the ceiling covered in lights. Kate Hudson, Rebecca Romijn, and Jerry O'Connell were a few of the many celebrities who attended this extravagant wedding.

Related: Top Five Celebrity Couples Who Have Made Love Last

5. Kendra Wilkinson and Hank Baskett: Kendra Wilkinson and former NFL player Hank Baskett's wedding was not only lavish: it was one of a kind. They were the first couple ever to wed at the Playboy Mansion other than Hugh Hefner himself. Of course, they had to make it special. Kendra walked down the aisle in a princess-style white gown and wore more than \$100,000 worth of platinum jewelry by Michael Barin. The ceremony was held out in the open on a lawn where white rose petals and flower wreaths lined the aisle. Hundreds of guests, including plenty of playmates, watched the happy couple promised to be together forever in this beautiful ceremony.

Celebrity weddings will always peak our interest because of how over-the-top they can be. These five celebrity weddings were definitely lavish, but in the world of Hollywood, there will always be more that will top these. Stay tuned.

What are some of your favorite celebrity weddings? Tell us below.

Kendra Wilkinson Says Her Plans for Second Child Keep Changing



Having a child is an extremely difficult decision to make, and it's one that Kendra Wilkinson is facing right now. The reality starlet already has one child, Hank IV, with her husband, Hank Baskett, but is unsure about having a second. After having Hank IV, the couple was ready to have another right away, but now Wilkinson is not quite sure. One day her friend visited with her newborn son and Wilkinson told <u>People</u>, "I just got an instant baby phobia. I looked at Hank behind my best friend's back, and I shook my head, 'No.'" Baskett, however, still really wants another child.

How do you know when you're ready to have kids?

Cupid's Advice:

Kendra Wilkinson and Hank Baskett are having trouble deciding on whether to have a second child. Here are some things to consider when you and your man are thinking of starting a family:

1. You're doing it for the right reasons: Having a baby should not be about you, but rather the child. If you're unhappy or lonely and think a child would solve these problems; hold out. The decision to get pregnant should be because you want to offer someone else the opportunity for a great life, not just improve your own.

2. Both you and your man are on the same page: Just because one of you is ready to start a family doesn't mean the other is ready. Make sure the two of you have talked about the consequences of having a baby and feel equally excited to embark on this journey.

3. You understand it will be a challenge: While starting a family is an extremely exciting experience, it can also be quite stressful. Make sure you and your man are able to dedicate your time to a child and are ready to take on the financial obligation. You both must be ready to go from selfishness to selflessness.

How did you know you were ready to have a child? Share your

advice below.