

Travel Tips: Vacation Destinations for a Girls' Getaway



By

[Katie Sotack](#)

Life's been hectic lately. The muscles in your shoulder are so knotted you can't lift your arm over your head. Your brain's always on overdrive in an effort to match your racing heart. Your body sending you a message. The rhythm of routine responsibility is too overwhelming and there's no better way to unwind than travel with a good [vacation destination](#). It's time for a getaway with your gal pals at a [popular vacation spot](#)!

Get ready for the fun, relaxing getaway you've been craving. Here's how to find a vacation destination that's right for your girl group.

Grab your bikini and suntan lotion! These are [travel tips](#) for the hot spots during a fun-fueled vacation.

1. San Diego, CA: Rated among the top ten fittest cities in the world, San Diego is perfect for the exercise-loving girl gang. The beautiful weather and coastal beaches are perfect for hiking, biking, and swimming. While you're there consider taking a group surfing lesson and returning home with a new skill.

Related Link: [Vacation Destinations: Underrated Vacation Locations](#)

2. Fort Lauderdale, FL: If your style is more along the lines of bad and boujee head out to Fort Lauderdale. Take after Elizabeth Taylor's [celebrity vacation](#) where there are endless opportunities to relax in this a glamorous getaway. The Riverwalk Arts & Entertainment district will keep you busy for days with a metropolitan and cultural vibe.

3. Martha's Vineyard, MA: Try beaches as a classy affair. Seen as the prime vacation destination in *Gilmore Girls*, Martha's Vineyard is famous for an upper-class getaway with beautiful beaches aligned with houses to rent for a weekend. Bring your wallet though, because the shops and top-notch restaurants cannot be missed.

Related Link: [Travel Tips: Pocket Friendly U.S. Travel Destinations](#)

4. New Orleans, LA: Take a tip from Tiffany Haddish and

friends from the movie *Girls Trip*. After a screening of this film take your crew on the dream nightlife getaway that is New Orleans. End your nights at early morning with the region's famous Cajun cuisine.

Where are you going with your girlfriends? Share in the comments below!

'Gilmore Girl' Star Jared Padalecki's Wife is Expecting Celebrity Baby No. 3



By [Ma](#)

[llory McDonald](#)

Another [celebrity baby](#) is on the way for *Gilmore Girls* star Jared Padalecki! Padalecki's wife Genevieve Cortese is expecting their third child, and according to [UsMagazine.com](#), the actor announced on the news on *Live with Kelly*. This [celebrity couple](#) met on the set of his show *Supernatural*. Padalecki said, "It was really special and unexpected. The story I tell amongst my friends is that she wouldn't leave me alone. So finally I was like, 'Fine, I'll go on a date with you.'" But in reality, it was the other way around! "I thought she was cute and smart and she would always read books," he told host Kelly Ripa. "It turned into hanging out, talking about traveling, and [then] turned into dinner." These two are pros at parenthood already, and we can't wait to meet their third!

Another celebrity baby is on the way for this *Gilmore Girls* actor! What are some ways to prepare for a third child versus your first or second?

Cupid's Advice:

Every pregnancy is different, and the way you prepare for one may not be the same as another. Here is how to best prepare no matter if it is your first or your last:

- 1. Normalcy:** For as long as possible (depending on your pregnancy), try to keep your routine as normal as possible. This can make the pregnancy seem less stressful and just part of your life.

Related Link: ['Supernatural' Star Jared Padalecki Welcomes Second Son](#)

2. Educate enough: During any pregnancy, always read up on the latest pregnancy fad. There is always new and important information being updated.

Related Link: [‘Supernatural’ Star Jared Padalecki and Wife Genevieve Are Expecting Baby #2](#)

3. Enjoy the pregnancy: In your first or second pregnancy it can be easy to stress the little stuff, especially because there are so many changes happening to your body. This time, you can expect these, so try to just enjoy the natural process.

What ways did you prepare for each of your kids? Comment below!

Throw a ‘Gilmore Girls’ Viewing Party and Get Love Advice from the Series





This

post is sponsored by UPtv.

By Mackenzie Scibetta

Although the eccentric mother-daughter duo of Lorelai and Rory Gilmore have sadly been off of television for eight years, their charming bond will live on as UPtv has just acquired all seven seasons of the beloved show *Gilmore Girls*. Starting on Oct. 4 at 10 a.m. EST, you and your besties can fall back into the storybook town of Stars Hollow to watch 15 hours of heartbreaks, budding romances, and sweet friendships that will leave you with relationship and love advice for years to come. Rivaling any [celebrity relationship](#), Lorelai and Rory's lovable dynamic truly shows what family is all about. If you really want to immerse yourself in this complicated family drama, throw a viewing party with your girlfriends to welcome them back!

***Gilmore Girls* Viewing Party Essentials**

To ensure that your *Gilmore Girls* viewing party runs smoothly,

make sure you have an endless supply of snacks. Lorelai and Rory always ate an impressive amount of sweets and junk food – don't be scared to indulge for the sake of the Gilmore's! Since they loved take-out, order a few pizzas and some Chinese food, and you'll be set. Lorelai also had a soft spot for breakfast diner food (and who can blame her?). Have a carton of eggs, some pancake mix, and a package of bacon on hand to help you and your friends feel right at home. Comfort food always has a way of sparking deep conversations, so be ready to dish out some of your best [relationship advice](#) to your pals.

An interesting way to keep the energy flowing throughout your marathon is by holding a coffee drinking contest. When it comes to beverages, you may recall that this mother-daughter duo were notorious for the amount of coffee they managed to drink each day. You and your friends can try to keep up with them, coffee for coffee! As an added bonus, this game help you and your guests stay awake and alert until the last episode airs at 3 a.m. EST.

Another fun way to keep you entertained and enlightened during the marathon is to see who can identify the most pop culture references on the show. Some references are so subtle and cleverly said that they're easy to miss! In addition to watching out for those pop culture references, you will see pop-up facts that UPtv will reveal throughout each episode to highlight Gilmore "firsts" and other trivia. Gather as much knowledge as you can to become the ultimate *Gilmore Girls* fan!



One lucky CupidsPulse.com reader can enter to win this 'Gilmore Girls' fan pack! More details below.

Keep Your Eyes Peeled For These Must-Watch Episodes and Love Advice

1. "Kiss and Tell" (Season 1, Episode 7): This episode marks the true start of Rory and Dean's whirlwind relationship, as he gives Rory her first kiss in the middle of a grocery store aisle. Romance is rarely as glamorous and smoothly-planned as it seems on television, so this episode provides a refreshing take on this milestone and shows that it's okay for love to be clumsy.

2. "The Breakup, Part 2" (Season 1, Episode 17): Seeing Rory utterly heartbroken over the end of her and Dean's short-lived romance broke not only our hearts but also Lorelai's. Attempting to overcome her split with a rebound kiss from the irresistible Tristan, played by Chad Michael Murray, Rory shows us that sometimes nothing can heal heartache, not even a steamy lip-lock. Rory leaves Tristan to wallow at home, demonstrating that grieving is totally acceptable.

3. "They Shoot Gilmores, Don't They?" (Season 3, Episode 7): This episode has everything: choreographed dance numbers,

love triangles, and the start of Rory and Jess (who were actually a celebrity couple in real life for four years!). Although it's heartbreaking to see Dean call it off with Rory (again), watching Lorelai come and save the day reinstates that she's the best mom in the world. The episode reminds us that the end of one relationship opens the door to many others.

4. "Raincoats and Recipes" (Season 4, Episode 22): Lorelai finally opens up her dream Dragonfly Inn for a test-run, and her life finally appears to be going uphill. On the opposite side, Rory uncharacteristically loses her virginity to Dean, who is married. All the while, Lorelai's parents admit to being separated. This episode is an emotional roller coaster from the beginning, and it lets viewers see how chaotic and confusing love can be.

5. "Written in the Stars" (Season 5, Episode 3): This episode was long-awaited by many fans: Luke and Lorelai finally go on their first official date together. Luke proves to be more caring than he appears after he shows Lorelai he has saved the horoscope she gave him eight years ago. This episode proves that soulmates really do exist and that Luke and Lorelai are meant to be, even though it took an extremely long time for them to figure that out!

6. "Wedding Bell Blues" (Season 5, Episode 13): On the 100th episode, Lorelai's parents rekindle their relationship and love and renew their vows, while Rory and Logan almost make their romance official. This episode highlights that every relationship can survive rough patches. After all, the stubborn Emily and Richard were able to find their way back to each other again.

~~**GIVEAWAY ALERT:** If you're looking to expand your *Gilmore Girls* memorabilia, then we have the perfect fan pack for you! The bag will include a Luke's Diner coffee mug, an "I drink more coffee than a Gilmore" t-shirt, a 9 piece candle set, a mouse~~

~~pad, an over-sized novelty pen, wristbands, and Gilmore Girls-inspired snacks. One lucky CupidsPulse.com reader can win this pack by sharing this article on social media (and tagging @cupidspulse and @UPtv) or commenting directly on this post. The contest ends on Monday, October 5th at 10 a.m. EST.~~

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

If you want more Gilmore Girls facts, follow UPtv on Twitter @UPtv, www.facebook.com/UPtv, and www.instagram.com/up_tv/?hl=en. Don't forget to tune in for the marathon on Oct. 4 at 10 a.m. EST!

Lauren Graham and Peter Krause: Friends First





Former *Gilmore Girl*, Lauren Graham, recently revealed that her low-profile relationship with *Parenthood* co-star Peter Krause started as a friendship. The two met 15 years ago when the actress first moved to Los Angeles. Instead of playing the “dating game” like most couples do when they’re first attracted to each other, Graham and Krause got acquainted over board games. As the actress told [People](#), “I think we liked each other [but] he asked me over to his house to play a board game – and that’s exactly what we ended up doing. So I was like, ‘This guy doesn’t like me. Who actually *plays* a board game?’ ... The timing wasn’t right. I don’t think either of us was ready.”

Does starting out as friends make you a better couple?

Cupid’s Advice:

Your significant other is usually also your best friend. It’s very important for couples to not only to share a physical relationship, but also to be able to relate to one another on an intellectual level. The best relationships tend to have a healthy balance between both physical and emotional attraction.

1. The friend zone: Anyone who has seen the film *Just Friends* starring Ryan Reynolds knows just how frustrating it is when one party is interested in pursuing a relationship, while the other is content with the “status quo.” This proves that being good friends doesn’t necessarily mean that more than that is possible.

2. Getting to know each other: To have a serious relationship, you really have to get to know your partner. Hanging out as friends at first is a lot less pressure than going out on a date. People tend to open up more in a relaxed environment.

3. Staying friends after a breakup: Many find it hard to stay friends with their exes. However, if you were friends with them before a relationship bloomed, it could be easier to stay on good terms after a breakup.