

Celebrity Break-Up: Demi Lovato & Guilherme 'Bomba' Vasconcelos Split



By [Noelle Downey](#)

There's trouble in paradise for one [celebrity couple](#) this week! According to [UsMagazine.com](#), Demi Lovato and MMA fighter boyfriend, Guilherme "Bomba" Vasconcelos, have officially called it quits. The [celebrity exes](#) first started seeing one another in July of last year, shortly after Lovato and long-time boyfriend Wilmer Valderrama had their [celebrity break-up](#). Although Lovato and Vasconcelos were "just having fun" a source close to Lovato confessed, the two rekindled their [Hollywood relationship](#) in January of 2017 and have since been verbal on social media about their celebrity love story.

Lovato gushed over her celebrity relationship to TV talk show host Ellen in April, saying, "I'm very happy. Life is really good." So what happened to break apart this [famous celebrity couple](#)? A source close to the exes claims, "It wasn't a dramatic split. Bomba is a good guy, but the relationship just ran its course."

This relationship has ended up a celebrity break-up. What are some ways to know your relationship is done for good?

Cupid's Advice:

Break-ups are never fun, but Cupid is here with the top tips on how to know when your relationship has officially run its course:

1. When the end feels inevitable: If you feel as though you're just counting down the days until something snags and you guys finally have the final fight that leads to the demise of your couplehood, it may be already time to call it quits. Relationships generally shouldn't feel like they have a looming expiration date, and if you feel as though any good times you have are constantly overshadowed with your gut-feeling that this relationship isn't going to last, then you should trust your instincts.

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2. When neither of you is upset: If you feel as though your relationship has deflated to the point that neither of you is particularly invested in it continuing, then do yourself both a favor and cut it off so you can go find something that really fills you both with passion. If you can broach the

topic of your break-up without either of you feeling like you're really losing anything of value, then it's probably time to cut the cord and get on with your lives, separately.

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3. When you feel consistently unhappy: If you're in a relationship where you feel as though you're always waiting for the "good time" and the moment when you'll really feel like you and your partner are clicking, then take a step back and consider why that is. It could be that your relationship isn't really what you want it to be, and that could be because of the person you're in that relationship with. Remember, you don't need to have a million reasons to leave someone, you just need one good one, and being consistently unhappy in your relationship is a great reason to call it quits permanently.

Have you ever been in a relationship that didn't work out? How did you know when it was really over? Let us know in the comments!

Celebrity News: Demi Lovato Supports Rumored BF Guilherme Vasconcelos at MMA Fight





By [Cortney Moore](#)

Demi Lovato is one of the most supportive girlfriends in Hollywood. The 24-year-old singer was seen cheering on her rumored MMA boyfriend, Guilherme "Bomba" Vasconcelos, at his match in Los Angeles on Saturday evening. According to [EOnline.com](#), the pair definitely appear to be a [celebrity couple](#) with the amount of flirting going on. Lovato wore a "Team Bomba" shirt to the event and pumped up the crowd with a chant for the hunky fighter. Sources told *E!* that Lovato appeared to be nervous while watching Vasconcelos, and flinched whenever he would get hit. And Lovato's affections weren't one-sided. Onlookers said Vasconcelos pointed at Lovato once it was announced he won, and they greeted each other with a kiss. Another witness says they heard Lovato say, "I'm so proud of you! I'm so proud of you," before they exited the scene. With a celebration like that, it's no wonder why this new couple is making [celebrity news](#)!

This celebrity news is pretty

convincing! What are some reasons to keep the status of your relationship under wraps?

Cupid's Advice:

Some couples are really big on public displays of affection, others not so much. It might sound strange to keep your relationship under wraps, but there are some benefits to doing so. Let Cupid help you decide whether you should keep your relationship hush-hush:

1. Avoid drama: Let's be honest for a moment, some people just like getting in the middle of couples. If you know someone that's meddlesome and likes to cause drama, then it might be a good idea to keep your relationship a secret from them. You don't need unnecessary stress in your life.

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2. If it's casual: Not every romantic partner is relationship worthy. There's no need introducing someone to your friends and family if you have no intention of keeping them in your life. There's nothing wrong with a casual relationship, but that doesn't mean you have to let the world to know your business.

Related Link: [Celebrity Couple Reunited: Demi Lovato Is Back Together with Guilherme Vasconcelos](#)

3. You like it that way: If you're a very private person, then you might just prefer keeping your relationship status to yourself. This gives you and your partner time to really get to know each other and figure things out. There's just less pressure when your relationship isn't in the spotlight.

Have you ever had to keep your relationship under wraps? What was the reason? Share your stories in the comments below.